

# 20 WAYS



# TO HONOR MOM AND DAD

Here are some things you may already be doing or may never have thought of. Either way, try them out!

By **Bethany Bartholomew**  
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**Y**ou know that honoring parents is a commandment (see Exodus 20:12). But did you also know that it's about more than just obeying what they say? When you focus on getting to know your parents and building a relationship with them, you can find lots of ways to honor them. Even the little things count! Check out some of these ideas for fun and simple ways you can honor your parents every day. **NE**



**GIVE YOUR PARENTS  
A SINCERE COMPLIMENT.  
TELL THEM WHEN THEY'RE  
DOING A GOOD JOB.**

**CHEER UP**  
*your siblings.*

*Talk with your parents about  
**YOUR PLANS FOR THE FUTURE.**  
Ask their opinions.*



*Help plan  
**FAMILY HOME  
EVENING.***

**ASK YOUR PARENTS**  
*about their childhood  
and teenage years.*



*Share  
with your parents  
**SOMETHING  
YOU LEARNED**  
in Sunday school, other  
Church meetings, or even  
during your personal  
scripture study.*



**IGNORE  
YOUR PHONE**  
*during dinner or  
family meetings.*

**CONTROL  
THE VOLUME OF  
YOUR VOICE,**  
*even when you're  
upset.*





**PRAY FOR YOUR PARENTS**

*one at a time during your personal prayers.*



**MAKE A SINCERE COMMENT OR ASK AN HONEST QUESTION**  
*during family scripture study.*



*Make a goal*  
**TO TELL YOUR FRIENDS ONLY POSITIVE THINGS**  
*about your parents.*



**CATCH YOURSELF** *before you say something to a sibling that might hurt their feelings.*



**GO GROCERY SHOPPING**  
*with your parents.*



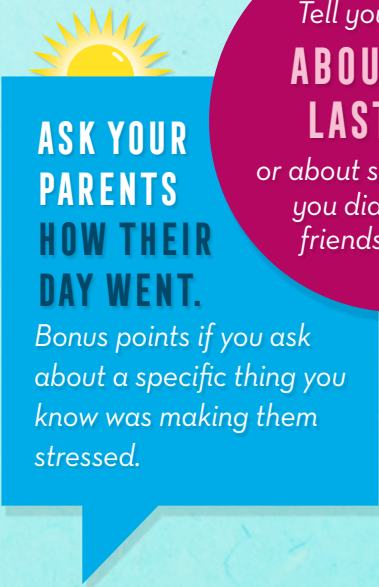
**PICK A FAMILY RULE THAT IS HARD FOR YOU TO REMEMBER,**  
*and practice keeping it for a week.*



**SPEND TIME**  
*doing some of your parents' favorite activities with them.*  
*(If you don't know what those are yet, just ask!)*



**RESEARCH YOUR FAMILY HISTORY**  
*with your parents, and take family names to the temple with them.*



**ASK YOUR PARENTS HOW THEIR DAY WENT.**

*Bonus points if you ask about a specific thing you know was making them stressed.*



*Tell your parents*  
**ABOUT YOUR LAST DATE**

*or about something fun you did with your friends recently.*



**DO ONE OF THE CHORES**  
*your parents usually reserve for themselves.*



*Tell your parents*  
**YOU LOVE THEM.**