O God, Our Help in Ages Past

With dignity \( \frac{4}{4} \) \( \frac{3}{2} \)

1. O God, our help in ages past, Our hope for years to come,
2. With in the shadow of thy throne, Still may we dwell secure.
3. Before the hills in order stood, Or earth received her frame,
4. O God, our help in ages past, Our hope for years to come,

Our shelter from the stormy blast, And our eternal home.
Sufficient is thine arm alone, And our defense is sure.
From everlasting thou art God, To endless years the same.
Be thou our guide while life shall last, And our eternal home.

Text: Isaac Watts, 1674–1748. Included in the first
LDS hymnbook, 1835.
Music: William Croft, 1677–1727

Psalm 90:1–2; 91:1–2
Psalm 48:14