



Through Heavenly Father's Eyes

"Every day, I pray to Heavenly Father and ask Him to help me see myself the way He sees me. Then I listen closely as the Spirit gives me positive messages from God about my worth and identity, and I say these words to myself in the mirror. This simple activity is a way we can connect with heaven and learn that Heavenly Father and Jesus Christ love us and believe in us."

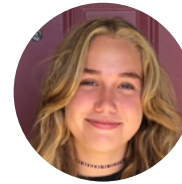
Madeleine M., 14, New York, USA



A Blessing in Disguise

"We often think that being weak or having flaws makes us worthless. In reality, we're blessed so we can rise above them and become better versions of ourselves through humility and self-improvement. If we work on the things that are hard for us, the Lord will see and reward our efforts. It's all about trying and never giving up."

Ricardo R., 17, Chihuahua, Mexico



Love Our Differences

"I always do my best to remember that I am a loved child of God. I try not to compare myself to others, because that makes it harder to believe in my self-worth. God made us all unique and beautiful in our own way, and those differences are a good thing."

Brooke D., 14, Alberta, Canada

"How can I stop questioning my self-worth?"



Our Divine Nature

"Nothing compares to knowing that as children of the living God, we can become like Him. It changes everything! When we get bad thoughts that make us question our worth, remember that those thoughts come from Satan, not God. We have infinite potential and a divine nature, just like our Heavenly Father. He trusts and loves each of us individually."

Alexandre S., 16, Minas Gerais, Brazil



Great Responsibility

"As I strive to study and ponder the scriptures and the words of the living prophets, I can feel the Holy Spirit with me, which reminds me that I am a beloved daughter of heavenly parents and that God has great plans for me. President Nelson is always showing us the great responsibilities we have in these latter days and that God trusts us and knows what we are capable of."

Mirian P., 16, Paraná, Brazil

"If we look at ourselves only through our mortal eyes, we may not see ourselves as good enough. But our Heavenly Father sees us as . . . His sons and daughters, as beings of eternal light with everlasting potential and with a divine destiny."

President Dieter F. Uchtdorf, then-Second Counselor in the First Presidency, "It Works Wonderfully!" Oct. 2015 general conference (*Ensign or Liahona*, Nov. 2015, 105).

Responses are intended for help and perspective, not as official pronouncements of Church doctrine.



What is the celestial kingdom like?

THOUGH WE MAY not have all the details about the celestial kingdom, the Lord has revealed some powerful truths about it. Here are some of the things we know:

- To live there means to dwell in the presence of Heavenly Father and Jesus Christ with a perfect, resurrected body and to live the kind of life They live. This life is “a state of never-ending happiness” (Mosiah 2:41) and a “fulness of joy” (3 Nephi 28:10).
- Those who live there have been “made perfect through Jesus,” and “all things are theirs” (Doctrine and Covenants 76:59, 69).
- It has the greatest glory of any kingdom. Its glory has been likened to the brightness of the sun.
- The same kinds of relationships we have here will exist there, including family relationships, but they will be “coupled with eternal glory” (Doctrine and Covenants 130:2).
- It has three degrees. The highest degree is where people live who have been sealed together in eternal marriage and have been true to their covenants (see Doctrine and Covenants 131:1–4).
- The earth will receive a celestial glory (see Doctrine and Covenants 88:17–20).

What Do You Think?

I’m not sure I’ll be ready to serve a mission at 18 or 19. How do I decide when it’s the best time to go?

Send your answer and photo by August 15, 2021.

Go to ftsoy.ChurchofJesusChrist.org and click “Submit Your Work.” Sign in with your Church Account and then select “For the Strength of Youth” under “Choose Magazine.” Click “Add File” to select your file and photos, and then click “Submit” to upload and send us your file. Or email us at ftsoy@ChurchofJesusChrist.org.

Responses may be edited for length or clarity.

FUN STOP ANSWERS (PAGES 28–29): President Nelson Quiz: 1. True; 2. False—he was a heart surgeon; 3. True; 4. True; 5. False—it’s nine daughters and one son; 6. True; 7. True; 8. True; 9. False—she’s been an active snow skier his whole life; 10. True