

YOUR BODY IS LIKE A TEMPLE

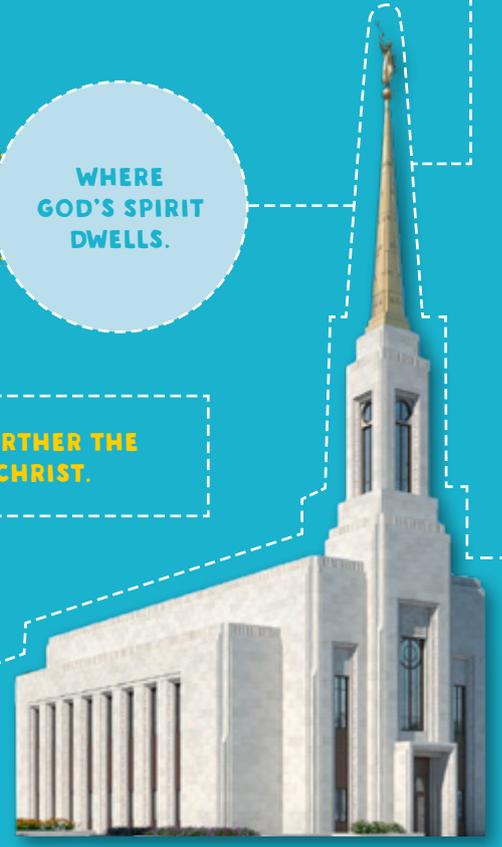
Elder Christofferson taught that our bodies are a gift and “a divine creation in the very image of God.” Like temples, our bodies are sacred and we should care for them as best we can. Here are some ways temples and our bodies take part in Heavenly Father’s plan.

PROVIDES OPPORTUNITIES TO LEARN AND PROGRESS.

HOUSES OUR SPIRIT.

WHERE GOD’S SPIRIT DWELLS.

SERVE AND FURTHER THE WORK OF CHRIST.



THROUGH THE RESURRECTION, OUR BODIES CAN BE ETERNAL.

TEMPLE BLESSINGS ARE ETERNAL.

SACRED

HELPS US RETURN TO HEAVENLY FATHER

A GIFT FROM GOD

WE CAN STAND IN HOLY PLACES.

THE TEMPLE IS A HOLY PLACE.

THE COOL THINGS YOU CAN DO

DID YOU KNOW

there's a guy in a wheelchair who can do a double flip—in his wheelchair? That's pretty amazing. You can check it out here:



→ **BUT THE TRUTH IS**, no matter who you are, everybody can do something cool. What cool things can you do? Hold your breath for three minutes? Bake an awesome cake? Tell stories? Play the violin? Walk on your hands up the stairs backwards? We want to know!

Send us **YOUR STORY** and a photo, and maybe we'll use it in an upcoming article! Send it to newera@ChurchofJesusChrist.org.



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