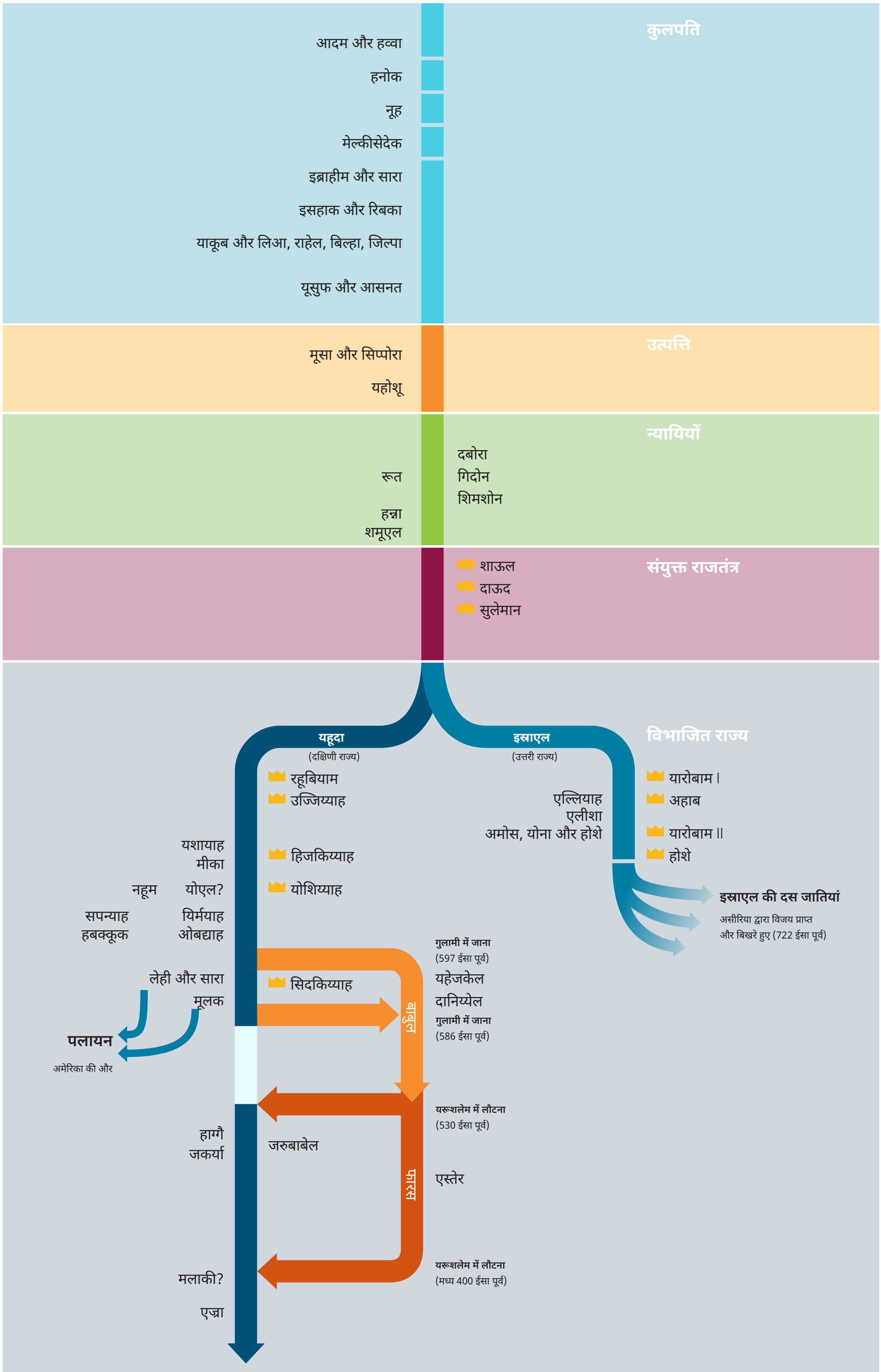पुराने नियम का संक्षिप्त विवरण