Ignoring God’s plan for them, they reject the only source of real happiness. They give in to the devil, who “seeketh that all men might be miserable like unto himself” (2 Nephi 2:27). Eventually they learn the truth of Alma’s warning to his son Corianton: “Wickedness never was happiness” (Alma 41:10).

Others seek only to have fun in life. With this as their main goal, they allow temporary pleasure to distract them from lasting happiness. They rob themselves of the enduring joys of spiritual growth, service, and hard work.

As you seek to be happy, remember that the only way to real happiness is to live the gospel. You will find peaceful, eternal happiness as you strive to keep the commandments, pray for strength, repent of your sins, participate in wholesome activities, and give meaningful service. You will learn to have fun within the limits set by a loving Father in Heaven.

Your happiness can be contagious. As others observe you, they may desire to know the source of your joy. Then they can also experience the happiness that comes through living the gospel of Jesus Christ.

Additional references: Psalm 35:9; 2 Nephi 5:27; Mosiah 2:41; 3 Nephi 17:18–20; 4 Nephi 1:15–16; D&C 18:10–16

See also Missionary Work; Plan of Salvation; Service

Heaven

In the scriptures, the word heaven is used in two basic ways. First, it refers to the place where God lives, which is the ultimate home of the faithful (see Mosiah 2:41). Second, it refers to the expanse around the earth (see Genesis 1:1).

Additional references: Psalm 11:4; Matthew 6:9; 1 Nephi 1:8; Mosiah 3:8; D&C 20:17

See also Kingdoms of Glory