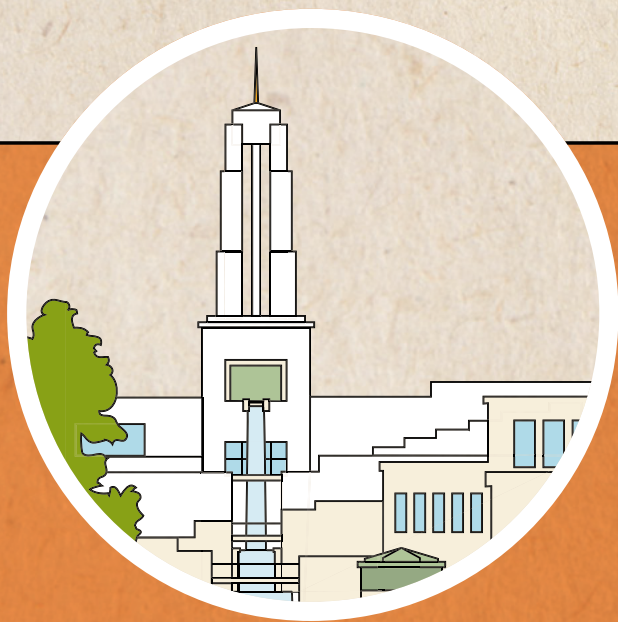


TUSIGAMANATU O LE  
**KONAFESI**  
**AOAO**



O LOU TAIALA  
E SAUNIA  
AI MO MA  
AOAO MAI  
LE KONAFESI  
AOAO

MASINA:

TAUSAGA:

O SE FAAOPOOPOGA I LE *LIAHONA*

Three men in dark suits and ties are standing behind a wooden podium. The man on the left is bald and wearing a dark tie. The man in the middle is bald and wearing a red tie. The man on the right is bald and wearing a patterned tie. They are all looking towards the camera with slight smiles. The background is a dark blue wall.

**E MAFAI ONA  
FESOASOANI LAU  
TUSIGAMANATU I LE:**

*Sau, Mulimuli Mai ia te A'u, Aoga Sa;  
seminare; ma suesuega faaletagata  
lava ia ma faaleaiga.*

**FAASOA  
ATU AU  
FAAMATALAGA  
TUSITUSIA!**

Imeli atu i latou i le **liahona@  
ChurchofJesusChrist.org.**

# O LE KONAFESI AOAO O SE TAIMI OFOOFOGIA LEA E SAILI AI MA MAUA SE FAAALIGA FAALETAGATA LAVA IA.

E te manao i se aafiaga matagofie o le aoaoina mai le konafesi aoao? *Sauni* mo le konafesi ao lei taitai, *faalogo* i le taimi o le konafesi, ma *suesue i ai* pe a maea. O le a e latalata atili atu i le Tama Faalelagi ma e tatalaina faitotoa mo le taitaiga faaletagata lava ia. Faaoga le konafesi lenei e fesoasoani ia te oe e saili tali ma aoao ai i mea e mafai ona e faia e tuputupu ae ai faaleagaga.

## O LE A LE MEA O I TOTONU:

E Amata Sauniuniga linei .....	2	Tusi Musumusuga i Lalo.....	8
Au Peresitene Sili ma le Korama a Aposetolo e Toasefululua .....	3	Musumusuga na Maua .....	26
Fesili ma Tali .....	4	Autu Na E Matauina .....	27
Fatu se Taaloga o le Konafesi.....	6	O le a Nei le Mea o le a fai? .....	28
		O La'u Molimau .....	29

E mafai ona e auai i le  
**conference.ChurchofJesus  
Christ.org**

### MANAOMIA NISI KOPI?

E mafai ona e siiina mai ma lolomiina le tusigamanatu lenei i le **conference.ChurchofJesusChrist.org**.

© 2020 Puletaofia e le Intellectual Reserve, Inc.  
Ua taofia aia tatau uma.

Ua tuuina atu le faatagaga e toe lolomiina ai lenei tamaitusi mo le faaaogaina e le tagata lava ia ae le faapisinisi. E aofia i lenei mea le faatagaga e mo taitai o le uarota e lolomi ai se aofaiga latiiti o kopi mo i latou o loo latou auuina atu i ai i le tulaga lautele o o latou valaauga. E tatau ona lolomiina atoa tamaitusi. E le o aofia ai i lenei mea le faatagaga e tuu ai i luga o le initoneti, fetuunai mo se isi faamoemoega pe tufatufa atu lenei anomea. Soo se faaaogaina faaopoopo o lenei anomea e manaomia ai se faatagaga.

permissions.ChurchofJesusChrist.org

# E amata sauniuniga **IINEI.**

O le konafesi aoao o se auala sili lea e maua ai musumusuga ma le taitaiga. O le a sili atu se aafiaga e te maua pe a e vave saunia ina ia maua se faaaliga faaletagata lava ia.

**Amata sauniuni!**

Na e tatalo mo failauga ma taitai o le Ekalesia?

Pe na e mafaufau i fesili o loo sailia tali e uiga i ai?

## O LE AU PERESITENE SILI

*Lagolagoina i le aso 14 Ianuari, 2018.*



**PERESITENE  
DALLIN H. OAKS**  
*Fesoasoani Muamua  
lagolagoina o se Aposetolo: 1984*



**PERESITENE  
RUSSELL M. NELSON**  
*Peresitene o le Ekalesia  
lagolagoina o se Aposetolo: 1984*



**PERESITENE  
HENRY B. EYRING**  
*Fesoasoani Lua  
lagolagoina o se Aposetolo: 1995*

## O LE KORAMA A APOSETOLO E TOASEFULULUA



**PERESITENE  
M. RUSSELL BALLARD**  
*lagolagoina: 1985*



**ELDER  
JEFFREY R. HOLLAND**  
*lagolagoina: 1994*



**ELDER  
DIETER F. UCHTDORF**  
*lagolagoina: 2004*



**ELDER  
DAVID A. BEDNAR**  
*lagolagoina: 2004*



**ELDER  
QUENTIN L. COOK**  
*lagolagoina: 2007*



**ELDER  
D. TODD CHRISTOFFERSON**  
*lagolagoina: 2008*



**ELDER  
NEIL L. ANDERSEN**  
*lagolagoina: 2009*



**ELDER  
RONALD A. RASBAND**  
*lagolagoina: 2015*



**ELDER  
GARY E. STEVENSON**  
*lagolagoina: 2015*



**ELDER  
DALE G. RENLUND**  
*lagolagoina: 2015*



**ELDER  
GERRIT W. GONG**  
*lagolagoina: 2018*



**ELDER  
ULISSES SOARES**  
*lagolagoina: 2018*

# F&T:

Tusi i lalo fesili o loo i ai i lou olaga e te manao ai i se taitaiga. Ona tusi lea o au tali ma lagona i le taimi o le konafesi.

---

**O LOO I AI SE  
OA NATIA O  
LE TAITAIGA  
FAALELAGI O LOO  
FAATALITALI MO  
LOU MAUAINA  
I SAVALI O LE  
KONAFESI AOAQ.**

Elder Neil L.  
Andersen<sup>1</sup>

**O A'U FESILI:**

**TALI:**

**O A'U FESILI:**

**TALI:**

**O A'U FESILI:**

**TALI:**

**O A'U FESILI:**

**TALI:**

# FATU SE TAALOGA O LE KONAFESI

E te manao e fesoasoani ia te oe lava ia ia taulai atu i le konafesi—ma faia sina mea malie ao e faia? Fatu sau oe lava taaloga o le konafesi!

Ao lei faia le konafesi, tusi se autu i sikuea taitasi. Ao e matamata, faalogo mo na autu ma kava le sikuea i se faailoga pe a ta'ua le autu. E mafai ona e faaaogaina soo se mea mo se faailoga—ae mo se isi mea malie, faataitai se fasi lole po o se sukalati! Filifili ni au lava mamanu e malo ai—lima i autafa, lalo, po o le faasipa; fa tulimanu; ogatotonu le iva; ma isi mea faapena

Vaavaai mo ni manatu o autu? Mafaufau i mea e pei o le “malumalu,” “Sau, Mulimuli Mai ia te A'u,” pe pe a valaauina se failauga e ala i le igoa e se isi failauga.

---

**E TOETOE LAVA A OO MAI E  
LE AUNOA FAAALIGA I SE TALI  
O SE FESILI.**

Elder Jeffrey R. Holland<sup>2</sup>



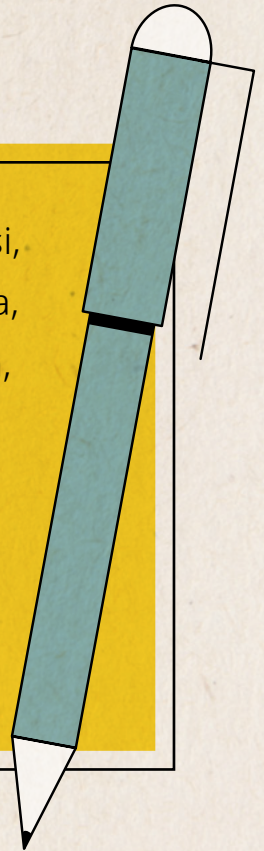
Malumalu



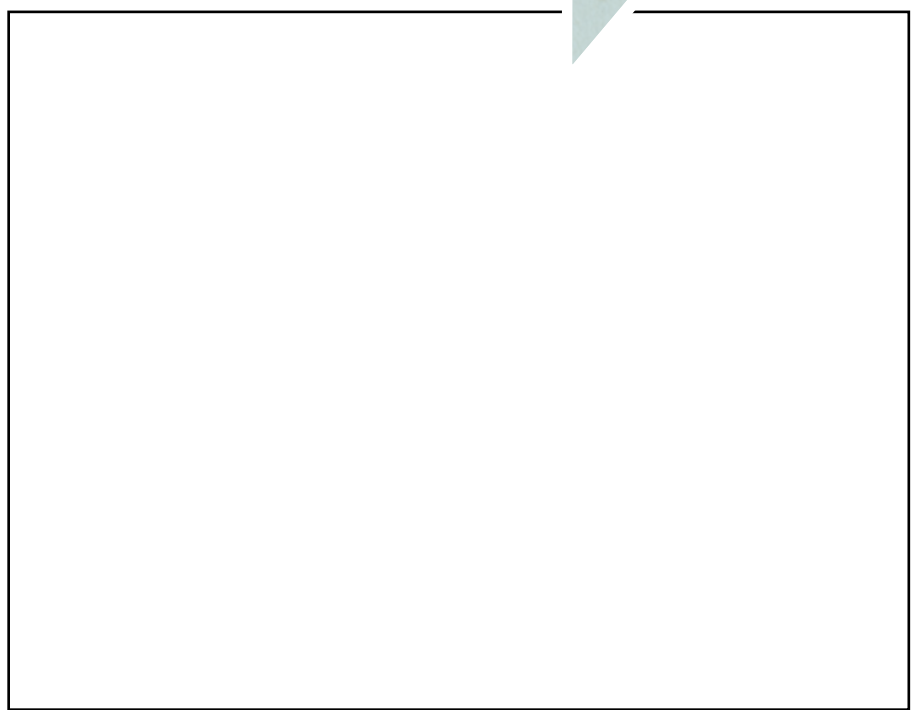


# Tusi musumusuga **I LALO.**

Talu ai ua iu ina oo mai lava le konafesi, faalogo mo ni tali. Tusi i lalo ni uunaiga, vaavaai mo ni faamanuiaga folafolaina, ma gauai sili atu i mea e te lagona le musuia e galue ai. Tusi i lalo ni upusii e uunaia ai oe, ma tusi ni savali e tu matilatila mai ia te oe.



# FAAMATALAGA: \_\_\_\_\_



# **FAAMATALAGA:** \_\_\_\_\_

UPUSII E SILI ONA FIAFIA I AI: \_\_\_\_\_

Empty box for writing the title of the letter.



Large box with horizontal dashed lines for writing the body of the letter.

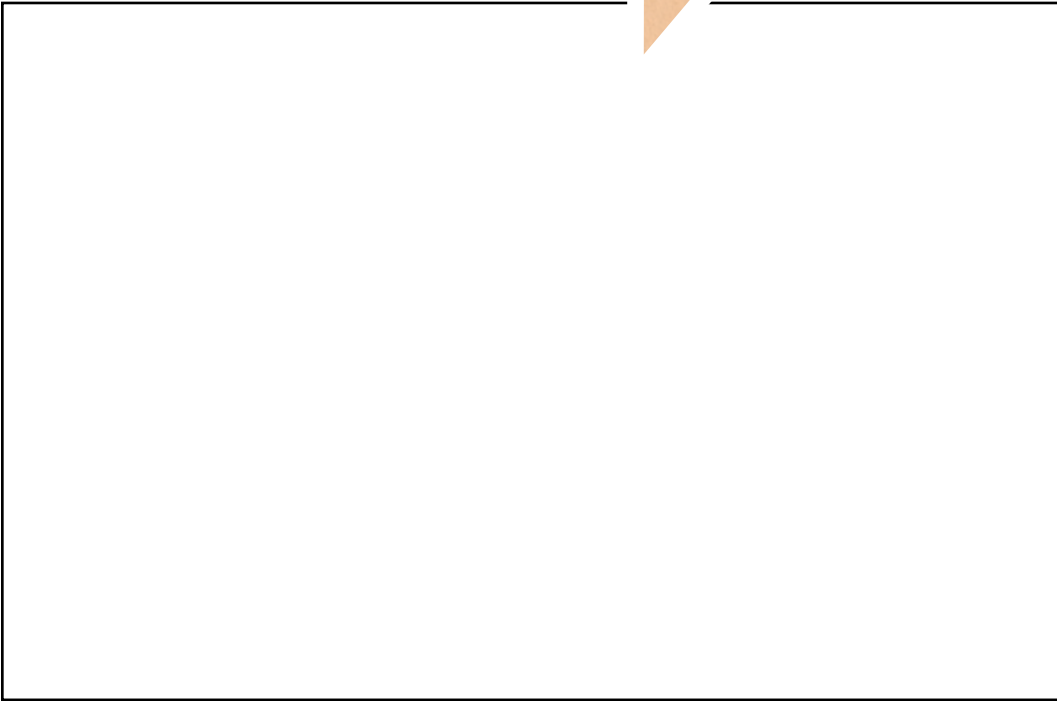
**E MAFAI ONA TATOU TATALO I LO TATOU TAMA FAALELAGI MA MAUA MAI LE TAIALA MA LE TAITAIGA, IA LAPATA'IA E UIGA I MEA LAMATIA MA MEA FAALAVEFAU, MA IA MAFAI AI ONA FAATAUNUU MEA E LE MAFAI ONA TATOU FAIA E I TATOU LAVA IA.**

Peresitene Russell M. Nelson<sup>3</sup>

**FAAMANUIAGA  
FOLAFOLAINA:**

**O LE A SE MEA O LE A  
OU FAIA NEI?**

# FAAMATALAGA: \_\_\_\_\_



**O FAAALIGA O SE MEA MONI  
LAVA. E OO MAI I LE ALA A  
LE ALII E TUSA MA LE TAIMI  
FAATULAGAINA A LE ALII.**

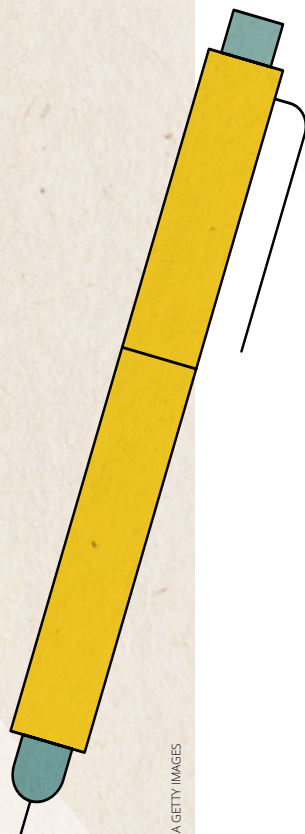
Peresitene Dallin H. Oaks<sup>4</sup>

# FAAMATALAGA:

---

**OU TE FOLAFOLA ATU IA TE  
OE AFAI O LE A E FAIA MA LE  
LOTO FAAMAONI MA TUMAU  
AI PEA LAVA I LE GALUEGA  
FAALEAGAGA E MANAOMIA  
E ATINA'E AI LE TOMAI TAU,  
FAALEAGAGA O LE AOA PE  
FAAPEFEA ONA FAALOGO I  
MUSUMUSUGA A LE AGAGA  
PAIA, O LE A E MAUA TAITAIGA  
UMA O LE TAITAIGA O LE A E  
MANAOMIA I LOU OLAGA.**

Peresitene Russell M. Nelson<sup>5</sup>



ATAPUE AGETY IMAGES



MASINA  
1 2 3 **4** 5 6 7 8 9 **10** 11 12

SAUNIGA  
1 2 3 4 5

**ITUAIIGA O SAUNIGA**  
aoao | sauniga a tamaitai | sauniga a le perisitua

# FAAMATALAGA: \_\_\_\_\_

UPUSII E SILI ONA FIAFIA I AI: \_\_\_\_\_

“

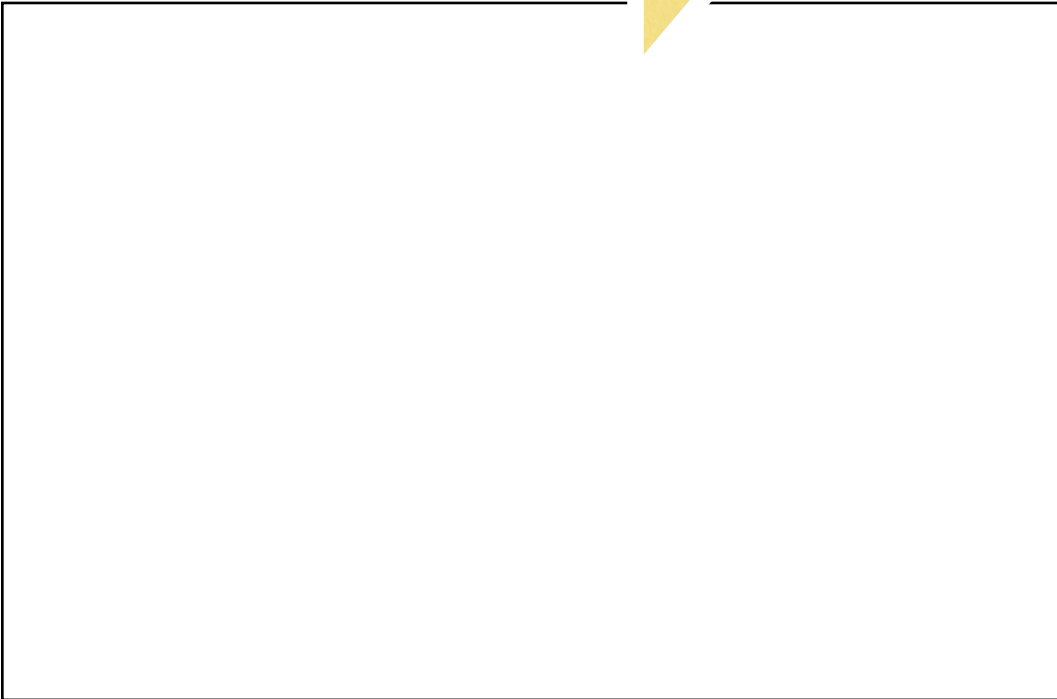
**INA IA MAUA SE FAAALIGA PATINO, E TATAU ONA TATOU TUU LE  
FAAMUAMUA I LE OLA AI I LE TALALELEI MA UUNAIA LE FAAMAONI MA  
LE FAALEAGAGA I ISI FAAPEA MA I TATOU FOI.**

Elder Ronald A. Rasband<sup>6</sup>

**FAAMANUIAGA  
FOLAFOLAINA:**

**O LE A SE MEA O LE A  
OU FAIA NEI?**

# FAAMATALAGA: \_\_\_\_\_



**A O TATOU Ā'EA LE ALA  
O LE AVEA MA SOO, E  
MAFAI ONA FAAPAIAINA  
I TATOU E ALA I LE ALOFA  
TUNOA O KERISO.**

Sister Michelle Craig<sup>7</sup>

# FAAMATALAGA:

---

**UPUSII E SILI ONA  
FIAFIA I AI:**

**FAAMANUIAGA  
FOLAFOLAINA:**

**O LE A SE MEA O LE A  
OU FAIA NEI?**

**O TUSITUSIGA PAIA MA UPU A  
APOSETOLO MA PEROFETA O  
ASO NEI O NI PUNAVAI IA O LE  
ATAMAI, POTO FAALELAGI, MA  
FAAALIGA FAALETAGATA LAVA  
IA E FESOASOANI IA I TATOU E  
SUE AI TALI I LUITAU UMA O  
LE OLAGA.**

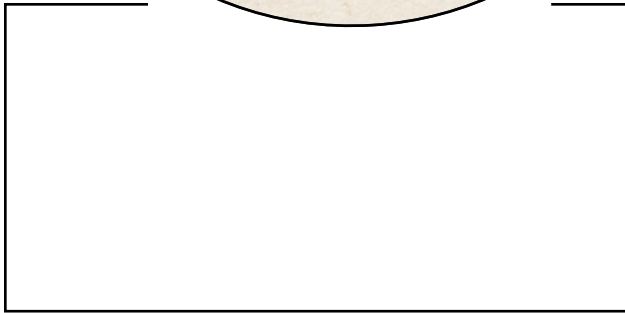
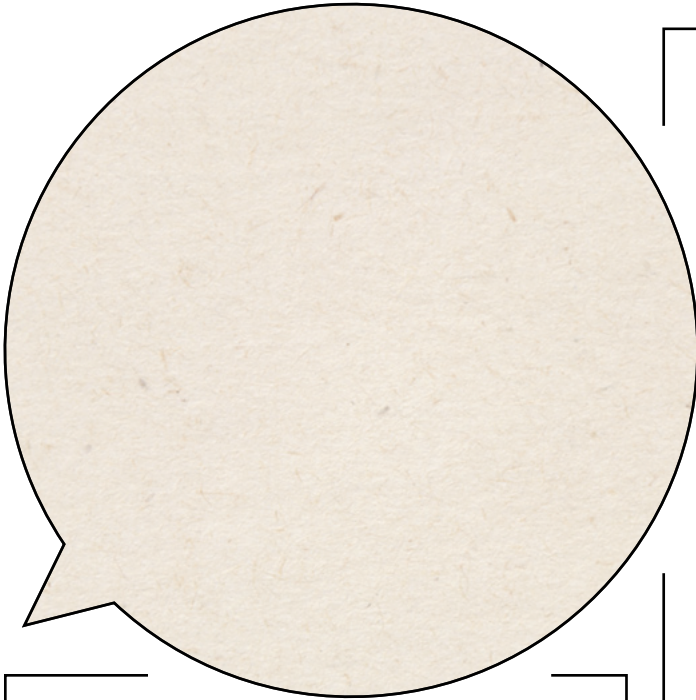
Elder Dieter F. Uchtdorf<sup>8</sup>

MASINA  
1 2 3 **4** 5 6 7 8 9 **10** 11 12

SAUNIGA  
1 2 3 4 5

ITUAIIGA O SAUNIGA  
aoao | sauniga a tamaitai | sauniga a le perisitua

# FAAMATALAGA: \_\_\_\_\_



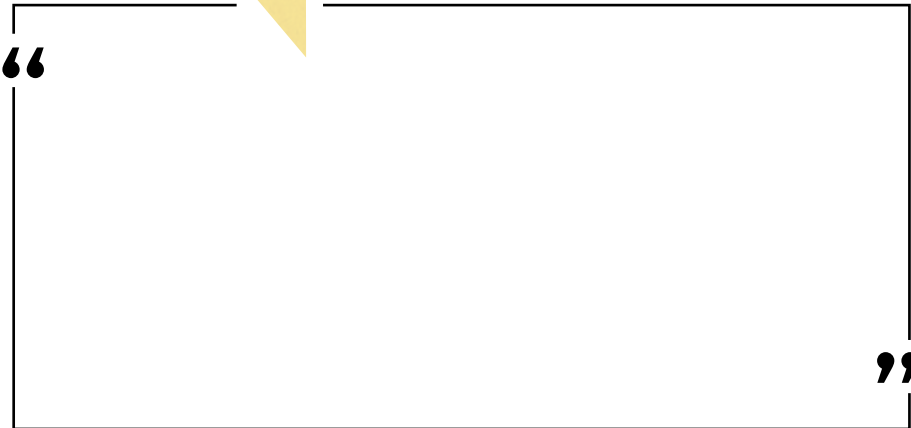
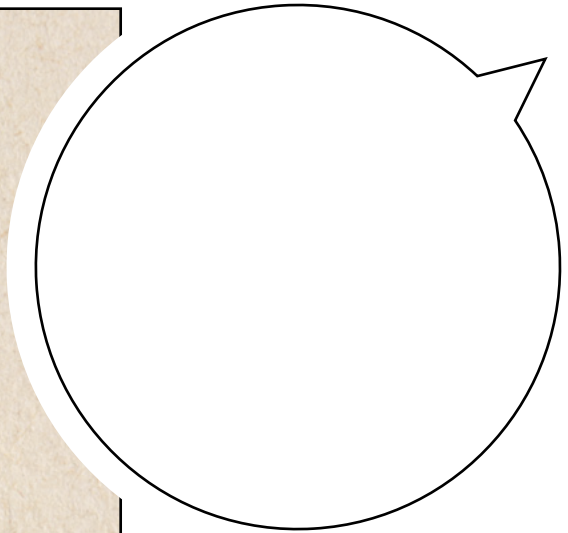
**O LE AOA O E ALA  
I LE FAATUATUA E  
MANAOMIA ONA TUU  
I AI LE FAALEAGAGA, O  
LE MAFAUFAU, MA LE  
TAUMAFIIGA FAALETINO  
AE LE TAU LAVA INA  
TALIA.**

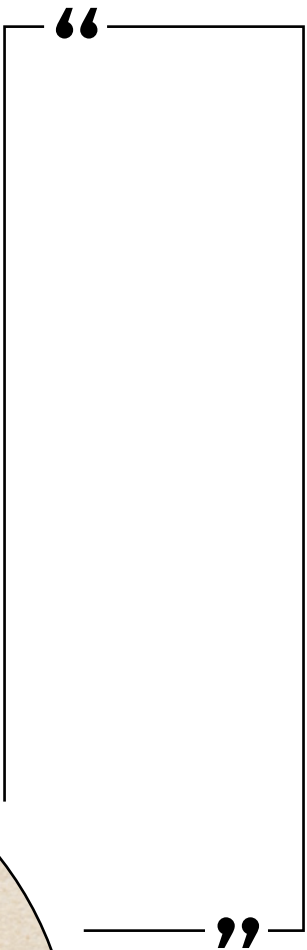
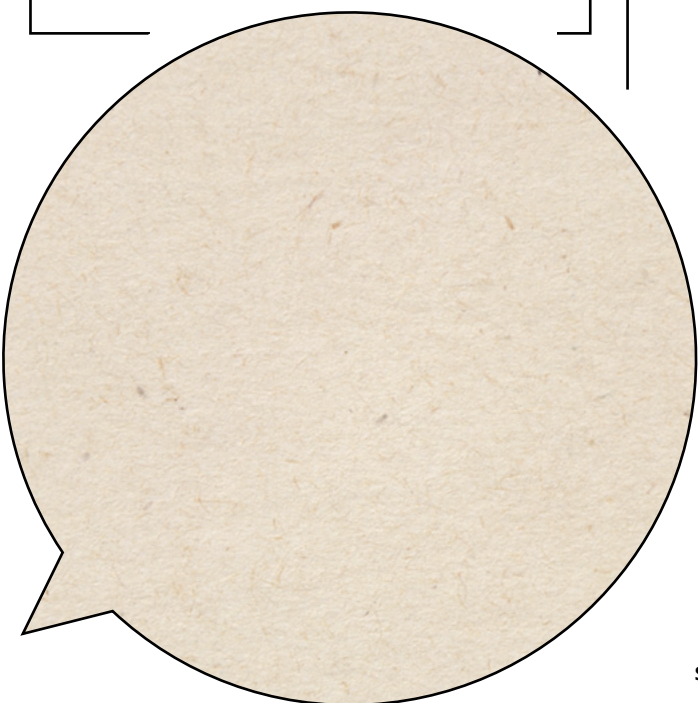
Elder David A. Bednar<sup>9</sup>





# FAAMATALAGA: \_\_\_\_\_





**E MAFAI ONA  
TATOU ILOAINA  
LE ALII MA  
FAALAGOLAGO IA  
TE IA PE A TATOU  
"TAUMAMAFI FIAFIA  
I AFIGA A KERISO."**

Sister Bonnie H. Cordon<sup>10</sup>

# Musumusuga NA MAUA.

Talu ai ua maea le konafesi, o le a le mea e sosoo ai? Na e lagona le musuia e suia pe faia se mea ese i lou olaga? Faaalu sina taimi e faatulaga ai ou manatu, saunia se fuafuaga, ona galue lea i ai.

## FAATAITAIGA O LE FUAFUAGA E FAATINO AI:

1. Toe faaleleia faaleagaga lo'u potu
2. [Tusi] e le aunoa i le apitalaaga

## FAATAITAIGA O AUTU:

- Aoaoina o le talalelei e faatotonugalemu-i-le-aiga
- Tapuai i le malumalu
- Mulimuli i le Faaola

**E FAAPEFEA ONA OU FAALELEIA?**

# O AUTU NA E MATAUINA

---

O le a se mea na sili ona tu matilatila mai ia te oe? Tusi i lalo nisi o autu nei, ma mafaufau e uiga i o latou uiga patino ia te oe ma lou olaga.

AUTU:

AUTU:

TA'UA E:

TA'UA E:

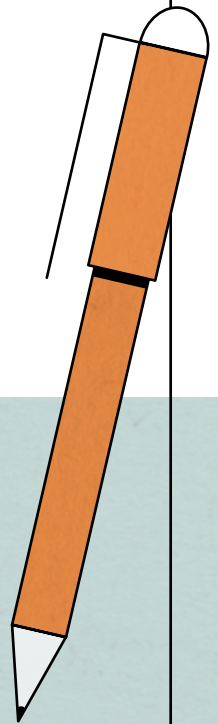
O LE MEA NA OU AOAONA:

O LE MEA NA OU AOAONA:

# O LE A NEI LE MEA O LE A FAI?

A maea le konafesi, faaalu sina taimi e toe iloilo ai au faamatalaga na tusitusi. Tusi i lalo mea e te lagona le musuia e faia, pe fai se lisi o ni sini e te manao e te galue ai.

---



## O LA'U MOLIMAU

*Na faapefea ona tuputupu ae la'u molimau i le aluga o lenei konafesi?*

### FAAMATALAGA

1. Neil L. Andersen, "O Le Siufofoga o le Alii," *Liahona*, Nov. 2017, 125.
2. Jeffrey R. Holland, "Aua Le Lafoai Ai Lo Outou Faamalosi," *Liahona*, Mati. 2000, 9.
3. Russell M. Nelson, "Faaaliga mo le Ekalesia, Faaaliga mo o Tatou Olaga," *Liahona*, Me 2018, 95.
4. Dallin H. Oaks, "I Lana Lava Taimi, i Lana Lava Ala," *Liahona*, Aok. 2013, 27.
5. Russell M. Nelson, "Faamoemoe o Isaraelu" (faigalotu a le autalavou i le lalolagi atoa, 3 Iuni, 2018), [HopeofIsrael.ChurchofJesusChrist.org](http://HopeofIsrael.ChurchofJesusChrist.org).
6. Ronald A. Rasband, "Aua Le Atuvale," *Liahona*, Nov. 2018, 20.
7. Michelle D. Craig, "Lagona Lē Mautonu," *Liahona*, Nov. 2018, 55.
8. Dieter F. Uchtdorf, "O Mataupu Faavae e Lua mo Soo se Tamaoaiga," *Liahona*, Nov. 2009, 58.
9. David A. Bednar, "Saili e Aoao e Ala i le Faatuatua," *Liahona*, Sete. 2007, 64.
10. Bonnie H. Cordon, "Ia Faatuatua i le Alii a e Aua le Faalagolago," *Liahona*, Me 2017, 6.
11. Sharon Eubank, "O Keriso: O Le Malamalama e Susulu i le Pogisa," *Liahona*, Me 2019, 75.

**UUNAIGA MO OE!**

**Ua silafia e le Alii le malosi o loo outou  
taumafai ai. O loo outou alualu i luma.**

**Ia faaauau pea.**

**Sister Sharon Eubank<sup>11</sup>**

MANAOMIA NISI KOPI?

Sii mai ma lolomi le tusigamanatu lenei i le  
**conference.ChurchofJesusChrist.org.**

O LE EKALEZIA A  
IESU KERISO  
O LE AU PAIA O ASO  
E GATA AI