

SHAKE IT OFF

A close-up photograph of a white puppy shaking water off its fur. The puppy is captured in a dynamic, mid-motion pose, with its head tilted back and its eyes closed. Water droplets are frozen in mid-air around the puppy, creating a sense of movement and freshness. The background is a dark, textured surface, possibly asphalt or concrete, which contrasts with the bright white of the puppy's fur.

“One of the great challenges each of us faces every day is to not allow the concerns of this world to so dominate our time and energy that we neglect the eternal things that matter most.”

Elder David A. Bednar of the Quorum of the Twelve Apostles, Oct. 2017 general conference.