

If Heavenly Father has so many children, how can I know that He loves me?

“Pray in the name of Jesus Christ about your concerns, your fears, your weaknesses—yes, the very longing of your heart. And then listen! Write the thoughts that come to your mind. Record your feelings and follow through with actions that you are prompted to take. . . .

“Does God really want to speak to you? Yes!”

President Russell M. Nelson, Apr. 2018 general conference (*Ensign* or *Liahona*, May 2018, 95).



Pray for Strength

I choose to remember and believe that Heavenly Father wants me to be happy. I have

been blessed with consistent reminders from the Holy Ghost that God asks me to do some things for my own happiness and progression. He really knows what’s best for me.

Matthew M., 16, Arizona, USA



Look at the Beauty of the Earth

I look at nature and remember He created this earth for me.

Tori B., 16, Ohio, USA



I Feel Love through Music

Through music I feel a special spirit and I feel His love for me and all

of His children. I like to listen to piano arrangements of hymns and other spiritual music. But when I share my gifts of playing the piano and singing with others, especially in spiritual circumstances like singing in my ward choir or playing hymns in seminary, I can feel the Spirit and my testimony is strengthened.

Jarek M., 15, Utah, USA



Messages from the Prophets

Through general conference talks and quotes that answer my questions and prayers. He knows what I need.

Megan G., 14, Nevada, USA



Recognize Personalized Blessings

It helps me when I recognize personalized blessings only someone who knows me could give me.

Joshua K., 18, Georgia, USA

Responses are intended for help and perspective, not as official pronouncements of Church doctrine.

Tell Us What You Think:

All my friends play teen-rated video games, but I choose not to. Are teen-rated games OK?

Send your answer and photo by February 15, 2020.

Go to newera.ChurchofJesusChrist.org, click "Submit Your Work." Sign in with your Church Account and then select "New Era" under "Choose Magazine." Click "Add File" to select your file and photos, and then click "Submit" to upload and send us your file. **OR** email your response to newera@ChurchofJesusChrist.org.

Responses may be edited for length or clarity.

FUN STOP ANSWERS (from pages 40-41): New Year, New Crossword: Across: 1. Liahona 8. way 11. ire 14. attired 15. eye 16. max 17. brass plates 19. lip 20. aid 21. him 22. ease 23. nest 25. I bet 27. alter 28. dart 30. runniest 32. die 33. I beg 34. magic 37. tent 40. sip 43. mesa 44. leaf 46. err 47. Man 48. smell 49. ore 50. art 51. goodly 52. insets 54. car 55. a ride 56. bad poetry 62. lodges 63. ill 64. neatro 65. den 66. day 67. I knew Down: 1. Laban 2. I tried 3. a tad sad 4. his 5. ORs 6. Nepht 7. ad lib 8. wet 9. eye 10. yes 11. I'm late 12. raises 13. expert 18. America 22. Eli 24. trim 26. tub 27. Angel Moroni 29. teammates 31. net 35. gears 36. isn't 38. need 39. tall 40. serial 41. iron rod 42. preside 45. fly 48. soap 51. godly 53. Eden 56. bid 57. a la 58. eek 59. ran 60. re 61. yow Crack the Code: 1. peace on earth 2. actions speak louder than words 3. long time, no see 4. no way around it 5. face plant 6. cliffhanger 7. "Give, Said the Little Stream"