

Becoming Spiritual First Responders

By Elder Ronald A. Rasband Of the Quorum of the Twelve Apostles

From an April 2017 general conference address

irst promptings are pure inspiration from heaven. When they confirm or testify to us, we need to recognize them for what they are and never let them slip past. So often, it is the Spirit inspiring us to reach out to someone in need, family and friends in particular. "Thus . . . the still small voice, which whispereth through and pierceth all things" (D&C 85:6), points us to opportunities to teach the gospel, to bear testimony of the Restoration and Jesus Christ, to offer support and concern, and to rescue one of God's precious children.

Think of it as being what is called a first responder. In most communities the first responders to a tragedy, disaster, or calamity are firefighters, police officers, paramedics. They arrive with lights flashing, and may I add, we are so incredibly grateful for them. The Lord's way is less obvious but requires just as immediate a response. The Lord knows the needs of all His children—and He knows who is prepared to help. If we let the Lord know in our morning prayers that we are ready, He will call on us to respond. If we respond, He will call on us time and time again and we will find ourselves on what President Monson calls "the Lord's errand." We will become spiritual first responders bringing help from on high.

If we pay attention to the promptings that come to us, we will grow in the spirit of revelation and receive more and more Spirit-driven insight and direction. The Lord has said, "Put your trust in that Spirit which leadeth to do good" (D&C 11:12).

May we take seriously the Lord's call to "be of good cheer, for I will lead you along" (D&C 78:18). He leads us by the Holy Ghost. May we live close to the Spirit, acting quickly upon our first promptings, knowing they come from God.

1. Thomas S. Monson, "To Learn, to Do, to Be," Oct. 2008 general conference.

He graduated from Olympus High School.



Attended the University of Utah.



Called to serve in the Eastern States Mission.

1970-72

RONALD A. RASBAND



He has 5 children and 27 grandchildren.



Once served as a Temple Square missionary guide in Salt Lake City.

Married Melanie Twitchell September 4, 1973, in the Salt Lake Temple. Growing up, friends were an important part of his life.





Promised his mom to never break the **Word of Wisdom**.

He was really into cars in high school,

owning 4 before his mission.





Served as president of the New York, New York North Mission from 1996 to 1999.



He finished his chore of mowing the lawn 50% of the time.

The other 50% of the time, he convinced his friends to do it for him.





He had zero time for sports in high school because he always had a job.



As a 12-year-old, he found a job driving a tractor that picked up driving-range golf balls.



While in Boy Scouts, he led his troop on a mile-long swim across a lake.



He was called to be an Apostle in **October 2015.**



As a young man he worked as a **grocery checker and bagger.**

He worked as a sales representative for Huntsman Container Company and later became President and Chief Operating Officer of Huntsman Chemical Corporation.