

LIFE PRIORITIES

1.

Emphasize eternal
spiritual nature

2.

Control evil desires



President M. RUSSELL BALLARD

ACTING PRESIDENT OF THE QUORUM OF THE TWELVE

GIVING OUR SPIRITS CONTROL OVER OUR BODIES

I suppose most of us fail to fully appreciate what others do for us until they are gone. . . .

Brothers and sisters, please do not miss an opportunity to look into the eyes of your family members with love. Children and parents, reach out to each other and express your love and appreciation. Like me, some of you may wake up one day to discover that the time for such important communication has passed. Live each day together with hearts filled with gratitude, good memories, service, and much love. . . .

. . . One of the most important things we can learn in this life is how to emphasize our eternal spiritual nature and control our evil desires. . . .

. . . This is who you and I really are and who you have always been: a son or daughter of God, with spiritual roots in eternity

and a future overflowing with infinite possibilities. . . .

. . . Learning to choose the things of the Spirit over the things of the flesh is one of the primary reasons why this earthly experience is part of Heavenly Father's plan. It's also why the plan is built upon the solid, sure foundation of the Atonement of the Lord and Savior Jesus Christ so that our sins, including the errors we make when we yield to the flesh, can be overcome through constant repentance and we can live spiritually focused. Now is the time to control our bodily appetites to comply with the spiritual doctrine of Christ.

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