- 9. "Thou shalt not bear false witness against thy neighbour" (Exodus 20:16). Bearing false witness is another form of dishonesty. For an explanation of honesty, see page 84.
- 10. "Thou shalt not covet" (Exodus 20:17). Coveting, or envying something that belongs to another, is damaging to the soul. It can consume our thoughts and plague us with constant unhappiness and dissatisfaction. It often leads to other sins and to financial indebtedness.

Although most of the Ten Commandments list things we *should not* do, they also represent things we *should* do. The Savior summarized the Ten Commandments in two principles—love for the Lord and love for our fellow men:

"Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

"This is the first and great commandment.

"And the second is like unto it, Thou shalt love thy neighbour as thyself" (Matthew 22:37–39).

Additional references: Mosiah 12:33-36; 13:11-24

See also Agency; Chastity; Honesty; Obedience; Profanity; Reverence; Sabbath; War; Worship

Terrestrial Kingdom (See Kingdoms of Glory)

Testimony

A testimony is a spiritual witness given by the Holy Ghost. The foundation of a testimony is the knowledge that Heavenly Father lives and loves us; that Jesus Christ lives, that He is the Son of God, and that He carried out the infinite Atonement; that Joseph Smith is the prophet of God who was called to restore the gospel; that we are led by a living prophet today; and that The Church of Jesus Christ of Latterday Saints is the Savior's true Church on the earth. With this