Institute Selected Course Outlines

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Devotional Series (Religion 031)

Consider inviting speakers to address the following topics and gospel truths:

**Lesson 1: The Purpose of the Institute of Religion**
The objective of institute is “to help … young adults understand and rely on the teachings and Atonement of Jesus Christ, qualify for the blessings of the temple, and prepare themselves, their families, and others for eternal life with their Father in Heaven” ([Gospel Teaching and Learning: A Handbook for Teachers and Leaders in Seminaries and Institutes of Religion](2012), x).

**Lesson 2: Prophets and Revelation**
“The Lord Reveals His Will to Living Prophets Now as He Did in the Past” ([Teachings of the Living Prophets Student Manual](Church Educational System manual, 2016), 1.1).

**Lesson 3: Feast upon the Words of Christ**
If we diligently study the scriptures, “the words of Christ will tell [us] all things what [we] should do” (2 Nephi 32:3).

**Lesson 4: The Converting Power of the Book of Mormon**
“The Book of Mormon [is] the most correct of any book on earth, and the keystone of our religion, and a man [will] get nearer to God by abiding by its precepts, than by any other book” ([Teachings of Presidents of the Church: Joseph Smith](2007), 64).

**Lesson 5: The Gifts of the Holy Ghost**
“The gift of the Holy Ghost is the privilege—given to people who have placed their faith in Jesus Christ, been baptized, and been confirmed as members of the Church—to receive continual guidance and inspiration from the Holy Ghost” ([Gospel Principles](2009), 121).

**Lesson 6: Becoming Spiritually Self-Reliant**
“Knowing that the gospel is true is the essence of a testimony. Consistently being true to the gospel is the essence of conversion” (David A. Bednar, “Converted unto the Lord,” *Ensign or Liahona*, Nov. 2012, 109).

**Lesson 7: Temple Marriage—a Sacred Covenant**
“A temple marriage is also called a celestial marriage. Within the celestial glory are three levels. To obtain the highest, a husband and wife must be sealed for time and all eternity and keep their covenants made in a holy temple” (Russell M. Nelson, “Celestial Marriage,” *Ensign or Liahona*, Nov. 2008, 92).
Lesson 8: “The Family: A Proclamation to the World”

“Happiness in family life is most likely to be achieved when founded upon the teachings of the Lord Jesus Christ” (“The Family: A Proclamation to the World,” Ensign or Liahona, May 2017, 145).

Lesson 9: Family History

“More people in all the world have felt the Spirit of Elijah move them to record the identities and facts of their ancestors’ lives. There are more resources to search out your ancestors than there have ever been in the history of the world” (Henry B. Eyring, “Hearts Bound Together,” Ensign or Liahona, May 2005, 79).

Lesson 10: Developing Talents

“We come to earth with unique combinations of talents and abilities that we further develop during our experiences in mortality” (The Gospel and the Productive Life Teacher Manual [Church Educational System manual, 2018], 29).

Lesson 11: Member Missionary Work

“After all that has been said, the greatest and most important duty is to preach the Gospel” (Teachings: Joseph Smith, 330).

Lesson 12: The Lord’s Appointed Day

“Faith in God engenders a love for the Sabbath; faith in the Sabbath engenders a love for God. A sacred Sabbath truly is a delight” (Russell M. Nelson, “The Sabbath Is a Delight,” Ensign or Liahona, May 2015, 132).

Lesson 13: The Agency of Man

“Your Heavenly Father has given you agency, the ability to choose and to act for yourself” (True to the Faith: A Gospel Reference [2004], 12).

Lesson 14: “The Living Christ”

“Jesus is the Living Christ, the immortal Son of God. He is the great King Immanuel, who stands today on the right hand of His Father. He is the light, the life, and the hope of the world. His way is the path that leads to happiness in this life and eternal life in the world to come” (“The Living Christ: The Testimony of the Apostles,” Ensign or Liahona, May 2017, inside front cover).
Institute Choir (Religion 110)

The primary purpose of Institute Choir (Religion 110) is to fulfill the Objective of Seminaries and Institutes of Religion. As institute choirs rehearse music, students should learn the doctrine and principles of the gospel as found in the scriptures and the words of the prophets, supported by the lyrics in the songs. Hymn arrangements and other sacred music are the primary musical resource for institute choirs; occasionally, other uplifting music may also be appropriate. Choir directors prepare students to share principles of the gospel with others through singing, narration, or bearing testimony. (See also Seminaries and Institutes of Religion Policy Manual [2018], 5-18.)

Students may repeat institute choir courses as often as they desire. However, only one term of a completed choir course may apply toward institute graduation. As with other institute courses, a student must attend at least 75 percent of classes, complete at least 75 percent of the assigned readings, and participate in an Elevate Learning Experience to receive credit toward institute graduation.

Institute choir students will be expected to:

- Participate in rehearsals and performances.
- Study, and sometimes memorize, the words and musical parts of assigned songs.
- Study assigned scripture passages and statements from modern prophets and other Church leaders.
- Explain, share, and testify of gospel truths through their participation in rehearsals and performances.

The following guidelines will assist institute choir directors as they prepare for the course.

**Step 1: Plan the Course and Performance Content**

To plan for the course and the performance, institute choirs should:

**IDENTIFY a gospel-centered theme.** Obtain approval for the theme from the institute director or institute coordinator. Some examples of appropriate themes include “Jesus Christ—the Savior of the World,” “The Family: A Proclamation to the World,” “Joseph Smith, the Prophet,” “Scriptures—the Words of Life,” “Let There Be Light,” “Finding Faith,” “The Living Christ,” and so on. Prayerfully consider doctrine and principles related to this theme that could be emphasized during the term.

**CHOOSE music with lyrics that support the chosen theme.** Look for song texts that are related to the theme and that teach important gospel principles you would like to emphasize. Though you may occasionally include a non-sacred musical selection in a program for variety, the vast majority of songs should be sacred in nature.
Step 2: Prepare Reading Assignments for Students
To prepare reading assignments for students, institute choir directors should:

STUDY the text of each song. Identify important gospel principles.

FIND scripture passages and teachings from modern prophets and other Church leaders that relate to the gospel principles in each song.

SELECT material for students to read outside of class. In addition to studying (and perhaps memorizing) the lyrics in assigned songs, students should also be invited to read a selection of scriptures and statements from Church leaders that are relevant to the gospel principles contained in the songs.

Step 3: Help Students Complete an Elevate Learning Experience
Students are expected to complete an Elevate Learning Experience in order to receive course credit (see “Credit and Grading,” Seminaries and Institutes of Religion Policy Manual, 5-22). Institute choir students can meet this requirement when they:

SHARE gospel truths in rehearsals or performances through singing or bearing testimony. Additionally, students may be asked to complete one of the three Elevate Learning Experiences recommended at lds.org/si/institute/learning-experiences: (1) keep a study journal during the term, (2) prepare written responses to course questions, or (3) complete a personal learning project.

Step 4: Prepare for Performances
To prepare for performances, institute choir directors should:

SCHEDULE rehearsals and performances. Choirs normally perform at least once each term.

PREPARE to discuss scripture passages and statements of Church leaders during rehearsals to deepen students’ understanding of the gospel principles contained in the songs.

PLAN the performance program. Consider inviting students to assist with planning the performance program, such as having them create narration parts based on the scriptures, teachings of Church leaders, and song texts.
Advanced Institute Choir (Religion 190)

The primary purpose of Advanced Institute Choir (Religion 190) is to fulfill the Objective of Seminaries and Institutes of Religion. As institute choirs rehearse music, students should learn the doctrine and principles of the gospel as found in the scriptures and the words of the prophets, supported by the lyrics in the songs. Hymn arrangements and other sacred music are the primary musical resource for institute choirs; occasionally, other uplifting music may also be appropriate. Choir directors prepare students to share principles of the gospel with others through singing, narration, or bearing testimony. (See also Seminaries and Institutes of Religion Policy Manual [2018], 5-18.)

Students may repeat institute choir courses as often as they desire. However, only one term of a completed choir course may apply toward institute graduation. As with other institute courses, a student must attend at least 75 percent of classes, complete at least 75 percent of the assigned readings, and participate in an Elevate Learning Experience to receive credit toward institute graduation.

Institute choir students will be expected to:

• Participate in rehearsals and performances.
• Study, and sometimes memorize, the words and musical parts of assigned songs.
• Study assigned scripture passages and statements from modern prophets and other Church leaders.
• Explain, share, and testify of gospel truths through their participation in rehearsals and performances.

The following guidelines will assist institute choir directors as they prepare for the course.

Step 1: Plan the Course and Performance Content

To plan for the course and the performance, institute choirs should:

IDENTIFY a gospel-centered theme. Obtain approval for the theme from the institute director or institute coordinator. Some examples of appropriate themes include “Jesus Christ—the Savior of the World,” “The Family: A Proclamation to the World,” “Joseph Smith, the Prophet,” “Scriptures—the Words of Life,” “Let There Be Light,” “Finding Faith,” “The Living Christ,” and so on. Prayerfully consider doctrine and principles related to this theme that could be emphasized during the term.

CHOOSE music with lyrics that support the chosen theme. Look for song texts that are related to the theme and that teach important gospel principles you would like to emphasize. Though you may occasionally include a non-sacred musical selection in a program for variety, the vast majority of songs should be sacred in nature.
Step 2: Prepare Reading Assignments for Students
To prepare reading assignments for students, institute choir directors should:

**STUDY the text of each song.** Identify important gospel principles.

**FIND scripture passages and teachings from modern prophets and other Church leaders** that relate to the gospel principles in each song.

**SELECT material for students to read outside of class.** In addition to studying (and perhaps memorizing) the lyrics in assigned songs, students should also be invited to read a selection of scriptures and statements from Church leaders that are relevant to the gospel principles contained in the songs.

Step 3: Help Students Complete an Elevate Learning Experience
Students are expected to complete an Elevate Learning Experience in order to receive course credit (see “Credit and Grading,” Seminaries and Institutes of Religion Policy Manual, 5-22). Institute choir students can meet this requirement when they:

**SHARE gospel truths in rehearsals or performances through singing or bearing testimony.** Additionally, students may be asked to complete one of the three Elevate Learning Experiences recommended at lds.org/si/institute/learning-experiences: (1) keep a study journal during the term, (2) prepare written responses to course questions, or (3) complete a personal learning project.

Step 4: Prepare for Performances
To prepare for performances, institute choir directors should:

**SCHEDULE rehearsals and performances.** Choirs normally perform at least once each term.

**PREPARE to discuss scripture passages and statements of Church leaders during rehearsals to deepen students’ understanding of the gospel principles contained in the songs.**

**PLAN the performance program.** Consider inviting students to assist with planning the performance program, such as having them create narration parts based on the scriptures, teachings of Church leaders, and song texts.
Course Objective: Students will gain a better understanding of how “the hymns invite the Spirit of the Lord, create a feeling of reverence, unify us as members, and provide a way for us to offer praises to the Lord” (Hymns, ix).

Lesson 1: Guidelines on Church Music

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- “Let us use the hymns to invite the Spirit of the Lord into our congregations, our homes, and our personal lives” (the First Presidency, Hymns, x).

Lesson 2: Emma Smith and the History of the Latter-Day Hymns

Suggested Lesson Material
- Doctrine and Covenants 25.

Key Doctrine, Principles, and Concepts
- The singing of sacred music is a prayer to God (see Doctrine and Covenants 25:11–12).
- As we worship the Lord through sacred music, He will bless us (see Doctrine and Covenants 25:12).
- “The … scripture references at the end of each hymn … not only establish the underlying doctrines of the hymn text but can also yield additional gospel insights” (Garrett H. Garff, “The Hymnbook Turns 30,” Ensign, Sept. 2015, 75).

Lesson 3: Hymns by Latter-day Saint Women

Suggested Lesson Material
• Karen Lynn Davidson, “Each Life That Touches Ours for Good,” *Hymns*, no. 293.

• Emily H. Woodmansee, “As Sisters in Zion,” *Hymns*, no. 309.

**Key Doctrine, Principles, and Concepts**

• “In order to do our part as women under the Lord’s plan, we must stand strong and immovable in faith, strong and immovable in family, and strong and immovable in relief” (Julie B. Beck, “What Latter-day Saint Women Do Best: Stand Strong and Immovable,” *Ensign or Liahona*, Nov. 2007, 109).

• Invite students to identify gospel truths taught in these hymns.

**Lesson 4: Hymns of the Restoration by William W. Phelps**

*Suggested Lesson Material*


• “Now Let Us Rejoice,” *Hymns*, no. 3.

• “Redeemer of Israel,” *Hymns*, no. 6.

• “Now We’ll Sing with One Accord,” *Hymns*, no. 25.

• “Praise to the Man,” *Hymns*, no. 27.

• “Come, All Ye Saints of Zion,” *Hymns*, no. 38.

**Key Doctrine, Principles, and Concepts**

• Invite students to identify gospel truths taught in these hymns.

**Lesson 5: Additional Hymns by William W. Phelps—Praise and Thanksgiving**

*Suggested Lesson Material*

• “Come, All Ye Saints Who Dwell on Earth,” *Hymns*, no. 65.

• “Gently Raise the Sacred Strain,” *Hymns*, no. 146.

• “Come, Let Us Sing an Evening Hymn,” *Hymns*, no. 167.

• “O God, the Eternal Father,” *Hymns*, no. 175.

• “If You Could Hie to Kolob,” *Hymns*, no. 284.

**Key Doctrine, Principles, and Concepts**

• Invite students to identify gospel truths taught in these hymns.

**Lesson 6: Hymns of the Restoration by Parley P. Pratt**

*Suggested Lesson Material*


• “Truth Eternal,” *Hymns*, no. 4.

• “An Angel from on High,” *Hymns*, nos. 13, 328.
• “Come, O Thou King of Kings,” *Hymns*, nos. 59, 332.

**Key Doctrine, Principles, and Concepts**

• Invite students to identify gospel truths taught in these hymns.

**Lesson 7: Sacrament Hymns by Parley P. Pratt**

**Suggested Lesson Material**

• “Father in Heaven, We Do Believe,” *Hymns*, no. 180.
• “Jesus, Once of Humble Birth,” *Hymns*, no. 196.

**Key Doctrine, Principles, and Concepts**

• “The ordinance of the sacrament makes the sacrament meeting the most sacred and important meeting in the Church” (Dallin H. Oaks, “Sacrament Meeting and the Sacrament,” *Ensign or Liahona*, Nov. 2008, 17).

• Invite students to identify gospel truths taught in these hymns.

**Lesson 8: Sacrament Hymns by Latter-day Saint Women**

**Suggested Lesson Material**

• Annie Pinnock Malin, “God, Our Father, Hear Us Pray,” *Hymns*, no. 170.
• Mabel Jones Gabbott, “In Humility, Our Savior,” *Hymns*, no. 172.

**Key Doctrine, Principles, and Concepts**

• Invite students to identify gospel truths taught in these hymns.

**Lesson 9: Additional Sacrament Hymns**

**Suggested Lesson Material**

• Lee Tom Perry, “As Now We Take the Sacrament,” *Hymns*, no. 169.
• John Nicholson, “While of These Emblems We Partake,” *Hymns*, no. 173.
• Edward P. Kimball, “God Loved Us, So He Sent His Son,” *Hymns*, no. 187.

**Key Doctrine, Principles, and Concepts**

• Invite students to identify gospel truths taught in these hymns.

**Lesson 10: Hymns of Worship by Eliza R. Snow**

**Suggested Lesson Material**

• “Behold the Great Redeemer Die,” *Hymns*, no. 191.
• “O My Father,” Hymns, no. 292.

Key Doctrine, Principles, and Concepts
• “The ‘key of knowledge’ [Eliza R. Snow] wrote about is the fulness of the gospel, and the song [“O My Father”] particularly refers to Joseph Smith’s teaching about our relationship to God—that He is literally the Father of our spirits and that we are literally His children” (David A. Edwards, “Joseph Smith’s Key of Knowledge,” New Era, Nov. 2012, 33).

• Invite students to identify gospel truths taught in these hymns.

Lesson 11: Hymns of Comfort and Supplication by Eliza R. Snow
Suggested Lesson Material
• “Awake, Ye Saints of God, Awake!” Hymns, no. 17.
• “Great Is the Lord,” Hymns, no. 77.
• “Though Deepening Trials,” Hymns, no. 122.
• “Again We Meet around the Board,” Hymns, no. 186.
• “The Time Is Far Spent,” Hymns, no. 266.
• “Truth Reflects upon Our Senses,” Hymns, no. 273.
• “In Our Lovely Deseret,” Hymns, no. 307.

Key Doctrine, Principles, and Concepts
• “Through your personal righteousness the Spirit of God will guide you to learn to control yourself, to enhance your attitude, to increase your spiritual altitude, and to find and trust the true source of divine power” (Dieter F. Uchtdorf, “On the Wings of Eagles,” Ensign, July 2006, 15).

• Invite students to identify gospel truths taught in these hymns.

Lesson 12: “Come, Come, Ye Saints,” by William Clayton
Suggested Lesson Material
• Church History in the Fulness of Times Student Manual, 313.
• “Come, Come, Ye Saints,” Hymns, no. 30.

Key Doctrine, Principles, and Concepts
• Invite students to identify gospel truths taught in this hymn.

Lesson 13: Messages of Faith
Suggested Lesson Material
• Frederick W. Faber, “Faith of our Fathers,” Hymns, no. 84.
• Ruth M. Gardner, “Go Forth with Faith,” *Hymns*, no. 263.

**Key Doctrine, Principles, and Concepts**
• Invite students to identify gospel truths taught in these hymns.

**Lesson 14: Tributes to the Prophet**

**Suggested Lesson Material**
• Doctrine and Covenants 135.
• William Fowler, “We Thank Thee, O God, for a Prophet,” *Hymns*, no. 19.
• William W. Phelps, “Praise to the Man,” *Hymns*, no. 27.

**Key Doctrine, Principles, and Concepts**
• “Joseph Smith, the Prophet and Seer of the Lord, has done more, save Jesus only, for the salvation of men in this world, than any other man that ever lived in it” (Doctrine and Covenants 135:3).
• Invite students to identify gospel truths taught in these hymns.

**Lesson 15: Hymns for the Savior**

**Suggested Lesson Material**
• Cecil Frances Alexander, “He Is Risen!” *Hymns*, no. 199.

**Key Doctrine, Principles, and Concepts**
• “Because our Savior died at Calvary, death has no hold upon any one of us” (Thomas S. Monson, “I Know That My Redeemer Lives!” *Ensign or Liahona*, May 2007, 24).
• Invite students to identify gospel truths taught in these hymns.

**Lesson 16: Hymns by Presidents of the Church**

**Suggested Lesson Material**
Key Doctrine, Principles, and Concepts

- Invite students to identify gospel truths taught in these hymns.

Lesson 17: Hymns by Members of the Quorum of the Twelve Apostles

Suggested Lesson Material

Key Doctrine, Principles, and Concepts

- Invite students to identify gospel truths taught in these hymns.

Lesson 18: Hymns by Other General Authorities

Suggested Lesson Material

Key Doctrine, Principles, and Concepts

- Invite students to identify gospel truths taught in these hymns.

Lesson 19: Music by Ebenezer Beesley

Suggested Lesson Material
- “High on the Mountain Top,” *Hymns*, nos. 5, 333.
- “God of Our Fathers, We Come unto Thee,” *Hymns*, no. 76.
- “Sing We Now at Parting,” *Hymns*, no. 156.
- “’Tis Sweet to Sing the Matchless Love,” *Hymns*, no. 177.

**Key Doctrine, Principles, and Concepts**
- Invite students to identify gospel truths taught in these hymns.

**Lesson 20: Hymns by Philip Paul Bliss—the Singing Evangelist**

**Suggested Lesson Material**
- “Should You Feel Inclined to Censure,” *Hymns*, no. 235.

**Key Doctrine, Principles, and Concepts**
- Invite students to identify gospel truths taught in these hymns.

**Lesson 21: Children’s Songs by Latter-day Saint Women**

**Suggested Lesson Material**
- Barbara A. McConochie, “Keep the Commandments,” *Hymns*, no. 303.
- Clara W. McMaster, “Teach Me to Walk in the Light,” *Hymns*, no. 304.

**Key Doctrine, Principles, and Concepts**
- Invite students to identify gospel truths taught in these hymns.

**Lesson 22: Well-Known Hymns by Non-LDS Authors—Restoration, Praise, and Thanksgiving**

**Suggested Lesson Material**
- George Gill, “Beautiful Zion, Built Above,” *Hymns*, no. 44.
• Henry Alford, “Come, Ye Thankful People,” Hymns, no. 94.

Key Doctrine, Principles, and Concepts
• “When we are grateful to God in our circumstances, we can experience gentle peace in the midst of tribulation” (Dieter F. Uchtdorf, “Grateful in Any Circumstances,” Ensign or Liahona, May 2014, 75).
• Invite students to identify gospel truths taught in these hymns.

Lesson 23: Well-Known Hymns by Non-LDS Authors—Prayer and Supplication
Suggested Lesson Material
• Annie S. Hawks, “I Need Thee Every Hour,” Hymns, no. 98.
• Sarah F. Adams, “Nearer, My God, to Thee,” Hymns, no. 100.
• Edward Hopper, “Jesus, Savior, Pilot Me,” Hymns, no. 104.
• Mary Ann Baker, “Master, the Tempest Is Raging,” Hymns, no. 105.
• Mary A. Pepper Kidder, “Did You Think to Pray?” Hymns, no. 140.
• Attributed to Bernard of Clairvaux, “Jesus, the Very Thought of Thee,” Hymns, no. 141.
• Jeremiah E. Rankin, “God Be with You Till We Meet Again,” Hymns, no. 152.
• M. Lowrie Hofford, “Abide with Me; ’Tis Eventide,” Hymns, no. 165.
• Henry F. Lyte, “Abide with Me!” Hymns, no. 166.

Key Doctrine, Principles, and Concepts
• Invite students to identify gospel truths taught in these hymns.

Lesson 24: Well-Known Hymns by Non-LDS Authors—Special Topics
Suggested Lesson Material
• Will L. Thompson, “Have I Done Any Good?” Hymns, no. 223.
• Thomas Ken, “Praise God, from Whom All Blessings Flow,” Hymns, no. 242.
• Grace Gordon, “Called to Serve,” Hymns, no. 249.
• Mary Brown, “I’ll Go Where You Want Me to Go,” *Hymns*, no. 270.

**Key Doctrine, Principles, and Concepts**

• Invite students to identify gospel truths taught in these hymns.

**Lesson 25: Patriotic Hymns**

**Suggested Lesson Material**

• Anonymous, “God Save the King,” *Hymns*, no. 341.

**Key Doctrine, Principles, and Concepts**

• “We believe in being subject to kings, presidents, rulers, and magistrates, in obeying, honoring, and sustaining the law” (Articles of Faith 1:12).

**Lesson 26: Hymns by Charles Wesley**

**Suggested Lesson Material**

• “Rejoice, the Lord Is King!” *Hymns*, no. 66.
• “Jesus, Lover of My Soul,” *Hymns*, no. 102.
• “Hark! The Herald Angels Sing,” *Hymns*, no. 209.

**Key Doctrine, Principles, and Concepts**

• “Rejoice in the Lord alway: and again I say, Rejoice” (Philippians 4:4).
• Invite students to identify gospel truths taught in these hymns.

**Lesson 27: Hymns by Isaac Watts**

**Suggested Lesson Material**

• “Praise Ye the Lord,” *Hymns*, no. 74.
• “With All the Power of Heart and Tongue,” *Hymns*, no. 79.
• “Great God, Attend While Zion Sings,” *Hymns*, no. 88.
• “From All That Dwell below the Skies,” *Hymns*, no. 90.
• “Come, We That Love the Lord,” *Hymns*, no. 119.
• “Sweet Is the Work,” *Hymns*, nos. 147, 317.
• “He Died! The Great Redeemer Died,” *Hymns*, no. 192.
• “Joy to the World,” *Hymns*, no. 201.

**Key Doctrine, Principles, and Concepts**

• Invite students to identify gospel truths taught in these hymns.

**Lesson 28: Music in Sacrament Meeting**

**Suggested Lesson Material**


**Key Doctrine, Principles, and Concepts**


• Invite students to identify doctrine and principles from President Nelson’s talk.
Teachings of President Russell M. Nelson (Religion 390R)

Course Objective: The objective of this course is to help students learn of Heavenly Father and Jesus Christ and become more like Them by studying and acting on the teachings of President Russell M. Nelson.

Note: This outline contains selected messages that President Russell M. Nelson has given between April 1984 and April 2018. As needed, you may want to replace some of the existing lesson material in this course with messages delivered by President Nelson after April 2018.

Lesson 1: President Russell M. Nelson: Guided, Prepared, Committed

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “As President Nelson leads the Church into the future, Latter-day Saints can take great comfort in knowing that he will guide them in accordance with heaven’s will. ‘I declare my devotion to God our Eternal Father and to His Son, Jesus Christ,’ he said. ‘I know Them, love Them, and pledge to serve Them—and you—with every remaining breath of my life’ [Russell M. Nelson, “As We Go Forward Together,” Ensign, Apr. 2018, 7]” (Dallin H. Oaks, “President Russell M. Nelson: Guided, Prepared, Committed,” supplement to Ensign or Liahona, May 2018, 15).

Related Scriptures


Lesson 2: Sustaining the Prophets

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “Our sustaining of prophets is a personal commitment that we will do our utmost to uphold their prophetic priorities. Our sustaining is an oath-like indication that we recognize their calling as a prophet to be legitimate and binding upon us” (“Sustaining the Prophets,” Ensign or Liahona, Nov. 2014, 75).
Related Scriptures
• Doctrine and Covenants 1:38; 21:4–6; 26:2; 107:91–92.

Lesson 3: Revelation for the Church, Revelation for Our Lives
Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “If we will truly receive the Holy Ghost and learn to discern and understand His promptings, we will be guided in matters large and small” (“Revelation for the Church, Revelation for Our Lives,” Ensign or Liahona, May 2018, 94).
• “In coming days, it will not be possible to survive spiritually without the guiding, directing, comforting, and constant influence of the Holy Ghost” (“Revelation for the Church, Revelation for Our Lives,” Ensign or Liahona, May 2018, 96).

Related Scriptures
• James 1:5–6; Moroni 10:3–5; Doctrine and Covenants 42:61.

Lesson 4: Sweet Power of Prayer
Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “When we pray, we should not presume to give counsel but should inquire of the Lord and hearken to His counsel” (“Sweet Power of Prayer,” Ensign or Liahona, May 2003, 8).

Related Scriptures
• Matthew 7:7–11; 1 Nephi 15:8–11; Alma 37:36–37.

Lesson 5: The Creation
Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “I testify that the earth and all life upon it are of divine origin. The Creation did not happen by chance. … The Creation itself testifies of a Creator” (“The Creation,” Ensign, May 2000, 85).
• “The earth was created that families might be” (“The Creation,” Ensign, May 2000, 85).
Related Scriptures
• 1 Nephi 17:36; Doctrine and Covenants 104:13–15; Moses 2:1.

Lesson 6: Thanks Be to God
Suggested Lesson Material
• Russell M. Nelson, “Thanks Be to God,” Ensign or Liahona, May 2012, 77–79.

Key Doctrine, Principles, and Concepts
• “Central to God’s eternal plan is the mission of His Son, Jesus Christ [see 3 Nephi 27:13–22]. He came to redeem God’s children [see Alma 11:40]. Because of the Lord’s Atonement, resurrection (or immortality) became a reality [see 2 Nephi 9:6–7, 20–22]. Because of the Atonement, eternal life became a possibility for all who would qualify” (“Thanks Be to God,” Ensign or Liahona, May 2012, 78).

Related Scriptures

Lesson 7: Doors of Death
Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “The grip of physical death is temporary. It began with the fall of Adam; it ended with the atonement of Jesus the Christ. The waiting period in paradise is temporary, too. It ends with the resurrection” (“Doors of Death,” Ensign, May 1992, 73).

Related Scriptures
• 1 Corinthians 15:20–22, 52–55; Alma 11:42–45; Doctrine and Covenants 29:43.

Lesson 8: Drawing the Power of Jesus Christ into Our Lives
Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “The gospel of Jesus Christ is filled with His power, which is available to every earnestly seeking daughter or son of God” (“Drawing the Power of Jesus Christ into Our Lives,” Ensign or Liahona, May 2017, 42).

Related Scriptures
Lesson 9: Perfection Pending

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “We need not be dismayed if our earnest efforts toward perfection now seem so arduous and endless. Perfection is pending. It can come in full only after the Resurrection and only through the Lord” (“Perfection Pending,” *Ensign*, Nov. 1995, 88).

Related Scriptures

- 3 Nephi 12:48; Moroni 10:32–33; Doctrine and Covenants 67:13; 76:69.

Lesson 10: Now Is the Time to Prepare

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “We came to be tried, to be tested, and to choose. Our decisions determine our destiny” (“Now Is the Time to Prepare,” *Ensign* or *Liahona*, May 2005, 17).

Related Scriptures


Lesson 11: “Thou Shalt Have No Other Gods”

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “If we break God’s first commandment, we cannot escape retribution. If we allow any other person or cause to come before allegiance to Him, we will reap a bitter harvest” (“Thou Shalt Have No Other Gods,” *Ensign*, May 1996, 15).

Related Scriptures


Lesson 12: “Teach Us Tolerance and Love”

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- “Our commitment to the Savior causes us to scorn sin yet heed His commandment to love our neighbors” (“Teach Us Tolerance and Love,” Ensign, May 1994, 71).

Related Scriptures

Lesson 13: Living by Scriptural Guidance
Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- “To reach our objective of eternal life, we need to follow teachings in the standard works and other revelations received from prophets of God” (“Living by Scriptural Guidance,” Ensign, Nov. 2000, 17).

Related Scriptures

Lesson 14: The Book of Mormon: What Would Your Life Be Like without It?
Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- “The truths of the Book of Mormon have the power to heal, comfort, restore, succor, strengthen, console, and cheer our souls. … I promise that as you ponder what you study, the windows of heaven will open, and you will receive answers to your own questions and direction for your own life. I promise that as you daily immerse yourself in the Book of Mormon, you can be immunized against the evils of the day” (“The Book of Mormon: What Would Your Life Be Like without It?” Ensign or Liahona, Nov. 2017, 62–63).

Related Scriptures

Lesson 15: Decisions for Eternity
Suggested Lesson Material
Key Doctrine, Principles, and Concepts

• “The Lord’s way is the only way for us to experience enduring happiness. His way brings sustained comfort to our souls and perennial peace to our homes. And best of all, His way leads us home to Him and our Heavenly Father, to eternal life and exaltation” (“Decisions for Eternity,” Ensign or Liahona, Nov. 2013, 108).

Related Scriptures


Lesson 16: Joy and Spiritual Survival

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

• “When the focus of our lives is on God’s plan of salvation … and Jesus Christ and His gospel, we can feel joy regardless of what is happening—or not happening—in our lives. Joy comes from and because of Him” (“Joy and Spiritual Survival,” Ensign or Liahona, Nov. 2016, 82).

Related Scriptures

• Mosiah 2:41; Alma 41:10; 4 Nephi 1:15–16.

Lesson 17: The Sabbath Is a Delight

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

• “The Savior identified Himself as Lord of the Sabbath. It is His day! Repeatedly, He has asked us to keep the Sabbath or to hallow the Sabbath day. We are under covenant to do so” (“The Sabbath Is a Delight,” Ensign or Liahona, May 2015, 129–30).

• “How can you ensure that your behavior on the Sabbath will lead to joy and rejoicing? In addition to your going to church, partaking of the sacrament, and being diligent in your specific call to serve, what other activities would help to make the Sabbath a delight for you? What sign will you give to the Lord to show your love for Him?” (“The Sabbath Is a Delight,” Ensign or Liahona, May 2015, 130).

Related Scriptures

Lesson 18: Personal Preparation for Temple Blessings

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “The basis for every temple ordinance and covenant—the heart of the plan of salvation—is the Atonement of Jesus Christ. Every activity, every lesson, all we do in the Church, point to the Lord and His holy house” (“Personal Preparation for Temple Blessings,” Ensign, May 2001, 32).

Related Scriptures
• Exodus 19:5–6; Psalm 24:3–5; 1 Nephi 14:14.

Lesson 19: Celestial Marriage

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “Celestial marriage brings greater possibilities for happiness than does any other relationship. The earth was created and this Church was restored so that families could be formed, sealed, and exalted eternally” (“Celestial Marriage,” Ensign or Liahona, Nov. 2008, 93).

Related Scriptures

Lesson 20: Generations Linked in Love

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “When our hearts turn to our ancestors, something changes inside us. We feel part of something greater than ourselves. Our inborn yearnings for family connections are fulfilled when we are linked to our ancestors through sacred ordinances of the temple” (“Generations Linked in Love,” Ensign or Liahona, May 2010, 92).

Related Scriptures
• Doctrine and Covenants 2:1–3; 128:17–18, 24.
Lesson 21: Children of the Covenant

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “We are also children of the covenant. … We are of Israel. We have the right to receive the gospel, blessings of the priesthood, and eternal life. Nations of the earth will be blessed by our efforts and by the labors of our posterity” (“Children of the Covenant,” Ensign, May 1995, 33).

Related Scriptures
• 3 Nephi 16:12–13; 3 Nephi 20:25–31; Abraham 2:9–11.

Lesson 22: The Gathering of Scattered Israel

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “[The] doctrine of the gathering is one of the important teachings of The Church of Jesus Christ of Latter-day Saints. … We not only teach this doctrine, but we participate in it. We do so as we help to gather the elect of the Lord on both sides of the veil” (“The Gathering of Scattered Israel,” Ensign or Liahona, Nov. 2006, 80).

Related Scriptures
• 1 Nephi 10:12–14; 1 Nephi 15:12–18; Doctrine and Covenants 137:6–8.

Lesson 23: A Plea to My Sisters

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “The kingdom of God is not and cannot be complete without women who make sacred covenants and then keep them, women who can speak with the power and authority of God!” (“A Plea to My Sisters,” Ensign or Liahona, Nov. 2015, 96).
• “Attacks against the Church, its doctrine, and our way of life are going to increase. Because of this, we need women who have a bedrock understanding of the doctrine of Christ and who will use that understanding to teach and help raise a sin-resistant generation” (“A Plea to My Sisters,” Ensign or Liahona, Nov. 2015, 97).

Related Scriptures
• Proverbs 31:10; Matthew 5:14–16; Alma 56:47–48; 57:21.
Lesson 24: The Price of Priesthood Power

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “Only a man who has paid the price for priesthood power will be able to bring miracles to those he loves and keep his marriage and family safe, now and throughout eternity” (“The Price of Priesthood Power,” Ensign or Liahona, May 2016, 68).

Related Scriptures

- 3 Nephi 8:1; Doctrine and Covenants 121:34–46.

Lesson 25: Ministering with the Power and Authority of God

Suggested Lesson Material

- Russell M. Nelson, “Ministering with the Power and Authority of God,” Ensign or Liahona, May 2018, 68–70, 75.

Key Doctrine, Principles, and Concepts

- “A hallmark of the Lord's true and living Church will always be an organized, directed effort to minister to individual children of God and their families” (“Ministering with the Power and Authority of God,” Ensign or Liahona, May 2018, 69).

Related Scriptures


Lesson 26: In the Lord’s Own Way

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “Few, if any, of the Lord’s instructions are stated more often, or given greater emphasis, than the commandment to care for the poor and the needy” (“In the Lord’s Own Way,” Ensign, May 1986, 26).

Related Scriptures


Lesson 27: Stand as True Millennials

Suggested Lesson Material

Key Doctrine, Principles, and Concepts

- “You ‘are a chosen generation’ [1 Peter 2:9] foreordained by God to do a remarkable work—to help prepare the people of this world for the Second Coming of the Lord!” (“Stand as True Millennials,” Ensign, Oct. 2016, 31).
- “When you begin to catch even a glimpse of how your Heavenly Father sees you and what He is counting on you to do for Him, your life will never be the same!” (“Stand as True Millennials,” Ensign, Oct. 2016, 27).

Related Scriptures
- 1 Peter 2:9; Doctrine and Covenants 123:17; 138:56.

Lesson 28: Face the Future with Faith

Suggested Lesson Material

Key Doctrine, Principles, and Concepts

- “We do not need to let our fears displace our faith. We can combat those fears by strengthening our faith” (“Face the Future with Faith,” Ensign or Liahona, May 2011, 34).
- “Obedience allows God’s blessings to flow without constraint. He will bless His obedient children with freedom from bondage and misery” (“Face the Future with Faith,” Ensign or Liahona, May 2011, 34–35).

Related Scriptures
- 2 Timothy 1:7–8; Doctrine and Covenants 6:36; 68:6; 98:2–3.
Teachings of the Prophet Joseph Smith (Religion 390R)


Lesson 1: The Life and Ministry of Joseph Smith

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- “Joseph Smith, the Prophet and Seer of the Lord, has done more, save Jesus only, for the salvation of men in this world, than any other man that ever lived in it. … He lived great, and he died great in the eyes of God and his people” (Doctrine and Covenants 135:3).

Related Scriptures
2 Nephi 3:6–11, 13–14; Doctrine and Covenants 124:1; 135:3.

Lesson 2: The First Vision: The Father and the Son Appear to Joseph Smith

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- Scripture study and sincere prayer invite revelation.
- Heavenly Father and His Son, Jesus Christ, appeared to Joseph Smith.
- When we strengthen our testimonies, we can be fortified against persecution.

Related Scriptures

Lesson 3: God the Eternal Father

Suggested Lesson Material
- *Teachings: Joseph Smith*, 37–42.

Key Doctrine, Principles, and Concepts
- Heavenly Father is the loving Father of all mankind and the source of all that is good and true.
• In the Godhead are three separate and distinct personages who are in perfect unity.
• The more we come to understand the nature and character of God, the more we can exercise faith in Him and understand ourselves.

Related Scriptures
Romans 8:16; Mosiah 4:9–12; Doctrine and Covenants 130:22.

Lesson 4: Jesus Christ, the Divine Redeemer of the World
Suggested Lesson Material
• Teachings: Joseph Smith, 45–54.

Key Doctrine, Principles, and Concepts
• Only through the Atonement of Jesus Christ can we receive a remission of our sins.
• Because Jesus Christ rose from the dead, all mankind will be resurrected.
• Through the Atonement of Jesus Christ, we can become joint-heirs with the Savior.

Related Scriptures

Lesson 5: The Book of Mormon: Keystone of Our Religion
Suggested Lesson Material
• Teachings: Joseph Smith, 57–66.

Key Doctrine, Principles, and Concepts
• The Book of Mormon was translated by the gift and power of God.
• The Book of Mormon is the word of God.

Related Scriptures
Introduction to the Book of Mormon; Doctrine and Covenants 1:29; 17:6; 20:8–9.

Lesson 6: Repentance
Suggested Lesson Material
• Teachings: Joseph Smith, 69–76.

Key Doctrine, Principles, and Concepts
• By repenting of our sins, we draw nearer to God and become more like Him.
• Our Heavenly Father is willing to forgive those who repent and return to Him with full purpose of heart.
Related Scriptures
2 Nephi 31:13; Alma 34:31–32; Doctrine and Covenants 1:31–32.

Lesson 7: Baptism and the Gift of the Holy Ghost

Suggested Lesson Material
• Teachings: Joseph Smith, 79–86, 89–98.

Key Doctrine, Principles, and Concepts
• The ordinance of baptism is necessary for exaltation.
• Children who die before the age of accountability are redeemed by the Atonement of Jesus Christ and do not need to be baptized.
• The gift of the Holy Ghost brings us peace, joy, divine guidance, and many other spiritual gifts.

Related Scriptures
John 3:5; Galatians 5:22–23; Moroni 8:11–12, 17.

Lesson 8: The Everlasting Priesthood

Suggested Lesson Material
• Teachings: Joseph Smith, 101–12.

Key Doctrine, Principles, and Concepts
• The priesthood is everlasting and has been held by prophets in every dispensation.
• The Melchizedek Priesthood is the channel through which God reveals Himself and His purposes.
• The priesthood keys held by prophets in ancient times have been restored in this last dispensation.

Related Scriptures

Lesson 9: Gifts of the Spirit

Suggested Lesson Material
• Teachings: Joseph Smith, 115–22, 379–88.

Key Doctrine, Principles, and Concepts
• We are each given gifts of the Spirit through our obedience and faith.
• Gifts of the Spirit are usually manifest in quiet, personal ways that are often not visible to the casual observer.

Related Scriptures
Lesson 10: Prayer and Personal Revelation

Suggested Lesson Material

- *Teachings: Joseph Smith*, 125–33.

Key Doctrine, Principles, and Concepts

- God hears our prayers and will answer us.
- When we pray in faith, we receive the blessings God sees fit to bestow upon us.
- We can receive personal revelation through the Holy Ghost.

Related Scriptures

Alma 37:37; Doctrine and Covenants 11:12–14; 88:63–64.

Lesson 11: The Organization and Destiny of the True and Living Church

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- The true Church of Jesus Christ was organized according to the direction and order of God through the Prophet Joseph Smith.
- The Lord leads His Church through His prophets and apostles.
- Although the forces of evil may seek to destroy the Lord’s work, no unhallowed hand can stop the work from progressing.

Related Scriptures

Ephesians 4:11–14; Doctrine and Covenants 10:43; 20:1–2; 65:2.

Lesson 12: Proclaim Glad Tidings to All the World

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- Because the world is in spiritual darkness, we should be diligent in preaching the gospel.
- Our duty is to invite all mankind to repent, be baptized, receive the Holy Ghost, and become heirs of salvation.

Related Scriptures

Lesson 13: Obedience: “When the Lord Commands, Do It”

Suggested Lesson Material
- *Teachings: Joseph Smith*, 159–68.

Key Doctrine, Principles, and Concepts
- God gives laws that prepare us for eternal blessings according to our obedience.
- Those who are faithful to the end will receive a crown of righteousness.

Related Scriptures
2 Timothy 4:7–8; Doctrine and Covenants 130:20–21.

Lesson 14: Establishing the Cause of Zion

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- We build up Zion by becoming pure in heart and working together with one heart and mind.
- Zion, the New Jerusalem, will be built upon the American continent.

Related Scriptures
Moses 7:18, 62; Articles of Faith 1:10.

Lesson 15: Revelation and the Living Prophet

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- In all generations, God has guided His people and His Church through revelation.
- The President of the Church is appointed to receive revelation from God for the entire Church.
- We sustain the prophet and other Church leaders by praying for them and heeding their counsel.

Related Scriptures
Amos 3:7; Doctrine and Covenants 21:1–6; 28:2.

Lesson 16: The Great Plan of Salvation

Suggested Lesson Material
Key Doctrine, Principles, and Concepts
• We are eternal beings who can progress toward exaltation as we obey the laws of God.
• We came to earth to obtain a body, to gain knowledge, and to become like our Heavenly Father.
• God has given us moral agency and the power to choose good over evil.

Related Scriptures

Lesson 17: The Second Coming and the Millennium
Suggested Lesson Material
• Teachings: Joseph Smith, 249–58.

Key Doctrine, Principles, and Concepts
• As we look for and recognize the signs of the Savior’s Second Coming, we can have peace in perilous times.
• If we are wise and faithful, we will be prepared when the Lord comes again.
• The Millennium will be a time of peace, when the Savior will reign over the earth.

Related Scriptures

Lesson 18: Gaining Knowledge of Eternal Truths
Suggested Lesson Material
• Teachings: Joseph Smith, 261–68, 293–303.

Key Doctrine, Principles, and Concepts
• The gospel of Jesus Christ embraces all truth. The faithful accept the truth God has revealed and put aside false traditions.
• Gaining knowledge of eternal truth is essential to obtaining salvation.
• God is the source of all truth. We obtain knowledge of eternal truth through diligent study of God’s word and through prayer.

Related Scriptures
John 8:32; Mosiah 4:9; Alma 17:2; Articles of Faith 1:9.

Lesson 19: Elijah and the Restoration of the Sealing Keys
Suggested Lesson Material
• Teachings: Joseph Smith, 307–13.
Key Doctrine, Principles, and Concepts
• Elijah restored the sealing keys—the power and authority to bind in heaven all ordinances performed on earth.
• Through the sealing power, families can be sealed for time and all eternity and sacred ordinances can be performed for the dead.
• The coming of Elijah was a necessary preparation for the Second Coming of the Savior.

Related Scriptures

Lesson 20: Missionary Service: A Holy Calling, a Glorious Work
Suggested Lesson Material
• Teachings: Joseph Smith, 327–36.

Key Doctrine, Principles, and Concepts
• Faith, virtue, diligence, and love enable us to perform sacred missionary service.
• We teach the simple truths of the gospel as directed by the Spirit and with humility and meekness.

Related Scriptures

Lesson 21: Responding to Persecution with Faith and Courage
Suggested Lesson Material
• Teachings: Joseph Smith, 281–90, 369–76.

Key Doctrine, Principles, and Concepts
• Our love of God will help us bear persecution with courage and faith.
• God’s mighty power will sustain those who are persecuted for righteousness’ sake.

Related Scriptures
Romans 8:35–39; 2 Nephi 26:8; 3 Nephi 12:10–12.

Lesson 22: The Power of Forgiving
Suggested Lesson Material
• Teachings: Joseph Smith, 391–98.

Key Doctrine, Principles, and Concepts
• The Lord commands us to forgive our brothers and sisters.
• Forgiveness restores unity.
• By showing long-suffering, patience, and mercy to the repentant, we can help them return to God.

Related Scriptures
Matthew 18:21–35; Doctrine and Covenants 64:9–11.

Lesson 23: Redemption for the Dead

Suggested Lesson Material
• Teachings: Joseph Smith, 171–79, 401–9.

Key Doctrine, Principles, and Concepts
• God loves all His children and will judge them according to the law they have received.
• The Savior, Jesus Christ, offers the opportunity for forgiveness and deliverance to both the living and the dead.
• It is our duty and privilege to perform and receive the saving ordinances in behalf of those who have died without the gospel.

Related Scriptures

Lesson 24: Receiving the Ordinances and Blessings of the Temple

Suggested Lesson Material
• Teachings: Joseph Smith, 413–20.

Key Doctrine, Principles, and Concepts
• God commands His people to build temples.
• In the temple we learn the things of eternity and receive ordinances of salvation for ourselves and our ancestors.
• The temple is a place of holiness where we receive the greatest blessings God has for His children.

Related Scriptures

Lesson 25: Charity, the Pure Love of Christ

Suggested Lesson Material
Key Doctrine, Principles, and Concepts
• As we become filled with the love of God, we become more anxious to bless others.
• We have a special obligation to love and care for those in need.
• We express charity through simple acts of service and kindness.

Related Scriptures
Moroni 7:45–48; Doctrine and Covenants 52:40.

Lesson 26: Becoming Saviors on Mount Zion
Suggested Lesson Material
• Teachings: Joseph Smith, 469–77.

Key Doctrine, Principles, and Concepts
• We become saviors on Mount Zion by performing sacred ordinances for the dead.
• God has placed upon us a great responsibility to seek after our dead.

Related Scriptures
Obadiah 1:21; Doctrine and Covenants 128:15, 22.

Lesson 27: Family: The Sweetest Union for Time and Eternity
Suggested Lesson Material
• Teachings: Joseph Smith, 479–89.

Key Doctrine, Principles, and Concepts
• Husbands and wives have a solemn responsibility to honor each other by showing love, kindness, and affection.
• Children honor their parents by expressing gratitude to them and cherishing them throughout their lives.
• Parents who love, support, and pray for their children bring immeasurable blessings into their children’s lives.

Related Scriptures
Exodus 20:12; Ephesians 5:25, 33.

Lesson 28: The Restoration of All Things: The Dispensation of the Fulness of Times
Suggested Lesson Material
• Teachings: Joseph Smith, 507–15.
Key Doctrine, Principles, and Concepts

- In this last dispensation, all the authority, ordinances, and knowledge of earlier dispensations have been restored.
- The Prophet Joseph Smith holds the keys of the dispensation of the fulness of times.
- The work of this final dispensation is of eternal importance and requires the complete, unselfish dedication of the Lord’s people.

Related Scriptures
Ephesians 1:10; Doctrine and Covenants 112:15; 128:18–21.
Course Objective: This course will help students gain a better understanding of the Savior, His Atonement, and the purposes of God through a study of the writings of Isaiah.

Lesson 1: The Prophet Isaiah and His World

Suggested Lesson Material

- 3 Nephi 23:1–5.

Key Doctrine, Principles, and Concepts

- “And now, behold, I say unto you, that ye ought to search these things. Yea, a commandment I give unto you that ye search these things diligently; for great are the words of Isaiah” (3 Nephi 23:1).

Lesson 2: Understanding Isaiah

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- We can more clearly understand Isaiah’s writings when we use the scriptures; learn more about the culture, geography, and manner of prophesying of the Jews; and seek the Holy Spirit.
- Isaiah prophesied of Jesus Christ and His mission as our Savior and Redeemer.

Lesson 3: Isaiah’s Vision of Ancient and Modern Judah and Jerusalem

Suggested Lesson Material

- Isaiah 1–2; 2 Nephi 12:1–5.

Key Doctrine, Principles, and Concepts

- Our outward acts of devotion to God are more meaningful to Him when the intentions of our hearts are pure (see Isaiah 1:1–15).
If we sincerely repent, we can be purified of all our sins through the Atonement of Jesus Christ (see Isaiah 1:16–19).

As we attend the temple, the Lord will teach us of His ways (see Isaiah 2:2–5).

Lesson 4: Punishment and Redemption of the Lord’s Vineyard

Suggested Lesson Material

• Isaiah 3–5.
• *Old Testament Student Manual* 1 Kings–Malachi, 140–42.

Key Doctrine, Principles, and Concepts

• When we are righteous, we enjoy the blessings of our choices. When we sin, we suffer the negative consequences of our choices (see Isaiah 3:1–11).

• If we turn away from the Lord, we will lose His protection and help and experience sorrow and suffering (see Isaiah 5:1–25).

Lesson 5: The Calling of Isaiah

Suggested Lesson Material

• Isaiah 6.
• *Old Testament Student Manual* 1 Kings–Malachi, 143–44.

Key Doctrine, Principles, and Concepts

• Through the Atonement of Jesus Christ, our iniquity can be taken away and our sin purged (see Isaiah 6:5–7).

• As we are forgiven of our sins, we become more willing to do what God asks of us (see Isaiah 6:7–8).

Lesson 6: A Stone of Stumbling

Suggested Lesson Material

• Isaiah 7–8.
• *Old Testament Student Manual* 1 Kings–Malachi, 144–46.

Key Doctrine, Principles, and Concepts

• Isaiah prophesied of the Savior’s miraculous birth and divine parentage (see Isaiah 7:14).

Lesson 7: The Prince of Peace and King of Kings

Suggested Lesson Material

• *Old Testament Student Manual* 1 Kings–Malachi, 146–47.
Key Doctrine, Principles, and Concepts
• Jesus Christ is the Prince of Peace (see Isaiah 9:6).
• The Lord is with His people and will help them overcome their afflictions (see Isaiah 10:24–34).

Lesson 8: A Rod, a Stem, and a Root
Suggested Lesson Material
• Isaiah 11–12; 2 Nephi 21:1–5.

Key Doctrine, Principles, and Concepts
• The restored Church is an ensign to the nations to gather scattered Israel back to the gospel of Jesus Christ (see Isaiah 11:1–12).

Lesson 9: A Revelation concerning Babylon
Suggested Lesson Material
• Isaiah 13–16; 2 Nephi 13:1; 23:3, 22.

Key Doctrine, Principles, and Concepts
• The Lord will destroy the wicked (Isaiah 13:1–11).
• Satan will lose his influence and power over mankind and will be cast out forever (see Isaiah 14:12–20).

Lesson 10: A Revelation to the Nations
Suggested Lesson Material
• Isaiah 17–23; 2 Nephi 24:2.

Key Doctrine, Principles, and Concepts
• Trusting in our own strength instead of trusting in the Lord can lead us into sin and ultimately to destruction (see Isaiah 22:1–14).
• Jesus Christ holds the key of the house of David and the keys of salvation for all mankind (see Isaiah 22:21–23).

Lesson 11: The Hope of Israel
Suggested Lesson Material
• Isaiah 24–27.
Key Doctrine, Principles, and Concepts

• If we wait upon the Lord, we can receive His salvation and rejoice (see Isaiah 25:6–9).

Lesson 12: The Sure Foundation

Suggested Lesson Material

• Isaiah 28.

• Old Testament Student Manual: 1 Kings–Malachi, 162–64.

Key Doctrine, Principles, and Concepts

• The Lord reveals truth to us precept upon precept and line upon line (see Isaiah 28:10).

• The Savior is the only sure foundation upon which to build our lives (see Isaiah 28:14–16).

• Because the Lord knows each of us personally, He allows us to have personal experiences to help us grow (see Isaiah 28:23–29).

Lesson 13: A Marvelous Work and a Wonder

Suggested Lesson Material

• Isaiah 29.


Key Doctrine, Principles, and Concepts

• The Restoration of the gospel, including the coming forth of the Book of Mormon, is a marvelous work that corrects false teachings and counters the wisdom of the world (see Isaiah 29:11–14).

• Studying the Book of Mormon can help us to have joy, revere God, and understand true doctrine (see Isaiah 29:18–24).

Lesson 14: The Lord Can and Will Deliver Us

Suggested Lesson Material

• Isaiah 30–33.


Key Doctrine, Principles, and Concepts

• If we rebel against God by rejecting the words of the prophets, then we will be weakened and, ultimately, spiritually destroyed (see Isaiah 30:9–14).

• If we walk righteously, speak uprightly, and do not participate in evil, we will be delivered and worthy to dwell in the presence of God (see Isaiah 33:15–16).
Lesson 15: The Restoration and the Second Coming

Suggested Lesson Material
- Isaiah 34–35.

Key Doctrine, Principles, and Concepts
- As we testify of the Lord, we can strengthen the faith of others (see Isaiah 35:3–6).

Lesson 16: On Whom Dost Thou Trust?

Suggested Lesson Material
- Isaiah 36–37.

Key Doctrine, Principles, and Concepts
- If we trust in the Lord and keep His commandments, then He will be with us during our times of need (see Isaiah 36:13–37:38).
- If we turn to the Lord, then He can help us overcome our fears and challenges (see Isaiah 37).

Lesson 17: The Lord’s Blessing and Warning to Hezekiah

Suggested Lesson Material
- Isaiah 38–39.

Key Doctrine, Principles, and Concepts
- If we exercise faith in the Lord, He will bless us according to our needs and His will (see Isaiah 38:1–5).

Lesson 18: Prepare Ye the Way of the Lord

Suggested Lesson Material
- Isaiah 40–41.

Key Doctrine, Principles, and Concepts
- God is greater than man (see Isaiah 40:6–25).
- Because God is greater than man, He can strengthen those who trust in Him (see Isaiah 40:26–31).
- If we place our trust in the Lord, then we need not fear (see Isaiah 41:10–17).
Lesson 19: A Light to the Gentiles

Suggested Lesson Material
- Isaiah 42.

Key Doctrine, Principles, and Concepts
- Jesus Christ and His Atonement make it possible for all, including those who have already died, to accept the gospel and become free from the captivity of sin (see Isaiah 42:5–7).

Lesson 20: I Am the Lord, and beside Me There Is No Savior

Suggested Lesson Material
- Isaiah 43–47.

Key Doctrine, Principles, and Concepts
- Jesus Christ is the Redeemer and the only one who can save us (see Isaiah 43–45).
- If we trust in the Savior, He will carry and deliver us (see Isaiah 46:1–4).

Lesson 21: Chosen in the Fire of Affliction

Suggested Lesson Material
- Isaiah 48; 1 Nephi 20:10.

Key Doctrine, Principles, and Concepts
- If we hearken to the Lord’s commandments, we will have peace (see Isaiah 48:18, 22).

Lesson 22: The Messiah Shall Come

Suggested Lesson Material
- Isaiah 49–50.

Key Doctrine, Principles, and Concepts
- The Lord loves us and will never forget us (see Isaiah 49:14–16).
- The Lord will gather Israel (see Isaiah 49:22–26).
- When we sin, we sell ourselves into captivity (see Isaiah 50:1).
- The Lord has the power to redeem us from the captivity of sin because of His atoning sacrifice (see Isaiah 50:2–9).
Lesson 23: I Am Thy God, and Thou Art My People

Suggested Lesson Material
- Isaiah 51–52.

Key Doctrine, Principles, and Concepts
- As we remember and keep our covenants, the Lord will bless us and comfort us (see Isaiah 51:1–3).
- If the Lord’s law is in our hearts, then we have no need to fear the mockery of others (see Isaiah 51:7–8).
- When we share the message of the gospel, we offer joy to others (see Isaiah 52:7–10).

Lesson 24: Wounded for Our Transgressions

Suggested Lesson Material
- Isaiah 53.

Key Doctrine, Principles, and Concepts
- Jesus Christ bore our griefs and carried our sorrows (see Isaiah 53:4).
- Jesus Christ suffered for the transgressions and iniquities of all so that we can be forgiven and healed (see Isaiah 53:5–12).

Lesson 25: An Everlasting Covenant

Suggested Lesson Material
- Isaiah 54–57; 3 Nephi 22:15.

Key Doctrine, Principles, and Concepts
- The Lord is merciful and seeks to gather back to Him those who have sinned (see Isaiah 54:4–10).
- If we repent and return to the Lord, He will have mercy on us (see Isaiah 55:6–7).

Lesson 26: Turning from Our Own Will to God’s

Suggested Lesson Material
- Isaiah 58–59.
Key Doctrine, Principles, and Concepts

• If we fast as the Lord intends, then we can help relieve others’ burdens and also receive relief from our own burdens (see Isaiah 58:2–10).

• If we honor the Lord by keeping the Sabbath day holy, we will have joy in our relationship with the Lord and receive temporal and spiritual blessings (see Isaiah 58:13–14).

• If we repent of our sins, the Lord will intercede for us and redeem us (see Isaiah 59:16–20).

Lesson 27: The Gathering of Israel

Suggested Lesson Material

• Isaiah 60–62.


Key Doctrine, Principles, and Concepts

• As the promised Messiah, Jesus Christ gives hope, heals, liberates, and comforts (see Isaiah 61:1–3).

Lesson 28: So Will I Comfort You

Suggested Lesson Material

• Isaiah 63–66.


Key Doctrine, Principles, and Concepts

• During the Millennium the Lord’s people will enjoy happiness, peace, and prosperity (see Isaiah 63–65).
Course Objective: Students will learn the doctrine and principles of the parables of Jesus Christ that are unique to each of the New Testament Gospels and the modern-day application of these parables.

Lesson 1: Introduction to the Parables
Suggested Lesson Material
• Matthew 13:13–15; Mark 4:12, 33–34; Luke 8:10; Bible Dictionary, “Parables.”
• “Parables of the Master,” Ensign, July 2007, 40–43.
Key Doctrine, Principles, and Concepts
• “The parable conveys to the hearer religious truth exactly in proportion to his faith and intelligence. … Only he who seeks finds” (Bible Dictionary, “Parables”).

Lesson 2: The Sower
Suggested Lesson Material
Key Doctrine, Principles, and Concepts
• Unless we strive to deepen and nourish our testimonies, we may lack the strength necessary to endure tribulations, persecutions, and temptations (see Matthew 13:20–21; Luke 8:13).
• The cares of the world can distract us from focusing on the Lord and choke our faith and testimony (see Matthew 13:22).
• As we open our hearts to the word of God and receive it, we will become converted to the Savior and bring forth good works (see Matthew 13:23).

Lesson 3: The Wheat and the Tares
Suggested Lesson Material
Key Doctrine, Principles, and Concepts
• The Lord will gather the righteous during the last days and destroy the wicked at His coming (see Matthew 13:38–43).
Lesson 4: The Mustard Seed and the Hidden Leaven

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- The restored Church of Jesus Christ will grow from a small beginning to fill the whole earth (see Matthew 13:31–33).

Lesson 5: The Hidden Treasure and the Pearl of Great Price

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- Because the blessings of the gospel are of eternal value, they are worth any sacrifice (see Matthew 13:44–46).

Lesson 6: The Gospel Net

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- God will gather all types of His children into His Church (see Matthew 13:47–50).

Lesson 7: The Unmerciful Servant

Suggested Lesson Material
- Matthew 18:21–35.

Key Doctrine, Principles, and Concepts
- Jesus Christ has paid an immeasurable price so that we can be forgiven of our sins (see Matthew 18:23–27).
- If we want the Lord to forgive us, then we must forgive others (see Matthew 18:28–35).
Lesson 8: The Laborers in the Vineyard

Suggested Lesson Material

- Matthew 20:1–16.

Key Doctrine, Principles, and Concepts

- God gives eternal life to all who choose to make and keep sacred covenants with Him (see Matthew 20:1–10).
- If we choose to be envious of Heavenly Father’s blessings to others, we may lose blessings He desires to give us (see Matthew 20:11–16).

Lesson 9: The Two Sons

Suggested Lesson Material

- Matthew 21:28–32.

Key Doctrine, Principles, and Concepts

- To enter the kingdom of God, we must obey our Heavenly Father and repent of our sins rather than only saying or pretending that we obey Him (see Matthew 21:28–32).

Lesson 10: The Marriage of the King’s Son

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- Our actions reveal the degree to which we truly accept Jesus Christ as the Son of God (see Matthew 22:1–14).

Lesson 11: The Fig Tree

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- No one knows the day and hour of the Lord’s Second Coming, but as we watch for and recognize the signs of the times, we can know the season is near (see Matthew 24:32–34).
Lesson 12: The Ten Virgins

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- We cannot borrow spiritual preparation and strength from others (see Matthew 25:8–9).
- We prepare to meet the Savior by increasing our testimony and conversion through daily righteousness (see Matthew 25:1–13).
- To be ready for the Lord’s Second Coming and to be worthy to remain in His presence, we must come to know Him (see Matthew 25:12).

Lesson 13: The Talents

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- If we faithfully use the gifts and abilities the Lord has given us, then we can fulfill our divine potential and receive eternal life (see Matthew 25:19–21).
- The Lord will bless us if we faithfully use the gifts and abilities He has given us, regardless of how many we have or what they may be (see Matthew 25:22–23).
- If we do not develop and use our spiritual gifts for good, then we will lose them (see Matthew 25:24–29).

Lesson 14: The Seed Growing by Itself

Suggested Lesson Material
- Dieter F. Uchtdorf, “It Works Wonderfully!” *Ensign or Liahona*, Nov. 2015, 20–23.

Key Doctrine, Principles, and Concepts
- Only God can grant the blessing of spiritual growth, but we must do our part to nurture it (see Mark 4:26–29).
Lesson 15: The Two Debtors

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- As we exercise our faith by showing our love for the Lord, we can experience His forgiveness. As we receive the Lord’s forgiveness, we are filled with the desire to love and serve Him more (see Luke 7:36–50).

Lesson 16: The Good Samaritan

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- To obtain eternal life, we must love God with all our heart and love our neighbor as ourselves (see Luke 10:25–37).

Lesson 17: The Importuned Friend

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- If we persistently pray and seek Heavenly Father’s blessings in times of need, then He will answer our prayers in ways that bless us most (see Luke 11:5–13).

Lesson 18: The Rich Fool

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- The greatest blessings of life are not temporal possessions (see Luke 12:13–21).
- The Lord commands us not to covet worldly possessions (see Luke 12:15).
Lesson 19: The Barren Fig Tree

**Suggested Lesson Material**


**Key Doctrine, Principles, and Concepts**

- If we do not repent and produce good works, we will perish (see Luke 13:1–9).

Lesson 20: The Lost Sheep and Lost Piece of Silver

**Suggested Lesson Material**


**Key Doctrine, Principles, and Concepts**

- Each soul is of great worth to Heavenly Father and Jesus Christ (see Luke 15:7, 10).
- When we help others feel a desire to repent, we feel joy and the heavens rejoice (see Luke 15:1–10).

Lesson 21: The Prodigal Son

**Suggested Lesson Material**


**Key Doctrine, Principles, and Concepts**

- If we return to our Heavenly Father by sincerely repenting and seeking His forgiveness, He will rejoice and welcome us back with open arms (see Luke 15:11–32).
- We can become more like our Heavenly Father by responding with compassion and joy when others repent (see Luke 15:25–32).

Lesson 22: The Unjust Steward

**Suggested Lesson Material**

Key Doctrine, Principles, and Concepts

- If we wisely prepare for our eternal future and righteously use earthly riches, we can be blessed with eternal riches (see Luke 16:1–12).

Lesson 23: Lazarus and the Rich Man

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- If we are covetous and do not use earthly riches righteously, we will eventually experience suffering and regret (see Luke 16:19–26).
- Conversion comes from believing and heeding the words of the prophets, not by witnessing miracles (see Luke 16:27–31).

Lesson 24: The Unjust Judge

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- If we are sincere and persistent in our faithfulness to the Lord, we can obtain His mercy (see Luke 18:1–8).

Lesson 25: The Pharisee and the Publican

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- God justifies those who humble themselves and seek His mercy (see Luke 18:9–14).

Lesson 26: The Good Shepherd

Suggested Lesson Material

- John 10:1–18.
Key Doctrine, Principles, and Concepts
• Jesus Christ knows and loves each of us and laid down His life for us (see John 10:14–15).

Lesson 27: The Vine and the Branches
Suggested Lesson Material
• John 15:1–8.
• Jeffrey R. Holland, “Abide in Me,” Ensign or Liahona, May 2004, 30–32.

Key Doctrine, Principles, and Concepts
• “For the fruit of the gospel to blossom and bless our lives, we must be firmly attached to Him, the Savior of us all, and to this His Church, which bears His holy name” (Jeffrey R. Holland, “Abide in Me,” Ensign or Liahona, May 2004, 32).
The Restored Gospel and Christian History (Religion 390R)

Course Objective: This course will help students understand the history of Christianity leading to the Restoration of the fulness of the gospel of Jesus Christ.

Lesson 1: Introduction and Overview
Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- The gospel and the plan of redemption were prepared from the foundation of the world and have been taught by all of God’s prophets from Adam to our day (see 1 Nephi 10:18; Alma 22:13; Moses 5:58–59).

Lesson 2: Dispensations, Apostasies, and Restorations: The Pattern and the Foreshadowing
Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- “In every dispensation, God’s loving desire to bless His children is manifest in the miraculous restoration of the gospel truth to the earth through living prophets” (M. Russell Ballard, “Learning the Lessons of the Past,” 32).

Lesson 3: The Great Apostasy as Foreseen by the Ancient Prophets
Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- Ancient prophets foretold a period of apostasy where there would be a famine of hearing the word of the Lord (see Amos 8:11–12).
Lesson 4: The Imminent Coming of the Great Apostasy as Foretold by the Savior and His Apostles

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- The Savior and His Apostles prophesied of great apostasy.

Lesson 5: The Beginnings of the Great Apostasy as Witnessed by the Savior’s Apostles

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- The Savior’s Apostles witnessed a falling away from the truth in the early Church and warned the Saints against apostasy.

Lesson 6: External Forces: A Season of Intense Persecution

Suggested Lesson Material
- Church History in the Fulness of Times, 2nd ed. (Church Educational System manual, 2003), 3–6.

Key Doctrine, Principles, and Concepts
- Many of the early Christian Saints and the leaders of the Church were persecuted and martyred.

Lesson 7: Internal Apostasy: Rejection of the Gospel and the Apostles

Suggested Lesson Material
• Tad R. Callister, *The Inevitable Apostasy and the Promised Restoration*, 24–49.

**Key Doctrine, Principles, and Concepts**
• “The apostolic and prophetic foundation of the Church was to bless in all times, but especially in times of adversity or danger, times when we might feel like children, confused or disoriented, perhaps a little fearful, times in which the devious hand of men or the maliciousness of the devil would attempt to unsettle or mislead” (Jeffrey R. Holland, “Prophets, Seers, and Revelators,” 7).

**Lesson 8: The Holy Bible**
**Suggested Lesson Material**

**Key Doctrine, Principles, and Concepts**
• “We are true and full believers in the Lord Jesus Christ and in His revealed word through the Holy Bible” (M. Russell Ballard, “The Miracle of the Holy Bible,” 82).

**Lesson 9: The Loss of Many Plain and Precious Truths**
**Suggested Lesson Material**

**Key Doctrine, Principles, and Concepts**
• Many plain and precious truths were lost during the apostasy, causing many of Heavenly Father’s children to stumble (see 1 Nephi 13:29).

**Lesson 10: The Reformation and the Reformers**
**Suggested Lesson Material**

**Key Doctrine, Principles, and Concepts**
• “The reformers were pioneers, blazing wilderness trails in a desperate search for those lost points of reference that they felt would lead mankind back to the truth Jesus taught” (Thomas S. Monson, “Led by Spiritual Pioneers,” 4–5).
Lesson 11: The Contributions of Key Reformers in Preparing for the Restoration

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “Those forerunners to Joseph Smith, the long-prophesied seer of the last days … , did not have access to the fulness of the gospel, but their efforts were vitally important in laying the foundation for him” (Garr, “Preparing for the Restoration,” 34).

Lesson 12: The Coming Forth of the Bible to the Common Man

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “William Tyndale was not the first, nor the last, of those who in many countries and languages have sacrificed, even to the point of death, to bring the word of God out of obscurity. We owe them all a great debt of gratitude” (D. Todd Christofferson, “The Blessing of Scripture,” 32).

Lesson 13: Preparing the Earth for the Restoration

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “Let us now look at the momentous events that gave us the Bible in English—one of the most important of the instruments that helped to bring about the restoration of the gospel” (Matthews, “A Bible! A Bible!” 24).
Lesson 14: The Discovery and Preparation of America as the Cradle of the Restoration

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- The Lord’s hand was in the founding of America so that the Restoration of the gospel could move forward.

Lesson 15: The Great Awakenings: Prelude to the Restoration

Suggested Lesson Material
- *Church History in the Fulness of Times* Student Manual, 9–12, 22.

Key Doctrine, Principles, and Concepts
- “Prior to the Restoration, the heavens had been closed for centuries. But with prophets and apostles upon the earth once more, the heavens were opened once again with visions and revelations” (James E. Faust, “The Restoration of All Things,” 67).

Lesson 16: The Restoration of the Gospel in the Meridian of Time

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- “Our benevolent Father came from His vast creations to this earth to clarify truth, to disperse the intense clouds of spiritual darkness, to establish His true identity, to restore a fulness of truth, and to provide the only way to obtain secure, spiritual guidance” (Richard G. Scott, “Truth Restored,” 80).

Lesson 17: Joseph Smith: A Choice Seer

Suggested Lesson Material
- 2 Nephi 3.
Key Doctrine, Principles, and Concepts

Lesson 18: Joseph Smith and the First Vision

Suggested Lesson Material

Key Doctrine, Principles, and Concepts

“God be thanked for His marvelous bestowal of testimony, authority, and doctrine associated with this, the restored Church of Jesus Christ” (Gordon B. Hinckley, “The Marvelous Foundation of Our Faith,” 81).

Lesson 19: Joseph’s Time of Angelic Tutoring and Preparation: 1823–29

Suggested Lesson Material

Key Doctrine, Principles, and Concepts

“The monumental work of bringing forth the Book of Mormon was foretold by ancient prophets. … A work of such magnitude requires careful preparation” (*Church History in the Fulness of Times Student Manual*, 41).

Lesson 20: The Coming Forth of the Book of Mormon: Another Testament of Jesus Christ

Suggested Lesson Material

**Key Doctrine, Principles, and Concepts**

• “There are three ways in which the Book of Mormon is the keystone of our religion. It is the keystone in our witness of Christ. It is the keystone of our doctrine. It is the keystone of testimony” (Ezra Taft Benson, “The Book of Mormon—Keystone of Our Religion,” 5).

**Lesson 21: The Organization of The Church of Jesus Christ of Latter-day Saints**

**Suggested Lesson Material**

• Doctrine and Covenants 1; 20.


**Key Doctrine, Principles, and Concepts**

• “We have basic cornerstones on which this great latter-day Church has been established by the Lord” (Gordon B. Hinckley, “Four Cornerstones of Faith,” 4).

**Lesson 22: The Restoration Continues: Additional Scripture, the Priesthood, and Messengers with Keys from Earlier Dispensations**

**Suggested Lesson Material**

• Joseph Smith—History 1:68–72; Doctrine and Covenants 110.


**Key Doctrine, Principles, and Concepts**

• “The place of the President of the Church and that of the Quorum of the First Presidency in having responsibility for the entire Church in all the world is clearly set forth in these revelations recorded in the Doctrine and Covenants” (Gordon B. Hinckley, “The Quorum of the First Presidency,” 46–47).

**Lesson 23: The Restoration of Many Plain and Precious Truths**

**Suggested Lesson Material**

• 1 Nephi 13:35–42.

**Key Doctrine, Principles, and Concepts**

- “These last records … shall establish the truth of the first, which are of the twelve apostles of the Lamb, and shall make known the plain and precious things which have been taken away from them” (1 Nephi 13:40).

**Lesson 24: The Restoration Continues: The Ordinances of the Holy Temple for Both the Living and the Dead and the Doctrine of Eternal Marriage and Family**

**Suggested Lesson Material**


**Key Doctrine, Principles, and Concepts**


**Lesson 25: Joseph Smith: The Great Prophet of the Final Restoration—His Legacy**

**Suggested Lesson Material**

- Doctrine and Covenants 135.

**Key Doctrine, Principles, and Concepts**

- “[The Prophet Joseph Smith] was the instrument in the hands of the Almighty. He was the servant acting under the direction of the Lord Jesus Christ in bringing to pass this great latter-day work” (Gordon B. Hinckley, “A Season for Gratitude,” 2).

**Lesson 26: The Restoration Continues: The Dispensation of the Fulness of Times**

**Suggested Lesson Material**


**Key Doctrine, Principles, and Concepts**

• “This is the true Church, the only true Church, because in it are the keys of the priesthood” (Henry B. Eyring, “The True and Living Church,” 20).
The Restored Gospel and World Religions (Religion 390R)

Course Objective: The objective of this course is to help students increase their understanding and conviction of the unique characteristics and divinely appointed mission of The Church of Jesus Christ of Latter-day Saints while also expanding their awareness of and respect for other religious traditions and organizations.

Note: The textbook *Religions of the World* (Spencer J. Palmer and others [1997]) is listed as suggested lesson material for lessons 9–14. This resource is available for purchase at store.lds.org. An older edition can also be accessed for free in ePub and PDF formats at https://archive.org/details/religionsofworld00palm#maincontent.

Lesson 1: The Ancient Church

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “Absolutely basic to our faith is our testimony of Jesus Christ as the Son of God, who under a divine plan was born in Bethlehem of Judea” (Gordon B. Hinckley, “Four Cornerstones of Faith,” 4).

Lesson 2: The Great Apostasy

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “This Great Apostasy followed the pattern that had ended each previous dispensation” (Russell M. Nelson, “The Gathering of Scattered Israel,” 79).

Lesson 3: Reformation Period

Suggested Lesson Material

Key Doctrine, Principles, and Concepts

• “Those forerunners to Joseph Smith, the long-prophesied seer of the last days …, did not have access to the fulness of the gospel, but their efforts were vitally important in laying the foundation for him” (Garr, “Preparing for the Restoration,” 34).

Lesson 4: Restoration

Suggested Lesson Material

• Joseph Smith—History.

Key Doctrine, Principles, and Concepts

• “The theology of the restored gospel of Jesus Christ is comprehensive, universal, merciful, and true” (Dallin H. Oaks, “Apostasy and Restoration,” 87).

Lesson 5: The Fulness of the Gospel

Suggested Lesson Material

• Doctrine and Covenants 1:30; 39:11.

Key Doctrine, Principles, and Concepts

• “Like Joseph [Smith], many of us find ourselves seeking the light of truth. Just as the world was prepared for the Restoration, each of us is prepared to receive the light of the gospel in our own lives” (Robert D. Hales, “Receiving a Testimony of the Restored Gospel of Jesus Christ,” Ensign or Liahona, Nov. 2003, 28–29).

Lesson 6: The Role of Religion in Society

Suggested Lesson Material

• Jeffrey R. Holland, “Religion: Bound by Loving Ties” (Brigham Young University devotional, Aug. 16, 2016), 1–8, speeches.byu.edu.

Key Doctrine, Principles, and Concepts

• “People of faith have cause to believe not only in the good of their own religion but also in the good of religion in general” (“The Relevance of Religion,” mormonnewsroom.org).
Lesson 7: Religious Freedom

Suggested Lesson Material


Key Doctrine, Principles, and Concepts


Lesson 8: Religious Tolerance

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

• “Our commitment to the Savior causes us to scorn sin yet heed His commandment to love our neighbors” (Russell M. Nelson, “Teach Us Tolerance and Love,” 71).

Lesson 9: Buddhism

Suggested Lesson Material


• Spencer J. Palmer and others, Religions of the World [1997], 49–72.

Key Doctrine, Principles, and Concepts

• “The restored gospel of Jesus Christ teaches that God and man are self-conscious, self-determining beings who know how to make plans and execute them” (Palmer, “Buddhism,” 73).

Lesson 10: Confucianism

Suggested Lesson Material


• Spencer J. Palmer and others, Religions of the World [1997], Brigham Young University, 100–10.

Key Doctrine, Principles, and Concepts

• “The ultimate purpose of the gospel of Jesus Christ is the regeneration and perfection of human souls, which is largely brought to pass by obedience to moral law” (Palmer, “Confucianism,” 52).
Lesson 11: Hinduism

Suggested Lesson Material

- Spencer J. Palmer and others, Religions of the World [1997], Brigham Young University, 15–16.

Key Doctrine, Principles, and Concepts

- “That which we can accept in principle as virtuous, lovely, or of good report, or praiseworthy might well be implemented into our lives in a practical and real way” (Horsley, “Hinduism,” 75).

Lesson 12: Other Eastern Religions

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “If we expect to achieve missionary success in Asian lands, we must have a more complete understanding of the peoples’ ways of thinking and believing” (Britsch, “Latter-day Saints and Eastern Religions,” 6–7).

Lesson 13: Islam

Suggested Lesson Material

- Spencer J. Palmer and others, Religions of the World [1997], Brigham Young University, 213–42.

Key Doctrine, Principles, and Concepts

- “A well-known teaching in Islam is that ‘we come out from God and to him we shall return’” (Nibley, “Islam and Mormonism—a Comparison,” 64).

Lesson 14: Judaism

Suggested Lesson Material

- Spencer J. Palmer and others, Religions of the World [1997], Brigham Young University, 136–86.
Key Doctrine, Principles, and Concepts

• “The mission of Abraham’s descendants through Israel was … to bear the witness of the true and living God unto the nations of all the world, and to bring the blessings of his acquaintance and his covenants to all” (Rasmussen, “Judaism,” 49).

Lesson 15: Roman Catholicism

Suggested Lesson Material


• Francis E. George, “Catholics and Latter-day Saints: Partners in the Defense of Religious Freedom” (Brigham Young University forum, Feb. 23, 2010), 1–9, speeches.byu.edu.

Key Doctrine, Principles, and Concepts

• “The sacrament of holy matrimony is regarded as a very sacred covenant instituted by the Savior for those who marry” (Horsley, “Roman Catholicism,” 52).

Lesson 16: Eastern Orthodoxy

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

• “Through baptism, Eastern Christians maintain, recipients are cleansed of their personal sins and the original sin and become members of the earthly kingdom of God” (Backman, “Eastern Orthodoxy,” 51).

Lesson 17: Lutheranism

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

• “In addition to justification by faith as a first principle, both Lutheranism and Mormonism teach salvation by grace through the atonement of Jesus Christ, whom they recognize as the sole head of the church” (Horsley, “Lutheranism,” 39).

Lesson 18: Reformed Protestantism

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

• “Latter-day Saints agree with Calvin’s emphasis on forgiveness through the atoning sacrifice of Christ and that baptism is ineffective without an inward
change, but they would insist that baptism is a definite requirement for admission into the kingdom of heaven” (Cowan, “Reformed Protestantism,” 31).

Lesson 19: Anglican/Episcopalian and Methodist

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “At least two significant religious movements have grown out of the Church of England. They are the Methodist and Protestant Episcopal churches of America” (Christensen, “The Church of England,” 59).

Lesson 20: Evangelical Christians, or Born-Again Christians

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “Surely there is a way for people of goodwill who love God and have taken upon themselves the name of Christ to stand together for the cause of Christ and against the forces of sin” (Jeffrey R. Holland, “Standing Together for the Cause of Christ,” 44).

Lesson 21: Factions from The Church of Jesus Christ of Latter-day Saints

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “The groundwork for the Restoration took many years to lay, yet hardly had the Church been organized when men began to break off and form other organizations. There are many reasons for such active dissent, and most of the reasons still apply among people who leave the Church today to found other groups: an obsession with one teaching rather than finding a balanced view, disagreement with a Church position or principle—especially when a change is made—and disobedience to priesthood leaders and their authority” (Rich, “Nineteenth-Century Break-offs,” 68).
Lesson 22: Living Prophets and Apostles

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

• “Are the heavens open? Does God reveal His will to prophets and apostles as in days of old? That they are and that He does is the unflinching declaration of The Church of Jesus Christ of Latter-day Saints to all the world” (“Prophets, Seers, and Revelators,” *Ensign or Liahona*, Nov. 2004, 8).

Lesson 23: The Canon of Scripture

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

• “Scriptures of the Restoration do not compete with the Bible; they complement the Bible” (Russell M. Nelson, “Scriptural Witnesses,” *Ensign or Liahona*, Nov. 2007, 43).

Lesson 24: Priesthood

Suggested Lesson Material

• Gary E. Stevenson, “Where Are the Keys and Authority of the Priesthood?” *Ensign or Liahona*, May 2016, 29–32.


Key Doctrine, Principles, and Concepts

• “The priesthood is the power of God used to bless all of His children, male and female. … The authority of the priesthood functions in the family and in the Church, according to the principles the Lord has established” (“Dallin H. Oaks, “Priesthood Authority in the Family and the Church,” *Ensign or Liahona*, Nov. 2005, 25–26).

Lesson 25: Grace and Works

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

• “We believe that only as we rely on the Savior’s grace and demonstrate our changed nature through obedience to His laws and ordinances may we receive eternal life” (M. Russell Ballard, “Building Bridges of Understanding,” Ensign, June 1998, 65).

Lesson 26: Becoming Like God

Suggested Lesson Material

• “Becoming Like God,” Gospel Topics, topics.lds.org.


Key Doctrine, Principles, and Concepts

• “To be exalted—or to gain exaltation—refers to the highest state of happiness and glory in the celestial realm. These blessings can come to us after we leave this frail and mortal existence” (Russell M. Nelson, “Salvation and Exaltation,” Ensign or Liahona, May 2008, 8).

Lesson 27: A Light to the World

Suggested Lesson Material


• Von G. Keetch, “An Example of the Believers” (Brigham Young University–Idaho devotional, June 14, 2016, byui.edu).

Key Doctrine, Principles, and Concepts

• “The growing prominence of the Church and the increasing inquiries from others present us with great opportunities to build bridges, make friends, and pass on accurate information” (M. Russell Ballard, “Faith, Family, Facts, and Fruits,” Ensign or Liahona, Nov. 2007).

Lesson 28: The Global Church

Suggested Lesson Material

• Daniel 2:34–35, 44–45; Doctrine and Covenants 65:2.


Key Doctrine, Principles, and Concepts

• “Mormonism, so-called, is a world religion, not simply because its members are now found throughout the world, but chiefly because it has a comprehensive and inclusive message based upon the acceptance of all truth, restored to meet the needs of all mankind” (Howard W. Hunter, “The Gospel—a Global Faith,” Ensign, Nov. 1991, 18–19).
The Writings of John the Beloved (Religion 390R)

Lesson 1: Introduction to John the Beloved

Suggested Lesson Material

- Bible Dictionary, “John.”
- Bible Dictionary, “John, Epistles of.”
- Bible Dictionary, “John, Gospel of.”

Key Doctrine, Principles, and Concepts

- As we prayerfully study and apply the teachings of John, our faith in the Savior and His divine mission can increase.

Lesson 2: John 1

Key Doctrine, Principles, and Concepts

- Jesus Christ was a God in premortality and the Creator under the direction of Heavenly Father (see John 1:1–3).
- If we receive and follow the Savior, He will give us power to become exalted sons and daughters of God (see John 1:12).
- As we accept the invitation to learn of and follow Jesus Christ, we will receive our own witness of Him (see John 1:35–51).

Lesson 3: John 2

Key Doctrine, Principles, and Concepts

- The Savior knew He had a divine mission to fulfill (see John 2:1–11).
- Jesus Christ has power over the physical elements (see John 2:1–11).
- The temple is the House of God, and we should show reverence for it (see John 2:12–17).

Lesson 4: John 3–4

Key Doctrine, Principles, and Concepts

- We must be born of water and the Spirit to enter the kingdom of God (see John 3:3–5).
- Heavenly Father sent His Only Begotten Son to save those who believe in and obey Him (see John 3:14–21).
- If we come unto Jesus Christ and earnestly partake of His gospel, He will bless us with eternal life (see John 4:10–14).
Lesson 5: John 5–6
Key Doctrine, Principles, and Concepts
• Through the power and mercy of Jesus Christ, we can be made whole (see John 5:1–9).
• If we internalize, or apply, the teachings and Atonement of Jesus Christ, we can receive eternal life (see John 6:32–58).

Lesson 6: John 7
Key Doctrine, Principles, and Concepts
• If we do Heavenly Father’s will, we will receive a testimony of His doctrine (see John 7:17).

Lesson 7: John 8–10
Key Doctrine, Principles, and Concepts
• If we follow the Savior, we will avoid spiritual darkness and be filled with His light (see John 8:12).
• As we exercise faith in Jesus Christ, our spiritual vision and understanding become clearer (see John 9).
• If we come to know the Good Shepherd’s voice and follow Him, He will lead us to eternal life (see John 10:1–29).

Lesson 8: John 11
Key Doctrine, Principles, and Concepts
• Jesus Christ has power over death and is “the resurrection, and the life” (see John 11:1–44).

Lesson 9: John 12–13
Key Doctrine, Principles, and Concepts
• Miracles alone do not cause us to believe in Jesus Christ (see John 12:9–19, 34–37).
• If we choose to believe in Jesus Christ, we will not live in spiritual darkness (see John 12:42–46).
• Following the Savior’s example of serving others brings us happiness (see John 13:1–17).

Lesson 10: John 14–16
Key Doctrine, Principles, and Concepts
• We show our love for the Lord by keeping His commandments (see John 14:15).
• If we abide in the Lord by keeping His commandments, His love will abide in us and we will bring forth righteous works (see John 15:4–10).
• The Holy Ghost can guide us to all truth and show us things to come (see John 16:7–13).

Lesson 11: John 17
Key Doctrine, Principles, and Concepts
• To receive eternal life, we must come to know Heavenly Father and His Son, Jesus Christ (see John 17:1–3).
• True disciples of Jesus Christ are in the world but not of the world (see John 17:8–16).

Lesson 12: John 18–19
Key Doctrine, Principles, and Concepts
• Placing our own interests ahead of doing what is right will lead us to sin (see John 18:28–19:16).
• We can follow the Savior’s example by choosing to help others even when we ourselves are in need (see John 19:25–27).

Lesson 13: John 20–21
Key Doctrine, Principles, and Concepts
• Jesus Christ overcame death through His resurrection (see John 20:1–20).
• By choosing to believe the testimonies of the prophets and apostles concerning Jesus Christ, we can receive eternal life (see John 20:31).
• When we love Heavenly Father and the Savior more than anything else, we will feed Their sheep (see John 21:10–17).

Lesson 14: 1 John
Key Doctrine, Principles, and Concepts
• If we receive and follow the teachings of the prophets and apostles, we can have fellowship with the Father and the Son (see 1 John 1:1–7).
• Jesus Christ is our Advocate with the Father, and He paid the price for our sins (see 1 John 2:1–3).
• We show our love for God when we love and serve one another (see 1 John 3:10–23).

Lesson 15: 2 John and 3 John
Key Doctrine, Principles, and Concepts
• If we continue to abide in the doctrine of Jesus Christ, we will have the Father and the Son with us (see 2 John 1:6–9).
• Living the gospel not only brings joy to ourselves, but also to others (see 3 John 1:3–4).
Lesson 16: Revelation 1

Key Doctrine, Principles, and Concepts

• Jesus Christ watches over and cares for His faithful followers (see Revelation 1:12–20).

Lesson 17: Revelation 2–3

Key Doctrine, Principles, and Concepts

• Because the Lord knows each of us, He can give us personal commendation and correction (see Revelation 2:2–6, 8–9, 13–16, 19–20).

• Because the Lord loves us, He corrects us so we will repent (Revelation 3:19).

Lesson 18: Revelation 4

Key Doctrine, Principles, and Concepts

• As we recognize Heavenly Father’s greatness, we desire to worship and praise Him (see Revelation 4:2–11).

Lesson 19: Revelation 5

Key Doctrine, Principles, and Concepts

• Jesus Christ is the only one who is worthy and able to redeem us (see Revelation 5:9–13).

Lesson 20: Revelation 6–7

Key Doctrine, Principles, and Concepts

• If we endure tribulation faithfully and become pure through Jesus Christ’s Atonement, we will enjoy celestial glory with Him and Heavenly Father (see Revelation 7:13–17).

Lesson 21: Revelation 8–9

Key Doctrine, Principles, and Concepts

• The Lord’s judgments will come upon the wicked who do not repent (see Revelation 9:20–21).

Lesson 22: Revelation 10–11

Key Doctrine, Principles, and Concepts

• Although Satan may prevail at times against the righteous, the righteous will ultimately prevail through the power of the Lamb of God (see Revelation 11).

Lesson 23: Revelation 12–14

Key Doctrine, Principles, and Concepts

• We can overcome Satan in his war against us by relying on the Atonement of Jesus Christ and remaining true to our testimony of Him (see Revelation 12:9–11).
• God restored the gospel in the last days to prepare the earth’s inhabitants for the Second Coming of Jesus Christ (see Revelation 14:6–7).

Lesson 24: Revelation 15–16
Key Doctrine, Principles, and Concepts
• If we are watchful and spiritually ready, we will be prepared for the Second Coming of Jesus Christ (see Revelation 16:15).

Lesson 25: Revelation 17–18
Key Doctrine, Principles, and Concepts
• In the last days, Jesus Christ will overcome the wickedness of the world (see Revelation 17:14).
• Separating ourselves from the wickedness of the world helps us avoid sin and the judgments that will come upon the wicked in the last days (see Revelation 18:1–5).

Lesson 26: Revelation 19
Key Doctrine, Principles, and Concepts
• If we are clean and righteous, we will be ready for the Second Coming of the Lord (see Revelation 19:7–10).

Lesson 27: Revelation 20
Key Doctrine, Principles, and Concepts
• If we are faithful to Jesus Christ, we will have part in the First Resurrection and reign with Him during the Millennium (see Revelation 20:4–6)
• Jesus Christ will judge us out of the books that have been written, according to our works (see Revelation 20:12–15).

Lesson 28: Revelation 21–22
Key Doctrine, Principles, and Concepts
• In the celestial kingdom, God will dwell with and comfort His people, and they will no longer experience, death, sorrow, or pain (see Revelation 21:1–7).
• If we keep the commandments, we will inherit all the blessings of the Atonement of Jesus Christ and enter the celestial kingdom (see Revelation 22:14).
Women in the Scriptures (Religion 390R)

Course Objective: Students will learn from the attributes and contributions of women mentioned in the four standard works of the Church.

Lesson 1: Introduction and Course Overview

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “Women hold a special place in our Father’s plan for the eternal happiness and well-being of His children” (Dieter F. Uchtdorf, “The Influence of Righteous Women,” 5).
- “The lives of women in the Church are a powerful witness that spiritual gifts, promises, and blessings of the Lord are given to all those who qualify, ‘that all may be benefited’ [Doctrine and Covenants 46:9]” (Dieter F. Uchtdorf, “The Influence of Righteous Women,” 7).

Lesson 2: Eve

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- “As His final creation, the crowning of His glorious work, [our Heavenly Father] created woman. I like to regard Eve as His masterpiece after all that had gone before, the final work before He rested from His labors” (Gordon B. Hinckley, “Daughters of God,” 99).

Lesson 3: Sarah

Suggested Lesson Material

- Genesis 11–24; Abraham 1–2.
Key Doctrine, Principles, and Concepts

- “Certainly nothing is impossible with the Lord. His promises are fulfilled” (Spencer W. Kimball, “The Rewards, the Blessings, the Promises,” 17).

Lesson 4: Rebekah

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

- If we develop righteous qualities now, we will be prepared for the work and the blessings the Lord has prepared for us (see Genesis 24:10–28).

Lesson 5: Rachel and Leah

Suggested Lesson Material

- Genesis 29–35.

Key Doctrine, Principles, and Concepts

- The Lord remembers the faithful and will bless them in their afflictions (see Genesis 29:29–35; 30:22).
- “Let us remember the reply of Rachel and Leah to Jacob in the Old Testament. It was simple and straightforward and showed their commitment: ‘Whatsoever God hath said unto thee, do’ (Genesis 31:16)” (Dieter F. Uchtdorf, “Brother, I’m Committed,” 4).

Lesson 6: Ruth and Naomi

Suggested Lesson Material

- Ruth 1–4.

Key Doctrine, Principles, and Concepts

- When we show love and kindness to others, we invite the Lord’s blessings into our lives (see Ruth 2:11).
- If we choose to trust and follow the Lord, He will reward us for our faith (see Ruth 2:12).

Lesson 7: Hannah

Suggested Lesson Material

- 1 Samuel 1–2.

**Key Doctrine, Principles, and Concepts**

• When we ask the Lord to bless us, we must be willing to use those blessings to serve Him (see 1 Samuel 1:11–28).

• Righteous mothers help their children serve the Lord and come to Him (see 1 Samuel 1:11; 27–28).

**Lesson 8: Abigail**

**Suggested Lesson Material**

• 1 Samuel 25:1–42.


**Key Doctrine, Principles, and Concepts**

• Our righteous choices can bless not only us but also those around us (see 1 Samuel 25:18–35).

**Lesson 9: The Widow of Zarephath**

**Suggested Lesson Material**

• 1 Kings 17.


**Key Doctrine, Principles, and Concepts**

• Before we can receive the Lord’s promised blessings, we must first act in faith (see 1 Kings 17:10–16).

**Lesson 10: Esther**

**Suggested Lesson Material**

• Esther 1–10.


• Mary Ellen Smoot, “For Such a Time as This,” Ensign, Nov. 1997, 86–88.

**Key Doctrine, Principles, and Concepts**

• The Lord can place us in particular circumstances so that we can help others (see Esther 4:14).

• If we courageously do what is right, many people can be blessed by our actions (see Esther 4–9).
Lesson 11: Mary the Mother of Jesus
Suggested Lesson Material
• Matthew 1–2; Luke 1–2; John 2:2–5; 19:25–27.
• Jeffrey R. Holland, “Behold Thy Mother,” Ensign or Liahona, Nov. 2015, 47–50.

Key Doctrine, Principles, and Concepts
• As we accept and magnify God’s will, He can do great things through us (see Luke 1:30–50).

Lesson 12: Anna and Elizabeth
Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• If we are faithful to the Lord, He will bless us with spiritual witnesses of His work, which we can then share with others (see Luke 1:39–45; 2:36–38).
• “Anna and Simeon were eyewitnesses to the infant, but, just like the Apostles, their knowledge of his divine mission came through the witness of the Holy Ghost” (Dallin H. Oaks, “Witnesses of Christ,” 30).

Lesson 13: The Woman at the Well
Suggested Lesson Material
• John 4:1–42.

Key Doctrine, Principles, and Concepts
• As we gain a testimony of Jesus Christ, we are filled with a desire to share it with others so they can receive their own witness (see John 4:25–30, 39–42).
• “By living the gospel of Jesus Christ, we develop within ourselves a living spring that will quench eternally our thirst for happiness, peace, and everlasting life” (Joseph B. Wirthlin, “Living Water to Quench Spiritual Thirst,” 18).

Lesson 14: Mary and Martha
Suggested Lesson Material

**Key Doctrine, Principles, and Concepts**
• “We have to forego some good things in order to choose others that are better or best because they develop faith in the Lord Jesus Christ and strengthen our families” (Dallin H. Oaks, “Good, Better, Best,” 107).

**Lesson 15: The Woman with the Issue of Blood**

**Suggested Lesson Material**
• Mark 5:24–34.

**Key Doctrine, Principles, and Concepts**
• If we demonstrate our faith in Jesus Christ through our efforts to come to Him, He can make us whole (see Mark 5:24–34).

**Lesson 16: The Woman Taken in Adultery**

**Suggested Lesson Material**
• John 8.

**Key Doctrine, Principles, and Concepts**
• “Somehow forgiveness, with love and tolerance, accomplishes miracles that can happen in no other way” (Gordon B. Hinckley, “Forgiveness,” 84).

**Lesson 17: Mary Magdalene**

**Suggested Lesson Material**

**Key Doctrine, Principles, and Concepts**
• As we gain a testimony of Jesus Christ, we have a responsibility to testify of Him to others (see John 20:11–18).
• “Many who think that life is unfair do not see things within the larger vision of what the Savior did for us through the Atonement and the Resurrection” (James E. Faust, “Woman, Why Weepest Thou?” 52).

**Lesson 18: Tabitha**

**Suggested Lesson Material**
• Acts 9:36–42.
Key Doctrine, Principles, and Concepts
• “To me the scriptural reference to Tabitha, which describes her as a woman ‘full of good works and almsdeeds,’ defines some of the fundamental responsibilities of Relief Society; namely, the relief of suffering, the caring for the poor, and all which that implies” (Thomas S. Monson, “Be Thou an Example,” 99).

Lesson 19: Sariah
Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• Righteous mothers and fathers help their children to know of the goodness of God through their teaching and example (see 1 Nephi 1–18).

Lesson 20: Abish
Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• “Whether it be Mother Sariah or the maid Abish, servant to the Lamanite queen, each made contributions that were unacknowledged by the eyes of men but not unseen by the eyes of God” (Howard W. Hunter, “No Less Serviceable,” 65).

Lesson 21: King Lamoni’s Wife
Suggested Lesson Material
• Alma 18:43–19:36.

Key Doctrine, Principles, and Concepts
• “It is important to understand the relationship between spiritual gifts and the Spirit of Christ, manifestations of the Holy Ghost, and the gift of the Holy Ghost” (Dallin H. Oaks, “Spiritual Gifts,” 68).

Lesson 22: Mothers of the Stripling Warriors
Suggested Lesson Material

Key Doctrine, Principles, and Concepts
• Mothers and fathers whose faith and testimony in the Lord is firm can have a powerful influence on the faith of their children.
Lesson 23: Lucy Mack Smith

Suggested Lesson Material
- Mary N. Cook, “Be an Example of the Believers,” *Ensign or Liahona*, Nov. 2010, 80–82.

Key Doctrine, Principles, and Concepts
- “Like Lucy, we must show our children and youth how to strengthen their faith and testimony of Jesus Christ by strengthening our own through studying the scriptures and through prayer, personally as well as with them” (Mary N. Cook, “Be an Example of the Believers,” 80).

Lesson 24: Emma Hale Smith

Suggested Lesson Material
- Doctrine and Covenants 25.

Key Doctrine, Principles, and Concepts
- We can find joy and comfort in cleaving to the covenants we have made with God (see Doctrine and Covenants 25:13).

Lesson 25: Vienna Jaques

Suggested Lesson Material

Key Doctrine, Principles, and Concepts
- “Eternal vision allows us to overcome opposition in our temporal state and, ultimately, achieve the promised rewards and blessings of eternal life” (Robert D. Hales, “Behold We Count Them Happy Which Endure,” 76–77).

Lesson 26: The Widows and the Fatherless

Suggested Lesson Material
- Doctrine and Covenants 83.
Key Doctrine, Principles, and Concepts

• “The word *widow* appears to have had a most significant meaning to our Lord” (Thomas S. Monson, “The Long Line of the Lonely,” 2).

Lesson 27: Women and Priesthood Power

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

• “Let us never forget that we are the sons and daughters of God, equal in His sight with differing responsibilities and capabilities assigned by Him and given access to His priesthood power” (Russell M. Ballard, “Men and Women and Priesthood Power,” 28).

Lesson 28: Women in the Church

Suggested Lesson Material


Key Doctrine, Principles, and Concepts

• “Your intuition is to do good and to be good, and as you follow the Holy Spirit, your moral authority and influence will grow” (D. Todd Christofferson, “The Moral Force of Women,” 31).