



# Brother STEPHEN W. OWEN

YOUNG MEN GENERAL PRESIDENT

## BE FAITHFUL, NOT FAITHLESS

Modern technologies bless us in many ways. They can connect us. . . . However, they can also distract us from the most important connection: our connection with heaven. . . .

Where do we find true spiritual nourishment? Most often, it is not trending on social media. . . . We must deliberately take time each day to disconnect from the world and connect with heaven. . . .

. . . I believe that the prophet's recent call for a home-centered church, supported by what we do in our buildings, is designed to help us survive—even thrive—in this day of spiritual malnutrition. . . .

Regardless of your circumstances, you can make your home the center of gospel learning and living. It simply means taking personal responsibility for your conversion and spiritual growth. . . .


. . . Our experiences at church can reinforce the spiritual nourishment that happens at home. . . .

. . . Never underestimate the strength that comes from gathering with others who are also trying to be strong. . . .

. . . Jesus Christ is at the head of this Church. He is inspiring our leaders and guiding us to the spiritual nourishment we need to survive and thrive in the latter days. That spiritual nourishment will help us be faithful and not faithless.

➔ See the full address at [conference.ChurchofJesusChrist.org](https://www.churchofjesuschrist.org)





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