

# FUN

## Activity Ideas

### for

# ANY OCCASION

You're sitting in a presidency meeting with two items left on the agenda: (1) ideas for the next few Mutual activities and (2) ways to reach out to Taylor, who hasn't been to church in months. Now look at the two items again; perhaps the solution to each one is tied to the other—the Mutual activities may be exactly what you need to help Taylor and others feel welcome.

Now you just need some activity ideas that will interest Taylor. And the perfect choice may be waiting for you at [lds.org/youth/activities](https://lds.org/youth/activities). With over 165 activity ideas (and more being added regularly), the site can help you find something for any need. Just check out these cool features.

**NEW!** [lds.org/youth/activities](https://lds.org/youth/activities)

*Need an idea for Mutual, family night, or a group date? This new site has you covered.*



### USER REVIEWS

Not only do you get the activity ideas themselves, but you can read reviews from others and see how they've adapted the activities to their needs. (See how one family created an adaptation for "human foosball" at [lds.org/go/foosballNE5](https://lds.org/go/foosballNE5).) You can post your own reviews or creative twists too.

### QUICK SEARCH

Wondering what activities you could do with photos, scavenger hunts, or drama? Or maybe you know you want something on mission prep or Personal Progress. Just use the "Search" feature to type in keywords to help you find activities that fit.

## HUGE SELECTION OF IDEAS

Quickly browse through activities in the following main categories to find one that fits your needs:

- Service
- Missionary work
- Future roles
- Temple and family history
- Communication and relationships
- Sports, camping, and outdoors
- Arts, music, and dance
- Physical health
- Spiritual strength
- Stake and multistake activities

## GREAT ACTIVITIES FOR YOUTH AND FAMILIES

With such a wide range of activities, you'll find something that works for many settings:

- Mutual
- Family home evening
- Reactivation efforts
- Personal Progress, Duty to God, or *Come, Follow Me* support
- Group date ideas

### Create a Mormon Message



Purpose

### Mission memories and meals



### Secret notes of encouragement



Purpose

### Game night



Purpose

Build teamwork and exercise while participating in friendly competition.

**Description**  
Plan a game that gets the youth moving and requires teamwork. Before you start, have the youth suggest games they know of. If necessary, adapt the game so that youth of all skill levels can participate. Consider how you can relate teamwork and having fun to maintaining balance in life (see Luke 11:32).

- Play soccer while repeating on hands and feet (with the chest facing upward).
- Play volleyball with water balloons. Youth divide into pairs, and each pair leads a line by the centers to throw a water balloon over the net, where another pair tries to catch it in their hands.
- Have a relay race, and think of creative ways to make the race more challenging. For example, the youth could race with a balloon between their knees, balancing an egg on a spoon, crawling backwards, and so on.

## YOU MAKE A DIFFERENCE

Maybe you think Mutual or other youth activities aren't really for you since you get a lot of other Church-related learning through seminary or personal and family study. But have you ever thought that others may need you there to help *them*? Youth activities are a great way to fellowship the less-active or nonmembers. They can also help everyone stand strong against temptation as they see the examples and gain strength from being with others—including you—who live gospel standards.



### YOU'RE IN THE DRIVER'S SEAT

"One of the great things about this site is that it puts youth in the driver's seat. Not only does

it encourage quorum and class presidencies to take the lead in planning activities, but it also makes the needs and interests and abilities of the youth the center of that planning. Quorum and class presidencies are encouraged to find out about the youth they lead—What are they interested in? What do they have to offer? How do they need to grow?—and use activities as a way to bless their lives. That's true ministering."

Elder Stanley G. Ellis of the Seventy

## QUICK SHARING TO CALENDARS

Once you've planned an activity, it's easy to spread the word to members of your ward or Young Men/Young Women group through the email or ward calendar options.

## YOUR CHANCE TO SHARE

If you've participated in a great activity that isn't featured on the site, submit your idea and it may get published! Just click on "Submit Idea" near the top-right corner of the page.

## PLANNING TIPS

Get great ideas to know how to use your activities more effectively with the "Plan with a Purpose" walk-through feature.

