

JOS BLONG JISAS KRAES BLONG OL LATA-DEI SENT OKTOBA 2015

# Lihona



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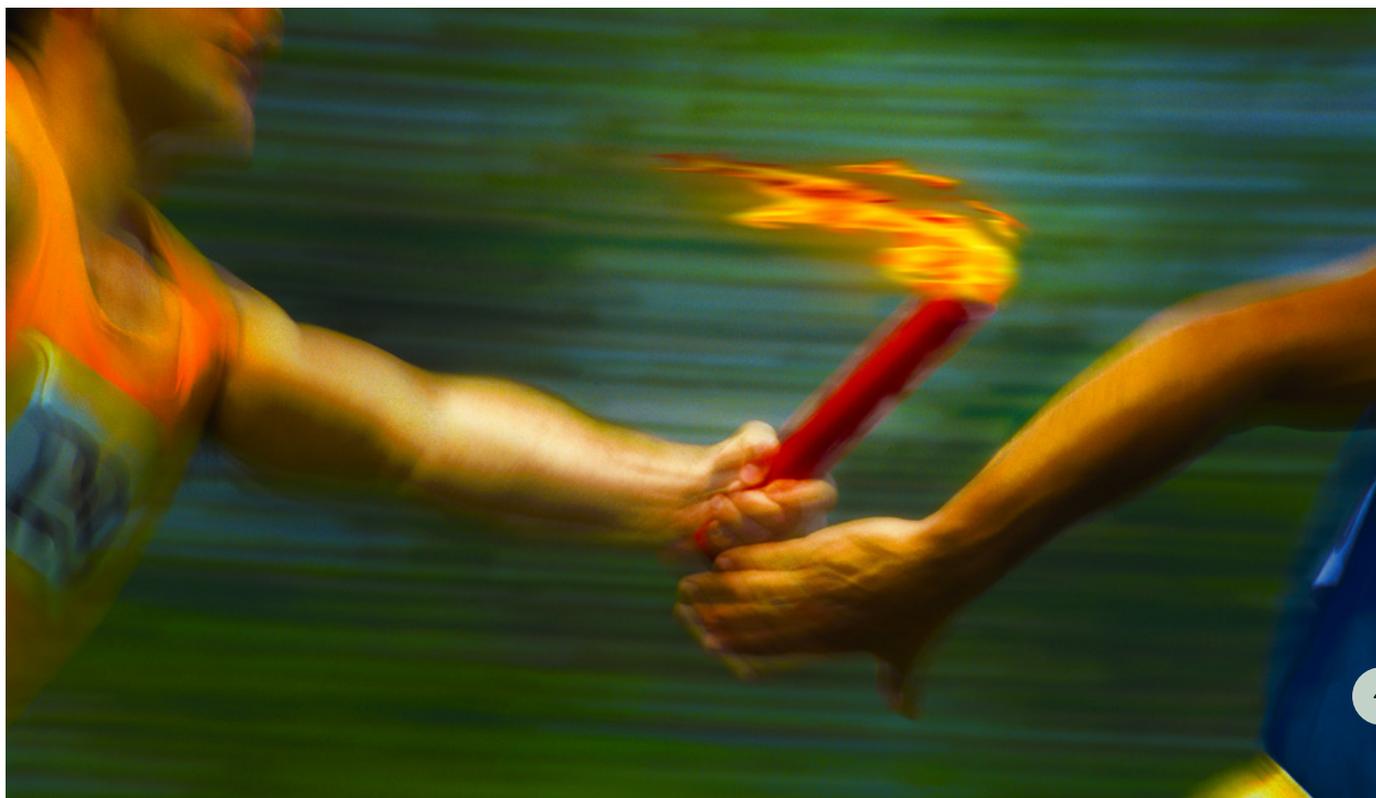
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*"Hem i talem wan narafala parabol long olgeta; kingdom blong heven i olsem is, we woman i putum long wan bigfala dis flaoa. Nao is ya, man i no moa save luk, be i mekem olgeta flaoa ya i solap."*

**Matiu 13:33**



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# Sam Tingting blong Famle Haos Naet

*Magasin ia i gat ol stori mo ol aktiviti we oli save yusum long famle haos naet.  
Wanem i kam afta hem i tu tingting blong yusum*



## "Stap Selebretem Famle Haos Naet,"

pej 26: !Sapos yu neva mestem wan wik o hemia i fastaem we yu traem, gat tingting ia blong gat wan spesel famle haos naet *blong givim ona* long famle haos naet! Yu save ridim stori ia blong luk olsem wanem ol famle raon long wol i stap glad blong spendem taem wetem wanwan long olgeta taem oli stap lanem gospel. Gat tingting ia blong storian raon long olsem wanem bae yu kasem gol blong yu blong stap mekem famle haos naet. ?Wanem nao yu nidim blong yusum blong ansarem ol nid blong famle blong yu? Olsem wan famle, ating bae yu komitim yufala bakegen blong mekem 100 yia tradisen wan fas samting long hom blong yuwan, nomata wanem situesen.

## "Stap Faenem Help,"

pej 72: Gat tingting ia blong ridim stori tugeta olsem wan famle mo afta storian raon yusum ol kwestin ia: (1) ?Wanem ol kaen pikja o midia we ating ol pikinini i stap yusum? (2) ?Wijwan long ol samting ia i nogud blong yumi blong stap luk, o no karemaot ae long hem? (3) ?Wanem nao wan man/woman i mekem long wan taem we oli luk o harem samting we oli save se oli no mas luk o harem? Toktok raon long ol defren wei we i stap long "!O No!" ?Wanem Nao?" long pej 74 sapos yu nidim help wetem sam tingting (blong kamaot long situesen ia, toktok long papa mo mama, stap mekem seves, mo sam moa.)

## LONG LANWIS BLONG YU

*Liahonamo* ol nara tul blong Jos oli stap long plante lanwis long [www.languages.lds.org](http://www.languages.lds.org). Visitim [Facebook.com/liahona.magazine](https://www.facebook.com/liahona.magazine) blong faenem sam tingting blong famle haos naet, ol help blong Sandei lesen, mo serem wanem we i stap insaed ia wetem ol fren mo famle (yu faenem i stap long Inglis, mo long lanwis Potugal mo Spein).

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*Ol namba oli ripresentem fas pej blong stori.*

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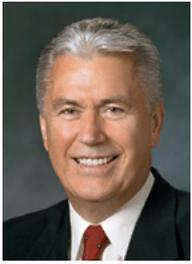
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**I Kam long Presiden Dita F. Ukdof**  
Seken Kaonsela long Fas Presidensi

# Finisim Resis

## WETEM TOJ BLONG YU I STAP LAET YET

**L**ong taem bifo long Gris, ol man blong resis oli stap ron long wan riley we oli singaotem *lampadodromia*.<sup>1</sup> Long riley ia, ol man oli holem wan toj long han blong olgeta mo pasem long narawan kasem taem we las man i krosem laen blong finis.

Oli no givimaot praes long tim we i ron spid bitim ol narawan—be, oli givim long fas tim we i krosem laen wetem toj we i stap laet yet.

I gat wan impoten lesen long ples ia, wan we ol profet blong bifo mo naoia oli stap tijim: hem i impoten blong statem resis ia, be hem i moa impoten blong yumi resis wetem toj we i stap laet yet.

### Solomon i bin Strong long Stat

King Solomon i wan eksampol blong wan man we i bin stat strong. Taem hem i yangfala, hemi “lavem Lod, . . . (1 Kings 3:3). God i glad tumas long hem mo talem, “Yu askem wanem yu wantem blong Mi givim long yu” (1 Kings 3:5).

Hem i no bin askem ol rij samting o wan longfala laef, be Solomon i askem “wan hat we i save andastanem hao blong jajem ol man, blong mi save luksave gud mo nogud” (1 Kings 3:9).

Hemia i mekem se Lod i glad tumas mo Hemi blesem Solomon, i no wetem waes nomo, be tu wetem plante rij samting we yu no save kaontem mo wan longfala laef.

I tru se Solomon i waes tumas mo hemi bin mekem plante gud samting, be hem i no strong kasem en. Sori tumas we taem ol yia i pas, “Solomon i bin mekem ol nogud samting long fes blong Lod, mo i no folem fulwan ol komanmen blong Lod” (1 Kings 11:6)

### Finisim ol Resis blong Yumiwan

?Hamas taem yu bin statem wan samting be yu no bin finisim? ?Ol plan blong katem kaekae? ?Ol prokram blong eksesaes? ?Ol tingting blong mas ridim skripja evridei? ?Ol joes blong kam ol gudfala disaepol blong Jisas Kraes?

?Hamas taem yumi bin putum ol gol long Jenware mo folem wetem strong tingting blong sam dei, sam wik, o sam manis be taem Oktoba i kam yumi faenemaot se smok blong komitmen ia i no mo gat, be kolkol asis nomo i stap?

Wan dei, mi bin luk wan fani pikja blong wan dog i stap lei daon kolosap long wan pis pepa we hem i bin brekbrekem. Pepa ia i rid olsem, “Setifiket blong Dog- Fasin blong stap Obei Trening”

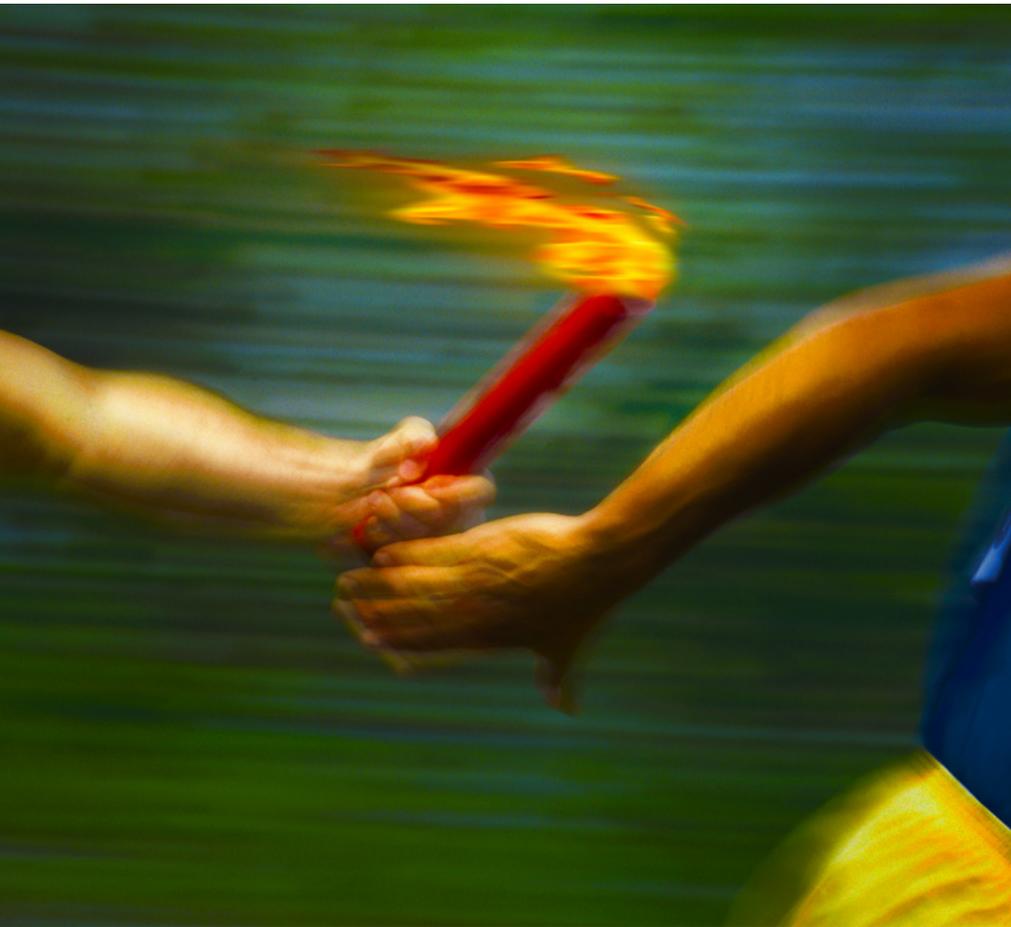
Yumi tu yumi olsem samtaem.

Yumi gat ol gudfala tingting; yumi stat strong; yumi wantem stap wan gud man. Be long en, yumi lego ol gol ia i borkbrok, sakemaot, mo fogetem.

Hemi fasin blong ol man blong foldaon, feil, mo samtaem yumi wantem blong kamaot long resis ia. Be olsem ol disaepol blong Jisas Kraes, yumi komitim yumi i no blong statem resis ia nomo be tu blong finisim—mo finisim wetem ol toj we oli stap saen braet. Sevyia i promesem ol disaepol blong Hem, “Hem we i stanap kasem en, bambae hem i stap sev” (Matiu 24:13).

Bambae mi tanem promes blong Sevyia i kam long dei blong yumi: Sapos yumi kipim ol komanmen blong Hem mo stap kasem en wetem ol toj we oli stap laet





From se toj ia i no blong yumi  
o wanem yumi save mekem.  
Hem i blong Sevyia blong wol.  
Mo hemia i wan laet we bae i neva  
save ded. Hem i wan laet we i stap  
solem daon tudak, i hilim ol so, i save  
laet strong iven long medel blong ol  
bigfaka harem nogud mo ol bigfala  
tudak.  
Hem i wan laet we i saen bitim  
save blong man.  
Bambae wanwan long yumi i save  
finisim rod we yumi statem. Mo we-  
tem help blong Sevyia mo Ridima,  
Jisas Kraes, bambae yumi kasem en  
wetem bigfala glad mo wetem ol toj  
we oli stap laet yet. ■

yet, bambae yumi kasem laef we i no save finis, we hem  
i bigwan bitim evri nara presen blong God (luk long  
D&K 14:7; luk tu long 2 Nifae 31:20).

### Laet we i neva save Ded

Samtaem, afta we yumi faoldaon, lus, o givap, tingting  
blong yumi i foldaon mo yumi biliv se laet blong yumi i  
ded mo yumi lusum resis blong yumi. Be mi testifae se  
Laet blong Kraes i no save ded. Hem i saen long ol naet  
we i tudak tumas mo bae i save mekem ol hat blong yumi  
i laet bageken sapos yumi givim ol hat blong yumi long  
Hem (luk long 1 Kings 8:58).

I nomata hamas taem o yumi foldaon bigwan olsem  
wanem, Laet blong Kraes bae i gohed blong saen braet.  
Mo iven long ol bigfala tudak, sapos yumi tekem wan  
step i go long Hem, bae laet blong Hem i karemaot ol  
tudak ia mo bae i laetem ol sol blong yumi bageken.

Resis blong stap olsem wan disaepol i no wan sot resis,  
hem i wan longfala resis. Mo i nomata se yumi go spid  
olsem wanem. Wan wei nomo we yumi save lusum resis  
ia hem i sapos yumi givap.

Sapos yumi stap gohed blong girap mo mov i go from  
Sevyia, yumi save winim resis ia wetem ol toj we oli stap  
saen strong.

### NOT

1. *Harpers Dictionary of Classical Antiquities* (1898), "Lampadedromia," [www.perseus.tufts.edu/hopper](http://www.perseus.tufts.edu/hopper). Poseinias i diskraebem wan resis wetem toj we ol man we oli karem toj, ating blong wanwan traeb, oli no pasem toj blong olgeta. Be semak olsem *lampadedromia* man we i win hem i hemia we i kasem en fastaem wetem toj we i stap laet yet.

### YUSUM MESEJ IA BLONG TIJ

**T**ingbaot blong leftemap tingting blong olgeta we  
yu tijim blong lukluk bak long wea ples nao ol-  
geta i stap long hem long "resis" ia blong laef. ?Ol toj  
blong olgeta i stap saen strong yet? Yu save ridim pat  
ia we i talem se Laet blong Kraes hem i "wan Laet we  
i stap blong draonem tudak, i hilim ol so, i save laet  
strong iven long medel blong ol bigfala harem nogud  
mo ol bigfala tudak." Afta tingbaot blong tokbaot  
wetem olgeta we yu stap tijim, olsem wanem nao Laet  
blong Kraes i stap pulum tingting blong olgeta bifo  
mo hao olsem wanem hemi stap pulum tingting blong  
olgeta naoia.

## Rere long Toj blong Yu: 30–Dei Tes

**B**long ol yut insaed long Jos we oli gat plante samting blong mekem, hem i isi nomo blong oli no save lego ol semmak sistem we oli stap wok folem evridei, speseli wetem ol samting long saed blong spirit. Yumi ridim ol skripja, prea, mo wosip folem semmak fasin evridei afta yumi stap tingting se from wanem yumi no stap gro long saed blong spirit.

Wan gudfala wei blong kipim toj blong yu long saed blong spirit i gohed blong saen strong hem i blong mekem súa se ol eksperiens we yumi stap gat long saed blong spirit i gat mining long yumi. Be hemia hem i isi blong talem bitim blong mekem, hemia hem i wan tingting blong helpem yu blong gohed blong gro long saed blong spirit: Tingbaot wan aktiviti long saed blong gospel we yu neva bin mekem bifo (o yu no bin mekem longtaem) mo gat wan strong tingting blong mekem hemia evridei blong wan ful manis. Yu save stat smol from bae yu luk se i moa



isi blong smol smol jenis we bae i save stap longtaem. Blong mekem ol samting we bae i save tekemaot yumi long ol ples blong kamfot long saed blong spirit, i nidim yumi blong gat moa fet mo traehad moa, yumi stap invaetem Tabu Spirit blong stap wetem yumi, mo yumi stap soemaot bigfala fet long Papa long Heven mo wantem kam moa kolosap long Hem. Hemia samfala tingting blong yu save stat wetem:

- Mekem wan gol blong prea evri moning mo naet. Traem prea i kamaot bigwan.
- Wekap fiftin minit eli mo ridim ol skripja blong yu bifo yu go long skul.
- Ridim ol toktok blong ol jenerol konfrens we i pas finis.
- Raetem wan skripja blong Buk blong Momon long sosol teknoloji.
- Lisin long ol tabu singsing o miusik blong Jos be i no long ol miusik we yu stap lisin long hem oltaem.

## OL PIKININI

### Mekem Toj Blong Yu i saen moa Strong

**L**ong taem bifo long Gris, i gat wan resis we oli ron wetem toj we i stap laet. Hu ya we i finisim resis ia wetem toj we i stap laet yet, hem nao i win. Presiden Ukdof i talem se laef

blong yumi i olsem resis ia. Toj we yumi holem hem i Laet blong Kraes. Taem yumi stap traem blong kam olsem Jisas Kraes, yumi stap mekem toj blong yumi i saen moa strong.

Smael o talem halo long wan man we i luk olsem se i nogat fren

Stap kros long wan man

Stap kea long bodi blong yu

Jikim brata o sista blong yu

Obei long profet

Givap taem yu mekem wan rong samting

Helpem nara man



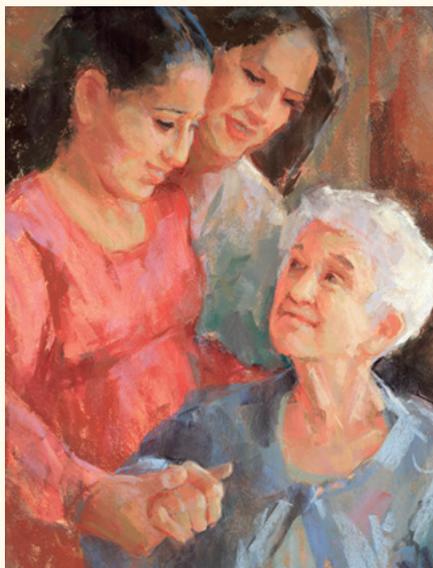
Kalarem ol sekol blong ol samting we boe i save mekem blong kam olsem Jisas Kraes mo mekem toj blong hem i saen moa strong.

*Stadi long toktok ia wetem prea mo luklukgud blong save wanem blong serem. ?Olsem wanem nao taem yu andastanem fasin blong Sevoja i leftemap fet blong yu long Hem, mo blesem olgeta we yu stap lukaotem olgeta tru long visiting tijing? Blong kasem moa infomesen, go long relief society.lds.org.*

## Ol Fasin Blong Jisas Kraes: Hem I Gat Jareti mo Lav

*Hemia i pat long wan longfala laen blong Ol Visiting Tijing Mesej we bae i tokbaot ol defren fasin blong Sevoja.*

**G**aed blong ol Skripja i talem mining blong jareti olsem “wan kaen lav we i moa hae, i moa gud, i moa strong” (“Jareti”) Hem i klin lav blong Jisas Kraes. Taem yumi stap lanem abaot Jisas kraes mo stap trae had blong kam olsem Hem, bambae yumi save stat blong filim klin lav blong Hem long ol laef blong yumi wantem blong lavem mo helpem ol nara man olsem we bae Hem i mekem. “Jareti hem i blong gat fasin blong save wet longtaem wetem wan man we i bin mekem yumi harem nogud,” Presiden Tomas S. Monson i talem. “Hem i blong blokem ol filing we i save mekem yumi harem nogud kwiktaem. Hem i blong akseptem ol wiknes. Hem i blong akseptem ol man olsem huya olgeta. Hemi blong lukluk bitim fisikol bodi i go long ol samting we bae i nosave lus taem ol yia i stap pas. Hemi blong blokem filing ia blong jajem ol nara man.”<sup>1</sup>



Insaed long Buk blong Momon, yumi lanem bigfala trutok ia se taem yumi “prea long Papa wetem evri paoa blong hat, blong [yufala] i save fulap wetem lav ia, we hem i bin givim long olgeta we oli ol tru man blong folem Pikinini blong hem, Jisas Kraes; blong yufala i save kam ol boe blong God; blong taem we bae hem i kamaot bae yumi stap olsem hem, from bae yumi lukim hem olsem we hem i stap; blong yumi save gat hop ia; blong yumi save kam klin olsem we hem i klin. Amen. (Moronae 7:48).

### Sam Moa Skripja

Jon 13:34–35; 1 Korin 13:1–13;  
1 Nifae 11:21–23; Ita 12:33–34

#### OL NOT

1. Thomas S. Monson, “Charity Never Faileth,” *Liahona* Nov. 2010, 124
2. Luk long *Daughters in My Kingdom: The History and Work of Relief Society* (2011), 119–120.
3. Luk long *Daughters in My Kingdom*, 87.



### Fet, Famle, Help

#### I Kamaot long Histri blong Yumi

“Wan sista we man blong hem i jes ded, i glad tumas blong gat ol visiting tija we oli serem sore wetem hem mo kamfotem hem. Hem i bin raetem: “Mi rili nidim wan man we bae i save helpem mi; wan man we bae i save lisiin long mi. . . . Mo olgeta we oli lisiin, Oli kamfotem mi. Oli krae wetem mi. Mo oli haggem mi . . . [mo] helpem mi blong kamaot long bigfala harem nogud ia long ol fas manis we mi bin stap miwan,”

“Wan nara woman i talemaot filing blong hem long wan taem we hem i bin kasem tru jareti ia long wan visiting tija: “Mi bin save se mi mi no wan namba nomo long ol rikod buk blong hem we hem bae visitim. Mi bin save se hem i kea from mi.”<sup>2</sup>

Olsem ol sista ia, plante Lata-Dei Sent raon long wol i save toktok blong Presiden Boed K. Peka (1924–2015), Presiden blong Kworom bong Olgeta Twelef Aposol: “I gud tumas blong save se nomata wea ples [wan famle i save] go long hem, wan famle insaed long Jos i stap wet finis long olgeta. Stat long dei we oli jes kam, bae hem i joenem kworom blong olgeta prishud mo hem i joenem Rilif Sosaeti.”<sup>3</sup>

#### Tingting long Hemia

?Olsem wanem nao Kraes hemi gudfala eksampol blong lav mo jareti?

## ?MI STAP MEKEM INAF?

I Kam long Bruk Baton

*Wan lesem abaot wan sipsip we i lus, i helpem mi blong andastanem olsem wanem mi save fulfilim koling blong mi.*

Taem mi kasem 23 yia, mi bin kasem koling blong kam olsem Rilif Sosaeti presiden blong wod mifala, blong ol studen we oli mared. Mi tingbaot se mi bin filim se mi no naf blong mekem wok ia, wetem ol strong tingting blong traem bes blong mi. Mi bin glad tumas blong givim seves, be mi gat tu tingting sapos mi save kam wan gudfala lida.

Afta sam manis i pas olsem Rilif Sosaeti Presiden, mi bin filim se mi no stap mekem i naf. Mi bin wantem blong konek wetem ol sista mo save ol nid blong wanwan long olgeta, be mi filim se mi no stap mekem i naf.

Mi bin toktok wetem bisop blong mi mo talemaot wari blong mi. Mi bin eksplenem se mi no save helpem evri sista olsem we mi wantem blong mekem. Mi diskraebem se mi hop se i gat faef man olsem mi blong mi save mekem wok ia olsem we mi ting se mi sud mekem. Mi traem blong mekem ol wari ia i fani lelbet, be ae blong mi i fulap wetem wota blong tingting we i foldaon. Hem i smael mo i bin givim sam long ol gudgudfala lidasip advaes we mi neva bin kasem bifo.

“Yu save stori blong man blong lukaot sipsip, we taem hem i lusum wan sipsip blong hem, hem i livim ol narafala naenti mo naen ia blong faenem wan ia nomo?” hem i askem (luk long Luk 15:4–7). Mi slingim hed.

“I gat fulap waes toktok long parabol ia,” hem i gohed. “Man blong lukaotem sipsip i save se bae naenti mo naen ia oli stap oraet nomo sapos hem i livim olgeta mo go lukaotem wan sipsip ia we i lus.”

Afta bisop blong mi i givim advaes ia:



“Yu luk, ol naenti mo naen ia oli gat wan gudfala wei blong stap lukaot long wanwan long olgeta taem yu no stap. Bambae oli sapotem mo leftemap wanwan long olgeta. Mi ting se bae yu lukluk moa long olgeta we oli lusum rod. Ol narawan bae oli oraet.

Mi bin filim wan strong witnes se wanem hem i talem hem i tru mo mi no nid blong wari from evriwan wantaem. Stamba tingting hem i blong faenem olgeta we oli lus mo invaetem olgeta blong kambak. Long wei ia, ol stamba tingting blong Papa long Heven i save hapen, mo mi save stap olsem wan tul long han blong Hem.

Taem mi folem kaonsel blong bisop, mi andastanem moa olsem wanem Lod I wantem mi blong mi givim seves insaed long kingdom blong Hem. Mi bin kasem paoa long spirit long koling blong mi from mi stap givim seves olsem we Sevyia i talem. Tru long paoa blong Tabu Spirit, bisop blong mi i bin givim long mi wan gudfala presen blong andastanem mo luksave samting.

Mi testifae se taem yumi prea mo lukaotem insperesen long ol prishud lida blong yumi, bae olgeta tu i kasem insperesen blong soem long yumi hao blong stap wan lida folem ol stret mo gud fasin. ■

*Man ia we i raet, i stap long Yuta, YSA.*

## ?PAMKIN O MELEN?

I kam long Rejel Koks

*Samtaem i nogat wan rong joes.  
I gat wan joes nomo blong mekem.*



Papa blong mi i bin sapraes tumas blong faenemaot se ol sid blong pamkin we hem i bin planem las yia oli spring aot long medel blong garen blong melen long sama ia. Ol melen ia oli stap gro gud we—be ol pamkin tu. Oli gro gud tumas mekem se papa blong mi wantem blong letem ol pamkin ia i gro nomo. Be yet hem i save se pamkin ia bae i spolem gro blong ol melen.

Hem i gat wan joes blong mekem Hem i save pulumaot ol pamkin ia blong mekem ol melen i gro gud o letem ol pamkin i gro mo wajem oli tekova long garen melen mo mekem se bae tugeta bae nosave karem gud frut. ?Pamkin o melen? Joes i stap bitwin tu gudfala samting tugeta.

Taem hem i stap skelem tufala joes ia, papa blong mi i mekem ap tinting blong pulumaot ol gudfala pamkin ia. I no from se olgeta i let blong gro, be from se hem i wantem ol melen we hem i bin *plan* from bitim ol pamkin we hem i sapraes long hem.

Esperiens ia i mekem mi tingbaot ol joes we yumi stap mekem, speseli

long ol rilesensip blong yumi wetem ol nara man. Wetem ol famle blong yumi, ol fren blong yumi, ol bos blong yumi, o olgeta we yumi stap deit wetem o maredem, taem we yu mas jus bitwin tu gudfala samting, samtaem i had blong luksave raet o bes joes, speseli taem yumi no wantem mekem rong joes. Blong fraet blong mekem rong joes samtaem i mekem se yumi no mo save mov, mo fraet ia i save stopem yumi blong mov i go fored wetem fet. Be tru tok hem i, samtaem i nogat wan *rong* joes. I gat wan joes nomo blong mekem. Long stori blong papa blong mi, hem i mekem joes blong hem long wanem hem i luk se i moa *impoten*. Hem i no wante luk ol pamkin oli ded, be hem i save se bae hem i ha-rem nogud moa spoa ol pamkin oli damejem ol melen.

Long laef, sam joes we yumi mas mekem i no inpoten tumas, olsem, ?wanem nao bae mi kakae long brekfas? ?Wanem kala dres nao bae mi werem tedei? Taem yumi fesem wan joes bitwin tu gudfala samting, yumi save mekem olsem we papa blong mi i bin mekem mo askem kewstin, “?Wijwan nao i moa impoten long mi?” Afta mekem wan joes afta mov fored wetem fet, gat tras se bae Lod i korektem yumi sapos yumi rong.

Be sam narafala joes oli *moa* impoten Presiden Tomas S. Monson i bin talem: “Ol joes oli stap long fored blong yumi oltaem. Blong mekem ol waes joes, yumi nidim strong tingting—strong tingting blong talem no, strong tingting blong talem yes. *I tru* ol joes oli talemaot fiuja” (“The Three Rs of Choice,” *Liahona*, Nov. 2010, 68). Taem yumi fesem ol kaen joes olsem, wan gudfala kwestin blong askem hem i, “?Wanem nao *Lod* i luk se i moa impoten? Sapos yumi save ansa blong kwestin ia, yumi nid blong stretem ol tingting blong yumi wetem blong Hem mo mekem joes ia. Bae hem i raet joes oltaem. ■  
*Man we i raet, i stap long Yuta, YSA.*



# JOSEF S • WAN Sia

*Ol rekod blong histri i talemaot olsem wanem Josef Smit i fulfilim wok blong hem olsem wan sia mo transletem buk blong Momon.*

**I kam long Rijad E, Teli Junia**, Asisten Jos Historian mo Rekoda,  
**Robin S. Jensen mo Mak Asast-MakGi**, Jos Histri Dipatmen

**L**ong 6 Epril 1830, dei we Josef Smit i ogenaesem Jos blong Kraes (biaen bae oli singaotem se Jos blong Jisas Kraes blong Ol Lata-dei Sent),<sup>1</sup> hem i serem ol toktok blong revelesen long olgeta we oli bin kam tugeta. Luk, voes blong God i talemaot, bae i gat wan rekod i stap wetem yufala; mo from hemia, yu [Josef Smit] bae yu kol i kam olsem wan sia (D&C 21:1).

Wan saen we yumi save luk we i soemaot wok blong Josef olsem wan sia long Jos we i jes stat, hem i Buk blong Momon, we hem i ripitim oltaem se hem i transletem wetem presen mo paoa blong God.<sup>2</sup> Plante long ol man we oli kolosap long Josef long yia bifo hem i ogenaesem Jos oli bin witnesem olsem wanem Buk blong Momon i bin kamaot mo oli gat sam save long mining blong toktok ia *sia*.

## **Mining blong Sia**

?Wanem nao *sia* i minim long yangfala profet ia mo ol fren blong hem? Josef i Groap long wan famle we i ridim Baebol, we i tokbaot ol sia plante taem. Long Fas Samuel, eksampol, man we i rael i ekplenem se: “Long taem bifo long Israel, taem wan man i go blong toktok wetem God, bae hem i talem se, Kam, yumi go luk sia: hem we naoia yumi singaotem wan Profet, long taem bifo oli singaotem hem wan Sia” (Fas Samuel 9:9)

Baebol i bin tokbaot tu ol man we spirit i stap soemaot ol fisikol samting long olgeta olsem ol stik,<sup>3</sup> wan bras snek long wan aean (we oli yusum olbaot olsem wan saen blong wok blong saed blong helt),<sup>4</sup> wan ifod (wan pat blong klos blong ol pris we i gat tu naesfala ston),<sup>5</sup> wetem Yurim mo Tumim.<sup>6</sup>



*Long taem blong translesen blong Buk Blong Momom, Josef mo waef blong hem Emma Hel Smit, i bin stap silip long wan smol stori rum antap long haos ia. Tufala stori long raet saed blong haos ia, oli jes stap ademap.*



*Blong taosen memba long taem we hem i stap laef, mo milian moa afta long taem we hem i bin ded, oli stap save Josef Smith olsem profet, sia, mo man blong revelesen.*

“Blong lukluk” mo ol “sia” hem i pat blong famle mo kalja blong Amerika we Josef Smit i gro ap long hem. Dip insaed long lanwis blong Baebol we i miks wetem ol Inglis mo kalja blong Yurop we ol man oli bin karem i kam long Not Amerika, sam man long eli 19 senturi oli biliv se hem i posibol blong man we oli gat gif blong “lukluk samting” o spirit i soemaot samting long olgeta, tru long ol samting olsem ol ston blong ol sia.<sup>7</sup>

Yangfala Josef Smit i akseptem ol kaen wei olsem long taem blong hem, wetem tingting ia blong yusum ol ston blong sia blong lukluk ol samting we i bin lus o i haed i stap. From se Baebol i tokbaot se God i stap yusum ol fisikol samting blong leftemap fet blong ol man o komuniket wetem spirit long taem bifo, Josef wetem ol narawan oli ting se hemia i semak long taem blong olgeta. Papa mo mama blong Josef, Josef Smit Senia mo Lusi Mak Smit, i konfemem se famle i stap folem fasin ia tu, mo ol man blong vilej long Palmaera mo Manjesta, Niu Yok, we ol Smit oli stap long hem, oli stap kam from Josef blong faenem ol samting we i lus bifo hem i mov blong i go stap long Pelsivania long en blong yia 1827.<sup>8</sup>

Blong olgeta we oli no save olsem wanem ol man blong 19 senturi long ples blong Josef oli stap laef folem relijen blong olgeta, bae yu no save wanem ia ol sia ston, mo ol man blong stadi oli stap toktok raon yet long pat ia long laef blong Josef. Lelbet from se hem i wan Taem we Save i kam Antap, wan taem we i lukluk moa long saens mo wanem we oli save luk i stap hapen, bitim ol samting long saed blong spirit, plante man long taem blong Josef oli filim se blong yusum ol samting olsem ol ston o stik hem i no stret blong yusum long saed blong relijen.

Long ol yia afta, taem Josef i talem stori blong hem, hemi toktok moa long ol visen blong hem mo ol nara eksperiens long saed blong spirit.<sup>9</sup> Be sam fren blong hem bifo oli lukluk moa long saed we Josef i bin stap yusum ol sia ston bifo mo traem blong spolem nem blong hem long wan wol we i nomo akseptem ol kaen praktis olsem. Long taem blong misinari wok, Josef mo ol nara

memba long taem ia, oli bin jus blong no lukluk tumas long fasin blong ol man blong folem kalja blong olgeta, taem oli stap proslaet, from plante man we oli wantem konvetem oli stap stat blong jenisim tingting blong olgeta long olsem wanem oli andastanem relijen long wan Taem we Save i Kam Antap. Be, long wanem we i kam olsem ol standet revelesen, Josef i gohed blong tijim se ol sia ston mo ol nara tul blong ol sia, mo olsem wanem blong wok wetem ol tul ia, oli ol impoten mo tabu presen we i kam long God.<sup>10</sup>

### **Ol Tul we oli Yusum blong Transletem Buk Blong Momom**

Ol sia ston i kamaot tu long ol histri rekod we i diskraebem Josef Smit mo translesen blong Buk blong Momom. Ofisol histri blong Josef we i stat long 1838, i diskraebem visit blong wan enjel, we oli talem se Moronae, we i talem long hem abaot ol gol plet we oli berem long wan hil kolosap. Josef i tokbaot se taem hem i stap toktok wetem enjel ia, wan visen i open kliia long maen blong hem mo hem i save ples ia taem hem i luk nekis taem hemwan (Josef Smit—Histri 1:42).

Insaed long histri we Josef i bin stat blong raetem long 1838, Moronae i wonem hem se bae Setan i traem blong giaman long hem (from se famle blong papa blong hem i pua), blong karem ol plet ia blong kam rij. Enjel i tok agensem hemia, Josef i tokbaot, se sapos hem i gat wan nara tingting bitim hemia blong bildim tingting blong God, bambae hem i no save karem ol plet (Josef Smit—Histri 1:46). Long ol histri blong hem long stat blong 1832, Josef i eksplenem se, mi . . . bin wantem blong karem ol plet blong kam rij mo mi no kipim komanmen se mi mas lukluk nomo long Glori blong God.<sup>11</sup> From hemia, mi mas stap go bak long hil ia evri yia blong fo yia, kasem we mi rere blong kasem ol plet (luk long Josef Smit—Histri 1:53–54).

Josef i bin talem se taem we hem i bin kasem ol plet long Moronae long 1827, hem i kasem tu, tu ston we

hemi yusum blong transletem ol plet ia. Hem wetem olgeta kolosap long hem oli livim biae ol stori blong ol ston ia, oli diskraebem ol ston ia se oli waet o klia, yu save luk tru, oli stap insaed long wan silva rim i raonem olgeta, semak olsem ol glas blong ae blong tedei, mo oli konek i go long wan bigfala ston.<sup>12</sup> Olsem we oli diskraebem, sia tul ia ating i biwan. Mama blong Josef Smit i talem se hemi karemaot ol ston ia long bigfala ston blong i isi blong hem i save yusum.<sup>13</sup>

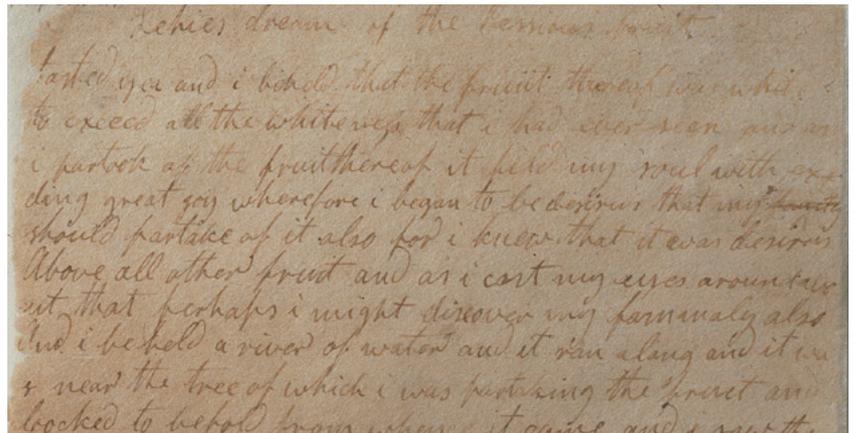
Raeting long Buk Blong Momon i sing-aotem ol ston ia olsem ol “samting blong tanem lanwis” mo eksplenem se “oli bin rere long hem long stat, mo oli pasem i kam daon folem ol generesen, blong stamba tingting blong tanem ol lanwis,” hem i “stap long kea blong han blong Lod” (Mosaea 28:14–15, 20).

Buk ia i tokbaot tu hao Lod i bin givim “tu ston” long brata blong Jared, wetem wan promes se bae hem i helpem ol jeneresen we bae i kam blong faenem ol toktok blong hem. “raetem ol samting ia mo haedem,” Lod i talem long hem, “mo bae mi mi soemaot long taem we i stret long mi long ol pikinini blong ol man.” Ol ston ia, Lod i eksplenem.”

Long taem we Josef i finis blong diktetem translesen blong hem blong Buk Blong Momon long ol skraeb long medel blong 1832, minig blong *sia* i bin kam moa klia long buk ia. Buk Blong Momon i gat wan profesi we i poen i go bak long Josef long Ijip we i talemaot se bae wan laen blong hem—i klia se hem i Josef Smit—bae hem i wan “sia we oli jusumaot” blong karem tugeta ol nara laen blong “gat save long ol kavenan” we God i bin mekem wetem ol bubu blong olgeta (2 Nifae 3:6, 7).

Long wan nara stori long Buk Blong Momon, Yangfala Alma i givin ol tul blong

tanem lanwis ia long pikinini boe blong hem Helaman. “Lukaotem gud ol tul blong tanem lanwis ia,” Alma i kaonselem hem, hem i stap tokbaot tufala ston ia we silva



JOS HISTRI LAEBRI I IGLAD BLONG SEREM; FOTO WE I SOEM KLIA

rim i raonem. Be Alma tu i rikodem wan profesi we i stap tokbaot wan ston nomo: “Mo Lod i bin talem: Bae mi mekem i redi blong wok man blong mi Gaselem, wan ston, we bae i saen i go long tudak mo tanem i kam laet” (Alma 37:21, 23).

Tekem not se, iven se oli tokbaot se “ol tul blong tanem lanwis” (plante tul), profesi ia i stap tokbaot se bae oli givim long wan wokman long fiuja, “wan ston” (wan nomo) we bae i saen i go long tudak mo tanem i kam laet.”<sup>14</sup> Ol Lata-dei Sent long taem ia, oli bin bilivim profesi ia se wokman ia hem i Josef Smit.<sup>15</sup>

Be wanem we i hapen long taem blong histri i pruvum se antap long tufala sia ston ia, we oli yusum blong “tanem lanwis,” Josef Smit i yusum tu wan nara sia ston blong transletem Buk Blong Momon, mo i stap putum insaed long wan hat blong blokemaot laet. Folem ol stori blong ol fren blong Josef, hem i mekem olsem blong hem i save lukluk gud ol toktok long ston ia.<sup>16</sup>

Long 1833, Josef mo ol man we oli wok wetem hem oli stat blong yusum toktok ia

**Wan pej long orijinol kopi blong Buk blong Momon we i gat moa infomesen, i tokbaot insaed taem famle blong Lihae i livim Jerusalem we tedei hem i 1 Nifae 2. Josef Smit i stap talemaot ol toktok blong Buk Blong Momon long samfala man we oli stap raetemaon, mo Oliva Kowdri nao hem i man we i raetem ol pat ia.**



ENJEL MORONAE I STAP GIVIM OL PIET LONG JOSEF SMIT, IKAM LONG C. C. A. KRISTENSEN

**Truaot long histri blong Jos, ol memba oli bin stap traem blong andastanem hao nao Josef Smit i faenem mo transletem ol golden plet. Pikja ia we i kam long C. C. A. Kristensen long 1886 i stap soemaot we Josef Smit i stap karem ol plet long enjel Moronae.**

long saed blong baebol “Yurim mo Tumim” blong tokbaot eni ston we oli bin yusum blong kasem ol tabu revelesen, ingkludum tul blong tanem lanwis blong ol man blong Nifae mo wan sia ston we hemwan nomo.<sup>17</sup> Toktok ia i mekem se i had blong faenem aot stret olsem wanem nao Josef Smit i transletem Buk blong Momon. Wetem ol tul blong tanem lanwis ia, long save blong Matin Haris, Josef i yusum wan long ol sia ston blong hem tu long taem blong translesen blong Buk blong Momon. Ol nara sos oli agri se Josef i stap jenisim ol tul blong translesen.<sup>18</sup>

### **Afta we Buk Blong Momon i Kamaot**

Afta we Buk Blong Momon i bin kamaot long Maj 1830, Josef Smit mo ol klak blong hem oli stat blong wol long wanem we yumi save tedei olsem Josef Smit Translesen blong Buk blong Momon, wan revisen we i kam long profet blong King Jemis Vesen blong Baebol.<sup>19</sup> Long stori blong Josef, ol tul blong tanem lanwis blong ol man blong Nifae from se hem i nomo gat ol samting ia wetem hem.

Histri blong Josef i eksplenem se tru long waes blong God, [ol plet mo ol tul blong tanem lanwis] oli stap sef long han blong mi, kasem we mi bin finisim wok we mi nid blong mekem. Taem se ol mesenja oli kam bak from o l samting ia, mi givim i go bak long hem, mo hem i kipim ol samting ia kasem tedei (Josef Smit—Histri 1:60).

Olsem we Presiden Brigham Yang (1801–77) i eksplenem, Josef i putum Yu[rim mo] T[umim] i go bak wetem ol plet taem hem i finis wetem translesen.<sup>20</sup>

Josef i gat ol nara sia ston, be long ol toktok blong Elda Oson Prat (1811–81), wan memba blong Kworom blong Olgeta Twelef Aposol Jos Historian, Josef i gro i kam antap long save blong hem long saed blong spirit. Long wan miting long 28 Jun 1874, we Presiden Brigham Yang mo plante nara Jenerol Otoriti oli bin stap long hem, Elda Prat i bin talemaot se hem i bin stap plante taem, taem Josef i stap transletem Niu Testamen. Hem i no bin luk eni tul blong tanem lanwis long ol taem ia, mo hem i stap tingting se Josef i no yusum yurim mo Tumim, olsem long taem blong transletem Buk Blong Momon.”

Taem Elda Prat i stap luk Profet i stap mekem translesen, i olsem we Josef i ridim ol tingting blong Elda Prat, hem i lukluk i kam mo i eksplenem se Lod i bin givim Yurim mo Tumim long hem from se hem i no bin gat eksperiens long saed blong Spirit blong insperesen. Be naoia hem i kasem plante save finis mo hem i andastanem hao spirit ia i wok, mo hem i no mo nidim help blong ol tul ia.<sup>21</sup>

Brigham Yang i talem long wan miting abaot tingting blong hem blong gat wan sia ston. “mi no save sapos mi wantem blong gat wan,” hem i talem. Toktok blong Brigham i soemaot se hem i andastanem se blong kam wan sia i no nidim ol sia ston.

Long 25 Oktoba 1831, Josef Smit i bin atendem wan konfrens long Orenj, Ohaeo. Long taem blong konfrens, brata blong hem Haeram i talem se hem i ting se ol info-mesen long hao Buk Blong Momon i kam, bae Josef i mas talemaot long evri Elda we i stap blong evriwan i save. Insaed long minit blong miting ia, Josef i bin talem se i no bin plan olsem blong hem i talemaot evri samting abaot olsem wanem buk blong Momon i kamaot mo hem i no naf blong talem evri samting ia.”<sup>23</sup> From se hem i bin gro i kam antap long wok ia olsem wan sia, mo hemi kam blong bilivim se ol sia ston oli no impoten blong kasem revelesen, hem i bin wari lelbet se bae ol pipol oli lukluk moa long olsem wanem nao buk ia i kam bitim long wanem i stap insaed long buk ia.

Impoten poen we Josef Smit i bin mekem abaot translesen blong Buk blong Momon hem i we hem i bin mekem tru long presen mo paoa blong God.”<sup>24</sup> Buk ia, hem i bin tijim ol lida blong Jos, se hem i stret bitim eni nara Buk long wol ia & hem i ki blong relijen blong yumi, mo taem yumi stap obei long ol tijing blong hem, olgeta we



FOTOGRAF-CIRC 1866, JOS HISTRI LAEBRI I GLAD BLONG SEREM FOTO IA

**Finis Yang, we i sidaon long medel blong olgeta Yang brata mo long lef blong Brigham Yang, hem i kasem wan sia ston we i kam long Oliva Kowdri we i bin yusum blong transletem Buk blong Momon, mo i givim long brata blong hem Brigham.**



FOTOGRAFI KAMI LONG WELDEN C. ANDESEN MO RIAD E. TULLUR.

**Ston long pikja ia hem i gat longfala stori wetem Josef Smit mo translesen blong Buk blong Momon. Ston we Josef Smit i bin yusum long translesen blong Buk blong Momon, oli bin stap talem se kala blong hem i olsem jokolet mo hem i ofol. Ston ia i bin pas long Josef Smit i go long Oliva Kowdri afta i go long Jos tru long Brigham Yang mo ol narafala.**

## ?WANEM I BIN HAPEN LONG SIA STON?

Olsem we i stap long Josef Smit histri, hem i bin givim bak Yurim mo Tumin, or ol "tul blong tanem lanwis" blong ol man blong Nifae, i go bak long enjel. ?Be olsem wanem long ol narafala sia ston we Josef i bin yusum long taem we hem i stap transletem Buk blong Momon?

Deved Witma i bin raetem se long spring taem long eli 1830, afta we translesen blong Buk Blong Momon i bin finis, bifo long Eprel 6, Josef i bin givim long Oliva Kowdri mo i bin talem long Deved wetem ol narawan se hem i fiins mo i nomo nid blong yusum ol ston ia bakegen.<sup>1</sup>

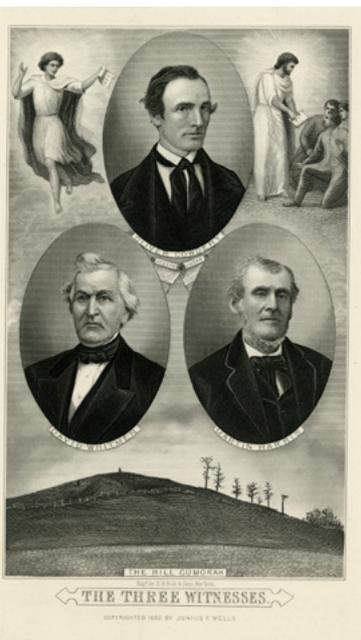
Oliva, we i bin stap aotsaed long Jos blong ten yia kasem we hem i kasem baptaes bakegen long 1848, hem i bin stap plan blong go long west blong go stap wetem ol Sent long Yuta, be hem i bin ded long 1850 long Rijmon, Misuri, bifo hem i bin gat janis blong mekem trip ia.<sup>2</sup> Finis Yang, we hem i bin help blong karem Oliva kowdri i kam bak long Jos, hem i bin kasem sia ston ia long wido blong Oliva, we hem i sista blong Deved Witma, Elisabet Ann Witma Kowdri. Finis i bin givim ston ia long brata blong hem Brigham Yang.<sup>3</sup>

Mi mi gat fassala sia ston blong Josef we mi karem long Oliva Kowdri, Presiden Yang i talem aot long 1853. I gat ol narawan tu. Josef i [g]at 3 we Emma i holem, hem i talem, 2 smol wan mo 1 bigwan.<sup>4</sup> Tu yia afta, Brigham Yang i bin talem long wan grup blong ol Jos lida se Oliva i bin sedem long hem fassala sia ston blong Josef, i bin sta stap wetem Oliva oltaem kasem taem we hem i sendem i kam long mi.<sup>5</sup>

Afta we Brigham Yang i bin ded, wan long olgeta waef blong hem, Sina D. Yang, we biae hem i bin kam namba tri Rilif Sosaeti jenerol presiden, i bin kasem wan sia ston we kala blong hem i olsem jokolet long ol propeti blong Brigham yang, we i semak olsem hao oli stap diskraebem ston ia we Josef i bin yusum blong transletem Buk blong Momon, mo hem i givim i go long Jos.<sup>6</sup> Stat long taem ia, ol jos lida we oli kam oli luksave se ol sia ston ia hem i propeti blong Jos.<sup>7</sup>

### OL NOT

1. David Whitmer, *An Address to All Believers in Christ* (1887), 32.
2. Blong save kasem moa infomesen abaot olsem wanem Oliva Kowdri i kambak long Jos bifo hem i ded, luk long Scott F. Faulring, "The Return of Oliver Cowdery," long John W. Welch and Larry E. Morris, eds., *Oliver Cowdery: Scribe, Elder, Witness* (2006), 321–62.
3. Luk long Minutes, Sept. 30, 1855, Church History Library, Salt Lake City; "David Whitmer," *The Historical Record*, Oct. 1888, 623; Maria L. Cowdery Johnson to David Whitmer, Jan. 24 1887, Community of Christ Library-Archives, Independence, Missouri; and Franklin D. Richards, Journal, Mar. 9, 1882, Church History Library.
4. Minutes, Apr. 17, 1853, Church History Library.
5. Minutes, Sept. 30, 1855, Church History Library.
6. Luk long Zina Young to Franklin D. Richards, July 31, 1896, in Journal History of The Church of Jesus Christ of Latter-day Saints, July 31, 1896, 4, Church History Library.
7. Luk long B. H. Roberts, *A Comprehensive History of the Church*, 6:230–31; Joseph Fielding Smith, *Doctrines of Salvation*, comp. Bruce R. McConkie, 3 vols. (1954–56), 3:225; Bruce R. McConkie, *Mormon Doctrine*, 2nd ed. (1966), 818–19.



JOS HISTRI LAEBRI I GLAD BLONG SEREM FOTO IA

**Long 1883, The Contributor, wan magasin blong Jos, i bin haelaetem Trifala Witnes blong Buk Blong Momon. Ol Lata-dei Sent oli luksave impoten wok we wanwan man i mekem blong helpem Josef Smit blong transletem mo printimaot Buk Blong Momon.**

oli ridim bae oli save kam kolosap moa long [G]od . . . bitim eni nara buk.<sup>25</sup> ■

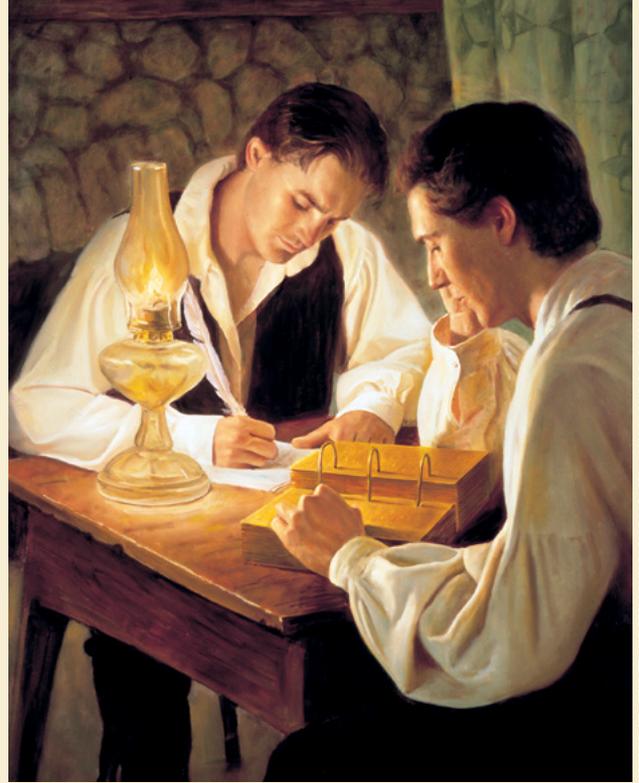
**OL NOT**

1. Luk long Doctrine and Covenants 115.
2. Preface to Book of Mormon, ca. Aug. 1829, in *Documents, Volume 1: July 1828–June 1831*, vol. 1 of the Documents series of *The Joseph Smith Papers* (2013), 93. Lukluk tu long Testemoni blong Olgeta Tri Witnes, Buk blong Momon.
3. Luk long Eksodas 4:1–5, 17, 20–21; 7:8–21; 8:16–19; 9:22–26; 10:12–15; 14:15–18; 17:1–13; Ol Namba 17:1–10; 20:7–11; Hibriu 9:4.
4. Luk long Ol Namba 21:7–9; Jon 3:14–15.
5. Luk long Eksodas 28:12; 35:9, 27; Fas Samuel 23:9–12; 30:7–8.
6. Luk long Eksodas 28:30; Levitikas 8:8; Ol Namba 27:21; Detronomi 33:8; Fas Samuel 28:6; Ezra 2:63; Nehemaia 7:65.
7. Blong kasem moa infomesen long kalja blong relijen long 19 senturi, luk long *Journals, Volume 1: 1832–1839*, vol. 1 of the Journals series of *The Joseph Smith Papers* (2008), xix; and *Revelations and Translations, Volume 3: Printer's Manuscript of the Book of Mormon*, vol. 3 of the Revelations and Translations series of *The Joseph Smith Papers* (2015), xv–xvi; Dallin H. Oaks, “Recent Events Involving Church History and Forged Documents,” *Ensign*, Oct. 1987, 68–69.
8. Luk toktok blong Josef Smit Sr., olsem we oli kwotem long Francis W. Kirkham, *A New Witness for Christ in America: The Book of Mormon*, vol. 2 (1959), 366; see also Lucy Mack Smith, “Lucy Mack Smith, History, 1844–1845,” book 3, page 10, josephsmithpapers.org/paperSummarylucy-mack-smith-history-1844-1845. Matin Haris i tingbaot we hem i bin testem paoa blong Josef taem hem i mekem Josef i lukaoten wan nidil insaed long ol hip blong drae gras.
9. Luk long, Josef Smit—Histri insaed long Pearl of Great Price.
10. Luk long Doctrine and Covenants 130:10–11. Luk long ol eli racting blong wanem yumi save naoia olsem Doctrine and Covenants 8, we i go long Olive Kowderi taem hem i stap wantem blong hlepem Josef Smit long translesen blong Buk blong Momon (Revelesen, Apr. 1829–B, insaed long *Documents, Volume 1: July 1828–June 1831*, 44–47).
11. Joseph Smith, “History, ca. Summer 1832,” in *Histories, Volume 1: 1832–1844*, vol. 1 of the Histories series of *The Joseph Smith Papers* (2012), 14.
12. Luk long Joseph Smith—History 1:35; Joseph Smith, “Church History,” in *Histories, Volume 1: 1832–1844*, 495; Martin Harris, in “Mormonism—No. II,” 165–66;

- “Lucy Mack Smith, History, 1844–1845,” book 5, pages 7–8, josephsmithpapers.org.
13. Luk long, “Lucy Mack Smith, History, 1844–1845,” book 5, josephsmithpapers.org.
14. Understandably, this distinction has puzzled commentators. Luk long, Bruce R. McConkie, *Mormon Doctrine*, 2nd ed. (1966), 307–8; Joseph Fielding McConkie and Robert L. Millet, *Doctrinal Commentary on the Book of Mormon*, 4 vols. (1987–92), 3:278; and Matthew B. Brown, *All Things Restored: Confirming the Authenticity of LDS Beliefs* (2000), 62.
15. Luk long William W. Phelps, Finerol Seves blong Josef mo Haerem Smit, Church History Library, Salt Lake City; Orson Pratt, “Explanation of Substituted Names in the Covenants,” *The Seer*, Mar. 1854, 229; William W. Phelps, letter to Brigham Young, Apr. 10, 1854, in Brigham Young, Office Files, 1832–1878, Church History Library, Salt Lake City mo *Revelations and Translations, Volume 2: Published Revelations*, vol. 2 of the Revelations and Translations series of *The Joseph Smith Papers* (2011), 708–9.
16. Blong kasem moa infomesen long translesen, luk long “Book of Mormon Translation,” we i stap long lds.org/topics/book-of-mormon-translation. Lukluk tu long Russell M. Nelson, “A Treasured Testament,” *Ensign*, July 1993, 61–65; Neal A. Maxwell, “By the Gift and Power of God,” *Ensign*, Jan. 1997, 36–41.
17. Wilfod Wudrafi bin singaotem wan sia ston we hem i bin luk long Navu se wan Yurim mo Tumim (Wilford Woodruff journal, Dec. 27, 1841, Church History Library). Lukluk tu long *Revelations and Translations, Volume 3: Printer's Manuscript of the Book of Mormon*, xix.
18. Luk tu long *Revelations and Translations, Volume 3: Printer's Manuscript of the Book of Mormon*, xviii–xix.
19. Blong wan sot stori long stat blong ol wok ia, luk long *Documents, Volume 1: July 1828–June 1831*, 150–52.
20. Minutes, Apr. 17, 1853, Church History Library.
21. “Two Days’ Meeting at Brigham City, June 27 and 28, 1874,” *Millennial Star*, Aug. 11, 1874, 498–99.
22. Minutes, Sept. 30, 1855, Church History Library.
23. Minutes, Oct. 25–26, 1831, in *Documents, Volume 2: July 1831–January 1833*, vol. 2 of the Documents series of *The Joseph Smith Papers* (2013), 84.
24. Preface to Book of Mormon, ca. Aug. 1829, in *Documents, Volume 1: July 1828–June 1831*, 93. Lukluk tu long “Testemoni blong Olgeta Tri Witnes,” Buk Blong Momon.
25. Joseph Smith, in Wilford Woodruff journal, Nov. 28, 1841, Church History Library; or introduction to the Book of Mormon.

## PIKJA BLONG WOK BLONG TRANSLESEN

Long ol yia we i pas, ol atis oli bin stap traem blong soemaot  
Ltranslesen blong Buk Blong Momon, oli stap soem ol de-  
fren pikja mo ol defren tul. Wanwan atis i droemaot tingting  
blong hemwan, folem stadi we hem i bin mekem, samtaem  
ol nara man oli givim sam tingting blong helpem hem. Hemia  
samfala pikja we i bin kamaot long ol yia we i pas.



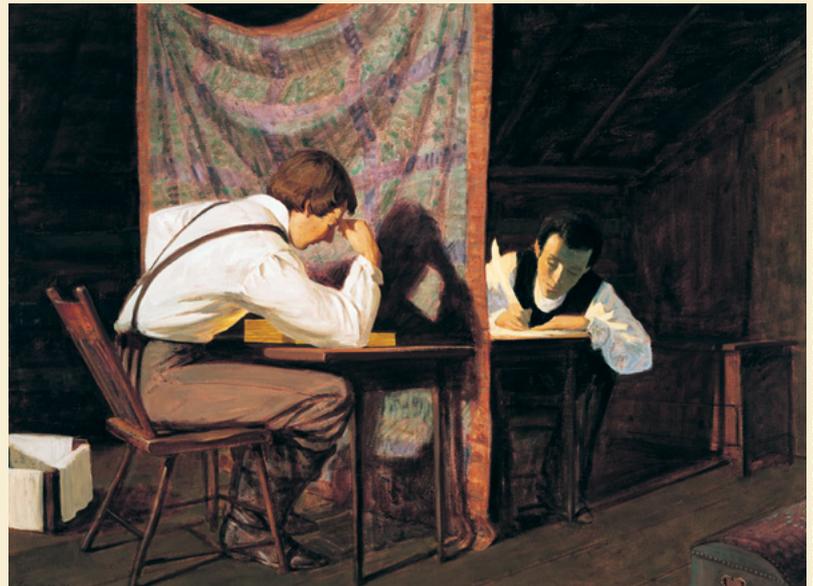
JOSEF SMIT I STAP TRANSLETEM BUK BLONG MOMON. I KAM LONG DEL PASON

*Olsem wanem wan atis i  
pikjarem Josef Smit i stap  
stadi long ol plet. Josef i  
tingbaot se hem i bin kopi  
plante raeting long ol  
plet ia. Afta we hemi bin  
transletem ol raeting ia  
weten Yurim mo Tumim,  
Matin Haris i bin karem  
ol raeting ia i go long Jals  
Anton mo ol nara man  
blong stadi blong konfe-  
mem tranlesen ia (Josef  
Smit—Histri 1:62–64).*

*Olsem wanem wan atis i pikjarem Josef Smit mo Oliva  
Kowderi i stap wok long translesen blong Buk Blong  
Momon. Wanem we i soemaot long ples ia i no semak  
olsem wanem we Oliva Kowderi i bin talem se hem i no  
bin luk ol plet ia kasem taem we wok blong translesen i  
finis. Ol witnes blong wok ia oli bin ripotem se long taem  
blong translesen, ol plet oli bin haedem blong man i no  
luk, oli bin blokem wetem wan kaliko.*



*Olsem wanem wan atis i pikjarem  
Josef Smit i stap mekem wok blong  
translesen taem hem i stap werem  
bresplet we ol tul blong tanem lanwis  
o ol glas i stap long hem, we oli bin  
save afta olsem Yurim mo Tumim.*



TRANSLESEN BLONG OL PLETTI KAM LONG EL JONS. JOS HISTRI MIJUSIUM I GLAD BLONG SEREM

*Wan atis i soem Josef Smit wetem wan skraeb i stap translet wetem wan  
blangket i blokem tufala. Long ol stori blong tranlesen wok oli no bin  
tokbaot blangket, be i luk olsem se oli bin yusum wan long stat blong  
wok ia blong blokem skraeb blong i no luk ol plet, ol glas, o bresplet. Long  
ol las pat blong wok blong translesen, maet oli bin yusum wan blangket  
blong blokem transleta mo skraeb long ol nara man we oli stap wantem  
luk translesen.*



PIKJA I KAM LONG ROBERT T. BARET

# Ol Toktok BLONG JENISIM Wol Blong Yumi

I kam long Noman C. Hil  
Presiden, Kana Akra Wes Misen

*Wan distrik  
kaonsel long  
Kana i soemaot  
hao taem yumi  
stap kaonsel  
tugeta mo  
yusum ol lokol  
risos i save  
krietem ol janis  
blong wanwan  
long yumi  
i gro mo givim  
seves long ol  
narafala man.*

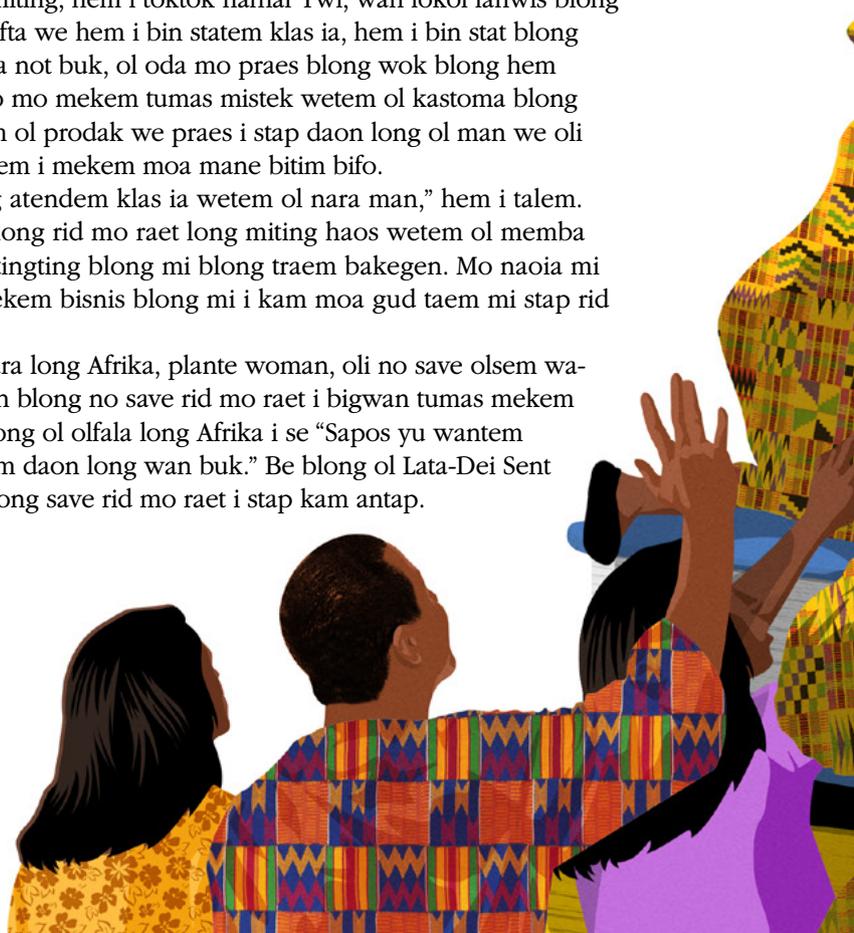
Sista Vida Osei blong Kana i wantem blong lanem blong rid mo raet long Inglis Hem i bin traem plante komiuniti program plante taem be tingting blong hem i stap foldaon mo i no long taem hem i no mo wantem joen. Long wan Sandei, taem hem i stap atendem ol miting long Branj Tu, hem i lanem se Asamankese Distrik bae i sponsarem wan Inglis literasi program. Hem i mekem tingting blong putum nem blong hem.

I no long taem, hem i faenemaot se program ia hem i defren. Bambae hem i save atendem wetem ol fren long jos. Oli yusum ol skripja olsem ol buk blong stadi long hem, olsem bae hem i save lanem Inglis mo gospel long sem taem.

Tu manis afta we klas i bin stat, Vida i givim fas prea—we hem i neva mekem, long klas. Tri manis afta we hem i bin stat go long klas ia, hem i givim fas toktok blong hem long sakramen miting, hem i toktok hafhaf Twi, wan lokol lanwis blong Afrika mo Inglis. Fo manis afta we hem i bin statem klas ia, hem i bin stat blong raetem daon long wan olfala not buk, ol oda mo praes blong wok blong hem blong stap somap. Hem i no mo mekem tumas mistek wetem ol kastoma blong hem, hem i stat blong karem ol prodak we praes i stap daon long ol man we oli stap saplae long hem, mo hem i mekem moa mane bitim bifo.

“Mi bin sem tumas blong atendem klas ia wetem ol nara man,” hem i talem. “Be taem oli mekem klas blong rid mo raet long miting haos wetem ol memba we mi save, i bin leftemap tingting blong mi blong traem bakegen. Mo naoia mi save ridim ol skripja mo mekem bisnis blong mi i kam moa gud taem mi stap rid mo raet long Inglis.”

Long wan pat blong Sahara long Afrika, plante woman, oli no save olsem wanem blong rid mo raet. Fasin blong no save rid mo raet i bigwan tumas mekem se i gat wan waes toktok blong ol olfala long Afrika i se “Sapos yu wantem haedem wan samting, raetem daon long wan buk.” Be blong ol Lata-Dei Sent woman olsem Vida, fasin blong save rid mo raet i stap kam antap.







*Olgeta we oli tekpat, ol memba blong famle, mo ol fren oli selebret long graduesen seremoni blong literasi program we distrik i sponsarem.*

### **Ol Jalenj blong Win**

Long plante kantri long pat blong Sahara i I nogat tumas transpot, bidling mo pablik edukesen mo hemia i mekem ol gel oli nogat plante janis. From se skul i sas, mo kastom i blokem ol gel long samfala samting, plante man i luk se blong save rid, i wan samting we i had tumas. Eksampol, long Gana, Inglis i wan ofisol lanwis, be i no bitim haf blong ol woman long kantri ia i save toktok Inglis. Long rurol Gana, tu aot long evri tri woman oli no save rid mo raet.

“Plante woman long ol taon mo ol vilej blong mifala oli no save toktok Inglis,” Set Opong, presiden blong Abomосу Distrik long Gana Akra Wes Misen, i talem. “Lokol lanwis blong mifala, Twi, hem i lanwis we mifala i stap toktok long hem blong plante handred yia i pas. I no long taem i pas, oli bin krietem wan alfabet blong Twi, be i nogat plante man i save ridim tu.”

“Ol sista oli mas dipen long ol narawan—speseli long ol hasban blong olgeta sapos oli mared, o long toktok blong maot blong ol fren blong olgeta sapos oli no mared—blong andastanem ol gospel prinsipol mo ol polisi blong Jos,” Jojina Amoaka, distrik Rilif Sosaeti presiden i eksplenem. “Plante oli wantem blong givim seves tumas, be oli no save ridim ol hanbuk o ol magasin mekem se oli nogat bigfala janis blong tekpat long jos.”

### **Advaes we i kam long Kaonsel**

From se ol woman oli no stap toktok Inglis long ol hom blong olgeta o long maket, ol aktiviti long Jos i givim olgeta janis blong oli save lanem Inglis lanwis. Be yet i gat sam long taem memba mo sam niu konvet we famle i no givim janis long olgeta blong lanem blong rid mo raet. Kaonsel blong distrik i tokbaot fasin ia, afta presiden Opong i toktok long ol prishud mo ol oksilari lida long wanwan branj abaot wan literasi trening we bae distrik i givimaot. Trening ia i open long evri woman long komiuniti, be bae i fokas moa long ol woman long Jos. Bambaes oli no invaetem wanwan man, be bae oli givim invitesen i go long ol grup—eksampol, ol Rilif Sosaeti mo Praemer

presiden bae oli tekpat tugeta blong oli save givim sapot long wanwan long olgeta.

Folem diskasen wetem ol branj, ol distrik lida i tingting blong gat ol literasi klas ia long wanwan branj long evri Sandei mo tu narafala dei long wik. Afta long sikis manis we oli traehad, oli givimaot setifiket long olgeta we oli tekpat oltaem mo oli finisim evri homwok we oli bin givimaot.

### **Jenisim ol Risos folem ol Nid**

“Wan long olgeta jalenj hem i blong faenem wan wei blong tijim fasin blong rid mo raet long ol man we oli gat wan lanwis blong toktok nomo long hem,” Elda Dalton, wan sinia misinari we i stap sev long distrik, i ekplenem. “From longfala fasin blong Twi olsem wan lanwis we oli stap toktok nomo long hem be oli no stap raetem, plante man we oli stap toktok long hem oli nosave hao blong raetem, so mifala i mas stat blong lanem hao blong raet.”

Ransfod Dakwa blong Abomосу Distrik hae kaonsel i wok wetem tu riten misinari, Fransis Ansa mo Sisilia Amankwa, blong yusum wan manuel we olgeta nomo i mekem. Oli bin soem ol pikja long ol man we oli tekpat, mo oli askem long olgeta blong raet abaot wanem oli bin lukim. Hemia i helpem olgeta blong save developem ol besik skil blong raet taem oli stap lan blong tingting long Inglis. Taem oli kasem ol besik save ia, bae oli jes yusum ol manuel we i moa had.

### **Stap rere mo Mekem i kam Moa Gud**

Bifo prokram ia i stat, ol speselis blong rid mo raet oli trenem olgeta we bae oli tij; i no long fasin blong lanem samting nomo be tu long hao blong save tijim ol fasin blong stap klin mo sam skil we bae famle i nidim. Be iven ol gudfala trening ia i no bin luk samfala jalenj we mifala i fesem taem clas i stat: paoa kat long eria ia i mekem se i had blong mekem ol clas long naet, ol toktok i bin go raon se sam rabis man we oli stap digim gol oli stap wokbaot folem rod long naet i mekem se ol man oli fraet, mo wanwan taem olgeta we oli holem ol ki blong do oli no stap kam long stret taem blong openem do.



## INSPERESEN BLONG FASIN BLONG STAP DIPEN LONG YUWAN

“I no gat kaen ia se wan ansa hem i blong evriwan long Jos welfea prokam. Hem i wan prokam blong helpem yuwan blong save stap dipen long yuwan. Ol risos we yumi nidim hem i prea yuwan, ol talen mo skil we Papa God i givim long yumi, ol samting we yumi gat wetem ol famle blong yumi, samfala risos blong komiuniti mo tu kea mo sapot blong ol prishud kworom mo Rilif Sosaeti. . . .

“Long en blong hem, yu mas mekem long eria blong yu olsem we ol disaepol blong Kraes long evri dispensesen oli bin mekem: kaonsel tugeta, yusum evri risos we yu gat, lukaotem insperesen blong Tabu Spirit, askem Lod blong konfemesen blong Hem, afta rolem han blong sot i go antap afta stat wok.”

**Presiden Dita F. Ukdof Seken Kaonsela long Fas Presidensi, “Givim Samting long Wei blong Lod,” *Liahona*, Nov. 2011, 53–56.**

Bakegen distrik i diskasem wanem moa i nid blong mekem. Folem toktok blong distrik kaonsel, ol grup blong ol man i stat blong kam tek pat tugeta. Oli bin givimaot ol toj long olgeta blong helpem olgeta wokbaot sef long rod. Ol lokol lida oli bin givim raet blong yusum jenereta blong mekem laet long jos long naet. Oli bin givim ki long ol memba we oli silip kolosap mo oli trastem olgeta blong openem ol do long stret taem.

### Ol Presentesen long Graduesen

Siksti–wan memba mo ol investigeta i bin statem program. Foti–tri oli finisim evri lesen mo homwok. Long taem blong graduesen, oli invaetem olgeta blong givim smol toktok.

“Bifo mi statem litresi prokam, mi no bin save rid nating,” Sandra Obeng Amo blong Sankubenase i talem. “Taem hasban blong mi i travel long saed blong wok, mi neva mekem famle haos naet. Sam wik i pas taem hem i go, bigfala boe blong mi i helpem mi blong ridim manuel mo mi givim wan lesen long Inglis long ol pikinini blong mi. Stat long taem ia, mi stap mekem olsem evri wik taem hasban blong mi i no stap.”

Prosapa Kyekete, we nomata se hem i no-save gud Inglis, hem i stap wan fetful memba long Abomosu Namba Tu Branj, hem i ridim wan tri-laen testimoni we hem i raetem hemwan. Hem i talem se hem i no save rid o raet bifo long trening ia be naoia hem i save helpem ol smol pikinini blong hem wetem ol homwok blong olgeta. “Tangkyu tumas long wanem we mi bin lanem,” hem i talem, “Naoia mi mi wan papa we i moa gud.”

“Naoia mi save ridim skripja miwan.” Kwaku Sasu blong Kwabeng Branj i talem. “Bifo mi bin save se Buk Blong Momon hem

i tru, be mi nosave ridim. Naoia mi save se hem i tru *taem mi stap* ridim. “Testemoni blong mi i stap gro we i stap gro.”

Ol memba blong Asunafo Branj Rilif Sosaeti presidensi i talem se oli dediketem evri Tosdei blong stap toktok Inglis nomo long olgeta. “I mekem se sam stori oli longwan long dei ia bitim long ol nara dei from mifala i nosave tingbaot ol stret toktok blong talem long mifala.” Eflin Ajeiwa, Rilif Sosaeti presiden i talem. “Be i no long taem mifala i stat blong transletem ol toktok blong mifala, traehad blong faenem ol stret toktok blong talem. From se mifala i stap lanem hemia tugeta, i nogat wan i sem o fraet blong talem ol rong toktok. Mifala i jes helpem wanwan long mifala.”

### Plante Gud i Kam

Ol woman we oli finisim Abomosu Distrik literasi program oli talem se oli filim moa gud abaot olgetawan mo oli wantem moa blong tekpat long jos. Oli rere blong akseptem ol koling, ridim ol skripja, mo tij long jos mo long haos. Sam man tu oli finism prokam ia. Plante oli ol smol fama, oli talem se naoia oli save kalkuletem gud ol maket blong olgeta, helpem ol pikinini wetem homwok blong olgeta, mo ridim ol skripja olgetawan mo wetem ol famle blong olgeta.

Folem saksen long Abomosu, Asamankese Distrik tu we i stap kolosap, i statem wan literasi prokam blong hem.

“Blong save rid mo raet i stap jenisim ol laef blong mifala wetem ol laef blong ol pikinini blong mifala, Gladis Aseidu blong Sankubenase Branj i talem. “Ol toktok oli stap jenisim wol blong mifala, mo mifala i talem tangkyu long Papa long Heven,” ■





**I kam long  
Karol F. Makonki**  
Fas Kaonsela long  
Yang Woman  
Jeneral Presidensi

# Tijim ol Yut

## OLSEM WANEM BLONG FOLEM WEI BLONG SEVYA

*Ol yut oli no ol fiuja lida nomo. Olgeta oli ol lida tedei. Yumi save helpem olgeta blong lid olsem Sevya*

**L**ong ol papa mo mama mo ol lida blong yut, Elda Deved A. Bedna blong Kworom blong Olgeta Twelef Aposol i bin tokbaot balens ia we yumi nid blong faenem: “Invaetem ol yang pipol blong mekem wok. Yu mas stap, be yu no mas blokem rod. Yu mas givim advaes be yu no mas tekova.”<sup>1</sup>

Ol papa mo mama mo ol lida oli save helpem ol yang man mo yang woman blong lanem ol prinsipol we bae i save helpem olgeta blong rere blong save lid long stret mo gud fasin blong bildimap kingdom blong God long wol ia.

Taem mi gat 14 yia, mi bin mitim sam yang woman we oli ol gudgudfala lida. Long taem ia, famle blong mi i bin muv krosem Yunaeted Stet mo kam ol memba long wan niufala wod. Mi no tingbaot se hu i bin stap olsem Maea Med klas presidensi, be mi tingbaot klia nomo se ol yang woman oli bin kaen tumas long mi. Olgeta i kaen tumas blong hagem wan fraet mo bunbun niufala gel olsem wan fren we i bin lus longtaem, mo oli mekem mi mi fil welkam. From se mi mi kam long Delawe, wan ples we miwan nomo mi Momon gel long hae skul blong mi mo wan nara Momon gel we mi save long hem i silip longwe tumas long haos blong mi, mi bin ting se, “*Ples ia i mas olsem heven!*”

Blong fas taem long laef blong mi, mi gat wan grup blong ol fren we oli stap folem semak standet insaed long

*Blong Ol Yut Oli Kam Strong*, oli bin invaetem mi blong tekpat long ol aktiviti, mo oli serem ol testimoni blong olgeta abaot gospel wetem mi. Ol eksampol blong olgeta blong lav mo kaen fasin i mekem plante samting blong kipim mi mi stap kolosap long Jos blong Jisas Kraes blong Ol Lata-Dei Sent bitim we eni nara toktok o lesen i save mekem. Long lav mo laet blong olgeta we i semak olsem blong Kraes, olgeta nao oli mesej blong gospel blong Kraes, mo olgeta nao oli lidim mo gaedem mi kambak long saed blong Hem.

?Wanem nao i mekem ol niufala fren blong mi ia ol gudfala lida?

Wan yang misinari i talem mining blong lidasip long wan klia fasin. Hem i talem: “Yumi mas stap long raet ples long raet taem, stap mekem wanem we Lod i wantem yumi blong mekem mo helpem man ia we i nidim help blong yumi. Hemia nao i mekem se yumi ol gudfala lida.”<sup>2</sup> From gudfala fasin blong olgeta mo Laet blong Kraes we i saen insaed long olgeta, ol fetful yang man mo yang woman oli gat paoa blong *lid folem wei blong Sevya* mo “helpem ol narawan i kam ol tru man blong folem . . . Jisas Kraes.”<sup>3</sup>

Olsem ol lida, yumi stap lidim, gaedem mo wokbaot long saed blong ol yang man mo woman blong yumi. Be hem i ol klas mo ol presidensi blong kworom we oli responsibol blong lidim mo daerektem wok blong ol klas mo ol kworom, wetem blong jusum ol lesen blong Sandei mo planem ol aktiviti blong wik. Ol klas mo kworom lida oli kolek olgeta mo set apat olgeta folem otoriti blong olgeta we oli holem prishud ki, i minim se olgeta oli gat paoa blong lidim mo sapotem ol narafala yut. Olgeta i folem eksampol blong Sevya mo lanem blong givim seves olsem Hem mo blong tij olsem Hem.

## Ol Janis blong Yut Lidasip

Lidasip i stat long hom blong yu. “Blong stap mekem wok blong yumi long God olsem ol papa mo mama mo ol lida, i stat taem yumi stap lid wetem eksampol—stap folem oltaem mo stap wok had blong laef folem ol gospel prinsipol long hom,” Elda Robet D. Hels blong Kworom blong Olgeta Twelef Aposol i tijim. “Hemia i nidim strong tingting mo hadwok evridei.”<sup>4</sup> Ol papa mo mama i tijim doktrin blong Kraes. Olgeta i heplem ol yut blong faenemaot mo kasem ol stamba tingting. Ol Pesenol Progres mo Diuti long God i givhan long ol yut blong mekem testimoni blong olgeta i kam moa strong long Jisas Kraes, stap rere blong mekem mo kipim ol tabu kavenan, mo fulfilim ol tabu wok mo reponsabiliti insaed long famle, hom, mo Jos.

Long jos, ol lida blong Aronik Prishud mo Yang woman i save givhan long ol yut we oli stap givim seves insaed long ol kworom mo klas presidensi blong andastanem ol tabu wok blong olgeta mo givim ona long koling blong kea mo mekem ol nara kworom mo klas memba i kam moa strong.

Olsem ol adalt lida, yumi stap priperem ol yut blong save kondaktem ol kworom mo klas miting mo ol Miutuel aktiviti. Yumi mit wetem ol yut long ol presidensi miting

taem oli stap traem blong faenem ol wei blong helpem olgeta we oli stap fesem hadtaem, blong ingkludum evri yut long Sandei lesen, mo blong planem ol aktiviti, ol seves projek, ol kamp, mo ol yut konfrens.

Yumi leftemap tingting blong ol presidensi blong ol yut blong givhan long evri kworom mo klas memba blong tekpat long evri pat blong wok blong sevem man, holem taet olgeta we oli konvet i kam, aktivitem ol les aktiv memba, tempol mo famle histri wok, mo tijim gospel.<sup>5</sup> Ol presidensi blong yut i helpem evri yang man mo yang woman blong lanem abaot bigfala glad mo blesing blong stap givim seves long nem blong Sevyia mo fidim ol sipsip blong Hem.

Wok blong wan lida i no abaot ol naesfala samting olsem long Pintres o blong givim ol longfala lesen. Wok blong wan lida i blong helpem ol yang man mo yang woman blong lanem mo mekem folem ol prinsipol we bae i helpem *olgeta* blong lid folem wei blong Sevyia. Hemia hem i fo long ol prinsipol ia.<sup>6</sup>

## Rere long Saed blong Spirit

Givhan long ol yut blong oli andastanem paoa blong stap rere olgetawan long saed blong spirit. Tijim olgeta blong eksesaesem fet long ol kavenan we oli mekem long odinens blong sakramen. Strong tingting blong olgeta blong tekem long olgeta nem blong Kraes, blong tingbaot Hem, mo blong kipim ol komanmen blong hem bae i kwalifaem olgeta blong gat Tabu Spirit olsem fren blong olgeta oltaem. Olgeta i no stap olgetawan nomo long seves blong olgeta taem oli save kasem, luksave, mo folem voes blong Tabu Spirit.

Oli save rere long saed blong spirit taem oli lukaotem gaedens long prea mo lukaotem ol ansa long ol skripja. Oli traehad blong save kipim ol komanmen blong Tabu Spirit i save toktok long olgeta long ol hat mo maen blong olgeta blong oli filim mo save huya nao i nidim help blong olgeta mo



## STRET AMAON BLONG GIVHAN

Oli Yut oli nidim defren namba blong sapot taem oli stap lan blong lid. Samfala oli save mekem moa samting ol-getawan; ol narafala bae oli nidim plante moa gaedens. Ol papa mo mama i save kaonsel tugeta taem oli stap lanem ol pikinini blong olgeta blong lid, mo ol Yang Man mo Yang Woman presidensi oli save kaonsel tugeta mo wetem bisoprik oli save faenemaot hamas nao bae oli save mekem blong givhan long wanwan yut long wod. Stamba tingting: blong givhan long ol yang man mo yang woman blong kam moa gud, stat long ples we oli stap long hem naoia.



sopsop hat. Taem ol man oli soemaot kaen fasin mo lav long mi, O hem i givim paoa long maen blong mi.”<sup>8</sup>

Sevya i bin tijim gud mo bigfala praes blong evri sol (luk long D&C 18:10–15). Givhan long ol yut blong yumi blong andastanem impoten trutok ia se Jisas Kraes i putum daon laef blong Hem blong evri man oli save kam bak long Hem. Blong soemaot tangkyu long wanem we hem i bin mekem, ol tru wokman blong Lod oli go aot mo givhan wetem lav mo kaen fasin long evri yang man mo evri yang woman, we Sevya i bin mekem bigfala sakrifaes from.

wanem nao oli save mekem. Oli filim klin lav blong Kraes blong wanwan menba blong klas o kworom.

Blong stap rere long saed blong spirit i givim ol yut paoa long tingting se olgeta i stap long saed blong Lod mo oli stap mekem wok blong Hem (luk long D&C 64:29).

### Tekem Pat long Ol Kaonsel

Tijim ol yut stamba oda mo paoa blong revelesen blong ol kaonsel taem oli tek pat long tabu fasin ia we Jos blong Lod i stap wok folem mo wanwan man mo ol famle i stap kasem ol blesing.<sup>7</sup> Bisoprik yut komiti mo kworom mo klas presidensi miting oli ol kaonsel we ol yut lida oli lanem ol diuti blong olgeta blong kasem ol risponsabiliti blong tijim mo helpem ol narawan.

Ol Memba blong Kaonsel

- Oli stap wan wetem mo folem daereksen blong ol prishud lida, we oli holem ol ki blong prishud.
- Serem ol tingting blong olgeta long wan spirit blong stret mo gud fasin, stap tabu, fet, folem ol gudfala standet, fasin blong wet long taem, fet, bigfala lav, mo kaen fasin.
- Wok tugeta, wetem gaedens blong Tabu Spirit, blong planem wanem olgeta i nid blong mekem blong helpem olgeta we oli stap long nid.

### Givhan long Ol Narafala Man

Ol yut oli lid long wei blong Sevya taem oli givhan long ol narafala man wetem lav mo kaen fasin. Josef Smit i bin tijim: “I no mo gat wan samting we i moa impoten blong lidim ol man blong sakem sin bitim we yu holem han blong olgeta, mo lukaotem olgeta wetem wan

### Tijim Gospel blong Jisas Kraes

Givhan long ol yang man mo yang woman blong luk-save ol janis blong tijim gospel mo andastanem se bigfala impoten tijing blong olgeta hem i eksampol blong olgeta. Taem ol yut oli stap laef folem ol toktok blong ol profet mo stap kipim ol standet insaed long *Blong Paoa blong ol Yut*, olgeta i stap lid olsem Sevya. Tru long ol ones toktok mo aksen blong olgeta, oli save soemaot wanem nao i minim blong stap olsem wan tru disaepol blong Jisas Kraes. Oli stanap olsem ol tru witnes. Afta taem oli serem testemoni, givhan blong tijim wan lesen long Sandei, o serem ol trutok blong gospel wetem ol fren blong olgeta, bae Tabu Spirit i fulumap olgeta mo ol toktok blong olgeta bae i gat paoa blong save jenisim hat blong ol man.

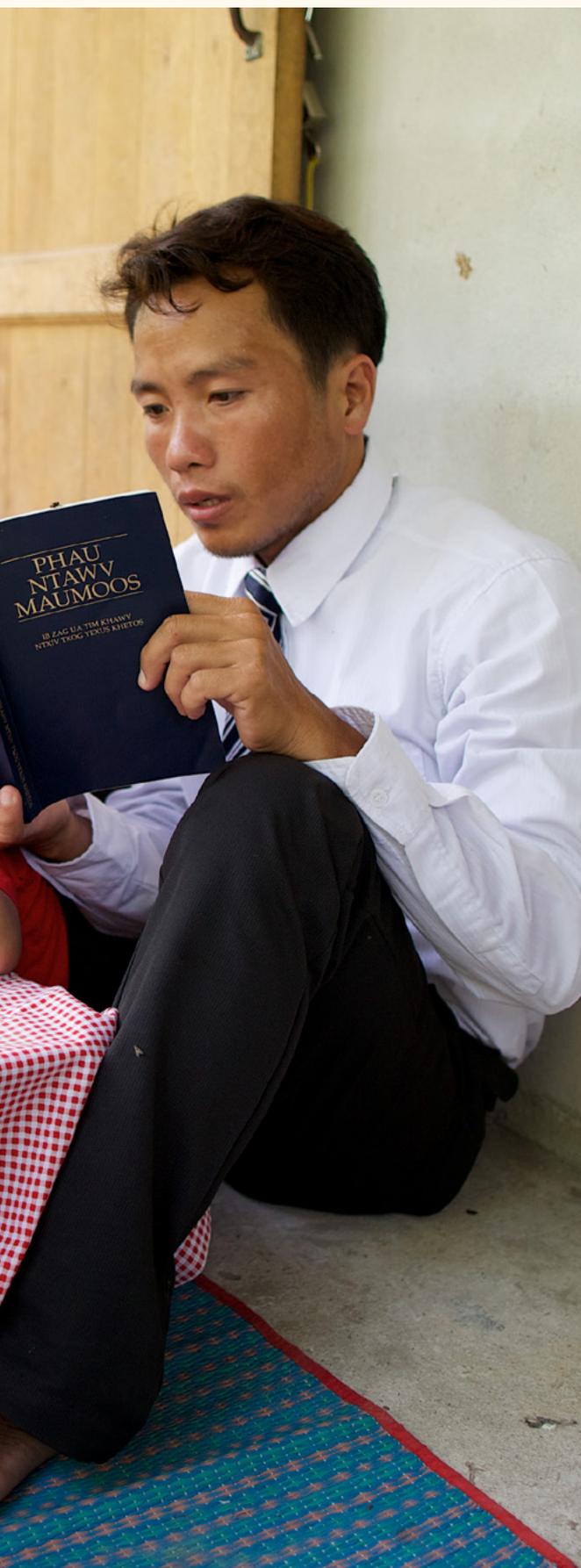
### Lid Folem Wei blong Sevya

Blong lid folem wei blong Sevya hem i wan tabu janis we i nidim ol yut blong traehad blong givim seves long Lod long hom, insaed long Jos, mo long komiuniti. Ol yang man mo yang woman we i stap lid folem wei blong Sevya oli ol mesej blong gospel blong Kraes, ansa blong prea blong wan man, ol enjel we oli kea form olgeta we oli gat nid, mo laet blong Kraes long wol. ■

### OL NOT

1. David A. Bednar, “Youth and Family History,” [lds.org/youth/family-history/leaders](https://www.lds.org/youth/family-history/leaders).
2. Letter from Carol F. McConkie’s grandson, Mar. 13, 2015.
3. Luk long *Handbook 2: Administering the Church* (2010), 3.1
4. Robert D. Hales, “Our Duty to God: The Mission of Parents and Leaders to the Rising Generation,” *Liahona*, May 2010, 95.
5. Luk long *Handbook 2*, 5
6. Luk long *Handbook 2*, 3.2
7. Luk long *Handbook 2*, 4.1
8. *Teachings of Presidents of the Church: Joseph Smith* (2007), 394, 428.





# SELEBRETEM FAMLE HAOS NAET

Long 1915, ol lata-dei profet oli givim kaonsel long yumi blong yumi putum aot wan aftanun long evri wik blong ol famle blong yumi. Oli bin singaotem “haos naet” fastaem—hem i wan taem blong lanem abaot gospel mo gat gud taem tugeta, mo long sem taem yumi stap mekem ol famle blong yumi i kam moa strong long wol ia mo long taem we i nosave finis.

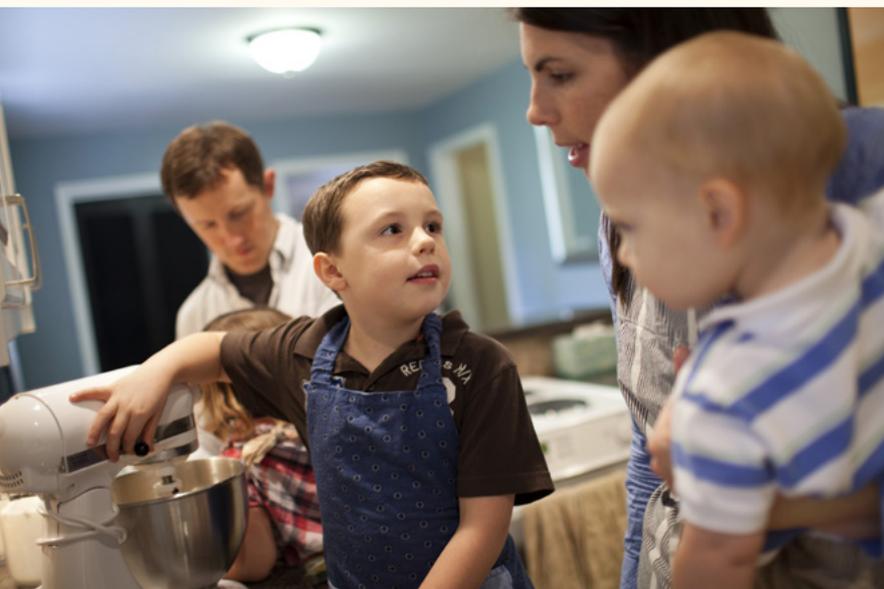
Wan hundred yia afta, famle haos naet i go hed blong helpem yumi blong bildim ol famle we bae oli stap tugeta kasem laef we i no save finis. Ol profet ol promes se tru long hemia, bigfala fet mo paoa long saed blong spirit bae i gro long ol hat blong yumi, mo bigfala proteksen, fasin blong stap wan, mo pis bae i stap wetem yumi long ol hom blong yumi.

Yumi evriwan i pat blong wan famle long wol ia mo yumi pat blong famle blong Papa blong yumi long Heven. Wea ples yumi stap long hem long wol ia mo long wanem situesen long laef blong yumi, yumi save selebretim mo tek pat insaed long famle haos naet. ■

*Long Lef: Moa Famle we oli jus mov nomo i go long Taelan, ples we oli lanem gospel mo oli bin kasem baptaes. Long famle haos naet, olgeta i stadi long Buk blong Momon, tugeta long Hmong, fas lanwis blong olgeta, mo Tai, niufala lanwis blong hom blong olgeta.*

*Daon: Stap glad tugeta mo ple ol gem hem i wan wei we ol Santos famle blong Potugal oli kam antap wetem blong gat fasin ia blong stap tugeta long famle hom evening.*





**Long raet:** Famle i moa bitim mama, papa, mo ol pikinini nomo, long Dimokratik Repalik blong Kongo. Taem Brata Sukameno i tekem i kam tugeta ol famle blong hem long hom evening, plante long ol man long vilij i glad blong kam joen.

**Long antap:** Sista Jekan blong Filipin i yusum ol praemeri singsing mo ol Miusik blong ol ofala bifo blong tijim ol pikinini blong hem long glad ia blong gospel.

**Long antap:** Andesen famle, oli stap long kijin blong olgeta long Jojia, YSA, mo oli laekem blong mekem biskit., olsem we foto i soem Olgeta samtaem oli yusum ol biskit olsem pat blong wan lesen o blong oli kakae nomo.







*Long antap: Brata mo Sista Reinol blong Washington, YSA, i lukaot ol wei blong tijim gospel long ol yang piknini blong hem blong oli save lanem mo andastanem.*

*Long raet, stat antap: Espinosa famle blong Bolivia wetem apu woman we oli respektem, long famle haos naet taem oli stap singsing mo lanem abaot gospel.*

*Blong Jin famle blong Jojia, YSA, famle histri i wan ffamle haos naetakti-viti we oli laekem tumas. Olgeta i glad*

*blong tijim ol pikinini blong olgeta abaot ol kastom mo kalja blong olgeta long Korja.*

*Ligetwud famle blong Ostrelia sam-taem oli go aot long ol trip olsem pat blong famle haos naet, blong faenem aot ol naesfala pat blong siti blong olgeta.*



*Luk long pej 3 blong wanwan Liahona blong samfala tingting blong mekem famle haos naet.*

*Serem ol foto o vidio blong famle haos naet blong yu taem yu yusum #FamilyNight.*



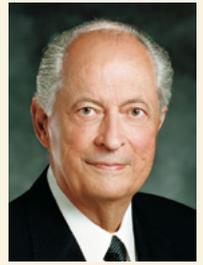
*Kasem moa long [facebook.com/liahona](https://www.facebook.com/liahona).  
magazine (i stap nomo long Inglis, lanwis  
Potugal mo Spein)*



*Taem yumi andastanem mo obei gud long plan blong God, yumi mekem yumiwan i no wokabaot olbaot i go aot-saed long rod ia we i lidim yumi i gobak long Papa blong yumi long heven.*

# Plan blong fasin blong sevem man

WAN SPESEL TABU  
SAVE BLONG LIDIM YUMI



I Kam long Elda  
Robet D. Hels

Blong Kworom  
blong Olgeta  
Twelef Aposol

*Ki blong yumi blong kam sakses long laef bifo laef long wol  
ia hem i sapot blong yumi long plan blong Papa. Hem  
i semmak long ki blong kam sakses long laef long wol ia.*

**P**lante taem mi tingting hevi long ol pikinini blong God we oli no gat hop taem oli stap wokbaot olbaot long wol ia we i tudak mo no gat filing blong stap glad, oli no save huia ia olgeta, wea ples oli kam long hem, from wanem oli stap long wol ia, o wea ples bae olgeta i stap go long hem afta long laef blong olgeta long wol ia.

Yumi no nid blong wokbaot olbaot. God i bin soem trutok we i no save finis blong ansarem evri kwestin ia. Oli stap long bigfala plan blong Hem blong ol pikinini blong Hem. Long skripja plan ia oli singaotem olsem “plan blong fasin blong pemaot man,”<sup>1</sup> “plan blong fasin blong stap glad,”<sup>2</sup> “plan blong fasin blong sevem man.”<sup>3</sup>

Taem yumi andastanem mo obei gud long plan blong God, yumi mekem yumi-wan i no wokabaot olbaot i go aotsaed long rod ia we i lidim yumi i gobak long Papa blong yumi long heaven.<sup>4</sup> Long taem ia, bae yumi laef long kaen laef ia we hem i lidim, we hemi “laef we i no save finis, . . . wan bigfala presen aot long evri gudgudfala presen blong God.”<sup>5</sup>

Presen ia blong laef we i no save finis hem i nidim yumi blong wokhad blong stadi, lanem, mo aplaem plan blong sevem man. Evri man long wol ia bae i girap bageken long ded mo kasem blesing blong bodi we i nomo save ded. Be blong kasem laef we i no save finis—laef we God i lidim<sup>6</sup>—i impoten blong laef folem plan blong sevem man wetem ful hat blong yumi, maen, strong blong yumi, mo paoa.

## Save gud Plan blong Fasin blong Sevem Man

Blong save olsem wanem blong gat strong tingting long hem i blong save gud plan ia! Plan blong fasin blong sevem man i wan long ol bigfala presen blong save we oli bin givim long evri man from hem i talem i kila stampa tingting blong laef we i no save finis. Sapos plan ia i nogat, bae yumi stap wokbaot olbaot long tudak. From samting ia, paten blong God i blong givim komanmen long ol pikinini blong Hem “*afta* mekem olgeta i save plan blong fasin blong pemaot man.”<sup>7</sup>

Mi wantem tumas blong helpem wanwan long yumi blong mekem yus long spesel save ia—blong yumi save andastandem plan blong fasin blong sevem man mo wok folem save ia long evri dei laef blong yumi.

### **Fridom blong Jusum**

From we fridom blong jusum hem i impoten long plan ia, letem yumi stat long ples ia nao. Papa blong yumi i bin givim yumi paoa blong jus blong mekem samting ia o blong no mekem samting ia<sup>8</sup> folem ol tru tok we i no save finis—long tru tok we oli mekem lukluk blong yumi long God olsem we hem i God mo lukluk ol heaven olsem we hem i stap.<sup>9</sup> Sapos yumi yusum fridom ia blong joes blong akseptem mo laef olgeta Long nara saed, sapos yumi yusum fridom blong joes ia blong no obei, blong no folem loa blong God, bae yumi go tru long ol had taem mo harem nogud.<sup>10</sup>

Fridom blong joes i stret gud blong stap olsem bakgraon blong ol trifala japta blong plan blong fasin blong sevem man: laef bifo laef long wol ia, laef wetem bodi we i save ded, mo laef we i no save finis.

### **Laef Bifo Laef long Wol ia**

Olsem we i bin kamaot long “Ol Famle. wan ofisol tok tok i go long wol,” wanwan long yumi i wan spirit pikinini boe o pikinini gel we hem i blong wan papa mo mama long heaven we oli lavem yumi” wetem wan tabu fasin we i kam long God mo wan ples blong gobak long hem.”<sup>11</sup> Long wan kaonsel long laef bifo laef long wol ia, Papa long heaven i eksplenem long yumi plan blong Hem blong fasin blong pem aot.<sup>12</sup> Plan ia i stanap long doktrin, loa, mo ol prinsipol we stap longtaem finis i kam.<sup>13</sup> Yumi laenem se spos yumi akseptem mo folem plan ia, yumi nidim blong lego ples blong Papa wetem tru had mo kasem ol tes blong soem se yumi jusum blong laef folem ol loa mo ol komanmen blong Hem.<sup>14</sup> Yumi glad from janis ia<sup>15</sup> mo soem

tangkiu blong yumi taem yumi sapotem plan ia, from plan ia i givim yumi wan wei blong yumi kam olsem Papa blong yumi long Heven mo kasem laef we i no save finis.

Be plan ia i no isi: sapos yumi jus long laef ia blong no laef folem loa blong God we i no save finis, bae yumi kasem samting we i smol bitim laef we i no save finis.<sup>16</sup> Papa i save se bae yumi foldaon mo sin taem yumi stap lan tru long eksperiens long laef ia we i save ded, mo from hemia Hem i givim wan sevyia blong pemaot ol sin blong evriwan we oli sakem sin mo blong hilim ol harem nogud long saed blong spirit mo filing blong olgeta we i obei.<sup>17</sup>

Jisas Kraes hem i bin stret pikinini blong God we Hem i lavem, jusum, mo bin odenem hem long stat.<sup>18</sup> Hem i sastenem plan blong papa mo agri blong stap olsem Sevyia

blong yumi, taem hem i talem: “Mi hemia, sendem mi.”<sup>19</sup> Folem hemia, Papa i bin apoentem Jisas blong liv olsem wan we laef blong hem i nogat sin long bodi ia we i save ded, mo aton from ol sin mo harem nogud blong yumi, mo laef bakegen long ded blong brekem ol rop blong ded.

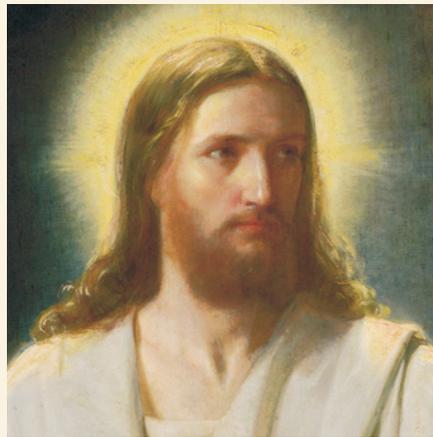
Lusifa, we oli singaotem Setan, i bin stap long laef ia bifo laef long wol ia.<sup>20</sup> From ol selfis risen blong hem, hem i no wantem plan ia, mo stap lukaot blong spoilem fridom blong man blong jusum, mo go agkens long Papa.<sup>21</sup> From samting ia, Setan mo olgeta we i folem hem bae oli neva gat wan bodi. Olgeta i lego janis blong olgeta blong tekem pat long

plan blong Papa mo lusum ples blong olgeta we i kam long God.<sup>22</sup> Tedei oli gohed blong faet agkensem God mo lukao-tem blong taenem ol tingting mo ol hat blong ol narafala man agkens long Hem.<sup>23</sup>

Wol ia hem i bin mekem blong olgeta we oli akseptem plan blong Papa.<sup>24</sup> Long ples ia nao yumi kasem wan bodi we God i mekem we i semak olsem blong hemwan. Long ples ia nao yumi go tru long tes mo oli traem yumi. Long ples ia nao yumi kasem eksperiens long ol samting we yumi nidim blong kasem laef ia we i no save finis.<sup>25</sup>

### **Laef long Wol ia**

God i krietem Adam mo Iv mo joenem tufala olsem hasban mo waef, putum tufala long Karen blong Iden, mo komandem tufala blong gat ol pikinini.<sup>26</sup> Taem tufala i yusum fridom blong jusum, Adam mo Iv tugeta i foldaon long presens blong God mo kam olsem ol man wetem bodi we i save ded.<sup>27</sup> Olgeta i mekem folem plan blong Papa



***Jisas Kraes hem i bin stret pikinini blong God we Hem i lavem, jusum, mo bin odenem hem long stat.***



blong mekem i posibol blong tufala i gat ol pikinini, we tufala i no bin save mekem long Karen blong Eden.<sup>28</sup> Folem loa we i no save finis, tabu paoa blong mekem kriesen i mus yusum insaed long eria we Papa long Heven i putum. Blong mekem olsem i tekem i kam janis blong glad ia we i no save finis. Eni wok we oli mekem yusum tabu paoa ia aotsaed long eria blong God bae en long harem nogud.<sup>29</sup>

Setan, we i wantem tumas se evriwan “bae stap harem nogud olsem hemwan,”<sup>30</sup> i traem blong tekem yumi i go longwe long ol janis ia we oli stap tru long plan blong Papa. ?From wanem nao Papa long Heven i letem Setan blong i testem yumi? From Hem i save se taem yumi gat enemi bae i helpem yumi blong gro mo testem yumi long laef ia we i save ded.<sup>31</sup> Enemi ia i givim yumi wan janis we yumi no save pem blong taenem yumi i go long God mo lukluk long Hem nomo. From we gud samting mo rabis samting oli stap oltaem long fored blong yumi, yu save talemaot ol samting we yumi wantem tumas taem yumi tekem wan mo lego narafala

wan.<sup>32</sup> Enemi ia yumi finem long ol temtesen blong Setan be tu long ol nogud fasin blong yumi wan, ol nogud fasin blong bodi ia we i save ded we i ol fasin blong ol man.<sup>33</sup>

Blong helpem yumi blong mekem ol waes joes, God i bin soem plan blong Hem long fasin blong pem aot mo i bin givim ol komanmen,<sup>34</sup> laet blong Kraes,<sup>35</sup> mo fren ia we i Tabu Spirit.<sup>36</sup> Nomata long ol presen ia, evriwan long yumi insaed long wol ia i bin mekem sin, mo i mekem yumi no enaf blong go long presens blong God wetem pepa we yumi wan i kasem.<sup>37</sup> From hemia bigfala sori blong Hem long plan blong Hem i blong sendem wan Sevyia.

Jisas Kraes i bin kam olsem wan Stret pikinini ia nomo we God i gat mo mekem misen blong Hem we God i bin jusum Hem blong mekem blong folem wanem we Papa i wantem long evri samting.<sup>38</sup> Folem bigfala sori plan blong Papa, ol nogud saed blong faldaon i bin lus tru long laef bageken blong Sevyia,<sup>39</sup> ol risal blong sin i save winim, mo fasin nogud i save tanem i kam paoa spos yumi yusum Atonmen blong Jisas Kraes.<sup>40</sup>

***Taem tufala i yusum fri-  
dom blong jusum, Adam  
mo Iv tugeta i foldaon  
long presens blong God  
mo kam olsem ol man  
wetem bodi we i save  
ded. Olgeta i mekem  
folem plan blong Papa  
blong mekem i posibol  
blong tufala i gat ol  
pikinini.***



*Wan Impoten samting long laef we i no save finis hem i mared we i no save finis blong man mo woman, we i wan long impoten pat tumas blong yumi save kam olsem ol papa mo mama blong yumi long heven.*

Yumi save kwalifae blong kasem laef we i no save finis tru nomo long fasin blong stap obei long ol komanmen. Hemia i nidim yumi blong gat fet long Jisas Kraes, sakem sin, kasem baptaes, kasem presen we i Tabu Spirit, mo stanap strong kasem en blong folem eksampol blong Sevyia.<sup>41</sup> Long stret toktok, yumi mas kasem evri impoten prishud odinens mo stanap strong kasem en taem yumi stap kipim ol kavenan we i kam wetem.

**Laef Bifo Laef long Wol Ia**

Afta we yumi bae ded, bae yumi stanap long fored blong Sevyia blong kasem jajmen.<sup>42</sup> From God i gat bigfala lav, olgeta we i yusum fet blong olgeta long Kraes blong sakem sin bae i kasem fogivnes mo kasem evri samting we Papa i gat, mo laef ia we i no save finis i stap tu insaed.<sup>43</sup> From we God i mekem i stret long evriwan, olgeta we i no sakem sin bae no kasem presen ia we blong laef we i no save finis.<sup>44</sup> Wan wan long yumi bae kasem presen folem fet blong hem long fasin blong sakem sin, long ol tingting, long ol disaea, mo long ol wok.<sup>45</sup>

**Yusum Plan blong Fasin blong Sevem Man long evri dei laef blong Yumi**

Taem yumi andastanem bigfala pija ia blong plan mo lukim yumi wan insaed long plan ia, yumi bae kasem wan samting we yumi no save pem, we i impoten tumas: ol lukluk long laef ia we i no save finis. Lukluk We I No Save Finis I Helpem Ol Disisen mo Aksen Blong Evridei. Hem i wok evritaem wetem ol maen mo ol sol blong yumi. Taem ol tingting we oli no stret oli kam antap raon long yumi, yumi stanap strong mo mo no muvmuv.

Olsem we Elda Nil A. Makswel (1926–2004) blong Kworom blong Olgeta Twelef Aposol i bin tijim: “Taem man i no andastanem plan blong sevem man, hemia wetem laef bifo laef long wol mo jajmen ia mo laef bageken, bae hem i traem blong andastanem laef blong hem wan bae i luk olsem we trifala samting ia i stap olsem wan pleple blong wajem.”<sup>46</sup> Yumi mas andastanem fas wok (laef bifo laef long wol ia), blong yumi save olsem wanem blong mekem ol gudfala joes long seken wok (laef long bodi we i save ded), we bae i helpem yumi save wanem bae

hapen long yumi long namba tri pat blong wok ia (laef afta long laef long wol ia).

Long narafala toktok, blong andastanem plan blong sevem man, putum tugeta wetem ones prea, bae i jenisem wei we yumi lukluk long laef, evriwan raon long yumi, mo yumi wan. Blong andastanem plan ia i kliarem visen blong yumi long saed blong spirit mo helpem yumi blong luk ol samting olsem we oli stap.<sup>47</sup> Semak olsem ol tabu skripja we i stap long brasplat we i bin helpem Josef Smit blong kasem revelesen mo help,<sup>48</sup> taem yumi save long plan ia bae i soem yumi olsem wanem blong “wok folem doktrin mo prinsipol we bae i helpem yumi long fuja, folem fridom blong jusum long bodi we i save ded” we Lod i bin givim long yumi.<sup>49</sup>

Folem hemia fet blong yumi bae i kam strong, mo yumi bae save olsem wanem blong mekem wan map blong rod long laef blong yumi mo mekem disisen we i folem tru tok ia we i no save finis.

Hemia sam long ol eksampol we oli impoten blong yusum long taem blong yumi.

### **Stampa Tingting blong Mared long Plan blong God**

Setan i stap atakem mared mo famle from hem i save se tufala samting ia i impoten tumas blong kasem laef we i no save finis—i impoten semmak long Kriesen, Foldaon, mo Atonmen mo Resureksen blong Jisas Kraes.<sup>50</sup> From se Setan i no save smasem ol paoa blong plan ia, hem i lukaotem blong spolem save mo fasin blong yumi blong folem mared mo famle laef.

Wetem plan blong Papa long heven i olsem wan toktok we i no save janis, stampa tingting blong mared i kam klia blong lukluk moa long hem. Komanmen ia we i talem blong lego papa mo mama, mo joen tugeta long mared,<sup>51</sup> mo kam plante mo fuluap long wol ia<sup>52</sup> i mekem plan blong Hem i hapen. Tru long mared yumi karem i kam long wol ia ol spirit piknini blong Hem mo kam ol patna blong Hem blong helpem ol pikinini blong Hem blong tekem pat long plan blong Hem.<sup>53</sup>

Plan blong Papa i givim yumi wei ia blong kasem laef we i no save finis, laef we ol papa mo mama blong yumi long heven i folem. Insaed long plan ia, “wan man we i no stap wetem woman, [o] woman we i no stap wetem man, insaed long Lod.”<sup>54</sup> Wan Impoten samting long laef we i no save finis hem i mared we i no save finis blong man mo

woman, we i wan long impoten pat tumas blong yumi save kam olsem ol papa mo mama blong yumi long heven.<sup>55</sup>

### **Mared bitwin wan Man mo wan Woman**

Long mared yumi kam olsem wan nomo, wan man mo woman wetem ol spel mo impoten fasin we i difren long narawan be i save wok tugeta. Wokbaot long laef blong bodi ia we i save ded olsem hasban mo waef, yumi gro tugeta, kam kolosap long Sevyta taem yumi obei, mekem ol sakrefaes blong mekem wanem we God i wantem, mo biltimap kingdom blong Hem tugeta. Taem yumi save se mared we i no save finis i wan komanmen blong God mo Hem i rere long wan wei blong ol piknini blong Hem i folem komanmen ia,<sup>56</sup> yumi save se ol mared blong yumi bae i wan sakses

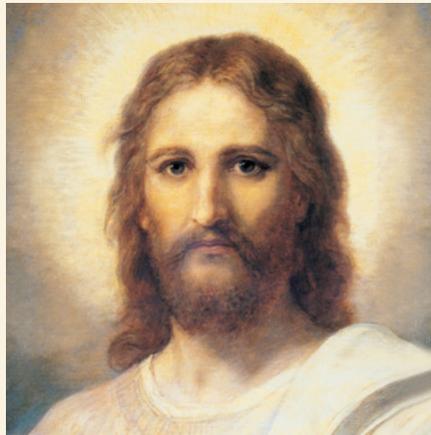
taem yumi kam tugeta blong kipim ol kavenan we yumi bin mekem.

Hem i tru long ol odinens blong prishud mo blong jusum blong kipim ol kavenan we i go wetem, i mekem se yumi kasem paoa blong stap holi taem yumi wok wetem ol jalenj blong-wol ia.<sup>57</sup> Ol odinens blong tempol i givim yumi paoa we i kam antap mo helpem yumi blong gobak stap wetem Papa long heven.<sup>58</sup> Ol siling odinens i helpem hasban mo waef blong gro tugeta long paoa blong God mo stap wan wetem Lod.<sup>59</sup> Eni narafala kaen mared we i tekem ples blong hemia, bae i no kasem ol tabu stamba tingting blong yumi o blong ol jeneresen blong ol pikinini we bae oli kam.<sup>60</sup>

### **Ol Samting blong pulum ae mo Ol disaea**

Wanwan long yumi i kam long wol ia we i fulap long sin wetem sam fasin we bae mekem hem i foldaon o jalenj we hem i bon wetem olsem wan man.<sup>61</sup> Andastanem plan blong God i mekem yumi luk save evri nogud fasin blong man—wetem ol samting raon we i pulum ae mo ol disaea we i no semak wetem plan blong Hem—hem i blong wol ia nomo.<sup>62</sup> Taem yumi kam blong save se yumi bin stap liv long wan laef bifo laef long wol ia olsem ol piknini boe mo ol pikinini gel wetem papa mo mama blong heven we oli lavem yumi tumas bae i helpem yumi blong tekem pesonal aedentiti blong yumi long tabu ples we yumi kamaot long hem. Hem i posisen blong yumi olsem wan piknini boe o pikinini gel blong God—we i tru rod blong aedentiti blong yumi—be i no nogud blong yumi o ol fasin blong yumi.<sup>63</sup>

Wetem lukluk long samting ia, yumi bae save gud blong wet wetem tingting we i stap daon mo fasin blong wet long Lod,<sup>64</sup> long biliv blong yumi tru long fet, fasin blong



**Folem bigfala sori plan blong Papa, ol nogud saed blong faldaon i bin lus tru long laef bageken blong Sevyta.**



***Taem yumi stap mekem folem save we yumi kasem long plan blong Papa, laef blong yumi bae i gat bigfala mining.***

stap obei, mo stanap kasem en, ol fasin mo desaea blong yumi bae i kam klin, ol bodi blong yumi bae i kam klin, mo yumi bae kam ol tru piknini boe mo gel blong Kraes, we oli kam klin tru long atonmen.

Ol lukluk blong laef we i no save finis long plan ia, bae i tekem i kam promes ia se olgeta we i stanap strong kasem en, bae dei ia i kam we “God bae i waepem aot evri wota blong ae; . . . mo tu bae i nomo gat harem nogud: from ol olfala samting ol pas.”<sup>65</sup> Hop ia we i stret evriwan mo i gat plante laet”<sup>66</sup> bae i holem taed maen mo ol hat blong yumi blong yumi save gat fasin blong wet, wetem fet blong wet long Lod.

**Ol Promes i blong Olgeta we i Stanap strong kasem En**

Olgeta we i stap lukluk olbaot sapos situesen blong olgeta o kondisen blong olgeta i stopem olgeta long laef ia we i no save finis oli mas tingbaot se “i nogat wan we oli bin mekem desisen finis se bae hem i kasem smol nomo long evrisamting we Papa i gat blong ol pikinini blong Hem.”<sup>67</sup>

I nogat blesing we bae i no go long olgeta we i stanap strong kasem en. Presiden Lorenzo Sno i talemaot: “I nogat wan Lata Dei Sent we fet blong hem i strong bae i lusum ol janis blong hem from hem i no bin mekem sam samting we hem i no fit blong mekem. Long narafala toktok, spos wan yang man o wan yang woman i nogat janis ia blong mared, mo olgeta i liv wetem plante fet kasem taem we oli ded, olgeta bae i gat evri blesing, fasin blong kam olsem God mo glori we eni man o woman bae gat janis ia mo wok blong mekem i kam gud. Hemia i nogat kwestin long hem mo i tru.”<sup>68</sup>

**Ol promes blong evriwan we i save plan ia mo yusum evri dei**

Wanwan long yumi i sapotem plan blong Papa wetem ful hat blong yumi long laef bifo laef long wol ia. Yumi save se Hem i bin lavem yumi, yumi bin sapraes long tingting ia blong janis blong kasem evristaming we hem i gat, hemia wetem laef ia we i no save finis. Ki blong sakses blong yumi long laef bifo laef long wol ia i bin sapot blong yumi long

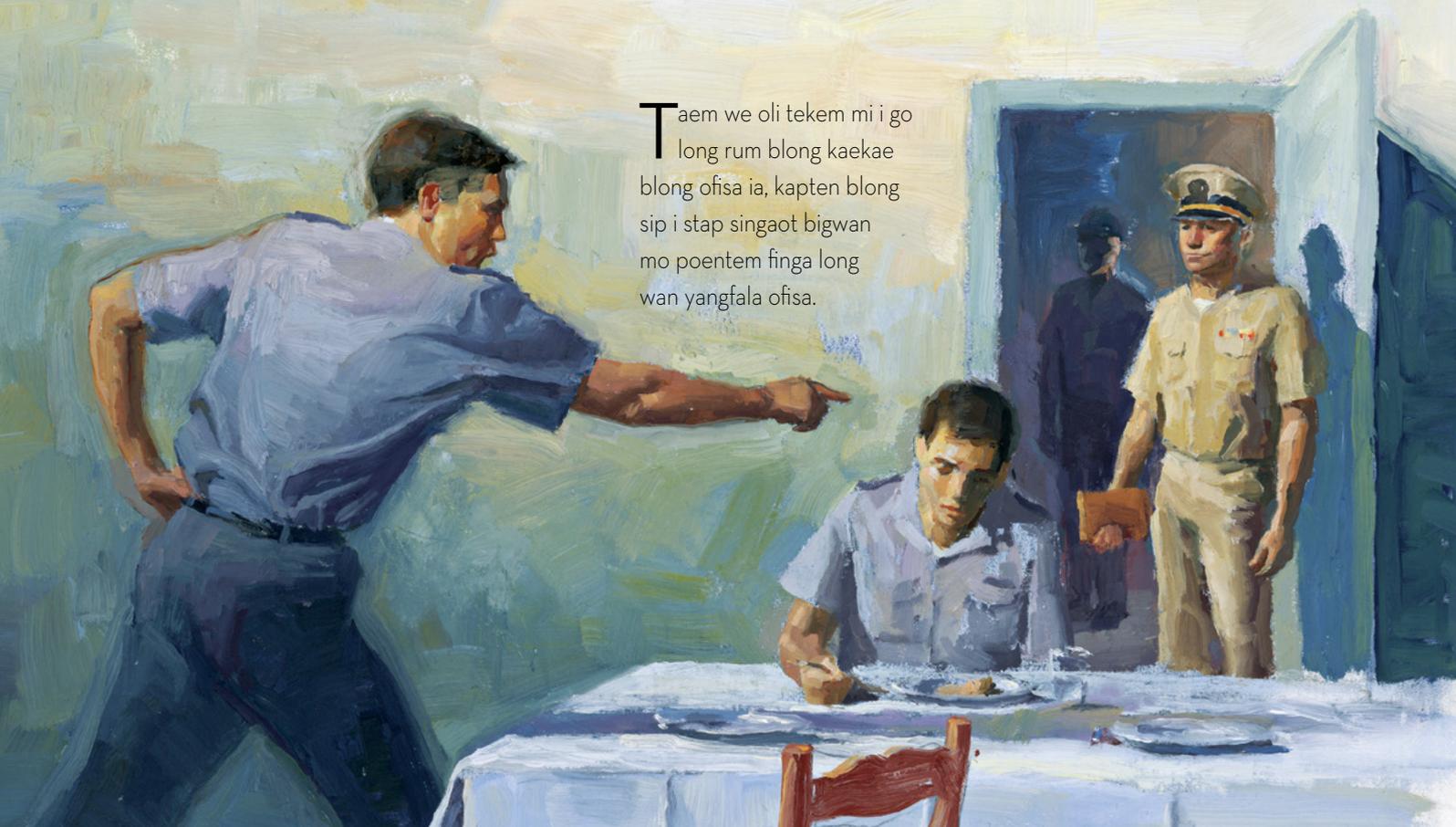
plan blong Papa. Mo hemia i semmak long ki blong sukses long laef ia.

Mekem se invitesen blong mi se yumi stanap tugeta bakegen blong sapotem plan blong Papa. Hemia yumi mekem wetem lav blong evriwan, from plan ia hem wan, i wan wei blong soem lav blong God.

Taem yumi stap mekem folem save we yumi kasem long plan blong Papa, laef blong yumi bae i gat bigfala mining. Bae yumi go tru long ol hadtaem wetem bigfala fet. Bae yumi lukluk i go long fored wetem save se samting ia i tru, i saen bigwan, laet we i saen strong blong hop blong yumi long laef i we i no save finis. ■

#### OL NOT

1. Jakob 6:8; Alma 12:25–26, 30, 32; 17:16; 18:39; 29:2; 39:18; 42:11.
2. Alma 42:8, 16.
3. Jerom 1:2; Alma 24:14; 42:5; Moses 6:62.
4. Luk long Alma 12:32; Luk Boed K. Paka, “Bigfala Plan blong fasin blong stap glad mo Personal Revelesen” (Joes Edukesen Sistem brodkas blong ol yang adol, Nov. 7, 1993).
5. Luk long Doktrin mo Ol Kovenan 14:7.
6. Luk Harol B. Li, *Ol Tijing blong Harol B. Li*, ed. Clyde J. Williams (1996), 72; Luk tu long Bruce R. Makonkie long Konferens Ripot, Aperel 1970, 26.
7. Alma 12:32; oli putum sam moa toktok i go wetem; lukluk tu long ol ves 25.
8. Luk long 2 Nifae 2:13–16; Doktrin mo ol Kovenan 107:78.
9. Luk Geoj Q. Kannon, *Tru Tok blong Gospel: Tu Volium long Wan: Ol Dis Kos mo Ol raeting blong Presiden Geoj Q. Kannon* sel. Jared L. Niukuis (1974), 296.
10. Luk long Rijad G. Skot, “Olsem wanem blong laef Gud long medel blong bigfala namba blong ol fasin blong sin,” *Liahona*, Mei 2004, 102; Robet D. Hels, *Kambak bakgeken: Fo level we yumi wokbaot folem blong go long hom wetem bodi we i save ded*.
11. “Luk long “Famle: Wan Ofisol Toktok I Go long Wol,” *Liahona*, Nov. 2010, 129; luk tu long Ol Wok 17:29; Romans 8:16–17; Hebru 12:9; Abraham 3:18–25.
12. Luk long Alma 12:30; luk tu long Job 38:4–7; Abraham 3:22–28.
13. Luk long 2 Nifae 2:13; luk tu long Howod W. Hanta, “Blong Save God,” *Ensign*, Nov. 1974, 97; *Ol tijing blong Presiden blong Jos: Heba J. Gran* (2002), 30: “Wanwan long ol komanmen oli bin kam long yumi long pepes ia se yumi bambae . . . i kuwalifae mo rere blong go bak mo stap long presens blong Papa long Heven. Ol diuti ia ol disaed wanem bae hapen long yumi blong mekem yumi kam olsem god long ol fasin blong yumi. Ol samting ia oli disaed wanem olsem wanem yumi save kam olsem God, mo bae i mekem yumi fit mo kuwalifae blong kasem raet ia blong stap wetem Lod blongyumi mo Sevyia Jisas Kraes.”
14. Luk long Doktrin mo Ol Kovenan 136:31–25; Abraham 3:24–25.
15. Luk long Job 38:7.
16. Luk long Doktrin mo Ol Kovenan 88:34–36, 39–40.
17. Luk long Aesaea 53:3–5; 2 Nifae 2:8; 9:10–11; 31:21; Mosaea 3:17; Alma 7:11–13.
18. Luk long 1 Pita 1:20; Moses 4:2.
19. Luk long Abraham 3:27.
20. Luk long Aesaea 14:12–16.
21. Luk long Moses 4:3–4; luk tu 1:19.
22. Luk long Revelesen 12:7–9.
23. Luk long Doktrin mo Ol Kovenan 10: 26–27.
24. Luk long Doktrin mo Ol Kovenan 59: 18–19.
25. Luk long Abraham 3:24–26.
26. Luk long Jenesis 1:24–28.
27. Luk long Alma 42:2–6; Moses 4:25, 28–31.
28. Luk long 2 Nifae 2:23; Moses 5:11; luk tu long Boed K. Paka, “Plan blong fasin blong stap glad,” *Liahona*, Mei 2015, 26–28.
29. Luk long Alma 39:3–5; 41:3–4, 10–15.
30. 2 Nifae 2:27.
31. Luk long Seken Nifae 2:11.
32. Luk long 2 Nifae 2:26–29; Alma 34:32–35.
33. Luk long Jakob 4:7; Ita 12:27; Doktrin mo ol Kovenan 62:1.
34. Luk long Alma 12:30–32.
35. Luk long Moronae 7:16–19; Doktrin mo Ol Kovenan 88:7, 11–13.
36. Luk long 2 Nifae 31:12–14, 18.
37. Luk long 1 Jon 1:8.
38. Luk long Luk 22:39–42; Doktrin mo Ol Kovenan 19:16–19.
39. Luk long 1 Korintians 15:20–23 PM-23; 2 Nifae 9:10–13; Alma 11:42–45.
40. Luk long Alma 42:2–15; 22–31; Moronae 10:32–33.
41. Luk long 2 Nifae 31:10–21; 3 Nifae 27:13–22.
42. Luk long Jon 5:22; Romans 14:10; Revelesen 20:12–13; 2 Nifae 9:41; Alma 11:41–44; 3 Nifae 27:14–17, 20, 22.
43. Luk long Alma 34:14–17.
44. Luk long Mosaea 3:21–27; Helaman 14:15–19; Doktrin mo Ol Kovenan 88:21–24; 29–32.
45. Luk long Momon 3:20–22.
46. *The Neal A. Maxwell Quote Book*, ed. Cory H. Maxwell (1997), 252.
47. Luk long Presiden Tomas S. Monson “Stap olsem wan Eksampol,” *Liahona*, Mei 2005, 113.
48. Luk long Josef Smit—Histori 1:35.
49. Luk long Doktrin mo Kovenan 101:78.
50. Luk long D. Tod Kristofason, “From Wan Yumi Mared, From Wanem Famle,” *Liahona*, Mei 2015, 52.
51. Luk long Matiu 19:5.
52. Luk long Jenesis 9:1.
53. Luk long Doktrin mo Ol Kovenan 93:26–40.
54. Fas Korin 11:11.
55. Luk long Dalin H. Oks, “Apostasi mo Restoresen,” *Ensign*, Mei 1995, 87; luk tu long Dalin H. Oks, “I Nogat Ol Nara God,” *Liahona*, Nov. 2013, 73.
56. Luk long Fas Nifae 3:7.
57. Luk long Doktrin mo Ol Kovenan 84:19–21.
58. Luk long Doktrin mo Ol Kovenan 109:13–26, 38.
59. Luk long Doktrin mo Ol Kovenan 132:1–21.
60. Luk long 1 Pita 3:7; Doktrin mo Ol Kovenan 131:1–4; luk tu long Josef Filding Smit, *Ol ansa long ol kwestin abaot Gospel*, 5 vols. (1957–66), 4:197: “Olgeta we i mared long tempol blong ol taem mo taem we i no save finis bae oli kasem blesing blong laef we i no save finis. Mi toktok strong long laef we i no save finis. Laef we i no save finis i laef blong God, hemia blong wantem kam olsem hem. Laef we i no save finis i mi-nim se we i no save finis bae i stap kam bigwan—fasin blong stap go hed blong gro, olsem we revelesen i talem, blong ol sid bae stap blong taem we i no save finis. Blong mared aotsaed long tempol i blong taem i nomo. Ded bae i separatem—hemia bae i wan separenen we i no save finis, sapos nomo long taem ia olgeta i sakem sin mo laki enaf blong go long tempol mo pemaot wanem we oli mekem i no stret.
61. Luk long Ita 12:27.
62. Luk long Ita 12:27.
63. Luk long “Famle: Wan Ofisol Toktok I Go long Wol,” 129: luk tu long God i lavem ol piknini blong hem, (buklet, 2007), 1.
64. Luk long Aesea 40:31.
65. Revelesen 21:4; luk tu longves 1–3.
66. 2 Nifae 31:20.
67. D. Tod Kristofason, “From wanem Yumi Mared, From Wanem Famle,” 52.
68. *Ol Tijing blong ol Presiden blong Jos Josef Smit* (2012), 130. Luk tu long Goden B. Hinkili, “Ol Pikinini Gel blong God,” *Ensign*, Nov. 1991, 98: “Samfala we oli no mared, from i no ron blong olgeta wan, askem olgeta spos olgeta i wantem go hed blong no wantem hae digri blong glori long kingdom ia. Mi save weten ful hat blong mi se tru long plan blong wan Papa we i lavem yumi tumas mo wan Ridima we i kam long God, bae i nogat wan blesing we yu yu klin enaf blong kasem bae Hem i holem taet mo no givim.



Taem we oli tekem mi i go long rum blong kaekae blong ofisa ia, kapten blong sip i stap singaot bigwan mo poentem finga long wan yangfala ofisa.

## ?OLSEM WANEM HEMIA I IMPOTEN?

Taem mi stap long trip blong mi long *YSS, Wes Vejinia*, wan ofisa we i toktok long lanwis blong Potugal i askem blong mi go long wan tri-wik eksjenj wetem ol ami blong Brasil. Mi wan nomo long sabmarin ia we mi save toktok lanwis blong Potugal.

Fas filing blong mi se mi bae mi no go. Mi jes finis long wan tri-manis patrol mo stap wet blong luk famle blong mi, be eksjenj ia i no save lego maen blong mi. Mi go long Papa long Heven long prea, mo kasem wan strong ansa se, mi mas go mo akseptem wok ia.

Fasin blong folem i soem se i gat ol hadtaem mo ol problem. I kam long wan taem we mi filim se mi bae mi givap. Mi bin tingting se be, “olsem

wanem hemia i impoten? Nomata long filing ia, tabu Spirit i toktok long mi blong gohed blong go.

Long en, afta long samfala samting oli mekem se mifala i late, mifala i kasem sip blong olgeta long Brasil. Taem we oli tekem mi i go long ples blong kakae blong ol ofisa, kapten blong sip i stap singaot bigwan mo poentem finga long wan yangfala ofisa. Kapten i luk mi, i stop, mo talem long broken English, “Ah, Amerikan fren blong mi i jas kam tru. Welkam Yu wantem wan samting blong drink?”

Mi ansa long lanwis blong Potugal se mi laekem wan limonad blong Brasil we i popula mo mi no bin drink longtaem afta long misin blong mi. Hem i talem long mi se sip i gat evri

kaen blong strong drink long sip, be mi talem se mi no drink ol strong drink.

Afta long hemia, wan man i nok-nok long doa blong smol rum blong mi long sip. Taem mi openem doa, mi luk yangfala ofisa ia we mi luk hem long rum blong kakae blong kapten.

“Yu wan man Amerika,” hem i talem. “Yu no drink ol strong drink. Yu toktok lanwis blong Potugal. I tru se yu wan Momom?”

Yes mi wan Momom,” mi ansa long hem.

Hem i sakem ol han blong hem i go raon long mi mo hem i krae.

Ofisa ia, Lt. Mendes, hem i bin wan ones man we i jes baptaes nomo mo hem i jes graduet long Naval Akademi long Brasil. Insaed long sip, hem i

lanem kwik nomo se kapten i wantem hem blong serem wael fasin blong laef blong ol ofisa taem oli visitim ol haba. Be long nara saed, Lt. Mendes i gohed blong mekem volontia wok long ol haba insaed long kaontri blong hem mo lego ol aktiviti long ol haba blong ol defren ples. Kapten i statblong wari long hemia. Taem hem i kam insaed long rum ia blong kakae, kapten ia i singaot strong long Lt. Mendes from hem i no wantem joenem hem.

“Bae yu go aot wetem ol nara ofisa long nekis haba,” hem i givim oda ia long ami ofisa ia. “Bae yu soem long Ofisa blong Amerika ia olsem wanem yumi stap gat wan gud taem. Hemia nao wanem hem i wantem long yumi.”

Blong plante manis, Lt. Mendes i bin stap prea se kapten blong hem bae i andastanem mo akseptem ol prinsipol blong hem. Afta we mi kam tru, diskasen blong gospel i kam senta blong plante long ol toktok insaed long rom blong kakae. Mifala i toktok wetem ol nara ofisa abaot Josef Smit, Restoresen, tok blong waes, mo lao blong jastiti. Ol filing tuwod Lt. Mendes oli stap jenis. Ol ofisa oli tekemaot ol pikja blong pono-grafi, mo long nekis haba mifala evri wan i hapi blong kaekae tugeta long restrong be no go long wan klab.

Kolosap long en blong tri wik blong mi long sip, mo afta long plante diskasen wetem kapten mo ol ofisa abaot ol bilif blong yumi, ol man ol mekem hat blong olgeta i sopsop. “Naoia mi andastanem,” wanem kapten ia i talem long Lt. Mendes bifo mi go, hem i talem se hem bae i nomo askem yang ofisa ia blong hem i go agensem ol prinsipol blong hem.

Mi bae neva fogetem eksperiens ia. Lt. Mendes mo mi i lanem se Papa long Heven i save long yumi wanwan, mo i lavem yumi, mo i gat konsen long ol personol laef blong yumi. ■ Keli Laing, Wasington, YSA

## SISTA SPAFOD I STAP TOKTOK LONG MI

**M**i bin stap ple wan gem blong restrong long intanet long wan naet taem hasban blong mi i wokbaot pas mo talem aot se hem i stap go silip nao.

“Bae mi kam insaed i no long taem,” mi talem long hem.

“Bae mi bilivim taem bae mi luk,” hem i talem.

Mi stap ple wan gem we mi mekem ol wok blong kukum ol tru kaekae insaed long wan tru restoron blong ol tru kastoma. Mi lukluk long skrin blong komputa mo talem, “Bae, kaekae blong mi i rere afta long 15 minit.”

Blong pasem taem ia, taem mi stap wet, mi pikimap buk ia *Ol Pikinini Gel blong mi long Kingdom blong mi: Histori mo Wok blong Rilif Sosaeti*, we i bin stap ledaon long tebol stat long taem we mi bin kasem long Rilif Sosaeti. Mi stat blong ridim introdaksen. Long namba tri pej mi faenem olgeta samting we i kam long Bel S. Spafod, namba naen Rilif Sosaeti jenerol presiden.

“Ol nomol woman tedei, mi biliv,” hem i wraetem, “bae i save mekem gud samting spos hem i lukluk bageken long ol interes blong hem,

skelem ol aktiviti we hem i stap mekem, mo afta tekem ol step blong mekem laef blong hem i isi, blong putum ol samting we i impoten fas wan, mo lukluk plante wea ples nao ol gud saed blong hem bae i bigfala mo bae save stap kasem en, mo tekem aot hem wan long ol aktiviti we oli gat smol gud samting nomo long hem” (2011, xiii).

I neva gat wan samting we mi ridim mo i tajem mi bigwan olsem hemia mo ol skripja. Woman ia we i ded bitim 30 yia finis i stap toktok long mi. Ol toktok blong hem oli moa impoten tedei bitim long taem we hem i bin talem olgeta.

Mi save kwik taem nomo se bae mi neva ple gem long intenet bageken. Mi ofem kompiuta, mo go long bed, afta taelm long hasban blong mi long disisen we mi tekem. Long nekis dei, mi nomo onem kompiuta. Be, mi wokem aot hamas aoa mi bin stap westem long ol gem ia long evridei.

Mi multiplae wetem tri aoa long wan dei blong 365 (dei long wan yia) mo difaedem wetem 24 (aoa long wan dei). Mi bin sek blong lanem se mi bin stap westem 45.62 dei long wan yia, Olgeta impoten aoa ia mo dei ia oli go fogud. Mi shud spendem olgeta taem ia blong ridim ol skripja, spendem taem wetem hasban blong mi mo ol pikinini, givim seves long ol nara man, o wok long ol koling blong mi.

Ol Jenerol Adoroti plante taem ol tokbaot topik ia long ol taem blong jenerol konferens. Be ol toktok ia i neva bin tajem mi, mo mi no tingt se ol toktok ia i blong mi.

Mi mi talem tangkiu se Tabu Spirit i helpem mi blong luk save se ol Jenerol Adoroti—mo Bel S. Spafod—oli bin stap toktok long mi. ■ Sandi Hauson, Ohaeo, YSA

# MI NO SAVE FROM WANEM MI STAP LONG TAEM IA

**M**ama blong mi mo mi i jes finisim prea blong mitufala long naet. Mitufala i haggem mitufala mo talem long mitufala se, "Mi lavem yu." Afta mi wokbaot i go long rum blong mi. Taem mi pusum han blong tajem handel blong doa, wan strong filing i kam long maen blong mi se long nekis dei bae mama blong mi i ded.

Bren mo hat blong mi i traem blong faet agensem tingting ia. I nogat wan wei nating blong wan samting bae i hapen long mama blong mi. Evri samting bae oraet wetem hem.

Taem mi go insaed long rum blong mi, mi go daon long ni blong mi mo prea mo talem long Papa long Heven se filing abaot mama blong mi i no save kam tru. Mi askem hem blong plis tekem aot tingting ia, be tingting ia i no go. Mi go bak long rum blong papa mo mama blong mi mo talem long mama blong mi se mi wantem hem i haggem mo kisim mi wan moa taem bageken bifo mi go silip. Mitufala i talem bageken se, "Mi lavem yu," mo mi gobak long rum blong mi. I bin

tekem mi samtaem bifo mi slip long naet ia.

Taem mi wekap long nekis moning, mi gat filing blong wari. Mi glad tumas taem mi lukmama blong mi i hapi mo stap gud. Be bihaen long maen blong mi, filing i stap kam yet se wan samting i no stret. Long fas mo testimoni miting long dei ia, Mama blong mi i go antap mo talem wan naesfala testimoni.

Afta long sakremen miting, hem i bin go blong tijim Praemeri klas blong hem, mo mi bin go long Sandei Skul. Mi gat wan narafala filing, naoia blong stanap mo lego Sandei Skul. Mi no wantem blong mekem ol man i luk mi, be wan samting i pulum mi aot long ples we mi sidaon long hem mo kamaot long doa. Blong sam minit nomo, mi go insaed long Praemeri Klas blong mama blong mi, mo stap sidaon mo lisen long hem i tij. Mi no save from wanem mi bin stap ia, be

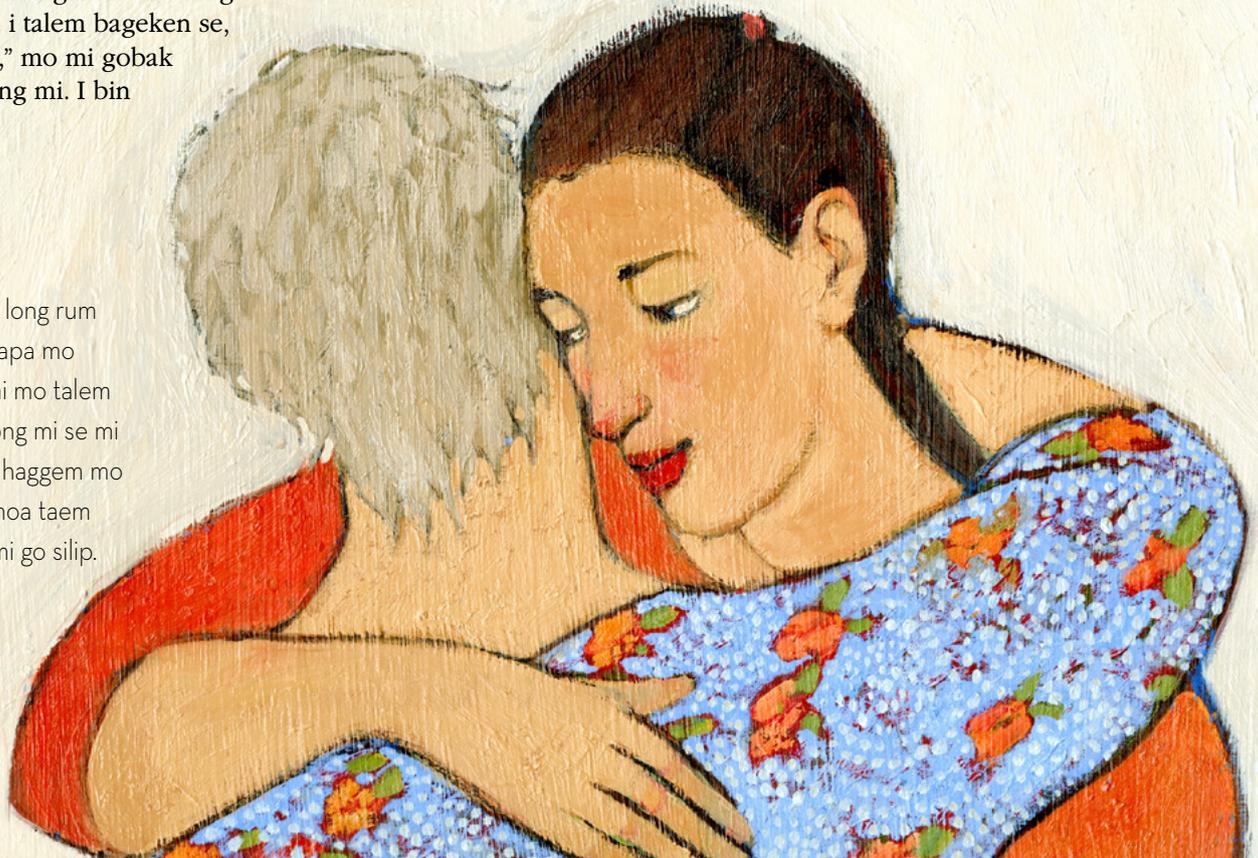
mi save se ples ia nao i gat nid blong mi stap long hem.

Let long aftanun long haos blong brata blong mi, mama blong mi i lukluk stret long ol ae blong mi blong lasfala taem afta hem i foldaon mo ded from blad i bin blokem rod blong pulum win. From ol risen blong Hem mo from sore blong Hem, Papa long Heven i bin sendem Tabu Spirit blong rere long mi. Ol filing long ol taem ia oli givim mi wan ekstra taem we mi save stap glad wetem mama blong mi, be sapos mi no bin wantem lisen long kwaet, smol vois ia, bae mi no save mekm olsem..

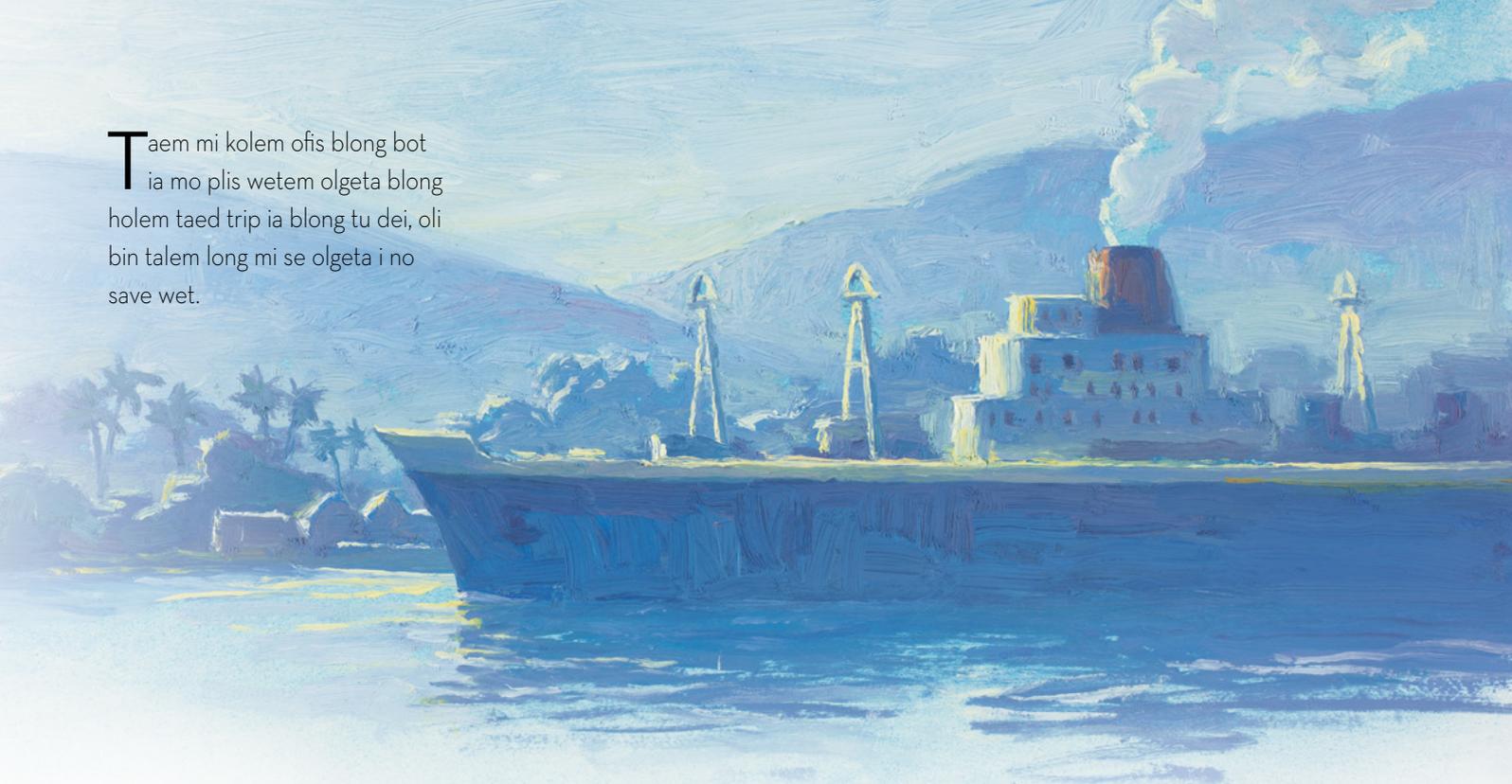
Lav blong Papa long Heven long mi i neva bin klia long mi kasem taem we mama blong mi i lus. Yumi bles tumas blong gat wan Papa long Heven we i lavem yumi tumas we i givim long yumi spesel presen ia blong Tabu Spirit. ■

Amba Jeni, Alabama, YSA

**M**i go bak long rum blong papa mo mama blong mi mo talem long mama blong mi se mi wantem hem i haggem mo kisim mi wan moa taem bageken bifo mi go silip.



Taem mi kolek ofis blong bot ia mo plis wetem olgeta blong holem taed trip ia blong tu dei, oli bin talem long mi se olgeta i no save wet.



## MI PREA FROM ROD BONG MI BLONG GO LONG ROTUMA

“Bot ia *Westalan* i lego ples ia yestedei finis,” waef blong brata blong mi i talem, taem hem i sekhan long mifala long Nadi Intanasonal eapot long Fiji.

Mi harem nogud mo no glad long nius ia, Bot ia *MV Westalan* i bot we i sud tekem mifala i go luk bigfala brata blong mi long Rotuma Aelan. Rotuma hem i stap kolosap 375 mael (600 km) notwes blong Viti Levu, hem i bigfala aelan aot long ol aelan blong Fiji. Spos yu mestem bot ia, bae yu mas wet blong samfala dei o samtaem plante wik blong nekis bot i kam.

Wan yia bifo long taem ia, mi bin go long Rotuma blong helpem brata blong mi blong fiksime haos blong apu woman blong mifala, mo mi livim brata blong mi from wan rao we mitufala i gat long taem blong wok. Naoia mi wantem blong luk fes blong hem mo talem bigfala sori blong mi long hem.

Wan wik bifo, woman blong mi, Akata, mo mi i flae long Ostralia blong go long Fiji, smol ankel blong mi i talem long mi se bot ia *Westalan* bae

aot blong go long Rotuma wan dei bifo mitufala i kasem Fiji. Kwik taem nomom mi ringim ofis blong bot ia mo plis long olgeta blong holem taet trip ia blong tu dei bageken.

“No, bae mifala i no save mekem,” hem i ansa blong olgeta. “Kaonsel blong Rotuma Aeland i bin mekem rere kaekae blong welkam, mo bot i nidim blong aot olsem we i stap long plan.”

Wan tingting i kam long maen blong mi, mo mi disaed blong livim kakae mo prea.

“Dia Papa long Heven,” Mi prea, “Mi wantem tumas blong folem bot ia i go long Rotuma. Mi biliv se olgeta bae no save stap wan o tu dei, be Yu yu gat paoa blong mekem i hapen. ?Plis Yu save tekem aot wan skuu nomo long wan ples long bot ia blong olgeta i no save aot, mo afta mi save folem olgeta? Mi nidim blong go long Rotuma blong mi mo brata blong mi i taelm sori.

Afta we mifala i harem rabis nius ia se bot i lego finis, mifala i go long wan moa wof narasaed long aelan. Be

long we, mifala i finem aot se bot ia i bin gat problem long enjin blong hem mo no save aot yet. !Papa long Heven i bin ansa long prea blong mi! Olsem we i stap, hem i bin ful enjin—i no bin wan skru nomo—olgeta i karem aot ful enjin blong fiksime wan bigfala ples we oel i lik long hem.

Taem we bot i rere blong aot wan wik afta, mi mi stap long bot ia. Taem mi kasem Rotuma, Mi hang long brata blong mi mo talem sori, mo mitufala i putum bak rilesensip blong mitufala. Hem i wan dei blong glad mo selebret.

Bae mi taelm tangkyu oltaem from wan gudfala ekperiens blong spirit mo from gospel blong Jisas Kraes we i kam bak. Hem i wan testimoni se merikol ol stap hapen yet tedei, se Papa long Heven i laef mo i stap ansarem ol tru prea, se prea mo fasin blong livim kakae i go tugeta, mo we gospel ia i tru—iven long wan smol vilij long wan smol aelan blong Rotuma. ■

Jon K. Muara, Niu Saot Wels, Ostrelia (Man we i wraetem storian ia i ded finis.)



I kam long  
Randal L. Rid

Hem i wok olsem  
seken kaonsela  
blong ol Yang Man  
jeneral presidensi  
long 2013 kasem  
2015

## STAP LAEF

# Wetem Tingting we I Tru

**M**i lanem fasin i blong mekem samting wetem wan stampa tingting taem mi wan yang studen long seminari. Tija blong mifala i givim wan jalenj long mifala blong ridim Buk blong Momon. Blong hem i save se mifala i stap rid o no, hem i droem wan tebol wetem ol nem blong mifala long wan saed mo ol buk insaed long Buk blong Monmon long nara saed blong tebol ia. Long taem we mifala i ridim wan buk, hem bae putum wan sta long saed blong nem blong mifala.

Long stat, mi no traehad blong rid, mo i no longtaem mi luk se mi stap go biaen olgeta long ol naranan. From samting ia mi filim se mi sem from ol fren blong mi oli gat spirit ia blong kompit, i mekem se mi stat blong rid. Evri taem mi karem wan sta, mi filim gud. Mo taem mi karem plante sta, mi gat strong tingting blong rid—afta long ol klas, afta long skul, mo long ol fri taem blong mi.

Bae hem i wan gud stori sapos mi talem long yu se afta long ol hadwok blong mi, mi kam fas wan long klas—be mi no faswan. Mo hemia i oraet

sapos mi talem long yu se mi kasem wan samting we i moa gud bitim hemia blong kam faswan—wan testemoni blong Buk blong Momon. Be hemia tu i no hapen. Mi no bin kasem wan testemoni. Wanem we mi bin kasem hem i ol sta. Mi kasem ol sta from hemia nao from wanem mi stap rid from. Blong yusum ol toktok blong Moronae, hem i ril stampa tingting blong mi “real intent.”

Moronae i bin klia taem hem i diskrapem olsem wanem blong faenem aot spos Buk blong Momon i tru: “Mo taem we bae yufala i kasem ol samting ia mi wantem askem strong long yufala se bae yufala i askem God Papa we i No Save Finis long nem blong Kraes sapos ol samting ia i no tru mo sapos bae yufala i askem wetem wan tru hat wetem *tingting wei tru blong wantem save* fet long Kraes bae hem i soemaot tru tok blong ol samting ia long yufala tru long paoa blong Tabu Spirit” (Moronae 10:4; sam impoten tok ol adem insaed.

### Ol Raet Risen

Lukluk i gobak, mi luk save se Lod i no mekem nogud long mi. From

**Wan tingting  
we i tru i  
minim se blong  
mekem ol raet  
samting from  
ol raet risen.**

wanem nao mi lukluk blong faenem wan nara samting bitim hemia we mi bin stap lukaotem? Gat wan ril stampa tingting i minim se blong mekem ol raet samting from ol raet risen; mi bin stap ridim raet buk be wetem ol *rong* risen.

I no bin hapen olsem kasem samfala yia i pas taem mi kam blong ridim Buk blong Momon wetem wan ril stampa tingting. Naoia mi save se Buk blong Momon i kasem tabu stampa



FOTO: I KAM LONG SERGEY NIVENSISTOCK/THINKSTOCK

tingting blong hem blong testifae abaot laef mo misin blong Jisas Kraes from mi bin ridim buk ia wetem wan ril stamba tingting.

Lesen we mi lanem abaot stamba tingting mo Buk blong Momon i blong yumi evriwan, blong yusum long evri eria blong laef blong yumi. Plante taem yumi no rili obei be yumi folem wan paten mo ol fasin we i bin stap finis blong plante yia—yumi folem olsem wanem ol man i muv be yumi no tekem taem blong tingting hevi wea ples nao ol rod ia i stap tekem yumi i go long hem. Laef wetem wan ril stampa tingting i givim moa lukluk mo pepes long laef blong yumi mo bae i mekem evri jenis. Laef wetem wan ril stampa tingting i minim se yumi andastanem “From Wanem”—ol risen bihaen long ol aksen blong yumi. Sokrates i se, “Laef we i nogat plante lukluk long hem i nidim blong stap laef.”<sup>1</sup> From hemia, tingting hevi long olsem wanem yu spendem ol taem blong yu, mo askem yu wan plante taem, “From Wanem?” Hemia bae i helpem yu blong gro wetem fasin i blong lukluk bitim taem naoia i go fored. Hem i mo gud blong lukluk i go long fored mo askem long yu wan, “From wanem mi mekem hemia?” bitim blong lukluk i go bak mo talem se, “From wanem, oh, from wanem mi bin mekem samting ia?”

### **Wanem Nao Lod i Wantem blong Yu Yu Mekem?**

Taem mi bin wan yangfala man, mi bin mekem joes blong mi se bae mi no go long misin. Afta long wan yia long kolej mo wan yia insaed long ami, mi bin gat wan gudfala wok long wan lokol hospital olsem wan Teknisen blong Eksrei. Laef i bin go gud,



***Laef wetem wan tru stamba tingting i minim blong andastanem “from wanem”—ol filing bihaen long ol aksen blong yumi. Sokrates i talem, Laef we i no gat plante lukluk long hem i no nidim blong laef folem.”***

mo blong mekem misinari wok i no bin impoten long mi long taem ia.

Wan dei, Dokta Jems Pingri, wan dokta blong operetem ol man long hospital, i invaetem mi blong kakae lanj wetem hem. Long taem blong storian blong mitufala, hem i faenemaot se mi nogat plan blong mekem misinari wok, mo hem i askem from wanem. Mi talem long hem se yia blong mi i ova yia blong go long misin mo ating i let tumas. Hem i talem long mi se hem i no wan gudfala risen, hem i se hem i bin go long misin blong hem afta hem i bin finisim stadi blong hem long medikol skul. Afta hem i talem testemoni blong hem olsem wanem misin blong hem i impoten.

Testemoni blong hem i bin mekem wan jenis long mi. Tingting ia i bin mekem mi blong prea bitim oltaem we mi bin stap prea bifo—wetem *wan ril stampa tingting*. Mi save tingbaot plante risen from wanem mi no wantem go long misin: mi bin sem Mi gat wan wok we mi laekem. Mi gat plante

janis blong kasem skolasip we bae i nomo stap taem bae mi kambak long misin. Mo impoten risen nao, se mi gat wan gelfren we i bin stap wet long mi blong samtaem nao taem mi stap long ami, mo mi save se bae hem i nomo wantem wet blong narafala tu yia bageken. Mi prea blong karem wan ansa se ol risen blong mi oli stret mo tru mo we mi mi raet.

Mi wari, from mi no save karem wan isi yes-o-no ansa we mi stap wantem. Afta tingting ia i kam long mi se: “Wanem nao Lod i wantem yu blong mekem?” Mi mas talem tangkyu se Hem i wantem mi blong givim seves tru long misonari wok, mo hemia i kam wan impoten taem long laef blong mi. Bae mi mekem wanem we mi mi wantem, o bae mi mekem wanem we Lod i wantem? Hemia i wan kwestin we yumi evriwan bae mas askem long yumiwan plante taem.

Mi talem tangkiu, we mi jusum blong go long misin mo bae mi wok long Meksico Not Misen.

## Ol Ansa we Oli No Stret

Teti-faef yia afta, boe blong mi i leftemap tingting blong mi blong visitim Meksiko wetem hem. Mifala i hop blong faenem samfala pipol we mi bin tijim olgeta. Mifala i go long wan Sakramen miting insaed long smol taon we mi bin statem misin blong mi long hem, be mi no luk save wan man nating. Afta long miting, mifala i toktok wetem wan long ol memba mo askem sapos hem i save wan man long lis blong ol pipol we mi bin tijim plante yia i pas finis. Mifala i go tru long lis ia be mifala i no winim, kasem long las nem: Liona Lopes de Enrikwues.

“O, yes,” man ia i talem. “Famle ia oli stap long nara wod, be oli kam long Jos insaed long bilding ia. Nekis sakremen miting i blong olgeta.”

Mifala i no bin wet longtaem bifo Liona i stap wokbaot i kam insaed long bilding. Nomata naoia hem i stap long medel blong 70 yia blong hem, mi luk save hem kwik taem nomo, mo hem i luksave mi. Mitufalal i hakem mitufala blong longtaem mo krae.

“Mifala i prea blong 35 yia se yu bae kambak blong mifala i talem tangkiu long yu blong tekem gospel i kam long famle blong mifala,” hem i talem.

Taem ol nara memba blong famle ol kam insaed long bilding, mifala i hakem mifala wetem plante krae. Afta mifala i finemaot se bisop blong wod ia i wan long ol pikinini boe blong Liona, singa hem i abu pikinini gel blong hem, man long piano hem wan long ol apu pikinini boe blong hem, mo sam long ol yang man insaed long Aronik Prishud. Wan long ol gel blong hem i maredem wan kaonsela insaed long stek presidensi. Narafala gel blong hem i maredem bisop blong wan wod we i stap kolosap nomo. Plante long ol pikinini blong Liona

long bin go long ol misen, mo naoia oli gat apu pikinini oli stap mekem misienari wok

Mifala i lanem se Liona i wan gudfala misinari bitim mi. Tedei ol pikinini blong hem ol talem Tangkyu blong olgeta long hem taem oli storian long ol had wok blong hem we i neva spel blong tijim olgeta gospel. Hem i tijim olgeta se ol smol desisen, long en, oli kam ol risal blong wan ful, stret mo gud, mo hapi laef, mo olgeta i tijim ol narawan long ol samting ia. Evriwan i talem, se ofa long 500 pipol i kam long Jos from naesfala famle ia.

Mo evri samting ia yumi folem i kambak daon long wan storian blong lanj. Mi samtaem mi tingting se spos Dokta Pingre i bin lukluk moa long wok blong mi o ol narafala samting blong wol we ol man i stap ron from, bae hem i neva save askem from wanem mi no go long misen. Be lukluk blong hem i stap long ol narawan, mo blong mekem wok blong Lod i go fored. Hem i planem wan sid we i bin gro, we i karem kakae, mo gohed blong kam bigwan kwik taem nomo (Luk long Mak 4:20). Misen blong mi i tijim mi ol ansa we i no stret long wan singel desisen blong mekem wok blong Lod.

## Putum Stamba Tingting we I No Save Finis I Kam Faswan

Plante taem mi lukluk i gobak long laef blong mi mo tingting se from wanem i bin had long mi blong mekem disisen blong go long wan misin. I bin had from ol samting oli stopem mi; Mi lusum pija blong stampa tingting blong mi long laef we i no save finis—ril stampa tingting from wanem yumi stap long ples ia.

Wanem mi wantem mo tingting blong mi oli no bin joen wetem

tingting blong Lod; sapos no, desisen bae i bin isi nomo. Mo from wanem nao oli tingting ia oli no joen? Mi bin go long jos mo tekem pat long sakremen long ol Sandei, be mi no lukluk long mining blong hem. Mi prea, be mi no stap go tru long ol filing blong prea. Mi ridim ol skripja be wanwan taem nomo mo nogat ril stamba tingting blong rid.

Mi leftemap tingting blong yu blong laef long wan laef we i gat stamba tingting mo laef we i lukluk long laef—nomata sapos yu no bin stap mekem oltaem bifo. Yu no mas lukluk daon long yuwan tru long ol tingting long wanem yu bin mekem finis o no mekem yet. Letem Sevyia i waepem Kapa blong ruf ia i klin. Tingbaot wanem we hem i bin talem: “Be evri taem we oli bin sakem sin mo bin lukaotem blong kasem fogivnes, wetem tru tingting, oli bin fogivim olgeta.”

Lisin Naoia Laef long wan laef we i gat wan stamba tingting, andastanem from wanem yu mekem wanem we yu stap mekem mo wea ples bae i tekem yu go long hem. Taem yu mekem ol samting ia, bae yu faemaot se bigfala impoten kwestin ia “from wanem” bihaen long evrisamting we yu mekem i from we yu lavem Lod mo luksave klin lav i blong Hem long yu. Bambaie yu faenem bigfala glad long taem we yu stap lukaotem stret mo klin fasin mo blong andastanem mo mekem wanem we Hem i wantem. ■

*Hem i tru wan divosen blong ol yang adalt raon long wol, “Stap Laef wetem Wan Stamba Tingting. Hamas i impoten wetem tingting we i tru blong wantem save,” i bin kamaot long Brigham Yang Yunivesiti—Aedaho long 11 Jenuware 2015. Blong kasem ful toktok blong hem, go long devotionals.lds.org.*

## NOT

1. Sokrates long Plato *Apoloji* (2001), 55.

# Fet, Seves mo wan Ful Bred

## I kam long Nisanka (Nis) Mutu Mudalige

**M**i blong Sri Lanka be mi muv i go long Armenia blong go long skul long 2007, mi mitim ol misionari, mo bin baptaes long nekis yia. Afta long baptaes mi wantem tumas blong mekem misinari wok. Mi no bin save mekem from mi moa long 25 yia: be, misin presiden i singaot mi blong mekem wan smol misinari wok. Wan long ol wok blong mi i blong wok wetem ol olfala mo prijim gospel. Mi bin laekem.

## Hem i wan tes blong karej.

Long semfala taem, mani i bin smol. Afta bisnes blong papa blong mi i brok daon, mo hem i nomo save sendem mani i kam long mi. Kaekae blong mi i bin inaf blong holem taet mi blong samfala dei nomo. Yunivesiti blong mi i bin kolosap nomo long ples we mi stap long hem, be misin ofis hem tekem mi 30 min long bas blong kasem. Blong tekem bas i go longwe mo kambak bae i tekem 200 drams (kolosap U.S.\$0.50).

Nomata long hemia mi wantem go blong givim ona long misenari wok blong mi. Taem wan olfala i kolem mi blong visitim sam memba wetem hem mo askem blong mifala i mit long

Sentrol Branj bilting—hem i bitim 40 minit longwe long bas—Mi talem yes, nomata mi bin gat enaf mani nomo blong pem wan ful bred. Mi wokbaot i go long Sentrol Branj bilting. Hem wan dei long taem blong ples i hot, mi bin spel smol mo drin wota long rod blong mi i go. Hem i tekem mi ofa long tu aoa bifo mi kasem ples ia. Long tu aoa blong mi long rod blong kambak, mi yusum las koin blong mi long bred.

## Hem i wan bigfala tes.

Stret afta we mi kasem haos, mi kasem wan fon kol long semfala olfala man ia. Hem i talem, “Nis, Mi sori blong kolem yu bageken, be wan long ol memba i sik. Yu save kam mo stap olsem kompanion blong mi taem bae mi givim hem wan blesing?” Mi wantem talem long hem se mi bin taed tumas afta we i bin wokbaot blong fo aoa long hit blong san, be hat blong mi i no bin letem mi go daon. Fet blong mi i givim mi paoa mo strong paoa long tingting, afta mi talem se bae mi go.

Long semtaem fren blong mi we mi serem rum wetem hem i kam insaed. Mi askem hem spos hem i save givim enaf mani long mi blong mi kasem

**Taem mi stap wokbaot i go long haos, mi no filim se mi taed. Wan samting nomo we mi save tingting long hem i bin smael blong wan olfala woman.**

misen ofis afta bae mi givim bak mani blong hem afta. Hem i talem se hem i gat inaf mani nomo blong pem kakae kasem en blong manis, mo hem i no save givim eni lon long mi.

Kwik taem nomo, ae blong mi i lukluk bred we mi jes pem i stap long tebol, hem i fres—wan bred ia nomo we mi gat. Mi piki-map mo talem, “Mi jes karem bred ia; yu save tekem mo givim mi wan 100 dram?” Hem i smael mo talem se bae hem i mekem. Mi tekem mani ia mo tekem bas i go long misin ofis.



Mifala i visitim spesel memba ia, wan olfala woman we i nomo save wokbaot i stap leidaon nomo long bed. Woman ia i no save openem ol ae blong hem blong luk mifala, be hem i smael long mi. Hem stap toktok i kam stret long mi, abaot ol memori blong laef blong hem long bifo. Hem i glad tumas blong luk mifala long haos blong hem. Tugeta, mi mo elda ia i givim hem wan blesing. Hem i givim mifala wan smael bakegen, mo mi save luk laet long fes blong hem. Gel blong hem i talem long mifala se visit blong mifala i feswan afta long plante manis we hem i luk mama blong hem i smael.

Mi wokbaot narafala tu aoa i go bak long haos, be naoia mi nomo filim se mi taed. Wan samting nomo we mi save tingting long hem i smael blong olfala woman ia mo storian blong mitufala. Mi filim se Papa long Heven i bin wantem mi blong go

visitim hem; ating hemia nao wanem we hem i nidim blong gat bigfala glad long ol las dei blong hem. Mi talem tangkyu tumas from janis ia blong tekem pat long visit ia. Mi askem Papa long Heven blong blesem woman ia. Mi askem Hem tu blong blesem mi wetem kakae blong evridei long long hadtaem ia blong mi we mi nogat mani.

### Blesing we i kam Antap

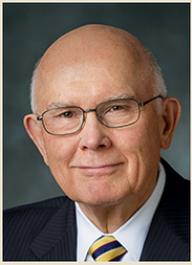
God i lego mi stap mi wan. Fren blong mi i serem kakai blong hem wetem mi long manis ia. Mi neva hanggre mo go long bed, nomata i nogat wan peni insaed long poket blong mi. Mi wokbaot i go long misen ofis evri dei—mo mi neva filim se mi taed. Sakrefaes ia i mekem mi mi hapi.

Long manis ia mi kasem plante lanj mo ol man oli invaetem mi blong go long dina. Wan dei fren

blong mi we mi serem rum wetem hem, mitufala i gat wan smol bred nomo blong kakae long moning. Long aftenun mitufala i bin hanggre tumas. Mitufala i wokbaot i go daon long rod blong traem faenem wan fren blong askem mani long hem afta bae mitufala i pembak. Long rod wan trak i stop mo insaed hem i tu man Amerika, Ol man ia i askem mitufala long kaontri we mitufala i kamaot long hem. Afta mitufala i talem se mitufala i blong Sri Lanka, olgeta i invaetem mitufala i go long haos blong olgeta blong kakae dina. Olgeta i laekem blong harem evri samting abaot Sri Lanka mo mifala i gat wan naesfala dina.

Mi laekem Papa blong mi long Heven mo evri blesing we Hem i givim long mi evri dei. Hem i stap blong helpem mi, mo mi filim lav mo kea blong hem long mi evri dei. ■

*Woman ia we i raet i stap long Armenia.*



**I Kam long Elda  
Dalin H. Oks**  
Blong Kworom  
blong Olgeta  
Twelef Aposol

## KAMAOT LONG TRIK BLONG **PONOGRAFI**

*Evriwan long yumi i mas lanem ol stret wei blong ansa long ol topik long vidio, niuspepa mo radio abaot ol rabis fasin blong seks.*

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**T**en yia i pas, mi bin toktok long jenerol konfrens long topik blong ponografi. Mi ademap voes blong mi wetem blong ol narafala lida we oli bin givim woning agensem ol damaj blong ponografi long saed blong spirit. Woning blong mi se, plante long ol man mo ol boe ol bin stap spolem olgeta long wanem we mi singaotem “bigfala promosen blong ol fasin blong ol seksual rilesensip we i no stret”.<sup>1</sup> Eni kaen fasin blong ponografi hem sin—i mekem spirit i nomo strong, i mekem paoa blong saveyusum pishud paoa i nomo strong, mo i spolem ol gud-fala rilesensip.

Naoia, 10 yia i pas, mi mi glad bigwan se plante oli harem mo folem gud ol woning blong profet, ol bin stopem mo stap klin mo nomo kam toti long ol toti blong ponografi. Mi glad bigwan tu se plante oli bin folem gud ol invitesen blong ol profet blong tanem bak long ponografi, fiksimap ol hat mo ol rilesensip we oli bin brok, mo muv i go fored folem fod blong stap olsem wan disaepol. Be mi wari plante naoia bitim bifo long olgeta narawan we oli stap wetem yumi, oli stap go hed blong foldaon long trik blong ponografi, speseli nao ol yangfala man blong yumi mo tu namba blong ol yang woman we i stap go antap.

Wan impoten risen from wanem, problem blong ponografi i stap gro long wol blong tedei i from, ol toktok mo ol pikja blong fasin blong seks oli stap long evri ples: oli stap long ol muvi, ol televisen program, ol program blong intanet, ol teks mesej, ol program blong internet long fon, ol advataesmen, ol buk, ol miusik, mo ol storian blong evri dei. From hemia, yumi evriwan i no save stopem yumiwan long ol mesej blong seks we i stap raon long yumi evri dei.



-----  
*Lukluk long Lod we-  
tem fasin blong gat  
tingting i stap daon  
bae lidim wan man  
blong akseptem sam  
tru tok, we, taem  
bae hem i andasta-  
nem fulwan, bae i  
givim hem paoa mo  
bae i karem aot sem  
long hem.*

## I. Ol level blong Ponografi we yumi stap long Hem

Blong helpem yumi wok wetem sin ia we i stap gro, mi wantem talemaot sam long ol defren level we yumi stap long hem wetem ponografi, mo givim samfala wei we yumi sud yusum blong ansa long wanwan long olgeta.

Long ol taem mo situesen blong bifo, ol kaonsel blong mifala long ponografi i lukluk plante nao long prinsipol blong helpem wanwan man blong stopem fas ekperens o blong kam gud bageken long fasin we i had blong lego. Nomata ol had wok ia i impoten, pas eksperiens mo ol situesen naoia i bin soem nid blong kaonsel we bae tokbaot ol level blong ponografi bitwin bigfala namba blong olgeta we oli no go kolosap nating mo olgeta we oli had blong lego fasin ia. Hem i help bigwan blong lukluk long ol fo defren level blong ponografi we yumi stap wetem: (1) mistek blong gat kontak wetem, (2) yusum wanwan taem nomo (3) yusum plante taem, mo (4) mas yusum evritaem (adiksen)

### 1. Mistek blong gat kontak

**wetem.** Mi biliv se evriwan i bin mistek blong gat kontak wetem ponografi. I nogat sin long hemia taem yumi tanem bak mo no gohed blong lukaotem. Hem i wan mistek, we i nidim blong stretem bitim blong sakem sin.<sup>2</sup>

### 2. Yusum wanwan taem.

Yusum ponografi wanwan taem o plante taem, be i no mistek mo yu minim blong yusum, hemia nao hem i sin.

Ponografi i krietem mo i mekem ol filing blong seks i kam bigwan. Krieta i bin givim yumi ol filing ia blong ol waes stamba tingting blong Hem, be Hem i givim ol komanmen tu we i talemaot se ol filing ia oli blong ol man mo ol woman we oli mared nomo. Ponografi i damejem stret fasin blong seks mo leftemap fasin blong seks aotsaed long eria blong mared. Olgeta we i yusum ponografi oli gat wetem olgeta ol smol fos i gat paoa blong krietem o spolem laef. !No go long ples ia!

Ol denja blong yusum ponografi from eni risen, nomata hemi wanwan taem or i no plante taem, bae oltaem taem oli yusum bae i invaetem olgeta blong

yusum moa, we bae kam had blong stopem from oltaem bae tingting blong olgeta bae i stap longol filing blong seks mo ol fasin blong seks. Ol saentis oli bin finem aot se ol pikja blong seks oli fomem ol kemikol insaed long bren we i kivim paoa long ol filing blong seks, mo hemia nao i pulum tingting i go moa long ol fasin blong seks.<sup>3</sup> Ol rong fasin blong seks, i krietem filing blong sem, we, long taem we bae kam, bae i save draon i stap long wan man.

### 3. Yusum plante taem.

Blong gohed wantem blong yusum ponografi i save kam wan fasin blong wantem mekem oltaem, “bae i kam fasin we man i wantem mekem oltaem kasem taem we bae i kam wan samting blong mas mekem.”<sup>4</sup> Taem man i yusum oltaem, bae hem i nosave harem gud sapos hem i no yusum.

### 4. Mas Yusum Oltaem (Adiksen).

Fasin blong man we i soem se hem i gat adiksen long ponografi, i taem man ia i stap statem wan fasin blong stap ‘dipen’ long hem (wan medikol toktok we oli yusum long ol meresin, alkol, mo fasin blong ple from mani, mo plante moa. we taem i kasem wan level, hem bae nomo wantem stopem” mo i kam

wan impoten samting kolosap bae bitim evri nara samting long laef blong hem.”<sup>5</sup>

## II. Stamba Tingting blong Save Gud olgeta Level ia

Long taem we yumi luksave ol level ia, bae yumi luksave se, i no evriwan we i wantem blong yusum ponografi i dipen long hem. I tru se, plante long ol yang man mo ol yang woman oli gat probelm wetem ponografi be olgeta oli no stap dipen long hem. Hem i impoten blong luksave wanem we i defren ia—i no blong ol papa mo mama nomo, ol hasban mo waef, mo ol lida we oli gat strong tingting ia blong help, be tu long olgeta we i traehad wetem problem ia. Hemia from wanem i olsem.

Faswan, taem level blong wan man we i yusum ponografi i go dip tumas—stat long taem we hem i no minim blong luk, kasem taem we hemi minim blong yusum wanwan taem o ripitim oltaem, kasem we hem i yusum oltaem kasem taem we hem i stap dipen long hem mo nosave

Tru long bigfala lav  
blong Jisas Kraes, God  
hem i save forgivim sin  
blong yumi evriwan  
mo yumi kasem  
paoa blong jenis.

lego—bae i moa had blong hem i kam aot long hem Sapos yu lukluk rong se man ia i stap dipen mo i no mo save lego fasin ia, man ia bae ting se hem i lusum fridom blong jus mo lusum paoa blong winim problem ia. Hemia i save mekem tingting blong kam gud bakegen, mo sakem sin i nomo strong. Long narasaed, blong gat wan gudfala save long level blong wan problem ia—se hem i no nogud tumas olsem we yumi stap fraet long hem—be i givim hop mo wan strong tingitng blong yusum fridom blong jus blong stopem fasin ia, mo sakem sin.

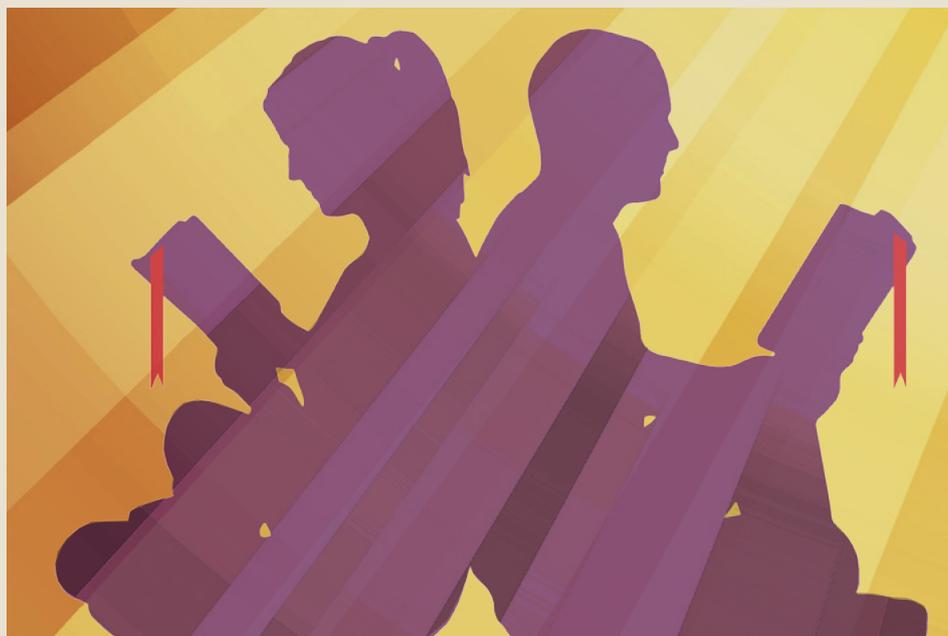
Namba tu, olsem eni nara fasin blong sin, tingting blong yusum ponografi i ronem aot Tabu Spirit. Samfala we i bin go tru long hemia bae i gat strong filing blong sakem sin. Ol narawan, bae oli filim se oli sem mo wantem blong haedem ol nogud blong olgeta tru long fasin blong kiaman. Olgeta bae save stat blong filim sem, we i save lidim olgeta blong no laekem olgetawan. Sapos samting ia i hapen, bae olgeta i stat blong biliv long ol bigfala kiaman blong Setan: se wanem we oli bin mekem o stap go hed long hem, bae i mekem olgeta i kam ol man nogud, ol man we oli no klin inaf from bigala lav blong Sevyia mo no save sakem sin. Samting ia i no tru. Yumi neva stap longwe tumas blong kasem Sevyia mo Atonmen blong Hem.

Las wan, hem i impoten blong no mas talem se fasin blong stap yuum ponografi oltaem hem i wan adiksen from se hemia i no diskraebem stret level we hem i stap long hem o evri samting we hem i nid blong mekem blong save sakem sin ia mo kam bak gud bakegen. Blong gat wan gudfala save long wea ples wan man i stap long hem long ol level blong ponografi bae i helpem yumi save wanem aksen nao i stret blong tekem blong kam gud bakegen.

### III. Kamaot long Ponografi

Naoia yumi lukluk long hao nao wanwan man i save kamaot mo kam gud bageken long trik blong ponografi. Hemia bae i help bigwan, bae i no helpem nomo olgeta we i gat problem ia blong stop blong yusum ponografi, be tu ol papa mo mam, mo ol lida we oli stap helpem olgeta. Wanwan man bae i gat moa saksess tugeta long saed blong no yusum mo kam gud bakegen long ponografi, taem oli diskasem olgeta topik ia wetem papa mo mama, mo ol lida.<sup>6</sup>

Nomata long wanem level blong stap wantem blong yusum ponografi, rod blong kam gud bageken, kam klin, mo sakem sin i go wetem, mo nidim ol semfala stamba tingting: gat wan tingting we i stap daon, stap olsem wan disaepol, mekem komitmen blong yuwan blong jenis, fasin



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*Blong folem ol tru tok ia, wanwan man i nid blong komitim hem bageken blong stapolsem wan disaepol blong Lod Jisas Kraes mo blong mekem ol samting we i klinim mo i mekem olgeta i kam strong blong save stanap strong taem ol temtesen blong fiuja i kam.*

blong stap akaontebol mo sapot, mo stap strong kasem en wetem fet.

### **A. Fasin blong gat Tingting i Stap Daon**

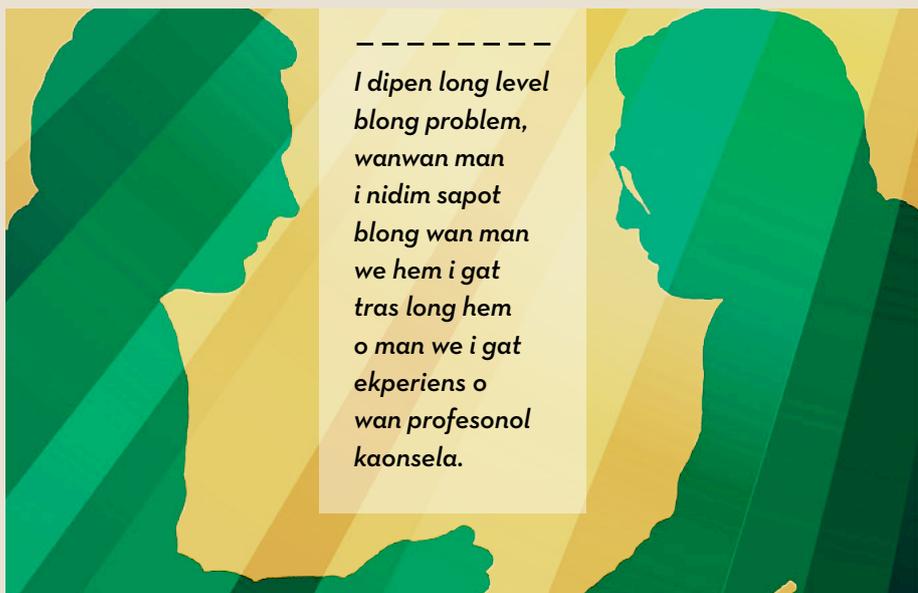
Blong wantem tumas blong winim ponografi mo ol fasin we i kam wetem, wanwan man i mas gat fasin blong gat tingting i stap daon. (Luk long Ita 12:27). Lukluk long Lod wetem fasin blong gat tingting i stap daon bae lidim wan man blong akseptem sam tru tok, we, taem bae hem i andastanem fulwan, bae i givim hem paoa mo bae i karem aot sem long hem. Sam long ol tru tok ia hem i:

- Wanwan long yumi i wan pikinini blong Papa blong yumi we I stap long heven.
- Sevy a blong yumi, Jisas Kraes, Hem i lavem yumi mo save gud wanwan long yumi.
- Atonmen blong Sevy a blong yumi hem i blong evri pikinini blong God.
- Tru long bigfala lav blong Jisas Kraes, God hem i save forgivim sin blong yumi evriwan mo yumi kasem paoa blong jenis.
- Wanwan long yumi i gat wan presen we i gud tumas we i presen blong ejensi, we i mekem yumi save yusum paoa mo ful paoa blong Atonmen.
- Wanwan long yumi we i gat problem wetem ponografi i save yusum hop blong olgeta narawan we oli bin winim problem ia.
- Ponografi hem i wan sin, be blong tekpat long hem i no minim se man i nogud.
- Wan man i save kamaot long trik blong ponografi mo kam gud bageken fulwan, be hemia bae i hapen nomo taem man i yusum paoa blong Atonmen.
- Wan tru fasin blong sakem sin i nidim moa wok bitim blong stop blong yusum nomo. Wan kaen fasin blong sakem sin olsem i nidim wan hat we i jenis tru long Atonmen blong Kraes.

Taem man i stap akseptem ol tru tok ia bae i mekem hem i rere long saed blong spirit blong wok folem, we bae i openem ol doa blong kasem help long Lod blong mekem ol jenis we hem i nidim blong sakem sin mo kam gud.

### **B. Fasin blong stap Olsem wan Disaepol**

Blong folem ol tru tok ia, wanwan man i nid blong komitit hem bageken blong stapolsem wan disaepol blong Lod Jisas Kraes mo blong mekem ol samting we i klinim



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*I dipen long level  
blong problem,  
wanwan man  
i nidim sapot  
blong wan man  
we hem i gat  
tras long hem  
o man we i gat  
ekperiens o  
wan profesonol  
kaonsela.*

mo i mekem olgeta i kam strong blong save stanap strong taem ol temtesen blong fluja i kam. Hemia i minim se oli mas gat komitmen long ol aktiviti long saed blong spirit: mekem prea we i gat mining mo ridim skripja evridei, go long ol jos miting, mekem seves, mekem fasin blong livim kakae, mo (taem bisop i agri long hem) tekem sakramen mo go wosip long tempol.

### **C. Mekem Komitmen blong wok Folem wan Plan blong Yuwan**

Ol disaepol blong Jisas Kraes we oli gat tingting i stap daon, bae oli save kasem wan klia tingting we bae i mekem olgeta i luk save ol dip filing, ol situesen raon long komuniti, mo ol samting blong wol ia we i save statem temtesen blong yusum ponografi. Sapos oli save luksave ol samting ia, bambae olgeta i save planem hao blong kamaot long ol fasin nogud ia:

- Luksave ol samting we i stap statem, mo mekem se oli wantem mekem fasin ia taem oli tekem ples.
- Putum ol klia aksan blong helpem olgeta i kamaot long temtesen.
- Tekem bak ol tingting mo eneji blong oli lukluk long Lod.
- Setemap ol klia aksan blong evridei blong olgeta i mekem komitmen blong olgeta i kam strong blong oli stap long wan laef we i stret mo gud.

Taem yu mekem wan pesenol plan, wanwan man i sud yusum ol gudgudfala risos we Jos i stap givim. Eksampol, Jos websaet [overcomingpornography.org](http://overcomingpornography.org) gat topik blong wanwan man mo tu topik blong ol famle memba mo ol prishud lida we oli stap givim sapotem olgeta. Moa long hemia, Jos Adiksen Kam Gud Bageken Program i stap blong evri memba we oli gat problem wetem eni fasin

blong adiksen, mo bae helpem ol memba blong famle blong olgeta tu.

#### D. Fasin blong stap Akaontebol mo Sapot

Ol man blong folem Jisas Kraes we oli putum tingting blong olgeta i stap daon mo oli talemaot se olgeta i nidim Sevy a bae oli lukaotem help long ol bisop blong olgeta, we Lod i bin singaotem olsem ol prishid lida blong olgeta we oli holem ol kei blong save helpem olgeta blong sakem sin. Wetem raet blong wanwan man we i stap long problem, mo sapos bisop i kasem insperesen blong mekem, bisop i save askem wan naraman blong wok wetem mo helpem olgeta. Nomata long situesen, kaonsel ia blong Presiden Godon B. Hinkli (1910–2008) i save givhan:

“Askem Lod dip daon long sol blong yu se bae Hem i tekem aot yu long adiksen we i stap kontrolem yu. Mo bae yu gat karej blong lukaotem daerksen long bisop blong yu mo, sapos i nid, kaonsel blong ol profesenol man we oli save givhan.<sup>7</sup>

I dipen long level blong problem, wanwan man i nidim sapot blong wan man we hem i gat tras long hem o man we i gat ekperiens o wan profesenol kaonsela, we olgeta i save go luk long eni aoa blong kasem paoa long ol taem we oli no strong mo man ia i save mekem olgeta i filim se oli akaontebol long ol plan blong olgeta.

#### E. Stanap Strong Kasem En wetem Fet

Ol man we ol sakem sin mo oli bin kasem blessing blong save winim strong filing blong yusum ponografi, oli mas stap rere oltaem, from enemi bae stil lukaotem wan ples we i no strong blong winim man ia long hem. Samtaem bae hem i kam olsem wan aksiden nomo, nomata long ol had wok blong no traem blong luk. Long laef blong olgeta, olgeta wanwan i mas lanem blong kontrolem ol filing blong seks we God i bin givim mo holem taet ol had wok blong olgeta blong stap klin.

#### IV. Lav mo Sore Bong Evriwan

Naoia wan toktok long saed blong olsem wanem yumi tritim olgeta we oli bin foldaon long trik blong ponografi. Evriwan long yumi i Nidim Atonmen blong Jisas Kraes. Olgeta we i gat problem wetem ponografi oli nidim lav mo sore

blong yumi taem oli stap folem ol prinsipol we i nid blong oli folem, mo ol step blong oli kam gud bageken. Plis yufala i no tok agensem olgeta. Olgeta oli no ol devel mo oli stil gat hop. Olgeta i ol pikinini boe mo pikinini gel blong Papa blong yumi long Heven. Tru long stret fasin blong sakm sin, olgeta i save kam klin, klin everiwan, mo gat raet long evri kavenan mo tempol blessing we God i bin promisesem.

Taem yu kasem taem blong mared, mi enkarejem ol yang woman mo ol yang man blong jusum gud we bae i stap olsem kompanion blong yu kasem taem we i nosave finis mo oli klin long fes blong Lod mo oli klin blong go insaed long tempol. Man we i sakem sin fulwan long ponografi i klin inaf blong kasem ol blessing ia.

Wanwan long yumi i gat wan presen we i gud tumas we i presen blong ejensi, we i mekem yumi save yusum paoa mo ful paoa blong Atonmen.

#### V. En

Truaot long laef blong yumi, evriwan long yumi bae fesem ol buk mo vidio wetem ol topik blong seks. Wetem daerksen blong Sevy a blong yumi we i lavem yumi, mo strong tingting ia we yumi kasem long ol kavenan blong sakremen blong yumi oltaem gat Spirit blong Hem wetem yumi (Luk long D&C 20:77), yumi save ansa long stret fasin. Mi testifae se hemia nao wanem we yumi shud mekem blong stap glad long ol blessing blong Hem, Hem

we yumi stap givim wosip long Hem. Taem yumi mekem, bae yumi kasem fulwan pis blong Sevy a mo yumi go hed blong stap long rod we i go long ples blong yumi blong oltaem mo save kam olsem wan god. ■

#### OL NOT

1. Luk long Dalin H. Oks, “Ponografi,” *Liahona*, Mei 2005, 87–90.
2. Luk long Dalin H. Oks, “Sins and Mistakes,” *Ensign*, Oct. 1996, 62–67.
3. Luk long Donal L. Hilton Jr., M.D., “Pornography Addiction— a Supranormal Stimulus Considered in the Context of Neuroplasticity,” *Socioaffective Neuroscience and Psychology*, vol. 3 (2013) [socioaffectiveneuroscipsychol.net/index.php/snp/article/view/20767](http://socioaffectiveneuroscipsychol.net/index.php/snp/article/view/20767); see also “Porn Changes the Brain,” [fightthenewdrug.org](http://fightthenewdrug.org).
4. *Webster’s Encyclopedic Unabridged Dictionary of the English Language* (1989), “habit.”
5. *American College of Physicians Complete Home Medical Guide* (1999), 564.
6. Moa long hemia, ol yangfala mo papa mo mama blong olgeta oli mas ones long ol toktok blong olgeta be gat stret storian abaot fasin blong gat pikinini Ol Yut we oli harem abaot ol tabu pat blong ol man mo woman long ol fren blong olgeta be i no long papa mo mama, bae oli gat hae jenis blong lukaotem ol infomensen abaot topik ia tru long ponografi.
7. Gordon B. Hinckley, “A Tragic Evil among Us,” *Liahona*, Nov. 2004, 62.

# Long RAET PLES

## long RAET TAEM



? | bin hapen long yu taem wan man i talem se yu bin mekem o bin talem wan samting we i wanem we oli nidim? Samtaem i save hapen olsem from Papa long Heven i bin sendem yu long stret taem ia blong help. Yu bin lisin long Spirit, mekem se yu save luksave se filing ia i kam long Papa long Heven. Stap klin inaf mo wiling blong help—yu neva save wetaem bae Hem i nidim yu blong kam wan enjel blong wan man.

Hemia tu stori blong ol pipol we oli mekem olsem:

### TIKIT BLONG TRAK I PAK

I kam long Fatima Roja Gutieres

**M**i go luk muvi wetem sam fren blong mi blong jos. Taem mifala i go insaed long bigfala bilding ia, oli bin givim wan tikit blong trak i save pak. Afta we muvi i finis, mifala i luksave se mifala i bin lusum tikit ia blong trak i pak. Long fastaem, mifala i ting se bae

mifala i save pem tikit ia nomo, be i nogat wan long mifala i gat 1,800 vatu blong faen.

Risal blong no pem ples blong trak i pak, i mekem se trak i mas stap long bigfala bilding blong oli pulum yusum wan nara trak, mo hemia bae i moa sas. Wari i kavremap ol fren blong mi, speseli hemia we i draevem trak from hem i trak blong papa blong hem. Mi kamaot long olgeta mo mekem wan prea. Mi bin askem Papa long Heven wetem evri fet mo hat blong mi we i stap daon, blong soem wan wei long mifala blong stretem problem ia mo gobak hom sef long ol hom blong mifala. Bae mi neva fogetem wanem i bin hapen long smol taem ia afta we mi finisim prea blong mi.

Taem mi stap wokbaot i gobak long trak, wan man biaen mi i stat blong singaotem nem blong mi.

Hem i Fransisko, wan fren long hae skul. Hem i askem wanem mi stap mekem, o mi bin talem long hem wanem i bin hapen. Kwiktaem nomo, hem i karem paos blong hem mo givim mi inaf mane blong pem tikit ia we i lus. Fasin ia blong stap kaen i bin wan stret mo kwik ansa long prea blong mi i go long Papa long Heven.

Maet bae Fransisko i neva save bigfala help we hem i bin givim, be mi save se bae mi no stop blong talem tangkyu long hem truaot long laef blong mi.

Samtaem ol wei we Papa long Heven i ansarem ol prea blong yumi i mekem yumi sapraes, be oli no hapen olsem nomo, from hemia i no tru. Papa blong yumi long Heven mo Jisas Kraes oli save gud yumi evriwan mo muvum ol hadtaem long laef blong yumi.





Mi save se taem yumi laef long stret mo gud fasin, yumi stap glad long plante blesing we Papa long Heven nomo i save givim long yumi, wetem promes blong Hem long yumi se “sapos [yumi] mekem ol samting ia, bae [yumi] save sef long las dei” (Alma 37:37). ■

*Woman we i raetem hemia i stap long Kalifonia YSA*

## WAN TELEFON KOL WE OLI TAEMEM

I kam long Jen Jing Juan

**T**aem mi stap gro i kam antap, mi no bin bilivim se i gat wan God. Laef blong mi i fulap long plante hadtaem, mo long ol taem we mi blakaot, mi harem nogud gogo we mi wantem ded nomo. Hemia i bin taem ol misinari i bin stap noknok long doa blong mi. Gospel i bin stret wanem we mi nidim; Mi bin hang long hem wantaem olsem wan stil.

Ol trael blong mi i no bin stop afta we mi bin joenem Jos, be mi bin stap long wan moa gud ples blong save winim paoa blong Setan. Blong fastaem mi bin filim save i olsem wanem blong stap glad.

Be, mi no bin kam blong harem gud fulwan yet. I bin kam long wan taem we mi bin wantem givap bakegen. Long taem ia, Sista Ting, waef blong bisop i bin ring. Hem i bin talem long mi se hem i bin gat wan filing se hem i nidim blong ringim mi. Hem i bin askem sapos mi oraet. Mi bin serem hat blong mi long hem. Long mi, hem i olsem wan enjel we God i bin sendem i kam.

Wanem we i bin hapen ii givim mi paoa. Fet blong mi i bin kam strong moa. Mi bin filim olsem se mi save winim ded. Mi bin filim olsem se mi bin kamaot, olsem we i stap long Alma 36:2–3:

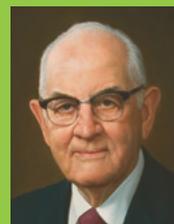
“Oli bin stap long slef; mo ino gat wan man we i save mekem olgeta i kamaot be . . . God nomo. . . .

“. . . eni man we bae i putum tras blong hem long God bae God i sapotem olgeta long ol hadtaem blong olgeta, mo trabol blong olgeta, bae God i leftemap olgeta long las dei.

Mi gohed blong gat ol trael, be bae i no save mekem mi harem nogud tumas bakegen. God i bin

sapotem mi tru evri trael mo wari blong mi. Hem i bin sevem mi aot long kalabus mo slef long saed blong spirit, iven ded. Hem i Sevyva blong yumi ■

*Woman ia we i raet i stap long Yuta YSA.*



### GOD I STAP LUKAOT GUD LONG YUMI

“God i luksave yumi, mo Hem i lukaot gud long yumi. Be plante taem hem i tru long ol narafala man nao we hem i ansarem ol nid blong yumi. From samting ia, hem i impoten tumas se yumi givim seves long wanwan long yumi insaed long kingdom.

*President Spencer W Kimball (1895–1985), Teachings of Presidents of the Church: Spencer W Kimball (2006), 15.*

# BUK BLONG LAEF BLONG YU ?Bae yu putum wanem insaed?

Wan dei i givim wan niu pej blong raet long hem. Stap laef, mekem se evri  
peji i talem, "Mi glad se mi no bin" be i no "Sapos nomo mi bin."

(Luk long L. Tom Perry, "How to Fill Your Book of Life," *Liahona*, Feb. 2014, 61.)



# Jenesis 1:26-27

?Wanem nao i minim blong tekem fasin blong God?



## FASIN BLONG GOD

Blong luksave paoa we i moa hae bitim yu, i no minim se yu stap lukluk daon long yuwan, be rili se hem iblong leftemap yu. Be sapos yumi luksave se yumi tekem fasin blong God, bae yumi no faenem i had blong kam kolosap long Hem. . . . Save ia, we yumi karem tru long fet, bae i givim kwaet tingting mo bigfala pis.”

President Tomas S. Monson, “The Lighthouse of the Lord,” *Ensign*, Nov. 1990, 95–96.

## I GUD YUMI

Toktok ia i luk olsem se God i bin stap toktok long wan nara man—from se hemia nao wanem Hem i bin stap mekem. Josef Smit i bin tijim, “Bifo we bifo olgeta, Bos blong ol God we oli singaotem kaonsel blong ol God; oli bin kam tugeta mo oli bin rere long wan plan blong wol mo fulumap wetem ol man” (*History of the Church*, 6:308). Kaonsel ia we i ingkludum Lod Jisas Kraes mo ol narafala (luk long-Moses 2:26–27; Abram 4:26–27).

## TEKEM FASIN BLONG YUMI

!God Hemwan hem i bin stap olsem yumi naoia, mo Hem i bin kam olsem wan God, mo i stap sit-daon long glori long heven! Hemia

nao bigfala sikret. Sapos vel i brok tedei, mo . . . sapos yu save luk Hem tede, bambae yu luk se Hem i wan man—olsem yu long evri fasin mo fom olsem wan man.

*Teachings of Presidents of the Church: Joseph Smith (2007), 40.*

26 Nao God i tok bakegen i talem se, “I gud yumi mekem man, mo i gud we yumi mekem we hem i tekem fasin blong yumi, i olsem yumi. Hem bambae i bos long ol fis, mo long ol pijin, mo long ol animol blong vilej mo long ol animol blong bus, i stat long olgeta we oli bigbigfala, i go kasem olgeta we oli smosmol. Olgeta evriwan bambae oli stap andanit long han blong hem.

27 Nao hem i mekem man mo man ya i tekem fasin blong hem, i olsem hem stret. Fastaem hem i mekem tu man nomo, wan we i man mo wan we i woman.

“Man hem i pikinini blong God, i endao wetem ol tabu fasin, mo iven olsem wan smol bebi boe blong wan papa mo mama long wol ia Hem i gat paoa blong kam olsem wan man, wan pikinini blong wan selestial papa mo mama we hem i gat paoa, tru long ol ekperiens blong plante plante ya, blong kam olsem wan God.”

Fas Presidensi, “The Origin of Man,” *Improvement Era*, Nov. 1909, 81; *Ensign*, Feb. 2002, 30.

## BOS OVA

“Wol ia mo evri samting long hem, oli mas yusum long stret fasin blong i save naf long ol famle blong ol man. Be, evriwan oli stap lukaotem nomo—oli no ol bos—blong wol ia mo ol samting blong hem, mo bae oli ansa long God long wanem oli bin mekem wetem ol kriesen blong Hem.”

“Environmental Stewardship and Conservation,” [mormonnewsroom.org](http://mormonnewsroom.org); luk tu long Doktrin mo ol Kavenan 104:13–15.

## MAN MO WOMAN

“Evri man mo woman oli tekem fasin blong Papa mo Mama blong wol ia mo oli ol stret pikinini boe mo pikinini gel blong God.”

Fas Presidensi, “The Origin of Man,” *Improvement Era*, Nov. 1909, 78; *Ensign*, Feb. 2002, 29.

Blong stap olsem man o woman, hem i wan stamba samting we i save talem stret huia nao yumi olsem man mo woman long ol tri defren laef we i stap, hemia laef bifo yumi kam long wol ia, laef long wol ia, mo laef we bae i kam afta mo from wanem hem i olsem.

“Famle: Wan Ofisol Toktok I Go long Wol,” 35538 852.

*Not blong edita: Pej ia i no minim blong eksplenem ol ves blong ol skripja we oli bin selektem, i wan poen nomo blong statem stadi blong yu.*

# ROD BLONG MI BLONG LUKAOTEM

## TRUTOK

*Mi bin stap kasem tijing se i neva gat wan samting olsem wan God, be mi disaed blong lukaotem blong miwan.*

### I kam long Peng Hua

**M**i bin gro i kam antap long wan kantri blong Asia we i gat fulap kompetisen mo no biliv long Kraes, mi bin stap wantem tumas longtaem blong kam wan man wetem saksas, be mi no bin gat nating ol prinsipol we i no save finis o ol trutok blong givhan long mi. Long kantri blong mi, “blong kam saksas fulwan” i minim blong kam rij mo gat paoa.

Papa mo mama blong mi i bin tijing mi se i neva gat wan samting olsem wan God. Long tufala, relijin o God i bin ol krangke samting nomo mo hem i blong ol pipol we i no strong. Blong longtaem mi bin wan man we i no biliv se i gat wan God. Oli bin tijing mi se mi no save trastem wan man, be mi nomo. Mekem se long taem we mi bin yang, mi bin yusum wanem we mi wantem tumas blong mekem olsem strong tingting blong stadi mo wok had plante.

Papa mo mama blong mi, oli bin gat bigfala plan blong mi. Tufala i bin wantem mi blong gohed blong gat ol hae mak long skul evri taem. I bin mekem mi harem nogud blong luk fes blong tufala i nogud o blong harem tufala i raorao wetem tufala bakegen taem mak blong mi long skul i nogud. Wetem ol nomol homwok, bae mi mas mekem tu sam moa homwok long wiken blong mekem se mi save gat wan A mak.

Be afta komplitim ol gol we mi bin putum, mi bin filim yet se i bin gat wan samting moa i stap blong laef blong mi. Dip insaed long hat blong mi, mi bin save tru se i gat moa long hemia.

Wan dei mi disaed se mi mas go blong faenemaot blong miwan sapos i bin gat wan God. Sapos i tru se hem i laef, mi wantem save wanem nao Hem i wantem long mi o sapos relijin i wan krangke samting nomo we ol man long wol oli mekemap. Mi no bin fraet blong kasem wan long tufala ansa ia. Mi jes wantem trutok nomo.

Samples long taem ia, mi bin kam gud fren wetem wan long ol tim memba blong mifala long basketbol we nem

blong hem Teila. Wan moning mi askem hem blong tekem mi mi go long skul. Hem i talem yes, be mi mas girap wan aoa eli blong go long seminari wetem hem. Mi talem yes olsem nomo, mo no save wanem ia. Mi bin laekem seminari, hemia from wanem we mi bin filim bitim wanem we mi bin lanem.

Samtaem afta long taem ia, Teila i bin askem mi blong go long jos wetem hem. Fastaem, mi bin ting se jos i no bin intresting mo i defren, be sloslo mi bin stat blong gat wom filing ia mo filing blong pis we mi bin filim long seves ia.

Be, yet mi no bin ting se gudfala filing ia i wan samting we i kam long God. ?Olsem wanem bae mi save se i no bin kam long miwan? ?Olsem wanem bae mi save se mi no bin mekem miwan mi filim olsem?

Afta long plante tingting insaed mi, mi bin go luk mama blong Teila blong kasem ol ansa. Hem i talem long mi se mi save kasem ol ansa taem mi ridim ol skripja mo stap prea abaot ol ansa we mi stap lukaotem. Mi bin prea mo no kasem wan ansa nating mo traehad blong obei long ol rul mo ol komanmen we mi bin stap lanem. Plante taem mi stap filim nogud. Mi stap ting se bae i gat wan gudfala wei we God bae i kamaot long hem o tru sam wei blong merikel blong pruvum se God i laef. Wanem we i impoten, mi wantem gat wan testimoni we i strong wantaem. Be wanem we i tru, moa mi prea, mi filim ol samting i kam moa klia long laef blong mi. Taem mi folem moa ol komanmen, mi kam moa hapi. Moa mi ridim ol skripja, mi kasem moa revelesen. Slo slo, testimoni blong mi i stap gro, olsem san we i stap girap long moning.

I bin tekem mi tu yia blong disaed blong kasem baptaes mo kam wan memba blong Jos blong Jisas Kraes blong Ol Lata dei Sent. Nomata se mi bin laef folem plante gud mo klin standet mo prinsipol, naoia mi save talem se mi bin faenem stret trutok we i no save finis: God i laef. Jisas Hem i Kraes, Sevyia mo Ridima blong yumi. Ol heven oli open.



### YUMI SAVE JUSUM BLONG BILIV

“Bilif mo testemoni mo fet oli no ol prinsipol we oli jes hapen nomo olsem. Oli no kam olsem nomo long yumi. Bilif i wan sam-

ting we yumi jusum-yumi hop from, yumi wok from, mo yumi sakrifaes from. Bae yumi no save kam olbaot nomo olsem blong biliv long Sevyu mo long gospel blong Hem bitim we taem yumi mekem wetem prea o pem taeting. Yumi aktiv taem yumi jusum blong biliv, semmak olsem we yumi jusum blong kipim ol narafala komanmen.”

Elda L. Whitney Clayton blong Presidensi blong Olgeta Seventi, “Choose to Believe,” *Liahona*, May 2015, 38.

Wan profet blong God i stap laef long wol tedei. Atonmen blong Jisas Kraes i tru. God i fogivim tru evri man we oli mekem sin mo oli sakem sin. Ating mi no smat gud o gat wan talen olsem ol nara wan, be save we mi gat i nogat praes long hem. ■

*Woman we i raetem hemia i stap long Kalifonia, YSA.*





# Ol Gudfala

## YANG MAN MO YANG WOMAN

### INSAED LONG SKRIPJA

*Yu save lanem long, mo folem ol eksampol blong plante yut we oli gat stret mo gud fasin we ol stori blong olgeta, oli rekodem gud i stap insaed ol skripja.*

#### I kam long Jisela Gotie

Lod i lavem ol yut blong Jos. Hem i gat wan bigfala tras long yu. Long evri yia, Lod i givim inspesen long ol yang man mo yang woman we oli gat karej blong lidim mo blesem ol pikpol blong Hem. Hem i nidim olgeta from ol waes tingting, strong tingting, mo stamba tingting blong olgeta. I bin olsem oltaem mo bambae i gohed blong stap olsem oltaem.

Plante eksampol blong ol yang hiro ia, i olsem wan gol tred we i folem tru insaed skripja. Nomata se oli bin laef longtaem bifo, yu save folem ol eksampol blong olgeta mo folem laef stael blong olgeta. Oli bin gat famle problem; oli bin laef long medel blong ol pipol we oli no stret mo no gud; oli bin fesem plante “Golaeat”, be strong tingting blong olgeta, fasin blong olgeta blong obei, mo fet blong olgeta long Jisas Kraes, i mekem oli go tru ol jalenj blong olgeta-semmak olsem we ol kwaliti i save mekem long yu tu.

#### Ebrahim

Fasin blong Ebrahim blong kasem wan samting, gat strong tingting, mo wiling blong leftemap vois blong hem agensem rabis fasin i bin gud tumas-iven i gud tumas moa taem yu tingbaot papa blong hem we i bin stap wosipim ol aedol. Olsem wan yang man, hem i bin stanap strong from stret mo gud fasin, we i mekem kolosap oli kilim hem olsem wan sakri-faes. (Luk long Abraham 1:2–7.)

#### Josef blong Ijip

Hem i bin gat 17 yia taem ol bigfala brata blong hem i bin salem hem olsem wan slef, be wetem ol blesing blong Lod, Josef i save mekem wan gud samting aot long ol hadtaem we hem i fesem. Oli neva winim hem, from hem i neva givap. Hem i bin gohed blong stap trastem Lod. From hem i gat wan gudfala hat, i soem respek we hem i gat taem hem i stap fogivim olgeta we oli mekem i nogud long hem. (Luk long Jenesis 37; 45.)

#### Deved

Olsem wan yangfala, Deved i bin wan man blong lukaot long sipsip, mo hem i bin faet wetem wan bea mo wan laeon blong protektem ol sipsip blong papa blong hem. Tras we hem i gat long hemwan i no bin kam long wanem hem i save mekem olsem wan man blong lukaot sipsip; be i kam from fet blong hem long Papa long Heven, mo hem i soem taem hem i faet agensem Golaeat. (Luk long Fas Samuel 17:32–54.)

#### Esta

Hem i wantem putum laef blong hem long denja blong save sevem pipol blong hem. I no bin from Esta i naes be from fasin blong hem long saed blong spirit we i bin mekem hem wan impoten woman. (Luk long Esta 4–5.)

#### Daniel

Hem i obei long loa blong helt blong Lod nomata se olgeta raon long hem oli no stap mekem. Hem



i bin prea, nomata se King i komandem olgeta blong no stap prea long Papa long Heven. From stret mo gud fasin blong hem mo fasin blong hem blong openem hat blong hem long Spirit, Lod i blesem Daniel wetem presen blong intepretem ol drim mo visin. Hem i bin kasem paoa mo wisdom i kam long Papa long Heven wetem tingting ia se sam taem long taem blong denja, hem i save kasem help i kam antap. (Luk long Daniel 1; 6.)

### Nifae

Nifae i wan nambawan eksampol taem hem i talem, “Bae mi go mo mekem ol samting we Lod i bin talem” (1 Nifae 3:7). Hem i bin gat strong tingting blong mekem wanem we oli askem hem blong mekem. ?Hem i bin stap long wan gudfala haos? No, hem i bin stap long drae ples blong plante yia. ?Ol samting i bin go gud long saed blong hem? No, ol brata blong hem oltaem oli kros long hem mo samtaem oli traem blong kilim hem. Tru evri samting ia, hem i obei long ol komanmen blong Lod.

### TuTaosenYangfala Soldia

Ol yangfala man ia, ol fetful papa mo mama nao i lukaotem olgeta, mo fet blong olgeta long ol toktok blong ol mama blong olgeta i bin blesem olgeta. Oli bin lanem blong lisin mo obei folem stret fasin, mo long ol faet blong olgeta, tingting blong olgeta i strong fulwan se Papa blong olgeta long Heven bae i protektem olgeta. (Luk long Alma 56:45–48.)

### Momon

Taem hem i bin gat 15 yia, Lod i bin visitim hem from hem i bin gat tingting i stap daon, klin, mo klin gud, nomata ol rabis fasin we ol pipol raon long hem i stap mekem. Mo tu taem hem i gat 15 yia, Momon i bin kam wan lida blong ol ami. Samtaem afta hem i bin kasem wok ia blong kipim ol skripja. (Luk long Mormon 1–2.)

### Josef Smit

Taem hem i gat 14 yia, hem i lukaotem insaed skripja mo prea blong save wijwan jos blong joenem. Lod i singaotem hem blong putumbak gospel mo Jos blong Jisas Kraes. Josef i givim fulwan laef blong hem

blong fulfilim wok ia, nomata i had, mo plante hadtaem. Taem hem i gat 17 yia, enjel Moronae i bin visitim hem, mo soem hem ol gol plet. Nomata se hem i yang, Josef Smit i bin wan tija wetem paoa mo wan gudfala eksampol long olgeta raon long hem. (Luk long Joseph Smith—History 1.)

### Dei blong Yu

?Ol dei blong ol gudfala yang man mo woman i pas finis? !No! Enjel Moronae i talem long Josef Smit se profesi blong Joel bae i fulfil i no longtaem:

“Mi [Lod] bambae mi givim Spirit blong mi long olgeta man; mo ol boe mo gel bae oli save talem ol tok we bae mi givim long olgeta, ol olfala blong yufala oli save drim ol drim, mo ol yang man oli save luk ol vison:

“Nating we ol boe blong wok mo ol gel blong wok nomo, be long taem ya, bambae mi givim Spirit blong mi long olgeta, blong oli kasem fulpaoa blong hem” (Joel 2:28–29; see Joseph Smith—History 1:41). ■

*Man we i raet, i bin wan seminari tija, mo i stap long Jemani mo i ded long 2012.*

“Taem mama blong mi i bin sik, mifala i bin livim kakae mo prea from hem, be afta hem i ded. ?Olsem wanem bae mi save gat pis wetem hemia?”

**H**emia wan taem long laef blong yu we yu sore tumas. Hem i nomol blong wantem save trutok mo ol ansa long plante kwestin blong yu: “?From wanem hem i no laef? ?Bae mi save luk hem bakegen? ?Olsem Wanem bae mi mekem we hem i no stap?

Gospel blong Jisas Kraes i givim tugeta kamfot mo ol ansa. Lod i bin promes, “Olgeta evriwan we i krae bae i kasem blesing from Lod bae i leftemap tingting blong olgeta” (3 Nifae 12:4). Lukaotem Tabu Spirit, from Hem i kamfota.

Yu stap tingting sapos Hem i harem ol prea blong yu. Gat tras: Papa long Heven oltaem i harem ol prea blong yumi. Olgeta skripja mo ol profet we i laef tedei, oli promesem yumi se i tru. Wanem we Lod i talem long Josef Smit, i go tu long yu: “Ol prea blong yu mo ol prea blong ol brata blong yu i bin kasem ol sorae blong mi” (D&C 90:1). Be yumi nidim blong tingbaot se Papa long Heven i ansarem ol prea blong yumi wetem wan lukluk we i no save finis long maen (luk long Aesea 55:8–9). From samting ia nao yumi folem eksampol blong Sevyia blong askem ol blesing be afta wetem tru hat, askem blong tingting blong Papa i hapen (luk long Luk 22:42).

Nomata se i had, be hadtaem ia i save kam wan taem blong yu gro. Yu save lanem blong gat fet long tingting blong God, iven sapos hemia i minim se mama blong yu i no bin oraet. I tru yu wantem hem blong laef. Be tes blong laef long wol ia hem i blong trastem God long evri taem-speseli taem i had tumas. Sapos yu trastem Hem, “evri samting bae i wok tugeta blong gud blong yu” (D&C 90:24).

#### Ded I Pat blong Plan.

Folem plan blong stap glad we Papa blong yumi long Heven i mekem blong yumi, fasin blong yumi blong gobak long ples blong Hem i dipen long ded mo resureksen, we bae i helpem yumi jenis blong kamaot long laef blong wol ia i go long wan laef we i nomo save ded. Yu nidim nomo blong akseptem tru fasin ia se ded i pat blong plan mo bilivim se wan dei bae yu save mekem blong stap bakegen wetem mama blong yu we i ded. Wetem save ia se mama blong yu i stap long spirit wol mo we hem i stap wet long yu

*Deved M., 18 yia, Kasai-Wes Provins Demokratik Ripablik blong Kongo*

#### Hem i stap long Spirit Wol

Mama blong mi i bin kasem kansa tu yia i finis. Mi no laekem stap luk hem i harem nogud, mo sapos nomo mi save mekem wan samting. Mo nomata se mama blong mi i kam oraet gud, i bin wan had eksperiens. Mama blong yu i stap long wan ples we bae hem i nomo save filim soa o safa. I had blong nomo luk hem, be yu neva stap yuwan. Bae hem i oltaem lavem yu, mo Papa blong yumi long Heven bae i oltaem stap ia blong leftemap yu taem yu stap daon. Bae i nogat man i lego yu stap yuwan. Jisas Kraes i bin safa from ol harem nogud blong wol ia; Hem i save olsem wanem yu filim mo wanem yu stap go tru long hem. Mekem olsem we mi bin mekem long taem blong trael blong mi: go long Hem mo bae Hem i mekem ol hevi samting long yu i nomo hevi.

*Silo W., 18 yia, Jihuahua, Meksiko*

### Famle blong yu bae i kam tugeta bakegen

Mama blong mi i bin ded taem mi bin gat 12 yia nomo. Long taem ia, mi no bin wan memba blong Jos. Taem hem i bin sik, mi bin prea plante blong mama blong mi bae i oraet. Fet blong mi i bigwan, mo mi bin trastem God wetem hop ia se bae hem i kam oraet bakegen. Sori nao from hem i no kam oraet. Mi bin kwestininim from wanem hem i yang nomo mo i mas ded mo lego mi long taem ia we mi yangfala yet. Mi bin kros mo long en mi gat tu tingting se God i laef o no. Naoia we mi wan memba blong Jos, mi andastanem plan blong fasin blong sevem man. Mi save se hem i stap wet long mi mo we famle blong mifala bae i kam tugeta bakegen.

*Inaet L., 19 yia, Minas Gerais, Brasil*

### Ol Trael I Tijim Yumi

Mama blong mi i ded tri yia i pas finis. Rilesensip blong yu wetem Papa long Heven mo Sevya bae i gro sapos yu luk long olgeta long taem blong nid. Bae yu faenem se trael ia, nomata i strong olsem wanem, i save kam wan blesing tu. Prea long Papa blong yu long Heven blong pis mo tras se evri samting bae i oraet. Trastem plan blong Lod we i mekem blong yu. Akseptem se Papa long Heven i save wea yumi stap go mo wanem yumi nidim blong kasem longwe. Lod i lavem yu mo wantem yu blong stap glad. Ol trael blong yumi oli kam blong tijim yumi mo mekem yumi kam moa strong.

*Megan B., 18 yia, Ontario, Kanada*

### Bae Yumi Luk Hem Bakegen

Mama blong mama blong mi i bin ded taem mi bin gat 17 yia. Famle i bin livim kakae mo prea from hem blong sam wik bifo hem i ded. Hem i bin kasem wan prishud blesing. Samting we i bin givim pis long mama blong mi hem i save ia se hem i save luk mama blong hem bakegen long nekis laef. Gol blong mama blong mi, hem i blong laef long wan laef we i hem i save stap klin inaf from blesing ia. Mi sore se bae mi neva save mekem blong luk hem long laef ia, be mi luk fored from taem we bae mifala i mit bakegen long en.

*Kari R., 15 yia, Yuta, YSA*



### YU BIN MEKEM EVRI SAMTING WE YU SAVE MEKEM

“Olsem blong hilim olgeta we oli sik, [Lod] i

talem klia se: ‘Mo bakegen, bae i kam blong hapen se, hem we i gat fet long mi se bae hem i kam gud bakegen long sik, Mo bageken, bae i hapen se man we i gat fet long mi blong hem i save hil, *mo mi no jusum hem blong i ded*, bambae mi mekem hem i kam gud bakegen’ (luk long D&C 42:48; oli adapap italik). Evriwan, plante taem yumi no luksave laen blong toktok ia we i kwalifaem yumi ‘mo mi no jusum hem blong i ded.’ . . . Yu no lusum hop, taem ol prea we i kam long hat mo ol prishud blesing i bin tekem ples, mo olgeta we yu lavem oli no kam gud o oli livim laef ia. Gat kamfot long tingting se yu bin mekem evri samting we yu save mekem. . . . Ol eksperiens blong prea, livim kakae, mo fet i bin hapen blong yumi benefit long hem.”

**Elder Lance B. Wickman, member of the Seventy from 1994 to 2010, “But If Not,” *Liahona*, Nov. 2002, 30-31.**

## KWESTIN WE I STAP KAM

“Sam pipol i talem long mi se mi nidim blong gat ol fren we oli no serem ol sandet blong mi blong mekem se hemia blong mi i kam strong moa. ?I tru ia?”

Sendem ansa blong yu mo sapos yu wantem wan kwaliti foto bifo long 1 Mei 2015 long [liahona.lds.org](mailto:liahona@ldschurch.org) tru long imel [longliahona@ldschurch.org](mailto:longliahona@ldschurch.org) tru long postofis luk long adres long pej 3

Infomesen mo raet ia i mas stap insaed long imel o leta blong yu: (1) ful nem blong yu, (2) deit we yu bon long hem, (3) wod o branj, (4) stek o distrik, (5) leta blong yu blong givim raet, mo, sapos yu no gat 18 yia yet, papa o mama blong yu i mas raetem leta i kam blong givim raet (oli akseptem tu tru long imel) blong pablisim ansa mo foto blong yu.

Bae oli save jekem mo oli save katemaot sam pat blong ol ansa blong oli stret gud mo oli klia blong man i andastanem.

# Wan Desisen blong Stap Win

*Hemia i bin janis blong hem blong plei long tim ia we i stap win—?olsem wanem nao bae hem i talem no?*

## I Kam long Marisa Widison

Ol Magasin blong Jos  
I kamaot long wan tru stori

*“Tingbaot Sabat dei blong holem i tabu” (Mosaea 13:16).*

Miranda i hariap i go tru long doa long fored, wetem glad se haos blong hem i moa kolkol bitim weta blong aotsaed we i hot tumas. Hem i bin swet afta we hem i bin plei las futbol gem blong sisen ia mo i harem nogud from Teal Turbos (Til Turbo) i bin lus. Bakegenr.

Mama i karem i kam long rum wan botel wota mo wan basket blong aranis we oli bin slaesem long taem blong gem mo haf i stap. “Yu bin plei gud tumas. Blong stap wan gol kipa, i no wan impoten wok.”

Miranda i bin plei gud—hem i bin blokem plante poen mo i kik moa strong bitim oltaem. Be plante long ol gel insaed tim blong hem oli neva bin plei futbol bifo, mo tedei hem i ofisol: oli lusum evri gem long sisen ia.

“Sapos nomo mi save stap long wan tim we i win wanwan taem,

?Yu save?” Smol wota blong ae i ron daon long ol ae blong Miranda mo i foldaon i go long blu-grin jesi blong hem. Taem hem i sarem ol ae blong hem, telefon i ring.

Mama i pikmap telefon mo afta smol taem hem i talem. “hem i blong yu.”

“Halo ?Miranda? Hemia Tom, koj blong Ol Jili Kika. Mi bin stap luk gem blong yu tedei. Yu bin mekem gud tumas long fil.”

Hat blong Miranda i stat blong pam kwik. Ol Jili Kika oli bin bes futbol tim long lig!

“Tim blong mi i stap go long rejinol jampionsip gem nekis manis. Yu bin plei gud tumas tedei we i mekem se mi wantem yu blong kam wetem mifala olsem wan bakap gol kipa.”

Kolosap hat blong Miranda i kamaot long jes blong hem. Hemia i bin wan janis blong hem blong plei wetem wan tim we i stap win.

“!Mi laekem blong kam!” Miranda i talem: Tufala i bin toktok blong smol taem abaot ditel blong tim ia bifo hem i putum daon telefon mo ron i go long narafalarum blong talem long mama blong hem. Tugeta tufala i stat blong raetem ol deit blong ol trening mo ol gem long famle kalenda.

Wantaem nomo, mama i stop blong raet, pen blong hem i fas antap long wan kalenda bokis.

“O-o. Miranda, ol gem ia oli stap long ol Sandei. Hemia, luk.” Hem i poenem ol deit blong ol gem mo tanem raon i go long





## WAN DEI BLONG STAP HAPI

Olgeta skripja oli tijim yumi se Sabat i mas stap wan hapi dei (luk long Aesea 58:13). ?Wanem ol hapi samting we yu save mekem long ol Sandei? ?Wanem sam naes, mo ol defren wei we yu save wosipim Papa long Heven?

Miranda wetem wan fes we i wari. ?Wanem nao yu ting se bae yumi mas mekem?

Hat blong Miranda i harem no-gud, mo hem i kakae lips blong hem taem hem i stap tingbaot wanem desisen nao bae hem i tekem. Ating mama bae i letem hem i plei sapos hem i askem, be taem hem i tingbaot blong plei long Sandei-speseli nao blong mestem jos-hem i filim sik long bel blong hem. Hem i bin save se Sandei hem i blong go long jos mo wosipim Papa long Heven, mo bae hem i no save mekem ol samting ia taem hem i stap plei futbol.

“Mi ting se mi mas ringimbak hem mo talem long hem se mi no save plei,” Miranda i talem. Hem i traehad blong no krae. Nomata hem i bin save raet joes, be i bin had blong givap long wan samting we hem i wantem tumas.

“?Mo yu save wanem tingting blong mi?” Mama i talem long hem, mo haggem hem. “Mi ting se yu wan gudfala pikinini.”

Long Sandei ia, taem Miranda i sidaon long Praemeri, hem i stap tingting long gudfala desisen we hem i bin mekem. Koj i bin sapraes taem Miranda i ringim hem mo talem se hem i no save plei futbol long ol Sandei. Hem i traem blong jenisim tingting blong Miranda, be hem i stanap long desisen blong hem. Naoia, taem hem i lisen long ol singsing mo lesen blong Praemeri, Miranda i smael. Filing blong pis insaed hat blong hem i talem long hem se hem i stap long raet ples. Be long en, hem i bin mekem wan desisen we i win. ■



KONA KWESTIN

# ?Wanem nao yu laekem moa taem yu kam wan memba blong Jos?



Mi laekem long taem blong sakramen, yumi stap tekem bred mo wota blong stap tingbaot Jisas Kraes. Bred i mekem yumi tingbaot bodi blong Hem, mo wota i mekem yumi tingbaot blad blong Hem. Taem yumi tekem sakramen, yumi save sarem ol ae blong yumi mo tingbaot evri samting we Jisas i bin mekem blong yumi.

**Ava J., 9 yia, Not Karolina, YSA**



Mi lavem tumas blong stap go long Praemeri mo singsing ol song.

**Haiden H., 5 yia, Yuta, YSA**



Mi laekem blong lanem abaot Jisas Kraes, mo mi laekem blong stap go long Praemeri mo gat ol fren.

**Katrin W., 7 yia, Not Karolina, YSA**



Olsem blong save se ol famle oli save stap tugeta blong oltaem. (Renee)  
Mi save gat ol fren, mi save ridim ol skripja evri dei, mo mi save lanem gospel. (Ralf)

**Renee and Ralf E., 9 mo 10 yia, Metro Manila, Filipin**



Mi laekem se mi save gat plante niu fren mo mi save tijim ol fren blong mi we oli no memba abaot gospel. Mi gat janis blong lisin long jenerol konfrens mo lisin blong profet mo ol Aposol i toktok. Famle haos naet i wan taem blong fan tu, from samtaem mifala i go aot kakae aes krim. !Yam!

**Savana H., 12 yia, Wasington, YSA**



Mi lavem taem mi filim Tabu Spirit. Mi save filim gud Tabu Spirit taem mi stap lisin long ol toktok mo ol lesen. Mi filim tu taem mi helpem ol narafala man.

**Kaili C., 7 yia, Vejinia, YSA**



Samting we mi laekem blong mekem hem i we yumi save lanem mo pleplei semtaem, mo yumi save lanem moa abaot Jisas Kraes. olsem lanem abaot Hem from Hem i Sevya blong mi. (Lis)  
Mi laekem blong lanem abaot Jisas, mo mi save se Jisas i lavem yumi. (Lalo)

**Lis mo Lalo, 8 mo 6 yia, Kalifonia, YSA**

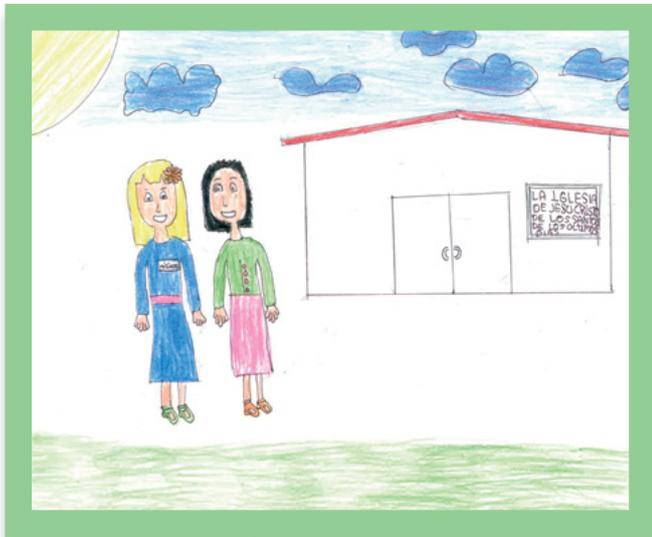
## NEKIS KWESTIN

"Taem mama mo papa blong mi i rao, mi wari mo filim sore. ?Wanem Nao Mi Save Mekem?"

?Yu gat sam advaes abaot samting ia? Bifo 31 Oktoba 2015, sendem ansa mo foto blong yu. Luk adres blong mifala long pej 3 o imelem mifala long [liahona@ldschurch.org](mailto:liahona@ldschurch.org). (Putum "Question Corner" long laen blong subjek.) Tingbaot blong putum insaed leta blong papa mo mama we oli givim raet blong pablisim ansa mo foto blong yu.

*O lansia ia oli blong help mo blong gat tingting oli no ol ofisol toktok blong doktrin blong Jos*

# PEJ BLONG YUMI



**Ol Sista misinari, i kam long Eprel S., 9 yia, Meksiko**



## **MI TANGKYU, GOD**

Mi tangkyu, God, from laet,  
 From hem i saen long dei mo naet.  
 Mi tangkyu, God, from ol tri,  
 From oli daonem bigfala win.  
 Mi tangkyu, God, from plante samting  
 we mi nosave talemaot,  
 Be mi save dip insaed se yu bin krietem  
 laef blong mi.  
 Laef blong mi i no gud tumas,  
 Be taem mi stap laef, mi harem gud.

**Nisha J., 10 yia, Ripablik blong Palao**



**Fo boe long wan semak wod long Ajentina oli bin kasem baptaes long semak dei. Bisop blong olgeta (long medel) i stanap wetem olgeta.**



**Brata blong mi wetem wan fren blong famle blong mifala i kasem misen kol blong tufala. Mifala i bin draev eit aoa blong kasem tempol long Fribeg, Jemani, blong tufala i save kasem tempol endao-men blong tufala.**

**Mifala i bin stap long we blong faev dei blong mekem se mifala i save mekem plante wok insaed long tempol. I gat wan hostel blong ol famle long graon blong tempol. Sam nara piginini mo mi i givhan long gadena, mo hem i givim aes krim long mifala. Mifala i gat plante gud taem.**

**Mi stap wet long nekis yia taem mi kasem 12 yia bae mi save mekem ol baptaes long tempol. Alika S., 11 yia, Slovakia**

# Pita, Konilias, mo Enjel



## I Kam long Serin Sandeson

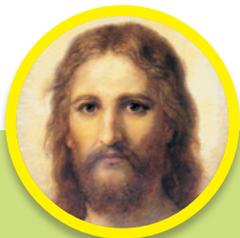
Afta we Jisas i bin girap bakegen amo gobak long heven, Pita mo ol narafala Aposol oli bin prij long plante ples, be long ol pipol blong Jiu nomo.

Konilias i bin wan ofisa blong ami blong Rom. Hem i biliv long God, be hem i no bin wan Jiu. Wan enjel i bin kamaot long hem mo talem long

hem blong sendem toktok i go from Pita. Konilias i bin sendem ol man blong hem blong lukaotem Pita, mo Tabu Spirit i bin talem long Pita blong go wetem olgeta.

Long haos blong Konilias, Pita i bin tijim plante pipol we oli bin kam tugeta. Hem i bin talem long olgeta abaot gospel blong Jisas Kraes, mo

oli bin filim Tabu Spirit mo hem i bin save se i tru. Taem ol fren blong Pita oli bin faenemaot se hem i stap prij long ol man we oli no Jiu, oli bin sapraes. Be Pita i talem long olgeta, we hem i bin lanem se gospel blong Jisas Kraes i blong evriwan. (Luk long Ol Wok 10:1–48; 11:1–18.) ■  
*Woman we i raet i stap long Yuta, YSA.*



## !RERE BLONG SEREM!

Wan wei blong kam wan gud misi-nari, hem i blong traem blong kam moa olsem Jisas. Katemaot ol baj mo putum wan prinsipol we bae yu laekem blong praktisim. Ating bae yu save wok blong kam olsem "Elda Kaen" o "Sista Tangkyu." Putum baj long wan ples we i save stap rimaenem yu long gol blong yu.

Elda

Sista

Sista

Elda

## TOKTOK BLONG FAMLE

Matiu 28:19–20. Tokbaot olsem wanem yumi save serem gospel wetem evriwan. Tingbaot ol kwestin we ol fren o ating neiba blong yu i gat abaot gospel. Yu save praktis blong askem mo ansa tru wan konset wetem famle blong yu.

**Singsing:** Jusum wan singsing abaot misinari wok, olsem "We'll Bring the World His Truth" (*Children's Songbook*, 172).

**Skripja:** Matiu 28:19–20

**Vidio:** Go long [Biblevideos.org](http://Biblevideos.org) blong luk "Peter's Revelation to Take the Gospel to the Gentiles."

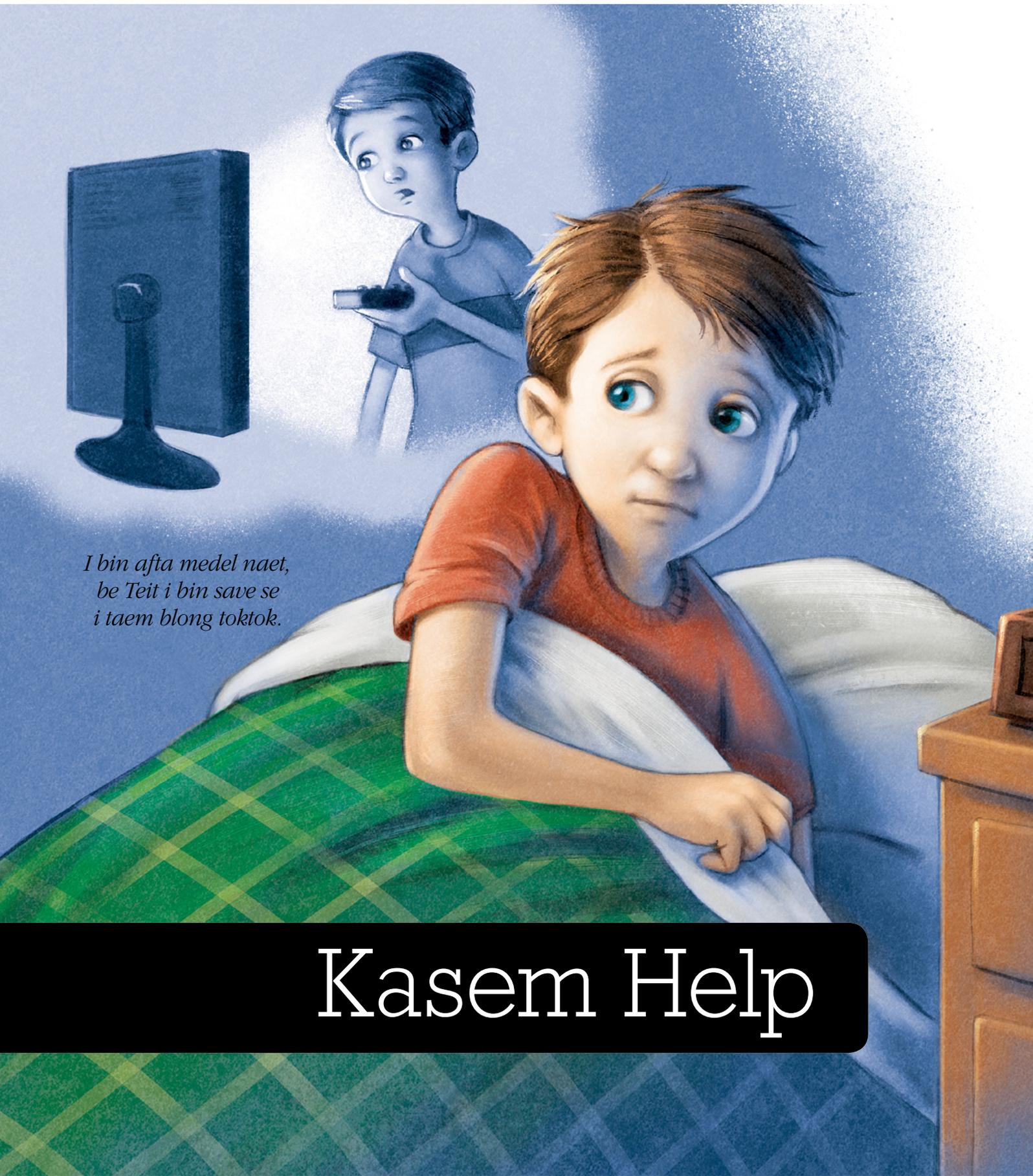


## SAM TINGTING LONG SAED BLONG SKRIPJA

Yumi save andastanem gud moa olgeta skripja taem yumi serem wanem we yumi lanem. Ridim wan pej insaed skripja wetem famle blong yu mo tokbaot se ol toktok o laen blong toktok we i had i minim wanem, skripja ia i minim wanem long yu, mo ol wei blong aplae long laef blong yu.

## LANEM MOA

Bifo oli singaotem Pita blong kam wan disaepol, hem i bin wan man blong fis we oli save long hem olsem Saemon. Jisas i bin givim nem ia Pita long hem, we i minim "ston" o "rok." Afta we Jisas i aot long wol ia, Pita i bin wan Jif Aposol mo lidim Jos. Hem i bin holem ol ki, o atoriti, blong prishud.



*I bin afta medel naet,  
be Teit i bin save se  
i taem blong toktok.*

# Kasem Help

## I kam long Kimbeli Rid

I kamaot long wan tru stori

*“Papa long Heven, naoia mi prea, lidim mo protektem mi evri dei”*  
(Children’s Songbook, 19).

Teit i leidaon wetem ae i open nomo long tudak ia, mo stap krae. Hem i bin prea blong kasem help, be i luk olsem wan hevi dak klaod i hang ova long hem, mo blokem Spirit.

“?Wanem i hapen sapos mi neva fogetem rabis Tivi so ia?” hem i wari.

Sam dei i pas, hem i bin finisim homwok blong hem eli mo stap go tru Tivi. Be hem i no ekspektem blong luk wan samting olsem ia long skrin. Teit i sek wantaem mekem se hem i fogetem blong ofem

televisen kwik olsem we hem i sapos blong mekem.

I bin wan aksiden. Hem i no bin minim blong luk wan samting olsem long skrin, be naoia hem i no save fogetem. Samtaem i kam long maen blong hem long medel blong skul, long taem blong kakae-iven long taem blong jos. Long ol taem olsem, hem i glad se Mama mo Papa i no save ridim tingting blong hem. Papa mo mama blong Teit i bin tijim hem i no blong lukluk ol pikja blong ol pipol we oli nogat klos. Hem i bin save tu se tufala i ekspektem hem blong no lukluk ol Tivi so blong faet, ol muvi, mo ol vidio gem.

“Naoia mi save from wanem,” Teit i talem slo long hemwan.

Teit i girap long bed mo i nildaon bakegen. ?Wanem nao hem i save mekem?

“Papa long Heven,” Teit i talem slo. “Pilis helpem mi blong stop blong tingbaot wanem we mi bin luk.” Hem i wapem wota blong ae blong hem mo lisin. Hat blong hem i pam moa kwik. Hem i ting se hem i bin filim Tabu Spirit i toktok long hem, be i no bin ansa we hem i wantem.

*Hem i nidim blong talem long papa mo mama blong hem.*

“?From wanem?” Teit i tingting. Bae hem i filim olsem wan bebi we i stap ron i go long rum blong papa mo mama blong hem long medel blong naet ia. Mo blong *talemaot* long olgeta? Hem i filim sem mo sik bakegen.

Afta wan klia tingting i kam long maen blong hem: Papa long Heven i wantem hem blong stap hapi. Papa long Heven i wantem hem blong filim Spirit bakegen, blong tingbaot ol gud samting, mo blong stap ones wetem famle blong hem. Speseli nao hem i wantem Teit blong kam wan man we i klin inaf blong save gat Aronik Prishud taem hem i kasem 12 yia long sam manis we i stap kam. Teit i bin luksave se sapos hem i gohed blong tingbaot wanem we hem i bin luk mo kipim olsem wan sikret, bae oltaem hem i no save hapi from.

Teit i bin save se hem i nidim help-mo Tabu Spirit i jes talem long hem wea ples nao blong faenem.

Teit i bin luk long klok wetem ol namba long hem hemia long saed blong bed blong hem. Hem i kolo-sap 1 klok long moning. Hem i stanap mo i ron tru tudak long holwe i go long rum blong papa mo mama. Hem i solemdaot spet from hem ifraet, afta hem i nok long doa.

“?Mama?” ?Papa?

“Teit, yu ia?” Mama i ansa wetem vois blong slip.

“?Wan samting i rong?” Papa i askem.

“Yes,” Teit i talem. “Yumi save storian? ?Mo mi save kasem wan blesing?”

Papa i onem laet long saed blong bed blong hem mo i invaetem Teit i go insaed. Fastaem bakegen long ol dei, Teit i bin filim wom, hop mo laet. ■

*Man we i raet i stap long Yuta, YSA.*



# !O no! ?Naoia Wanem Nao?

I save hapen eni ples-long hom, long skul, o long haos blong wan fren. Sek nomo se yu luk wan samting yu *save* i nogud—long wan telefon, Tivi, kompiuta, o ol masin o tul blong gem, o insaed wan buk o magasin. *Naoia* wanem nao yu save mekem blong mekem yu filim moa gud?



Yu no sidaon nomo. Luk mo ridim wan gud samting. Mekem sam aktiv Mekem wan gud wok Go stap raon long famle o ol fren.

Tingbaot huia yu. From wanem we yu bin luk, i no minim se yu wan nogud man. Yu yu pikinini blong God, mo Hem i lavem yu mo wantem helpem yu stap sef mo hapi.

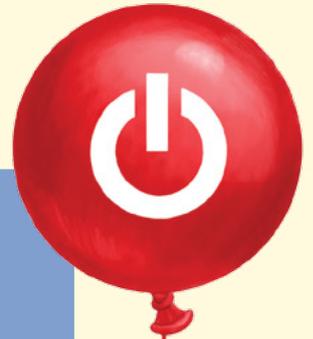
Kamaot long samting ia. Ofem. Putum daon. Tekem olsem se i wan poesin blong bren blong yu-from hemia nao wok blong hem.

Talem long mama mo papa blong yu. Papa mo mama i save gud yu, mo tufala i wantem helpem yu blong stap sef mo hapi. No mas sem. Wanem we i hapen long yu, i hapen samtaem long kolosap evriwan.



Gohed blong toktok Ating bae i helpem yu blong talem long mama o papa blong yu eni samting we yu luk long dei taem we i mekem yu no filim gud. Papa mo mama i save helpem yu mekem wan plan blong protektem yuwan from ol samting we i no stret blong luk. Sapos yu filim se oli giaman, wari, o yu laekem blong luk wan samting we i no stret bakgen, mekemsua blong talem long olgeta tu.

Lego i go Gat pikja ia long yuwan we yu lego wan balun i flae mo yu stap luk i flae. Yu traem rilaks mo lego wanem we yu luk i kamaot sloslo. Naoia tingbaot tempol, famle blong yu, o narafala samting we yu lavem blong luk.



# Ol Pamkin blong Pol

I kam long Rei Golrap

I kamaot long wan tru stori



Pol i bin stap helpem Papa blong planem wan garen. Hem i stap tingting se sapos nomo brata blong hem Erik i bin stap blong help. Be Erik i stap longwe long wan misin.

“Bae mi neva kam bigwan olsem Erik,” Pol i talem. “?Olsem wanem nao, mi save go long wan misin olsem hem?”

“Yu no wari,” Papa i talem. “Bae yu kam bigwan.”



Papa i givim sam sid blong pamkin.  
Hem i helpem Pol blong planem ol sid ia.  
“Ol smolsmol sid ia bae oli gro i kam  
ol bigfala pamkin?” Pol i askem.  
“Sapos yu lukaot gud long olgeta,”  
Papa i talem.

Pol i stap kam blong lukaot gud long  
garen evri dei. Hem i wasem, mo i no  
longtaem i stat blong givim lif. Ol lif ia  
i stap bigwan. Pol i stap karemaot ol  
rabis gras raon long hem.





Long taem we ples i drae, ol pamkin blong hem i kam bigwan. !Mo oli kam ol bigfala orenj pamkin!

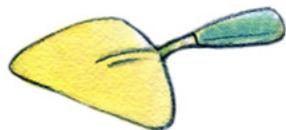
Pol i hang long Papa blong soem long hem. “Yu bin lukaotem gud ol pamkin ia!” Papa i talem. “!Yep! Mo bae mi lukaot gud long mi, blong olsem mi save kam bigwan tu.” Pol i smael. “!Mo taem mi bigwan, mi save go long wan misin semmak olsem Erik!” ■

*Man we i raet i stap long Yuta, YSA.*

# Garen blong Pamkin

?Hamas Pamkin Pol i plantem?

?Yu save faenem ol nara samting we i stap haed? ■



# !Mi Aot long Wan Milian!

Ol toktok oli kam long Jan Pinboro  
Miusik i kam long Maekel F. Mudi

*Laet mo wetem paoa* ♩ = 96-104

*mf* 1. Yu - mi wan mi - lian strong man Raon  
mi lan blong stap kaen Stap

long ful wol te - dei Mi wan spe - sel pi - ki - ni - ni Mi  
o - bei mo stap tru. Mi traem so - em mi la - vem Lod Long

*slower* *a tempo*

wan no - mo long wol. Mi aot long wan mi - lian !Mi gro long fet mo pao! !Mi  
tok - tok mo ol wok Mi aot long wan mi - lian !Mi gro long fet mo pao! !Mi

aot long wan mi - lian, wok-baot long laet bl'hem! I gat wan no - mo ol-sem mi —  
aot long wan mi - lian, wok-baot long laet bl'hem! I gat wan no - mo ol-sem mi —

1. *(klap)* Mi ia wan kaen — Yu - mi stap ol - sem Pa - pa i wan - tem. 2. Mi  
Mi ia wan kaen — !Bae

2. mi stap ol-sem Pa - pa God i wan - tem mi! Bae mi stap ol-sem Pa - pa i wan - tem. *slower* *rit.*

© 2010 I kam long Jin Pinboro mo Maekel F. Mudi. Oli holem evri raet.  
Singsing ia oli save kopi long hem blong yusum wanwan taem long haos be i no blong salem.  
Notis ia i as stap long evri kopi.



**I Kam long  
Presiden  
Henri B. Aering**  
Fas Kaonsela long  
Fas Presidensi

## ROD I GO LONG SEFTI

*Wan long ol wei we yumi save se wan  
woning i kam long Lod hem i we lo  
blong ol witnes, i givim raet long ol witnes,  
i stap tedei.*

I luk olsem bae i nogat en long wa-  
nem Sevyia i wantem blong lidim  
yumi go bak sef. Mo i nogat jenis long  
wei we Hem i soem rod long yumi.  
Hem i singaot long plante defren  
wei blong i save kasem olgeta we oli  
wiling blong akseptem. Mo ol wei ia,  
wan long olgeta hem i oltaem blong  
sendem mesej tru long ol maot blong  
ol profet blong Hem, nomata ol pipol  
oli kwalifae blong gat ol profet blong  
God long medel blong olgeta. Ol  
wokman we oli kasem raet, oltaem oli  
kasem wok ia blong wonem ol pipol,  
talem long olgeta rod i go long sefti.

Taem i bin gat smol rao long Not  
Misuri, YSA, long fol blong 1838,  
Profet Josef Smit i bin singaotem evri  
Sent blong kam tugeta long Fa Wes  
blong kasem proteksen. Plante oli  
bin stap long ol fam olgeta nomo  
o long sam ples we i stap longwe.  
Hem i givim wan spesel kaonsel long  
Jakob Haun, man ia we i statem wan  
ples blong graonem sid blong ol man  
oli kam stap long hem we oli sing-  
aotem Mil blong Haun. Wan rekod  
long taem ia i gat hemia: “Brata Josef  
i bin sendem toktok tru Haun, we  
i onem haos blong graonem ol sid,



blong talemaot long ol brata we oli  
bin stap longwe blong kamaot mo  
kam long long Fa Wes, be Mista  
Haun i no bin pasem mesej” (Philo  
Dibble, in “Early Scenes in Church  
History,” in *Four Faith Promoting  
Classics* [1968], 90). Samtaem afta,  
Profet Josef i bin rekodem long stori  
blong hem: “Kam kasem dei ia, God  
i bin givim mi waes tingting blong  
sevem ol pipol we oli folem kaonsel.  
I neva bin gat wan i ded we [i bin fo-  
lem] kaonsel blong mi” (*History of the  
Church*, 5:137). Afta Profet i rekodem  
sam tru stori we i soem se plante laef  
we oli no mekem i nogud mo bin  
stap laef long ples blong graonem  
sid blong Haun, taem oli bin kasem  
kaonsel oli sud folem.

Long taem blong yumi, yumi bin  
kasem woning wetem kaonsel long  
ples blong go sef long hem aot long  
sin mo harem nogud. Wan long ol

ki blong luksave ol woning ia hem  
i from oli riptim. Eksampol, moa bi-  
tim wan taem long ol jeneral konfrens,  
you bin harem profet blong yumi i  
talem se bae hem i kwotem wan pro-  
fet we hem i tekem ples blong hem,  
mo afta bae i kam olsem seken witnes  
mo samtaem nambatri. . . . Aposol Pol  
i bin raetem se “Taem we man i gat  
tok agens long narafala man, hem i  
mas gat tu witnes no tri witnes blong  
mekem tok ya i stanap.” (Seken Korin  
13:1). Wan long ol wei we yumi save  
save se woning i kam long Lod hem  
i we lo blong ol witnes, i givim raet  
long ol witnes, i stap tedei. Taem yumi  
harem ol profet i riptim ol toktok  
blong olgeta bakegen, hemia i kam  
wan samting we yumi mas tingting  
strong long hem mo fulumap ol hat  
blong yumi wetem tangkyu se yumi  
laef long wan taem blong blesing. . . .

Papa long Heven i lavem yumi.  
Hem i bin givim Wan Pikinini Ia nomo  
blong Hem blong i kam Sevyia blong  
yumi. Hem i bin save se laef long wol  
ia, bae yumi stap long bigfala denja,  
hemia we i moa bitim, hem i ol temte-  
sen we i kam long Setan. Hemia wan  
long ol risen from wanem Sevyia i pro-  
vaedem ol prishud ki blong mekem se  
olgeta we oli gat sora, oli harem mo  
fet blong obei blong oli save go long  
ol ples blong stap sef. ■

*Long “Finding Safety in Counsel,” Liahona,  
July 1997, 23–25.*

# SAM NIU TINGTING



## **?Hamas taem nao yumi stap talem ol kaen toktok long wanwan long yumi?**

"Ating yumi save testem yumiwan taem yumi askem sam kwestin ia. . . . 1. ?Wetaem lastaem we mi bin soemaot glad blong mi from kompanion blong mi wetem tru hat, nomata se mitufala nomo o long fored blong ol pikinini blong mitufala? 2. ?Wetaem lastaem we mi talem tangkyu, soemaot lav long, o prea had tru long hat wetem fet from hem? 3. ?Wetaem lastaem we mi stopem miwan blong talem wan samting we mi save bae i mekem wan i harem nogud? 4. Wetaem lastaem mi bin talem sore mo wetem tingting i stap daon, askem fogivnes- mo no putum ol toktok ia 'sapos nomo yu bin gat' o 'sapos nomo yu no bin gat? 5. ?Wetaem lastaem we mi bin jusum blong stap hapi bitim we blong askem hem blong stap raet?"

**Linda K. Beton**, Rilif Sosaeti jeneral presiden, "Bambae Yumi Go Antap Tugeta," *Liahona*, Mei 2015, 31.

# I Stap Tu Insaed long Magasin la

## BLONG OL YANG ADALT

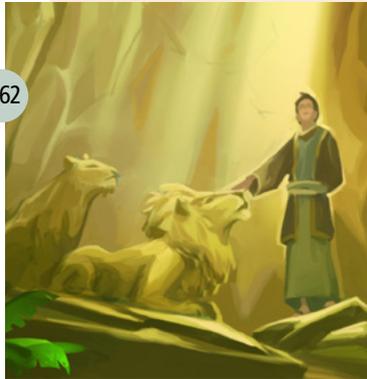
### STAP LAEF WETEM **Tingting we I Tru blong**

Andastanem ol "from wanem" blong ol desisen blong yu, bae i helpem yu mekem ol raet samting from ol raet risen. !Lanem blong laef long wan laef we i gat plan!



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## BLONG OL YUT



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### **OL GUDFALA YUT INSAED LONG OL SKRIPJA**

Ol faet we ol yut insaed long ol skripja i bin fesem i defren long hemia blong yufala, be yet yu save folem ol eksampol blong strong tingting, fet mo fasin blong obei blong olgeta, blong save winim ol jalenj.

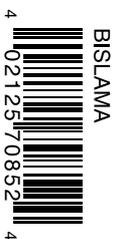
## BLONG OL PIKININI

### **Kasem Help**

Teit i no stop blong tingbaot wanem we hem i bin luk long Tivi, mekem se hem i bin prea long Papa long Heven blong save wanem blong mekem.



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JOS BLONG  
**JISAS KRAES**  
BLONG  
OL LATA-DEI SENT