General Conference NOTEBOOK

YOUR GUIDE TO PREPARE FOR AND LEARN FROM GENERAL CONFERENCE

A SUPPLEMENT TO THE NEW ERA AND LIAHONA



for ward leaders to print a small number of copies for those they serve in the capacity of their callings. Booklets must be printed in their entirety. This does not include permission to post online, repurpose or distribute this material. Any additional use of this material requires permission.

permissions.ChurchofJesusChrist.org



GENERAL CONFERENCE IS AN AMAZING TIME TO SEEK AND RECEIVE PERSONAL REVELATION.

Want a fantastic general conference learning experience? *Prepare* for conference in advance, *listen* during conference, and *study* afterwards. You will draw closer to Heavenly Father and open the doors for personal guidance. Use this conference to help you seek answers and learn what you can do to grow spiritually.

WHAT'S INSIDE:

F	Preparation Starts Here	. 2
	First Presidency and Quorum of the Twelve Apostles	.3
(Questions and Answers	.4
(Create a Conference Game	. 6

Write Inspiration Down	8
nspiration Received	.26
Themes You Noticed	.27
What I Will Do	.28
My Testimony	.29

Preparation STARTS HERE.

General conference is a great way to get inspiration and guidance. You'll have an even better experience when you prepare in advance to receive personal revelation. Start preparing!

DID YOU PRAY FOR THE SPEAKERS AND CHURCH LEADERS? HAVE YOU THOUGHT ABOUT QUESTIONS YOU'RE SEEKING ANSWERS TO?

THE FIRST PRESIDENCY

Sustained January 14, 2018.



PRESIDENT DALLIN H. OAKS 1st Counselor sustained as an Apostle: 1984



PRESIDENT RUSSELL M. NELSON President of the Church sustained as an Apostle: 1984



PRESIDENT HENRY B. EYRING 2nd Counselor sustained as an Apostle: 1995

THE QUORUM OF THE TWELVE APOSTLES



PRESIDENT M. RUSSELL BALLARD sustained: 1985



ELDER JEFFREY R. HOLLAND sustained: 1994



ELDER DIETER F. UCHTDORF sustained: 2004



ELDER DAVID A. BEDNAR sustained: 2004



ELDER QUENTIN L. COOK sustained: 2007



ELDER
D. TODD CHRISTOFFERSON
sustained: 2008



ELDER NEIL L. ANDERSEN sustained: 2009



ELDER RONALD A. RASBAND sustained: 2015



ELDER GARY E. STEVENSON sustained: 2015



ELDER DALE G. RENLUND sustained: 2015



ELDER GERRIT W. GONG sustained: 2018



ELDER ULISSES SOARES sustained: 2018

Q&A:

Write down the questions you have in your life that you want guidance on. Then record your answers and impressions during conference.

MY QUESTION:	MY QUESTION:
* * * * * * * * * * * * * * * * * * * *	
ANSWER:	ANSWER:

	STION:			
		5		
ANSWER				

CHRIST IS THE HELPER AND CONSOLER. HIS WAYS BRING JOY AND HOPE—EVENTUALLY AND ALWAYS.

Elder Dale G. Renlund¹

MY QUESTION:
ANSWER:

CREATE A CONFERENCE GAME



Want to help yourself focus on conference—and have a little fun while you do it? Create your own conference game!

Before conference, write a topic in each square. As you watch, listen for those topics and cover the square with a token when its topic is mentioned. You can use anything for a token—but for extra fun, try a piece of candy or chocolate! Choose your own patterns to win—five across, down, or diagonally; four corners; center nine; etc.

Each member of your family can create their own game card. The winner gets to eat their candy tokens. And the best part is, once someone wins, you can start over right away! For an extra level of difficulty, make more than one card.

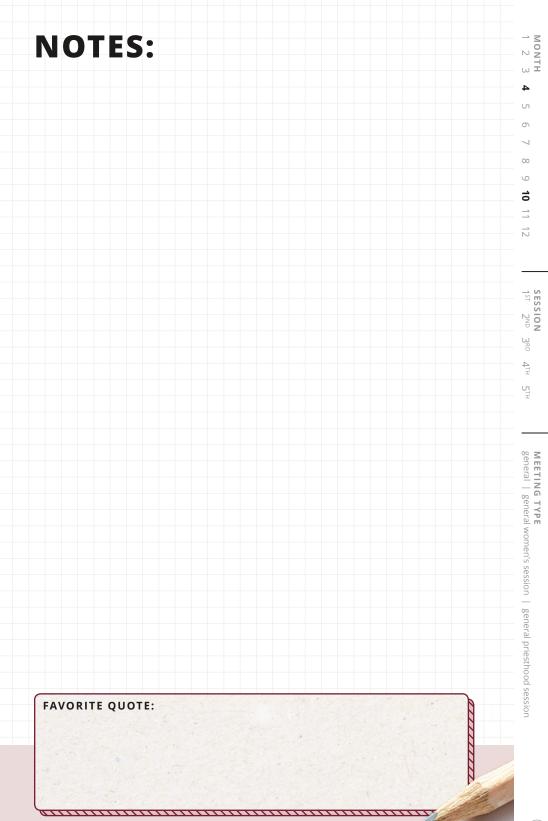
Looking for topic ideas? Consider things like "temple," "Come, Follow Me," "repentance," or when a speaker is mentioned by name by another speaker.

LOVE IS MADE SACRED THROUGH SACRIFICE.

Sister Cristina B. Franco²

Write Inspiration **DOWN.**

Now that conference is finally here, listen for answers. Write down promptings, look for promised blessings, and pay extra attention to things you feel impressed to work on. Jot down quotes that inspire you, and take note of messages that really stick out to you.



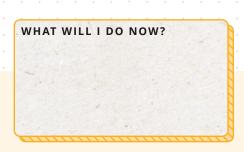
NOTES: WHAT WILL I DO NOW? PROMISED BLESSINGS:

14

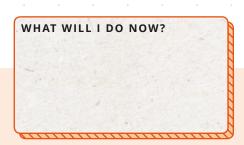
YOU CAN LEARN FOR YOURSELF—RIGHT NOW AT YOUR AGE—HOW TO RECEIVE PERSONAL REVELATION. AND NOTHING WILL MAKE A BIGGER DIFFERENCE IN YOUR LIFE THAN THAT!

President Russell M. Nelson





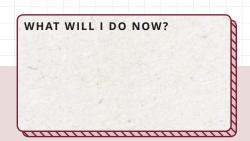




Sister Bonnie H. Cordon⁵

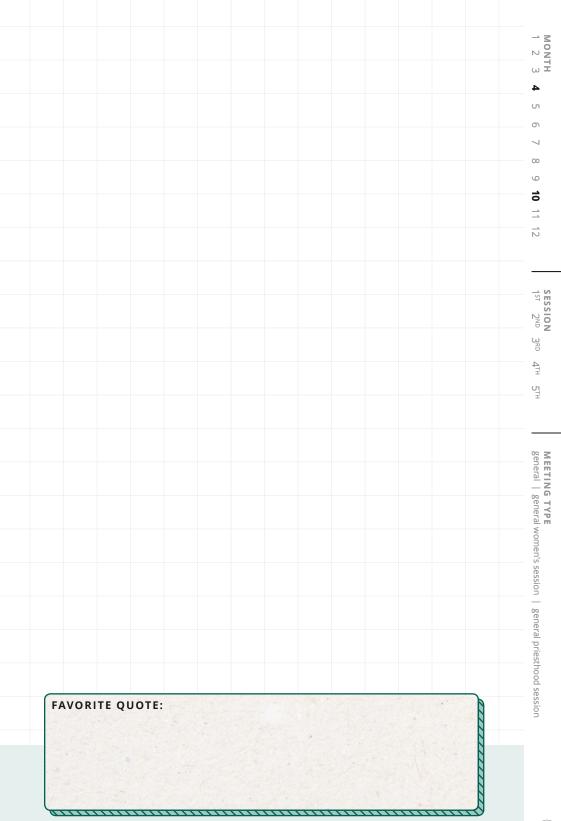
FAVORITE QUOTE:



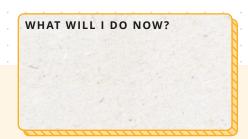


FAVORITE QUOTE:

NOTES: REVELATION ALMOST ALWAYS COMES IN RESPONSE TO A QUESTION. ELDER JEFFREY R. HOLLAND⁷ WHAT WILL I DO NOW? PROMISED BLESSINGS:





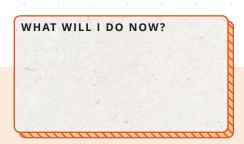


TO RECEIVE PERSONAL REVELATION, WE MUST PLACE
PRIORITY ON LIVING THE GOSPEL AND ENCOURAGING
FAITHFULNESS AND SPIRITUALITY IN OTHERS
AS WELL AS OURSELVES.

· Elder Ronald A. Rasband®

FAVORITE QUOTE:





0

5<u>H</u>

YOU HAVE THE CAPACITY TO RECEIVE REVELATION AND TO ACT ON IT FEARLESSLY.

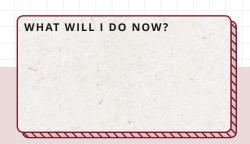
President Henry B. Eyring⁹

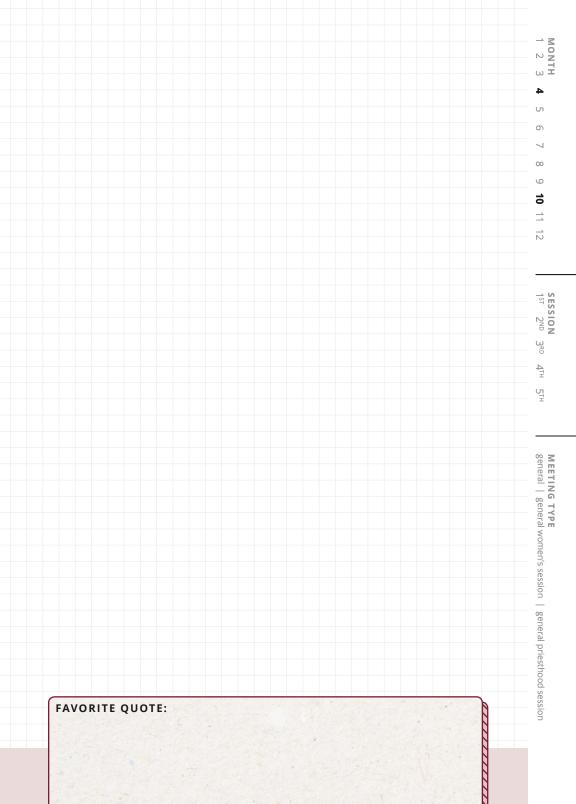
FAVORITE QUOTE:

REVELATION IS A REALITY. IT COMES IN THE LORD'S WAY AND ACCORDING TO THE LORD'S TIMETABLE.

President Dallin H. Oaks¹⁰







Inspiration **RECEIVED.**

Now that conference has wrapped up, what's next? Did you feel inspired to change or do something different in your life? Take some time to organize your thoughts, prepare a plan, and then act on it.

SAMPLE ACTION PLAN:

- 1. Spiritually remodel my room
- 2. Journal regularly

Examples of Themes:

- Home-centered gospel learning
- Temple worship
- Following the Savior

GOALS

How will I improve?

THEMES

YOU NOTICED

What stuck out to you the most? Write down some of these themes, and think about what they mean personally for you and your life.

THEME:	THEME: —
MENTIONED BY:	MENTIONED BY:
WHAT I LEARNED:	WHAT I LEARNED:



After conference, take some time to review your notes. Write down what you feel inspired to do, or make a list of goals you want to work on.

MY TESTIMONY How did my testimony grow during this conference?

NOTES

- 1. Dale G. Renlund, "Choose You This Day," *Ensign* or *Liahona*, Nov. 2018, 105.
- 2. Cristina B. Franco, "The Joy of Unselfish Service," *Ensign* or *Liahona*, Nov. 2018, 57.
- Russell M. Nelson, "Revelation for the Church, Revelation for Our Lives," Ensign or Liahona, May 2018, 93.
- 4. Russell M. Nelson, "Hope of Israel" (worldwide youth devotional,

- June 3, 2018), Hopeoflsrael. ChurchofJesusChrist.org.
- 5. Bonnie H. Cordon, "Trust in the Lord and Lean Not," *Ensign* or *Liahona*, May 2017, 6.
- David A. Bednar, "The Spirit of Revelation," Ensign or Liahona, May 2011, 87.
- 7. Jeffrey R. Holland, "Cast Not Away Therefore Your Confidence," *Ensign*, Mar. 2000, 9.
- 8. Ronald A. Rasband, "Be Not

- Troubled," Ensign or Liahona, Nov. 2018, 20.
- Henry B. Eyring, "The Lord Leads His Church," Ensign or Liahona, Nov. 2017, 82.
- Dallin H. Oaks, "In His Own Time, in His Own Way," Ensign or Liahona, Aug 2013, 27.
- Dieter F. Uchtdorf, "Two Principles for Any Economy," Ensign or Liahona, Nov. 2009, 58.

INSPIRATION FOR YOU!

The scriptures and the words of modern-day apostles and prophets are the sources of wisdom, divine knowledge, and personal revelation to help us find answers to all challenges in life.

ELDER DIETER F. UCHTDORF11

NEED MORE COPIES?

Download and print this notebook at conference.ChurchofJesusChrist.org.

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS