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# Family Home Evening Ideas

This issue contains articles and activities that could be used for family home evening. The following are two examples.



## "Little Children and the Sacrament,"

page 16: After reading the article as parents, you could discuss ways to teach your young children about the importance of the sacrament and the covenants they will one day make at baptism. You could use the sacrament prayers (found in Doctrine and Covenants 20:77, 79) to teach about the promises we make at baptism and how taking the sacrament each Sunday allows us to renew those promises. You could also come up with ideas to help your young children focus on the Savior during the

sacrament, such as creating simple picture books filled with images of the Savior.

**"A Recipe for Learning,"** page 62: If you have older children who study the scriptures on their own, consider reading this article with them and inviting them to try the ideas from the article. You could have each family member create a personal study journal and make goals to write in it regularly. Family members can volunteer to share thoughts and impressions from their journals at future family home evenings.

## MORE ONLINE

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## TOPICS IN THIS ISSUE

*Numbers represent the first page of the article.*

**Book of Mormon,** 26, 43, 74, 76

**Callings,** 8

**Children,** 16, 42

**Commandments,** 4

**Courage,** 74

**Divine nature,** 46

**Faith,** 46, 58, 74, 76

**Family,** 7, 26, 44, 66, 68, 70

**Family history,** 26, 42

**Fasting,** 44

**Following the prophet,** 46

**Friends,** 64

**Holy Ghost,** 70

**Honesty,** 72

**Hope,** 58

**Humanitarian service,** 36

**Jesus Christ,** 4, 61, 76

**Love,** 30, 41

**Lust,** 30

**Mercy,** 40

**Miracles,** 44

**Missionary work,** 24, 36

**Music,** 79

**Obedience,** 4, 30, 46

**Patience,** 54

**Peace,** 58, 68

**Personal revelation,** 46

**Prayer,** 44, 66

**Prophets,** 46, 80

**Sabbath day,** 8, 42

**Sacrament,** 9, 16

**Scripture study,** 43, 62

**Service,** 41, 58

**Standards,** 64

**Suicide,** 18

**Teaching,** 16, 72

**Temple,** 69

**Testimony,** 74

**Tithing,** 72

**Trials,** 18, 44, 58