



## 3 Nephi 8–11

SEPTEMBER 14–20

**J**ust before the Savior’s ministry among the Nephites following His Resurrection, the Nephites heard Heavenly Father’s voice introducing Jesus Christ as “my Beloved Son, in whom I am well pleased” (3 Nephi 11:7). The Nephites’ experience can teach us a lot about how we can hear God’s voice through the Holy Ghost in our own lives.

### DISCUSSION

By paying closer attention and desiring to understand, the Nephites finally heard Heavenly Father introduce His Son to them.

How can you better focus on seeking spiritual guidance in your life?

# How can we hear God’s voice?



ILLUSTRATIONS BY CAROLYN VIBBERT

### Go to the Temple

The Nephites had gathered around the temple in the land Bountiful (see 3 Nephi 11:1). Being in that sacred place provided them an opportunity to hear God’s voice.

How can we prepare to attend the temple and hear God’s voice through the Spirit?



### Feel the Power

At first, the Nephites heard a “small voice” but “understood not the voice” (3 Nephi 11:3). This voice “did pierce them that did hear to the center” (3 Nephi 11:3).

How can we feel the power of the “still small voice” of the Spirit? (see 1 Kings 19:11–12).



### Open Your Ears

After the Nephites heard the voice a third time, they “open[ed] their ears to hear it” (3 Nephi 11:5). They humbled themselves and were willing to listen.

How can we humble ourselves to hear the voice of God through the Spirit?



### Turn toward the Source

Once the Nephites opened their ears, they “look[ed] steadfastly towards heaven, from whence the sound came” and “did understand the voice which they heard” (3 Nephi 11:5–6).

