

How do I find friends with good standards?



“The compassion of Christlike friends deeply touches and changes our lives. We should well remember that the Lord often sends ‘blessings from above, thru words and deeds of those who love.’”

Elder Joseph B. Wirthlin (1917–2008) of the Quorum of the Twelve Apostles, October 1997 general conference.



Kindness Is Key

Show them love and be kind. Show that you care about them and their happiness. If they do not

show that they care for you and aren't kind, you probably don't want to pursue that friendship.

Madi B., age 15, Arizona, USA



Share the Gospel

You can find new friends with good standards by going to teach with the missionaries. They know

quite a few young people who need a friend in the Church.

Elder Quintanilla, age 20, Barbados Bridgetown Mission

Pray for Your Friends

I pray a lot to see if my friends are the right ones who can help me raise my standards and my testimony of Jesus Christ.

Imanol M., age 18, Chihuahua, Mexico



God Will Help You

I have found that if I go out of my way to look for the people that show Christ's light, that has made all the

difference. Heavenly Father knows your desires and if you do your part, then He will answer those prayers.

Olivia T., age 18, Utah, USA

Live Your Standards

Be an example of living your standards.

And if you have friends who do not have the same standards, show them that they are special in the sight of God.

Jesus loved everyone and taught them to follow His ways.

Bernard B., age 19, Palawan, Philippines

Responses are intended for help and perspective, not as official pronouncements of Church doctrine.

What Do You Think?

"How do I get over feelings of loneliness?"

Submit your answer and, if desired, a high-resolution photograph by November 15, 2019, at liahona.ChurchofJesusChrist.org (click "Submit an Article or Feedback").

Responses may be edited for length or clarity.