

# Teaching about Keeping Covenants and Building Zion



PHOTOGRAPH BY ALEXANDRE BORGES

## Dear Parents,

In this issue, we hope you enjoy the articles on keeping covenants, building Zion, recognizing Satan's tactics, and more. This page has ideas for using this issue to help you teach these topics to your family.

## GOSPEL DISCUSSIONS

### ***Covenants and Blessings***

What are covenants, and what does it mean to make a covenant? In his article on page 30, Elder Randy D. Funk of the Seventy answers these questions. Use this article to help you discuss the following questions with your family: What covenants have you made already, and which are you preparing to make? How can we better keep our covenants? What blessings have you received from making covenants?



### ***Building Zion***

Ask your children what they think *Zion* means. Then use Elder Gerrit W. Gong's article "Bring Forth Zion" on page 6 to help them learn more about what Zion means both in the past and today. Consider discussing ways your family can help build Zion within your home and in your community.

### ***Defending against Satan***

Identify some key points and quotes from "Knowing the Tactics of Our Enemy" on page 20 and discuss with your family some ways Satan might tempt them. Discuss some ways you can work together to strengthen each other against these temptations.

### ***Come, Follow Me Study Helps***

See page 26 for articles on different topics in *Come, Follow Me* to support your study of the Doctrine and Covenants this month.

## COME, FOLLOW ME FAMILY FUN

### ***Blessings from the Temple***

*Doctrine and Covenants 109*

The Kirtland Temple was dedicated on March 27, 1836. Many spiritual experiences were recorded from this event.

1. Read through a few of the accounts from the "Voices of the Restoration" section at the end of the September 27–October 3 lesson in the *Come, Follow Me* manual.
2. Younger children could draw a picture of the Kirtland Temple.
3. Talk about what it would have felt like to participate in the dedication of the Kirtland Temple. What details from the accounts stand out to you?
4. Sing "The Spirit of God" (*Hymns*, no. 2), which was written for this temple dedication.

**Discussion:** Why are temples important to you? Share spiritual experiences you have had because of temples.

*Idea submitted by Mitzi Schoneman*

## IN THIS MONTH'S FOR THE STRENGTH OF YOUTH MAGAZINE

### "Dress Distress"

A young woman talks about choosing to dress modestly while participating in a fashion show. Consider reading this with your children and discussing why we choose to dress modestly.

### "God Will Fight Your Battles—in His Way"

Sometimes it can be hard to understand why the miracles we want don't come. Read this article with your children to help them understand why God doesn't provide everything we

want or think we need. You might ask your children questions like, What miracles did the members of Zion's Camp expect but not receive? What blessings came from this situation?

### "Building the Best You"

Use this article to help children see how they can build happy and joyful lives. You might discuss with them how they are trying to build their future happiness and then read this article. Discuss how they can use the five things mentioned in the article to have a joyful future.



## IN THIS MONTH'S FRIEND MAGAZINE

### "Scripture Time Fun"

Do this activity with your children each week to supplement your family's *Come, Follow Me* study. For young children, look for ideas in the "For Little Ones" section.

### Being a Peacemaker

Read "Saying the Nice Things" to find out how a new home evening tradition helped Jonathan be a peacemaker in his family.

### "Church History Cards"

Did you know that Desideria Yáñez from Mexico was the first person to receive a Book of Mormon in Spanish? Look for this month's Church History Cards to learn more!

### Scripture Story from the Doctrine and Covenants

Read this month's illustrated story to teach your children about the Kirtland Temple.

### "Conference Notebook"

Find activity pages for your children to color while they watch general conference next month.

