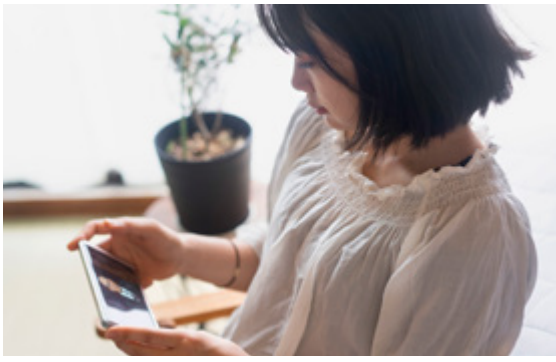
Come, Follow Me

Learning from General Conference Messages



Osaka, Japan

The teachings of living prophets and other general Church leaders provide inspired guidance as we seek to participate in the Lord's work. On the second and fourth Sundays of each month, elders quorum and Relief Society presidencies select a conference message to discuss, based on the needs of the members and guidance from the Spirit. On occasion, the bishop or stake president may also suggest a message. In general, leaders should emphasize messages from members of the First Presidency and the Quorum of the Twelve Apostles. However, any message from the most recent conference may be discussed.

Leaders and teachers should find ways to encourage members to read the selected message before the meeting.

For more information about elders quorum and Relief Society meetings, see *General Handbook: Serving in The Church of Jesus Christ of Latter-day Saints,* 8.2.1.2, 9.2.1.2, ChurchofJesusChrist.org.

Planning to Teach

The following questions can help teachers as they plan to use a general conference message to teach.

1. What does the speaker want us to understand? What gospel principles is he or she teaching? How do these principles apply to our quorum or Relief Society?

2. What scriptures did the speaker use to support his or her message? Are there other scriptures we could read that would deepen our understanding? (You might find some in the endnotes of the message or in the Topical Guide.)

3. What questions could I ask that would help members ponder the message? What questions will help them see the relevance of the message in their lives, in their families, and in the Lord's work?

4. What can I do to invite the Spirit into our meeting? What could I use to enhance the discussion, including stories, analogies, music, or artwork? What did the speaker use?

5. Did the speaker extend any invitations? How might I help members feel the desire to act on those invitations?