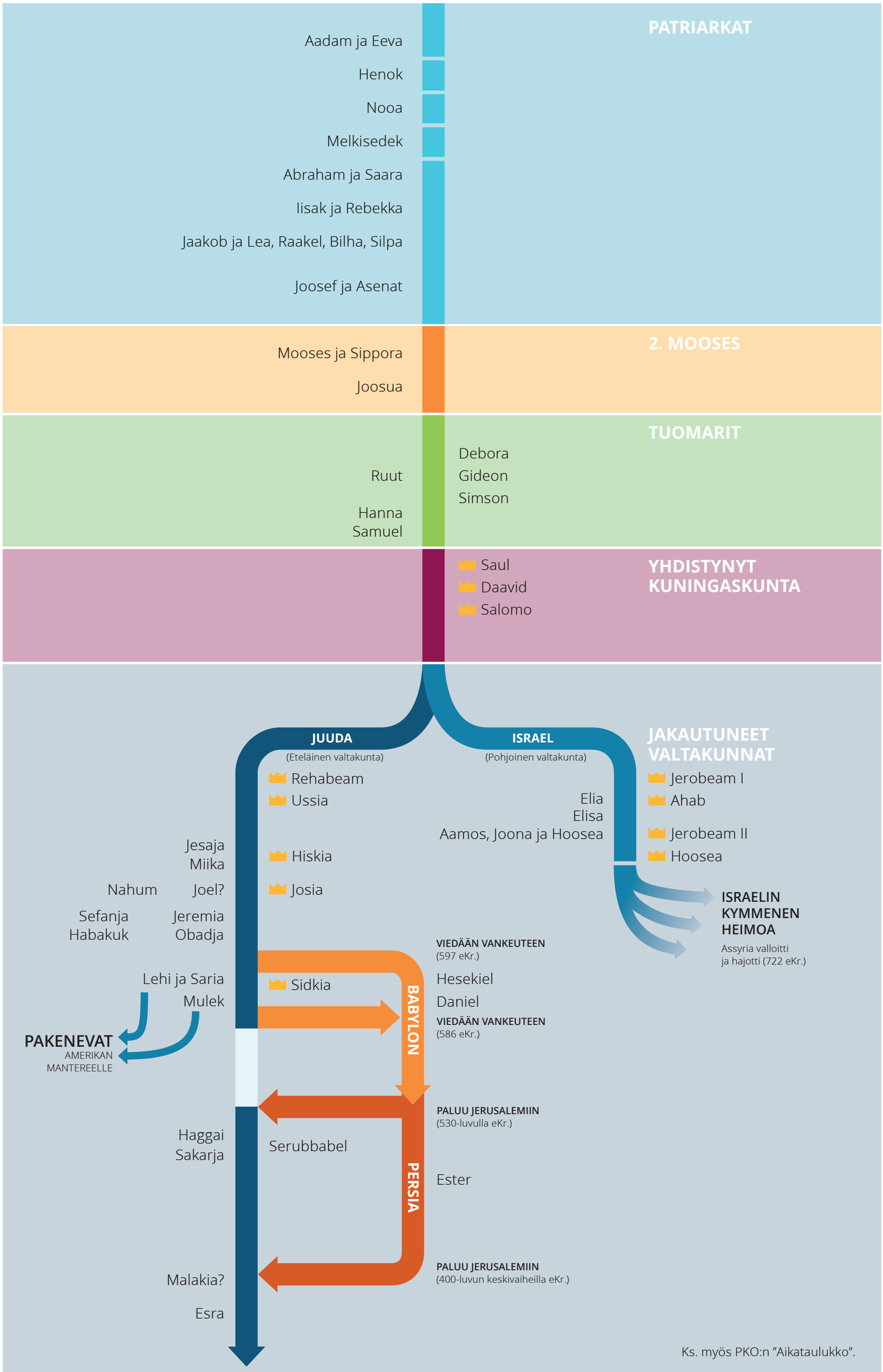Yleiskatsaus Vanhaan testamenttiin