

THE CHURCH OF  
JESUS CHRIST  
OF LATTER-DAY SAINTS

# Dear Parents,

**Next month** is general conference! Your family can use the activities on pages F11–13 as you listen. We will hear from the prophet, apostles, and other Church leaders—including women leaders in the general women’s session. Isn’t it wonderful that both women and men help lead the Church? You can use pages F11 and F16 to teach your children that both girls and boys are equally important. We need *everyone* to help build God’s kingdom.

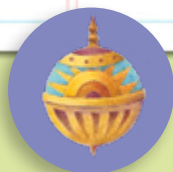
Enjoy conference!

The *Friend*

## HOW TO SEND YOUR CHILD’S ARTWORK OR EXPERIENCE TO THE *LIAHONA*

Go to [liahona.ChurchofJesusChrist.org](http://liahona.ChurchofJesusChrist.org) and click on “submit an article or feedback.” Or email it to us at [liahona@ChurchofJesusChrist.org](mailto:liahona@ChurchofJesusChrist.org) along with your child’s name, age, city of residence, and this permission statement: “I, [insert your name], give permission to The Church of Jesus Christ of Latter-day Saints to use my child’s submission in the Church magazines, on Church websites and social media platforms, and possibly in other Church materials.” We can’t wait to hear from you!

**Page F17: five times**



**Find the Liahona hidden inside!**

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**ON THE *FRIEND* COVER**  
Illustration by Kristin Kwan

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