Sister Michelle Craig
First Counselor
in the Young Women General Presidency

**Spiritual Capacity**
My desire . . . is to speak to you from my heart about four ways to increase your spiritual capacity to receive revelation.

1. **Be Intentional about Creating Time and Space to Hear God’s Voice**
As you use your agency to carve out time every day to draw close to God’s voice, especially in the Book of Mormon, over time His voice will become clearer and more familiar to you. . . .

   . . . Pick a time and place, and listen for God’s voice every day. And keep this sacred appointment with exactness, for so very much depends on it!

2. **Act Without Delay**
When you receive promptings and then act with intention, the Lord can use you. The more you act, the more familiar the voice of the Spirit becomes. . . .

3. **Get Your Errand from the Lord**
The prayer Heavenly Father seems eager to answer is our plea to be led to someone who needs our help. . . .

   . . . He can use your ordinary skills to accomplish His extraordinary work. . . .

4. **Believe and Trust**
   . . . As [Jesus Christ’s] faithful disciple, you can receive personal inspiration and revelation, consistent with His commandments, that is tailored to you. . . .

   . . . Each one of us . . . can strive to seek, receive, and act. As you follow this eternal pattern ordained for our day, you will draw nearer to Jesus Christ.

→ See the full address at conference.ChurchofJesusChrist.org
Just imagine what would happen if we were as intent on staying connected with heaven as we are on staying connected to Wi-Fi!

Sister Michelle Craig