

DEAR PARENTS,

We look forward to having your child in our nursery class! Here are some things you can do to make your child's experience enjoyable:

- Say positive things to your child about the nursery class during the week before he or she will first attend.
- Talk to your child about what happens in the nursery class. Help him or her know what to expect.
- Take care of your child's restroom and feeding needs before taking him or her to the nursery class. A child who needs a diaper change will be taken to a parent.
- Inform the nursery leaders if your child has a special challenge, such as a food allergy.
- Remain in the nursery class with your child if he or she is afraid.
- Tell the nursery leaders where you will be during the nursery class.
- Reassure your child that you will come back later.
- Promptly return to pick up your child at the end of the nursery class. If someone other than a parent or sibling will pick up your child, please let the nursery leaders know that this person has your permission to do so.
- Reinforce at home what is taught in the nursery lesson.
- If possible, please provide a photograph of your child and a photograph of your child's family.

Please do not bring your child to the nursery class when he or she is ill or has any of the following symptoms:

- Fever
- Runny nose
- Cough
- Unusual irritability
- Vomiting
- Diarrhea
- Rash
- Discharge from the eye
- Head lice
- An illness or infection treated with antibiotics within the last 48 hours
- An illness in the contagious period:
  - Chicken pox (seven days)
  - Measles (until rash disappears)
  - Scarlet fever (until rash disappears)
  - Mumps (until swelling is gone, usually seven days)
  - Impetigo

If your child has an allergy that is causing a runny nose, cough, or rash, please let the nursery leaders know that your child's symptoms are not contagious.

Feel free to contact the nursery leaders if you have any concerns or questions:

\_\_\_\_\_

Nursery leader

\_\_\_\_\_

Phone number

\_\_\_\_\_

Nursery leader

\_\_\_\_\_

Phone number