

In addition to showing outward expressions of worship, you should have a worshipful attitude wherever you go and in everything you do. Alma taught this principle to a group of people who had been cast out of their place of worship. He helped them see that true worship is not limited to one day of the week (see Alma 32:11). Speaking to the same group of people, Alma's companion Amulek encouraged them to "worship God, in whatsoever place ye may be in, in spirit and in truth" (Alma 34:38).

Additional references: Psalm 95:6–7; Mosiah 18:25; Alma 33:2–11; D&C 20:17–19, 29; Articles of Faith 1:11

See also Fasting and Fast Offerings; God the Father; Love; Prayer; Sabbath

Zion

The Doctrine and Covenants contains many passages in which the Lord commands the Saints to "seek to bring forth and establish the cause of Zion" (D&C 6:6; see also D&C 11:6; 12:6; 14:6).

The word *Zion* has various meanings in the scriptures. The most general definition of the word is "the pure in heart" (D&C 97:21). *Zion* is often used in this way to refer to the Lord's people or to the Church and its stakes (see D&C 82:14).

In the early days of this dispensation, Church leaders counseled members to build up Zion by emigrating to a central location. Today our leaders counsel us to build up Zion wherever we live. Members of the Church are asked to remain in their native lands and help establish the Church there. Many temples are being built so that Latter-day Saints throughout the world can receive temple blessings.

The word *Zion* can also refer to specific geographic locations, as follows:

- The city of Enoch (see Moses 7:18–21).
- The ancient city of Jerusalem (see 2 Samuel 5:6–7; 1 Kings 8:1; 2 Kings 9:28).

Zion

- The New Jerusalem, which will be built in Jackson County, Missouri (see D&C 45:66–67; 57:1–3; Articles of Faith 1:10).

Additional references: Isaiah 2:2–3; 1 Nephi 13:37; D&C 35:24; 39:13; 45:68–71; 59:3–4; 64:41–43; 90:36–37; 97:18–28; 101:16–18; 105:5; 115:5–6; 136:31