## Dear Parents,

In this issue you can learn about using the correct name of the Church, the importance of temples, and including others. You can use these articles and the ideas below to open conversations with your family about things we can do to progress along the covenant path.

## **GOSPEL DISCUSSIONS**

## Thus Shall My Church Be Called

President Henry B. Eyring talks about why we use the full name of the Church and what blessings we receive by doing so (see page 6). You could read this article as a family and discuss how using the full name of the Church is a way to share our testimony.

#### The Temple

Use the articles on pages 10–17 and the stories in the *Friend* magazine to help your family learn about the temple. Consider asking your children what the temple means to them. Use Church resources to help you answer any questions they have about the temple.

#### Inclusion

If you have older children who experience same-sex attraction or have friends who do, read the article on page 20 together. Then discuss how you can help your children or their friends feel more included and how you can share God's love for them.

## Come, Follow Me Insights

See pages 26–29.





## COME, FOLLOW ME FAMILY FUN

## The Weight of Affliction

Doctrine and Covenants 122:5-9

- 1. Gather some heavy items, such as rocks or large books.
- 2. Have everyone sit in a circle.
- 3. Show a picture of Joseph Smith in Liberty Jail.
- 4. Read Doctrine and Covenants 122:5–7.
- 5. For each affliction mentioned in these verses, place a rock in the middle of the circle.
- 6. Have each family member add one more rock to the pile to represent a trial they have gone through.
- 7. Read Doctrine and Covenants 122:8–9.
- 8. Who has felt the pain of all of these trials? Imagine how it would feel to carry them all.

**Discussion:** In what ways does the Lord understand us, help us, and turn our trials into experiences that "shall be for [our] good"? (Doctrine and Covenants 122:7). For ideas, see Jeffrey R. Holland, "Lessons from Liberty Jail," *Ensign*, Sept. 2009, 29–32.

Submitted by Mitzi Schoneman

## FROM FOR THE STRENGTH OF YOUTH MAGAZINE

## **Using the Missionary Referral Tool**

Read this article as a family and discuss how each person can use this tool to make missionary work easier. Find out what information they would need to refer someone to the missionaries. You can help them do that, or if they have their own devices, show them how to use the tool for themselves.

## **Preparing for Your Endowment**

If you have children who are preparing to receive their endowment, read this article with them. Discuss any questions they have.

# Blessings of Using the Correct Name of the Church

Discuss with your children what the correct name of the Church is and why we use it. Read this article by Elder Ulisses Soares and use the ideas to guide your discussion and to help your children recognize the blessings of using the correct name of the Church.

## **Growing Strong in Ireland**

Do you live where there aren't very many members? Read Evan's story as a family about how he stands for his beliefs as one of the only Church members in his school. Ask your children how they can make good choices and stand for truth even when they have to stand alone.





#### FROM THE FRIEND MAGAZINE

## **All about Temples**

Learn about Elena's first temple trip, Ajan's excitement to get a temple recommend, and Margaret's sacrifice to attend the temple in New Zealand.

Use the "My Story" journal page to help your children figure out how many years, months, and days they have until they can get their temple recommend.

## **Loving and Accepting Others**

Angie doesn't like the new boy in her class until she learns more about him. Use this story to teach your children about loving others instead of judging them.

## Come, Follow Me for Little Ones

Find weekly scripture-based activities and other helpful resources for teaching younger children in the For Little Friends section.

#### **Apostles around the World**

Learn about Elder Dale G. Renlund's visit to Church members in the Caribbean.