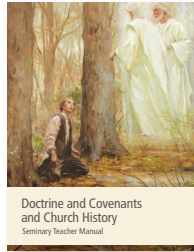


Doctrine and Covenants and Church History



Doctrine and Covenants 76— Official Declaration 2 Learning Assessment

Form A



SEMINARIES AND
INSTITUTES OF RELIGION

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS



Doctrine and Covenants 76—Official Declaration 2

Duration: 01:00 Hours	Max marks: 32	Total items: 32
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Read instructions before you start the test:

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Use a no. 2 or HB pencil. Indicate your response by completely filling in the bubble on your answer sheet.

Section name: Multiple Choice

1. Who will receive a place in a kingdom of glory? (1 mark)
- a) Every individual born into mortality
 - b) All of God's children except the sons of perdition
 - c) Only individuals who are worthy of exaltation

Answer: All of God's children except the sons of perdition

Feedback: Everyone will inherit a kingdom of glory except for the sons of perdition (see D&C 76:30–35).

2. Which of the following is a specific responsibility mentioned in the oath and covenant of the priesthood? (1 mark)
- a) To magnify their callings
 - b) To pay a generous fast offering
 - c) To not be idle

Answer: To magnify their callings

Feedback: Doctrine and Covenants 84:31–44

3. Because of the Atonement of Jesus Christ, in the Resurrection all individuals will receive _____. (1 mark)
- a) at least a terrestrial glory
 - b) celestial glory
 - c) glory according to the law they obeyed

Answer: glory according to the law they obeyed

Feedback: Doctrine and Covenants 88:21–24

4. Which of the following blessings does God offer to those who keep the Word of Wisdom? (1 mark)
- a) They will not be burned at the Second Coming.
 - b) Their bodies will be protected from all illness.
 - c) They will receive wisdom and great treasures of knowledge.

Answer: They will receive wisdom and great treasures of knowledge.

Feedback: “I have come to know . . . that a fundamental purpose of the Word of Wisdom has to do with revelation. . . . If someone ‘under the influence’ can hardly listen to plain talk, how can they respond to spiritual promptings that touch their most delicate feelings? As valuable as the Word of Wisdom is as a law of health, it may be much more valuable to you spiritually than it is physically” (Boyd K. Packer, “Prayers and Answers,” *Ensign*, Nov. 1979, 20; see D&C 89:18–19).

5. To be endowed in the temple means to receive _____. (1 mark)
- a) a guarantee of eternal life
 - b) spiritual power and knowledge
 - c) unique physical gifts from the Lord

Answer: spiritual power and knowledge

Feedback: Doctrine and Covenants 95:8; 109:22–23

6. What does the existence of the precious truths in the Pearl of Great Price teach us about the Prophet Joseph Smith? (1 mark)
- a) He no longer needed the power of God to help him translate.
 - b) He was a prophet, seer, and revelator.
 - c) He is the only prophet of this dispensation that can receive new scripture.

Answer: He was a prophet, seer, and revelator.

Feedback: The Pearl of Great Price shows that Joseph Smith was a prophet, seer, and revelator.

7. As watchmen on the tower, modern prophets have a responsibility to _____. (1 mark)
- a) warn us of coming dangers
 - b) stop Satan from tempting members of the Church
 - c) change truth to fit modern times

Answer: warn us of coming dangers

Feedback: Doctrine and Covenants 101:43–62

8. What is a bishop's or branch president's main responsibility when a teenager confesses sin to him? (1 mark)
- a) To prevent the person from being part of the Church
 - b) To help the person receive forgiveness of the sins and regain peace of mind
 - c) To inflict severe consequences and punishments for sinning

Answer: To help the person receive forgiveness of the sins and regain peace of mind

Feedback: “Church discipline is an inspired process that takes place over a period of time. Through this process and through the Atonement of Jesus Christ, a member can receive forgiveness of sins, regain peace of mind, and gain strength to avoid transgression in the future” (*True to the Faith: A Gospel Reference* [2004], 38; see D&C 102).

9. Who visited the Prophet Joseph Smith and Oliver Cowdery in the Kirtland Temple to restore priesthood keys? (1 mark)

- a) Jeremiah, Isaiah, and Malachi
- b) Moses, Elias, and Elijah
- c) Abraham, Isaac, and Jacob

Answer: Moses, Elias, and Elijah

Feedback: Moses, Elias, and Elijah appeared and restored priesthood keys to the Prophet Joseph Smith and Oliver Cowdery in the Kirtland Temple. Moses restored the keys of the gathering of Israel (see D&C 110:11). Elias restored the dispensation of the gospel of Abraham (see D&C 110:12). Elijah restored the keys of the current dispensation (see D&C 110:13–16).

10. According to the Doctrine and Covenants, what are tithing funds used for? (1 mark)

- a) They are the main fund the Church uses to support the poor and the needy.
- b) They are used to build temples and to accomplish the work of the Lord.
- c) They are used to pay ward and branch members for serving in the Church.

Answer: They are used to build temples and to accomplish the work of the Lord.

Feedback: Doctrine and Covenants 119:2

11. While the Prophet Joseph Smith was falsely imprisoned in Liberty Jail, the Lord taught him that adversity and affliction _____ . (1 mark)

- a) will not occur if we trust in God
- b) are always a consequence of our poor choices
- c) can give us experience and be for our good

Answer: can give us experience and be for our good

Feedback: Doctrine and Covenants 122:7

12. Which of the following is a true statement about Relief Society? (1 mark)

- a) It was divinely organized to assist in the work of salvation.
- b) It was established during the trek west to help Saints who were suffering.
- c) It did not exist during the lifetime of the Prophet Joseph Smith.

Answer: It was divinely organized to assist in the work of salvation.

Feedback: “Relief Society was established to help prepare daughters of God for the blessings of eternal life. The purposes of Relief Society are to increase faith and personal righteousness, strengthen families and homes, and provide relief by seeking out and helping those in need” (*Daughters in My Kingdom: The History and Work of Relief Society*, [2011], xi). President Joseph F. Smith stated, “This organization [Relief Society] is divinely made, divinely authorized, divinely instituted, divinely ordained of God to minister for the salvation of the souls of women and of men” (*Teachings of Presidents of the Church: Joseph F. Smith* [1998], 184).

13. A man and a woman will receive eternal life and glory if _____. (1 mark)

- a) they love each other more than they love themselves
- b) they keep the new and everlasting covenant of marriage they made in the temple
- c) they are married in the temple

Answer: they keep the new and everlasting covenant of marriage they made in the temple

Feedback: Doctrine and Covenants 132:19–21

14. Why do our ancestors who die without having a knowledge of the gospel need us to perform ordinances for them in the temple? (1 mark)
- a) Without these ordinances, our ancestors cannot progress toward eternal life.
 - b) Without these ordinances, our ancestors cannot be saved in any kingdom of glory.
 - c) Without these ordinances, our ancestors will not be resurrected.

Answer: Without these ordinances, our ancestors cannot progress toward eternal life.

Feedback: “Through your participation in family history work, you and your ancestors progress toward salvation” (*True to the Faith: A Gospel Reference* [2004], 64; see D&C 128:15; 138:32–34).

15. Marriage between one man and one woman is the Lord’s standing law. When is the only time plural marriage is justified? (1 mark)
- a) When there are more women than men in the Church
 - b) Whenever local laws and traditions allow members to practice it without breaking the law
 - c) When the Lord authorizes it through the priesthood keys given to the President of the Church

Answer: When the Lord authorizes it through the priesthood keys given to the President of the Church

Feedback: Doctrine and Covenants 132:45, 48

16. When the President of the Church dies, which quorum becomes the presiding quorum of the Church? (1 mark)
- a) The Quorum of the Twelve Apostles
 - b) The Quorum of the First Presidency
 - c) The Presiding Bishopric

Answer: The Quorum of the Twelve Apostles

Feedback: “I think it must be conceded that the apostles could not be equal in authority with the Presidency when the First Presidency is fully and properly organized. There could not be two heads—or three heads—of equal authority at the same time, for such a thing would lead to confusion. Hence the apostles are equal, as has been stated, in that they have power to assume control of the affairs of the Church when the Presidency is dissolved by the death of the President” (Joseph Fielding Smith, *Doctrines of Salvation*, comp. Bruce R. McConkie [1954], 1:255; see D&C 107:23–24).

17. Which of the following shows the correct chronological order (first to last) of places the Saints were told to gather to? (1 mark)
- a) A stake in their homeland; Nauvoo, Illinois; Winter Quarters, Nebraska; Salt Lake City, Utah
 - b) Nauvoo, Illinois; Winter Quarters, Nebraska; Salt Lake City, Utah; a stake in their homeland
 - c) Winter Quarters, Nebraska; Nauvoo, Illinois; Salt Lake City, Utah; a stake in their homeland

Answer: Nauvoo, Illinois; Winter Quarters, Nebraska; Salt Lake City, Utah; a stake in their homeland

Feedback: The Saints were expelled from Missouri during the winter of 1838–39 and gathered to Nauvoo, Illinois. In February 1846 the Saints began to leave Nauvoo, Illinois, and cross the territory of Iowa to Winter Quarters, Nebraska. The first group of pioneers left Winter Quarters on April 5, 1847, and arrived in the Salt Lake Valley in late July 1847. “Stakes of Zion are . . . being organized at the ends of the earth. . . . Every stake on earth is the gathering place for the lost sheep of Israel who live in its area. The gathering place for Peruvians is in the stakes of Zion in Peru, or in the places which soon will become stakes. The gathering place for Chileans is in Chile; for Bolivians it is in Bolivia; for Koreans it is in Korea; and so it goes through all the length and breadth of the earth. Scattered Israel in every nation is called to gather to the fold of Christ, to the stakes of Zion, as such are established in their nations” (“Come: Let Israel Build Zion,” *Ensign*, May 1977, 118; see D&C 115:6).

18. After the Savior visited the spirit world, what did righteous spirits there begin to do? (1 mark)
- a) They were all resurrected and began entering the highest kingdom of glory.
 - b) They began performing ordinances for those who had not received them.
 - c) They began teaching the gospel to those in spirit prison.

Answer: They began teaching the gospel to those in spirit prison.

Feedback: Doctrine and Covenants 138:29–32

19. According to Official Declaration 2, the Lord revealed that all worthy male Church members may _____. (1 mark)
- a) receive the ordinance of baptism
 - b) serve a mission at age 18
 - c) receive the priesthood and enjoy temple blessings

Answer: receive the priesthood and enjoy temple blessings

Feedback: Official Declaration 2

20. What principle is emphasized in Doctrine and Covenants 121:36, 41–42? (1 mark)
- a) Priesthood holders can draw upon the powers of heaven only if they live righteously.
 - b) If we actively seek to learn through study and faith, our faith in Jesus Christ will increase.
 - c) If we obey the Lord, He will always keep His promises to bless us.

Answer: Priesthood holders can draw upon the powers of heaven only if they live righteously.

Feedback: Doctrine and Covenants 121:36–37, 41–42

21. Which of the following accurately describes Heavenly Father? (1 mark)
- a) He is without feelings or emotions.
 - b) He is a personage of Spirit and can dwell in us.
 - c) He has a body of flesh and bones as tangible as man's.

Answer: He has a body of flesh and bones as tangible as man's.

Feedback: Doctrine and Covenants 130:22–23

22. Which of the following is a requirement for receiving exaltation in the celestial kingdom? (1 mark)
- a) Bearing testimony of the Savior is all that is needed.
 - b) Receiving a patriarchal blessing
 - c) Receiving and being valiant in the testimony of Jesus Christ

Answer: Receiving and being valiant in the testimony of Jesus Christ

Feedback: Doctrine and Covenants 76:50–70

23. Of the following groups, who will inherit the celestial kingdom? (1 mark)
- a) All children who die before they reach the age of accountability
 - b) All members of The Church of Jesus Christ of Latter-day Saints
 - c) All individuals who have been baptized

Answer: All children who die before they reach the age of accountability

Feedback: Doctrine and Covenants 137:10

24. Which eternal truth corrects the following worldly philosophy: “God doesn’t care how marriage is defined”? (1 mark)

- a) Every individual born into mortality is a child of God, and God loves each of us.
- b) Marriage between a man and a woman is ordained of God.
- c) God changes truth to meet the circumstances and needs of His children.

Answer: Marriage between a man and a woman is ordained of God.

Feedback: “We, the First Presidency and the Council of the Twelve Apostles of The Church of Jesus Christ of Latter-day Saints, solemnly proclaim that marriage between a man and a woman is ordained of God and that the family is central to the Creator’s plan for the eternal destiny of His children” (“The Family: A Proclamation to the World,” *Ensign* or *Liahona*, May 2017, 145).

25. Which eternal truth corrects the following worldly philosophy: “It isn’t as important for couples to have children today as it used to be”? (1 mark)

- a) Marriage between a man and a woman is the ideal setting for children to be born, reared, and nurtured.
- b) God has commanded that the sacred powers of procreation are to be employed only between a man and a woman who are lawfully wedded as husband and wife.
- c) God’s commandment for husbands and wives to have children remains in force today.

Answer: God’s commandment for husbands and wives to have children remains in force today.

Feedback: “The first commandment that God gave to Adam and Eve pertained to their potential for parenthood as husband and wife. We declare that God’s commandment for His children to multiply and replenish the earth remains in force” (“The Family: A Proclamation to the World,” *Ensign* or *Liahona*, May 2017, 145).

26. Which eternal truth corrects the following worldly philosophy: “As long as two individuals love each other, physical intimacy is acceptable”? (1 mark)

- a) Marriage between a man and a woman is the ideal setting for children to be born, reared, and nurtured.
- b) Marriage between a man and a woman is ordained of God.
- c) God has commanded that the sacred powers of procreation are to be employed only between a man and a woman who are lawfully wedded as husband and wife.

Answer: God has commanded that the sacred powers of procreation are to be employed only between a man and a woman who are lawfully wedded as husband and wife.

Feedback: “We further declare that God has commanded that the sacred powers of procreation are to be employed only between man and woman, lawfully wedded as husband and wife” (“The Family: A Proclamation to the World,” *Ensign* or *Liahona*, May 2017, 145).

27. Which eternal truth corrects the following worldly philosophy: “As governments continue to redefine marriage, God’s definition of marriage will change to reflect the values of modern society”? (1 mark)

- a) Marriage between a man and a woman is ordained of God.
- b) God has commanded that the sacred powers of procreation are to be employed only between a man and a woman who are lawfully wedded as husband and wife.
- c) Changes in the civil law do not change the moral law that God has established.

Answer: Changes in the civil law do not change the moral law that God has established.

Feedback: “We warn that the disintegration of the family will bring upon individuals, communities, and nations the calamities foretold by ancient and modern prophets. “We call upon responsible citizens and officers of government everywhere to promote those measures designed to maintain and strengthen the family as the fundamental unit of society” (“The Family: A Proclamation to the World,” *Ensign* or *Liahona*, May 2017, 145). Elder Neil L. Andersen of the Quorum of the Twelve Apostles stated: “[Recently,] the First Presidency and the Quorum of the Twelve published a letter to leaders of the Church across the world. In part it read: ‘Changes in the civil law do not, indeed cannot, change the moral law that God has established. God expects us to uphold and keep His commandments regardless of divergent opinions or trends in society’” (“Spiritual Whirlwinds,” *Ensign* or *Liahona*, May 2014, 19).

28. Which eternal truth corrects the following worldly philosophy: “The only purpose of marriage is for adults to find fulfillment and happiness”? (1 mark)

- a) Marriage between a man and a woman is the ideal setting for children to be born, reared, and nurtured.
- b) Marriage between a man and a woman is ordained of God.
- c) God has commanded that the sacred powers of procreation are to be employed only between a man and a woman who are lawfully wedded as husband and wife.

Answer: Marriage between a man and a woman is the ideal setting for children to be born, reared, and nurtured.

Feedback: “Children are entitled to birth within the bonds of matrimony, and to be reared by a father and a mother who honor marital vows with complete fidelity. Happiness in family life is most likely to be achieved when founded upon the teachings of the Lord Jesus Christ” (“The Family: A Proclamation to the World,” *Ensign* or *Liahona*, May 2017, 145). Elder Neil L. Andersen stated: “While many governments and well-meaning individuals have redefined marriage, the Lord has not. In the very beginning, God initiated marriage between a man and a woman—Adam and Eve. He designated the purposes of marriage to go far beyond the personal satisfaction and fulfillment of adults to, more importantly, advancing the ideal setting for children to be born, reared, and nurtured. Families are the treasure of heaven” (“Spiritual Whirlwinds,” *Ensign* or *Liahona*, May 2014, 19).

Section name: Explain Doctrine

Instructions: Write your answer on a piece of paper. Compare your response with the correct answer received from your teacher. After self-grading the explain-doctrine question, bubble in your answer sheet.

Self-grade your answer for each question:

- a. Yes, I explained this in my response.
- b. No, I left this out of my response.

29. What is an example of a truth that was restored through the Prophet Joseph Smith? Explain why the truth you chose can help you receive eternal life. (1 mark)

Answer: You may have written something similar to one of these statements: (1) Because of the Prophet Joseph Smith, we understand the plan of salvation. The plan gives us the knowledge that there was a life before this and that there will be one after this life. (2) The truth about the Godhead was restored through the Prophet Joseph Smith. God is our Father in Heaven, and we can become like Him and live with Him again. Heavenly Father, Jesus Christ, and the Holy Ghost are separate personages. (3) Through the Prophet Joseph Smith, we understand how God gives us revelation. God speaks to us through living prophets and apostles. We can receive revelation for our own personal life. (4) Some additional truths restored through the Prophet Joseph Smith include those related to saving ordinances and covenants, the Atonement of Jesus Christ, the gift of the Holy Ghost, prophets, eternal marriage, temple work for the living and the dead, and the Book of Mormon. There are many others.

30. What is an example of an ordinance that was restored through the Prophet Joseph Smith? Explain why the ordinance you chose can help you receive eternal life. (1 mark)

Answer: You may have written something similar to one of these statements: (1) The sealing ordinance. Our families can be sealed together in temples so that we can qualify for eternal life and live forever as families. We can also help deceased family members receive this and other temple ordinances. (2) The ordinance of baptism. By being baptized we are following the commandment of the Savior. Baptism is the first saving ordinance of the gospel. (3) Some additional ordinances restored through the Prophet Joseph Smith include confirmation, ordination to the priesthood (for men), the temple endowment, the sacrament, naming and blessing children, administering to the sick, father’s blessings and other blessings of comfort and counsel, dedicating homes, and patriarchal blessings.

31. What is an example of priesthood authority that was restored through the Prophet Joseph Smith? Explain why this authority of the priesthood can help you receive eternal life. (1 mark)

Answer: You may have written something similar to one of these statements: (1) The restoration of the Aaronic and Melchizedek Priesthoods through the Prophet Joseph Smith make it possible to receive the ordinances necessary for eternal life. (2) Elijah, Elias, and Moses appeared to the Prophet Joseph Smith and restored priesthood keys for temple work, eternal families, and missionary work to help us prepare for the Lord’s Second Coming. (3) Through the Prophet Joseph Smith, God restored the priesthood authority and priesthood keys necessary to perform all the ordinances necessary for eternal life. (4) Through the Prophet Joseph Smith, we also received an understanding that ordinances must be performed by the proper priesthood authority under the direction of someone who holds priesthood keys.

32. Share your personal thoughts on the importance of the Prophet Joseph Smith.

(1 mark)

Answer: You may have written something similar to thoughts expressed in the following statement: “Joseph Smith, the Prophet and Seer of the Lord, has done more, save Jesus only, for the salvation of men in this world, than any other man that ever lived in it. In the short space of twenty years, he has brought forth the Book of Mormon, which he translated by the gift and power of God, and has been the means of publishing it on two continents; has sent the fulness of the everlasting gospel, which it contained, to the four quarters of the earth; has brought forth the revelations and commandments which compose this book of Doctrine and Covenants, and many other wise documents and instructions for the benefit of the children of men; gathered many thousands of the Latter-day Saints, founded a great city, and left a fame and name that cannot be slain. He lived great, and he died great in the eyes of God and his people; and like most of the Lord’s anointed in ancient times, has sealed his mission and his works with his own blood” (D&C 135:3).



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- a) A stake in their homeland; Nauvoo, Illinois; Winter Quarters, Nebraska; Salt Lake City, Utah
 - b) Nauvoo, Illinois; Winter Quarters, Nebraska; Salt Lake City, Utah; a stake in their homeland
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- a) Marriage between a man and a woman is the ideal setting for children to be born, reared, and nurtured.
 - b) Marriage between a man and a woman is ordained of God.
 - c) God has commanded that the sacred powers of procreation are to be employed only between a man and a woman who are lawfully wedded as husband and wife.

Section name: Explain Doctrine

Instructions: Write your answer on a piece of paper. Compare your response with the correct answer received from your teacher. After self-grading the explain-doctrine question, bubble in your answer sheet.

Self-grade your answer for each question:

- a. Yes, I explained this in my response.
- b. No, I left this out of my response.

29. What is an example of a truth that was restored through the Prophet Joseph Smith? Explain why the truth you chose can help you receive eternal life. (1 mark)

30. What is an example of an ordinance that was restored through the Prophet Joseph Smith? Explain why the ordinance you chose can help you receive eternal life. (1 mark)

31. What is an example of priesthood authority that was restored through the Prophet Joseph Smith? Explain why this authority of the priesthood can help you receive eternal life. (1 mark)

32. Share your personal thoughts on the importance of the Prophet Joseph Smith. (1 mark)



Doctrine and Covenants 76—Official Declaration 2 Belief and Apply Survey

Read instructions before you start the test:

The Belief Survey and the Apply Survey are intended for your personal reflection and growth. Your honest responses to these survey questions will help you to ponder your belief and application of doctrine and principles you studied throughout the course.

These surveys are confidential, meaning your individual data is not available to teachers or your parents to review. You will be able to review your responses, which will help you set goals for self-improvement. If more than five students in your class choose to complete the survey, then an aggregated report will be shown to your teacher. Your teacher will not be able to see your individual responses on the Belief Survey and Apply Survey.

These surveys are also voluntary. You can choose to opt out of taking these surveys by choosing to not complete the surveys. Choosing to skip the Belief Survey and Apply Survey will not impact your grade or getting credit for seminary.

Please talk with your teacher if you have any other concerns or questions.

Read each statement below, and choose the responses that describe you. Then mark your answer in the spaces provided. There are two responses for each statement.

Use a no. 2 or HB pencil. Indicate your response by completely filling in the bubble on your answer sheet. Fill in each intended answer darkly on your answer sheet. Neatly erase all mistakes.

The Belief Survey and the Apply Survey are voluntary, anonymous surveys. Your honest responses to these survey questions will help you to ponder your belief and application of the following doctrine and principles. Read each statement below, and choose the response that describes you. Then mark your answer in the space provided. There are two responses for each statement.

	I _____ this is true.				How much do you care about this doctrine?			
	don't know if	sort of believe	believe	know	It is not important to me.	It is somewhat important to me.	It is important to me.	It is very important to me.
1. Heavenly Father loves all of His children.	A	B	C	D	E	F	G	H
2. Those who are valiant in the testimony of Jesus Christ and obedient to the principles of the gospel will dwell in the celestial kingdom in the presence of God the Father.	A	B	C	D	E	F	G	H
3. Through the Atonement of Jesus Christ, our Father in Heaven has provided the only way for us to be forgiven of our sins.	A	B	C	D	E	F	G	H
4. The fulness of the gospel has been restored, and The Church of Jesus Christ of Latter-day Saints is "the only true and living church upon the face of the whole earth" (D&C 1:30).	A	B	C	D	E	F	G	H
5. The President of the Church is the only person on the earth who receives revelation to direct the entire Church.	A	B	C	D	E	F	G	H
6. Individuals can receive revelation that can help them with their specific needs, responsibilities, and questions and help strengthen their testimonies.	A	B	C	D	E	F	G	H
7. The priesthood is the eternal power and authority of God.	A	B	C	D	E	F	G	H
8. Temple ordinances can be performed vicariously for those who die without the gospel.	A	B	C	D	E	F	G	H
9. The divine plan of happiness enables family relationships to continue beyond the grave.	A	B	C	D	E	F	G	H
10. Commandments are the laws and requirements that God gives to mankind.	A	B	C	D	E	F	G	H
11. Keeping the commandments will bring blessings from the Lord.	A	B	C	D	E	F	G	H

The Doctrine and Covenants teaches the importance of _____.

	How much do you care about this?				How often do you apply this?			
	It is not important to me.	It is somewhat important to me.	It is important to me.	It is very important to me.	Rarely or never	Sometimes	Often	Frequently and consistently
12. communicating with Heavenly Father through prayer	A	B	C	D	E	F	G	H
13. studying the scriptures	A	B	C	D	E	F	G	H
14. actively sharing the gospel with others	A	B	C	D	E	F	G	H
15. making choices that help me prepare for eternal life with my Father in Heaven	A	B	C	D	E	F	G	H
16. following the teachings of living prophets and apostles	A	B	C	D	E	F	G	H
17. paying one-tenth of my increase as tithing	A	B	C	D	E	F	G	H
18. performing temple work for my ancestors who died without the gospel	A	B	C	D	E	F	G	H
19. living the Word of Wisdom	A	B	C	D	E	F	G	H
20. recognizing God's love for me	A	B	C	D	E	F	G	H
21. receiving personal revelation for my life	A	B	C	D	E	F	G	H
22. seeking forgiveness for my sins	A	B	C	D	E	F	G	H
23. living my life in righteousness so I can make and keep temple covenants	A	B	C	D	E	F	G	H