Dear Anxious,

The list below shows the kinds of things your bishop or branch president will talk to you about. You can ask him questions if you don't understand what something means. You can also have a parent with you if you want.

We love you!

The Friend

• Do you have faith in Heavenly Father, Jesus Christ, and the Holy Ghost?
• Do you support your Church leaders (like the prophet, the apostles, and your bishop)?
• Do you keep your mind and body clean and pure?
• Do you try hard to keep the covenants you made when you were baptized?
• Do you follow the commandments?
• Are you honest?
• Do you pay a full 10-percent tithing?
• Do you keep the Word of Wisdom?
• Do you believe you are worthy to enter the Lord’s house?

Even if you're not going to the temple right away, you can still get a temple recommend if you're in Young Women or hold the Aaronic Priesthood. It helps you remember to stay worthy to go to the temple!