



# How do we draw upon the powers of heaven?

In Doctrine and Covenants 121:36 we learn that “the powers of heaven cannot be controlled nor handled only upon the principles of righteousness.” Verses 40 and 41 provide some examples of righteous principles. Learning to live by these principles will help us draw the powers of heaven into all aspects of our lives.

## DRAWING THE SAVIOR’S POWER INTO OUR LIVES

“When the Savior knows you truly want to reach up to Him—when He can feel that the greatest desire of your heart is to draw His power into your life—you will be led by the Holy Ghost to know exactly what you should do.”

President Russell M. Nelson, President of The Church of Jesus Christ of Latter-day Saints, “Drawing the Power of Jesus Christ into Our Lives,” *Ensign* or *Liahona*, May 2017, 42.

### NOTES

1. See David A. Bednar, “Meek and Lowly of Heart,” *Ensign* or *Liahona*, May 2018, 32.
2. See *Preach My Gospel: A Guide to Missionary Service* (2018), 124, 132.

### What does it mean to be long-suffering?

One definition of *long-suffering* is having the ability to endure in giving love, even when we may feel alone, hurt, or frustrated. Do you know others who are examples of being long-suffering? How can you follow their example?



### How can I show meekness?

Part of being meek is recognizing the successes of others.<sup>1</sup> Is there someone in your life you can sincerely congratulate or praise?

### Am I showing love sincerely?

Divine love is genuine. How can you develop more genuine love for the people around you? Chapter 6 of *Preach My Gospel* teaches how to develop Christlike qualities and lists several scriptures you can study about love.<sup>2</sup>



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