

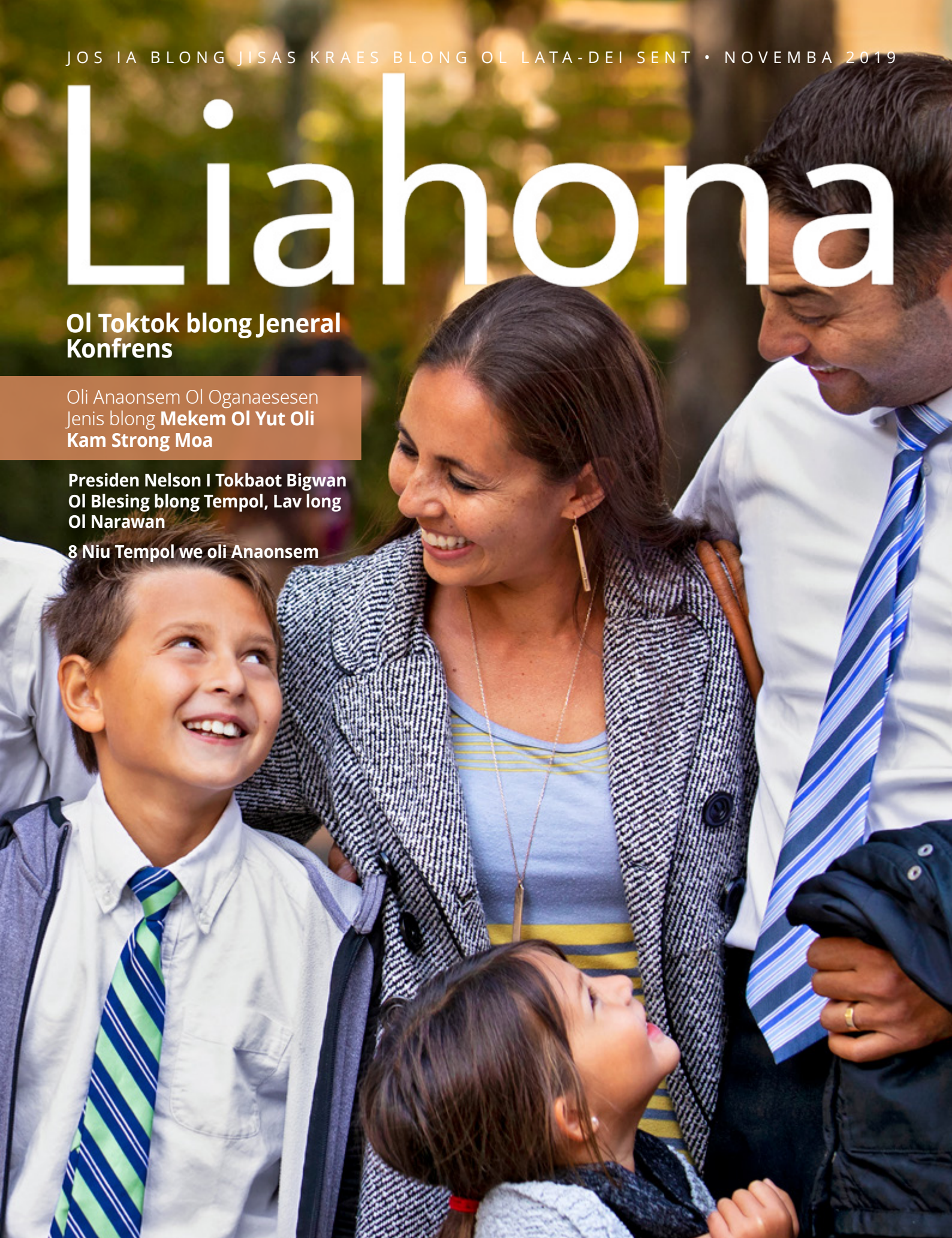
Liahona

Ol Toktok blong Jeneral Konfrens

Oli Anaonsem Ol Oganaesesen
Jenis blong **Mekem Ol Yut Oli
Kam Strong Moa**

Presiden Nelson I Tokbaot Bigwan
Ol Blesing blong Tempol, Lav long
Ol Narawan

8 Niu Tempol we oli Anaonsem



**Taem Mi Ting-
baot Yu Nomo
Lod (Mesaea), i
kam long Elspeth**

*“Taem hem i tokbaot Aton-
men blong Sevyia, Presiden
Russel M. Nelson i talem:*

*“Semmak long evri samting,
Jisas Kraes i stamba eksampol
blong yumi, “taem hem i go
blong i ded long kros, hem i
luksave finis we bambae i save
harew gud.” [Hibrus 12:2].
!Tingting long hemia! Blong
Hem i stap gotru long ol bigfala
nogud eksperiens ia we man i
eva fesem long wol ia, !Sevyia i
bin lukluk nomo long glad! . . .’*

*“Semmak, glad ia we ‘i stap
long fored blong yumi,’ i glad
ia blong helpem Sevyia long wok
blong Hem blong pemaot man.”*

Elda D. Todd Christofferson
blong Kworom blong Olgeta
Twelef Aposol, “Glad Ia blong
Ol Sent,” 17.



Ol Samting we Oli Stap Insaed Novemba 2019

Buk 13 • Namba 6

Satedei Moning Sesen

- 6 **Mesej, Man Ia, mo Ol Man**
Elda Jeffrey R. Holland
- 9 **Ol Tru Disaepol blong Sevy**
Elda Terence M. Vinson
- 12 **Stap Fetful, Be I No blong Nogat Fet**
Stephen W. Owen
- 15 **Glad Ia blong Ol Sent**
Elda D. Todd Christofferson
- 19 **Paoa long Saed blong Spirit**
Michelle Craig
- 22 **Komitmen we I No Muvmu long Jisas Kraes**
Elda Dale G. Renlund
- 26 **Gat Tras long Lod**
Presiden Dallin H. Oaks

Satedei Aftenun Sesen

- 30 **Sastening blong Ol Jeneral Atoriti, Ol Eria Atoriti Seventi, mo Ol Jeneral Ofisa blong Jos**
Presiden Henri B. Eyring
- 31 **Stap Lukaotgud blong Prea Oltaem**
Elda David A. Bednar
- 35 **Oli Faenem Mi Tru long Paoa blong Buk blong Momon**
Elda Rubén V. Alliaud
- 38 **Ol Witnes, Ol Aronik Prishud Kworom, mo Ol Klas blong Ol Yang Woman**
Presiden Russell M. Nelson
- 40 **Ol Jenis blong Mekem Ol Pikinini mo Ol Yut Oli Kam Strong Moa**
Elda Quentin L. Cook
- 44 **Kam Folem Mi—Plan blong Lod blong Protektem mo Go Agensem Plan blong Setan**
Mark L. Pace
- 47 **Wan Tras we I Semmak Oltaem mo I Wantem Gohed**
Elda L. Todd Budge
- 50 **Afta long Tes blong Fet blong Yumi**
Elda Jorge M. Alvarado
- 53 **Stanap long Ol Promes mo Ol Kavenan blong Yumi**
Elda Ronald A. Rasban

Sesen blong Ol Woman

- 57 **!Tru long Klaod mo San I Saen, Lod, Stap Wetem Mi!**
Reyna I. Aburto

- 60 **Givim Ona long Nem blong Hem**
Lisa L. Harkness
- 67 **Ol Gel we Mi Lavem Tumas**
Bonnie H. Cordon
- 70 **Ol Kavenan Woman we Oli Patna Wetem God**
Presiden Henri B. Eyring
- 73 **Tufala Hae Komanmen**
Presiden Dallin H. Oaks
- 76 **Ol Rij Samting long Saed blong Spirit**
Presiden Russell M. Nelson

Sandei Moning Sesen

- 80 **Yumi Blong Kavenan**
Elda Gerrit W. Gong
- 83 **Stap Faenem Glad Taem Yumi Stap Serem Gospel**
Cristina B. Franco
- 86 **Bigfala Wokbaot blong Yu**
Elda Dieter F. Uchtdorf
- 90 **Hiling Han blong Sevy**
Elda Walter F. González
- 93 **Yu No Trikimi**
Elda Gary E. Stevenson
- 96 **Seken Hae Komanmen Ia**
Presiden Russell M. Nelson

Sandei Aftenun Sesen

- 100 **Tabu Fasin mo Plan blong Stap Glad**
Presiden Henri B. Eyring
- 104 **Blong Save, Blong Lavem, mo Blong Gro**
Elda Hans T. Boom
- 106 **Stap Mekem Spirit I Kontrolem Bodi blong Yumi**
Presiden M. Russell Ballard
- 110 **Paoa blong Winim Enemi**
Elda Peter M. Johnson
- 113 **Tekem Kros blong Yu**
Elda Ulisses Soares
- 116 **Frut**
Elda Neil L. Andersen
- 120 **Las Toktok**
Presiden Russell M. Nelson
- 64 **Ol Jeneral Atoriti mo Ol Jeneral Ofisa blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent**
- 123 **Ol Nius blong Jos**
- 127 **Kam Folem Mi—Stap Lan Aot long Ol Jeneral Konfrens Mesej**



Namba 189 Medel Yia Jeneral Konfrens

Satedei Moning, 5 Oktoba 2019, Jeneral Sesen

Kondakta: Presiden Henry B. Eyring
Fas Prea: Elda Larry Y. Wilson
Las Prea: Elda Steven R. Bangerter
Miusik i kam long Tabenakol Kwaea long Tempol Skwea; Mack Wilberg mo Ryan Murphy, ol daerekta; Andrew Unsworth mo Clay Christiansen, long bigfala piano: "The Morning Breaks," *Hymns*, no. 1; "From All That Dwell below the Skies," *Hymns*, no. 90, arr. Wilberg; "As I Search the Holy Scriptures," *Hymns*, no. 277, arr. Murphy; "How Firm a Foundation," *Hymns*, no. 85; "Faith," *Children's Songbook*, 96–97, arr. Elliott; "Now Let Us Rejoice," *Hymns*, no. 3, arr. Wilberg.

Satedei Aftenun, 5 Oktoba 2019, Jeneral Sesen

Kondakta: Presiden Dallin H. Oaks
Fas Prea: Elda Matthew L. Carpenter
Las Prea: Elda Craig C. Christensen
Miusik i kam long wan kombaen kwaea blong ol stek we oli stap long Provo, Yuta; Jim Kasen, daerekta; Joseph Peeples, long bigfala piano: "The Lord Is My Light," *Hymns*, no. 89, arr. Kasen; "Sweet Is the Work," *Hymns*, no. 147, arr. Kasen; "Redeemer of Israel," *Hymns*, no. 6; "Thy Spirit, Lord, Has Stirred Our Souls," *Hymns*, no. 157, arr. Kasen.

Satedei Aftenun, 5 Oktoba 2019, Sesen blong Ol Woman

Kondakta: Joy D. Jones
Fas Prea: Salote Tukuafu
Las Prea: Carol Costley
Miusik i kam long wan kombaen kwaea blong Ol Praemer i gel mo yang woman we oli kamaot long ol stek blong Wes Jodan long Yuta; Kasey Bradbury, daerekta; Linda Margetts, long bigfala piano: "Praise to the Lord, the Almighty," *Hymns*, no. 72, arr. Webb; "We Thank Thee, O God, for a Prophet," *Hymns*, no. 19; "I Love to See the Temple," *Children's Songbook*, 95, arr. Mohlman; "He Sent His Son," *Children's Songbook*, 34–35, arr. DeFord.

Sandei Moning, 6 Oktoba 2019, Jeneral Sesen

Kondakta: Presiden Henry B. Eyring
Fas Prea: Elda O. Vincent Haleck
Las Prea: Becky Craven

Miusik i kam long Tabenakol Kwaea long Tempol Skwea; Mack Wilberg, daerekta; Brian Mathias mo Richard Elliott, long bigfala piano: "How Wondrous and Great," *Hymns*, no. 267; "High on the Mountain Top," *Hymns*, no. 5, arr. Wilberg; "A Child's Prayer," *Children's Songbook*, 12–13, arr. Perry; "Teach Me to Walk in the Light," *Hymns*, no. 304; "True to the Faith," *Hymns*, no. 254, arr. Lyon; "Love Divine, All Loves Excelling," Wesley and Prichard, arr. Wilberg.

Sandei Aftenun, 6 Oktoba 2019, Jeneral Sesen

Kondakta: Presiden Dallin H. Oaks
Fas Prea: Elda Jack N. Gerard
Las Prea: Douglas D. Holmes
Miusik i kam long Tabenakol Kwaea long Tempol Skwea; Mack Wilberg mo Ryan Murphy, ol daerekta; Richard Elliott, long bigfala piano: "Come, Ye Children of the Lord," *Hymns*, no. 58, arr. Murphy; "I Stand All Amazed," *Hymns*, no. 193, arr. Murphy; "Let Us All Press On," *Hymns*, no. 243; "More Holiness Give Me," *Hymns*, no. 131, arr. Staheli.

Ol Toktok blong Jeneral Konfrens we Oli Stap

Blong save lukluk ol toktok blong jeneral konfrens onlaen long ol defren lanwis, visitim conference.Church of Jesus Christ.org mo jusum lanwis we yu wantem. Ol toktok ia, oli stap tu long Gospel Library ap long mobael o tablet. Plante taem, long sikis wik taem afta long jeneral konfrens, ol vidio mo odio rekoding long Inglis oli stap long ol distri-busen senta. Infomesen long ol defren fomat blong jeneral konfrens blong olgeta memba we oli gat ol disabiliti, i stap long disability. Church of Jesus Christ.org.

Long Kova

Fored: Foto i kam long Janae Bingham
Bak: Foto i kam long Welden Andersen

Konfrens Foto

Ol foto long Sol Lek Siti, olgeta ia oli bin tekem olgeta: Welden Anderson, Cody Bell, Janae Bingham, Randy Collier, Weston Colton, Bruno Lima, Brian Nicholson, Leslie Nilsson, Matthew Reier, Christina Smith, mo Dave Ward.



Ofisol intanasonol magasin blong Jos la blong Jisas Kraes
blong Ol Lata-dei Sent

Fas Presidensi: Russell M. Nelson, Dallin H. Oaks, Henry B. Eyring

Kworom blong Olgeta Twelef Aposol: M. Russell Ballard, Jeffrey R. Holland, Dieter F. Uchtdorf, David A. Bednar, Quentin L. Cook, D. Todd Christofferson, Neil L. Andersen, Ronald A. Rasband, Gary E. Stevenson, Dale G. Renlund, Gerrit W. Gong, Ulisses Soares

Edita: Randy D. Funk

Ol Advaes: Becky Craven, Sharon Eubank, Cristina B. Franco, Walter F. González, Larry S. Kacher, Adrián Ochoa, Michael T. Ringwood, Vern P. Stanfill

Manejing Daereka: Richard I. Heaton

Daereka blong Ol Jos Magasin: Allan R. Loyborg

Bisnis Maneja: Garff Cannon

Manejing Edita: Adam C. Olson

Asisten Manejing Edita: Ryan Carr

Pabliken Asisten: Camila Castrillón

Raeting mo Editing: David Dickson, David A. Edwards, Matthew D. Flitton, Lori Fuller, Garrett H. Garff, Jon Ryan Jensen, Charlotte Larcabal, Michael R. Morris, Eric B. Murdock, Sally Johnson Odekirk, Joshua J. Perkey, Jan Pinborough, Richard M. Romney, Mindy Selu, Chakell Wardleigh, Marissa Widdison

Art Daereka: Tadd R. Peterson

Disaen: Jeanette Andrews, Fay P. Andrus, Mandie Bentley, C. Kimball Bott, Thomas Child, Joshua Dennis, David Green, Colleen Hinckley, Eric P. Johnsen, Susan Lofgren, Scott M. Mooy, Emily Chieko Remington, Mark W. Robison, Brad Teare, K. Nicole Walkenhorst

Intellectual Propeti Kodineta: Collette Nebeker Aune

Prodaksen Maneja: Jane Ann Peters

Prodaksen: Ira Glen Adair, Julie Burdett, José Chavez, Thomas G. Cronin, Bryan W. Gygi, Ginny J. Nilson, Derek Richardson, Marissa M. Smith

Pripress: Joshua Dennis, Ammon Harris

Printing Daereka: Steven T. Lewis

Distribusen Daereka: Nelson Gonzalez

Postofis adres: Liahona, Fl. 23, 50 E. North Temple St., Salt Lake City, UT 84150-0023, USA.

Liahona (long Buk blong Momon hem i minim “kampus” o “soem rod”) oli pablisim long lanwis blong Albani, Amenia, Bislama, Bulgaria, Kambodia, Sebuano, Jaena, simpol Jaenis, Kroesia, Tsekoslovakia, Denmak, Nedalan, Inglis, Estonia, Fiji, Finlan, Franis, Jemani, Gris, Hangari, Aeslan, Indonesia, Itali, Japan, Kiribas, Koria, Latvia, Lituania, Malagasi, Marsol, Mongolia, Nowe, Polan, Potugal, Romenia, Rasia, Samoa, Slovenia, Spanis, Swahili, Swiden, Filipin, Tagalog, Tahiti, Tai, Tonga, Yukren, Urdu, mo Vietnam. (Namba blong magasin long wan yia i jenis folem ol lanwis.) (Hamas namba we i kamaot long wanwan lanwis long wan yia i defdefren.)

© 2019 i kam long Intellectual Reserve, Inc. Oli holem evri raet. Oli printim long Yunaeted Stet blong Amerika.

Kopi Raet Infomesen: Wanwan man o woman i save kopi ol samting we oli stap insaed long *Liahona* blong oli yusum blong olgetawan, (wetem ol koling long Jos) be i no blong mekem mane. Raet ia oli save karemaot long eni taem. Sam long ol pikja ia bae oli no save mekem kopi long olgeta sapos i gat tabu long hem long kredit laen wetem Artwok. Ol kwestin blong kopi raet oli mas raetem i go long Intellectual Property Office, 50 E. North Temple St., Salt Lake City, UT 84150, USA; email: cor-intellectualproperty@ChurchofJesusChrist.org

For Readers in the United States and Canada: November 2019 Buk 13 No. 6 LIAHONA (USPS 311-480) Bislama (ISSN 1938-6346) is published six times a year (January, April, May, July, October, and November) by The Church of Jesus Christ of Latter-day Saints, 50 E. North Temple St., Salt Lake City, UT 84150. USA subscription price is \$5.00 per year; Canada, \$6.00 plus applicable taxes. Periodicals Postage Paid at Salt Lake City, Utah. Sixty days' notice required for change of address. Include address label from a recent issue; old and new address must be included. Send USA and Canadian subscriptions to Salt Lake Distribution Center at address below. Subscription help line: 1-800-537-5971. Credit card orders (Visa, MasterCard, American Express) may be taken by phone. (Canada Poste Information: Publication Agreement #40017431)

POSTMASTER: Send all UAA to CFS (see DMM 507.1.5.2).

NONPOSTAL AND MILITARY FACILITIES: Send address changes to Distribution Services, Church Magazines, P.O. Box 26368, Salt Lake City, UT 84126-0368, USA.



Indeks blong Ol Spika

Aburto, Reyna I., 57
Alliaud, Rubén V., 35
Alvarado, Jorge M., 50
Andersen, Neil L., 116
Ballard, M. Russell, 106
Bednar, David A., 31
Boom, Hans T., 104
Budge, L. Todd, 47
Christofferson, D. Todd, 15
Cook, Quentin L., 40
Cordon, Bonnie H., 67
Craig, Michelle, 19
Eyring, Henry B., 30, 70, 100
Franco, Cristina B., 83
Gong, Gerrit W., 80
González, Walter F., 90
Harkness, Lisa L., 60
Holland, Jeffrey R., 6
Johnson, Peter M., 110
Nelson, Russell M., 38, 76, 96, 120
Oaks, Dallin H., 26, 73
Owen, Stephen W., 12
Pace, Mark L., 44
Rasband, Ronald A., 53
Renlund, Dale G., 22
Soares, Ulisses, 113
Stevenson, Gary E., 93
Uchtdorf, Dieter F., 86
Vinson, Terence M., 9

Topik Indeks

Aronik Prishud, 38, 40
Atonmen, 9, 47, 60, 106, 116
Bodi we I Save Ded, 31, 106
Buk blong Momon, 35, 80, 83, 110
Eksampol, 50
Famli, 83, 106
Fasin blong Felosip, 12, 67
Fasin blong Jenisim Laef, 15, 22, 35
Fasin blong Kam Gud Bakegen, 57, 90
Fasin blong Kam Olsem Wan God, 73
Fasin blong Luksave Samting, 76, 93
Fasin blong Sakem Sin, 73, 100, 104, 106, 113
Fasin blong Stap Obei, 15, 73, 93
Fasin blong Stap Olsem Wan Disaepol, 9, 15, 19, 22, 60, 86, 96, 104, 113
Fasin blong Stap Pua, 96
Fasin blong Stap Rere, 31, 70
Fasin blong Stap Tabu, 100, 120
Fas Visen, 6, 104, 120
Fet, 6, 12, 19, 22, 47, 50, 67, 76, 116
Fogivnes, 113
Glad, 9, 15, 47, 83, 96, 116
Hapines, 100
Hom, 12, 44
Hop, 47, 90
Jisas Kraes, 6, 9, 15, 22, 26, 35, 44, 47, 53, 57, 60, 80, 83, 86, 90, 93, 100, 110, 113, 116
Josef Smit, 6, 93, 100, 104, 113, 120
Jos oganaesesen, 40, 67
Komitmen, 9, 22
Kontrol long Yuwan, 106, 113
Laef Bifo Laef la long Wol, 86, 106

Lav, 73, 86, 104, 106, 110, 116
Lidasip, 38, 40, 67
Long Saed blong Spirit, 12, 19, 44
Mared, 73, 80
Misinari Wok, 83, 86
Ol Bisop, 38, 40
Ol Blessing, 76, 90, 120
Ol Fas Ofiring, 96
Ol Kavenan, 22, 53, 60, 76, 80, 83, 116
Ol Komanmen, 15, 73, 93
Ol Loa, 73
Ol Odinens, 38, 80, 116
Ol Tempol, 26, 76, 120
Ol Woman, 70, 73, 76
Paoa, 35, 76, 110
Plan blong Fasin blong Sevem Man, 83, 100, 106, 116
Prea, 19, 31, 104, 110
Prishud, 76, 80
Proteksen, 31, 44
Restoresen, 120
Sakramen, 110
Save, 104
Sefti, 31
Setan, 31, 44, 93, 110
Seves, 15, 19, 60, 70, 86, 96
Sik long Tingting, 57
Skripja Stadi, 44, 110
Spirit Wol, 26, 106
Stap Tru mo Strong, 53
Tabu Spirit, 19, 35
Teknoloji, 12, 19, 40, 110
Temtesen, 31, 93
Tingting I Foldaon, 110
Tras, 19, 26, 47
Wanem I Kam Agens, 15, 47, 50, 57, 90, 100, 104, 113, 116
Wok blong Givhan, 70, 96, 104
Yang Man, 38, 40
Yang Woman, 38, 40, 67
Yumaniterian Help, 96
Yut, 12, 38, 40, 53, 120



Ol Haelaet blong Namba 189 Medel Yia Jeneral Konfrens

Ol lida blong Jos we oli bin toktok long taem blong Jeneral Konfrens ia, oli bin mekem invitesen, bakegen mo bakegen, blong kam olsem—blong kam moa hapi, blong kam moa tabu, blong kam moa olsem Sevyia, mo blong helpem ol narawan blong mekem semmak.

Wanem moa bakegen: oli bin mekem se jenis ia i moa isi blong wanwan long yumi i mekem.

“Lod i wantem evriwan long ol pikinini blong Hem blong oli gat pat long ol blesing we oli no save finis, we oli stap insaed long tempol blong Lod,” Presiden Russell M. Nelson i bin tijim. “Blong yu stap klin inaf blong go insaed long haos blong Lod, i nidim blong yu rere gud tu long saed blong spirit. Be wetem help blong Lod, evri samting i posibol.”

Stap Faenem Hapines mo Stap Tabu

Presiden Nelson i invaetem wanwan long yumi blong kwalifae from ol blesing blong tempol (luk long pej 120).

Presiden Henry B. Eyring i bin eksplenem wanem i joen bitwin fasin blong mekem yu kam moa tabu mo fasin blong yu hapi moa (luk long pej 100).

Elda D. Todd Christofferson i tijim yumi olsem wanem blong faenem “glad ia blong ol sent” (luk long pej 15).

Wan Invitesen blong Lavem Man mo Serem Samting

Presiden Nelson i tijim hamas i impoten blong lavem ol neiba blong yumi, mo i talemaot long ditel se yumaniterian wok blong Jos i go kasem wea (luk long pej 96).

Presiden Dieter F. Uchtdorf i eksplenem paoa blong stap invaetem ol narawan blong “kam mo luk” (luk long pej 86).

Sista Cristina B. Franco i tokbaot gud glad ia blong stap serem gospel (luk long pej 83).

Stap Mekem Ol Yut Oli Kam Strong Moa

Profet i bin presentem ol jenis long ol oganaesesen blong ol yut we bae i leftemap tingting blong ol yut insaed long ol kworom mo ol klas presidensi blong oli girap mo lidim man (luk long pej 38).

Elda Quentin L. Cook i presentem olsem wanem bae Aronik Prishud lida-sip bae i wok (luk long pej 40).

Sista Bonnie H. Cordon i bin serem ol jenis long oganaesesen blong Ol Yang Woman (luk long pej 67).

Stap Bildim Ol Tempol; Stap Bildimap Yumi

Presiden Nelson i anaonsem ol eit niu tempol long taem blong sesen blong ol woman (luk long pej 76).

Long Sandei aftenun, hem i bin tijim abaot fasin blong stap kwalifae blong go insaed long tempol, mo hem i bin presentem ol niufala kwestin blong tempol rekomen (luk long pej 120). ■





I KAM LONG ELDA JEFFREY R. HOLLAND
Blong Kworom blong Olgeta Twelef Aposol

Mesej, Man Ia, mo Ol Man

*Tru long ol noes we i no stop, mo spid blong taem
blong yumi, bae yumi traehad blong luk Kraes i stap
long medel blong laef, bilif, mo seves blong yumi.*

Ol brata mo sista. Hemia i Sammy
Ho Ching, we i gat seven manis, i stap
wajem jeneral konfrens long hom blong
hem las Epril.

Long taem blong sastenem Presiden
Russell M. Nelson mo ol nara Jeneral
Atoriti, han blong Sammy i bisi blong
holem titi botel. So, hem i mekem nekis
bes samting.

Sammy i givim niu mining long
tingting ia blong vot wetem leg
blong yu.

Welkam long medel yia konfrens
blong Jos Ia blong Jisas Kraes blong
Ol Lata-dei Sent. Blong mekem yumi
rere blong toktok raon long mining
ia blong kam tugeta tu taem long yia,
bae yumi luk long wan ples blong his-
tri blong Luk long Niu Testeman.¹

“Nao taem Jisas i kam kolosap long
taon ya Jeriko, i gat wan blaenman i
stap sidaon long saed blong rod, we
oltaem hem i stap askem mane long
ol man;

“... [Hem] i harem we plante man i
stap pas long rod, hem i askem se, “?Wanem
samting ya?”

“... oli talem ... se, ‘Man Nasaret
ya Jisas, hem i stap wokbaot long rod.’

“Hem i singaot, i se, ‘Jisas!
!Laen blong King Deved! !Plis yu
sore long mi!’”

Oli kros long toktok blong hem,
nao ol man oli traem talem se bae hem
i stap kwaet, be “hem i gohed, i singaot
bigwan moa.” From hem i gohed we i
gohed, oli tekem hem i go long Jisas,
mo, wetem hat i fulap long fet, i askem
blong Jisas i mekem hem i save luk
bakegen mo i hilim hem.²

Smol ples ia i tajem hat blong mi evri
taem mi ridim. Yumi save filim man ia i



Sammy Ho Ching i sastenem Presiden Russell
M. Nelson long taem blong jeneral konfrens
blong Epril 2019.

rili trabol. I olsem yumi save harem hem
i singaot blong Sevyia i luk hem. Yumi
smael from hem i no wantem stop—i
tru, strong tingting blong hem blong
singaot i go *antap* taem evriwan i talem
hem blong *daonem* voes blong hem.
Stori ia, insaed mo aotsaed, i wan swit
stori abaot wan strong fet. Be, semmak
wetem evri skripja, moa yumi ridim,
moa yumi faenem samting insaed.

Wan tingting we i stikim mi, i no
longtaem i pas, i we man ia i filim save
se i gat ol pipol wetem Spirit raon long
Hem. Ful mining blong stori ia i hang
long sam woman mo man we oli no
save nem blong olgeta, we taem fren
blong olgeta i askem, “?wanem samting
ia,?” oli bin gat visen blong talemaot se
Kraes nao i mekem ol man oli muvmuv;
Kraes nao i “Man Ia.” I gat wan lesen
blong yumi evriwan i lanem. Long saed
blong fet mo strong save, !i help blong
askem man we i gat fet mo strong save!
“?Blaen man i save lidim narafala blaen
man?” Jisas i bin askem wantaem.
“Spos ... olsem, bambae tufala evriwan
i mas foldaon long hol.”³

Blong lukaotem fet mo strong save,
i stamba tingting blong yumi long ol
konfrens ia, mo taem yu joenem mifala
tedei, bae yu luksave se, wanem yu
lukaotem, yumi tu i lukaotem. Lukluk
raon long yu. Long ples ia, long ol
graon ia, yu luk ol famli blong eni saes
oli kamaot long evri ples, oli kam. Ol
olfala fren oli mit bakegen, wan naes
kwaea i stap womap, mo ol man blong
agens oli kilkilim fevret emti bokis
blong olgeta. Ol misinari blong bifo oli
lukaotem ol foma kompanion blong ol,
mo ol niu riten misinari oli lukaotem ol
niu kompanion evriwan (!yufala i save
wanem mi minim!). Mo ol foto? !Ah
lala, tumas! Wetem ol mobaelfon long
evri han, yumi nomo talem “evri mem-
ba i wan misinari” be “evri memba i
wan fotografa.” Long medel blong naes

taem we man i muvmuv, i stret blong wan i askem “?Wanem samting ia?”

Olsem long stori ia long Niu Testeman, olgeta we oli save luk, bae oli luksave se, nomata evri nara samting we konfrens taem ia i givim, bae i no gat mining nating sapos yumi no faenem Jisas i stap long medel blong evri samting ia. Blong kasem visen ia we yumi stap lukaotem, hiling ia we Hem i promesem, mining ia we yumi save se i stap ia, yumi mas katem rod i go tru long ples we i muvmuv—nomata i wan glad—mo putum ful tingting blong yumi long Hem. Prea blong evri spika, hop blong evriwan we i singsing, respek blong evri ges—evri samting ia i blong invaetem Spirit blong Hem we i Jos blong Hem—Kraes ia we i stap laef, Smol Sipsip blong God, Prins blong Pis.

Be yumi no nid blong stap insaed long konfrens senta blong faenem Hem. Taem wan pikinini i ridim Buk blong Momon blong fas taem mo i kam blong laekem strong paoa long tingting blong Abinadae, o maj blong ol 2,000 strong soldia, yumi save ademap tu se, Jisas i stamba long gudfala stori ia, i stanap olsem wan tolfala strong man ova long evri pej blong stori, mo i joenem evri nara bigfala pipol insaed long stori ia.

Semmak; taem wan fren i stap lanem abaot bilif blong yumi, hem i save filim se hem i lus wetem ol toktok we i blong yumi o blong praktis blong relijin blong yumi—sam kaekae nomo, saplae blong dipen long yuwan, ol rod blong ol paeonia, mo dijitol famli tri, mo plante fulap stek senta, we sam, oli tekem se i wan gudfala ples blong kakae wan bigfala stek we oli rusum gud. So, taem ol niu fren blong yumi oli gotru long plante niu samting blong luk mo harem, yumi mas poenem rod i pasem ol plante bisi samting ia, mo mekem olgeta oli luk nomo long mining blong evri samting ia, long hat



ia we i pam, blong gospel we i no save finis—lav blong Papa mo Mama long Heven, presen blong wan tabu Pikinini we i pem praes, gudfala Tabu Spirit we i soem rod, mo evri trutok ia we oli kambak long ol las dei mo plante moa.

Taem wan i go long tabu tempol blong fas taem, bae eksperiens ia i tajem hem bigwan. Wok blong yumi i blong meksua se ol tabu simbol ia, o ol tabu seremoni ia, ol tabu klos mo ol presentesen ia we oli luk, i no blong karemaot tingting blong yumi long, be i blong poenem tingting blong olgeta long Sevyia, we yumi stap ia blong wosipim. Tempol i haos blong Hem, mo Hem i mas kam nambawan long maen mo hat blong yumi—bae hae doktrin blong Kraes i fulumap ful bodi semmak olsem i fulumap ol tempol odinens—stat long taem yumi ridim toktok antap long doa long fored i go kasem las minit yumi spendem insaed

long bilding ia. Long medel blong evri sapraes we yumi faenem, yumi mas luk, antap long evri samting, mining blong Jisas insaed long tempol.

Tingting long bigfala muvmuv blong ol niu wok mo niu anaonsmen insaed long Jos long ol las manis we oli pas ia. Taem yumi stap givgivhan long wanwan long yumi, o mekem yumi kam gud moa long Sabat wok, o akseptem wan niu program blong ol pikinini mo ol yut, bae yumi mestem stret risen blong ol jenis ia sapos yumi luk se oli ol seperet samting, be i no ol joen samting blong helpem yumi blong bildimap yumi blong stanap strong antap long Strong Ston ia we i sevem yumi.⁴ I tru, i tru, hemia wanem Presiden Russell M. Nelson i minim taem hem i askem yumi blong yusum nem blong Jos we God i givim.⁵ Sapos Jisas—Nem blong Hem, doktrin blong Hem, eksampol blong Hem, tabu fasin blong Hem—i save stap long senta blong wosip blong yumi, bae yumi kam sapotem trutok we Alma i bin tijim: “I gat plante samting we bae oli kam; [be] luk, i gat wan samting we i moa impoten long evriwan— . . . Ridima i stap laef mo i stap kam long medel blong ol pipol blong hem.”⁶

Wan las tingting: Taem ia we Josef Smit i bin stap long hem long namba 19 senturi i laef wetem ol grup blong Ol Kristin witnes we oli kompit.⁷ Be wetem bigfala noes ia we oli bin mekem, ol man ia, long sam wei, oli bin stap blokem Sevyia ia nao we yangfala Josef i bin stap lukaotem. Hem i bin stap faet, wetem wanem hem i singaotem: “tudak mo konfus.”⁸ Hem i aot i go stap hemwan long bus blong ol tri, mo long ples ia, i luk mo harem wan moa bigfala witnes we i bitim eni samting we yumi tokbaot long moning ia, se Sevyia i stap long hat blong gospel. Wetem presen ia blong save luk, we hem i neva ting long hem, Josef i bin



luk, long visen, Papa blong Hem long Heven, Hae God ia blong yunives, mo Jisas Kraes, Wan Stret Pikinini ia Nomo blong Hem. Afta, Papa i soem eksampol we yumi stap kam from tedei: Hem i poenem Jisas, i talem se: “Hem, Hem i Pikinini blong Mi we Mi Lavem Tumas. !Lisin gud long Hem!”⁹ I no gat toktok i talem tabu aedentiti blong Jisas, nambawan ples blong Hem long plan blong fasin blong sevem man, mo ples we Hem i stanap long hem long ae blong God i bitim ol fotin toktok ia.

?Muvmuv mo konfus? ?Hip blong ol man mo raorao? I gat fulap kaen olsem insaed long wol blong yumi. I tru, olgeta we oli no gat hop mo olgeta fetful oli stil stap raorao ova long visen ia, mo ova long evri nara samting we mi tokbaot tedei. Sapos *yu* stap trachad blong luk klia moa mo faenem mining long medel blong ol plante kaen tingting, mi poenem yu i go long semfala Jisas ia mo talemaot witnes blong mi olsem wan aposol, se eksperiens blong Josef Smit, i bin hapen olsem kolosap 1,800 yia i pas

afta we blaen fren blong yumi i save luk bakegen long Jeriko rod ia blong bifo. Mi testifae we tufala ia, mo plante moa kam kasem tedei, se i tru, wanem oli bin luk mo harem long laef, i no Jisas we i stap wokbaot long rod i go,¹⁰ be, hem i we Jisas i stap kam *long* yumi, i stop long *saed* blong yumi, mo i stap mekem hom blong Hem i stap *wetem* yumi.¹¹

Ol sista mo brata. Tru long ol noes we i no stop, mo spid blong taem blong yumi, bae yumi trachad blong luk Kraes i stap long medel blong laef blong yumi, bilif blong yumi, mo seves blong yumi. Ples ia nao, tru mining i stap long hem. Mo sapos i gat sam dei, we lukluk blong yumi i sot, o tras i go daon, mo bilif i stap long tes blong i kam smut moa—from bae i kam smut moa—bae yumi singaot bigwan moa: “!Jisas! !Laen blong King Deved! !Plis yu sore long mi!”¹² Mi promes, wetem paoa blong aposol mo strong save blong wan profet, se bae Hem i harem yu mo talem, naoia o afta: “!Ale, yu openem ae blong yu, yu lukluk! Bilif blong yu i mekem yu yu gud finis.”¹³ Welkam long jeneral konfrens. Long nem blong Jisas Kraes, amen. ■

OL NOT

1. Maet oli raetem o no semfala samting ia long Matiu 20:30–34, we i gat tufala blaen man we oli ansa, mo wan ia we oli raetem long Mak 10:46–52, we blaen man ia, oli talem se nem blong hem i Batimeas, pikinini blong Timeas.
2. Luk long Luk 18:35–43; oli ademap italik.
3. Luk 6:39.
4. Luk long 2 Nifae 9:45.
5. Luk long Russell M. Nelson, “Stret Nem blong Jos,” *Liahona*, Nov 2018, 87–89.
6. Alma 7:7.
7. Ples ia, antap long Niu Yok kolosap long Palmaera, plante taem oli singaotem se “distrik we faea i laet long hem” from plante kaen relijin i stap goraon long ol smol komuniti ia.
8. Josef Smit—Histri 1:13.
9. Josef Smit—Histri 1:17.
10. Luk long Luk 18:37.
11. Luk long Jon 14:23.
12. Mak 10:47.
13. Luk 18:42.



I KAM LONG ELDA TERENCE M. VINSON
Blong Presidensi blong Olgeta Seventi

Tru disaepol blong Sevy

Yumi save filim glad we i gogohed taem Sevy mo gospel blong Hem oli kam olsem stamba pos we yumi save bildim laef blong yumi raon long hem.

Samples insaed long OlTesteman buk blong Hagae i tokbaot wan grup blong ol pipol we oli save yusum kaonsel blong Elda Holan. Oli bin mekem i rong blong no putum Kraes fastaem long senta blong laef mo seves blong olgeta. Hagae i givim sam pikja toktok taem hem i tok long ol pipol ia from oli stap slip long gudgudfala haos blong olgeta, be oli no bildim tempol blong Lod.

“Hem i taem blong yu, ?o yes, blong slip long ol gudgudfala haos, be haos blong mi i stap yet we i nogud yet?”

“Nao olsem ia nao Lod blong Ol Pipol talem; Lukluk gud long ol wei blong yufala.

“[Yufala i planem plante kaekae, be smol nomo i kamaot; yufala i stap kakae, be i no naf, yufala i stap dring waen, be waen ia i no naf; yufala i gat klos, be ol klos ia oli no wom, mo man we i stap kasem mane i putum nomo i go long poket we i brok.]

“Olsem ia nao Lod blong Ol Pipol i talem; Lukluk gud long ol wei blong yufala.”¹

?Yu no laekem hao oli tokbaot ol nogud risal we i no save finis bitim long ol samting blong God?

Long wan sakramen miting we i jes pas, we mi bin atendem, wan riten misinari i kwotem wan papa we i putum

gud aedia ia long wan stret fasin taem hem i talem long ol pikinini blong hem se, “!Wanem yumi nidim long ples ia i smol Wae-Fae be moa Nifae!”

Mi bin laef long Wes Afrika blong faef yia, mo mi bin luk plante eksampol blong ol pipol we oli mekem gospel i kam praeoriti blong olgeta mo oli no sem from. Wan long ol eksampol ia i nem blong man we i stap mekem bisnis



blong riperem mo balensem wil blong trak long Gana. Ona i singaotem bisnis ia: “Stretem Wil blong Yu.”

Yumi save filim glad² we i gogohed taem Sevy mo gospel blong Hem oli kam olsem stamba pos we yumi save bildim laef blong yumi raon long hem. Be, i isi tumas blong stamba pos ia i kam olsem, ol samting blong wol, ples we gospel i stap olsem joes nomo, o i stap olsem blong go nomo long jos blong tu aoa long Sandei. Taem i olsem, hem i semmak nomo olsem yumi stap mane i go insaed long “poket we i brok.”

Hagae i talem long yumi blong yumi komitim yumi—blong mekem bes blong yumi, blong kam olsem, olsem yumi talem long Ostrelia, “stap series” abaot laef folem gospel. Pipol oli series taem oli stap olsem wanem oli talem se oli olsem.

Mi bin lanem smol olsem wanem blong stap series mo givim bes blong mi taem mi plei ragbi. Mi bin lanem se taem mi plei wetem evri bes blong mi, taem mi givim evri samting, glad blong mi long saed blong gem i bigwan.

Fevret yia blong ragbi blong mi i bin yia afta long hae skul. Tim we mi bin memba long hem i bin gat plante talen mo oli komitim olgeta. Mifala i bin jampion tim long yia ia. Be, wan dei bae mifala i plei wetem wan tim we i no strong, mo afta long gem mifala evriwan i gat wan deit blong tekem i go long bigfala yia danis blong kolej. Mi ting se from se hemia bae i bin wan isi gem, bae mi traem blong protektem mi blong no kasem kil, blong mi save gat gud taem fulwan long danis. Long gem ia, mifala i bin komitim mifala tumas long had kontak olsem we mifala i sapos blong mekem mo mifala i bin lus. Blong mekem ol samting oli go mowas, mi bin finisim maj ia wetem maot we i fatfat we i mi no luk gud nomo wetem blong bigfala dei blong mi. Ating mi nidim blong lanem wan samting.

Wan defren eksperiens i bin hapen long wan gem afta we i luk se mi bin komitim mi fulwan long hem. Long wan taem mi bin ron wetem tru tingting blong mekem wan kontak, stret long taem ia, mi filim fes blong mi i soa. Olsem papa blong mi i bin tijim mi se mi neva letem oposisen i save sapos mi bin kasem kil, mi gohed blong plei long gem. Long naet ia, taem mi stap traem blong kakae, mi faenem se mi no save kakae. Long nekis moning, mi go long hospital, eksre i konfemem se jo blong mi i bin brok. Oli bin somap maot blong mi wetem waea mo i sat blong sikis wik.

Lesen we mi bin lanem long parabol ia blong fatfat maot mo jo we i brok. Nomata ol memori blong mi we mi wantem kakae strong kaekae tumas long ol sikis wik ia, be mi save tekem supsup nomo; mi no rigret se jo blong mi i brok from se i risal blong mi givim evri samting. Be mi rigret abaot fatfat maot from se i saen blong fasin blong holembak mi.

Givim evri evri samting i no minim se bae yumi gohed blong oli kavremap yumi wetem blesing o oltaem gat saksas. Be i minim se bae yumi gat glad. Glad i no blong harem gud blong wan smol taem o blong wan hapines blong smol

taem. Glad bae i stap blong oltaem, mo i stanap long efot blong yumi we Lod i akseptem.³

Wan eksampol long fasin blong akseptem samting, i stori blong Oliva Granja. Olsem Presiden Boyd K. Packer i talem: “Taem oli ronem ol sent oli aot long Ketlan, . . . oli lego Oliva i stap biae blong salem ol propeti long wan praes we hem i save putum, nating i smol. I no bin plante janis blong hem i win. !Mo, i tru se hem i no bin win.”⁴ Fas Presidensi i bin komisenem hem blong mekem wan wok we i had tumas, o i no posibol blong mekem. Be Lod i bin akseptem hem from hadwok blong hem we i no karem frut, wetem ol toktok ia:

“Mi tingbaot wokman blong mi, Oliva Granja; luk, i tru mi talem long hem se nem blong hem, bae oli tingbaot se hem i tabu, long wan jeneresen i go long narafala jeneresen, blong oltaem mo oltaem, Lod i talem.

“From hemia, hem i mas trachad strong blong pemaot kaon blong Fas Presidensi blong Jos blong mi, . . . o taem hem i foldaon, bae hem i girap bakegen, from sakrifaes blong hem bae i moa tabu long mi bitim eni gud wok blong hem, Lod i talem.”⁵

Hemia i tru long yumi evriwan—I no from ol saksas blong yumi, be ol

sakrifaes blong yumi mo hadwok, we i impoten long Lod.

Wan nara eksampol blong wan tru disaepol blong Jisas Kraes i wan dia fren blong mifala long Kot divoar long Wes Afrika. Naesfala, fetful sista ia i bin safa wan nogud safaring long saed blong filing, mo iven sam abius long bodi we hasban blong hem i mekem ova long wan longfala taem, mo long en, tufala i bin divos. Hem i neva muvmuv long fet blong hem, be from rabis fasin man blong hem long hem, hem i harem nogud tumas blong wan longfala taem. Long toktok blong hemwan, hem i tokbaot wanem we i bin hapen:

“Nomata mi talem se mi fogivim hem, oltaem mi slip wetem wan open soa long mi: mi stap longtaem wetem soa ia. I olsem wan faea i stap bonem hat blong mi. Plante taem mi bin prea long Lod blong Hem i tekemaot soa ia long mi, be i soa tumas nomo we i mekem se mi biliv strong se bae mi spendem haf blong laef blong mi wetem soa ia. I soa moa bitim taem we mi bin lusum mama blong mi oltaem mi yangfala, i soa bitim taem we mi bin lusum papa, mo tu, boe blong mi. I luk olsem i stap kam bigwan mo i kavremap hat blong mi, i givim long mi tingting ia se bae mi save ded long eni taem nomo.

“Sam nara taem, taem mi askem miwan wanem Sevy bae i mekem long situesen blong mi, mo bae mi kolosap talem se, ‘Lod hemia i tumas.’

“Afta wan moning mi lukaotem soa we i kam long evri samting ia insaed long hat blong mi, mo go moa dip, mi lukaotem insaed long sol blong mi. Mi no bin save faenem long eni ples. Maen blong mi i gobak kwiktaem nomo blong luklukbak evri risen we mi sapos blong harem i soa from, be mi no save filim soa ia. Mi bin wet ful dei blong luk sapos bae mi filim soa ia long



Terence M. Vinson, i nambafo long laen blong olgeta we oli stanap, stat long lef, mo i wan memba blong ragbi tim blong hae skul blong hem



hat blong mi, mi no bin filim. Afta mi nildaon mo talem tangkyu long God blong mekem sakrifae blong Lod we i pem praes, i wok long mi.”⁶

Sista ia, i glad blong sil wetem wan naesfala, fetful man we i lavem hem tumas.

So, ?Bae ol fasin blong yumi oli olsem wanem sapos yumi ol tru disae-pol blong Kraes? Mo ?wanem hem i praes blong gospel long yumi taem yumi “lukluk gud long ol wei blong [yumi],” olsem Hagae i talem?

Mi laekem eksampol blong stret fasin we papa blong King Lamona i soem. Bae yu tingbaot kros blong hem long stat taem hem i faenem boe blong hem i folem Amon, wan Man blong Nifae—wan pipol we Ol Man blong Leman oli no laekem. Hem i pulum naef blong hem blong faet wetem Amon, mo i no longtaem afta, naef blong Amon i stap long trot blong hem bakegen. “Nao king, i bin fraet se bae hem i lusum laef blong hem, i bin talem: “Sapos yu

sevem laef blong mi bae mi letem long yu eni samting we bae yu askem, i go kasem haf blong kingdom.”⁷

Tekem not long ofa blong hem—haf blong kingdom blong hem from laef blong hem.

Be afta, taem hem i andastanem gospel, hem i mekem wan nara ofa. “King i talem: ?Wanem bae mi mekem blong mi save kasem laef ia we i no save finis we yu bin tokbaot? Yes, ?wanem nao bae mi mekem blong mi save bon long God, mo mekem rabis spirit ia i nomo gat rus long jes blong mi, mo i kasem Spirit blong hem, blong mi save fulap long glad, blong hem i no save sake-maot mi long las dei? Hem i talem: Luk, bae mi lego evri samting we mi gat, yes, bae mi givim kingdom blong mi, blong mekem se mi save kasem bigfala glad ia.”⁸

!Naoia, hem i bin rere blong lego *ful* kingdom blong hem, from praes blong gospel i moa bitim wanem we hem i gat! Hem i bin series abaot gospel.

So, kwestin blong wanwan long yumi i: ?Yumi series abaot gospel? !From blong komitim yumi hafhaf i no series! Mo God i no man blong stap presem olgeta we oli mekem samting hafhaf.⁹

I no gat rij samting, o eni samting, o eni toktok, no eni sosol media, o eni vidio gem, o eni spot, o eni asosiesen wetem wan sta, o i no gat eni samting long wol we i moa spesel bitim laef we i no save finis. So advaes blong Lod long evriwan i blong “luklukgud long ol wei blong hem.”

Ol filing blong mi, mi save soemaot gud long ol toktok blong Nifae: “Mi glad long klia fasin; mi glad long trutok; mi glad long Jisas blong mi, from hem i bin pemaot sol blong mi long hel.”¹⁰

?Yumi ol tru man blong folem Hem we i givim evri samting blong Hem from yumi? ?Hem i Sevy mo Ridima blong yumi, i loya blong yumi long fored blong Papa.? ?Hem i bin, Hemwan, komitim Hem fulwan blong pem praes tru long sakrifae blong Hem, mo Hem i olsem naoia long lav blong Hem, sore blong Hem, mo tingting blong Hem from yumi blong kasem glad we i no save finis? Mi plis long evriwan we i harem ol toktok ia: Plis, plis no stopem ful komitmen blong yufala kasem taem yufala i faenem wan nara wei raon long hemia, long fiuja. !Stap series naoia mo filim glad! Long nem blong Jisas Kraes, amen. ■

OL NOT

1. Hagae:4–7.
2. Luk long Jon 15:11; Rom 14:17; 2 Korin 8:2; Hibrus 12:2; Moses 5:10; 7:53.
3. Luk long Inos 1:3–6, 27; Doktrin mo Ol Kavenan 52:15; 97:8–9.
4. Boyd K. Packer, “The Least of These,” *Liahona*, Nov. 2004, 86.
5. Doktrin mo Ol Kavenan 117:12–13.
6. Praevet leta.
7. Alma 20:23.
8. Alma 22:15.
9. Luk long Revelesen 3:15–16
10. 2 Nifae 33:6.



I KAM LONG STEPHEN W. OWEN
Yang Man Jeneral Presiden

Stap Fetful, Be I No Blong Nogat Fet

Yumi mas tekem taem, long wanwan dei blong kamaot long wol mo konek wetem heven.

I no longtaem i pas mi wekap mo rere blong stadi long ol skripja. Mi pikimap smatfon blong mi mo sidaon long jea long saed blong bed blong mi, wetem tingting blong openem Gospel Laebri ap. Mi onem fon blong mi mo wantem blong stat stadi taem mi luk haf taosen teks mesej mo ol imel we oli bin kam las naet. Mi tingting se, “bae mi jekem ol mesej ia hariap nomo, mo afta bae mi go stret long olgeta skripja.” Be, tu aoa afta, mi stap ridim yet ol teks

mesej, ol imel, ol sot nius, mo ol post long sosol media. Taem mi luk save se i bin wanem taem, mi hariap blong rere blong dei ia. Long moning ia mi mes-tem skripja stadi, mo long en mi no bin tekem gudfala kaekae long saed blong spirit we mi bin hop from.

Kakae long Saed blong Spirit

Mi sua se plante long yufala i semmak. Ol teknoloji blong tedei oli blesem yumi long plante wei. Oli save konektem yumi wetem ol fren mo famli, wetem infomesen, mo wetem ol nius abaot ol samting blong tedei raon long wol. Be, oli save pulumaot tingting blong yumi long wanem we i moa impoten: koneksen blong yumi wetem heven.

Mi riritim wanem profet blong yumi, Presiden Russell M. Nelson, i bin talem: “Yumi stap laef long wan wol we i gat fulap samting mo raorao i kam antap plante. Sosol media we i stap oltaem, mo sekol blong 24 aoa nius, oli stap atakem yumi wetem ol mesej we oli no stop. Sapos yumi mas gat eni hop blong save sevem ol plante kaen voes ia mo ol tingting blong ol man we oli atakem trutok, nao yumi mas lan blong kasem revelesen.”

Presiden Nelson i gohed blong givim, woning se: “long ol dei we oli stap kam, bambae i no posibol blong laef long saed blong spirit, sapos yumi no gat Tabu Spirit i lidim, daarektem mo kam-fotem yumi wetem paoa blong Hem.”¹

Ol yia i pas, Presiden Boyd K. Packer i talem abaot wan grup blong ol dia we from hevi foldaon blong sno, oli bin fas aotsaed long nomol ples blong olgeta mo oli bin fesem hanggri. Sam gudfala pipol, long wan trachad blong sevem ol dia ia, oli sakem fulap drae gras raon long eria—i no bin wanem we ol dia oli stap kakae oltaem, be oli bin hop se bae helpem ol dia tru long wintataem ia. Wetem harem nogud, plante long ol dia ia oli ded. Oli bin kakae drae gras, be i no bin givim gud kaekae long olgeta, mo oli bin hanggri ded wetem ol kat we oli fulap.²

Plante long ol mesej we yumi kasem insaed long infomesen blong tedei oli semmak long saed blong spirit olsem taem yu fidim ol dia wetem drae gras—yumi save kakae hemia ful dei, be bae i no fidim yumi.

?Wea nao yumi save faenem kaekae long saed blong spirit? Plante taem, i no popula long sosol media. Yumi faenem hemia taem yumi “gohed strong long rod blong [yumi] i go forod” long rod blong kavenan, “gohed blong holemtaet acan rel oltaem,” mo kakae long frut blong tri blong laef.³ Hemia i minim se yumi mas tekem taem, long wanwan dei, blong kamaot long ol samting blong wol mo konek wetem heven.

Long drim ia, Lihae i luk ol man we oli bin testem frut ia be oli bin livim tri ia from paoa blong bigfala haos we i gat fulap spes, hae tingting blong wol.⁴ Hem i isi nomo blong ol yang pipol oli groap long wan Lata-dei Sent hom, atendem evri stret Jos miting mo ol klas, mo tu, tekem pat long ol odinens insaed long tempol, mo afta wokbaot i





go long ol nogud rod mo [kam] lus.”⁵
?From wanem hemia i hapen? Long plante taem, i from se, long taem we oli stap go tru long ol samting long saed blong spirit, oli no bin mekem wan tru jenis. Oli bin fidim olgeta, be oli no bin givim kaekae long olgeta.

Long narasaed, mi bin mitim plante long yufala, ol yang Lata-Dei Sent we oli strong, waes, mo fetful. Yufala i save se yufala i ol boe mo gel blong God, mo we, Hem i gat wan wok blong yufala i mekem. Yufala i lavem God wetem “ful hat, ful paoa blong tingting, ful maen mo ful paoa blong yufala.”⁶ Yufala i kipim ol kavenan blong yufala mo givim seves long ol narawan, mo

yufala i stat long hom. Yufala i praktisim fet, sakem sin, mo kam antap evri dei, mo hemia i karem i kam, wan glad we i stap oltaem. Yufala i stap rere from ol blesing blong tempol mo ol nara spesel janis we bae yufala i kasem, olsem ol tru man blong folem Sevy. Mo yufala i stap helpem wol blong rere from Seken Kaming; yufala i stap invaetem evriwan blong kam long Kraes mo kasem ol blesing blong Atonmen blong Hem. Yufala i stap konek wetem heven.

Yes, yufala i fesem ol jalenj. Be evri jeneresen tu oli fesem. Ol dei ia oli blong yumi, mo yumi nidim blong stap fetful, be i no blong nogat fet. Mi testi-fae se Lod i save ol jalenj blong yumi,

mo tru long lidasip blong Presiden Nelson, Hem i stap mekem yumi rere blong mitim olgeta. Mi biliv se singaot blong profet we i jes pas blong gat wan jos we i putum hom i senta, we i kasem sapot tru long wanem yumi mekem insaed long ol bilding blong yumi,⁷ oli mekem blong i helpem yumi stap laef—mo tu blong gro gud—long taem naoia we man i no stap tekem gud kaekae long saed blong spirit.

Hom I Senta

?I minim wanem blong gat wan jos we i putum hom i senta? Ol hom oli save luk defdefren raon long wol. Maet yu pat blong wan famli we oli bin stap long Jos blong plante jeneresen. O, yu yu wan memba ia nomo insaed long famli blong yu. Ating yu mared o singgel, mo gat o nogat pikinini long hom.

Nomata long situesen blong yu, yu save mekem hom blong yu i wan senta blong stap lanem mo stap laef folem gospel. I minim nomo se, yuwan, yu tekem responsabiliti blong jenis blong laef blong yu, mo groap long saed blong spirit. I minim blong folem kaonsel blong Presiden Nelson “blong [jenisim hom blong yu] i kam wan tabu ples blong fet.”⁸

Enemi bae i traem blong winim tingting blong yu se kaekae long saed blong spirit, i no impoten, o, i giaman moa, i talem se hemia i save wet. Hem i masta blong pulumaot tingting mo man blong mekem yu pusumbak taem. Bae hem i karem ol samting i kam long fored blong yu we i luk olsem se oli mas hapen naoia nomo, be long ril laef, oli no impoten. Bae hem i mekem blong yu kam “trabol long saed blong plante samting,” mekem se bae yu sakemaot “wan samting nomo ia [we] yu nidim.”⁹

Olsem wanem mi glad from “gudfala papa mo mama blong mi”¹⁰ we oli bin lukaotem ol famli blong olgeta long



wan hom we i gat kaekae long saed blong spirit oltaem, wan rilesensip we i gat lav, mo plante gudfala aotsaed aktiviti. Ol tijing we oli givim long taem we mi bin yangfala, oli bin helpem mi blong stap gud. Ol Papa mo Mama. Plis, bildim wan strong rilesensip wetem ol pikinini blong yufala. Oli nidim moa taem blong yu.

Jos I Sapotem

Taem yu mekem olsem, Jos i stap blong sapotem yu. Eksperiens blong yumi long Jos i save givim paoa blong mekem kaekae long saed blong spirit long hom i kam gud moa. Be long yia ia, yumi luk kaen Jos sapot ia long Sandei Skul mo Praemer. Bae yumi luk moa long saed blong hem long Aronik Prishud mo Yang Woman miting tu. Long stat blong Jenuware 2020, Kurikulom blong olgeta miting, bae oli mekem smol jenis long hem. Bae i stil lukluk nomo long olgeta gospel topik, be bae ol topik ia oli go stret wetem *Kam, Folem Mi—Blong Wanwan Man, Woman mo Famli*. Hemia i wan smol jenis, be i save mekem wan bigfala jenis long ol yut blong stap kakae long saed blong spirit.

?Wanem ol nara kaen sapot we Jos i stap givim? Taem yumi tekem mo kakae sakramen, we i helpem yumi blong putumbak komitmen blong yumi long Sevy evri wik. Mo long jos yumi kam tugeta wetem ol narawan we oli gat defren biliv we oli mekem semmak kavenan ia. Rilesensip wetem lav we yumi developem wetem ol nara gudfala disaepol blong Jisas Kraes i save stap olsem wan sapot we i gat bigfala paoa,

long fasin blong yumi blong stap disaepol insaed long hom blong yumi we i senta.

Taem mi gat 14 yia nomo, famli blong mi i bin muv i go long wan niu siti. Hemia i no luk olsem wan nogud hadtaem long yu, be long maen blong mi, long tetaem ia, i bin nogud tumas. I minim blong stap raon wetem ol pipol we mi no save. I minim se evri nara yang man long wod blong mi bae oli atendem wan defren skul be i no hemia we mi stap long hem. Long maen blong wan 14 yia nomo, mi tingting se: “?Olsem wanem papa mo mama blong mi oli mekem olsem long mi?” Mi bin filim olsem oli spolem gud laef blong mi.

Be, tru long Ol Yang Man aktiviti, mi bin save bildim rilesensip wetem ol nara memba blong kworom blong mi, mo oli bin kam ol fren blong mi. Antap long hemia, ol memba blong bisoprik mo Aronik Prishud advaesa oli stat blong tekem wan spesel interes long laef blong mi. Oli bin atendem atletik aktiviti blong mi. Oli bin raetem ol leta we i leftemap tingting blong mi we mi kipim kasem tedei. Oli gohed blong toktok wetem mi afta we mi go long kolej mo taem we mi go long wan misin. Wan long olgeta i kam tu long capot taem mi kambak hom. Bae mi talem tangkyu oltaem from ol gudfala brata ia mo tugeta lav mo hae hop blong olgeta long mi. Oli soem long mi rod i go long heven, mo laef i bin gat moa laet, hapi mo glad.

?Olsem wanem yumi, ol papa mo mama mo ol lida i helpem ol yut blong save se oli no stap olgetawan taem oli

stap wokbaot long rod blong kavenan? Antap long hemia blong bildim wan-wan rilesensip, yumi invaetem olgeta blong kam long ol kam tugeta, bigwan mo smolwan—i kam long ol Blong Ol Yut Oli Kam Strong konfrens, mo kamp blong ol yut i go kasem kworom o ol klas aktiviti. Neva ting nating long paoa ia we i kam long ol taem blong kam tugeta wetem ol narawan we oli stap traem tu blong kam strong. Ol bisop mo ol nara lida, plis lukluk bigwan blong fidim mo lukaotem gud ol pikinini mo ol yut long wod blong yu. Oli nidim moa taem blong yu.

I no mata se yu wan lida, wan neba, wan kworom memba, o wan simpol Sent, sapos yu gat janis blong tajem laef blong wan yang man, helpem man ia o woman ia blong konek wetem heven. Wanem yu mekem i save stap olsem stret “Jos sapot” we ol yangfala ia oli nidim.

Ol brata mo sista. Mi testifae se Jisas Kraes i stap long hed blong Jos ia. Hem i stap givim insperesen long ol lida blong yumi mo lidim yumi i go long kaekae long saed blong spirit we yumi nidim blong laef mo kasem gudfala laef long ol lata dei. Kaekae long saed blong spirit ia bae i helpem yumi blong stap fetful, be i no blong nogat fet. Long nem blong Jisas Kraes, amen. ■

OL NOT

1. Russell M. Nelson, “Revelesen blong Jos, Revelesen blong Laef blong Yumi,” *Liahona*, Mei 2018, 93.
2. Luk long Jeffrey R. Holland, “Teaching and Learning in the Church,” *Liahona*, June 2007, 64.
3. Fas Nifae 8:30.
4. Luk long Fas Nifae 8:24–28; 11:36.
5. Fas Nifae 8:28.
6. Doktrin mo Ol Kavenan 4:2.
7. Luk long Russell M. Nelson, “Ol Fas Toktok,” *Liahona*, Nov 2018, 6.
8. Russell M. Nelson, “Blong Kam Ol Lata-dei Sent we I Givim Eksampol,” *Liahona*, Nov 2018, 113.
9. Luk 10:41–42.
10. 1 Nifae 1:1.



I KAM LONG D. TODD CHRISTOFFERSON
Blong Kworom blong Olgeta Twelef Aposol

Glad Ia blong Ol Sent

Glad i kam taem yumi stap obei ol komanmen blong Kraes, taem yumi winim harem nogud mo ol wiknes tru long Hem, mo taem yumi givim seves olsem we Hem i bin mekem.

Profet long Buk blong Momon, Inos, apuboe blong Lihae, i bin raetem abaot wan spesel eksperiens we i bin hapen eli long laef blong hem. Taem hem i bin stap lukaotem kakae hemwan long bus, Inos i stat blong tingting hevi long ol tijing blong papa blong hem, Jekob. Hem i talem: “Ol toktok we mi bin harem plante taem we papa blong mi i talem long saed blong laef we i no save finis, mo glad blong ol sent, i bin go draon dip long hat blong mi.”¹ From sol blong hem i hang-gri, Inos i bin nildaon, i prea, wan naes prea we i gohed dei mo naet, wan prea we i tekem hem blong kasem ol impoten revelesen, stret save, mo ol promes.

I gat plante samting blong lanem aot long eksperiens blong Inos, be tedei, wanem i kamaot klia long maen blong mi, i memori blong Inos abaot papa blong hem we i bin tokbaot plante abaot “glad blong ol sent.”

Long konfrens ia, tri yia i pas, Presiden Russell M. Nelson i bin tokbaot glad.² Wetem sam moa samting, hem i bin talem:

“Glad we yumi filim i no from situesen blong laef blong yumi, be hem i from samting we yumi lukluk faswan long laef blong yumi.

“Taem yumi stap lukluk nomo long plan blong God blong fasin blong sevem man, mo Jisas Kraes mo gospel blong Hem, yumi save filim glad nomata wantem i stap hapen—o i no stap hapen—long laef blong yumi. Glad i kam long Hem mo from Hem. . . . Long Ol Lata-dei Sent, !Jisas Kraes i glad ia!”³

Ol Sent oli olgeta we oli mekem wan gospel kavenan tru long baptaes, mo oli stap trachad blong folem Kraes olsem ol disaepol blong Hem.⁴ Long wei ia, “glad blong ol sent” i minim se yumi stap kam olsem Kraes.



Mi wantem tokbaot glad ia we i kam taem yumi stap obei ol komanmen, glad ia we i kam from yumi winim harem nogud mo ol wiknes tru long Hem, mo glad ia we i kam taem yumi givim seves olsem we Hem i bin mekem.

Glad Ia blong Stap Obei Ol Komanmen blong Kraes

Yumi stap laef long wan selfis taem, we plante oli kwestinim hamas ol komanmen blong Lod oli impoten, o oli jes no wantem save long ol. Plante taem, ol pipol we oli no wantem save ol tabu tok olsem loa blong jastiti, standet blong stap ones, mo we Sabat i tabu, i luk se oli kam antap mo oli stap glad long ol gud samting blong laef, mo long sam taem, iven moa bitim olgeta we oli stap trachad blong obei. Sam oli stat blong askem olgetawan sapos i gud inaf blong hadwok mo mekem sakrifaes. Ol pipol blong Isrel bifo, oli bin komplek:

“Yumi stap mekem wok blong Hae God, be blong nating nomo. Sapos yumi mekem ol samting we hem i stap talem, no sapos yumi soemaot long hem we yumi tanem tingting blong yumi from ol samting nogud we yumi bin mekem, be ol samting ya tu i no save givhan long yumi.

“Long lukluk blong yumi, yumi luk se ol praod man nao oli stap harem gud. Mo ol man nogud oli gat plante samting. Be i no hemia nomo. Oltaem oli stap traem God long ol rabis fasin blong olgeta blong faenemaot se tingting blong hem i longfala no nogat, be oli no kasem panis from”⁵

Lod i talem: Jes wet, kasem “taem ia we bambae . . . mi mekem olgeta oli spesel man blong mi. “Mo bakegen, long taem ia, ol man blong mi bambae oli luksave fasin we bambae mi mekem long ol man. Ol stret man oli stap mekem wok blong mi, mo bambae mi mekem i stret long olgeta.

Be ol man nogud, oli no stap mekem wok blong mi, nao bambae mi mekem i narafala long olgeta”⁶ Ol man nogud bae oli “glad blong smol taem nomo” be, oltaem i blong smol taem.⁷ Glad ia blong ol sent, i stap we i stap.

God i luk ol samting long tru wei blong olgeta, mo Hem i serem lukluk ia wetem yumi tru long ol komanmen blong Hem, i mekem gud blong soem rod long yumi i goraon long ol hol, mo bigfala hol long laef ia blong go kasem glad we i no save finis. Profet Josef Smit i bin eksplenem: “Taem ol komanmen blong Hem oli tijim yumi, i wetem lukluk long taem we i no save finis; from God i stap lukluk long yumi olsem se yumi stap long taem we i no save finis, mo i no luk ol samting olsem yumi stap luk olgeta”.⁸

Mi no faenem yet, eniwan, we i bin faenem gospel long medel blong laef blong hem, mo afta, i talem se, sapos nomo i bin hapen eli smol. “O, ol nogud joes mo ol mistek we bae mi no mekem,” oli talem. Ol komanmen blong Lod oli soem rod long yumi blong mekem moa gud joes mo gat moa hapi

risal. O yumi sapos blong stap glad mo talem tangkyu long Hem from Hem i soem yumi wan moa gud wei.

Olsem wan yangfala, Sista Kalombo Rosette Kamwanya blong Dimokratik Ripablik blong Kongo, we naoia i stap long misin long Kot D’Ivoa Abijan Wes Misin, i bin livim kakae mo prea blong tri dei blong faenem rod ia we God i wantem hem blong tekem. Long wan visen long naet, hem i bin luk tufala bilding, wan japel mo naoia, hem i luksave se i wan tempol. Hem i stat blong lukaotem mo i no longtaem, i faenem japel ia we hem i bin luk long drim blong hem. Saen ia i talem: “Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent.” Sista Kamwanya i bin baptas, mo afta, mama blong hem mo sikis brata blong hem i baptas. Sista Kamwanya i talem: “Taem mi kasem gospel, mi filim olsem we mi wan prise-na pijin we mi kam fri. Hae blong mi i fulap long glad. . . . Mi gat stret save ia se God i lavem mi.”⁹

Blong stap obei long ol komanmen blong Lod, i mekem se i moa isi long

yumi, mo yumi filim lav blong Hem moa fulwan. Rod ia we i stret mo i no isi, we i rod blong ol komanmen, i lidim yumi i go stret long tri blong laef; mo tri ia mo ol frut blong hem, oli swit olgeta, mo “yumi wantem i bitim evri samting,”¹⁰ mo oli ripresentem lav blong God, mo i fulumap sol “wetem wan bigfala glad.”¹¹ Sevia i talem:

“Sapos yufala i stap obei long ol tok blong mi, bambae mi lavem yufala olwe, stret olsem we mi stap obei long ol tok blong papa blong mi, nao oltaem hem i stap lavem mi.

“Mi mi stap talemaot ol tok ya long yufala, blong yufala i save glad oltaem, olsem we oltaem mi mi *glad*, nao bambae yufala i *glad* we i glad.”¹²

Glad ia blong Winim Samting tru long Kraes

Iven taem we yumi stap fetful blong obei ol komanmen, i gat ol tes mo ol nogud taem we oli save kam stopem glad blong yumi. Be, taem yumi stap trachad blong winim ol jalenj ia wetem help blong Sevia, i holemtaet glad we yumi filim naoia, mo glad we yumi stap wet from. God i talem gud long ol disaepol blong Hem: “Long wol ia bambae yufala i harem nogud tumas. Be yufala i no fraet. Mi mi winim paoa blong olgeta samting blong wol ia finis.”¹³ Hem i long taem we bae yumi tanem yumi i go long Hem, stap obei long Hem, joenem yumi long Hem, bae tes mo harem nogud ia i kam wan glad. Hemia wan eksampol.

Long 1989, Jack Rushton i bin stap olsem presiden blong Aeven Kalifonia Stek long Yunaeted Stet. Long wan famli holidei long saed solwota long Kalifonia, Jack i stap mekem bodi ski long wota, mo wan wef i sakem hem long wan ston we i stap andanit wota, i brekem nek mo givim bigfala kil long bakhun blong hem. Afta long hemia, Jack i talem: “Taem mi faerap long ston,



Sista Kalombo Rosette Kamwanya



Jack mo Jo Anne Rushton

mi save se mi paralaes.”¹⁴ Hem i nomo save toktok o pulum win hemwan.¹⁵

Ol famli, fren, mo memba blong stek oli kam raon long Brata Rushton mo waef blong hem, Jo Anne, mo wetem sam moa samting, oli jenisim wan pat blong hom blong i stret long wiljea blong Jack. Jo Anne i kam nambawan woman blong lukaot long Jack long ol nekis 23 yia. Taem hem i gobak long ol stori long Buk blong Momon abaot wei we Lod i bin visitim ol pipol blong Hem long hadtaem blong olgeta, mo i mekem trabol blong olgeta i nomo hevi,¹⁶ Jo Anne i talem: “Plante taem, mi sapraes we hat blong mi i no hevi taem mi stap kea long hasban blong mi.”¹⁷

Oli mekem wan jenis long wei we Jack i pulum win, nao i mekem hem i save toktok, mo long yia ia, oli singaotem Jack i kam tija blong Gospel Doktrin mo wan stek petriak. Taem bae hem i givim wan petriakel blesing, wan nara man we i holem prishud i putum han blong Brata Rushton antap long hed blong hem ia we i stap kasem blesing, mo i sapotem han blong hem long taem blong blesing. Jack i ded long Krismes dei long 2012, afta 22 yia blong fetful seves.

Wan taem, long wan intaviu, Jack i talem: “Ol problem bae oli kam long ful laef blong yumi; hem i pat blong stap ia long wol ia. Mo sam pipol oli ting se relijin o gat fet long God bae i protektem yumi long ol nogud samting. Mi no ting se poen i hemia. Mi ting se poen, i we, sapos fet blong yumi i strong, taem ol nogud samting oli hapen, mo bae oli hapen, bae yumi save fesem olgeta. Fet blong mi i neva muvmuv, be hemia i no minim se mi no bin gat taem we mi sik long tingting. Mi ting se, blong fas taem long laef blong mi, oli pusum mi kasem mak blong mi, mo i no gat ples nating blong go long hem, mekem mi tanem mi i go long Lod, mo kasem tedei, mi filim glad oltaem.”¹⁸



Hemia i taem we, samtaem, ol atak we i no gat sore oli gohed long sosol media, mo agensem olgeta we oli holemtaet standet blong Lod long fasin blong dresap, entetenmen, mo stap klin long saed blong seks. Plante taem, ol yut mo ol yang adalt nao long medel blong Ol Sent, mo tu, ol woman mo mama nao oli stap tekem kros ia blong fasin blong jik mo kasem hadtaem. Hem i no isi blong go ova long ol kaen abius ia, be tingbaot ol toktok blong Pita: “Sapos ol man oli tok nogud long yufala from we yufala i man blong Kraes, yufala i save harem gud. Hemia i min se Spirit ya blong heven, we i Spirit blong God, hem i kamdaon finis, i stap long yufala. [Olgeta oli tokbaot hem, be yufala i stap givim glori long hem.”¹⁹

Long Garen blong Iden, Adam mo Iv, tufala i stap long “wan ples we oli no gat rong from oli no save samting, oli no gat glad, from oli no save wanem i bigfala harem nogud.”²⁰ Nao. Olsem ol man we yumi akaontebol, yumi faenem glad taem yumi winim bigfala harem nogud, long eni kaen wei, olsem

sin, tes, wiknes, o eni nara samting we i kam blokem hapines. Hemia i glad blong filim progres long rod ia blong stap wan disaepol; glad ia blong “from oli bin kam klin aot long ol sin blong olgeta, mo oli bin kasem pis long tingting;”²¹ glad ia blong filim sol blong wan i gro bigwan mo i groap tru long gladhat blong Kraes.²²

Glad ia blong Givim Seves Semmak Olsem Kraes

Sevyia i faenem glad blong mekem man i nomo save ded mo i kasem laef we i no save finis.²³ Taem hem i tokbaot Atonmen blong Sevyia, Presiden Russell M. Nelson i talem:

“Semma long evri samting, Jisas Kraes i stamba eksampol blong yumi, ‘taem hem i go blong i ded long kros, hem i luksave finis we bambae i save harem gud’” [Hibrus 12:2]. !Tingting long hemia! Blong Hem i stap gotru long ol bigfala nogud eksperiens ia we man i eva fesem long wol ia, !Sevyia i bin lukluk nomo long *glad*!

“Mo ?wanem glad nao i bin stap long fored blong Hem? Yes, i bin gat glad blong kam klin, blong hilim man, mo blong mekem yumi kam strong moa; glad blong pem sin blong evriwan we bae i sakem sin; glad blong mekem i posibol blong yu mo mi blong gobak hom—we yumi klin mo inaf—blong stap laef wetem Papa mo Mama blong yumi long Heven mo ol famli.”²⁴

Semma, glad ia we i stap long fored blong yumi, i glad ia blong helpem Sevyia long wok blong Hem blong pemaot man. Olsem laen mo ol pikinini blong Ebrahim,²⁵ yumi stap tekpat long wok blong blesem evri famli blong wol ia wetem “ol blesing blong Gospel, we oli ol blesing blong fasin blong sevem man, we i laef we i no save finis.”²⁶

Ol toktok blong Alma oli kam long maen blong mi:



“Hemia glori blong mi, se maet mi save kam wan tul long ol han blong God blong tekem sam sol oli kam blong sakem sin; mo hemia i glad blong mi.

“Mo luk, taem we mi luk plante long ol brata blong mi oli sakem sin long tru fasin, mo oli kam long Lod, God blong olgeta, ale sol blong mi i fulap long glad; . . .

“Be mi no glad long sakes blong miwan nomo, be glad blong mi i moa bigwan from sakes blong ol brata blong mi, we oli bin go antap long graon blong Nifae. . . .

“Nao, taem we mi tingbaot sakes blong olgeta ia, we oli ol brata blong mi, glad blong mi i tekem mi i go bitim mak we i olsem se hem i kamaot long bodi blong mi, from glad blong mi i bigwan tumas.”²⁷

Ol frut blong seves blong yumi i go long wanwan long yumi insaed long Jos, oli pat blong glad ia we i stap long fored blong yumi. Iven long ol taem we tingting i slak, o i fasfas, yumi save givhan wetem longfala tingting sapos yumi lukluk nomo long glad ia blong stap mekem gud long God mo tekem laet, help, mo hapines i go long ol pikinini blong Hem, ol brata mo sista blong yumi.

Taem mi bin stap long Haiti las manis, blong dedikese blong Potoprins Tempol, Elda David mo Sista Susan Bednar oli bin mitim wan yang sista we

man blong hem i jes ded sam dei bifo long wan bigfala aksiden. Oli bin krae tugeta wetem hem. Yet, long Sandei, dia woman ia i bin stanap long ples blong hem, olsem wan blong welkamem ol pipol long dedikese seves, wetem wan naes smael blong evriwan we i go insaed long tempol.

Mi biliv se bigfala “glad blong ol sent” i kam taem oli save se Sevy i stap toktok from olgeta,²⁸ mo i no gat man i save talemaot glad we [bae] i fulumap sol blong mifala long taem we mifala i harem [Jisas] i prea from mifala long Papa.”²⁹ Wetem Presiden Russell M. Nelson, mi testifae, se glad i wan presen we i blong ol fetful Sent “we oli bin stap tekem ol kros blong wol ia i gotru”³⁰ mo oli bin “minim blong traem laef long wan stret mo gud laef, olsem we Jisas Kraes i bin tijim.”³¹ Blong glad blong yumi i fulwan, mi prea long nem blong Jisas Kraes, amen. ■

OL NOT

1. Inos 1:3.
2. Luk long Russell M. Nelson, “Glad mo Traehad blong Laef long Saed blong Spirit,” <https://www.churchofjesuschrist.org/study/general-conference/2016/10/joy-and-spiritual-survival?lang=bis>, Okt 2016.
3. Russell M. Nelson, “Glad mo Traehad blong Laef long Saed blong Spirit.”
4. Luk long Bible Dictionary, “Saint.”
5. Malakae 3:14–15.
6. Malakae 3:17–18.
7. Sevy i bin talem se, wan Jos (o laef,) “sapos oli no bildimap folem gospel blong mi, mo oli bildimap folem ol wok blong ol man, o folem ol wok blong devel, i tru mi talem long yufala, bae oli gat glad long ol wok blong olgeta blong wan smol taem, mo i no longtaem en i kam, mo oli katemdaon olgeta mo sakem olgeta i go long faea, long ples ia we oli no save aot bakegen” (3 Nifae 27:11).
8. *Teachings of Presidents of the Church: Joseph Smith* (2007), 475.
9. Praevet leta.
10. 1 Nifae 11:22; luk tu long 1 Nifae 8:11.
11. 1 Nifae 8:12.
12. Jon 15:10–11; oli ademap italik.
13. Jon 16:33.
14. Jack Rushton, insaed long “Faith in Adversity: Jack Rushton and the Power

of Faith,” SmallandSimpleTV, Sept. 2, 2009, YouTube.com.

15. Luk long Allison M. Hawes, “It’s Good to Be Alive,” *Ensign*, Apr. 1994, 42.
16. Luk long Mosaea 24:14.
17. Jo Anne Rushton, insaed long Hawes, “It’s Good to Be Alive,” 43.
18. Jack Rushton, insaed long “Faith in Adversity: Jack Rushton and the Power of Faith.”
19. 1 Pita 4:14. Mo tu, tingbaot ol promes long 2 Nifae 9:18 mo 3 Nifae 12:12.
20. 2 Nifae 2:23; luk tu long Moses 5:10–11.
21. Mosaea 4:3.
22. Yumi tingbaot ol toktok blong Jemes we oli bin givim insperesen long Jisas Kraes blong “askem long God” (Jemes 1:5). Oli ves we oli kam faswan long hemia, oli no save gud long olgeta. “Ol brata blong mi. Taem yufala i kasem plante hadtaem, yufala i mas tekem evriwan se i wan glad; “[Yufala i save se taem yufala i winim ol samting we oli kam taem yufala, bae yufala i kam strong moa blong stanap longtaem.] “Mo yufala i mas stanap strong olwe gogo kasem en blong rod, blong bambae yufala i stret gud, yufala i no sot long wan samting, mo yufala i gat olgeta samting blong Kristin laef blong yufala” (Josef Smit Translesan, Jemes 1:2 [insaed long Jemes 1:2, futnot a]; Jemes 1:3–4).
23. Luk long Moses 1:39.
24. Russell M. Nelson, “Glad mo Traehad blong Laef long Saed blong Spirit; i stap long dak leta long orijinol.
25. “Mo sapos yufala i blong Kraes, ale, yufala i olsem ol laen ya blong Ebrahim. Mo bambae yufala i save kasem ol samting ya we God i promes finis blong givim long ol laen ya blong hem” (Galesia 3:29; luk tu long Jenesis 22:18; 26:4; 28:14; Ol Wok 3:25; 1 Nifae 15:18; 22:9; Doktrin mo Ol Kavenan 124:58).
26. Ebrahim 2:11.
27. Alma 29:9–10, 14, 16. Iven, Lod i talem long yumi: “Mo nao, !sapos glad blong yutufala bae i bigwan wetem wan sol we yutufala i bin tekem i kam long mi insaed long kingdom blong Papa blong mi, bambae glad blong yutufala i bigbigwan moa sapos yutufala i tekem plante sol i kam long mi!” (Doktrin mo Ol Kavenan 18:16). Ol Trifala Man blong Nifae, oli bin kasem promes se bae oli. kasem wan glad we i fulwan from se oli bin wantem blong tekem ol sol oli kam long Kraes “taem wol ia i stanap yet” (3 Nifae 28:9; luk tu long 3 Nifae 28:10).
28. Luk long Doktrin mo Ol kavenan 45 :3–5.
29. 3 Nifae 17:17.
30. 2 Nifae 9:18.
31. Russell M. Nelson, “Glad mo Traehad blong Laef long Saed blong Spirit.”



I KAM LONG MICHELLE CRAIG
Fas Kaonsela long Yang Woman Jeneral Presidensi

Paoa long Saed blong Spirit

*Olsem ol fetful disaepol blong Jisas Kraes,
yu save kasem ol insperesen mo revelesen
blong yuwan, we oli go wetem ol komanmen
blong Hem we oli stret blong yuwan.*

Taem mi stap lego Yang Woman Kamp long sama ia, wan swit yang woman i kam givim wan not long mi. Long leta, hem i askem, “?Hao nao mi save se God i stap traem blong talem wan samting long mi?”. Mi *lavem* kwestin blong hem. Ol sol blong yumi oli wantem tumas blong gat wan koneksen wetem hom blong yumi long Heven. Yumi wantem filim se yumi gat nid mo yumi gat yus. Be samtaem yumi trachad blong talem defren bitwin ol tingting blong yumi mo ol filing mo tingting we i kam long ol kaen mo kwaet fasin blong Spirit. Ol profet, blong bifo mo blong tedei oli bin tijim yumi se sapos wan samting i invaetem mo pulum tingting blong mekem gud, hemia i kam long Kraes.”¹

Presiden Russell M. Nelson i bin givim wan simpol invitesen mo i gat paoa: “Ol brata mo sista blong mi we mi lavem tumas, mi *plis* long yufala blong kam antap long *paoa blong yufala long spirit* blong kasem revelesen. . . Jusum blong mekem wok long saed blong spirit we bae i mekem yu gat presen we i Tabu Spirit mo harem

voes blong Spirit plante taem moa, mo moa klia.”²

Mi wantem tumas blong toktok long yufala long hat blong mi abaot fo wei blong kam antap long paoa blong yufala long spirit blong kasem revelesen.

1. Mekem I Kam wan Stamba Tingting blong yu blong Mekem Taem mo Spes blong Harem Voes blong God.

Taem yu yusum raet blong yu blong mekem joes blong mekemaot taem evri



dei blong kam moa kolosap long voes blong God, speseli long Buk blong Momon, afta sam taem i pas, bae voes blong Hem bae i kam moa klia mo bae yu save harem save.

Be i defren, taem *ol samting we i pulum tingting* mo *ol noes we i fulumap* wol mo ol hom mo laef blong yumi, i save mekem i moa had blong harem voes blong Hem. Ol samting we i stap pulum tingting blong yumi i save fulumap maen mo hat blong yumi mekem se yumi no gat rum blong smol kwaet voes blong Tabu Spirit.

Profet Josef Smit i bin tijim se plante taem God i soemaot Hemwan “long wanwan man mo woman long praevet, long ol rum blong olgetawan, long waelples o long garen, mo long ples wei nogat noes long hem o ples we bae man i no hambak long yu.”³

Setan i wantem blong seperetem yumi long voes blong God taem i stap blokem yumi long ol kwaet ples ia. Sapos God i toktok long wan kwaet smol voes, yu mo mi i mas kam kolosap blong harem Hem. !Pikjarem long maen blong yu sapos i hapen se yumi wantem blong stap konek wetem Heven olsem we yumi stap konek oltaem long Intanet!. Jusum wan taem mo ples blong stap lisin long voes blong God evri dei. Mo folem tabu plan stret evriwan, from plante samting i dipen long hemia.

2. Tekem Aksen mo no Pusumbak

Taem yu kasem ol kwaet smol voes ia mo wok folem, Lod bae i save yusum yu. Oltaem yu mekem olsem, bae yu kam blong harem save moa klia voes blong Spirit. Bae yu kam antap moa blong luksave se God i stap lidim yu, mo Hem i wantem blong talemaot maen mo tingting blong Hem.”⁴ Sapos yu pusumbak, maet yu fogetem kwaet smol voes o mestem janis blong helpem wan narawan blong God.

3. Karem long Lod Ol Wok ia blong Yu Mekem

Prea we Papa long Heven i wan-tem blong harem tumas i taem yumi prea mo toktok from wan narawan we i nidim help blong yumi. Presiden Eyring i bin tijim yumi blong lukaotem revelesen taem yumi askem God huia yumi save helpem, long bihaf blong Hem. “Spos yu askem ol kwestin olsem, Tabu Spirit bae i kam mo bae yu filim i toktok long yu abaot ol samting we yu save mekem blong ol nara pipol. Taem yu go mo mekem ol samting ia, yu stap long wok blong God, mo taem yu stap long wok blong God, yu kwalifae from presen we i Tabu Spirit.”⁵

Yu save prea mo askem Lod from wan wok blong Hem. Taem yu mekem olsem, Hem i save yusum ol skil blong yu blong mekem ol bigbigfala wok blong Hem oli hapen.

Bubuman blong mi, Fritz Hjalmar Lundgren, i kam stap long Swiden taem hem i gat 19 yia. Hem i kasem

Amerika hemwan, wetem wan sutkes mo hem i bin skul kasem klas 6 nomo. Hem i no save toktok Inglis, i go wok long Oregon olsem man blong katem-daon ol tri, mo afta, wetem bubuwo-man mo mama blong mi, oli joenem Jos. Hem i neva prisaed long wan wod, be olsem wan fetful hom tija, hem i karem i kam long Jos ova 50 defren famli i kam long Jos aktiviti. ?Hao nao hem i mekem hemia?

Afta we bubuman i ded, mi stap lukluk long bokis blong blong ol pepa blong hem mo faenem wan leta we wan man i bin raetem we i bin kambak long jos from lav blong bubuman. Leta ia i rid olsem: “Sikret blong brata Fritz, mi bilivim se, hem i oltaem stap long wan wok blong Papa long Heven.

Leta ia i kam long brata Wayne Simonis. Apu man i bin visitim hem mo kam blong save wanwan memba blong famli. Long stret taem, bubuman i talem se oli bin nidim olgeta, mo hem i invaet-tem olgeta blong kam long jos. Be long Sandei ia, Brata Simonis i girap wetem wan situesen we hem i mas mekem sam joes—hem i no finisim blong putum ruf long haos blong hem mo oli luk se bae i gat ren tu long wik ia. Hem i disaed blong go long jos mo sekhan wetem bubuman nomo, mo gobak long haos blong finisim ruf blong haos. Ol famli blong hem oli save go long jos nomata sapos hem i no go wetem olgeta.

Plan blong hem i bin wokaot gud nomo kasem taem hem i stap long ruf mo harem wan i stap klaem i kam antap long lada. Long toktok blong hem, hem i talem: “Taem mi lukluk i go antap . . . long top blong lada, mi luk brata Fritz. Hem i lukluk mi wetem wan bigfala smael. Fastaem mi sem mo filim olsem wan smol pikinini we tija i faenemaot hem from i ronwe long klas. Afta, Mi bin filim kros. Be Brata Fritz i tekemaot sut kot blong hem mo hangem long

lada. Taem hem i rolem han blong waet set blong hem i go antap, i tanem hem i kam long mi mo talem: ‘Brata Simonis, ?yu gat wan nara hama? Wok ia i mas impoten tumas ia long yu mekem se yu no save stap wetem famli blong yu, mo sapos i impoten long yu, mi wantem helpem yu.’ Taem mi luk insaed long ae blong ae blong hem, mi luk nomo kaen fasin mo lav blong Kraes. Kros blong mi i aot. . . . Mi putumdaon ol tul blong mi long Sandei ia mo folem gudfala fren blong mi i godaon long lada mo gobak long japel.

Bubuman i kasem wok blong hem i kam long Lod, mo save se hem i mas lukaotem ol sipsip we oli lus. I semmak olsem ol fo man ia we oli karem fren blong olgeta we i sik i kam antap long ruf blong slakem hem ia go daon blong Jisas i hilim hem,⁶ mo wok ia blong bubuman tu i tekem hem i go long wan ruf top. Lod i sendem revelesen long olgeta we oli stap lukaotem blong helpem ol narawan.

4. Bilivim mo Trastem

I no longtaem i pas, mi bin rid insaed long ol skripja abaot wan gudfala misinari we i bin kasem wok i kam long Lod. Eron i stap tijim king blong Ol Man blong Leman we oli stap askem olgetawan se from wanem brata blong Eron, Amon i no bin kam tu blong tijim hem. Mo Eron i talem long king: “Luk, Spirit blong Lod i singaotem hem *i go long narafala rod.*”⁷

Spirit i bin toktok long hat blong mi: wanwan long yumi i gat defren misin blong mekem, mo samtaem Spirit i save singaotem yumi long “narafala rod.” I gat plante wei blong bildimap kingdom blong God olsem ol disaepol blong Jisas Kraes, i blong mekem kavenan, mo blong kipim ol kavenan. Olsem wan fetful disaepol blong Hem, yu save kasem ol insperesen mo revelesen blong



yuwan oltaem wetem ol komanmen blong Hem we i stret blong yuwan nomo. Yu gat ol spesel misin mo rol blong mekem long laef mo bae i gat ol spesel help blong fulfilim olgeta.

Nifae, brata blong Jared, mo iven, Moses, oli bin gat wan bigfala wota blong krosem—mo wanwan long olgeta oli bin mekem long ol defdefren wei. Nifae i wokem “ol timba long fasin we i defren.”⁸ Brata blong Jared i bildim “ol sip we i sat gud olsem wan dis.”⁹ Mo Moses “oli wokbaot long drae graon long medel blong solwota.”¹⁰

Olgeta wanwan oli kasem ol daereksen we i kam stret blong olgetawan mo wanwan i trastem mo mekem folem. Lod i save gud olgeta we oli stap obei mo, long toktok blong Nifae, bae i mekem rere wan rod blong yumi, blong mekem samting ia we hem i talem long yumi blong mekem.”¹¹ Tingbaot se Nifae i talem, “*wan wei*”—be i no “*wei ia*.”

?Yumi stap mestem mo no stap luk-save wanwan wok we Lod i stap givim from se Hem i rere long “*wan wei*” we i defren long wanem we yumi stap tingting long hem?

Spirit i lidim mi long wan ples we i no stret—long wan sut, long wan ruf top, long wan Sandei. Trastem God se bae i lidim yu, iven sapos wei ia i luk defren long wanem we yu stap tingting long hem, o i defren long ol narawan.

Ol Lata-dei Sent oli kam long plante defren sep mo saes, be “Evriwan oli semmak long God”—“blak o waet, prisena o fri, man mo woman,” yangfala mo mared, rij mo pua, yangfala mo olfala, memba blong longtaem o oli jes stap konvet.¹² Nomata huia yu o wanem yu stap fesem, Lod i stap invaetem yu long tebol blong Hem.¹³

Taem yu lukaotem mo mekem tingting blong Papa i kam wan fasin blong evri dei laef blong yu, yes, bae yu wantem blong jenis mo sakem sin.



Jos niu program blong ol pikinini mo ol yut oli bildim antap long fande-sen blong stap lanem blong lukaotem revelesen, faenemaot wanem we Lod i wantem yumi blong mekem, mo afta, tekem aksen folem daereksen ia. Wanwan long yumi, nomata long yia o situesen, *yu save wokhad blong lukaotem, kasem mo tekem aksen*. Taem yu folem paten ia we i no save finis ia we oli putum ia long dei blong yumi, bae yu kam moa kolasap long Jisas Kraes—Lav blong Hem, laet blong Hem, daereksen blong Hem, pis blong Hem, mo hiling mo paoa blong Hem blong mekem samting. Mo bae yu save kam antap long paoa blong yu long Spirit blong kam wan evri dei tul long han blong Hem blong mekem ol bigfala wok blong Hem i hapen. Long nem blong Jisas Kraes, amen. ■

OL NOT

1. David A. Bednar, insaed long Face to Face with Elder and Sister Bednar (worldwide youth broadcast, May 12, 2015), facetoface.ChurchofJesusChrist.org; luk tu long Moronae 7:16.
2. Russell M. Nelson, “Revelesen blong Jos, Revelesen blong Laef blong Yumi,” *Liahona*, Mei 2018, 96; oli ademap italik.
3. *Teachings of Presidents of the Church: Joseph Smith* (2007), 121.
4. Russell M. Nelson, “Revelesen blong Jos, Revelesen blong Laef blong Yumi,” 96.
5. Henry B. Eyring, insaed long “President Eyring 1990s,” *Deseret News*, Apr. 2, 2009, deseretnews.com.
6. Luk long Mak 2:1–12.
7. Alma 29:4; oli ademap italik.
8. 1 Nifae 18:1.
9. Luk long Ita 6:5–8.
10. Eksodas 14:29.
11. 1 Nifae 3:7.
12. 2 Nifae 26:33.
13. Luk long Quentin L. Cook, “Evri Dei Ia we I No Save Finis,” *Liahona*, Nov. 2017, 51.



I KAM LONG ELDA DALE G. RENLUND
Blong Kworom blong Olgeta Twelef Aposol

Komitmen we I No Muvmuv long Jisas Kraes

God i stap invaetem yumi blong sakem fulwan ol ofala fasin blong yumi i go we yumi no save karembak, mo statem wan niu laef wetem Kraes.

Las Epril, mi gat spesel janis blong dediketem Kinsasa, Dimokratik Ripablik blong Kongo Tempol.¹ Toktok i no save talem glad blong Ol Man Kongo mo mi, blong luk wan tempol we oli dediketem long ples blong olgeta.

Olgeta we oli go insaed long Kinsasa Tempol oli luk wan orijinol peinting, we oli singaotem *Ol Kongo Wotafol*.² Long spesel wei, i mekem olgeta we oli go long tempol oli tingbaot komitmen ia we oli mas mekem blong angkarem olgetawan long Jisas Kraes mo blong folem kavenan rod ia blong plan blong Papa long Heven. Ol wotafol ia long peinting, i mekem man i tingbaot wan praktis we i bin stap hapen moa long wan hundred yia bifo, long medel blong Ol Kristin man long Kongo.



Kinsasa Dimokratik Ripablik blong Kongo Tempol

Bifo oli jenisim laef blong olgeta, oli bin stap wosipim ol samting we i no muv, i no gat laef, mo biliv se ol samting ia oli gat bigfala strong paoa.³ Afta we oli jenisim laef, plante oli tekem rod i go long wan long ol wotafol folem Reva blong Kongo, olsem Nsongo Wotafol.⁴ Ol konvet ia oli sakem ol aedol samting blong olgeta insaed long wotafol, olsem wan saen long God mo ol narawan, we oli stap sakemaot ol ofala kastom, mo oli stap akseptem Jisas Kraes. Oli minim blong no sakem ol aedol blong olgeta long ol wota we



Ol Wotafol blong Kongo, i kam long David Meikle

oli no dip mo stap kwaet; oli bin sakem olgeta long wota we i tantanem mo i dip, long ples we oli no save go karem ol samting ia. Ol aksen ia, oli wan saen blong stat blong wan komitmen we i no muvmuv, long Jisas Kraes.

Ol pipol long ol nara ples mo taem, oli bin soem komitmen blong olgeta long Jisas Kraes long ol semmak wei.⁵ Pipol ia, long Buk blong Momon, we oli save olsem ol Antae-Nifae-Lihae “oli putum daon ol tul blong faet blong olgeta we oli yusum taem oli go agen-sem man,” oli berem olgeta “dip long graon” olsem “wan testimoni long God . . . se bae oli nomo yusum ol tul blong faet bakegen.”⁶ Taem oli bin mekem olsem, oli bin stap promes blong folem ol tijing blong God mo neva tingting-bak long komitmen ia blong olgeta. Komitmen ia, i stat blong “jenisim laef blong olgeta long Lod” mo neva foldaon bakegen.⁷

Blong “jenisim laef long Lod” i minim blong aot long wan rod blong aksen, we wan ofala bilif sistem i talem, mo tanem i go long wan niuwan we i stanap long fet long Papa long Heven, mo long Jisas Kraes mo Atonmen blong Hem. Jenis ia, i moa bitim blong akseptem wetem tingting, ol tijing ia blong gospel. I jenisim aedentiti, i tanem wei blong andastanem mining blong laef, mo i lidim yumi blong stap tru olwe long God. Ol samting we yumi wantem we oli agensem hemia blong fasin blong hang strong long Sevyia mo folem kavenan rod ia, bae i go lus, mo strong tingting blong folem tingting blong Papa long Heven i tekem ples.

Taem yumi jenisim laef blong yumi i go long Lod, i stat wetem wan komitmen, we i no muvmuv, long God, mo afta, mekem komitmen ia i pat blong huia yumi. Blong tekem insaed long yumi, wan kaen komitmen olsem, i tekem ful laef mo i nidim fasin blong



gat longfala tingting mo blong sakem sin. Long en, komitmen ia i kam pat blong huia yumi, we i fas gud long fasin blong yumi, mo i stap oltaem insaed long laef blong yumi. Be, semmak olsem we yumi neva fogetem nem blong yumi-wan nomata wanem yumi stap tingting long hem, bae yumi neva fogetem wan komitmen we oli raetem gud long hat blong yumi.⁸

God i stap invaetem yumi blong sakem fulwan ol olfala fasin blong yumi i go, we yumi no save karembak, mo statem wan niu laef wetem Kraes. Hemia i hapen taem yumi stap developem fet long Sevyia, we i stat taem yumi harem testimoni blong olgeta we oli gat fet.⁹ Mo afta, fet we i kam dip moa taem yumi tekem aksen long sam wei we yumi angkarem yumi moa strong long Hem.¹⁰

Maet bae i gud sapos, fet we i kam antap, yumi pasem olsem flu o kof. Nao, bae yumi snis long saed blong spirit blong bildimap fet blong ol nara man. Be i no wok olsem. Wan wei nomo we fet i gro, i blong wan i tekem aksen wetem fet. Ol aksen ia, plante taem oli kam tru long ol invitesen blong ol nara-wan, be yumi no save mekem fet blong wan narawan i “gro” o yumi no save dipen long ol narawan blong mekem fet blong yumi i gro. Blong fet blong yumi i gro, yumi mas jusum ol aksen we i bildimap fet, olsem blong stap prea,

stadi long ol skripja, tekem mo kakae sakramen, obei ol komanmen, mo givim seves long ol narawan.

Taem fet long Jisas Kraes i stap gro, God i stap invaetem yumi blong mekem ol promes wetem hem. Ol kavenan ia, o promes olsem we yumi save, oli kamaot tru long jenis long laef blong yumi. Ol kavenan oli krietem wan sua fandesen blong progres long saed blong spirit. Taem yumi jusum blong kasem baptaes, yumi stat blong tekem, long yumiwan, nem blong Jisas Kraes,¹¹ mo jusum blong karem aedentiti blong Hem. Yumi promes strong blong kam olsem Hem mo developem ol fasin blong Hem.

Ol kavenan blong yumi oli angka-rem yumi long Sevyia mo i pusum yumi folem rod ia we i go long hom blong yumi long heven. Paoa blong ol kavenan i helpem yumi blong holemtaet wan bigfala jenis long hat, tanem laef blong yumi i bigwan moa long Lod, mo gat pikja blong Kraes moa fulwan long fes blong yumi.¹² Be ol hafhaf komitmen long ol kavenan, bae i no meksua se bae yumi gat eni samting.¹³ Bae yumi gat temtesen blong kam slak, sakem ol olfala fasin blong yumi long kwaet wota; o berem ol tul blong faet blong yumi wetem handel i kamaot. Be wan sapos yumi no komitim yumi fulwan long ol kavenan ia, hemia bae i no openem doa

blong paoa blong Papa long Heven mo Jisas Kraes i mekem yu kam tabu.

Komitmen blong yumi, blong kipim ol kavenan blong yumi, i no mas dipen o jenis folem situesen blong yumi long laef. Hamas yumi tru long God i mas olsem Kongo Reva ia we i stap ron kolosap long Kinsasa Tempol. Reva ia, i no olsem ol nara reva long wol, i ron semmak ful yia,¹⁴ i stap sakem 11 milian galon wota long wan seken i go long Atlantik solwota.

Sevyia i bin invaetem ol disaepol blong Hem, blong man i save dipen long olgeta, mo oli no muvmuv. Hem i talem: “From hemia, putum gud hemia long hat blong yufala, se bae yufala i mekem ol samting we bae mi tijim, mo givim komanmen long yufala blong mekem.”¹⁵ Taem yumi “putum gud” tingting blong yumi blong kipim ol kavenan blong yumi, i openem rod blong God i mekem evri promes blong Hem blong yumi save gat wan glad we i stap oltaem.¹⁶

Plante long ol fetful Lata-dei Sent oli bin soem se oli putum gud tingting blong olgeta taem oli kipim kavenan blong olgeta wetem God, mo oli jenis blong oltaem. Bae mi tokbaot tri kaen pipol olsem—Brata Banza Mucioko, Sista Banza Regine, mo Brata Mbuyi Nkitabungi.

Long 1977, Banza famli i stap long Kinsasa long kantri ia, Sahir, we tedei

i Dimokratik Ripablik blong Kongo. Oli ol pipol we oli respektem olgeta insaed long Protestan jos komuniti. From talen blong olgeta, jos blong olgeta i mekem rod blong yang famli i go kasem Switselan blong stadi mo oli kasem wan yunivesiti skolasip.

Taem oli bin stap long Jeniva, long bas blong olgeta we i go long skul, Brata Banza i luk wan smol jos miting-haos wetem nem ia: "Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent." Hem i stap askem hemwan: "?Jisas Kraes i gat Ol Sent naoia, long ol las dei ia?" Long en, hem i bin disaed blong go mo luk.

Oli welkamem Brata mo Sista Banza long branj. Tufala Banza i askem ol bigfala kwestin we tufala i gat abaot God, olsem "Sapos God i wan spirit, olsem win, ?hao nao oli kriitem yumi i olsem Hem? ?Hao nao Hem i save sidaon antap long jea blong king?" Tufala Banza i neva kasem wan gud ansa kasem taem we ol misinari oli eksplenem doktrin we i bin kambak, long wan sot lesen. Taem tufala misinari i go, tufala Banza i lukluk tufala mo talem: "?Be i no trutok ia we yumitu jes harem?" Tufala i bin gohed blong kam long Jos mo mitim ol misinari. Tufala i bin save se sapos tufala i baptaes long Jos Ia blong Jisas Kraes, we i kambak, bae i gat samting i kam biaen. Bae oli lusum skolasip blong tufala, nomo gat



visa, mo tufala wetem ol tufala smol pikinini, bae oli mas aot long Switselan. Oli bin jusum blong kasem baptaes mo konfemesen long Oktoba 1979.

Tu wik afta long baptaes blong tufala, Brata mo Sista Banza i gobak long Kinsasa olsem fas mo seken memba blong Jos insaed long kantri blong tufala. Ol memba blong Jeniva Branj oli stap gat kontak wetem tufala mo helpem tufala blong kasem ol lida blong Jos. Oli bin leftemap tingting blong tufala blong stap fetful mo wet long promes taem ia, taem we God bae i stanemap Jos blong Hem long Sahir.

Long sem taem ia, wan nara studen blong Sahir, Brata Mbuyi i bin stap stadi long Beljiom. Hem i bin baptaes long 1980, long Brasel Wod. I no longtaem afta, hem i bin go long wan fultaem misin long Inglan. Mo God i wokem ol merikel blong Hem. Brata Mbuyi i gobak long Sahir olsem nambatri memba blong Jos long kantri blong hem. Wetem raet blong papa mo mama blong hem, oli bin holem ol miting blong Jos insaed long famli

hom blong hem. Long Febwari 1986, oli saenem wan petisen blong gavman i mas luksave Jos. I nidim signeja blong trifala sitisen blong Sahir. Trifala hapi man blong saenem petisen i, Brata Banza, Sista Banza, mo Brata Mbuyi.

Ol strongfala memba ia oli bin save trutok taem oli bin harem; oli bin mekem wan kavenan long baptaes we i bin angkarem olgeta long Sevy. Be long wan simbol wei, oli bin sakem ol olfala wei blong olgeta long wan strong wotafol, mo no gat tingting blong go karembak olgeta. Kavenan rod ia, i neva bin isi. Trabol blong politik, smol kontak wetem ol lida blong Jos, mo ol jalenj we i kam blong bildimap wan komuniti blong Ol Sent, bae i save daonem tingting blong sam we oli no komitim olgeta. Be, Brata mo Sista Banza, mo Brata Mbuyi, oli bin stap strong long bilif blong olgeta. Oli bin stap long dedikesen blong Kinsasa Tempol, 33 yia afta we oli bin saenem petisen ia we i mekem se gavman i luksave Jos long Sahir.

Tufala Banza i stap ia long Konfrens Senta tedei. Tufala i kam wetem tufala boe blong tufala, Junia mo Phil, mo ol aeneli blong tufala, Annie mo Youyou. Long 1 Jun 1986, Junia mo Phil Banza, tufala i bin faswan blong baptaes insaed long Jos long Sahir. Brata Mbuyi i bin stap long Kinsasa mo luk wanem i bin stap hapen wetem waef blong hem, Maguy mo ol faevfala pikinini blong tufala.

Olgeta paconia ia, oli bin andastanem mining blong ol kavenan we, tru long olgeta, oli bin kam long "save ia long Lod, God blong olgeta, mo blong



Banza Mucioko, Banza Régine, mo ol boe blong tufala



Mbuyi Nkitabungi taem hem i bin fultaem misinari

oli glad long Jisas Kraes, Ridima blong olgeta.”¹⁷

?Hao yumi angkarem yumi long Sevyta mo gohed blong stap fetful olsem olgeta ia mo plante ten blong ol taosen blong Kongo Sent we oli bin folem olgeta mo ol milian moa raon long wol? Sevyta i tijim yumi olsem wanem. Evri wik, yumi tekem mo kakae sakramen blong tingbaot mo mekem wan kavenan wetem Papa blong yumi long Heven. Yumi joenem aedentiti blong yumi wetem hemia blong Sevyta, taem yumi mekem strong promes blong stap glad blong tekem nem blong Hem long yumi, oltaem tingbaot Hem, mo obei ol komanmen blong Hem.¹⁸ Taem we, wetem tingting, yumi stap rere mo stap klin inaf blong mekem olgeta kavenan ia, evri wik, i mekem yumi angka i strong long Sevyta i helpem yumi blong tekem komitmen ia insaed long yumi,¹⁹ mo pusum yumi wetem paoa folem kavenan rod ia.

Mi stap invaetem yufala blong komitmen yufala blong kam wan disae-pol long ful laef taem blong yufala. Mekem mo kipim ol kavenan Sakemaot ol olfala fasin blong yu long wota we i dip mo i stap tantanem. Berem fulwan ol tul blong faet blong stap agens mo no letem handel blong hem i kamaot. From Atonmen blong Jisas Kraes, blong mekem ol kavenan wetem tru tingting blong folem olgeta, bae

i jenisim laef blong yu blong oltaem. Bae yu kam moa olsem Sevyta taem yu oltaem tingbaot Hem, folem Hem, mo lavem Hem. Mi testifae se Hem i strong fandesen. Yumi save dipen long Hem, mo promes blong Hem i tru. Long nem blong Jisas Kraes, amen. ■

OL NOT

1. Dedikesen i bin tekem ples long wan Palm Sandei, 14 Epril 2019, olsem we Presiden Russell M. Nelson i bin givim wok long hem from.
2. Artis ia, David Meikle, i bin pentem *Ol Wotafol blong Kongo* mo i bin wok wetem ol foto blong Kiubu Wotafol. Ol Kiubu Wotafol oli stap samples 400 kilometa Not long Lubumbasi, long Saot Is pat blong Dimokratik Ripablik blong Kongo.
3. Ol samting ia, oli bin save olgeta olsem ol *inkisi* long lanwis blong Kikongo, mo olsem ol *fetis* long Franis. Toktok ia, long Inglis lanwis, hem i “ol amulet,” “ol talisman,” o “ol fetis.”
4. David Meikle, i bin pentem tu *Ol Wotafol blong Nsongo* mo i bin wok wetem ol foto blong wotafol ia. Ol Nsongo Wotafol oli stap samples 130 kilometa long Kinsasa Dimokratik Ripablik blong Kongo. Reva ia, we i stap long bed blong ol wotafol ia, oli save long hem olsem *Nsadi Inkisi* o, “Reva blong Ol Fetis.” Nem ia i soem praktis we oli tokbaot long nem blong hem.
5. Long 1000 AKD, ol hed blong ol klan blong Aeslan oli bin mit tugeta blong yia, tu wik *Allting*, we i olsem wan asembli we i stap mekem ol loa we evriwan bae i mas folem. Wan man, nem blong hem Thorgeir, oli bin askem hem blong mekem desisen blong evriwan blong jenisim laef i kam long Kristin fasin, o blong gohed blong wosipim ol god blong Norsir. Afta long tri dei we hem i bin sarehem insaed long tenet blong hem, Thorgeir i bin talemaot desisen blong hem: bae ol klan ia bae oli kam Ol Kristin

Man. Taem we Thorgeir i bin stap gobak long vilej blong hem, hem i tekem ol aedol ia blong Norsir God, mo i bin sakem olgeta long wotafol ia, we naolia oli save olsem *Godafos*, o “Wotafol blong Ol God.” Aksen ia i saen blong ful jenis long laef blong Thorgeir i go long Kristin fasin.

6. Alma 23:13; 24:17–18.
7. Luk long Alma 23:6; David A. Bednar, “Converted unto the Lord,” *Liahona*, Nov. 2012, 106–9.
8. Luk long Esikel 11:19–20; 2 Korin 3:3.
9. Luk long Rom 10:14, 17.
10. Luk long *Prijim Gospel blong Mi: Wan Gaed long Misinari Seves*, rev. ed. (2018), 203.
11. Luk long Dallin H. Oaks, “Taking upon Us the Name of Jesus Christ,” *Ensign*, May 1985, 80–83.
12. Luk long Alma 5:12–14.
13. Luk long Doktrin mo Ol Kavenan 82:10.
14. Kongo reva i reva ia we i moa dip, mo i sekenwan we i gat moa paoa, mo i nambanaen reva we i moa longwan long wol. From se hem i krossem ikwato tu taem, wan pat blong reva ia i stap long taem blong ren oltaem, i mekem se wota blong hem i ron oltaem. Taem wota blong hem i ron oltaem, i mekem se hem i stap ron gud oltaem ful yia, mo i stap sakem 41 taosen kubik mita wota long wan seken, iven sapos ret ia i save defdefren ova long ol yia (samples bitwin 23,000 kasem 75,000 kubik mita long wan seken).
15. Josef Smit Translesen, Luk 14:28 (insaed long Luk 14:27, futnot b).
16. Luk long 2 Nifae 9:18; Russell M. Nelson, “Glad mo Traehad blong Laef long Saed blong Spirit,” *Jeneral Konfrens*, Okt 2016. Presiden Nelson i bin talem se: “Glad i wan presen we i blong olgeta we oli stap fetful.”
17. Alma 37:9.
18. Luk long Doktrin mo Ol Kavenan 20:77. Long Misin Lidasip Semina long Jun 2019, afta we hem i bin tekem mo kakae sakramen, bifo hem i givim mesej blong hem, Presiden Russell M. Nelson i talem: “Wan tingting i kam long mi se, taem mi bin mekem wan kavenan tedei, hemia nao i moa impoten bitim mesej we mi bin rere long hem. Mi bin mekem wan kavenan taem mi bin tekem sakramen, se bae mi rere blong tekem nem blong Jisas Kraes long miwan, mo mi mi wantem obei ol komanmen blong Hem. Plante taem, mi harem toktok ia se yumi tekem mo kakae sakramen blong riniu ol kavenan we yumi bin mekem long taem blong baptaes. Hemia i tru, be i moa bitim hemia. Mi bin mekem wan niu kavenan. Yufala i bin mekem ol niu kavenan. Naolia, blong givimbak toktok ia we i talem se bae yumi oltaem gat spirit blong Hem wetem yumi. !Hem i wan blessing!”
19. Luk long 3 Nifae 18:12.



Banza Régine mo Banza Mucioko



Mbuyi Nkitabungi mo Mbuyi Maguy



I KAM LONG ELDA DALLIN H. OAKS
Fas Kaonsela long Fas Presidensi

Gat Tras long Lod

*Wan samting nomo we yumi save dipen
long hem i blong trastem Lod mo lav we
Hem i gat long ol pikinini blong Hem.*

Ol dia brata mo sista. Wan leta we mi kasem longtaem finis i presentem topik blong toktok blong mi. Hem we i rael i bin stap tingting long wan tempol mared blong wan man we kompanion blong hem i bin ded finis. Hem bae i seken waef. Hem i askem kwestin ia: ?Bae woman ia i save gat haos blong hemwan long nekis laef, o bae i laef wetem hasban blong hem mo fas waef blong hem? Mi talem long hem se bae hem i trastem Lod nomo.

Mi gohed wetem wan eksperiens we mi harem long wan gudfala fren we mi stap wok wetem, mo mi serem wetem rael blong hem. Afta we long ded blong waef we hem i lavem tumas mo mama blong ol pikinini blong hem i ded, wan papa i mared nambatu taem. Sam bigfala pikinini oli agensem nambatu mared ia, mo oli askem advaes blong wan famli we i bin wan Jos lida we oli respektem. Afta we hem i harem tingting blong agens blong olgeta, we i lukluk nomo long ol kondisen mo ol rilesensip long spirit wol, o long ol kingdom blong glori we i kam afta long Las Jajmen, lida ia i talem: “Yufala i stap wari long ol rong samting. Yufala i sapos blong wari se bae *yufala* nao i kasem ol ples ia o no. Tingting nomo long hemia. Sapos yufala i kasem ol

ples ia, evri samting bae i gudgudfala moa bitim wanem yufala i stap tingting long hem.”

!Hemia wan tijing blong kamfot!
!Gat Tras long Lod!

Aot long ol leta we mi bin kasem, mi save se i gat ol narawan we ol kwestin blong spirit wol i trabolem olgeta; spirit wol ia we bae yumi stap long hem afta yumi ded mo bifo yumi laef bakegen long ded. Sam oli ting

se spirit wol ia i gohed wetem plante long ol situesen blong laef long wol ia, mo wetem ol samting we yumi stap gotru long olgeta long laef long wol ia. ?Wanem nao yumi rili save abaot ol situesen long spirit wol? Mi biliv se wan profesa blong relijin long BYY i tokbaot hemia mo i talem stret: “Taem yumi askem yumiwan wanem nao yumi save abaot spirit wol, aot long ol tabu standet buk, ansa hem i “i no hamas we yumi ting long hem.””¹

I tru. Yumi save aot long ol skripja se, afta we bodi blong yumi i ded, bae yumi gohed blong laef olsem ol spirit long spirit wol. Ol skripja oli tijim yumi tu se spirit wol ia, i gat tu ples, mo i gat ples blong olgeta we oli “stret mo gud” o “stret” long laef ia, mo olgeta we oli bin gat fasin nogud. Ol skripja oli tokbaot tu hao sam fetful spirit oli stap tijim gospel long olgeta we oli nogud o oli stap agens (luk long 1 Pita 3:19; Doktrin mo Ol Kavenan 138:19–20, 29, 32, 37). Moa impoten, revelesen blong tedei i talemaot se wok blong

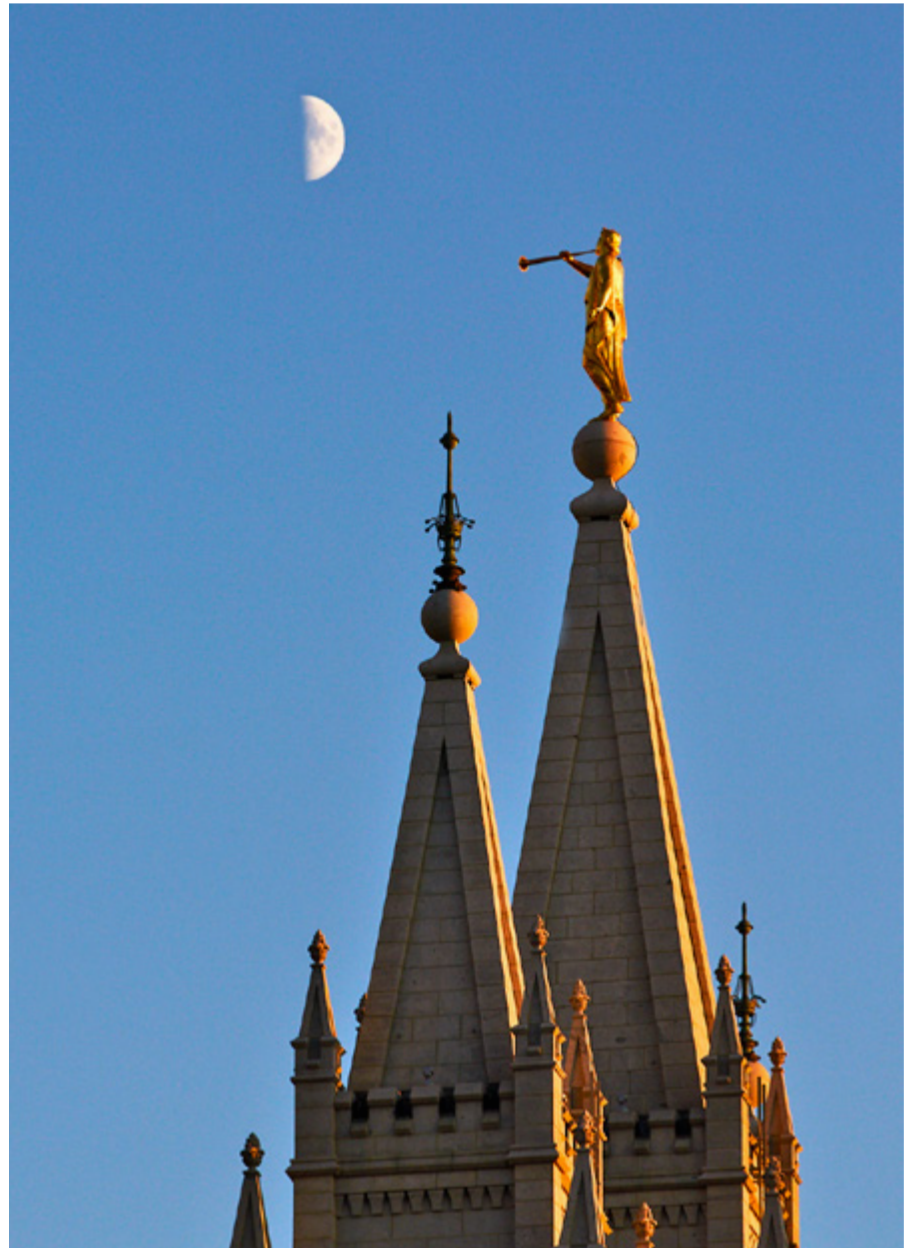


fasin blong sevem man i stap gohed long spirit wol (luk long Doktrin mo Ol Kavenan 138:30–34, 58), mo nomata oli askem strong long yumi blong no pusumbak taem blong sakem sin long wol ia, (luk long Alma 13:27), oli tijim yumi se i posibol blong sakem sam sin long spirit wol (luk long Doktrin mo Ol Kavenan 138:58).

Wok blong fasin blong sevem man long spirit wol, i blong mekem ol spirit oli kam fri long wanem ol skripja oli tokbaot se i “fasin blong stap long kalabus.” Evriwan we oli stap long spirit wol, oli stap long sam wei blong stap long kalabus. Revelesen blong Presiden Josef F. Smit, insaed long seksen 138 blong Doktrin mo Ol Kavenan, i talem se olgeta dedman we oli stret mo gud, we oli stap long “pis” (Doktrin mo Ol Kavenan 38:22) taem oli stap wet long Laef Bakegen long Ded (luk long Doktrin mo Ol Kavenan 138:16), “oli bin tekem se fasin we spirit blong olgeta oli stap longwe long bodi blong olgeta longtaem tumas i olsem blong stap long kalabus” (Doktrin mo Ol Kavenan 38:50).

Olgeta man nogud oli safa wan moa wei blong stap long kalabus. From sam sin we oli no bin sakem, oli stap long wanem Aposol Pita i talem se i wan spirit “kalabus” (1 Pita 3:19; luk tu long Doktrin mo Ol Kavenan 138:42). Olgeta spirit ia we oli talem se oli “prisena” o oli holemtaet olgeta (Doktrin mo Ol Kavenan 138:31, 42) olsem “oli sakemaot olgeta i go long bigfala tudak; bae oli krae, mo bae oli krae sore mo bae oli kakae tut blong olgeta” taem oli stap wet long laef bakegen long ded mo jajmen (Alma 40:13–14).

Blong evriwan long spirit wol i laef bakegen long ded, i wan samting we bae i hapen from Laef Bakegen long Ded blong Jisas Kraes (luk long 1 Korin 15:22), i nomata se i hapen long ol defren taem blong ol defren grup. Kasem taem



ia we Lod i jusum, wanem ol skripja oli talem long yumi abaot wanem i stap gohed long spirit wol, i abaot wok blong fasin blong sevem man. I no gat tumas nara samting. Oli prijim gospel long olgeta we oli no save, olgeta we oli no sakem sin, mo olgeta we oli agens, blong oli save kam fri long kalabus, mo go from ol blesing we Papa long Heaven we i gat lav, i gat long olgeta.

Kalabus long spirit wol we olgeta stret mo gud sol we oli jenisim laef, i nid ia blong oli stap wet—mo maet blong pusum wok—blong mekem ol proksi odinens blong olgeta long wol ia blong

oli save kasem baptaes mo stap glad long ol blesing blong Tabu Spirit (luk long Doktrin mo Ol Kavenan 138:30–37, 57–58).² Ol proksi odinens ia, long wol ia, i givim paoa blong oli wok long ol prishud ofis blong olgeta blong mekem bigwan grup blong ol stret mo gud pipol we oli save prijim gospel long ol spirit insaed long kalabus.

Bitim ol besik samting, ol skripja blong yumi oli no talem plante samting abaot spirit wol ia we i kam afta long ded mo i stap bifo long Las Jajmen.³ ?So wanem moa yumi save abaot spirit wol? Plante long ol memba blong Jos



oli bin gat ol visen, o ol nara insperesen blong talemaot long olgeta abaot wei we ol samting oli wok, o hao oli oganaes long spirit wol, be ol eksperiens ia oli blong wanwan, mo oli no mas andastanem o tijim olsem se hem i ofisol doktrin blong Jos. Mo i tru. I gat fulap samting we ol memba mo ol narawan oli stap pablisim, olsem ol buk abaot taem we wan i kam kolosap long ded.⁴

Long saed blong evri samting ia, ol waes woning blong Elda D. Todd Christofferson mo Neil L. Andersen long ol fas mesej blong jeneral konfrens, oli impoten blong yumi tingbaot. Elda Christofferson i tijim se: “Yumi mas tingbaot se i no evri toktok we wan lida blong Jos i talem, blong bifo o tedei, we i minim se hemia nao doktrin. Yumi evriwan i andastanem se, insaed long Jos, se wan toktok we wan lida i bin talem long wan taem nomo, plante taem, i stap olsem wan tingting blong hemwan, be i no minim se i ofisol o ful Jos i mas folem.”⁵

Long konfrens afta, Elda Andersen i bin tijim prinsipol ia: “Doktrin ia, evri 15 memba blong Fas Presidensi mo Kworum blong Olgeta Twelef Aposol oli stap tijim. Hemia i no haed long wan paragraf blong wan toktok.”⁶ Famli ofisol toktok, we evri 15 profet, sia mo reveleta oli saenem, i wan gudfala eksampol blong prinsipol ia.

Bitim wan samting we i ofisol olsem famli ofisol toktok, ol profet tijing blong ol Presiden blong Jos, we ol nara profet mo aposol oli konfemem, oli wan eksampol tu blong prinsipol ia. Long saed blong wanem i stap hapen long spirit wol, Profet Josef Smit i bin givim tufala tijing kolosap long en blong seves blong hem we olgeta we oli kam biaen oli bin gohed blong tijim. Wan long ol tijing blong hem, insaed long toktok blong King Folet, i we ol memba blong famli we oli bin stap stret mo gud, bae oli stap tugeta long wol blong ol spirit.⁷ Wan narawan, i toktok ia long wan fenerol long las yia blong laef blong hem: “Ol spirit blong olgeta we oli stret, oli mekem olgeta oli kasem wan wok we i moa bigwan mo i gat moa glori . . . insaed long wol blong ol spirit. . . . Oli no stap longwe long yumi, mo oli save mo andastanem ol tingting, filing, mo wokbaot blong yumi, mo plante taem, oli harem nogud from.”⁸

So, ?olsem wanem long kwestin we mi askem fastaem abaot ples we ol spirit oli stap long hem? Sapos kwestin ia i defren smol o i no impoten long yu, tingting long hamas kwestin blong yu, o iven olgeta we yu traem faenem wan ansa afta we yu bin harem wan narawan i talem wan samting. Abaot evri kwestin long saed blong spirit wol, mi wantem givim tufala ansa. *Faswan*, tingbaot se God i lavem ol pikinini blong Hem mo bae i mekem wanem i bes long wanwan long yumi. *Seken*, tingbaot Baebol tijing ia, we i bin helpem mi from plante kwestin we i no gat ansa:

“I nogud yu ting se save ya blong yu naoia, hem i naf blong givhan long yu. Yu mas trastem Hae God long olgeta tingting blong yu

“Long [evri samting] . . . yu mas tingbaot hem oltaem, mo . . . hem bambae i soemaot stret rod long yu . . .” (Ol Proverb 3:5–6).

Semmak, Nifae i endem sam blong hem wetem ol toktok ia: “O Lod, mi bin trastem yu, mo bae mi trastem yu blong oltaem.” Bae mi no putum tras blong mi long han blong bodi blong mit mo bun” (2 Nifae 4:34).

Yumi evriwan, long praevet, yumi save askem yumiwan abaot ol situesen long spirit wol, o iven tokbaot olgeta kwestin ia mo ol kwestin we oli no gat ansa wetem ol famli, o long ol moa praevet taem. Be yumi no mas tijim wanwan long yumi o yusum olsem wan ofisol doktrin, wanem we i no standet blong ofisol doktrin. Taem yumi mekem, i no tekem wok blong Lod i go longwe, mo i save mekem wanwan i nomo lukaotem blong kam gud moa tru long revelesen we bae hem i kasem hemwan olsem we i plan we Lod i gat long wanwan long yumi. Blong stap dipen tumas long ol tijing blong yuwan o blong narawan, bae i save mekem yumi nomo tingting strong blong lanem samting we *bae* i mekem andastaning blong yumi i go moa mo i helpem yumi muv fored long kavenan rod ia.

Blong trastem Lod i wan tijing we yumi save gud mo i tru insaed long Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent. Hemia i bin tijing blong Josef Smit taem we ol fas Sent oli bin fesem plante agens mo ol hadtaem we i luk se oli no save winim.⁹ Hemia i stil bes prinsipol we yumi save yusum taem we ol hadwok blong yumi blong lanem, o blong traem faenem kamfot i fesem ol samting we Lod i no talemaot yet, mo Jos i no tekem yet se i wan ofisol doktrin blong Jos.

Semfala prinsipol ia i semmak wetem ol kwestin we i no gat ansa, abaot ol siling long nekis laef, o ol samting we yumi wantem stretem from sam samting we i bin hapen, o sam sin we i bin hapen long laef ia. I gat fulap samting we yumi no save yet, we i mekem se, wan stret samting we yumi save, i

blong gat tras long Lod mo lav we hem i gat long ol pikinini blong Hem.

Blong endem, wanem we yumi save abaot spirit wol, i we, Papa mo Pikinini, wok blong Tufala blong sevem ol man i stap gohed longwe. Sevy blong yumi i statem wok ia blong talem se olgeta we oli prisena bae oli kam fri (luk long 1 Pita 3:18–19; 4:6; Doktrin mo Ol Kavenan 138:6–11, 18–21, 28–37), mo wok ia i gohed taem we ol mesenja we oli klin inaf mo oli kwalifae oli gohed blong prijim gospel, wetem fasin blong sakem sin, long olgeta we oli stil nidim blong kam klin (luk long Doktrin mo Ol Kavenan 138:57). Stamba tingting blong evri samting ia, i stap long ofisol doktrin blong Jos, we revelesen blong tedei i givim.

“Olgeta dedman we oli sakem sin bae Lod i pemaot olgeta, tru long fasin blong obei long ol odinens blong haos blong God,

“mo afta we oli pem panismen blong fasin blong olgeta blong brekem loa, mo Lod i wasem olgeta oli kam klin, bae oli kasem wan praes folem ol wok

blong olgeta, from oli gat raet blong Lod i sevem olgeta” (Doktrin mo Ol Kavenan 138:58–59).

Diuti blong wanwan long yumi i blong tijim doktrin blong gospel we i kambak, obei long ol komanmen, lavem mo helpem wanwan long yumi, mo mekem wok blong fasin blong sevem man insaed long ol tabu tempol.

Mi testifae abaot trutok blong wanem mi bin talem long ples ia, mo abaot ol trutok we oli bin tijim, mo bae oli tijim long konfrens ia. Evri samting ia i posibol from Atonmen blong Jisas Kraes. Olsem we yumi save aot long revelesen blong tedei, Hem i “givim glori long Papa, mo hem i *sevem evri wok blong han blong hem*” (Doktrin mo Ol Kavenan 76:43; oli ademap italik). Long nem blong Jisas Kraes, amen. ■

OL NOT

1. “What’s on the Other Side? Conversation with Brent L. Top on the Spirit World,” *Religious Educator*, vol. 14, no. 2 (2013), 43, 48.
2. Luk long *Teachings of the Prophet Joseph Smith*, sel. Joseph Fielding Smith (1976), 309–10;

Joseph Smith, “Journal, December 1842–June 1844; Book 2,” p. 246, The Joseph Smith Papers, josephsmithpapers.org.

3. Wan revelesen blong Josef Smit we oli kwotem oltaem abaot spirit wol i talem se: “Mo semfala laef wetem ol narafala man we yumi stap gat long wol ia, bae i stap wetem yumi longwe,” (Doktrin mo Ol Kavenan 130:2). Hemia i save tokbaot wan kingdom blong glori be i no spirit wol, from se skripja ia i gohed, i talem: “be nomo, bae i gat, antap long hem, glori ia we i no save finis, mo glori ia, yumi no gat naoia” (ves 2).
4. Eksampol: George G. Ritchie, *Return from Tomorrow* (1978) and Raymond Moody, *Life after Life* (1975).
5. D. Todd Christofferson, “The Doctrine of Christ,” *Liahona*, May 2012, 88; luk tu long Joseph F. Smith, *Gospel Doctrine*, 5th ed. (1939), 42. Eksampol, luk wanem oli tokbaot long Doktrin mo Ol Kavenan 74:5 abaot wan tijing we i blong Aposol Pol nomo.
6. Neil L. Andersen, “Trial of Your Faith,” *Liahona*, Nov. 2012, 41.
7. Luk long *Teachings of Presidents of the Church: Joseph Smith* (2007), 175.
8. *History of the Church*, 6:52; we i stap insaed long *Teachings of the Prophet Joseph Smith*, 326; we plante taem oli kwotem se hem i stap insaed long Henry B. Eyring, *To Draw Closer to God* (1997), 122; luk tu long *Teachings of Presidents of the Church: Brigham Young* (1997), chapter 38, “The Spirit World.”
9. Luk long *Teachings: Joseph Smith*, 231–33.





PRESIDEN HENRI B. EYRING | PRESENTEM
Seken Kaonsela long Fas Presidensi

Sastening blong Ol Jeneral Atoriti, Ol Eria Seventi, mo Ol Jeneral Ofisa blong Jos

Ol brata mo sista. Hem i propos blong yumi sastenem Russell Marion Nelson olsem profet, sia, mo reveleta mo Presiden blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent; Dallin Harris Oaks, olsem Fas Kaonsela long Fas Presidensi; mo Henry Bennion Eyring, olsem Seken Kaonsela long Fas Presidensi.

Olgeta we oli agri, oli save soem.

Olgeta we oli no agri, sapos i gat, oli save soem.

Hem i propos blong yumi sastenem Dallin H. Oaks olsem Presiden blong Kworom blong Olgeta Twelef Aposol mo M. Russell Ballard olsem Akting Presiden blong Kworom blong Olgeta Twelef Aposol.

Evriwan we i agri, plis mekem saen.

Olgeta we oli agens oli save soem.

Hem i propos blong yumi sastenem olgeta ia olsem ol memba blong Kworom blong Olgeta Twelef Aposol: M. Russell Ballard, Jeffrey R. Holland, Dieter F. Uchtdorf, David A. Bednar, Quentin L. Cook, D. Todd Christofferson, Neil L. Andersen, Ronald A. Rasband, Gary E. Stevenson, Dale G. Renlund, Gerrit W. Gong, mo Ulisses Soares.

Olgeta we oli agri, plis soem.

Eniwan we i no agri i save soem.

Hem i propos blong yumi sastenem ol kaonsela long Fas Presidensi mo

Kworom blong Olgeta Twelef Aposol olsem ol profet, sia, mo reveleta.

Evriwan we i agri, plis soem.

Agens, sapos i gat, soem long sem saen.

Hem i propos blong yumi rilisim mo talem tangkyu from ol seves we ol Elda ia oli bin givim wetem hat: Wilford W. Andersen, Kim B. Clark, Lawrence E. Corbridge, Claudio R. M. Costa, Bradley D. Foster, O. Vincent Haleck, Donald L. Hallstrom, Steven E. Snow, mo Larry Y. Wilson olsem Ol Jeneral Atoriti Seventi mo givim emeritus posisen long olgeta.

Olgeta we oli wantem joenem mifala blong talem tangkyu long olgeta Brata Lida ia from bigfala seves blong olgeta, plis soem.

Hem i propos blong yumi rilisim olgeta Eria Seventi ia: Julio C. Acosta, Blake R. Alder, Alain L. Allard, Omar A. Alvarez, Taiichi Aoba, Carlos F. Arredondo, Aley K. Auna Jr.,





I KAM LONG ELDA DAVID A. BEDNAR
Blong Kworom blong Olgeta Twelef Aposol

Grant C. Bennett, Michael H. Bourne, Rómulo V. Cabrera, Wilson B. Calderón, Hernando Camargo, José C. F. Campos, Nicolás Castañeda, Walter Chatora, Zeno Chow, Robert J. Dudfield, J. Kevin Ence, Meliula M. Fata, K. Mark Frost, Claude R. Gamiette, Maurício G. Gonzaga, Leonard D. Greer, Jose L. Isaguirre, Tae Gul Jung, Sergio L. Krasnoselsky, Milan F. Kunz, Bryan R. Larsen, G. Kenneth Lee, Geraldo Lima, W. Jean-Pierre Lono, Khumbulani Mdletshe, Dale H. Munk, Norman R. Nemrow, Yutaka Onda, Wolfgang Pilz, Raimundo Pacheco De Pinho, Gennady N. Podvodov, Abraham E. Quero, Marco A. Rais, Steven K. Randall, Francisco J. Ruiz de Mendoza, Edwin A. Sexton, Raúl H. Spitale, C. Walter Treviño, 'Aisake K. Tukuafu, Juan A. Urrea, Raul S. Villanueva, mo Leonard Woo.

Olgeta we oli wantem joen blong talem tangkyu from gudfala seves blong olgeta, plis leftemap han.

Hem i propos blong yumi sastenem olgeta ia olsem ol niu Eria Seventi: Michel J. Carter, Alfred Kyungu, R. Pepper Murray, Ryan K. Olsen, and Iotua Tune.

Olgeta we oli agri, oli save soem.

Olgeta we oli no agri, sapos i gat, oli save soem.

Hem i propos blong yumi sastenem Ol nara Jeneral Atoriti, Ol Eria Seventi, mo Ol Jeneral Ofisa blong Jos olsem we oli stap naoia.

Evriwan we i agri, plis soem.

Agens, sapos i gat, soem long sem saen.

Yumi invaetem olgeta we oli agens blong oli kontaktem ol stek presiden blong olgeta.

Ol brata mo sista. Tangkyu from fet mo prea blong yufala long bihaf blong ol lida blong Jos. ■

Stap Lukaotgud blong Prea Oltaem

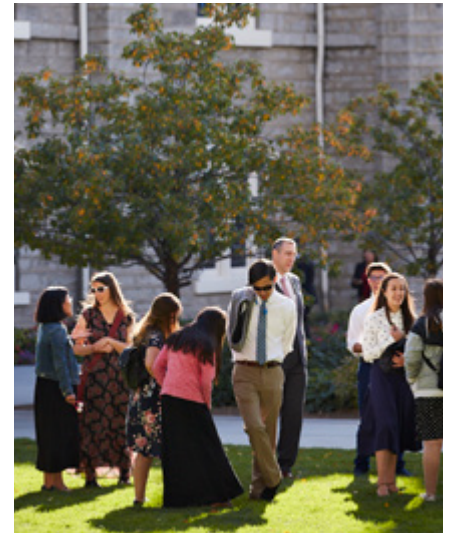
Blong lukaotgud oltaem i wan mas, blong faet agensem fasin blong tingting nating long laef mo mekem samting wanwan taem.

Mi prea se bae givhan blong Tabu Spirit i stap wetem yufala mo mi taem yumi stap glad mo wosip tugeta.

Long Epril 1976, Elda Boyd K. Packer i bin i bin toktok i go stret long ol yut blong Jos ia long jeneral konfrens. Long mesej blong hem we yumi save gud “Ol Krokodael blong Kakae Spirit,” hem i tokbaot, olsem wanem, long wan wok we hem i go mekem long Afrika, ol krokodael we oli haed gud oli stap lukaot blong kakae animol we i no lukaotgud. Afta, hem i talem se ol krokodael oli olsem Setan, we i lukaot blong kakae ol yut we oli no lukaotgud, taem hem i haedem se sin i mekem man i ded.

Mi gat 23 yia taem Elda Packer i givim toktok ia, mo Susan mo mi i stap wet long fasbon pikinini blong mitufala sam dei afta. Mitufala i sapraes long wanem mesej blong hem i stap talem abaot fasin blong stap longwe long sin, mo hao hem i yusum gud fasin blong ol animol blong tijim wan impoten lesen long saed blong spirit.

Susan mo mi i bin travel long Afrika blong mekem plante wok blong jos. Mo mitufala i gat janis blong luk ol naesfala



animol we oli stap long kantri ia. Mitufala i tingbaot hao toktok blong Elda Packer i tajem laef blong mitufala, nao mitufala i traem luklukgud mo lanem sam impoten lesen aot long fasin blong wael laef blong Afrika.

Mi wantem tokbaot ol fasin mo ol trik blong tufala jita we Susan mo mi bin stap luk, we tufala i go lukaotem kaekae blong tufala mo joenem wetem sam samting we mitufala i luk, i go



long evri dei laef blong stap laef folem gospel blong Jisas Kraes.

Ol Jita mo Ol Topi

Ol jita oli ol animol long graon we oli ron spid bitim ol nara animol mo spid blong olgeta i save kasem 120 kilometa long aoa. Olgeta naes animol ia oli save stanap kwaet mo ron wantaem nomo kasem 109 kilometa long wan aoa, long tri seken taem nomo. Ol jita oli animol we i folemgud kaekae blong olgeta mo ron spid long sot ples blong ronem mo kakae animol.

Susan mo mi i spendem tu aoa olsem blong luklukgud tufala jita we tufala i stap luklukgud wan grup blong ol topi, wan kaen animol we i fulap long Afrika. Tolfala drae gras blong ol flat ples blong Afrika i gol braon mo i haedem gud ol jita ia taem oli stap folfolem grup blong ol topi ia. Tufala jita i seperet long tufala, ating kolosap 91 mita olsem, be tufala i wok wan.

Taem wan jita i sidaon stret long gras, mo i no mov, narawan i slip flat long graon mo i stap krip sloslo i go

kolosap long ol topi ia we i no save samting. Nao, jita ia we i bin sidaon, i lus insaed long gras long semtaem ia we nara jita i sidaon stret. Paten ia, blong jenjenisim tufala, blong wan i slip flat mo krip i go forod mo narawan i sidaon stret long gras, i gohed blong wan longfala taem. Tingting biae long waes trik ia, i blong pulumaot tingting mo giaman long ol topi, mo long wei ia, karemaot tingting blong olgeta long denja we i stap kam kolosap. Tufala i wet longtaem be tufala i gogohed, tufala i wok wan blong winim nekis kaekae blong tufala.

Bitwin bigfala grup blong ol topi mo ol jita, i gat samfala olfala mo strong topi we oli stanap, olsem ol gadman, long ol smol hil blong graon. Nao oli save lukluk gud antap long ol smol hil ia, mo ol gadman topi ia oli waj gud blong ol saen blong denja.

Nao, wantaem nomo, taem ol jita oli kam kolosap we oli rere blong atak, ful grup blong ol topi oli tanem raon mo oli ronwe. Mi no save sapos, o hao ol gadman topi oli talem long bigfala

grup, be woning i bin go, mo evri topi oli mov i go long sef ples.

?Wanem nao ol jita oli mekem afta? Oli no wet. Tufala jita i gohed long trik blong tufala, blong wan i slip flat mo mov, mo narawan i sidaon stret long gras. Kaen trik ia i gohed i gohed. Tufala i no stop. Tufala i no spel, o stop smol. Tufala i gohed long trik blong tufala blong pulumaot tingting mo mekem ol topi oli luk nara ples. Susan mo mi i lukluk ol jita oli go lus, oltaem oli mov i go kolosap moa long grup blong ol topi ia.

Long naet ia, Susan mo mi i gat wan naesfala storian abaot wanem mitufala i bin luk mo lanem. Mitufala i toktok raon tu long eksperiens ia wetem ol pikinini mo ol apu blong mitufala, mo faenem plante gudfala lesen. Naoia, bae mi tokbaot tri long ol lesen ia.

Lesen namba 1—Lukaot long Trik blong Devel blong Stap Haed

Long mi, ol jita ia oli naes, oli fit, mo oli save pulum ae blong man. Skin blong jita we i yelo, grei waet ia wetem ol blak spot, i stap olsem wan gud samting blong haedem olgeta, mekem se oli no save luk olgeta taem oli stap folfolem kaekae blong olgeta long ol graon blong gras long Afrika.

Long semmak wei, ol aedia mo aksen denja long saed blong spirit, oli save luk olsem se oli naes, man i wantem tumas, o mekem man i glad. Olsem ia nao, long wol blong yumi tedei, wanwan long yumi i nid blong lukaotgud long swit trik ia we i priten se hem i gud. Olsem Aesea i givim woning from: “!Sore tumas long olgeta we oli singaotem ol nogud samting se oli gudfala, mo ol gudfala samting oli nogud, we oli tekem se tudak i laet, mo laet i tudak, we oli tekem konkon i swit, mo swit i konkon!”¹

Long wan taem we ol tingting oli fasfas, we blong spolem laef blong

man, oli singaotem se hem i wan raet, mo oli tekem se trabol i fridom, nao yumi gat blesing ia blong stap laef long las dei dispensesen ia, taem we laet blong gospel we i kambak i save saen moa insaed long laef blong yumi mo i helpem yumi luksave ol tudak giaman mo trik blong enemi.

“From olgeta we oli waes mo oli bin akseptem trutok, *mo oli bin tekem Tabu Spirit olsem gaed blong olgeta, mo oli no bin folem ol giaman toktok*—i tru, mi talem long yufala, bambae mi no katemdaon olgeta mo no sakem olgeta i go long faea, be bae oli stap laef long dei ia.”²

Lesen namba 2—Stastap Wekap mo Stap Lisingud

Long wan topi, wan smol taem we hem i no lukaotgud, o i no lisingud, i save invaetem wan strong atak blong wan jita. Semmak, sapos yumi stap gladglad long wanem i stap mo no stap strong long spirit i mekem se yumi save foldaon isi long ol swit trik blong enemi. Blong no gat tingting, long saed blong spirit, i invaetem ol bigfala denja insaed long laef blong yumi.

Nifae i tokbaot gud hao, long ol las dei, Setan bae i kam traem blong mekem tingting blong ol pikinini blong God i kwaet mo giaman se oli sef long bodi “mekem se bae oli talem se: ‘Evri samting i oraet long Saeon; yes, Saeon i stap kam antap gud, evri samting i oraet’—*mo olsem ia nao devel i giaman long sol blong olgeta*, mo i lidim olgeta i gowe sloslo daon long hel.”³

Blong lukaotgud oltaem i wan mas blong faet agensem fasin blong tingting nating long laef mo fasin blong mekem samting wanwan taem. Blong stap lukaotgud, i taem we, o i aksen ia blong *stap lukaotgud oltaem long yumi* blong no foldaon long denja o had samting. Mo blong stap lukaotgud

oltaem long yumi i minim aksen ia blong *stastap wekap* blong lukaotgud long mo protektem yumi. Long saed blong spirit, yumi nid blong stastap wekap mo lisingud long ol kwaet toktok blong Tabu Spirit, mo luksave ol saen we oli kam long ol gadman blong Lod antap long ol taoa.⁴

“Yes, mo tu, mi askem strong long yufala, . . . blong yufala i stap lukaotgud blong prea oltaem, blong devel i no lidim yufala i gowe wetem ol temtesen blong hem, . . . from luk, hem i no givim wan gudfala pei long yufala.”⁵

Blong mekem laef blong yumi i stap mo i stanap long Sevyia mo gospel blong Hem, i mekem yumi gat paoa blong winim fasin ia blong man we i folem fasin blong wol blong stap pulum win mo stap les long saed blong spirit. Taem yumi gat ol blesing ia blong gat ol ae blong luk mo ol sora blong harem,⁶ bae Tabu Spirit i save yumi gat moa paoa blong luk mo lisin taem bae yumi ting se yumi no nid blong luk o lisin, o taem we yumi ting

se i no gat samting blong luk o lisin long hem.

“From hemia, yufala i mas lukaot, blong yufala i rere.”⁷

Lesen namba 3—Andastanem Tingting blong Enemi

Wan jita i wan we i fasin blong hem blong lukaot mo kilim ol nara animol. Long ful dei, evri dei, wan jita i stap lukaot blong kilim animol.

Setan “i enemi blong stret mo gud fasin mo i enemi blong olgeta we oli stap lukaot blong mekem tingting blong God”⁸ Ful dei, evri dei, tingting mo stamba tingting blong hem, i blong mekem nomo ol boe mo gel blong God oli harem nogud olsem hem.⁹

Plan blong hapines blong Papa, i stap blong i givim daareksen long ol pikinini blong Hem, blong helpem olgeta blong gat glad, mo blong tekem olgeta oli kam hom sef long Hem, wetem ol bodi we oli laef bakegen long ded mo oli olsem hemia blong wan god. Devel i wok blong mekem ol boe mo ol gel blong God



Long wan topi, wan smol taem we hem i no lukaotgud, o i no lisingud, i save invaetem wan strong atak blong wan jita. Semmak, sapos yumi stap gladglad long wanem i stap mo no stap strong long spirit bae i mekem se yumi save foldaon isi long ol swit trik blong enemi.



oli konfus, mo oli no hapi, mo blong stopem progres blong taem we i no save finis. Enemi i neva stop blong wok blong atakem ol samting insaed long plan blong Papa we hem i no laekem nating olgeta.

Setan i no gat wan bodi, mo progres blong hem blong taem we i no save finis, i stop. Semmak olsem we, wota we i ron long bed blong hem, i stop from wan dam i blokem, semmak, progres we i no save finis blong enemi i stop from se hem i no gat wan bodi blong mit mo bun. From hem i bin agens, Lusifa i blokem hemwan long evriwan long ol blesing mo eksperiens blong laef long wol ia, we i posibol nomo tru long wan tabenakol blong mit mo bun. Wan long ol skripja mining blong toktok ia, *no save kam antap samtaem*, i kamaot klia long wei we hem i no gat paoa blong progres, mo blong i kam olsem Papa long Heven.

From se, blong wan gat bodi blong mit mo bun i stamba blong plan blong hapines blong Papa, mo blong yumi

develop long saed blong spirit, nao Lusifa i lukaot blong stopem progres blong yumi mo temtem yumi blong yusum ol bodi blong yumi long fasin nogud. Presiden Russell M. Nelson i bin tijim se, blong stap sef long saed blong spirit, long en, i “blong neva tekem fas giaman step we i go long ples we yu no sapos blong go long hem, mo blong mekem wanem yu no sapos blong mekem.’ . . . Olsem ol man, yumi evriwan i gat samting we bodi i wantem we i nid blong yumi save gohed blong laef. ‘Ol samting we bodi i wantem, i nid blong mekem se laef blong man i gogohed. ?So, enemi i mekem wanem? . . . Hem i atakem yumi tru long ol samting we bodi i wantem. !Hem i temtem yumi blong kakae ol samting we yumi no sapos blong kakae, blong yumi dring ol samting we yumi no sapos, mo blong lavem narawan long wei we yumi no sapos blong mekem!’”¹⁰

Wan long nogud fani samting blong taem we i no save finis, i we, enemi, we i stap harem nogud from se hem i no gat bodi blong mit mo bun, i stap invaetem mo switim yumi blong serem harem nogud blong hem tru long fasin nogud blong yusum bodi blong yumi. Stret tul we hem i no gat, mo no save yusum, nao i kam stamba samting we hem i wantem giaman long yumi long hem blong pra-pa spolem bodi mo spirit blong yumi.

Blong stap andastanem tingting blong wan enemi, i wan mas blong rere gud blong ol kaen atak olsem.¹¹ Hem i from se Kapten Moronae i bin save tingting blong Ol Man blong Lemana, we hem i bin rere blong mitim olgeta long taem we oli bin kam, mo i bin winim olgeta.¹² Mo semfala prinsipol mo promes ia i blong wanwan long yumi.

“Sapos yufala i rere, bae yufala i no fraet.

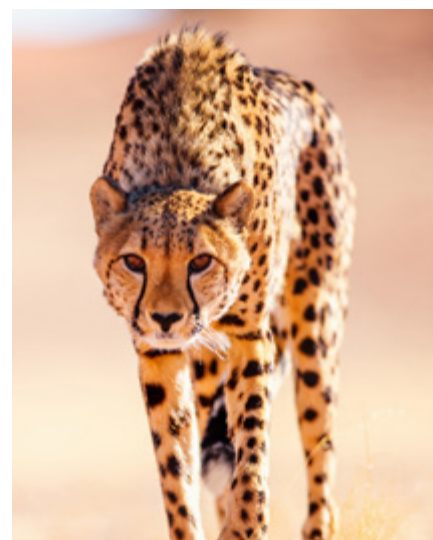
“Mo blong yufala i ronwe long paoa blong enemi.”¹³

Invitesen, Promes mo Testemoni

Semmak olsem yumi save lanem ol impoten lesen taem yumi luklukgud long fasin blong ol jita mo ol topi, wanwan long yumi i mas lukaotem ol lesen mo ol woning long ol simpol taem blong evri dei laef. Taem yumi stap lukaotem blong gat wan maen mo wan hat we i open blong kasem daereksen we i kam long heven tru long paoa blong Tabu Spirit, nao sam long ol bigfala instraksen we yumi save kasem mo plante long ol strong woning we oli mekem yumi stap sef oli kamaot long ol evri dei eksperiens blong yumi. Ol parabol we oli gat paoa oli stap long ol skripja mo long evri dei laef blong yumi.

Mi bin tokbaot bigwan tri nomo long ol plante lesen we Susan mo mi i faenem tru long eksperiens long Afrika. Mi invaetem mo leftemap tingting blong yu blong tingtingbak long ol jita mo ol topi ia, mo faenem sam moa lesen blong yuwan mo famli blong yu. Plis, tingbaot oltaem se hom blong yu i tru senta blong stap lanem mo stap laef folem gospel.

Taem yu mekem folem invitesen ia wetem fet, bae ol insperesen tingting





ELDA RUBÉN V. ALLIAUD
Blong Olgeta Seventi

bae oli kam long maen blong yu, ol filing blong spirit i solap long hat blong yu, mo bae yu luksave ol aksen we yu mas tekem, o gohed long hem blong yu save “putum long yu ful klos blong faet blong [God], blong yu save stanap agen-sem rabis dei ia, from we yu mekem evri samting finis, blong yu save stanap.”¹⁴

Mi promes se ol blesing blong rere gud mo proteksen long saed blong spirit bae i kam fulap insaed long laef blong yu taem yu stap lukaotgud blong prea, wetem strong tingting mo oltaem.

Mi testifae, se blong stap gogohed long kavenan rod bae i givim sefti long saed blong spirit mo bae i invaetem glad we i stap oltaem insaed long laef blong yu. Mo mi witnes se Sevyia we i bin girap mo i stap laef bae i sapotem mo mekem yumi kam strong moa long tugeta, ol gud mo nogud taem. Abaot ol trutok ia, mi testifae olsem long tabu nem blong Lod Jisas Kraes, amen. ■

OL NOT

1. Aesea 5:20.
2. Doktrin mo Ol Kavenan 45:57; oli ademap italik.
3. 2 Nifae 28:21; oli ademap italik.
4. Luk long Esikel 33:7; Doktrin mo Ol Kavenan 101:44–58; Gaed long Ol Skripja, “Lukluk, Gadman,” olskripja.ChurchofJesusChrist.org.
5. Alma 34:39.
6. Luk long Matiu 13:16.
7. Doktrin mo Ol Kavenan 50:46.
8. Gaed long Ol Skripja, “Devel,” olskripja.ChurchofJesusChrist.org.
9. Luk long 2 Nifae 2:27.
10. Russell M. Nelson, insaed long “Advice from the Prophet of the Church to Millennials Living in a Hectic World,” Newsroom, Feb. 18, 2018, newsroom.ChurchofJesusChrist.org.
11. Luk long Alma 2:7–13.
12. Luk long Alma 43:29–33, 48–50.
13. Doktrin mo Ol Kavenan 38:30–31.
14. Doktrin mo Ol Kavenan 27:15.

Oli Faenem Mi Tru long Paoa blong Buk blong Momon

Evriwan i mas gat wan eksperiens, mo bae oli faenem hem tru long paoa blong ol trutok we oli stap insaed long Buk blong Momon.

Taem mi visitim ol konvet long hom blong olgeta, wan long ol kwestin we oltaem mi laekem blong stap askem ol konvet, hem i, olsem wanem nao, olgeta mo ol famli blong olgeta i lanem abaot Jos mo hao oli kam blong blong oli baptaes long Jos ia. I nomata se long taem ia, man o woman ia i wan strong memba blong Jos, o i nomo kam long Jos blong plante yia. Ansa blong olgeta oltaem i semmak: wetem wan smael mo fes we

i saen, oli stat blong talem stori blong olgeta olsem wanem oli faenem olgeta. I luk olsem, ol stori blong jenis blong laef blong olgeta, oltaem i gat wan stori blong talem hao oli faenem olgeta.

Jisas Kraes, Hemwan, i Lod blong fulap samting we i lus. Hem i kea long ol samting we i lus. Hemia from wanem Hem i tijim long yumi, tri parabol we oli faenem long namba 15 japta blong Luk: parabol blong sipsip we i lus, smol



mane we i lus, mo laswan, yang boe we i lusum rod. Evri trifala stori ia, oli gat wan stamba tingting: i nomata from wanem oli lus. I nomata iven sapos oli save se oli lus. Long wanwan long ol storian ia i gat wan filing blong glad ia we i talem: “Yufala i glad wetem mi from mi mi faenem [samting] ia blong mi we i lus.”¹ Long en, long Hem, i nogat wan samting i lus.²

Bae mi serem long yufala wan long ol samting we i impoten tumas long mi—stori blong hao oli faenem mi.

Bifo bae mi gat 15 yia, angel blong mi, Manuel Bustos, i invaetem mi blong mi spendem sam taem wetem hem mo famli blong hem long Yunaet Stet. Hemia i wan bigfala janis blong mi lanem sam Inglis. Angel blong mi i joenem Jos plante yia i pas finis, mo hem i wan gudfala spirit blong misinari. Hemia nao from wanem mama blong mi, we i no letem mi save, i toktok long angel blong mi mo talem long hem se bae hem i akseptem invitesen ia long kondisen se: bae hem i no traem blong winim tingting blong mi blong kam wan memba blong Jos. Mifala ol Katolik, mo i stap long sam jeneresen

i pas finis, mo i no gat wan risen blong jenisim hemia. Angel blong mi i agri fulwan mo i kipim toktok blong hem i kasem wan poen we hem i no wantem blong ansa ol simpel kwestin abaot Jos.

Yes, angel blong mi wetem swit waef blong hem, Marjorie, i no save stopem huia tufala.³

Oli putum mi long wan rum we i fulap long ol buk. Mi save luk long laebri ia i gat samples 200 kopi blong Buk blong Momon long defren kaen lanwis, wetem 20 long olgeta long Spanis.

Wan dei, mi wantem save, mi tekem wan kopi blong Buk blong Momon long Spanis.

Hem i wan kopi we kova blong hem i blu mo i sofsof, wetem wan pikja blong enjel Moronae i stap long fored blong hem. Mo taem mi openem, long fas pej mi luk promes ia we oli raetem: “Mo taem we bae yufala i kasem ol samting ia, mi wantem askem strong long yufala se bae yufala i askem God, Papa we i no Save Finis, long nem blong Kraes, sapos ol samting ia oli no tru; mo sapos bae yufala i askem wetem wan tru hat, wetem wan tru tingting blong wantem save, wetem fet long Kraes, bae hem i

soemaot trutok blong ol samting ia long yufala, tru long paoa blong Tabu Spirit.”

Mo oli ademap: “Mo tru long paoa blong Tabu Spirit, bae yufala i save trutok long saed blong evri samting.”⁴

I had tumas blong eksplenem wanem ol skripja ia i mekem long maen mo hat blong mi. Mi mas ones, mi no stap lukaotem “trutok ia.” Mi jes wan yangfala boe, we i hapi wetem laef blong hem, stap gat wan gud taem wetem niufala kalja ia.

Be, wetem promes ia we i stap long maen blong mi, mi stap ridim buk ia long sikret. Taem mi stap rid i go moa, mi andastanem se sapos mi wantem wan samting long hemia, mi mas stat blong prea. Mo yumi evriwan i save wanem bae i hapen sapos yu disaed, i no blong blong rid nomo, be tu, blong prea tu abaot Buk blong Momon. Hemia, i wanem we i jes hapen long mi. Hem i wan samting we i spesel tumas long mi mo i wan ia nomo—yes, olsem we bae i hapen long taosen man raon long wol. Mi kam blong save se tru long paoa blong Tabu Spirit se Buk blong Momon i tru.

Mi go mo eksplenem long angel blong mi wanem i hapen mo mi rere blong mi baptaes. Angel blong mi i no save haedem sapraes blong hem. Hem i go long trak blong hem, draev i go long eapot, mo kambak wetem plen tikit blong mi blong mi flae i gobak hom, wetem wan not we hem i raetem i go long mama blong mi we i talem “!Mi nogat eni samting wetem samting ia!”

Long wan wei hem i talem tru. Mi oli jes faenem mi stret tru long paoa blong Buk blong Momon.

Bae i gat fulap we oli faenem olgeta tru long ol gudfala misinari raon long wol, long wan merikel wei. O ating oli faenem olgeta tru long ol fren blong olgeta we God i putum long rod blong olgeta. Ating oli faenem olgeta tru long wan man long jeneresen ia o tru long





wan jeneresen blong bubu blong olgeta.⁵ I nomata wanem i hapen, blong yumi save progres tru long tru ful jenis long laef, naoia, be i no afta, yumi mas eksperiensem mo faenem paoa blong trutok we i stap long Buk blong Momon. Long sem taem ia, oli mas disaed long olgeta-wan blong mekem wan series komitmen long God se bae oli trachad blong kipim olgeta komanmen blong Hem.

Taem mi kasem Buenos Aeres, mama blong mi i luksave se mi rili wantem baptaes. From se mi save ansabak, hem i no talem no long mi, be wetem waes tingting hem i tekem saed blong mi, Mo hem i no iven save, hemwan i stap askem ol kwestin blong baptaes long mi. Yes, mi biliv se intaviu blong i go dip moa bitim wanem ol misinari oli stap askem. Hem i talem long mi: “Sapos yu wantem blong baptaes, bae mi sapotem yu. Be faswan, bae mi askem yu sam kwestin mo mi wantem yu blong yu tinting strong long hem

mo givim mi wan ones ansa. ?Bae yu promes blong go long jos evri Sandei?”

Mi talem long hem, “Yes, bae mi mekem hemia.”

?Yu gat eni aedia Jos seves i stap hao long?

“Yes, mi save.”

Hem i ansa mo talem: “Sapos, yu baptaes, bae mi mekem sua se bae yu go long jos.” Afta hem i askem mi sapos i tru se bae mi neva dring alkohol o smok.

Mi ansa long hem, “Yes, bae mi no mekem ol samting ia tu.”

Long hemia hem i ademap, “Sapos yu baptaes, bae mi meksua se bae hemia i no hapen.” Afta, hem i gogohed wetem kolosap evri komanmen.

Anggel blong mi i ringim mama blong mi mo talem long hem blong i no wari, se bae mi fogetem evri samting. Fo yia afta, taem mi kasem misin kol blong mi blong go long Yurugwe Montevideo Misin, mama blong i ringim angel blong mi mo askem hem wetaem bae

mi fogetem evri samting. Be, blong talem stret, long taem we mi baptaes, hem i wan mama we i hapi moa.

Mi kam blong save se Buk blong Momon i wan impoten rod blong eksperiensem faswan, promes ia we “wan man bae i kam moa kolosap long God sapos hem i folem ol tijing blong hem, bitim eni narafala buk.”⁶

Nifae i eksplenem se stamba tingting blong Buk blong Momon long wei ia:

“From mifala i wok strong wetem strong tingting oltaem blong raet, blong winim tingting blong ol pikinini blong mifala, mo tu, blong ol brata blong mifala, blong oli biliv long Kraes, mo blong oli stretem olgeta wetem God . . .

“Yumi tokbaot Kraes, yumi glad long Kraes, yumi prij long saed blong Kraes . . . blong mekem se ol pikinini blong yumi oli save gat save long wanem ples oli save lukluk long hem blong kam klin aot long ol sin blong olgeta.”⁷

Ful Buk blong Momon i fulap wetem tabu stamba tingting.

From risen ia, eniwan we i komitim hem blong stadi long buk wetem tru tingting blong prea, bae i no lanem nomo abaot Kraes, be bae i lanem samting *we i kam stret* long Kraes—speseli taem hem i mekem wan desisen blong “traem paoa blong toktok blong God”⁸ mo no sake-maot eli nomo from sam kwik jajmen⁹ we ol narawan oli talem abaot sam samting we oli neva bin ridim.

Presiden Russell M. Nelson i talem: “Taem mi tingbaot Buk blong Momon, mi tingbaot toktok ia, *paoa*. Ol trutok abaot Buk blong Momon i gat *paoa* blong hilim, givim kamfot, putumbak, helpem, mekem i kam strong moa, tok sore, mo mekem sol i glad.”¹⁰

Invitesen blong mi, long aftenun ia, i go long wanwan long yumi, i nomata hamas yia yumi stap olsem ol memba blong Jos ia, i blong letem paoa blong trutok blong Buk blong Momon i



faenem yumi mo i kavremap yumi wan moa taem dei afta dei, taem yumi stap gohed blong lukaotem revelesen blong yumiwan. Bae i hapen sapos yumi letem.

Mi testifae se Buk blong Momon i gat ful gospel blong Jisas Kraes, mo we Tabu Spirit bae i konfemem trutok oltaem long eniwan we i wantem, wetem wan tru hat, blong lukaotem save blong sevem sol blong hem.¹¹ Long nem blong Jisas Kraes, amen. ■

OL NOT

1. Luk 15:6; luk tu long Luk 15:9, 32.
2. Long bigfala wei, ol skripja oli tekem ol profesi we oli tokbaot kam tugeta blong ol traeb blong Isrel we oli bin lus (luk long Russell M. Nelson, “The Gathering of Scattered Israel,” *Liahona*, Nov. 2006, 79–82). I nomata se oli lus, long Hem, oli no lus (luk long 3 Nifae 17:4). Mo tu, hem i intresting blong luk se oli no luksave se oli bin lus kasem taem ia nomo we oli faenem olgeta, speseli taem oli kasem ol petriakel blesing blong olgeta.
3. Elda Dieter F. Uchtdorf i bin kwotem Saint Francis of Assisi taem hem i talem, “Prijim gospel long evri taem, mo sapos i nid, yusum ol toktok” (“Waiting on the Road to Damascus,” *Liahona*, May 2011, 77; luk tu long William Fay and Linda Evans Shepherd, *Share Jesus without Fear* [1999], 22).
4. Moronae 10:4–5.
5. Stori blong ol bubu blong yumi abaot taem ia we oli jenisim laef blong olgeta, hem i stori blong yumi tu. Elda William R. Walker i tijim, “Bae i wan gudfala samting tumas sapos evri Lata-dei Sent oli save olsem wanem ol papa blong olgeta bifo, oli bin jenisim laef blong olgeta” (“Live True to the Faith,” *Liahona*, May 2014, 97). From hemia, long sam wei, yumi evriwan, oli bin faenem yumi stret, o tru long ol bubu blong yumi, mo hemia, tangkyu long Papa long Heven we i save en stat long stat (luk long Ebraham 2:8).
6. Fas Toktok long Buk blong Momon; luk tu long Alma 31:5.
7. 2 Nifae 25:23, 26.
8. Alma 31:5.
9. Luk long Alma 32:8.
10. Russell M. Nelson, “Buk blong Momon: ?Bae I Olsem Wanem Sapos Yu No Gat?” <https://www.churchofjesuschrist.org/general-conference/2017/10?lang=bis>, Okt 2017.
11. Luk long 3 Nifae 5:20.

Ol Witnes, Ol Aronik Prishud Kworom, mo Ol Klas blong Ol Yang Woman

Ol jenis ia we mifala i stap anaonsem naoia, oli blong helpem ol yang man mo ol yang woman blong developem ol tabu paoa blong olgetawan we oli save kasem.

Ol brata mo sista. I gud tumas blong stap wetem yufala bakegen long jeneral konfrens ia. Eli long wik ia, oli bin

mekem ol anaonsmen long ol memba blong Jos abaot ol jenis blong polisi, long saed blong hu nao i save stap





olsem ol witnes blong ol baptaes mo ol siling odinens. Mi wantem haelaetem ol trifala poen ia:

1. Witnes blong wan proksi baptaes long bihaf blong wan we i ded, hem i eniwan we i holem wan tempol rekomen we i laef i stap, o eniwan wetem wan limit yus tempol rekomen.
2. Eni memba we i endao wetem wan tempol rekomen we i laef, i save stap olsem wan witnes blong ol siling odinens, blong wan we i laef, o tru long proksi.
3. Eni memba blong Jos we i baptaes, i save stap olsem wan witnes blong baptaes blong wan we i laef i stap. Jenis ia i blong evri baptaes aotsaed long tempol.

Ol jenis long polisi ia, oli ol fasin blong wok nomo. Doktrin mo ol kave-nan we oli stap sapotem hemia, oli no jenis. Oli wok semmak long evri odinens. Ol jenis ia, oli sapos blong mekem se famli i tekpat moa long olgeta odinens ia.

Mo tu, mi wantem toktok long yufala naoia blong presentem ol jenis ia we bae i tajem ol yut blong yumi mo ol lida blong olgeta.

Bae yufala i tingbaot se mi bin invaetem ol yut blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent blong joenem yut ami blong Lod blong tekpat long bigfala wok blong wol ia tedei—blong karem Isrel i kam tugeta.¹ Mi bin givim invitesen ia long ol yut blong yumi from se, olgeta nao oli gat presen ia blong go aot blong luk ol narawan, mo serem wanem oli biliv long hem long wan wei we i save winim tingting blong man. Wok blong mekem ol pipol oli kam tugeta i wan impoten pat blong stap helpem wol ia blong i rere from Seken Kaming blong Lod.

Long wanwan wod, yut ami blong Lod, bisop nao i lidim, we hem i wan wokman blong God we i givim taem mo tingting blong hem. Fas mo bigfala responsabiliti blong hem, i blong kea long ol yang man mo ol yang woman blong wod blong hem. Bisop mo ol kaonsela blong hem oli lidim wok ia blong ol kworom blong Aronik Prishud, mo ol klas blong Ol Yang Woman insaed long wod.

Ol jenis ia we mifala i stap anaonsem naoia, oli blong helpem ol yang man mo ol yang woman blong developem ol tabu paoa blong olgetawan we oli

save kasem. Mifala i wantem tu blong mekem ol kworom blong Aronik Prishud mo ol klas blong Yang Woman oli kam strong moa, mo blong givim sapot long ol bisop mo ol nara adalt lida, taem oli stap givim seves long jeneresen ia we i stap kam antap.

Elda Quentin L. Cook bae i toktok raon naoia long ol jenis ia we oli go wetem ol yang man. Mo tunaet, long jeneral sesen blong ol woman, Sista Bonnie H. Cordon, Yang Woman Jeneral Presiden, bae i toktok raon long ol jenis we oli go wetem ol yang woman.

Fas Presidensi mo Olgeta Twelef oli wan blong apruvum ol wok ia blong mekem ol yut blong yumi oli kam strong moa. !O, mifala i lavem mo stap prea from olgeta! Oli “hop ia blong Isrel, ami blong Saeon, ol pikinini blong dei ia blong promes.”² Mifala i talemaot se mifala i trastem fulwan ol yut blong yumi, mo talem tangkyu long olgeta. Long tabu nem blong Jisas Kraes, amen. ■

OL NOT

1. Luk long Russell M. Nelson, “Hope of Israel” (wol yut divosen, 3 Jun 2018), HopeofIsrael.ChurchofJesusChrist.org.
2. “Hope of Israel,” *Hymns*, no. 259.



I KAM LONG ELDA QUENTIN L. COOK
Blong Kworom blong Olgeta Twelef Aposol

Ol Jenis blong Mekem Ol Yut Oli Kam Strong Moa

Moa yang man mo yang woman bae oli girap i kam long jalenj ia, mo bae oli stap long kavenan rod ia wetem lukluk ia we i katem evri samting mo i lukluk nomo long ol yut.

Tangkyu dia Presiden Nelson, from glad revelesen rod ia long saed blong ol witnes blong ol baptaes, mo toksave ia we yu askem mifala blong serem blong help blong mekem ol yut oli kam strong moa mo blong oli developem tabu paoa ia we oli save kasem.

Bifo mi serem ol jenis ia, mifala i wantem talem bigfala tangkyu blong mifala from spesel wei ia we ol memba oli bin akseptem ol developmen insaed long Restoresen blong gospel ia, we i stap gogohed. Olsem we Presiden Nelson i talem las yia, mi hop se !yu tekem paoa tablet blong yu!¹

Yufala i stadi, wetem glad long *Kam Folem Mi* long hom.² Yufala i mekem folem ol jenis long jos. Ol memba blong kworom blong ol elda mo ol sista blong Rilif Sosaeti, oli joen wan blong mekem wok blong fasin blong sevem man.³

Tangkyu blong mifala i bigbigwan tumas.⁴ Mifala i talem tangkyu speseli se ol yut oli gohed blong stap strong mo stap fetful.

Ol yut blong yumi oli stap laef long wan taem we i gud tumas be i fulap

long jalenj tu. Ol joes we oli stap strong tumas bitim evri taem. Wan eksampol: smatfon blong tedei i givim rod blong kasem impoten infomesen we i leftemap tingting, olsem famli histri mo ol tabu skripja. Long nara han, i holem ol krangke samting, rabis fasin, mo ivel we yumi no bin gat long taem bifo.



Blong helpem ol yut blong yumi blong wokbaot tru long ol plante kaen rod blong ol joes ia, Jos i bin mekem rere trifala bigfala mo strong wok ia. Faswan, kurikulum i kam strong moa mo i go kasem hom. Nambatu, i gat wan program blong ol pikinini mo yut we i tekem ol gudfala aktiviti mo developmen blong wanwan, we long las Sandei, Presiden Russell M. Nelson, Presiden M Russell Ballard mo Ol Jeneral Ofisa oli presentem. Wan nambatri wok, i ol jenis long ol oganaesesen blong mekem ol yut, oli kam samting ia we ol bisop mo ol nara lida oli mas lukluk long olgeta nomo. Lukluk ia i mas strong long saed blong spirit mo i mas helpem ol yut blong yumi blong kam ol yut ami we Presiden Nelson i bin askem olgeta blong kam.

Joenjoenem Ol Paten

Olgeta wok ia, tugeta wetem ol wok we yumi bin anaonsem long ol las tu yia, oli no ol seperetwan. Wanwan long ol jenis ia, i pat fulwan blong wan paten we i joenjoen i go, blong blesem Ol Sent, mo mekem olgeta oli rere blong mitim God.

Wan pat blong ol paten ia, hem i long saed blong jeneresen ia we i stap kam antap. Oli askem ol yut blong oli tekem moa responsabiliti olgetawan, taem oli moa yangfala—we papa mo mama, mo ol lida oli no tekova long wanem ol yut oli save mekem olgetawan.⁵

Anaonsmen

Tedei, mifala i stap anaonsem ol jenis ia long ol oganaesesen blong ol yut long wod mo stek level. Olsem we Presiden Nelson i bin eksplenem, Sista Bonnie H. Cordon bae i tokbaot ol jenis ia blong ol yang woman tedei. Wan long ol stamba tingting blong gat ol jenis ia we bae mi tokbaot naolia, i blong mekem olgeta we oli holem

Aronik Prishud, ol kworom mo ol kworom presidensi, oli kam strong moa. Olgeta jenis ia, i mekem praktis blong yumi i laen stret wetem Doktrin mo Ol Kavenan 107:15, we i rid olsem: “Bisoprik i presidensi blong [Aronik] prishud ia, mo i holem ol ki mo atoriti blong prishud ia.”

Wan long diuti blong bisop we i stap long skripja, i blong hem i prisaed ova long ol pris mo blong hem i sidaon long wan kaonsel wetem olgeta, i stap tijim olgeta long saed blong ol diuti blong ofis blong olgeta.⁶ Antap long hemia, fas kaonsela insaed long bisoprik bae i gat ol spesifik responsabiliti blong lukaot long ol tija, mo seken kaonsela i lukaot long ol dikon.

Folem hemia, blong wok stret wetem revelesen ia insaed long Doktrin mo Ol Kavenan, bae i nomo gat Ol Yang Man presidensi long level blong wod. Ol fetful brata ia oli bin mekem plante gud samting, mo mifala i talem tangkyu long olgeta.

I hop blong mifala se, ol bisoprik, bae oli tokbaot bigwan, mo bae oli lukluk nomo long ol prishud responsabiliti blong ol yang man, mo helpem olgeta long ol kworom diuti blong olgeta. Ol Yang Man advaes we oli save mekem samting, bae oli singaotem olgeta blong helpem kworom presidensi blong Aronik Prishud mo bisoprik long ol diuti blong olgeta.⁷ Mifala i gat tras se moa yang man mo yang woman bae oli girap i kam long jalenj ia, mo bae oli stap long kavenan rod ia wetem lukluk ia we i katem evri samting mo luk long ol yut nomo.

Insaed long insperesen paten ia blong Lod, bisop i gat responsabiliti ova long evriwan insaed long wod. Hem i blesem ol papa mo mama blong ol yut, mo tu, ol yut. Wan bisop i faenem se, taem hem i bin stap kaonsel wetem wan yang man we i gat had-taem wetem ponografi, bae hem i save

helpem yang man ia blong sakem sin, nomo sapos hem i helpem papa mo mama blong hem blong mekem samting wetem lav mo andastaning. Hiling blong yang man ia, i wan hiling long famli blong hem, mo hemia i bin posibol tru long bisop we i bin stap wok long bihaf blong ful famli. Yang man ia, naoya i kam wan we i klin inaf blong holem Melkesedek Prishud, mo i wan fultaem misinari.

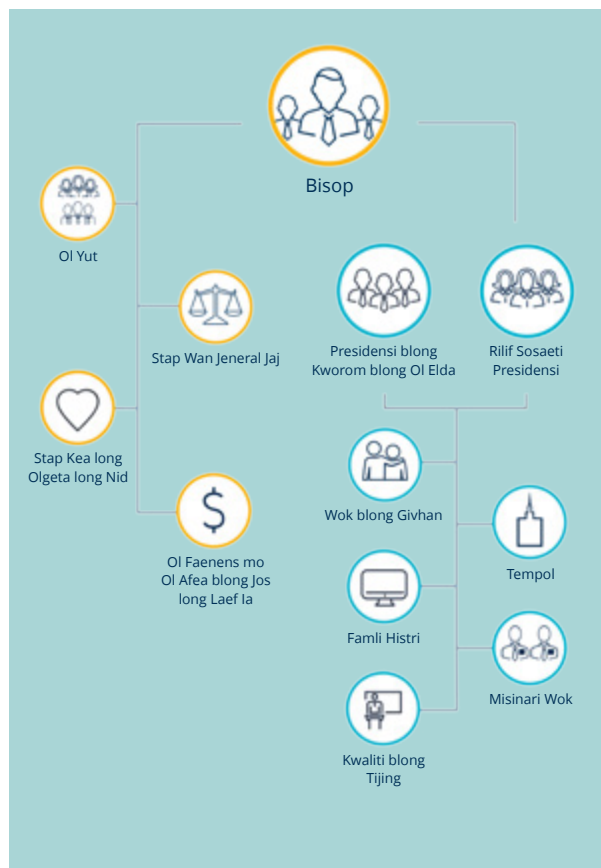
Olsem we stori ia i talem, ol jenis ia bae oli:

- Helpem ol bisop mo tufala kaonsela blong hem, long stamba responsabiliti blong olgeta long ol yut mo ol Praemerik pikinini.
- Putum paoa mo diuti blong Aronik Prishud i stap long senta blong pesonol laef mo gol blong wanwan yang man.

Ol jenis ia, oli mekem hemia tu:

- Oli lukluk moa long ol responsabiliti blong kworom presidensi blong Aronik Prishud, mo oli ripot daerek i go long bisoprik.
- Oli pusum ol adalt lida blong helpem mo tijim tingting blong ol presidensi blong Aronik Prishud kworom blong oli wok strong moa long paoa mo atoriti blong ofis blong olgeta.

Olsem we mi talem finis, ol jenis ia oli no daonem responsabiliti we bisoprik i gat long *ol yang woman*. Olsem we Presiden Nelson i jes tijim: “Fas mo bigfala responsabiliti blong bisop, i



blong kea long ol yang man mo *ol yang woman* long wod blong hem.”⁸

?Olsem wanem nao ol bisop ia we oli wokhad mo yumi lavem oli mekem responsabiliti ia? Olsem we yufala i tingbaot, long 2018, oli bin stretem ol Melkesedek Prishud kworom blong oli wok kolosap moa wetem ol Rilif Sosaeti, blong mekem se ol kworom blong ol elda mo ol Rilif Sosaeti, anda long daereksen blong bisop, oli save tekem ol impoten responsabiliti we i bin stap kakae fulap taem blong hem. Ol responsabiliti ia, oli misinari wok, mo wok blong tempol mo famli histri insaed long wod⁹— plante long ol givhan wok i go long ol memba blong wod.

Bisop, *i no save* givimaot samfala responsabiliti, olsem blong mekem ol yut oli kam strong moa, stap wan jeneral jaj, kea long olgeta long nid, mo luk ova long faenens mo ol afea long saed blong laef ia. Be, olgeta wok ia, oli moa smol bitim wanem we maet yumi bin stap andastanem bifo. Olsem we Jeffrey R. Holland i bin eksplenem las yia taem oli i gat ol jenis long ol kworom blong



Melkesedek Prishud: “Ol bisop, yes, oli stap yet olsem prisaeding hae pris blong wod. Be niufala jenis ia [blong Melkesedek Prishud mo Rilif Sosaeti] i mas letem hem i prisaed ova long wok blong Melkesedek Prishud mo Rilif Sosaeti *mo i no askem hem blong mekem wok long eniwan long ol bodi ia.*”¹⁰

I olsem. Wan Rilif Sosaeti presiden mo wan presiden blong kworom blong ol elda, olsem we oli givim wok long tufala, i tekem bigfala moa rol blong stap kaonsel wetem ol adalt—*semmak olsem wan Yang Woman presiden i stap kaonsel wetem ol yang woman.* Nomata se bisop nomo i stap olsem wan jeneral jaj, olgeta lida ia, olgeta tu oli gat rael long revelesen we i kam long heven, blong oli help wetem ol jalenj we oli no nidim wan jeneral jaj, o i no abaot eni kaen abius.¹¹

Hemia i no minim se wan yang woman i no save, o i no sapos blong toktok long bisop o papa mo mama blong hem. !Lukluk blong olgeta i mas stap long ol yut! Be, i minim se wan Yang Woman lida bae i beswan blong mitim ol nid blong wan yang woman ia. Bisoprik i wari long ol yang woman semmak olsem ol yang man, be mifala i luksave paoa we i kam taem yumi gat ol Yang Woman lida we oli strong, oli givim ful tingting mo oli gat maen we

i stret, we oli lavem mo tijim tingting, oli no tekova long ol rol blong ol klas presidensi, be oli stap helpem ol yut blong gat sakes long ol rol ia.

Sista Cordon bae i serem sam moa gudfala jenis ia blong ol yang woman tedei. Be, mi anaonsem se ol presiden blong Ol Yang Woman long wod, naoia bae oli ripot mo kaonsel stret wetem bisop blong wod. Long bifo, wok ia oli bin save givim long wan kaonsela, be taem yumi stap go, ol yang woman bae oli kam wan stret responsabiliti blong hemia we i holem ol prisaeding ki blong wod. Rilif Sosaeti bae i gohed blong ripot i go stret long bisop.¹²

Long jeneral mo stek level, bae yumi gohed blong gat ol presidensi blong Ol Yang Man. Long level blong stek, wan hae kaonsela bae i presiden blong Ol Yang Man,¹³ wetem ol hae kaonsela we oli gat wok blong lukaot long Ol Yang Woman mo Praemer, bae i pat blong stek Aronik Prishud—Yang Woman Komiti. Ol brata ia, bae oli wok wetem stek Yang Woman presidensi, long komiti ia. Wetem wan kaonsela long stek presiden we i jeaman, komiti ia bae i kam moa impoten from plante long ol niu program mo aktiviti insaed long niu wok blong Ol Pikinini mo Ol Yut, long level blong stek.

Ol hae kaonsela ia, anda long dae- reksen blong stek presidensi, oli save stap olsem wan risos long bisop mo kworom blong Aronik Prishud long wan wei we i semmak long seves ia we ol hae kaonsela oli givim long ol kworom blong ol elda long wod.

Wan nara samting we i joen wetem, wan nara hae kaonsela bae i stap olsem stek Sandei Skul presiden, mo, taem i nid, i save stap long stek Aronik Prishud—Yang Woman komiti.¹⁴

Bae oli eksplenem sam moa oganaesesen jenis long ol infomesen we bae oli sendem i go long ol lida. Olgeta jenis ia, i gat:

- Bisoprik yut komiti miting bae i nomo gat, mo wod yut kaonsel i tekem ples.
- Toktok ia, “Miutuol” bae i nomo gat, mo bae i kam “Yang Woman aktiviti,” “Aronik Prishud kworom aktiviti,” o “yut aktiviti” mo bae oli holem evri wik sapos i posibol.
- Wod bajet blong ol yut aktiviti, oli mas serem i stret bitwin ol yang man mo ol yang woman folem namba blong ol yut insaed long wanwan oganaesesen. Wan mane we bae i inaf bae oli givim i go long Ol Praemer aktiviti.
- Long evri level—wod, stek, mo jeneral—bae yumi yusum toktok ia, “oganaesesen” be i nomo toktok ia, “okseleri.” Olgeta we oli lidim Jeneral Rilif Sosaeti, Yang Woman, Yang Man, Praemer, mo Sandei Skul oganaesesen, bae oli save olgeta olsem “Ol Jeneral Ofisa.” Olgeta we oli lidim ol oganaesesen ia long wod mo stek level, bae oli save olgeta olsem “ol wod ofisa,” mo “ol stek ofisa.”¹⁵

Jenis ia we mifala i anaonsem tedei, bae i stat stret long taem we ol branj,

ol wod, ol distrik, mo ol stek oli rere, be i mas wok fulwan stat long namba 1 Jenuware 2020. Ol jenis ia, taem oli kombaenem mo yusum wetem ol fasfala jenis, i ripresentem wan had-wok long saed blong spirit mo long oganaesesen we i go wetem doktrin blong blesem evri man, woman, yut, mo pikinini, mo mekem evriwan i kam strong moa, i helpem wanwan blong folem eksampol blong Sevyia blong yumi, Jisas Kraes, taem yumi stap progres long kavenan rod ia.

Ol dia brata mo sista. Mi promesem yufala mo testifae se ol ful mo bigfala jenis ia, anda long daereksen blong wan presiden mo profet we i gat insperesen, Russell M. Nelson, bae i givim paoa mo mekem evri memba blong Jos i kam strong moa. Ol yut blong yumi bae oli developem moa bigfala fet long Sevyia, gat proteksen long ol temtesen blong enemy, mo stanap rere blong mitim ol jalenj blong laef. Long tabu nem blong Jisas Kraes, amen. ■

OL NOT

1. Luk long Russell M. Nelson, insaed long “Latter-day Saint Prophet, Wife and Apostle Share Insights of Global Ministry,” Newsroom, Oct. 30, 2018, newsroom.ChurchofJesusChrist.org.
2. Antap long hemia, yufala i bin mekem ol spesifik hadwok blong yusum stret nem blong Jos olsem we Presiden Russell M. Nelson i talem mo yufala i bin hadwok blong tingbaot Sevyia blong yumi wetem lav mo respek, olsem we yufala i stap mekem.
3. “Ol memba blong Jos Ia blong Jisas Kraes oli sendem olgeta blong ‘wok long plantesen blong hem blong mekem wok blong sevem ol sol blong ol man’ (Doktrin mo Ol Kavenan 138:56). Wok ia blong fasin blong sevem man i tekem memba misinari wok, holemtaet ol konvet, karembak ol lesaktiv memba, tempol mo famli histri wok, mo tijim gospel. Bisoprik i lidim wok ia insaed long wod, wetem help blong ol nara memba blong wod kaonsel” (*Hanbuk 2: Lukaotem mo Lidim Jos* 5.0, ChurchofJesusChrist.org).
4. Olsem ol lida, mifala i lavem ol memba blong Jos Ia blong Jisas Kraes blong Ol Lata-dei



Sent, from gud fasin blong olgeta mo fasin we oli stap olsem disaepol. Mifala i presem wanwan man mo woman, ol mama, ol papa, ol yut, mo ol pikinini we oli stap wokbaot long kavenan rod ia—mo mekem olsem wetem strong tingting mo glad.

5. Long 2019, ol dikon we oli gat 11 yia oli stat blong pasem sakramen, mo ol yang woman blong 11 yia wetem ol yang man, oli kasem ol limit yus tempol rekomen. Las yia, Presiden Nelson i bin givim jalenj long ol yang man mo woman blong oli pat blong yut ami blong mekem Isrel we i seraot i kam tugeta long tugeta saed blong vel (luk long “Hope of Israel” [worldwide devotional for youth, June 3, 2018], HopeofIsrael.ChurchofJesusChrist.org). Wanem i kamaot long hemia i bigwan tumas.
- Naolia, ol fultaem misinari oli givim seves long wan spesel wei evriwan, nomata oli yangfala. Stat long 6 Oktoba 2012, ol yang man oli save go long misin taem oli gat 18 yia mo ol yang woman, taem oli gat 19 yia.
6. Mo tu, diuti blong presiden ova long Prishud blong Eron, i blong prisaed ova long ol pris, mo blong sidaon long kaonsel wetem olgeta, blong tijim olgeta long ol diuti blong ofis blong olgeta . . . Presiden ia, hem i mas wan bisop; from hemia i wan long ol diuti blong prishud ia” (Doktrin mo Ol Kavenan 107:87–88).
7. Ol adalt lida bae oli singaotem olgeta tu olsem ol kworom speselis blong Aronik Prishud, blong save help wetem ol program mo ol aktiviti, mo blong go long ol kworom miting blong mekem se bisoprik i save visitim klas blong Ol Yang Woman oltaem, wetem ol aktiviti, mo wanwan taem i go visitim Praemeri. Sam speselis, oli save singaotem olgeta blong help wetem ol spesel taem, olsem kamp; ol narawan, oli save singaotem olgeta long wan moa longfala seves blong helpem ol advaesa blong kworom. Oltaem bae i gat tufala adalt man long wanwan miting blong kworom, program, o aktiviti. Nomata se ol rol mo ol taelol oli jenis, yumi no luk se namba blong ol adalt man we oli givim seves mo sapotem ol kworom blong Aronik Prishud bae i go daon.

8. Russell M. Nelson, “Ol Witnes, Ol Aronik Prishud Kworom, mo Ol Klas blong Ol Yang Woman,” *Liahona*, Nov. 2019, 39, oli ademap italik; luk tu long Ezra Taft Benson, “To the Young Women of the Church,” *Ensign*, Nov. 1986, 85.
9. Mifala i stap advaesem tu ol bisop blong spendem moa taem wetem ol yang singgel adalt memba mo famli blong olgeta.
10. Jeffrey R. Holland, jeneral konfrens miting, Epril 2018; luk tu long “Wok blong Givhan we I Wok,” ministering.ChurchofJesusChrist.org. Elda Holland i bin tijim se ol responsabiliti blong bisop, Hem i no save givimaot, olsem hemia blong prisaed ova long ol kworom blong Aronik Prishud, mo ol yang woman, stap olsem wan jeneral jaj, lukaot long ol faenens mo ol afea blong Jos long laef long wol ia, mo kea long olgeta we oli pua mo olgeta long nid. Ol presidensi blong kworom mo Rilif Sosaeti, mo ol narawan oli save tekem ol fas responsabiliti blong misinari wok, tempol mo famli histri wok, kwaliti blong tijing insaed long wod, mo blong lukaotgud mo givhan long ol memba blong Jos.
11. Antap long ol situesen we i nidim ol ki blong stap wan jeneral jaj, ol problem blong eni kaen abius, bae ol bisop oli mas handelem folem polisi blong Jos.
12. Stek Rilif Sosaeti presiden bae i gohed blong ripot i go stret long stek presiden.
13. Ol stek kaonsela blong presiden blong Ol Yang Man, bae oli save singaotem hem aot long membasip blong stek, o, olsem we i nid, i save wan hae kaonsela we i lukaot long Ol Yang Woman, mo i hae kaonsela we i lukaot long Praemeri.
14. Brata ia we i stap olsem Sandei Skul presiden, i gat hae responsabiliti ia blong lukaot long yut kurikulum long tufala Sandei long wanwan manis.
15. Ol presidensi blong Jeneral Rilif Sosaeti, Yang Woman, Yang Man, Sandei Skul, mo Praemeri oganaesesen long level blong jeneral mo stek, bae oli ol Jeneral Ofisa o ol stek ofisa. Long level blong wod, bisoprik i lidim ol yang man, blong mekem se ol yang man advaesa oli no ol wod ofisa.



I KAM LONG MARK L. PACE
Sandei Skul Jeneral Presiden

Kam Folem Mi—Plan blong Lod blong Protektem mo Go Agensem Plan blong Setan

*Lod i stap mekem rere ol pipol blong Hem
agensem ol atak blong enemy. Kam Folem Mi
hem i Plan blong Lod blong Ol Teknik Agensem
Setan, mo Ol Gudfala Plan*

Yumi stap glad blong kam tugeta long bigfala jeneral konfrens blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent. Hem i wan blesing blong kasem maen mo wil blong Lod tru long ol tijing blong ol profet mo aposol blong Hem. Presiden Russell M. Nelson i profet blong Lod we i stap laef. Yumi mas talem tangkyu from kaonsel we i kam tru long insperesen mo daareksen we yumi kasem tedei.

Mi ademap witnes blong mi long hemia blong olgeta we oli bin toktok fastaem. Mi serem testimoni long saed blong God, Papa blong yumi long Heven we i no save finis. Hem i stap laef mo I lavem yumi mo i stap lukaot gud long yumi. Plan blong hapines blong Hem i givim blesing ia blong laef long wol, mo long en, blong yumi gobak stap wetem Hem.

Mi serem testimoni tu long saed blong Jisas Kraes. Hem i wan Pikinini ia nomo blong God. Hem i bin *sevem yumi* long ded, mo Hem i mekem yumi



fri long sin taem yumi praktisim fet long Hem mo sakem sin. Sakrifaes blong Atonmen blong Hem we i no save finis long bihaf blong yumi, i givim blesing ia blong no save ded mo laef we i no save finis. “Yumi talem tangkyu long God from bigfala presen we i no gat narawan i naf long hem, we i tabu Pikinini blong Hem.” (“Kraes we i Laef: Testemoni blong Olgeta Aposol,” 36299 852).

Ol Lata-dei Sent raon long wol oli gat blesing blong wosipim Jisas Kraes long ol tempol blong Hem. Wan long ol tempol ia oli stap bildim yet long Winnipeg, Kanada. Waef blong mi, Anne Marie, mo mi, i gat janis blong visitim ples we oli stap bildim tempol long hem long manis blong Ogis long yia ia. Oli disaenem tempol ia i naes tumas mo i tru se bae i naes tumas taem bae i finis. Be nomata hemia, bae yumi no save gat wan tempol we i naes tumas long Winnipeg, o long eni nara ples, sapos i no gat wan fandesen we i strong.

From oli bin stap mekem graon i aes mo afta meltem bakegen blong mekem graon i fulap long Winnipeg, i bin had blong rere long fandesen blong tempol. Mekem se, oli bin tingting strong se fandesen blong tempol bae oli mekem long 70 sapot aean we bae oli kavremap wetem simen. Ol sapot aean ia i 18 meta longwan mo 30 go kasem 50 sentimeta i go kros. Oli sperem i go long graon kasem taem oli kasem bed blong ston, we i kolosap 15 meta andanit graon. Long wei ia, ol 70 sapot aean ia i givim wan strong fandesen blong naesfala Winnipeg tempol.

Olsem ol Lata-dei Sent, yumi stap lukaot wan fandesen we i semmak olsem long ol laef blong yumi—wan fandesen long saed blong spirit we yumi nidim long rod blong yumi tru long laef ia mo i gobak long hom blong yumi long heven. Fandesen ia oli stane-map long bed blong ston blong jenis

blong hat blong yumi i go long Lod Jisas Kraes.

Yumi tingbaot ol tijing blong Hileman long Buk blong Momon: “Mo nao, ol boe blong mi, tingbaot, tingbaot se hem i long ston blong Ridima blong yumi, we i Kraes, Pikinini blong God, we yutufala i mas bildim fandesen blong yutufala; blong mekem se taem we devel bae i sendem aot ol strongfala win blong hem, yes, ol spia blong hem long wael win, . . . bae i no gat paoa ova long yutufala blong pulum yutufala i go daon long bigfala hol blong sore mo sore tumas we i no gat en, from ston; long hem we yutufala i bin bildimap yutufala, we i wan sua fandesen, wan fandesen, long hem we sapos ol man i bildimap olgeta long hem oli no save foldaon” (Hileman 5:12).

Tangkyu tumas we yumi stap laef long wan taem we ol profet mo ol aposol i tijim yumi long saed blong Sevyia Jisas Kraes. Blong stap folem ol kaonsel blong olgeta i helpem yumi blong stanemap wan strong fandesen long Kraes.

Wan yia i pas, long fas toktok blong hem blong openem Oktoba 2018 jeneral konfrens, Presiden Russell M. Nelson i talem strong toktok mo woning ia: “Longtaem stamba tingting blong Jos, i blong helpem evri memba blong gat moa fet long Lod Jisas Kraes, mo long Atonmen blong Hem, blong helpem olgeta blong mekem mo kipim ol kavenan we oli mekem wetem God, mo blong mekem ol famli oli kam strong moa, mo silim olgeta. Long wol blong yumi tedei, we i defdefren evriwan, hemia i no isi. *Enemi i stap gat moa faet agensem fet, mo agensem yumi, mo agensem ol famli blong yumi long wan spid we i go antap moa. Blong laef long saed blong spirit, yumi nidim ol teknik blong agensem enemi, mo ol gudfala plan*” (“Fas Toktok,” *Liahona*, Nov 2018, 7–8; oli ademap italik).



Folem mesej blong Presiden Nelson, Elda Quentin L. Cook blong Kworom blong Olgeta Twelef Aposol i presen-tem *Kam Folem Mi* risos blong wanwan man, woman mo famli. Ol toktok blong hem i go olsem ia:

- “Niufala hom stadi risos *Kam Folem Mi* . . . oli mekem blong i helpem ol memba blong lanem gospel insaed long hom.”
- “Buk ia i blong wanwan man, woman mo famli insaed long Jos.” [*Kam Folem Mi—Blong Wanwan Man, Woman mo Famli* 2019), vi].”
- “Stamba tingting blong mifala i blong balensem eksperiens long Jos mo long hom long wan wei we bae i mekem fet i kam antap, spirit i kam antap, mo i gat moa bigfala jenis long laef i go long Papa long Heven mo Lod Jisas Kraes.” Luk long Quentin L. Cook, “Wan Jenis long Laef we I Tru mo I Stap I Go long Papa long Heven mo Lod Jisas Kraes,” *Liahona*, Nov 2018, 9–12.

Stat long Jenuware long yia ia, Ol Lata-dei Sent raon long wol oli stat blong stadi long Niu Testeman, wetem risos blong *Kam Folem Mi* olsem gaed blong yumi. Wetem wan plan blong evri wik, *Kam Folem Mi* i helpem yumi blong stadi long ol skripja, doktrin blong gospel, mo ol tijing blong ol

profet mo aposol. Hem i wan risos we i gud tumas blong yumi evriwan.

Afta long naen manis blong stadi hadwok ia raon long wol, ?wanem nao yumi luk? Yumi luk Ol Lata-dei Sent long evriples oli stap gro long fet mo devosen i go long Lod Jisas Kraes. Yumi luk wanwan man, woman mo famli i putum taem truaot long wik blong stadi ol toktok blong Sevyia blong yumi. Yumi luk ol instraksen blong gospel i kam moa gud long ol klas long Sandei taem yumi stadi ol skripja long hom mo serem ol tingting blong yumi long Jos. Yumi luk glad we i moa bigwan long famli mo fasin blong stap wan taem muv blong stap ridim ol skripja i go long stap stadi long ol skripja long wan wei we i moa dip.

Hem i wan janis blong mi blong visit wetem fulap Lata-dei Sent mo blong harem stret, ol eksperiens blong olgeta wetem *Kam Folem Mi*. Ol filing mo tingting blong fet blong olgeta i fulumap hat blong mi wetem glad. Hemia sam long ol komen we mi bin harem long ol defdefren memba blong Jos:

- Wan papa i serem, “Mi laekem tumas *Kam Folem Mi* from i givim wan janis blong testifae long Sevyia i go long pikinini blong mi.”
- Long wan nara hom, wan pikinini i talem, “Hemia i wan janis blong harem papa mo mama blong mi i serem ol testemoni blong olgeta.”



- Wan mama i serem: “Mifala i kasem insperesen blong save hao blong putum God faswan. Long taem we mifala [i ting se mifala] ‘i nogat’ mifala i bin [fulap] wetem hop, glad, pis, mo sakes long ol wei we mifala i save no se i posibol.”
- Wan kapol i luksave: “Mifala i stap ridim skripja long wan defren wei we mifala i no bin rid long hem bifo. Mifala i stap lanem fulap moa bitim we mifala i stap lanem bifo. Lod i wantem blong yumi stap luk ol samting long wan defren wei. Lod i stap rere long yumi.”
- Wan mama i talem: “Mi lavem we mifala i stap lanem ol semmak samting tugeta. Fastaem, mifala i stap ridim. Tedei, mifala i stap lanem.”
- Wan sista i serem lukluk ia: “Bifo, yu gat lesen mo ol skripja i sapotem. Naoia, yu gat ol skripja mo lesen i sapotem.”
- Wan nara sista i komen: “Mi filim save wanem i defren taem mi mekem [komperem wetem] taem mi no mekem. Mi faenem i moa isi blong toktok long ol nara man abaot Jisas Kraes mo ol bilif blong yumi.”
- Wan bubuwoman i talem, “Mi singaotem ol pikinini mo apupikinini blong mi long ol Sandei mo mifala i serem ol tingting mo lukluk long *Kam Folem Mi* tugeta.”
- Wan sista i luk se: “*Kam Folem Mi* i fil olsem Sevyia Hemwan i stap givhan

long mi. Hem i wan insperesen we i kam long heven.”

- Wan papa i komen, “Taem yumi yusum *Kam Folem Mi*, yumi olsem ol pikinini blong Isrel, we oli stap makem ol doa blong yumi, blong protektem ol famli blong yumi long paoa blong man blong prapa spolem ol samting.”

Ol brata mo sista, hem i wan glad blong visitim yu mo harem olsem wanem ol trachad blong yufala wetem *Kam Folem Mi* i stap blesem ol laef blong yufala. Tangkyu long strong tingting mo wok blong yufala.

Blong stap stadi long ol skripja wetem *Kam Folem Mi* olsem wan gaed i givim moa paoa long fasin blong jenisim laef blong yumi i kam long Jisas Kraes mo gospel blong Hem. Yumi no katemaot wan aoa long jos long Sandei blong gat wan aoa moa blong skripja stadi long haos nomo. Blong stap lanem gospel i wan hadwok we yumi mekem oltaem truaot long wik. Wan sista i serem wetem mi se: “Gol hem i no blong mekem jos i wan aoa moa sot; !hem i blong mekem jos i sikis dei moa longwan!”

Nao, tingting bakegen long woning blong profet blong yumi, Presiden Nelson, we i bin givim taem hem i openem Oktoba 2018 jeneral konfrens:

“Enemi i stap gat moa faet agensem fet, mo agensem yumi, mo agensem ol famli blong yumi long wan spid we i go antap moa. Blong save laef long saed blong spirit, yumi nidim teknik blong agensem hemia, mo ol gudfala plan” (Ol Fas Toktok,” 7).

Mo afta (kolosap 29 aoa afta) long Sandei aftenun, hem i klosem konfrens wetem promes ia: “Taem yu stap wok strong blong jenisim hom blong yu i kam wan senta blong lanem gospel, . . . paoa blong enemi insaed long laef blong yufala mo hom blong yufala, bae

i kamdaon.” (“Blong Kam Ol Lata-dei Sent we I Givim Eksampol,” *Liahona*, Nov 2018, 113).

?Olsem wanem nao ol atak blong enemi i stap kam antap hariap mo long semmak taem paoa blong enemi i stap kamdaon tu? I save hapen, mo i stap hapen truaot long Jos, from se Lod i stap rere long pipol blong Hem agensem ol atak blong enemi. *Kam Folem Mi* hem i plan blong Lod blong ol teknik agensem enemi, mo ol gudfala plan. Olsem Presiden Nelson i bin tijim, “Niufala kurikulum insaed long hom we i senta, mo Jos i sapotem, i gat paoa blong openem doa blong paoa blong ol famli.” Be nomata hemia, hem bae i nidim ol bes efot blong yumi; yumi nid blong “[folem] wetem ful tingting mo kea blong jenisim hom blong olgeta i kam wan tabu ples blong fet” (“Blong Kam Ol Lata-dei Sent we I Givim Eksampol,” 113).

Long en blong evri samting, olsem we Presiden Nelson i talem tu, “Wanwan long yumi i responsibol blong wanwan i gro long saed blong spirit,” (“Ol Fas Toktok,” 8).

Wetem risos blong *Kam Folem Mi*, Lod i stap rere long yumi “long ol hadtaem we yumi stap fesem naoia” (Quentin L. Cook, “Wan Jenis long Laef we I Tru mo I Stap,” 10). Hem i stap helpem yumi blong stanemap “wan sua fandesen, wan fandesen, long hem we sapos ol man i bildimap olgeta long hem oli no save foldaon” (Hileman 5:12)—fandesen blong wan testimoni we oli angkarem strong long bed blong ston blong laef ia we yumi jenisim i go long Lod Jisas Kraes.

Letem ol evri dei hadwok blong yumi blong stap stadi long ol skripja i mekem yumi strong mo pruvum se yumi naf blong kasem ol blesing we oli bin promesem long yumi. Mi prea olsem long nem blong Jisas Kraes, amen. ■



I KAM LONG ELDA L. TODD BUDGE
Blong Olgeta Seventi

Wan Tras we I Semmak Oltaem mo I Wantem Gohed

*Blong trastem Lod i tekem tu blong trastem taem
blong Hem mo i nidim longfala tingting mo fasin
blong stap strong we i save winim ol strong win
blong laef.*

Boe blong mitufala Daniel i bin sik tumas long misin blong hem long Afrika mo oli bin karem i go long wan hospital we i no gat tumas risos long hem. Taem mitufala i ridim leta blong hem we hem i raetem long mitufala afta long sik blong hem, mitufala i ting se bae tingting blong hem i foldaon, be no, hem i raetem, “Iven taem mi stap ledaon long

imejensi rum, mi filim pis.” Mi neva bin hapi semmak oltaem olsem mo wantem blong gohed long laef blong mi.”

Taem waef blong mi mo mi i ridim ol toktok ia, filing blong krae i kam fulap long mitufala. *Wan Tras we I Semmak Oltaem mo I Wantem Gohed* Mitufala i neva harem oli tokbaot hapines long wei ia, be ol toktok blong hem oli tru. Mitufala

i save se hapines we hem i tokbaot i no nomo blong harem gud, o i wan gudfala taem, be i wan pis mo glad we i kam taem yumi sarena yumiwan long God mo putum tras blong yumi long Hem long *evri samting*.¹ Yumi tu, yumi gat ol taem ia long laef blong yumi taem God i toktok pis long sol blong yumi mo mekem yumi blong gat hop long Kraes iven taem laef i had mo i no sua.²

Lihae i tijim se, sapos Adam Mo Iv i no bin foldaon “bae oli stap long wan ples we oli no gat rong from oli no save samting, oli no gat glad, from oli no save wanem i bigfala harem nogud; . . .

“Be luk, *evri samting* i bin hapen long waes tingting blong hem we i save *evri samting*.

“Adam i bin foldaon blong mekem se man i save stap; mo ol man oli stap, blong oli save gat glad.”³

Long wan nara wei, ol hadtaem mo ol bigfala harem nogud oli mekem yumi rere blong eksperiensem glad sapos yumi trastem Lod mo plan blong Hem blong yumi. Trutok ia wan poet blong 13 senturi i putum long wan naes wei: “Harem nogud i rere yu blong stap glad. Hem i swipim wetem kros evri samting aot long haos blong yu, blong mekem se niufala glad i save faenem spes blong kam insaed. I seksekem ol yelo lif long branj blong hat blong yu, blong mekem se, niu, grin lif i save gro long ples blong olgeta. I pulumaot i kam antap ol roten rus, blong mekem se ol niu rus andanit oli gat rum blong gro. I nomata wanem harem nogud i seksekem hat blong yu, ol moa gud samting bae oli tekem ples blong olgeta.”⁴

Presiden Russell M. Nelson i tijim: “Glad ia we Sevyia i givim long yumi, i stap oltaem, i talem gud long yumi se ‘ol hadtaem blong yumi bae oli blong smol taem nomo’ [Doktrin mo Ol Kavenan 121:7] mo i blong gud blong yumi.”⁵ Ol tes mo ol hadtaem blong



yumi oli save mekem spes blong wan glad we i moa bigwan.⁶

Gud nius blong gospel i no promes blong wan laef we i fri long harem nogud mo hadtaem, be wan laef we i fulap long stamba tingting mo mining—wan laef we ol bigfala harem nogud mo ol hadtaem blong yumi, “glad blong Kraes i kavremap olgeta.”⁷ Sevy a talem: “Long wol, ia bambae yufala i harem nogud tumas. Be yufala i no fraet. Mi mi winim paoa blong olgeta samting blong wol ia finis.”⁸ Gospel blong Hem i mesej blong hop. Bigfala harem nogud we i go wetem hop long Jisas Kraes i holem promes blong wan glad we i stap strong.

Stori blong wokbaot blong Ol Man blong Jared we oli krosem solwota i go long graon blong promes, yumi save komperem long wokbaot blong yumi tu i go long laef long wol ia. Lod i promisesem brata blong Jared mo ol pipol blong hem se bae hem i “go fored blong [olgeta] long wan graon we i moa gud bitim evri graon blong wol.”⁹ Hem i komandem olgeta blong bildim ol sip, mo oli bin obei mo go wok blong bildim olgeta folem instraksen blong Lod. Be, taem wok i stap gohed, brata blong Jared i stap wari se plan blong Lod blong ol sip ia i no inaf. Hem i prea long Lod:

“O Lod, mi bin mekem wok ia we yu talem long mi blong mekem, mo mi bin mekem ol sip ia folem wanem we yu bin talem long mi.

“Mo luk, O Lod, insaed long olgeta i no gat eni laet.”¹⁰

“O Lod, ?bae yu letem se bae mifala i krosem bigfala wota ia long tudak?”¹¹

?Yu bin kapsaetem sol blong yu long God long wei ia finis? Taem yumi traehad blong laef olsem Lod i komandem mo ol tingting we oli stret mo gud oli no gat ansa, ?yu neva askem yuwan se ating bae yu go tru long laef long tudak nomo?¹²

Brata blong Jared i tokbaot wan moa bigfala wari long saed blong olsem wanem bae oli save laef insaed long ol sip ia. Hem i prea mo talem: “Mo tu, mifala bae i ded, from insaed long olgeta, bae mifala i no save pulum win, be win we i stap insaed long olgeta nomo”¹³ Ol hadtaem blong laef oli mekem i had long yu blong pulum win mo mekem yu blong tingting, ?olsem wanem yu save mekem tru long dei ia, mo tu, blong save gobak long hom blong yu long heven?

Lod i bin wok wetem brata blong Jared blong ansarem wanwan wari blong hem, mo afta, Hem i eksplenem: “From yu no save krosem bigfala dip solwota ia, sapos *mi no mekem rere* wan wei blong yufala] agensem ol wef blong solwota, mo ol win we oli blo i go, mo ol wota we bae oli kam antap bigwan.”¹⁴

Lod i mekem i klia se i tru we Ol Man blong Jared oli no save go long promes graon olgeta nomo. Oli no gat kontrol, mo wei nomo we i save mekem olgeta blong krosem bigfala dip solwota ia, i blong putum tras blong olgeta long Hem. Ol eksperiens ia mo tijing we i kam long Lod, oli mekem fet blong brata blong Jared i kam dip moa mo mekem i kam strong moa, tras ia blong hem long Lod.



Luk olsem wanem ol prea blong hem oli jenis stat long ol kwestin mo wari i go kasem wei blong soemaot fet mo tras:

“Mo mi save, O Lod, se yu yu gat evri paoa, mo save mekem eni samting we yu wantem, blong helpem man; . . .

“Mo luk, O Lod, yu save mekem samting ia. Mifala i save se yu yu save soemaot bigfala paoa, we i luk smol long haremsave blong ol man.”¹⁵

Oli raetem se afta, Ol Man blong Jared oli “go insaed long ol sip blong olgeta, mo oli go aot long solwota, *putum tras* blong olgeta long Lod, God blong olgeta.”¹⁶ Blong *putum tras* i minim blong putum yu long han blong narawan o blong sarenda. Ol Man blong Jared oli no bin go insaed long ol sip from oli save stret olsem wanem ol samting bae oli wokaot long rod blong olgeta. Oli bin go insaed from oli bin lanem blong trastem paoa, gud fasin, mo sore blong Lod, mo from hemia, oli bin glad blong sarenda olgetawan mo eni tu tingting o fraet we oli bin gat, i go long Lod.

Sam taem i pas apuboe blong mifala Abe i fraet blong ron long wan long meri-go-raon blong animol we i muv i go antap mo go daon. Be hem i wantem hemia we i no muv. Bubuwoman blong hem i talem long hem se bae i sef nomo, mekem se, i trastem hem, mo hem i jiam long hem. Hem i talem wetem wan bigfala smael long fes blong hem: “Mi no filim se mi sef, be mi sef.” Ating hemia nao Ol Man blong Jared oli filim olsem. Blong trastem God bae i no oltaem i fil sef blong fas taem, afta glad i folem.

Travel i no bin isi blong Ol Man blong Jared. I bin gat plante taem we dip solwota i bin berem olgeta, “from ol hil blong ol wef we i bin brok long olgeta.”¹⁷ Yet “win i neva stop blong blo [long olgeta] *i go long* promes graon.”¹⁸ Olsem we i had blong andastanem, speseli long ol taem long laef blong

yumi taem ol win we oli blo i kam long fored oli strong mo ol si oli muvmuv, yumi save kasem kamfot long save ia we God long gudfala fasin blong Hem we i no gat en i stap oltaem blong pusum yumi i gohom.

Rekod i gohed, “Mo olsem ia nao win i pusum olgeta i go fored; mo i no gat bigfala animol blong solwota i save brekem olgeta, o i no gat welfis we i save smasem olgeta; mo oli gat laet oltaem, nomata we oli stap antap long wota o andanit long wota.”¹⁹ Yumi laef long wan wol we ol bigfala wef blong ded, sik long bodi mo tingting, mo ol tes mo ol hadtaem blong evri kaen oli brok oli kam long yumi. Yet, tru long fet long Jisas Kraes mo joes blong tras-tem Hem, *yumi tu*, i save gat laet oltaem nomata sapos hem i antap long wota o andanit long wota. *Yumi* save gat sua tingting se God i neva stop blong blo long yumi i go long promes graon.

Nomata we solwota i bin saksakem olgeta olbaot insaed long ol sip, Ol Man blong Jared “oli bin singsing ol pres long Lod; . . . mo [oli] bin talem tangkyu mo presem Lod long ful dei; mo taem we naet i kam, oli no stop blong presem Lod.”²⁰ Oli bin filim glad mo oli talem tangkyu long medel blong ol hadtaem blong olgeta. Oli no bin kasem promes graon yet, be oli stap glad long ol promes blesing, from se *oltaem* oli *stanap strong* tras long Hem.²¹

Ol Man blong Jared oli bin go fored long wota blong 344 dei.²² “Yu save pikjarem hemia?” Blong trastem Lod i tekem tu blong trastem taem blong Hem mo i nidim longfala tingting mo fasin blong stap strong we i save winim ol hariken blong laef.²³

Long en, Ol Man blong Jared “oli bin kam so long so blong promes graon. Mo taem we oli putum ol leg blong olgeta long ol so blong promes graon, olgetawan oli bodaon long fes



blong graon, mo oli putum tingting blong olgeta i stap daon long fored blong Lod, mo wota blong ae blong olgeta i bin ron from glad long fored blong Lod, from plante sore mo lav blong hem ova long olgeta.”²⁴

Sapos yumi stap fetful blong kipim ol kavenan blong yumi, bae yumi tu, wan dei, bae yumi kasem hom sef mo bae yumi bodaon long fored blong Lod, mo wota blong ae blong olgeta bae i ron from glad from plante sore mo lav blong Hem ova long laef blong yumi, mo tu, bigfala harem nogud we i mekem spes blong gat moa glad.²⁵

Mi testifae se taem yumi jusum blong wan tras we i semmak oltaem mo i wantem gohed wetem Kraes mo ol tabu stamba tingting blong Hem long laef blong yumi, bae Hem i visitim yumi wetem sua fasin, i toktok pis long sol blong yumi, mo mekem yumi blong “hop from paoa blong hem blong mekem yumi kam fri.”²⁶

Mi witnes se Jisas Hem i Kraes. Hem i stamba blong evri glad.”²⁷ Hem i rere wan wei mo Hem i strong blong sevem man.²⁸ Hem i laet, mo laef, mo hop blong wol.²⁹ Bambae Hem i no save lego yumi go ded.³⁰ Long nem blong Jisas Kraes, amen. ■

OL NOT

1. Luk long Alma 36:3; 57:27.
2. Luk long Alma 58:11.
3. 2 Nifae 2:23–25; oli ademap italik.
4. Luk long *The Mathnawi of Jalalu'ddin Rumi* (1925–40), trans. Reynold A. Nicholson, vol. 5, 132.
5. Russell M. Nelson, “Joy and Spiritual Survival,” *Liahona*, Nov. 2016, 82.
6. Luk long Neal A. Maxwell, “Plow in Hope,”

Liahona, July 2001, 73: “Jisas we i pemaot man, ‘i kapsaetemaot sol blong hem long ded.’ . . . !Taem yumi ‘kapsaetemaot’ sol blong yumi long wan harem nogud blong yumiwan, yumi stap emti maot, mekem rum blong moa glad!”

7. Alma 31:8; luk tu long Neal A. Maxwell, “Brim with Joy” (Brigham Young University devotional, Jan. 23, 1996), speeches.byu.edu: “Taem yumi kasem wan poen blong kam tabu, ol had taem blong yumi bae oli go lus insaed long glad blong Kraes. I no minim se bae yumi no gat ol had taem, be bae oli putum long wan lukluk we bae i letem yumi dil wetem olgeta. Wetem fasin blong gohed blong kasem glad mo wetem stret fasin we i stap kam antap, bae yumi eksperiensem wan mo drop blong glad—wan drop afta long wan narawan—kasem taem, long toktok blong wan profet, ol hat blong yumi blong i ‘fulap wetem glad’ (Alma 26:11). !Long en, kap blong ol sol i fulap tumas nao i kapkapsaet!
8. Jon 16:33.
9. Ita 1:42.
10. Ita 2:18–19.
11. Ita 2:22.
12. Luk long Jon 8:12.
13. Ita 2:19; komperem long Mak 4:38; luk tu long Mak 4:35–41.
14. Ita 2:25; oli ademap italik.
15. Ita 3:4–5.
16. Ita 6:4; oli ademap italik.
17. Ita 6:6.
18. Ita 6:8; oli ademap italik; luk tu long 1 Nifae 18:8.
19. Ita 6:10.
20. Ita 6:9; luk tu long 1 Nifae 18:16.
21. Luk long 1 Nifae 5:5. Tru long hadtaem long waelples, Lihae i glad long ol promes blesing.
22. Luk long Ita 6:11.
23. Luk long Hibrus 10:36; Alma 34:41; Doktrin mo Ol Kavenan 24:8; 64:32.
24. Ita 6:12.
25. Luk long 1 Nifae 1:20; 8:8; Alma 33:16.
26. Alma 58:11.
27. luk long Russell M. Nelson, “Joy and Spiritual Survival,” 82.
28. Luk long 2 Nifae 31:19; Alma 34:18; Moronae 10:32.
29. Luk long “Kraes we I Laef: Testemoni blong Olgeta Aposol,” 36299 852.
30. Luk long 1 Nifae 1:14.



ELDA JOJ M. ALVARADO
Blong Olgeta Seventi

Afta long Tes blong Fet blong Yumi

Taem yumi folem voes blong God mo ol kavenan rod blong Hem, bae Hem i mekem yumi strong long ol tes blong yumi.

Taem mi wan smol pikinini, wan mem-ba blong Jos i bin glad blong karem famli blong mifala long praevet plen blong hem long Pueto Riko i go long Sol Lek Siti blong mekem se mifala i save sil long tempol, be hariap nomo, ol hadtaem oli stat blong kam. Wan long ol sista blong mi, Marivid i bin sik. Wetem wari, papa mo mama i prea abaot wanem blong mekem be tufala i filim se oli mas go. Oli bin trastem se taem oli fetful blong folem smol kwaet

voes blong Lod, bae Lod i tekem kea mo blesem—mo yumi tu.

No mata long ol fasfas samting we yumi fesem long laef, yumi save trastem se Jisas Kraes bae i rere long wan wei blong taem yumi wokbaot wetem fet. God i bin promesem se evriwan we oli laef folem kavenan rod we oli bin mekem wetem Hem, bae oli kasem folem taem blong Hem, evri promes blesing blong Hem. Elda Jeffrey R. Holland i talem: “Samfala blesing oli kam hariap, sam oli kam let, mo sam oli no kam kasem taem yumi go long heven, be long olgeta we oli akseptem gospel blong Jisas Kraes, ol blesing ia *oli kam*.¹

Morona i se “fet i ol samting we yumi gat hop from mo yumi no luk; taswe, yufala i no rao from se yufala i no luk, from yufala i no kasem eni witnes kasem afta nomo long tes blong fet blong yufala.”²

Kwestin blong yumi i olsem: “?Wanem yumi sapos blong mekem blong fesem ol tes we oli stap kam long rod blong yumi?”

Long fas pablik toktok blong hem olsem Presiden blong Jos, Presiden Russell M. Nelson i tijim: “Olsem wan

niu Presidensi mifala i wantem blong stat wetem en long maen. From risen ia, mifala i stap long wan tempol mo stap toktok long yufala tedei. En, we wanwan long yumi i stap trachad from, i blong oli kavremap yumi wetem paoa insaed long wan haos blong Lod, blong yumi sil olsem ol famli, blong yumi stap fetful long ol kavenan we yumi mekem insaed long tempol; ol kavenan ia oli mekem yumi kwalifae from presen ia we i moa bigwan we i kam long God—we i laef we i no save finis. Ol odinens blong tempol mo ol kavenan we yufala i mekem insaed ia, oli ki blong mekem laef, mared, mo famli i gat moa paoa, mo oli ki blong mekem se yu gat paoa blong stanap fesem mo no foldaon long ol agens blong enemi. Wosip blong yufala insaed long tempol mo seves blong yufala long ples ia blong ol bubu blong yufala, bambae oli blesem yufala long wei ia we bae yufala i kasem moa revelesen blong yufalawan, bae yufala i kasem moa pis, mo bae i mekem yufala i moa strong blong wok blong stap long rod ia blong kavenan.”³

Taem yumi folem voes blong God mo ol kavenan rod blong Hem, bea Hem i mekem yumi strong long ol tes blong yumi.

Famli trip blong mi blong go long tempol plante yia i pas finis i bin had, be taem mifala i stap kam kolosap long Sol Let Tempol, mama blong mi we i fulap long fet, i talem, “Bae yumi Okei; Lod bae i protektem yumi.” Mifala i bin sil, mo sista blong mi i bin kam oraet. Hemia i hapen nomo afta long tes blong fet blong papa mo mama blong mi i bin folem ol smol voes blong Lod.

Eksampol blong mama mo papa blong mi i lidim ol tingting blong famli blong mifala tedei. Eksampol blong olgeta oli tijim mifala *from wanem*” blong gospel doktrin mo i helpem mifala blong andastanem mining, stamba



tingting, mo ol blesing we gospel i karem. Blong save *“From Wanem”* blong gospel blong Jisas Kraes, i save help yumi fesem ol tes blong yumi wetem fet.

Long en, evri we God i invaetem mo askem yumi blong mekem i wan wei blong soem lav blong Hem blong yumi mo tingting blong Hem blong givim long yumi evri blesing i stap blong ol fetful. Yumi no save stap tingting se ol pikinini blong yumi bae oli lanem blong lavem gospel olgetawan; hem responsabiliti blong yumi blong tijim olgeta. Taem yumi helpem ol pikinini lanem olsem wanem blong yusum ol waes joes, eksampol blong yumi i save helpem olgeta blong mekem ol stret joes blong olgetawan. Ol fetful fasin blong laef bae wan dei i helpem ol pikinini blong olgeta blong save trutok blong gospel blong olgetawan.

Ol yang man mo ol yang woman. Lisin long profet we i toktok long yufala tedei. Lukaotem blong lanem ol tabu trutok mo lukaotem blong andastanem gospel blong yufalawan. Presiden Nelson

i kaonsel i no longtaem i pas: “?Wanem waes nao yu no gat?. . . Folem eksampol blong Profet Josef. Faenem wan kwaet ples. . . . Putum tingting blong yu i stap daon long fes blong God. Talemaot hat blong yu long Papa blong yu long Heven. Tanem yu i go long Hem blong kasem ansa.”⁴ Taem yu stap lukaotem help we bae i kam long Papa long Heven blong yu we i gat lav, taem yu stap lisin long kaonsel blong ol profet we i laef, mo taem yu stap lukluk gud eksampol blong stret mo gud papa mo mama, yu tu, yu save kam wan strong joen blong fet insaed long famli blong yu.

Long ol papa mo mama wetem ol pikinini we oli kamaot long rod blong kavenan, long kwaet fasin, yufala i gobak. Helpem olgeta blong andastanem ol trutok blong gospel. Stat naoia; hem i neva let tumas.

Eksampol blong yumi blong laef folem stret fasin i save mekem wan bigfala samting i defren. Presiden Russell M. Nelson i talem: “Olsem Ol Lata-dei Sent, yumi kam blong stap tingting se, ‘jos,’



i wan samting we i hapen insaed long mitinghaos blong yumi, wetem sapot blong wanem i stap hapen insaed long hom. Yumi nidim blong stretem kaen fasin ia. Hem i taem blong i gat wan *Jos we senta blong hem i stap long hom*, mo sapot i kam long wanem i tekem ples insaed long ol branj, wod, mo stek bilding blong yumi.”⁵

Ol skripja oli tijim: “[Tijim pikinini long rod blong hem i folem: mo taem bae i kam bigwan, bae hem i no save aot long rod ia.]”⁶

Oli talem tu: “Mo nao, from we trutok we oli prijim i lidim ol man blong mekem wanem we hem i stret—yes, hem i gat moa bigfala paoa long tingting blong ol pipol bitim naef blong faet, o eni narafala samting, we i bin hapen finis long olgeta—from hemia, Alma i ting se i gat nid se oli mas traem paoa blong toktok blong God.”⁷

I gat wan stori blong wan woman we hem i no glad se boe blong hem i stat kakae tumas loli Nomata hamas taem hem i talem long hem blong i stop, hem i gohed blong mekem gud ol swit tut blong hem. Hem i no glad fulwan, hem i disaed blong tekem boe blong hem blong luk wan waes man we hem i respektem.

Hem i go luk bigfala man ia mo talem, “Bigman, boe blong mi i kakae tumas loli. ?Bae yu plis talem long hem blong stop kakae?”

Waes man ia i lisin long woman ia mo i tanem hem wetem kea mo talem





long boe blong hem: “Gohom mo kambak long tu (2) wik taem.”

Woman ia i tekem boe blong hem, mo gobak hom, i konfus from wanem hem i no askem boe blong stopem blong kakae loli.

Tu wik afta, hem i gobak wetem boe ia. Waes man ia i lukluk stret long boe ia mo talem, “Boe, yu sut stop blong kakae loli. Hem i no gud blong helt blong yu.”

Boe ia i talem yes mo promes se bae hem i nomo mekem fasin ia.

Mama blong boe ia askem, “?From wanem yu no bin talem hemia long hem tu wik i pas taem?”

Waes man ia smael. “Tu wik i pas, mi bin stap kakae loli yet miwan.”

Man ia stap laef wetem plante fasin blong stap ones we i mekem se hem i no save letem hemwan blong givim advaes kasem taem we hemwan i stap laef folem.

Jenis ia we yumi gat long pikinini blong yumi i gat moa paoa taem oli luk yumi long rod blong kavenan. Olsem profet blong Buk blong Momon, Jakob i wan eksampol blong kaen stret fasin ia. Boe blong hem Inos i raetem abaot ol tijing blong papa blong hem:

Mi, Inos, mi save se papa blong mi i bin wan stret man—from hem i bin tijim mi long lanwis blong hem, mo tu, long ol fasin we Lod—mo mi blesem nem blong God blong mi from samting ia. . . .

“ . . . Ol toktok we mi bin harem plante taem we papa blong mi i talem long saed blong laef we i no save finis, mo glad blong ol sent, i bin go draon dip long hat blong mi.”⁸

Ol mama blong ol yang boe blong Hileman oli bin laef folem gospel mo ol pikinini blong olgeta oli bin singaot wetem strong tingting. Kapten blong olgeta i ripotem:

“ . . . ol mama blong olgeta oli bin tijim olgeta, se sapos oli no gat tu tingting, oli strong fulwan, nao God bae i sevem olgeta.

“Mo oli talemaot long mi ol toktok blong ol mama blong olgeta, oli talem: ‘Mifala i no gat tu tingting, mifala i save fulwan se ol mama blong mifala oli bin save.’”⁹

Inos mo ol man blong yangfala man fact oli kam strong tru long fet blong ol papa mo mama blong olgeta, we i helpem olgeta mitim ol tes blong fet blong olgetawan.

Yumi gat blesing blong gospel blong Jisas Kraes we i kambak blong ol dei blong yumi, taem yumi filim tingting i foldaon o trabol. Yumi save luk plante witnes se bae oli trachad blong yumi blong laef stret bae i karem frut folem taem blong Lod, afta long tes blong fet blong yumi.

Long manis blong Septemba, waef blong mi mi i bin folem Elda David A. Bednar i go long dedikesen blong Poto Prins Tempol. Boe blong mitufala Jos i kam wetem mitufala mo i sendem wan teks long mi abaot eksperiens blong hem: “!I naes tumas, Papa! I no long taem, taem Elda Bedna i statem wetem prea blong dedikesen, mi save filim se rum i wom mo i fulap long laet. Prea ia i ademap plante long lukluk blong mi long stamba tingting blong tempol. Tempol hem i haos blong Lod.

Insaed long Buk blong Momon, Nifae i tijim se taem yumi wantem blong save tingting blong God, Bae Hem yumi kam strong. Hem i raetem, “Mo i bin hapen se mi Nifae, from mi yang tumas, be bodi blong mi i strong mo i bigfala, mo tu, mi gat strong

tingting tumas blong save ol sikret blong God, taswe, mi prea long Lod; mo luk hem i visitim mi, mo i mekem hat blong mi i kam sofsof, mekem se mi bilivim evri toktok we papa blong mi i talemaot; taswe, mi no go agensem hem semmak olsem ol brata blong mi.”¹⁰

Ol brata mo sista, letem yumi helpem ol pikinini blong yumi mo evriwan raon long yumi blong folem rod blong kavenan blong God blong mekem se Spirit i save tijim olgeta mo mekem ol hat blong olgeta i sofsof blong oli wantem blong folem Hem truaot long laef blong olgeta.

Taem mi stap tingting long sakri-faes mo eksampol blong papa mi luk save se fet blong yumi long Lod Jisas Kraes bae i soem long yumi wei we bae i tekem yumi i gobak hom blong yumi long Heven. Mi bin luk merikel afta long tes blong fet blong mifala.

Mi talem testimoni blong mi long sad blong Jisas Kraes mo sakrifaes blong Hem we i pem praes from ol sin blong man. Mi save Hem i Sevyia blong yumi mo Man blong mekem yumi go fri. Hem mo Papa long Heven i bin kam long spring moning ia blong 1820, long Josef Smit, profet blong Restore-sen. Presiden Russell M. Nelson i profet blong dei blong yumi Long nem blong Jisas Kraes, amen. ■

OL NOT

1. Luk long Jeffrey R. Holland, “An High Priest of Good Things to Come,” *Liahona*, Jan. 2000, 42–45.
2. Ita 12:6.
3. Russell M. Nelson, “Taem Yumi Stap Go Fored Tugeta,” *Liahona*, Epril 2018, 7.
4. Russell M. Nelson, “Revelesen blong Jos, Revelesen blong Laef blong Yumi,” *Liahona*, Mei 2018, 95.
5. Russell M. Nelson, “Ol Fas Toktok,” *Liahona*, Nov 2018, 7.
6. Ol Proveb 22:6.
7. Alma 34:31.
8. Inos 1:1, 3.
9. Alma 56:47–48.
10. 1 Nifae 2:16.



I KAM LONG ELDA RONALD A. RASBAND
Blong Kworom blong Olgeta Twelef Aposol

Stanap long Ol Promes mo Ol Kavenan blong Yumi

Mi invaetem yu blong tingting long ol promes mo ol kavenan we yu stap mekem wetem Lod mo ol narawan, wetem bigfala tru fasin, mo save se, wanem yu talem, yu mas mekem.

Ol brata mo sista. Taem yumi stap klosem sesen ia, bae yumi wanwan i holem long hat blong yumi, witnes we yumi kasem tedei long saed blong trutok blong gospel ia blong Jisas Kraes. Yumi gat blesing blong tabu taem ia tugeta blong mekem i kam strong ol promes blong yumi long Lod Jisas Kraes se yumi ol wokman blong Hem mo Hem i Sevyia blong yumi.

Hamas hem i impoten blong mekem mo kipim ol promes mo ol kavenan, oli hevi long maen blong yumi. ?Hamas hem i impoten long yu blong kipim ol toktok blong yu? ?blong oli trastem yu? ?blong mekem wanem yu talem se bae yu mekem? ?blong traehad blong givim ona long tabu kavenan blong yu? ?blong gat tru fasin? Taem yumi stap tru long long ol promes blong yumi long Lod mo long ol narawan, yumi wokbaot long rod blong kavenan i gobak long Papa blong yumi long Heven mo yumi filim lav blong Hem long laef blong yumi.

Sevyia blong yumi, Jisas Kraes, i bigfala Eksampol blong yumi long saed blong fasin blong stap mekem mo kipim ol promes mo ol kavenan. Hem i kam long wol wetem promes blong mekem tingting blong Papa. Hem i tijim ol gospel prinsipol tru long toktok mo long aksen. Hem i bin pem praes from ol sin blong yumi blong mekem se yumi save laef bakegen. Hem i givim ona long evri promes blong Hem.

?Oli save talem semmak long wanwan long yumi? ?Wanem i ol denja sapos yumi giaman smol, slip smol, o yumi no stop blong folem ol komitmen blong yumi? ?Wanem sapos yumi ronwe long ol kavenan blong yumi? ?Bae ol narawan oli “kam long Kraes” folem eksampol blong yumi? ?Bae yu mekem wanem yu talem? Kipim ol promes i no wan simpol fasin nomo, be hem i wan fasin blong stap olsem wan disaepol blong Jisas Kraes.

Lod i tingbaot evri hadtaem blong yumi long wol ia mo i promes se, “Yufala i stap glad, mo yufala i no fraet, from we mi Lod, mi stap wetem yufala, mo bae mi stanap wetem yufala.”¹ Mi bin filim Hem i stap wetem mi taem mi nidim stret save, kamfot, bigfala lukluk long saed long spirit o paoa, mo mi bin gat tingting i stap daon bigwan mo mi glad tumas long tabu kompanionsip blong Hem.

Lod i bin talem, “Evri sol we i livim sin blong hem mo i kam long mi, mo i singaotem nem blong mi, mo i obei long voes blong mi, mo i stap obei long ol komanmen blong mi, bambae hem i luk fes blong mi mo save se mi mi stap.”² Maet, hemia i bigfala promes blong Hem.

Mi bin lanem hamas i impoten blong kipim ol toktok blong mi long taem mi yang. Wan kaen eksampol olsem i taem mi stanap long laen blong talemaot Strong Promes blong Skaot. Rilesensip blong yumi wetem Ol Boe Skaot blong Amerika, bae i kam blong finis, be bae i oltaem stap wan impoten histri long mi mo long Jos ia. I go long





be yumi long Jos, yumi stanap long promes ia tedei.

Blong “go mo mekem” i minim blong girap i go bitim ol wei blong wol, kasem mo tekem aksen folem revelesen blong yuwan, laef folem stret mo gud fasin wetem hop mo fet long fluja, mekem mo kipim ol kavenan blong folem Jisas Kraes, mo afta, gat moa lav long Hem, we i Sevyia blong wol.

Wan kavenan i wan tu rod promes bitwin yumi mo Papa long Heven. Olsem ol memba blong Jos, yumi mekem kavenan long baptaes blong tekem long yumiwan, nem blong Jisas Kraes, blong laef olsem Hem i bin laef. Olsem olgeta we oli baptaes long ol wota blong Momon, yumi kavenan blong kam ol pipol blong Hem, blong karem ol hevi samting blong wanwan long yufala, blong mekem se oli nomo hevi, . . . “kxae wetem olgeta we oli krae, . . . mo leftemap tingting blong olgeta we oli nidim fasin blong leftemap tingting, mo blong stanap olsem ol witnes blong God evri taem mo long evri samting, mo long evri ples.”⁴ Givhan blong yumi long wanwan insaed long Jos i soem komitmen blong yumi blong givim ona long ol promes ia.

Taem yumi tekem sakramen, yumi riniu kavenan ia blong tekem long yumi, nem blong Hem mo mekem sam moa promes blong save kam antap. Ol tingting mo ol aksen blong yumi blong evri dei, tugeta bigwan mo smol, i soem komitmen blong yumi long Hem. Tabu promes blong Hem olsem risal i, “Mo sapos yufala i tingbaot mi oltaem, bae yufala i gat Spirit blong mi i stap wetem yufala.”⁵

Kwestin blong mi tetei i we ?yumi stanap long ol promes mo ol kavenan blong yumi, o samtaem oli ol haf-hat komitmen, we oli mekem blong pleiplei mo afta brekem isi nomo? Taem yu talem long wan, “Bae mi prea blong

Skaot oganaesesen, i go long ol man mo woman we oli givim seves wetem wan tru hat olsem ol lida blong skaot, i go long ol mama—ril poen i go long olgeta—mo i go long ol yang man we oli tekem pat long Skaot, mi talem: “Tangkyu.”

Long sesen ia, dia profet blong yumi, Presiden Russell M. Nelson, mo Elda Quentin L. Cook, tufala i bin anaonsem ol jenis we bae i mekem lukluk blong yumi i go long yut mo mekem ol oganaesesen blong yumi oli stretem olgeta wetem trutok. Antap long hemia, jes las Sandei, Presiden Nelson, mo Presiden M. Russell Ballard, oli eksplenem niu program blong Ol Pikinini mo Ol Yut blong Jos Ia blong Jisas Kraes blong Lata—dei Sent blong ful Jos i yusum. Hem i tingting blong ful wol we i lukluk long Lod mo Sevyia blong yumi, Jisas Kraes. Fas Presidensi mo Kworom blong Olgeta Twelef Aposol oli wan

long niu daereksen ia, mo mi serem witnes blong miwan se Lod i bin gaedem mifala long evri step truaot long rod ia. Mi glad blong ol pikinini mo ol yut blong Jos Ia blong Jisas Kraes blong Lata—dei Sent blong eksperiensem insaed lukluk ia tugeta long hom mo long Jos—taem oli lanem gospel, givim seves mo gat aktiviti, mo developem olgeta wanwan.

Stamba toktok blong ol yut blong yia 2020 we i stap kam, i tokbaot long saed blong promes long Nifae blong “go mo mekem.” Hem i raetem, “Mo i bin hapen se mi, Nifae, mi talem long papa blong mi: “Bae mi go mo mekem ol samting we Lod i bin talem, from mi save se Lod i no givim wan komanmen long ol pikinini blong ol man, sapos hem i no mekem rere wan rod blong olgeta, blong oli save mekem samting ia we hem i talem long olgeta.”³ I nomata se i bin hapen long taem finis,

yu,” ?yu mekem? Taem yu komitim yu, “Bae mi stap ia blong help, ?bae yu mekem? Taem yu talem se bae yu pembak wan kaon, ?yu stap pem? Taem yumi leftemap han blong yumi blong sastenem wan nara memba long wan niu koling, we i minim blong givim sapot, ?yu stap givim sapot?

Wan aftenun long yang taem blong mi, mama blong mi i sidaon long leg blong bed blong hem mo tok strong long mi se i impoten blong laef folem Tok blong Waes. “Mi save wetem eksperiens blong ol narawan, long sam yia we i pas,” hem i talem “spirit mo fasin blong filim ol samting i save lus taem yumi no folem Tok blong Waes.” Hem i lukluk stret long ae blong mi mo mi filim olsem ol toktok blong hem oli go stret long hat blong mi: “Promesem mi, Ronnie, tedei (hem i stap singaotem mi Ronnie) se bae yu oltaem laef folem Tok blong Waes.” Mi bin mekem tru promes ia long hem, mo mi bin kipim hemia long evri yia we i pas.

Komitmen ia i sevem mi gud taem mi stap wetem ol fren long yang taem blong mi, mo afta long yia ia taem mi stap long bisnis we ol samting oli kam go fri nomo. Mi bin mekem wan impoten desisen longtaem bifo blong

folem ol loa blong God, mo mi neva gobak long desisen ia. Lod i bin talem, “Mi, Lod, mi mas mekem folem promes blong mi taem yufala i mekem wanem mi talem; be taem yufala i no mekem wanem we mi talem, yufala i no gat promes.”⁶ ?Wanem nao Hem i talem long olgeta we oli obei long Tok blong Waes? Se bae yumi gat promes blong gat helt, paoa, waes, save, mo ol enjel blong protektem yumi.⁷

Sam yia i pas, Sista Rasband mo mi i bin stap long Sol Lek Tempol from siling blong wan long ol gel blong mitufala. Taem mitufala i stanap aotsaed long tempol wetem yang gel blong mitufala, we i no olfala yet blong atendem seremoni, mifala i tokbaot hamas hem impoten blong sil insaed long tabu tempol blong God. Olsem mama blong mi i bin tijim mi ol yia bifo, mifala i talem long gel blong mitufala, “Mitufala i wantem yu sil sef insaed long tempol, mo mitufala i wantem yu blong promesem mitufala se taem yu faenem kompanion blong yu we i no save finis, bae yu putum wan deit wetem hem blong sil insaed long tempol.” Hem i promes long mitufala.

Hem i bin stap talem se stat long taem ia, storian blong mifala i bin protektem



hem mo rimaenem hem long “wanem i moa impoten.” Afta, Hem i mekem tabu kavenan ia taem hem i bin sil long hasban blong hem insaed long tempol.

Presiden Nelson i bin tijim: “Yumi . . . leftemap paoa blong Sevyia long laef blong yumi taem yumi mekem tabu kavenan mo kipim ol kavenan ia i stret we i stret.” Ol kavenan blong yumi oli fasem yumi i go long Hem mo givim long yumi paoa olsem hemia blong god.⁸

Taem yumi kipim ol promes long wanwan long yumi, yumi save kipim ol promes wetem Lod. Tingbaot ol toktok blong Lod: “Taem we yufala i mekem olsem long wan brata blong mi we i daon moa long ol narafala brata blong mi, we i daon moa long ol narafala brata blong mi, be i olsem we yufala i mekem long mi nomo.”⁹

Tingtingbak, wetem mi, long ol eksampol blong ol promes long skripja. Amon mo ol boe blong Mosaea insaed long Buk blong Momon oli komitim olgeta blong “prijim toktok blong God.”¹⁰ Taem Ol Man blong Leman oli bin holemtaet Amon, oli bin karem hem i go long fored blong King Lamonae, King blong Ol Man Leman. Hem i komitim hemwan long King, “Bae mi kam wokman blong yu.”¹¹ Taem ol stilman oli kam blong stilim ol sipsip blong king, Amon i bin katemaot ol han blong olgeta. So king i sapraes, hem i lisen long mesej blong Amon long saed blong gospel mo i jenisim laef.

Rut, long Ol Testeman, i promesem avu woman blong hem, “Wea ples bae





yu go, bae mi tu mi go.”¹² Hem i bin laef folem toktok blong hem. Gudfala Man Sameria, long wan parabol insaed long Niu Testeman, i bin promesem man blong hotel se sapos hem i kea long man we i kasem kil, “[Wanem we yu spendem moa, taem mi kambak bakegen, bae mi pembak yu.]”¹³ Soram, long Buk blong Momon, i promes blong go long wael-ples wetem Nifae mo ol brata blong hem. Nifae i raetem, “Mo i bin hapen se afta we Soram i mekem wan strong promes long mifala, ol fraet blong mifala i stop long saed blong hem.”¹⁴

Wan long ol olfala promes “Lod i bin mekem long ol papa”, olsem oli tokbaot insaed long olgeta skripja se “hat blong ol pikinini bae i tanem i go long ol papa blong olgeta.”¹⁵ Long laef bifo laef long wol ia taem yumi jusum

plan blong God, yumi bin mekem wan promes blong helpem karem i kam tugeta Isrel long tugeta saed blong vel. “Yumi go insaed long wan patnasip wetem Lod,” Elda Jon A. Witso i eksplenem sam yia i pas. “Plan ia blong i wokaot, i no wok blong Papa, mo wok blong Sevyia, be wok blong yumi tu.”¹⁶

“[Blong] karem i kam tugeta i wan long impoten samting we i stap tekem ples long wol tudei,” Presiden Nelson i bin talem taem hem i travel raon long wol. “Taem yumi stap tokbaot *kam tugeta*, yumi stap talem stamba trutok ia nomo: evriwan long ol pikinini blong Papa blong yumi long Heaven, long tugeta saed blong vel, i nidim blong harem mesej blong gospel we i kambak blong Jisas Kraes.”¹⁷

Olsem wan Aposol blong Lod Jisas Kraes, mi endem wetem wan invitesen mo promes. Faswan, invitesen: Mi invaetem yu blong tingting long ol promes mo ol kavenan yu stap mekem wetem Lod mo ol narawan, wetem bigfala tru fasin, mo save se, wanem yu talem, yu mas mekem. Seken, mi promesem yu, taem yu mekem hemia, Lod bae i putumbak ol toktok blong yu mo katem-daon ol wok blong yu taem yu trachad wetem fasin we i no muvmuv blong gohed strong blong bildimap laef blong yu, blong ol famli blong yu, mo Jos Ia blong Jisas Kraes blong Lata-dei Sent. Bae Hem i stap wetem yu, ol dia brata mo sista blong mi, mo bae yu save wetem strong biliv, lukluk i go fored blong “oli go insaed long heven, blong mekem se [yu] save stap wetem God long wan ples blong hapi we i neva gat en from Lod God i bin talemaot ol samting ia”¹⁸

Long hemia, mi testifae mo promes long nem blong Jisas Kraes, amen. ■

OL NOT

1. Doktrin mo Ol Kavenan 68:6.
2. Doktrin mo Ol Kavenan 93:1.
3. 1 Nifae 3:7.
4. Mosaea 18:8–9.
5. 3 Nifae 18:7.
6. Doktrin mo Ol Kavenan 82:10.
7. Luk long Doktrin mo Ol Kavenan 89:18–21.
8. Russell M. Nelson, “Pulum Paoa blong Jisas Kraes Insaed long Laef blong Yumi,” *Jeneral Konfrens*, Epril 2017, general-conference.ChurchofJesusChrist.org.
9. Matiu 25:40.
10. Alma 17:14.
11. Alma 17:25.
12. Rut 1:16.
13. Luk 10:35.
14. 1 Nifae 4:37.
15. Doktrin mo Ol Kavenan 2:2; luk tu long Doktrin mo Ol Kavenan 27:9; 128:17; Josef Smit—Histri 1:39.
16. John A. Widtsoe, “The Worth of Souls,” *Utah Genealogical and Historical Magazine*, Oct. 1934, 189.
17. Russell M. Nelson, “Hope of Israel” (worldwide youth devotional, June 3, 2018), HopeofIsrael.ChurchofJesusChrist.org, 8.
18. Mosaea 2:41.



I KAM LONG REYNA I. ABURTO

Seken Kaonsela long Jeneral Presidensi blong Rilif Sosaeti

!Tru long Klaod mo San I Saen, Lod, Stap Wetem Mi!

*Mi testifae se “tru long klaod mo san i saen” Lod
bae i stap wetem yumi, mekem se “glad blong
Kraes i save kavremap ol hadtaem blong yumi.”*

Wan long hym we yumi lavem tumas i tokbaot krae ia, “!Tru long klaod mo san i saen, Lod, stap wetem mi!”¹ Wan taem mi stap long wan plen taem i stap flae i kam kolosap wan bigfala hariken. Mi lukluk aotsaed long windo, mi save luk wan bigfala klaod andanit long mifala. Ol laen blong laet blong san we i draon i kamtru long klaod, we i mekem laet ia i saen strong moa. I no longtaem plen i stap go daon tru long ol klaod ia we i hevi, mo sek nomo bigfala tudak ia i blokem mifala long bigfala laet we mifala i jes luk.²

I gat ol blak klaod we oli save kam long laef blong yumi, we oli save mekem yumi blaen mo no luk laet blong God, mo i save mekem yumi askem yumiwan sapos laet ia i stap yet long yumi. Sam long ol klaod ia oli, sik long tingting, bigfala wari, mo ol narafala kaen sik long tingting mo ol harem nogud. Oli save jenisim wei we yumi luk yumiwan bakegen, ol narawan, mo iven God. I save kasem ol woman mo ol man long eni yia raon long wol.

Samting we i mekem semmak damej, hem i klaod blong gat tu tingting we i mekem man i no wantem save samting, mo i save spolem nara man we i no gotru long ol jalenj ia yet. Olsem ol nara pat blong bodi, bren blong yumi i save fesem ol sik, tingting i fasfas, mo samting we i no balens gud. Taem maen blong yumi i stap safa, hem i stret blong askem help long God, long olgeta raon long yumi, mo long ol profesenol long ol sik long bodi mo sik long tingting



“Evri famli blong man—man mo woman—oli mekem olgeta folem imej blong God. Wanwan i wan spirit pikinini boe o spirit pikinini gel blong papa mo mama long heven we oli laekem olgeta tumas, mo, . . . wanwan i gat gudfala fasin mo bigfala janis blong save kam olsem God.”³ Olsem Papa mo Mama long Heven mo Sevyia blong yumi, yumi gat wan bodi blong mit mo bun⁴ mo gat ol filing.⁵

Ol dia sista blong mi, hem i nomol blong harem nogud o wari wanwan taem. Harem nogud mo bigfala wari oli fasin blong man we i gat filing.⁶ Be, sapos yumi stap gohed blong harem nogud, mo sapos ol harem nogud blong yumi i blokem yumi blong save lavem Papa blong yumi long Heven mo Piki-nini blong Hem mo paoa blong Tabu Spirit, nao maet yumi stap safa blong stap draon long wari sik long tingting, bigfala wari, o ol narafala kondisen long saed blong filing.

Gel blong mi, wantaem, i raetem: “I bin gat wan taem . . . [taem] mi stap harem nogud bigwan oltaem. Oltaem mi stap tingting se harem nogud i wan samting blong sem long hem, mo i wan saen blong wiknes. Mekem se mi kipim harem nogud ia long miwan. . . . Mi filim se mi no impoten nating.”⁷

Wan fren i talem long olsem: “Taem mi, mi smol mi stap fesem faet ia wetem ol filing se mi no save mekem wan samting, bigfala tudak, mi stap miwan, mo fraet, mo mi gat filing ia se mi no save mekem wan samting. Mi mekem evri samting blong haedem ol harem nogud blong mi mo traem blong neva givim tingting ia se mi, mi wan samting be mi stap traem blong mekem mo stanap strong.”⁸

Ol dia fren blong mi, i save hapen long eniwan long yumi—speseli taem, yumi ol man blong biliv long bigfala plan blong stap glad, yumi putum ol

harem nogud we i no nid nomo long yumiwan taem yumi stap tingting se yumi nidim blong kam stret gud evriwan. Ol kaen tingting ia oli save kam bigwan tumas. Blong blong kam stret evriwan hem i wan rod we bae i tekem ples truaot long laef blong yumi long wol ia mo long nekis laef—mo tru nomo long gladhat blong Jisas Kraes.⁹

Long nara wei, taem yumi talemaot ol hadtaem long saed blong filing, mo talem se yumi no stret evriwan, nao yumi givim raet long ol narawan blong serem ol hadtaem blong olgeta. Tugeta, yumi luksave se i gat hop mo yumi no nid blong safa yumiwan.¹⁰

Olsem ol disaepol Jisas Kraes, yumi mekem ol kavenan wetem God se bae yumi “karem ol hevi samting blong wanwan long [yumi], blong mekem se oli nomo hevi” mo “blong krae wetem olgeta we oli krae sore”.¹¹ Hemia bae i minim blong kasem infomesen abaot sik long filing, faenem ol risos we i save help long ol hadtaem ia, mo blong karem yumiwan mo ol narawan i kam long Kraes, we i Masta Dokta.¹² Iven sapos yumi no save luksave wanem ol narawan oli stap gotru long hem, blong akseptem se harem nogud blong olgeta i ril, i wan fas step we i impoten blong kasem andastaning mo hiling.¹³

Samtaem, oli save faenemaot wanem i mekem sik long tingting mo bigfala wari i save hapen, be samtaem bae i had blong oli save luksave.¹⁴ Samtaem ol bren blong yumi i stap safa from tingting i fasfas¹⁵ o taet tumas,¹⁶ we samtaem bae i save kam gud taem oli mekem jenis long wanem oli kakae, slip, mo eksasaes. Samtaem, i nidim blong tekem tritmen long sik mo tekem meresin olsem ol dokta oli talem se i nid blong tekem.

Taem oli no tritim sik long tingting o sik long filing bae i save lid i go blong wantem stap yuwan moa, no tingting gud, wan rilesensip we i no stap gud,



wantem blong givim kil long yuwan, mo iven blong karemaot laef blong yuwan. Mi save long ol samting ia, taem papa blong mi i tekemaot laef blong hemwan plante yia i pas. Ded blong hem i mekem famli blong mi mo mi i sek mo mekem mifala harem nogud tumas. I tekem mi plante yia blong wok wetem harem nogud blong mi, mo naoia, mi lanem se blong tokbaot fasin blong tekemaot laef blong yuwan, long wei we i stret, i help blong stopem hemia be i no blong leftemap tingting blong yu.¹⁷ Naoia we mi tokbaot ded blong papa blong mi long ol pikinini blong mi wetem open tingting, mi witnesem hiling we Sevyia i givim long tugeta saed blong vel.¹⁸

Sore nomo, plante long olgeta we oli safa long bigfala sik long tingting, oli stap longwe long olgeta Sent from se oli filim se oli no fit blong stap wetem sam long ol memba ia. Yumi save helpem olgeta blong oli save mo filim se, olgeta tu, oli blong yumi. Hem i impoten blong luksave se bigfala sik long tingting hem i no kam from wan i no strong, o from se wan i mekem sin.¹⁹ Sik ia i “mekem man i safa long sikret mo nara man i no andastanem hem.”²⁰ Tugeta, yumi save brekem ol klaod ia blong stap yuwan mo no akseptem samting, mekem se ol hevi blong sem ia bae i kamaot mo ol merikel blong hiling i tekem ples.

Long seves blong Hem long wol ia, Jisas Kraes i hilim olgeta sik mo olgeta we oli harem nogud, be wanwan long ol man ia i mas praktisim fet blong

hem long Kraes, mo blong go mekem samting blong hem i save kasem hiling blong Hem. Sam oli wokbaot long longfala rod, ol narawan oli pusum han blong olgeta blong tajem klos blong Hem, mo ol narawan oli mas karem olgeta blong Hem i hilim olgeta.²¹ Taem i blong kasem hiling, ?i no tru se yumi rili nidim Hem? “?Weswe? ?Yumi no man blong askem samting?”²²

Bae yumi blong folem rod blong Sevyia mo gat moa lav mo sore, blong daonem fasin blong jajem man mo stopem yumi blong stap poenem fingga long rong long saed blong spirit, blong nara man. Blong stap lisin wetem lav i wan long presen we i hae olgeta we yumi save givim, mo bae yumi save help blong karem o leftemap ol hevi klaod we i sarew win blong olgeta we yumi lavem tumas mo ol fren,²³ mekem se, tru long lav blong yumi oli save filim Tabu Spirit mo kasem laet ia we i kam long Jisas Kraes.

Sapos yu stap gohed blong gat “klaod blong tudak raon long yu,”²⁴ tanem yu i go long Papa long Heven. I no gat wan samting we yu eksperienssem bae i save jenisim trutok ia we i no save finis, se yu yu pikinini blong Hem, mo Hem i lavem yu.²⁵ Tingbaot se Kraes i Sevyia mo Ridima blong yu, mo God i Papa blong yu. Tufala i andastanem. Pikjarem Tufala i kolosap long yu, stap lisin mo stap givim sapot.²⁶ “[Tufala] i leftemap tingting blong yufala long ol hadtaem blong yufala,”²⁷ Mekem evri samting yu save mekem mo trastem gladhat ia blong Lod we i pem praes.

Ol hadtaem blong yu i no talemaot huia yu, be oli save *jenisim* yu.²⁸ From “nil blong aranis i stap stikim [Hem],”²⁹ yu save kasem paoa blong gat moa lav mo sore long ol narawan. Olsem we Tabu Spirit i lidim yu, serem stori blong yu blong save “givhan long olgeta we oli no strong, leftemap ol han we oli hang i

kamdaon, mo mekem ol ni ia we oli no strong oli kam strong moa.”³⁰

Long olgeta we oli stap gat had-taem wetem o stap sapotem wan man we i gat hadtaem blong mekem wan samting, bae yumi wantem blong folem ol komanmen blong God blong mekem yumi gat Spirit blong Hem i stap wetem yumi.³¹ Letem yumi i mekem “ol smol mo simpol samting”³² we bae i givim paoa long saed blong spirit. Olsem we Presiden Russell M. Nelson i talem: “I no gat wan samting i openem ol heven olsem taem yumi kombaenem fasin blong stap klin gud, obei fulwan, lafet evri dei long ol toktok blong Kraes insaed long Buk blong Momon, mo gobak oltaem long tempol mo mekem tempol mo famli histri wok.”³³

Yumi tingbaot se Sevyia blong yumi, Jisas Kraes i tekem “long hem ol samting blong [yumi] we oli no strong, blong mekem se insaed blong hem i save kam fulap long sore, long saed blong bodi blong mit mo bun, mekem se hem i save, . . . olsem wanem blong helpem [yumi] long saed blong ol samting . . . we [yumi] no strong long olgeta.”³⁴ Hem i kam “mekem ol man we tingting blong olgeta i foldaon olgeta, oli harem gud bakegen . . . blong leftemap tingting blong olgeta we oli harem nogud, we oli stap krae; . . . oli glad, mo blong mekem we oli nomo krae, oli stap sing blong presem hem.”³⁵

Mi testifae long yu se “tru long klaod mo san i saen” Lod bae i stap wetem yumi, mekem se “glad blong Kraes i kavremap olgeta hadtaem,”³⁶ mo hemia “i tru long gladhat blong God we Lod i sevem [yumi], afta evri samting nomo we [yumi] save mekem.”³⁷ Mi testifae se Jisas Kraes bae i kambak long wol ia wetem paoa blong hiling long ol wing blong hem.”³⁸ Laswan bae Hem i “ravemaot wota blong ae blong [yumi], nao bam-bae i nomo gat man i . . . krae.”³⁹ Long

olgeta we oli “kam long Kraes, mo kam stret evriwan tru hem,”⁴⁰ “Mi mi olsem san mo mun blong yufala, be neva bae mi go daon samtaem . . . Mi mi Hae God, mo bambae mi laet blong yufala, gogo i no save finis. Naoia yufala i stap harem nogud, yufala stap krae, be hadtaem ya bae i finis.”⁴¹ Long nem blong Jisas Kraes, amen. ■

OL NOT

1. “Abide with Me!” *Hymns*, no. 166.
2. Taem mifala i bin stap antap evriwan long ol klaod, mifala i no save luksave tudak we i bin stap sam mita andanit long mifala, mo taem we tudak andanit ia i kam blong kavremap mifala, i bin had blong luk laet blong san we i bin stap saen sam mita antap long mifala.
3. “Famli: Wan Ofisol Toktok I Go long Wol” 35602 852.
4. “Mo spirit mo bodi oli sol blong man” (Doktrin mo Ol Kavenan 88:15). “Bodi blong yu i wan tempol blong spirit blong yu. Mo wei we yu stap yusum bodi blong yu, i stap tajem spirit blong yu” (Russell M. Nelson, “Decisions for Eternity,” *Liahona*, Nov. 2013, 107).
5. Eksampol, luk long Aesca 65:19; Luk 7:13; 3 Nifae 17:6–7; Moses 7:28. Blong stap lanem blong faenemaot mo tekem ol filing blong yumi se oli impoten, i save helpem yumi blong yusum gud olgeta blong kam moa olsem Sevyia, Jisas Kraes.
6. luk long “Sadness and Depression,” kidshealth.org/en/kids/depression.html.
7. Hermana Elena Aburto blog, hermanaelenaaburto.blogspot.com/2015/08. Hem i bin raetem tu:
 “Tes ia i givim mi wan janis blong rili praktisim fet blong mi long plan ia blong fasin blong sevem man. From se mi bin save se Papa long Heven i bin lavem mi, mo Hem i gat wan plan blong mi, mo we Kraes i bin andastanem stret wanem we mi bin stap gotru long hem.”
 “God i no stap jikim yu taem yu no gat wan skil. Hem i hapi blong helpem yu blong kam antap mo blong yu sakem sin. Hem i no ting se bae yu stretem evri samting long wan taem ia nomo. Yu no nid blong mekem samting ia yuwan” (iwillhealthee.blogspot.com/2018/09).
8. Praevet leta. Mo tu, hem i bin raetem: “Hiling pomad blong Atonmen blong Sevyia i bin stap olsem, spring ia we i bin stap oltaem, blong pis mo blong haed long hem truaot long wokbaot blong mi. Taem mi filim se mi stap miwan long hadtaem blong mi, Hem i stap rimaenem mi se Hem i bin gotru long

samting ia finis, we mi mi stap gotru long hem, mo Hem i bin mekem hemia long bihaf blong mi. . . . I gat fulap hop i stap taem mi bin save se fiuja bodi blong mi we bae i stret evriwan mo i laef bakegen long ded, bae i no save fesem hadtaem ia blong laef ia.”

9. Luk long Russell M. Nelson, “Perfection Pending,” *Ensign*, Nov. 1995, 86–88; Jeffrey R. Holland, “Bae Yufala I Stret Evriwan—long En,” <https://www.churchofjesuschrist.org/general-conference/2017/10?lang=bis>, Okt. 2017; J. Devn Cornish, “?Mi Mi Stret Evriwan ia? ?Bae Mi Save Kasem Ples Ia?” <https://www.churchofjesuschrist.org/general-conference/2016/10?lang=bis>, Okt. 2016; Cecil O. Samuelson, “What Does It Mean to Be Perfect?” *New Era*, Jan. 2006, 10–13.
10. Hem i impoten blong tokbaot ol samting ia long ol pikinini blong yumi. Ol famli blong yumi, mo ol fren blong yumi long haos mo ol wod mo ol komuniti.
11. Mosaca 18:8–9.
12. Luk long Russell M. Nelson, “Jesus Christ—the Master Healer,” *Liahona*, Nov. 2005, 85–88; Carole M. Stephens, “Masta blong Hilim Evri Samting,” <https://www.churchofjesuschrist.org/general-conference/2016/10?lang=bis>, Okt. 2016.
13. Blong save olsem wanem blong luksave ol saen mo ol sik insaed long yumiwan mo ol narawan, bae i save help. Yumi save lan tu blong kasem mo faenem ol paten blong tingting we oli no stret mo i no helti, mo lan blong riplesem olgeta wetem sam moa helti fasin.
14. Sik long tingting i save stap olsem risal blong ol gudfala jenis long laef—olsem taem wan bebi i bon, o wan niu wok—hem i save hapen taem ol gud samting oli stap hapen insaed long laef blong wan.
15. Luk long “Understanding Stress,” *Adjusting to Missionary Life* (2013), 5–10.
16. Luk long Jeffrey R. Holland, “Olsem Wan Man we Oli Sakem Finis,” <https://www.churchofjesuschrist.org/general-conference/2013/10?lang=bis>, Nov 2013.
17. Luk long Dale G. Renlund, “Understanding Suicide” (video), ChurchofJesusChrist.org; “Talking about Suicide” (video), ChurchofJesusChrist.org; Kenishi Shimokawa, “Understanding Suicide: Warning Signs and Prevention,” *Liahona*, Oct. 2016, 35–39.
18. “Stat blong hiling i nidim blong wan i mas gat fet olsem hemia blong wan pikinini, long wei ia se, i no gat wan nara tru samting, be nomo se Papa we i stap long Heven i lavem yu mo i putum wan wei i stap blong yu kam oraet bakegen. Pikinini blong Hem we Hem i Lavem Tumas, Jisas Kraes, i bin givim laef blong Hem blong mekem se hiling ia i save tekem ples. Be i no gat majik ansa, i no gat wan simpol pomad blong mekem man i kam



I KAM LONG LISA L. HARKNESS
Fas Kaonsela long Praemeri Jeneral Presidensi

Givim Ona long Nem blong Hem

Wetem kavenan aedentiti mo weaples yumi stap long hem, oli singaotem yumi tru long nem blong Jisas Kraes.

- oraet bakegen, i no gat wan isi rod blong mekem meresin ia i fulwan. Meresin ia, i wantem se wan i gat dip fet long Jisas Kraes, mo long bigfala paoa blong Hem blong hilim man (Richard G. Scott, “To Heal the Shattering Consequences of Abuse,” *Liahona*, May 2008, 42). Taem i gat wan problem i stap, i fasin blong yumi blong wantem stretem. Be, yumi no mas kam ol wan man ia nomo blong save stretem yumiwan, o ol narawan. Yumi no nid blong mekem evri samting yumiwan. Bitim wan taem long laef blong mi, mi bin askem ol dokta blong helpem mi blong gotru long ol taem we oli bin had.
19. Luk long Luk long Jon 9:1–7.
 20. Jane Clayson Johnson, *Silent Souls Weeping* (2018), 197.
 21. Luk long Matiu 9:2–7, 20–22; 14:35–36; Mak 1:40–42; 2:3–5; 3 Nifae 17:6–7.
 22. Mosaea 4:19; luk tu long Jeffrey R. Holland, “?I No Yumi Evriwan I Man blong Askem Samting?” <https://www.churchofjesuschrist.org/general-conference/2014/10?lang=bis>, Okt 2014.
 23. Luk long Rom 2:19; 13:12; luk tu long Jeffrey R. Holland, “Come unto Me” (Brigham Young University devotional, Mar. 2, 1997), speeches.byu.edu.
 24. 1 Nifae 8:23; luk tu long 1 Nifae 12:4, 17; 3 Nifae 8:22.
 25. Luk long Ol Sam 82:6; Rom 8:16–18; Doktrin mo Ol Kavenan 24:1; 76:24; Moses 1:1–39.
 26. Luk long *Adjusting to Missionary Life*, 20; luk tu long Maeka 7:8; Matiu 4:16; Luk 1:78–79; Jon 8:12.
 27. Jekob 3:1; luk tu long Efesas 5:8; Kolosia 1:10–14; Mosaea 24:13–14; Alma 38:5. Ridim petriakel blesing blong yu o askem wan prishud blesing blong mekem yu save harem mo tingbaot hamas Papa long Heven i lavem yu mo wantem blong blesem yu.
 28. Luk long 2 Korin 4:16–18; Doktrin mo Ol Kavenan 121:7–8, 33; 122:5–9.
 29. 2 Korin 12:7.
 30. Doktrin mo Ol Kavenan 81:5 luk tu long Asea 35:3.
 31. Luk long Moronae 4:3; Doktrin mo Ol Kavenan 20:77.
 32. Alma 37:6.
 33. Russell M. Nelson, “Revelesen blong Jos, Revelesen blong Laef blong Yumi,” *Liahona*, Mei 2018, 93.
 34. Alma 7:12; luk tu long Asea 53:4; 2 Nifae 9:21; Mosaea 14:4.
 35. Asea 61:1–3; luk tu long Luk 4:18.
 36. Alma 31:38; luk tu long Alma 32:43; 33:23.
 37. 2 Nifae 25:23.
 38. Malakae 4:2; 3 Nifae 25:2.
 39. Revelesen 21:4.
 40. Moronae 10:32.
 41. Asea 60:20.

Olsem wan mama mo papa i glad tumas blong wet long taem we wan bebi i bon, olgeta i gat responsabiliti ia blong jusum wan nem blong bebi ia we i jes stap bon. Ating taem yu bon, yu bin kasem wan nem we oli stap pasem i kam daon long famli blong yu blong plante jeneresen. O ating nem we oli givim long yu hem i wan nem we fulap long ol man oli stap yusum long yia ia o long eria we yu bon long hem.

Profet Hileman mo waef blong hem i givim ol famli nem we i gat mining long ol pikinini boe blong tufala, Nifae mo Lihae. Afta, Hileman i talem long ol pikinini boe blong hem

“Mi bin givim long yutufala ol nem blong ol fasfala papa blong yumi . . . taem we yutufala i tingbaot ol nem blong tufala, yutufala i save tingbaot tufala; mo taem we yutufala i tingbaot tufala, yutufala i save tingbaot ol wok blong tufala; . . . yutufala i save tingbaot we oli bin talem, mo tu, oli bin raetem, se oli bin gud.

“From hemia, ol boe blong mi, mi wantem se yutufala i mekem samting we i gud.”¹

Nem blong Nifae mo Lihae i helpem tufala i tingbaot ol gudfala wok we bubu blong tufala i mekem mo i leftemap tingting blong tufala blong mekem gud tu.

Ol sista, i nomata weaples yumi stap long hem, wanem lanwis yumi toktok, o sapos yumi gat 8 yia o 108 yia, yumi serem wan spesel nem we i gat ol semmak stamba tingting ia.

“Yufala evriwan we i baptaes finis blong joen long Kraes, yufala i tekem



Kraes finis . . . : from samting ia [yumi]
kam wan nomo long Kraes Jisas”²

Olsem ol memba blong Jos Ia blong
Jisas Kraes blong Ol Lata Dei Sent, “fas-
wan yumi promes se bae yumi rere gud
blong tekem long yumi nem blong Jisas
Kraes, tru long odinens blong baptaes.”³
Tru long kavenan ia, yumi promes blong
oltaem tingbaot Hem, kipim olgeta
komanmen blong Hem mo givim seves
long ol narawan. Blong wantem blong
kipim kavenan ia i riniu evri Sabat dei
taem yumi tekempat long sakramen mo
stap glad bakegen long *ol blesing* blong
wokbaot long niufala laef ia.”⁴

Nem we oli givim long taem we yumi
bon i ripresentem wanwan aedentiti
blong yumi mo i givim long yumi se
yu gat wan famli i stap long wol ia. Be,
taem yumi “bon bakegen” long taem
blong baptaes blong yumi, save ia long
huia yumi i kam bigwan. “Mo nao,
from kavenan ia we yufala i bin mekem,
bae oli singaotem yufala ol pikinini
blong Kraes, . . . from luk, . . . hem i bin
bonem yufala i kam long saed blong
spirit; from yufala i talem se hat blong
yufala i bin jenis tru long fet we yufala
i gat long nem blong hem; from hemia,
yufala i bon long hem.”⁵

From hemia, wetem kavenan
aedentiti mo wea ples yumi stap long
hem, oli singaotem yumi tru long nem
blong Jisas Kraes. Mo “bae i no gat
wan narafala nem we bae oli givim, o
wan narafala wei, o fasin we fasin blong
sevem man i save kam long ol pikinini
blong ol man, tru mo long nem blong
Kraes nomo, Lod ia we I Gat Ol Paoa.”⁶

Nem blong Jisas oli bin save bifo
Hem i bon. I go long King Benjamin,
wan enjel i profesae se,”Mo bae oli sing-
aotem hem Jisas Kraes, Pikinini blong
God, . . . mo mama blong hem bae oli
singaotem hem, Meri.⁷ Wok blong Hem
blong “lav blong pemaot man”⁸ we oli
mekem ol pikinini blong God i save



long taem we gospel i stap long wol ia,
long dei blong Adam mo Iv go kasem
dei blong yumi tedei, blong mekem se
oli save “long wanem ples oli save luk-
luk long hem blong kam klin aot long
ol sin blong olgeta.”⁹

Las yia Presiden Russell M. Nelson
i mekem wan “singaot blong profet”
i go long ol sista blong oli “mekem
wan gud fiuja taem yufala i help blong
karem tugeta Isrel ia we i serseraot.”
Hem i invaetem yumi blong ridim Buk
blong Momon mo “makem wanwan
ves ia we i talem nem o i tokbaot
Sevya.” Hem i askem se bae, “wetem
tru tingting blong tokbaot Kraes, glad
long Kraes mo prij abaot Kraes wetem
ol famli mo fren blong [yumi].” Ating
bae yu kam blong luksave ol blesing
blong promes blong hem se “bambae
yufala i kam kolosap moa long Sevya
. . . mo ol jenis ia, iven ol merikel, bae
oli stat blong hapen.” Mo ol jenis, iven
ol merikel, bae oli stat blong hapen.¹⁰

Promes blong yumi i blong “oltaem
tingbaot Sevya we i givim moa paoa
long yumi blong stanap long trutok

mo fasin blong stap stret mo gud—i no
mata sapos yumi stap long wan ples
we i gat fulap man long hem o ol ples
blong yumi we stap nating, we i nogat
man i save ol aksens blong yumi be God
nomo i save. Taem yumi tingbaot Hem
mo nem blong Hem we yumi tekem,
yumi nogat wan ples we blong stap sem
long ol samting o blong ting hae long
yuwan. Wetem wan ae we i lukluk nomo
i go long Sevya, yumi luk yumiwan long
huia nao yumi stret—wan pikinini we
God i lavem.

Blong tekem aksens blong tingbaot
kavenan blong yumi i mekem ol wari
blong wol ia i kwaet, i tanem ol tu
tingting long yuwan i go blong gat
strong tingting, mo i givim hop long
ol taem we i had.

Mo taem yumi ol mekem mistek
long progres blong rod blong kavenan
blong yumi, yumi nid blong tingbaot
nomo nem blong Hem mo fasin blong
Hem stap kaen wetem lav we i kam
long yumi. “From hem i gat evri paoa,
evri waes tingting, mo evri haremsave;
hem i haremsave evri samting, mo hem

i wan Man we i gat sore, . . . oli sakem sin mo biliv long nem blong hem.¹¹ Be i no gat nem we i mo gud long nem blong Jisas long olgeta evriwan, we i gat wan hat blong sore mo wan spirit we i stap daon, blong lukaotem blong “mekem i gud mo i kam gud moa.”¹²

Presiden Nelson i tijim: “Dei i pas taem yu save stap kwaet mo stap olsem wan gudfala Kristian. Relijin blong yu i no blong jes kamkamaot long Jos long Sandei. Be hem i blong kamkamaot olsem wan tru disaepol long Sandei moning go kasem Satedei naet. . . . I nogat wan samting olsem pat-taem disaepol blong Lod Jisas Kraes.”¹³

Blong wantem, blong tekem long yumiwan nem blong Kraes hem i moa long wan wei blong talem ol toktok ia. Hem i no wan promes o wan kalja we i no tru. Hem i no wan seremoni o wan nem tag we yumi werem. Hem i no wan toktok we yumi putum nomo long sef o hangem long wol blong haos. Hem i wan nem we oli “putum,”¹⁴ raetem long hat blong yumi, mo “i stap long fes blong [yumi].”¹⁵

Oltaem oli mas tingbaot sakrifikes we Sevyia i pemaot praes blong sin, tru long tingting blong yumi, ol aksen, mo wetem olgeta we oli stap raon long yumi. Hem i no tingbaot nomo *nem blong yumi*, be Hem i tingbaot *yumi* oltaem. Sevyia i talem:

“From ?I posibol blong wan woman i save fogetem pikinini blong hem we hem i stap givim titi long hem? ?I posibol blong hem i no save gat sore long boe we i kamaot long bel blong hem? Yes, oli save fogetem, be stil, bae mi no fogetem yu, O laen blong Isrel.

“Luk, mi bin raetem yu long skin blong insaed han blong ol han blong mi.”¹⁶

Presiden George Albert Smith i bin tijim, “Givim ona long nem we yu karem, from se wan dei bae yu gat janis



mo responsabiliti ia blong ripotem . . . long Papa blong yu long Heven . . . long wanem yu mekem long [olgeta] nem ia.”¹⁷

Olsem ol nem we oli jusum gud blong Nifae mo Lihae, we oli save talem mo raetem long yumi ?se yumi ol tru disaepol blong Lod Jisas Kraes? ?Yumi givim ona long nem blong Jisas Kraes se bae yumi wantem blong tekem long yumi? ?Yumi “wan minista mo wan witnes”¹⁸ blong lav blong Hem we i kaen mo paoa blong Hem blong sevem yumi?

I no long taem i pas, mi stap lisin long Buk blong Momon Long las japta blong 2 Nifae, mi *harem* Nifae i talem wan samting we bae mi neva *ridim* long sem wei ia bifo. Long ful rekod blong hem, hem i tijim mo testifae long Ridima,” Tabu wan blong Isrel,” “Smol sipsip blong God,” mo “Mesaea.” Be taem hem i klosem storian blong hem, mi harem hem i talem ol toktok ia: “Mi glad long klia fasin, mi glad long trutok, mi glad long *Jisas blong mi*, from hem i pemaot sol blong mi.”¹⁹ Taem mi harem olgeta toktok ia, hat blong mi i glad mo mi stap lisin long hem bakegen mo bakegen. Mi luksave mo ansa long ves ia olsem we mi jes luksave mo ansa long nem blong mi.

Lod i bin talem “Yes, mi mi blesem ol pipol ia we oli glad blong tekem nem blong mi; from long nem blong mi bae oli singaotem olgeta, mo oli blong mi.”²⁰

Olsem ol memba blong Jos Ia blong Jisas Kraes blong ol Lata-dei Sent, bae yumi “wetem glad tekem long yumi] nem blong Kraes”²¹ taem yumi givim ona long Nem blong Hem wetem lav,divosen, mo ol gudfala wok. Mi testifae se Hem i “Smol Sipsip blong God, yes, hem i Pikinini blong Papa we I No Save Finis”²² Long nem blong Jisas Kraes, amen. ■

OL NOT

1. Hileman 5:6–7.
2. Galesia 3:27–28.
3. D. Todd Christofferson, “Paoa blong Ol Kavenan,” *Liahona*, Mei 2009, 20.
4. Rom 6:4.
5. Mosaea 5:7.
6. Mosaea 3:17.
7. Mosaea 3:8.
8. Alma 26:13.
9. 2 Nifae 25:26.
10. Russell M. Nelson, “Ol Sista Oli Tekpat long Kam Tugeta blong Isrel,” *Liahona*, Nov. 2018, 68.
11. Alma 26:35.
12. Russell M. Nelson, “Yumi Save Mekem Gud Moa mo Stap Gud Moa,” *Liahona*, Mei 2019, 67.
13. Russell M. Nelson, “Disciples of Jesus Christ—Defenders of Marriage” (Brigham Young University commencement, Aug. 14, 2014), 3, speeches.byu.edu.
14. Galesia 3:27.
15. Alma 5:19.
16. 1 Nifae 21:15–16.
17. George Albert Smith, “Your Good Name,” *Improvement Era*, Mar. 1947, 139.
18. Ol Wok 26:16.
19. 2 Nifae 33:6; oli ademap italik.
20. Mosaea 26:18.
21. Alma 46:15.
22. 1 Nifae 11:21.



FAS PRESIDENSI



Dallin H. Oaks
Fas Kaonsela



Russell M. Nelson
Presiden



Henry B. Eyring
Seken Kaonsela

KWOROM BLONG OLGETA TWELEF APOSOL



M. Russell Ballard



Jeffrey R. Holland



Dieter F. Uchtdorf



David A. Bednar



Quentin L. Cook



D. Todd Christofferson



Neil L. Andersen



Ronald A. Rasband



Gary E. Stevenson



Dale G. Renlund



Gerrit W. Gong



Ulisses Soares

PRESIDENSI BLONG OLGETA SEVENTI



L. Whitney Clayton



Patrick Kearon



Carl B. Cook



Robert C. Gay



Terence M. Vinson



José A. Teixeira



Carlos A. Godoy

OL JENERAL ATORITI SEVENTI

(folem alfabet oda long Inglis)



Marcos A. Adzukatis



Ruben V. Allaud



Jose L. Alonso



Jorge M. Alvarado



Ian S. Ardern



Steven R. Bangertner



W. Mark Bassett



David S. Baxter



Randall K. Bennett



Hans T. Boom



Shayne M. Bowen



Mark A. Bragg



L. Todd Budge



Matthew L. Carpenter



Craig C. Christensen



Weatherford T. Clayton



Valeri V. Gordin



J. Devin Cornish



Joaquin E. Costa



LeGrand R. Curtis Jr.



Massimo De Feo



Benjamin De Hoyos



Edward Dube



Kevin R. Duncan



Timothy J. Dyches



David F. Evans



Enrique R. Falabella



Randy D. Furk



Eduardo Gavaret



Jack N. Gerard



Taylor G. Godoy



Christoffel Golden



Walter E. González



Brook P. Hales



Kevin S. Hamilton



Allen D. Haynie



Mathias Held



David P. Homer



Paul V. Johnson



Peter M. Johnson



Larry S. Kacher



Jörg Klebingat



Joni L. Koch



Erich W. Kopischke



Hugo E. Martinez



James B. Martino



Richard J. Maynes



Kyle S. McKay



Peter F. Meurs



Hugo Montoya



Marcus B. Nash



K. Brett Nattress



S. Gifford Nielsen



Brent H. Nielson



Adrián Ochoa



S. Mark Palmer



Adilson de Paula Parrella



Kevin W. Pearson



Anthony D. Perkins



John C. Pingree Jr.



Rafael E. Pino



James R. Rasband



Michael T. Ringwood



Lynn G. Robbins



Gary B. Sablin



Evan A. Schmutz



Joseph W. Strati



Vern P. Stantill



Benjamin M. Z. Tai



Brian K. Taylor



Michael John U. Teh



Juan A. Uceda



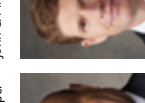
Aníbal Valenzuela



Juan Pablo Villar



Taniela B. Wakolo



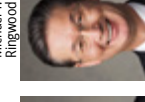
Alan R. Walker



Scott D. Whiting



Chi Hong (Sam) Wong



Kazuhiko Yamashita



Jorge F. Zaballón

PRISAEDING BISOPRIK



Dean M. Davies
Fas Kaonsela



Gerald Causse
Prisaeding Bisopri
Seken Kaonsela



W. Christopher Waddell
Seken Kaonsela

OL JENERAL OFISA



Milton Camargo
Fas Kaonsela



Mark L. Pace
Prisiden



Jan E. Newman
Seken Kaonsela



Michelle Craig
Fas Kaonsela



Bonnie H. Gordon
Prisiden



Becky Craven
Seken Kaonsela



Sharon Eubank
Fas Kaonsela



Jean B. Bingham
Prisiden



Reyna I. Aburto
Seken Kaonsela



Lisa L. Harkness
Fas Kaonsela



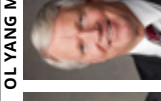
Joy D. Jones
Prisiden



Cristina B. Franco
Seken Kaonsela



Douglas D. Holmes
Fas Kaonsela



Stephen W. Owen
Prisiden



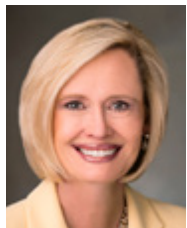
M. Joseph Brough
Seken Kaonsela



Ol Yang Man

Oktober 2019





I KAM LONG BONNIE H. CORDON
Yang Woman Jeneral Presiden

Ol Gel we Mi Lavem Tumas

Long stamba blong evri samting we yumi stap mekem long Ol Yang Woman, i hat blong mifala blong helpem yufala blong kasem wan fet we i no seksek long Lod Jisas Kraes.

Ol dia sista blong mi. !Hem i gud tumas blong stap wetem yufala! Yumi stap witnesem revelesen we i kapkapsaet, mo i luk dip insaed long sol mo i givim paoa.

Bifo yumi stat, mi wantem presen-tem sam fren long yufala; oli ol yang woman we oli gat spesel talen, fasin, mo situesen blong olgetawan mo famli. Wanwan long olgeta, olsem yufala evri-wan, i tajem hat blong mi.

Faswan, hemia Bella. Hem i stanap strong olsem wan yang woman ia nomo insaed long branj blong hem long Aeslan.

Hemia strong Josephine blong Afrika, we i komitim hem bakegen blong stap stadi long Buk blong Momon evri dei. Hem i stap faenemaot paoa mo blessing we oli kam tru long simpol mo fetful aksen ia.

Mo laswan, hemia dia fren blong mi, Ashtyn, wan top yang woman we i ded afta Hem i faet wetem kansa, blong sikis yia. Testemoni blong hem abaot Atonmen blong Jisas Kraes i stap ring yet insaed long hat blong mi.

Yufala *evriwan* o i gudgudfala yang woman. Yufala wanwan i wan ia nomo,

we wanwan i gat presen mo eksperiens blong yuwan, be yet, yufala i semmak long ol impoten wei we i no save finis.

Yufala i stret spirit gel ia blong Papa mo Mama long Heven, mo i no gat samting i seperetem yufala long lav blong Tufala mo lav blong Sevyia blong yufala.¹ Taem yufala i stap kam kolosap moa long Hem, iven blong tekem ol smol bebi step i go fored, bae yufala i faenemaot pis ia we i stap oltaem we i kam slip gud insaed long sol blong yu olsem wan fetful disae-pol blong Sevyia, Jisas Kraes.

Presiden Russell M. Nelson, dia profet blong yumi, i bin askem se bae mi serem wan jenis we i kam tru long

insperesen, we bae i helpem yufala blong “developem tabu paoa we i blong yufalawan,”² mo kam antap long stret mo gud paoa blong lidim tingting blong man. Bae mi tokbaot ol fofala eria blong jenis ia, tedei.

Stamba Toktok blong Ol Yang Woman

Faswan. Long stamba blong evri samting we yumi stap mekem long Ol Yang Woman, i hat blong mifala blong helpem yufala blong kasem wan fet we i no seksek long Lod Jisas Kraes,³ mo wan sua save abaot tabu aedentiti blong yu olsem wan gel blong God.

Tedei, bae mi wantem anaonsem wan revisen long stamba toktok blong Ol Yang Woman. Mi prea se bae yufala i filim Tabu Spirit i testifae long trutok blong ol toktok ia taem bae mi talem niufala stamba toktok:

Mi mi wan gel blong papa mo mama long heven we Tufala i lavem mi tumas,⁴ mo mi gat wan tabu fasin mo wan fuja ples we i no save finis.⁵

Olsem wan disae-pol blong Jisas Kraes,⁶ mi traehad blong kam olsem Hem.⁷ Mi lukaot mo tekem aksen folem revelesen we mi kasem blong miwan,⁸ mo givhan long ol narawan long tabu nem blong Hem.⁹

Bae mi stanap olsem wan witnes blong God long evri taem, mo long evri samting, mo long evri ples.¹⁰



Bella, blong Aeslan



Josephine, blong Afrika



Ashtyn, we i bin faet agensem kansa

Taem mi stap traehad blong kwalifae blong kam olsem wan god,¹¹ bae mi holem-taet strong presen ia we i fasin blong sakem sin,¹² mo bae mi kam gud moa evri dei.¹³ Wetem fet,¹⁴ bae mi mekem hom mo famli blong mi i kam strong moa,¹⁵ bae mi mekem mo kipim ol tabu kavenan,¹⁶ mo kasem ol odinens mo¹⁷ ol blesing blong tabu tempol.¹⁸

Luk gud jenis ia, i nomo “mifala” be “mi.” Ol trutok ia oli blong wanwan long yufala. Yu yu wan gel blong Papa mo Mama long Heven, we Tufala i lavem yu tumas. Yu yu wan kavenan disaepol blong Sevyu blong yumi, Jisas Kraes. Mi stap invaetem yufala blong stadi mo tingting hevi long ol toktok ia. Mi save se taem bae yu mekem, bae yu kasem wan testimoni se oli tru. Taem yu andastanem ol trutok ia, bae i jenisim wei we yu fesem olgeta jalenj ia. Taem yu save aedentiti mo stamba tingting blong yu, bae i helpem yu blong mekem tingting blong yu i folem gud hemia blong Sevyu.

Bae yu gat pis mo luksave rod taem bae yu stap folem Jisas Kraes.

Ol Klas blong Ol Yang Woman

Seken ples we i gat jenis i tajem ol klas blong Ol Yang Woman. Elda Neal A. Maxwell i talem: “Plante taem, wanem ol pipol oli nidim moa, i blong gat wan ples blong haed long ol strong win blong laef insaed long ol sef ples we oli pat long olgeta.”¹⁹ Ol klas blong yumi, oli mas stap olsem ol sef ples blong haed long ol strong win, ol sef ples we i gat lav mo yu pat long hem. Blong traem blong bildimap moa yuniti, mekem strong frensip, mo mekem se oli filim moa se oli pat blong Ol Yang Woman, mifala i stap mekem sam jenis long ol klas.

Blong ova 100 yia, oli serem ol yang woman long tri klas. Stat naoia i go, mifala i stap invaetem Ol Yang Woman lida mo ol bisop blong prea mo lukluk



ol nid blong wanwan yang woman, mo oganaesem olgeta i folem yia blong olgeta, folem spesifik situesen blong wod blong yufala. Hemia samfala eksampol se hemia i luk olsem wanem:

- Sapos yu gat smol namba blong ol yang woman, yu save gat wan klas blong Ol Yang Woman wetem evri-wan i mit tugeta.
- Maet yu save gat wan bigfala grup blong ol yang woman we oli gat 12 yia, mo afta wan smol grup blong ol yang woman we oli moa bigwan. Yu save disaed blong gat 2 klas: Ol Yang Woman 12 yia, mo Ol Yang Woman, 13 kasem 18 yia.
- O, sapos yu gat wan bigfala wod wetem 60 yang woman we oli stap kam, yu save gat sikis klas, wan blong evri yia, we yu oganaesem olgeta folem yia.

Be, nomata oli oganaesem klas, yufala ol yang woman, i impoten blong stap bildimap yuniti. Stap wan laet long olgeta raon long yu. Stap wan we i save givim lav mo kea we yu yu stap hop blong kasem long ol narawan. Wetem wan prea insaed long hat blong yu, gohed blong go long ol narawan mo stap wan strong paoa blong mekem

gud. Taem yu mekem olsem, laef blong yu bae i fulap long kaen fasin. Bae yu gat ol moa gud filing long ol narawan, mo bae yu stap blong luk gud fasin blong olgeta tu.

Nem blong Ol Klas blong Ol Yang Woman

Nambatri, wetem niufala oganaesen blong ol klas ia, bae oli singaotem evri klas ia tru long wan sem nem, “Yang Woman.”²⁰ Bae i nomo gat ol nem ia: Ol Bihaev, Maca Med, mo Lorel.

Mekem Ol Klas Presidensi Oli Kam Strong Moa

Las eria we mi wantem tokbaot, i hamas ol klas presidensi oli impoten. I nomata hao oli oganaesem ol klas blong Yang Woman, *!evri klas, i mas gat wan klas presidensi!*²¹ Hem i tru long tabu plan se oli stap singaotem ol yang woman blong lidim ol yut blong olgeta.

Rol mo stamba tingting blong gat wan klas presidensi i kam strong moa mo i kam klia moa. Wok blong fasin blong sevem man, i wan long ol bigfala responsabiliti, speseli long ol eria blong wok blong givhan, misinari wok, mekem wan i aktiv, mo wok blong tempol mo famli histri.²² Yes. Hemia wei we yumi mekem Isrel i kam tugeta²³—wan wok blong glori blong evri yang woman olsem ol memba blong yut ami blong Lod.

Long evri level blong Jos, Lod i stap singaotem ol klas presidensi blong lidim ol pipol blong Hem. Ol yang woman, blong stap memba blong wan klas presidensi i fas janis blong tekpat long wan paten blong



Chloe

lidasip we i kam tru long insperesen. Ol adalt lida, mekem koling ia blong klas presidensi i wan fas samting, mo afta, stap long saed blong olgeta blong lidim, tijim tingting mo soem rod long olgeta blong mekem se oli gat saksas.²⁴ I nomata wanem level blong lidasip eksperiens wan klas presidensi i gat, stat long ples we oli stap long hem, mo helpem olgeta blong developem ol skil, mo tras ia we bae i blesem olgeta olsem ol lida. Stap kolosap long olgeta, be yu no tekova long olgeta. Spirit bae i lidim yu taem yu stap lidim olgeta.

Blong soem impoten rol blong ol papa mo mama, mo ol lida olsem ol tija blong tijim tingting, bae mi talem wan stori. Kloe i kasem koling blong stap olsem wan klas presiden. Waes prishud lida blong hem i leftemap tingting blong hem blong lukaotem help blong Lod blong hem kasem ol nem blong presidensi blong hem. Kloe i bin prea mo kwiktaem nomo i kasem insperesen blong huia blong kam olsem ol kaonsela blong hem. Taem hem i bin gohed blong tingting hevi mo prea from wan sekretari, Spirit i strong blong pulum tingting blong hem long wan yang woman we i sapraesem hem—wan we i no stap kam long jos o ol aktiviti.

Hem i no filim stret long kwaet toktok ia, nao Kloe i toktok wetem mama blong hem, we i eksplenem long hem we wan long wei we yumi save kasem revelesen i taem wan tingting i stap kambak oltaem. Wetem nius tras, Kloe i filim se hem i save givim nem blong yang woman ia. Bisop i givim koling, mo yang woman ia i akseptem. Afta we oli setem hem apat, swit sekretari ia i talem: “Yu save, mi neva filim se mi gat wan ples, o oli nidim mi eni ples. Mi no filim se mi mi pat. Be wetem koling ia, mi filim olsem se Papa long Heven i gat wan stamba tingting mo wan ples blong mi i stap.” Taem we Kloe mo mama blong

hem i aot long miting, Kloe i tanem hem i go long mama blong hem mo talem, wetem wota long ae: “!Revelesen i ril samting! !Revelesen i rili wok!”

Yufala ol klas presidensi, God i sing-aotem yu mo i trastem yu blong lidim wan grup blong ol gel blong Hem. “Lod i save yu. . . Hem i jusum yu.”²⁵ Wan we i gat prishud atoriti i bin *setem yu apat*, mo hemia i minim se taem yu stap mekem ol diuti blong koling blong yu, yu stap yusum prishud atoriti ia. Yu gat wan impoten wok blong mekem. Mas lisingud mo mekem folem ol kwaet toktok blong Tabu Spirit. Taem yu mekem, yu save givim seves wetem ful tras, !from se yu no stap wok yuwan!

Ol klas presiden. Mifala i nidim waes, voes, mo paoa blong bodi mo tingting blong yufala long niu wod yut kaonsel we Elda Quentin L. Cook i bin anaonsem tedei. Yufala i wan stamba pat blong ansa blong mitim ol nid blong ol brata mo sista blong yufala.²⁶

Ol jenis ia, long oganaesesen mo lidasip blong ol klas, bae i stat stret long taem we ol wod mo ol branj oli rere, be evri samting i mas finis mo stat long namba 1 Jenuware 2020.

Ol dia sista blong mi. Mi talem witanes blong mi, se ol jenis ia we mi tokbaot tedei, oli wan insperesen daereksen we i kam long Lod. Taem yumi wok



strong wetem strong tingting blong yusum ol jenis ia, bae yumi neva lusum ae long stamba tingting blong yumi: blong mekem tingting blong yu i kam strong moa blong folem Jisas Kraes mo helpem ol narawan blong go long Hem. Mi testifae se hemia i Jos blong Hem. Mi talem tangkyu se Hem i letem yumi blong pat blong wan impoten pat blong tabu wok blong Hem.

Mi prea se semfala Spirit ia we i bin soem rod blong gat ol jenis ia, bae i soem rod long yufala taem yufala i gogohed long kavenan rod ia. Mi testifae olsem, long nem blong Jisas Kraes, amen. ■

OL NOT

1. Luk long Rom 8:35–39.
2. Russell M. Nelson, “Ol Witnes, Ol Kworom blong Aronik Prishud, mo Ol Klas blong Ol Yang Woman,” *Liahona*, Nov 2019, 38.
3. Luk long Ol Proveb 3:5–7; Jekob 7:5.
4. Luk long Rom 8:16–17; Doktrin mo Ol Kavenan 76:24; “Famli: Wan Ofisol Toktok I Go long Wol,” 3538 852.
5. Luk long 2 Pita 1:3–4; Alma 37:44; Doktrin mo Ol Kavenan 78:18; “Famli: Wan Ofisol Toktok I Go long Wol.”
6. Luk long Jon 13:14–15, 35.
7. Luk long Matiu 22:37–39; 25:40; 3 Nifae 12:48.
8. Luk long Jon 16:13; 3 Nifae 14:7–8; Moronae 7:13; 10:5; Doktrin mo Ol Kavenan 8:2; 9:8; 11:13.
9. Luk long Matiu 20:26–28; 22:37–39; 25:34–40; 3 Nifae 26:19.
10. Luk long Aesca 43:10; Mosaca 18:9; Doktrin mo Ol Kavenan 14:8.
11. Luk long Rom 8:17; 2 Nifae 9:18; 31:20; Doktrin mo Ol Kavenan 84:38; 132:49; Moses 1:39.
12. Luk long Hileman 12:23; Moronae 10:33; Doktrin mo Ol Kavenan 58:42.
13. Luk long Alma 34:33; Doktrin mo Ol Kavenan 82:18.



I KAM LONG PRESIDEN HENRY B. EYRING
Seken Kaonsela long Fas Presidensi

14. Luk long Hibrus 11; 2 Nifae 31:19–20; Alma 32:21.
15. Luk long Josua 24:15; Doktrin mo Ol Kavenan 109:8; 132:19.
16. Luk long Eksodas 19:5; 1 Nifae 14:14; 2 Nifae 11:5; Doktrin mo Ol Kavenan 54:6; 66:2; 90:24.
17. Luk long Mosaea 13:30; Alma 30:3; Doktrin mo Ol Kavenan 84:20–22; Ol Toktok blong Bilif 1:3.
18. Luk long Ol Sam 24:3; Aesca 2:3; Esikel 37:26.
19. Neal A. Maxwell, *All These Things Shall Give Thee Experience* (1979), 55.
20. Ol klas ia, bae oli singaotem evri klas ia tru long wan sem nem, “Yang Woman.” Blong putum nem blong ol spesifik klas—eksampol, “Young Women 12–14”; “Young Women 15–18” (luk long *Hanbuk 2: Lidim mo Lukaotem Jos*, 10.1.5, ChurchofJesusChrist.org).
21. Oli mas singaotem wan klas presidensi blong wanwan Yang Woman klas. Long ol ples we i posibol, oli mas singaotem wan ful presidensi, wetem wan presiden, tufala kaonsela mo wan sekretari. Sapos i nid, oli save singaotem wan haf presidensi (luk long *Hanbuk 2*, 10.3.5).
22. Luk long *Hanbuk 2*, 10.3.5.
23. Luk long Russell M. Nelson “Hope of Israel” (wol yut divosen, 3 Jun 2018), HopeofIsrael.ChurchofJesusChrist.org.
24. I gat sam moa instraksen i stap blong ol lida blong Ol Yang Woman oli yusum, we oli stap long *Hanbuk 2*, japta 10.
25. Henry B. Eyring, “Rise to Your Call,” *Liahona*, Nov. 2002, 76.
26. Sapos yu gat wan klas mo wan klas presidensi, ful presidensi i save tekpat long wod yut kaonsel, wetem ol presiden blong ol kworom blong Aronik Prishud, blong mekem se i gat balens bitwin ol yang woman mo ol yang man (luk long *Hanbuk 2*, 18.2.9).

Ol Kavenan Woman we Oli Patna Wetem God

Blong kam wan kavenan woman we i patna wetem God, i wei we ol hae mo gud gel blong God oli bin stap olsem mama, oli lidim mo givhan.

Mi mi glad tumas from blesing ia blong toktok long yufala, ol kavenan gel blong God. Tedei long naet, stamba tingting blong mi i blong leftemap tingting blong yu long bigfala seves we Lod i singaotem yufala long hem. Yes, evri gel blong God we i stap lisin long voes blong mi, i bin kasem wan koling we i kam long Lod.

Koling blong yu i bin stat taem yu kam long wol ia, long wan ples mo wan taem we God i jusum from Hem i save gud yu mo i lavem yu olsem gel blong Hem. Long spirit wol, Hem i bin save yu mo i bin tijim yu, mo i bin putum

yu long ples we bae yu gat janis, we i no tumas long histri blong wol, blong oli invaetem yu long wan ples blong baptaes. Long ples ia, bae yu harem ol toktok ia we wan wokman we Jisas Kraes i singaotem hem, i talem: “From Jisas Kraes i givim raet long mi, mi baptaesem yu long nem blong Papa, mo long nem blong Pikinini, mo long nem blong Tabu Spirit. Amen.”¹

Taem we yu bin kamaot long wota, yu bin akseptem wan nara koling, blong givim seves. Olsem wan niu kavenan gel blong God, yu bin mekem wan promes, mo yu bin kasem wan wok



insaed long Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent, we oli bin konfemem se yu kam wan memba blong hem. Yu bin kavenan wetem God blong tekem long yuwan, nem blong Jisas Kraes, blong obei ol komanmen blong Hem, mo wok blong Hem.

Long wanwan long yumi we i mekem olgeta kavenan ia, wok we Lod i singaotem hem blong mekem, i fit stret long hem. Ol kavenan gel mo boe blong God, evriwan ia oli serem wan koling we i impoten mo i gat glad long hem. Hem i blong givim seves long ol narawan long bihaf blong Hem.

Taem hem i stap toktok long ol sista, Presiden Russell M. Nelson i bin talem sot abaot wok ia we Lod i stap singaotem yu blong yu joenem Hem long hem. Presiden Nelson i tokbaot koling ia blong yufala, long wei ia: “Lod i talem: ‘From luk, hemia i wok mo glori blong mi—blong mekem man i nomo save ded mo i kasem laef we i no save finis.’ (Moses 1:39.) Mekem se strong gel disaepol blong Hem i rili save talem: “Wok mo glori blong mi i blong helpem olgeta we mi lavem blong oli kasem gol ia long heven.”

“Blong helpem wan nara man o woman blong kasem ful selestial paoa blong hem, i pat blong tabu misin blong wan woman. Olsem wan mama, tija, o sent we i fidim wan, hem i sepem graon ia we i stap laef, blong i tekem sep blong ol hop blong hem. Olsem wan patna wetem God, tabu misin blong hem i blong helpem laef mo sol blong ol spirit blong oli kam antap. Hemia mak blong kriesen blong hem. Hem i mekem man i harem gud, i kam antap mo i kam olsem wan god.”²

Bae yu no save se wetaem, o blong hamas taem, misin blong yuwan bae i lukluk nomo long seves long ol koling olsem mama, lida, o givhan sista. Lod, from i lavem yu, i no givim joes ia long



yumi abaot taem, hamas taem, o oda blong ol wok we yu gat blong mekem. Yet, yu save tru long ol skripja mo ol profet we oli stap laef se evriwan long ol wok ia bae i kam, long laef ia, o long nekis laef, long evri gel blong God. Mo evriwan long olgeta koling ia, oli blong rere blong laef we i no save finis insaed long ol famli we i gat lav—“we i hae presen olgeta we i kam long God.”³

Bae yu waes blong mekem evri had-wok blong rere naolia, wetem en i stap long maen blong yu. Wok ia, i kam sim-pol moa from se wanwan long ol wok ia, i nidim semfala wei mo taem blong rere.

Bae yumi stat wetem wok ia blong stap olsem wan givhan sista. Nomata

yu gat wok ia olsem wan 10 yia gel insaed long wan famli we papa i ded, o olsem wan Rilif Sosaeti presiden we faea i kakae taon blong hem, o taem yu stap kam oraet afta wan operesen long hospital—yu gat wan janis blong mekem koling blong yu we i kam long Lod, blong yu stap olsem wan givhan gel blong Hem.

Olgeta ia, yu luk se oli ol defren givhan wok. Be yet, evriwan i nidim blong oli gat wan hat we i rere, i gat paoa, i gat lav, mo wan fet we i no gat fraet se Lod i no save givim komanmen sapos Hem i no rere wan wei, mo bigfala hat blong wantem go mo mekem samting long bihaf blong Hem.⁴



From se hem i rere, 10 yia gel ia i putum han blong hem raon long wido mama blong hem, mo i prea blong save hao blong helpem famli blong hem. Mo hem i gohed blong prea.

Rilif Sosaeti presiden i bin rere blong givhan bifo faea i kam long eria blong hem. Hem i kam blong save mo lavem ol pipol. Fet blong hem long Jisas Kraes i bin gro ova ol yia from hem i bin kasem ol ansa long ol prea blong hem blong Lod i helpem hem long ol smol seves long bihaf blong Hem. From hem i rere longtaem finis i kam, hem i bin rere mo i wantem tumas blong oganaesem ol sista blong hem blong givhan long ol pipol mo ol famli long hadtaem.

Wan sista we i stap kam oraet long wan hospital from oli operetem hem, i bin rere blong givhan long ol nara sikman. Hem i bin spendem wan laeftaem blong givhan long bihaf blong Lod long evri strenja olsem se oli wan neba mo wan fren. Taem hem i bin filim, insaed long hat blong hem, singaot ia blong givhan long hospital, hem i strong blong givim seves long ol narawan, mo wetem bigfala lav, mekem se ol nara sikman oli no wantem se bae hem i kam oraet kwik.

Long sem wei we yu stap rere blong givhan, yu save mo mas rere from

koling blong yu blong kam wan lida long bihaf blong Lod, taem we taem i kam. I nidim fet long Jisas Kraes, we rus blong hem i stap long dip lav blong yu long ol skripja blong lidim ol pipol mo tijim toktok blong Hem we yu no gat fraet. Afta, bae yu rere blong gat Tabu Spirit olsem kompanion blong yu oltaem. Bae yu wantem tumas blong talem: “Bae mi mekem” taem kaonsela blong yu long Yang Woman presidensi i talem, wetem fraet long voes blong hem: “Sista Alvares i sik tedei. ?Hu bae i tijim klas blong hem?”

I nidim sem kaen fasin blong rere from naes dei taem Lod i singaotem yu long wok ia olsem wan mama. Be bae i tekem iven moa lav insaed long hat bitim we yu bin nidim bifo. Bae i tekem fet long Jisas Kraes we i bitim hemia we i bin stap bifo insaed long hat blong yu. Mo bae i nidim paoa blong prea from Tabu Spirit i lidim tingting, i daarektem mo kamfotem yu i bitim wanem we yu bin filim se bae i posibol.

I stret blong yu askem se, olsem wanem nao, wan man, nomata yia blong hem, bae i save wanem ol mama oli nidim. I wan gud kwestin. Ol man oli no save evri samting, be mifala i save lanem sam lesen tru long revelesen we i kam long God. Mo mifala i save lanem fulap samting taem mifala

i luk samting, taem mifala i tekem taem blong askem Spirit blong helpem mifala blong andastanem wanem mifala i stap luk.

Mi bin stap lukluk Kathleen Johnson Eyring blong 57 yia we mitufala i mared. Hem i mama blong fo boe mo tu gel. Kasem tedei, hem i bin akseptem koling ia blong stap wan mama we i lidim tingting blong moa blong wan handred stret memba blong famli, mo plante handred moa we hem i adoptem insaed long mama hat blong hem.

Yu tingbaot stret wei we Presiden Nelson i tokbaot tabu misin blong wan woman—wetem misin blong woman blong stap wan mama: “Olsem wan mama, tija, o sent we i fidim wan, hem i sepem graon ia we i stap laef, blong i tekem sep blong ol hop blong hem. Olsem wan patna wetem God, tabu misin blong hem i blong helpem ol spirit blong oli laef, mo leftemap sol. Hemia mak blong kriesen blong hem.”⁵

Folem hamas mi save luksave, waef blong mi, Kathleen, i bin mekem folem responsabiliti ia we Papa blong yumi i givim long ol gel blong Hem. Long mi, ki i stap long ol toktok ia: “hem i sepem graon ia we i stap laef, blong i





I KAM LONG ELDA DALLIN H. OAKS
Fas Kaonsela long Fas Presidensi

tekem sep blong ol hop blong hem . . . wetem God olsem patna blong hem.” Hem i no fos. Hem i sepem. Hem i gat wan paten blong folem from ol hop blong hem, mo hem i traem blong sepem olgeta we hem i lavem mo lukaot olsem wan mama. Paten ia, i gospel blong Jisas Kraes— olsem we mi bin save luk, wetem prea, ova long ol yia.

Blong kam wan kavenan woman we i patna wetem God, i wei we ol hae mo gud gel blong God oli bin stap olsem mama, oli lidim mo givhan, mo oli givim seves long eni wei mo eni ples we God i bin mekem rere blong olgeta. Mi promes se bae yu faenem glad long wokbaot blong yu i gobak long hom long heven, taem yu gobak long Hem olsem wan gel blong God we i kipim kavenan.

Mi testifae se God Papa i stap laef mo Hem i lavem yu. Bambae Hem i ansarem ol prea blong yu. Pikinini blong Hem we Hem i Lavem, i lidim, long evri smol ditel Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent. Presiden Russell M. Nelson, i profet blong yumi we i stap laef. Mo Josef Smit i bin luk mo toktok wetem God Papa, mo wetem Jisas Kraes long wan bus blong ol tri long Palmaera, Niu Yok. Mi save se hemia i tru. Mi testifae tu se Jisas Kraes i Sevyia blong yu Hem i lavem yu. Mo tru long Atonmen blong Hem, yu save kam klin evriwan, mo i tekem yu i go long ol hae mo tabu koling we bae i kam long yu. Mi testifae olsem long tabu nem blong Jisas Kraes, amen. ■

OL NOT

1. Doktrin mo Ol Kavenan 20:73.
2. Russell M. Nelson, “Woman—Of Infinite Worth,” *Ensign*, Nov. 1989, 22.
3. Doktrin mo Ol Kavenan 14:7.
4. Luk long 1 Nifae 3:7.
5. Russell M. Nelson, “Woman—Of Infinite Worth,” 22.

Tufala Hae Komanmen

Yumi mas traem blong obei tugeta hae komanmen. Blong mekem olsem, yumi wokbaot folem wan tintin laen bitwin loa mo lav.

Ol dia sista blong mi long gospel ia blong Jisas Kraes. Mi gritim yufala olsem ol tabu gadwoman we i gat wok blong lukaot long famli we i no save finis. Presiden Russell M. Nelson i bin tijim yumi: “Jos ia i bin kambak blong i save gat famli, oli save sil, mo go stap wetem God blong taem we i no save finis.”¹ Tijing ia, i tajem fulap, laef blong olgeta we oli talem se oli lesbien, gei, baeseksuol, o transjenda, we long sot nem oli ol LGBT.² Presiden Nelson i rimaenem yumi se “yumi no nid blong oltaem agri tugeta blong save lavlavem wanwan long yumi.”³ Ol tijing ia blong ol profet oli impoten blong famli i toktok raon long hem blong ansarem ol kwestin blong ol pikinini mo ol yut. Mi bin prea mo lukaotem insperesen blong toktok long yufala, from se, yufala nao, ol kwestin ia bae oli tajem yufala, mo bae i tajem tu evri famli insaed long Jos.

1.

Mi stat wetem wanem we Jisas i tijim se i tufala hae komanmen.

“Yu mas lavem Hae God ya we i God blong yu long olgeta hat blong yu, mo long olgeta laef blong yu, mo long olgeta tingting blong yu.

“Hemia nao loa ya we i hae moa long ol narafala loa, mo i nambawan blong folem.

“Mo narawan we i kolosap i sem mak long hem, i talem se, ‘Yu mas lavem ol man we oli stap raonabaot long yu, yu mas mekem i gud long olgeta, olsem we yu stap mekem i gud long yu.’”⁴

Hemia i minim se yumi gat komanmen blong lavem evriwan, from se parabol blong Jisas abaot Gudfala Man Sameria, i tijim se evriwan i neba blong



yumi.⁵ Be, i no se yumi glad tumas blong mekem seken komanmen nao yumi fogetem blong mekem nambawan, blong lavem God wetem olgeta hat, laef mo tingting blong yumi. Yumi soem lav ia taem yumi “[stap] obei ol komanmen [blong Hem].”⁶ God i askem yumi blong obei ol komanmen blong Hem from nomo se, tru long fasin ia blong obei, wetem blong sakem sin, yumi save gobak laef wetem Hem mo kam stret evriwan olsem Hem.

Long toktok blong hem, i no longtaem i pas, long ol yang adalt blong Jos, Presiden Russell M. Nelson i tokbaot wanem hem i singaotem, “strong koneksen bitwin lav blong God mo ol loa blong Hem.”⁷ Ol loa ia, we i tajem plante ol problem long saed blong olgeta we oli stap talem se oli ol LGBT, oli, loa blong mared mo kompanion loa blong hem blong jastiti. Tufala tugeta i nid blong stap long plan blong Papa,



blong fasin blong sevem ol pikinini blong Hem. Olsem we Presiden Nelson i tijim: “ol loa blong God, biae long ol i gat nomo bigfala lav we Hem i gat long yumi, mo hat blong Hem blong yumi kam evri samting we yumi save kam.”⁸

Presiden Nelson i tijim: “Plante kantri . . . oli pasem loa blong sem seks mared. Olsem ol memba blong Jos, yumi mekem respektem ol loa blong kantri . . . , wetem gavman mared. Be, trutok i we, long stat, . . . !God nao i odenem mared! Mo kasem tedei, Hem i talem se mining blong hem i, mared bitwin wan man mo wan woman. God i no jenisim mining blong Hem abaot mared.”

Presiden Nelson i gohed: “God i no jenisim tu loa blong Hem long saed blong jastiti.” Ol samting blong mekem blong save go insaed long tempol, oli no jenis tu.”⁹

Presiden Nelson i rimaenem yumi evriwan se “wok blong yumi olsem Ol Aposol i blong tijim trutok mo i no nara samting. Wok ia we Hem i givim, *i no givim mifala atoriti ia blong jenisim loa blong heaven.*”¹⁰ Olsem ia nao, ol sista blong mi, ol lida blong Jos, oltaem oli mas tijim se impoten tumas se i gat wan wei nomo blong mared, we i bitwin wan man mo wan woman, mo loa blong jastiti we i go wetem.

II.

Wok blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent i lukluk nomo blong stap mekem ol pikinini blong God oli rere from selestial kingdom, mo speseli, glori blong hem we i hae olgeta, blong kam olsem wan god, o kasem laef we i no save finis. Hae fiuja ia, i posibol nomo tru long mared blong taem we i no save finis.¹¹ Insaed long laef we i no save finis, i gat paoa blong krietem laef, we i kamaot long union blong wan man mo wan woman¹²—wanem we revelesen blong tedei i tokbaot olsem

“laen blong tufala i gohed blong oltaem mo oltaem.”¹³

Long toktok blong hem i go long ol yang adalt, Presiden Nelson i tijim: “Taem yufala i stap folem ol loa blong God, bae i kipim yu stap sef taem yu stap progres i go blong kam olsem wan god”¹⁴—we hem i blong kam olsem God, wetem laef long heaven mo wetem tabu paoa blong Papa mo Mama blong yumi long Heaven. Hemia fiuja ples we yumi wantem blong evriwan we yumi lavem. From lav ia, yumi no save letem lav ia i tekova long ol komanmen mo plan mo wok ia blong God, we yumi save se bae i givim, olgeta we yumi lavem, hapines ia we i hae olgeta.

Be i gat plante we yumi lavem, wetem sam we oli gat gospel ia we i kambak, we oli no biliv o oli jusum blong no folem ol komanmen blong God abaot mared mo loa blong jastiti. ?Weswe long olgeta?

Doktrin blong God i soem se, yumi evriwan, i ol pikinini blong Hem, mo Hem i bin krietem yumi blong yumi gat glad.¹⁵ Revelesen blong tedei i tijim se God i givim wan plan blong gat eksperiens long laef ia, mo long ples ia, yumi evriwan i save jusum blong lukaotem ol blesing we oli hae olgeta, o mekem ol joes we bae i lidim wan long ol smol kingdom blong glori.¹⁶ From bigfala lav we God i gat long evriwan long ol pikinini blong Hem, ol smol kingdom ia, oli stil moa gud bitim wanem we man long wol ia i save andastanem.¹⁷ Atonmen blong Jisas Kraes i mekem evri samting ia i posibol, taem we Hem “givim glori long Papa, mo hem we i *sevem evri wok blong han blong hem.*”¹⁸

III.

Mi bin tokbaot nambawan komanmen, ?be olsem wanem long sekenwan? ?Olsem wanem nao yumi obei komanmen blong lavem ol neba blong yumi?

Yumi lukaot blong winim tingting blong ol memba blong yumi se, olgeta we oli folem ol tijing mo ol aksen blong ol lesbien, ol gei, baoseksuol, o transjenda, bae yumi tritim olgeta wetem lav we Sevyia i komandem yumi blong soem long evri neba blong yumi. Olsem ia nao, taem we oli talem se sem seks mared i folem loa long Yunaeted Stet, Fas Presidensi mo Kworom blong Olgeta Twelef Aposol i talemaot: “Gospel ia blong Jisas Kraes i stap tijim yumi blong lavem mo tritim evri pipol wetem kaen fasin mo wetem stret gud fasin—iven sapos yumi no agri. Mifala i talemaot se olgeta we oli wantem folem ol loa, o ol jajmen blong Kot we i givim raet long ol sem seks mared, bae yumi soem respek long olgeta tu.¹⁹

Mo tu, yumi no mas givim hadtaem long olgeta we oli no serem semfala bilif mo komitmen.²⁰ Sore tumas, samfala pipol we oli stap fesem ol hadtaem ia oli gohed blong filim se oli sakem olgeta long saed, mo oli jes sakemaot olgeta nomo, mo tritmen ia i kam long ol memba, mo ol lida insaed long ol famli, wod mo stek. Yumi mas traehad blong stap kaen moa mo gat moa stret fasin.

IV.

From sam risen we yumi no andastanem, yumi gat ol defren jalenj long eksperiens long laef ia. Be yumi save se God bae i helpem wanwan long yumi blong winim olgeta jalenj ia sapos yumi tru blong askem help blong Hem. Afta long safaring mo sakem sin from yumi brekem ol loa we oli bin tijim yumi, yumi evriwan bae i kasem wan kingdom blong glori. Bigfala mo las jajmen, bae Lod i mekem, mo Hemwan nomo i gat save, waes, mo gladhat we i nid blong jajem wanwan long yumi.

Naoia i go, yumi mas traem blong obei tugeta hae komanmen. Blong mekem olsem, yumi wokbaot folem wan



tintin laen bitwin loa mo lav—stap obei ol komanmen, mo wokbaot long kavenan rod ia, mo semtaem stap lavem ol neba blong yumi folem rod ia. Wokbaot ia, i askem yumi blong lukaotem inspersion we i kam long heven long saed blong wanem blong sapotem mo wanem blong agensem, mo hao blong lavem mo lisen, mo tij long semtaem i go. Wokbaot blong yumi i askem blong yumi no katemsot ol komanmen, be yumi soem we yumi andastanem mo lavem olgeta long ful mak blong olgeta. Yumi mas gat tingting tu long ol pikinini we oli talem se oli laekem wan we i sem seks, be yumi no mas givim nem ia long olgeta eli tumas, from se plante pikinini oli stap kamaot long ol kaen filing ia wetem taem.²¹ Wokbaot blong yumi i agensem fasin blong puseman aot long kavenan rod ia, mo yumi no sapotem eniwan we i stap lidim ol pipol oli gowe long Lod. Long evri samting ia, yumi tingbaot se God i promesem hop mo bigbigfala glad mo blesing long evriwan we i stap obei ol komanmen blong Hem.

5.

Ol mama mo papa, mo yumi evriwan i responsibol blong tijim tufala hae

komanmen ia. Long ol woman blong Jos, Presiden Spencer W. Kimball i tokbaot diuti ia long impoten profesi ia: “Plante long ol bigfala samting we i stap kam long Jos long ol las dei, bae i kam from se plante long ol gudfala woman blong wol ia . . . bae oli kam joenem Jos long bigfala namba. Hemia bae i hapen kasem mak ia we ol woman blong Jos ia oli soemaot stret mo gud fasin, mo oli mekem gud mo stret samting long laef blong olgeta; mo kasem mak ia we ol woman blong Jos, bae oli luk olgeta se oli spesel mo ol defren . . . long ol woman we oli folem fasin blong wol. . . . From hemia, bae i kam we ol woman blong Jos we oli ol eksampol, bae oli wan strong paoa, long namba mo long spirit paoa blong Jos, long ol las dei ia.”²²

Taem hem i tokbaot profesi ia, Presiden Russell M. Nelson i talemaot se “dei ia we Presiden Kimbol i bin luk finis, i tedei. !Yufala nao i ol woman ia we hem i bin luk finis!”²³ Yumi, we yumi bin harem profesi ia 40 yia i pas, i no ting nating se, long medel blong olgeta we ol woman blong Jos ia bae oli sevem, bae oli ol gud fren mo famli blong yumi we samting blong wol ia mo ol devel



tingting i stap lidim tingting blong ol. Prea mo blesing blong mi, i we, bae yufala i tijim mo tekem aksen blong mekem profesi ia i kamtru, long nem blong Jisas Kraes, amen. ■

OL NOT

1. Russell M. Nelson, "Celestial Marriage," *Liahona*, Nov. 2008, 93.
2. Ol fas tingting i tumas blong tokbaot, be olgeta nao oli stamba blong save tokbaot long toktok ia.
3. Russell M. Nelson, toktok blong hem long yia konvensen blong National Association for the Advancement of Colored People (NAACP), Detroit, Michigan, July 21, 2019.
4. Matiu 22:37–39.
5. Luk long Luk 10:29–37.
6. Jon 14:15.
7. Russell M. Nelson, "The Love and Laws of God" (Brigham Young University devotional, Sept. 17, 2019), speeches.byu.edu.
8. Russell M. Nelson, "The Love and Laws of God."
9. Russell M. Nelson, "The Love and Laws of God."
10. Russell M. Nelson, "The Love and Laws of God."
11. Luk long Doktrin mo Ol Kavenan 132:7–13.
12. Luk long 1 Korin 11:11; Doktrin mo Ol Kavenan 131:1–4.
13. Doktrin mo Ol Kavenan 132:19.
14. Russell M. Nelson, "The Love and Laws of God."
15. Luk long 2 Nifae 2:25.
16. Luk long Doktrin mo Ol Kavenan 76:71–113.
17. Luk long Doktrin mo Ol Kavenan 76:89.
18. Doktrin mo Ol Kavenan 76:43; oli ademap italik.
19. "Ansa blong Jos folem Desisen blong Suprim Kot we I Talem se Sem Seks Mared I Folem Loa long Yunaeted Stet," toktok we i stap wetem leta blong Fas Presidensi blong 29 Jun 2015.
20. Luk long Dallin H. Oaks, "Loving Others and Living with Differences," *Liahona*, Nov. 2014, 25–28; "Love and Law," *Liahona*, Nov. 2009, 26–29.
21. Eksampol, luk long, Michelle Forcier, "Adolescent Sexuality," UpToDate, June 3, 2019, [uptodate.com/contents/adolescent-sexuality](https://www.uptodate.com/contents/adolescent-sexuality).
22. *Teachings of Presidents of the Church: Spencer W. Kimball* (2006), 222–23.
23. Russell M. Nelson, "Mi Plis long Ol Sista blong Mi," <https://www.churchofjesuschrist.org/study/general-conference/2015/10/a-plea-to-my-sisters?lang=bis>, Okt 2015.

Ol Rij Samting long Saed blong Spirit

Taem yu stap praktisim fet blong yu long Lod mo prishud paoa blong Hem, bae paoa blong yu blong kam blong save yusum moa rij samting ia long saed blong spirit we Lod i bin putum i stap, bae i kam strong moa.

Tangkyu long naesfala miusik ia. Taem yumi stanap blong singsing medel hym ia, "Tangkyu Papa God Yu Givim Profet," I gat tru strong poen we i kam long mi. Wan i abaot Profet Josef Smit, profet blong dispensesen ia. Lav mo gud tingting blong mi from hem i gro evri dei we i stap pas. Mo seken tingting i kam taem mi lukluk long waef blong mi, ol gel blong mi, ol apugel blong mi, mo ol smol apugel blong mi. Tingting blong mi se mi mas tekem yufala evri-wan olsem pat blong famli blong mi.

Sam manis i pas, long en blong wan tempol endaomen sesen, mi talem long waef blong mi: "Mi hop se ol sista oli andastanem ol rij samting long saed blong spirit we i blong olgeta, insaed long tempol ia." Ol sista. Plante taem mi stap tingting long yufala, mo i bin hapen long tu manis i pas, taem we Wendy mo mi i bin visitim Hamoni long Pensilvania.

Hem i bin nambatu trip blong mitufala longwe. Long tugeta taem

ia, samting i bin tajem mitufala taem mitufala i bin wokbaot long tabu graon ia. Long Hamoni nao, Jon Baptaes i bin kamaot long Josef Smit mo i bin putumbak Aronik Prishud.

Long ples ia nao, Ol Aposol Pita, Jemes, mo Jon oli bin kamaot long hem blong putumbak Melkesedek Prishud.



Long Hamoni nao, Ema Hel Smit i bin stap olsem fas man blong raet taem Profet Josef i bin stap transletem Buk blong Momon.

Hem i long Hamoni tu, we Josef i bin kasem wan revelesen we i talemaot tingting blong Lod long Ema. Lod i bin givim oda long Ema blong hem i eksplenem ol skripja, i askem strong long Jos blong mekem samting, blong kasem Tabu Spirit, mo blong hem i spendem taem blong hem blong “lanem plante samting.” Ema i bin kasem kaonsel tu blong “lego ol samting blong wol ia long saed, mo blong lukaotem ol samting we oli moa gud,” mo blong hem i hang strong long ol kavenan blong hem wetem God. Lod i endem instraksen blong hem wetem ol strong toktok ia: “Hemia i voes blong mi we i go long evriwan.”¹

Evri samting we i bin hapen long Hamoni, i gat bigfala dip mining blong laef *blong yufala*, ol sista. Kambak blong prishud ia, wetem kaonsel blong Lod long Ema, i save soem rod mo blesem wanwan long yufala. Mi wantem tumas blong yufala i andastanem se restoresen blong prishud ia, i blong yufala olsem wan woman, semmak olsem i blong eni man. From se Melkesedek Prishud i kambak, tugeta, ol woman mo ol man we oli kipim kavenan oli save kasem “*evri* blesing blong jos long saed blong spirit,”² o, yumi save talem, evriwan long ol rij samting long saed blong spirit we Lod i gat blong ol pikinini blong Hem.

Evri woman mo evri man, we oli mekem ol kavenan wetem God mo i stap kipim ol kavenan ia, mo i stap klin inaf blong tekpat long ol prishud odinens ia, oli save go stret blong kasem paoa blong God. Olgeta we oli bin endao insaed long haos blong Lod, oli kasem presen ia we i prishud paoa blong God tru long paoa blong kavenan blong olgeta, wetem wan presen ia we i save, blong save hao blong yusum paoa ia.



Ol heven oli open long *ol woman* we oli bin endao wetem paoa ia blong God i kamkamaot long prishud kavenan blong olgeta, semmak olsem ol heven oli open long ol man we oli holem prishud. Mi prea se trutok ia bae wanwan hat blong yufala i andastanem, from se mi biliv se bae i jenisim laef blong yufala. Ol sista. Yufala i gat raet blong yusum oltaem paoa ia blong Sevyia blong helpem famli blong yufala mo ol narawan we yufala i lavem.

Maet yu stap askem yuwan: “Hemia i saon gud tumas, be ?hao bae mi mekem hemia? ?Olsem wanem nao mi save yusum paoa ia blong Sevyia insaed long laef blong mi?”

Bae yu no faenem toksave ia insaed long wan lesenbuk. Tabu Spirit bae i tija blong yuwan taem yu stap lukaot blong andastanem wanem we Lod i wantem yu blong save mo blong mekem. Rod ia i no kwik, mo i no isi, be hem i mekem spirit blong yu i laef. ?Wanem bae i moa gud bitim blong wok wetem Spirit blong andastanem prishud paoa—paoa ia blong God?

Wanem mi *save* talem long yufala, i we, blong stap yusum paoa ia blong God long laef blong yufala, i nidim yufala blong mekem ol semfala samting

we Lod i bin givim oda long Ema, mo wanwan long yufala, blong mekem.

So, mi stap invaetem yufala blong stadi wetem prea long seksen 25 blong Doktrin mo Ol Kavenan mo faenemaot wanem nao Tabu Spirit bae i tijim *yufala, ol sista*. Traehad blong yuwan long saed blong spirit, bae i tekem glad i kam taem yu stap kasem, andastanem, mo yusum paoa ia we oli kavremap yu long hem.

Pat blong traehad ia bae i askem yu blong lego fulap samting blong wol ia i stap long saed. Samtaem, yumi stap tokbaot fasin blong tanem baksaed long wol ia wetem ol raorao, ol bigfala temtesen, mo ol giaman tingting blong hem. Be blong stap *tru* blong mekem hemia, i askem yu blong yu rili lukluk evri ditel blong laef blong yu, mo mekem oltaem. Taem yu mekem olsem, Tabu Spirit bae i talem stret long yu wanem yu nomo nidim, wanem yu nomo nidim blong spendem taem mo paoa blong yu long hem.

Taem yu stap tanem lukluk blong yu i go longwe long ol samting blong wol ia, sam samting we oli impoten long yu naoia, bae oli nomo kam nambawan. Bae yu nid blong talem no long sam samting, nomata yu ting se oli no save

spolem man. Taem yu stap kam blong statem mo gohed long rod ia we i tekem laeftaem blong givim laef blong yu long Lod, !ol jenis long lukluk, filing mo paoa long saed blong spirit, bae i mekem yu openem ae!

Nao, wan smol woning. I gat olgeta we bae oli talem se yu no gat paoa blong singaotem paoa blong God. I gat sam we bae oli tingting tu long yu, mo daonem nambawan spirit paoa blong yu olsem wan stret mo gud woman.

Yes i tru tumas, enemy bae i no wantem yu blong yu andastanem kavenan ia we yu bin mekem long taem blong baptaes, o bigfala endaomen blong save mo paoa we yu bin kasem, o bambae yu kasem insaed long tempol—haos ia blong Lod. Mo i tru tumas, Setan i no wantem yu blong yu andastanem se evri taem we yu stap klin inaf mo givim seves mo stap wosip long tempol, bae yu aot wetem paoa blong God mo wetem ol enjel blong Hem we oli “gat wok blong lukaotem gud” yu.³

Setan mo ol man blong hem, oltaem bae oli putum ol samting oli kam blokem rod long yu blong stopem yu blong andastanem ol presen long saed blong spirit we i bin blesem mo save blesem yu wetem. Sore tumas, sam long ol samting we i blokem rod oli save kam from nogud aksen blong wan narawan. Mi harem nogud tumas blong tingting se eniwan long yufala, oli putum yu long saed, o wan prishud lida i no bilivim yu, o wan hasban, papa, o wan fren i abiusum yu, o i no bin fetful long yu. Mi filim bigfala harem nogud se eniwan long yufala i bin filim se oli sakem yufala long saed, oli no respektem o jajem gud yu. Ol kaen rong olsem, oli no gat ples insaed long kingdom blong God.

Be tu, mi glad tumas taem mi lanem abaot ol prishud lida we oli wantem tumas blong ol woman oli tekpat insaed long ol wod mo stek kaonsel.

Mi kasem insperesen tru long wanwan hasban we i soem se, prishud responsabiliti blong hem we i moa impoten, i blong hem i kea long waef blong hem.⁴ Mi presem man ia we i gat bigfala dip respek long paoa blong waef blong hem blong kasem revelesen, mo i lukaotgud hem olsem wan ikwol patna long mared blong tufala.

Taem wan man i andastanem se wan Lata-dei Sent woman we i stret mo gud, i lukaotem God mo i endao, hem i hae-woman mo i gat paoa, ?yu ting se bae i wan sapraes se bae hem i filim se hem i mas stanap taem hem i kam insaed long rum?

Stat long stat blong taem, Lod i blesem ol woman wetem wan kampas blong klin fasin we i blong olgeta nomo—we i paoa ia blong luksave stret wanem i raet mo wanem i rong. Presen ia, i kam strong moa long olgeta we oli mekem mo kipim ol kavenan. Mo i no kam strong long olgeta we oli minim blong no wantem save long ol komanmen blong God.



Bae mi hariap blong talem se, mi no karemaot long ol man, long eni wei, se *olgeta tu*, God i askem blong oli luksave wanem i raet mo wanem i rong. Be ol dia sista blong mi. Paoa blong yufala blong save luksave tru mo rong, blong yufala i stap ol gadwoman blong sosaeti blong lukaot long klin fasin, hemia i wan nid mo wan mas long ol las dei ia. Mo mifala i dipen long yufala blong tijim ol narawan blong mekem semmak. Bae mi talem hemia i klia: sapos wol ia i lusum stret mo gud fasin blong ol woman blong hem, bae wol ia i *neva* kam gud bakegen.

Yumi, ol Lata-dei Sent, i no blong wol ia; yumi blong kavenan Isrel. Lod i singaotem yumi blong mekem wan pipol i rere from Seken Kaming blong Lod.

Nao. Bae mi kliarem sam moa poen long saed blong ol woman mo prishud. Taem oli setem yu apat blong givim seves long wan koling anda long daerek-sen blong wan we i holem ol ki blong prishud—olsem bisop blong yu, o stek presiden blong yu—yu kasem prishud atoriti blong mekem wok long koling ia.

Semmak, insaed long tabu tempol, oli givim raet long yu blong mekem mo stap olsem woman we i mekem ol prishud odinens *evri taem* we yu go long tempol. Tempol endaomen blong yu, i mekem yu yu rere blong mekem hemia.

Sapos yu endao be yu no mared naolia long wan man we i holem prishud, mo wan i talem long yu: “Mi sore tumas se yu no gat prishud insaed long hom blong yu,” plis, yu mas andastanem se toktok ia i no stret. Maet yu no gat wan man *we i holem* prishud insaed long hom blong yu, be yu bin mekem ol tabu kavenan wetem God insaed long tempol blong Hem. Aot long ol kavenan ia, prishud paoa blong Hem i kamaot mo i kavremap yu. Mo tingbaot, sapos hasban blong yu bae i ded, bae yu prisae insaed long hom blong yu.

Olsem wan Lata-dei Sent woman we i stret mo gud mo i endao, yu toktok mo tij wetem paoa mo atoriti we i kam long God. Tru long fasin blong askem strong, mo tu, tru long storian, mifala i nidim voes blong yufala blong stap tijim doktrin blong Kraes. Mifala i nidim tingting mo wok blong yufala insaed long famli, wod mo stek kaonsel. !Wanem yu tekem i kam i impoten, mo i no blong flasem ples!

Ol dia sista blong mi. Paoa blong yufala bae i kam antap taem yufala i stap givim seves long ol narawan. Ol prea blong yufala, taem blong livim kakae, taem yu spendem insaed long ol skripja, mo seves insaed long wok blong tempol mo famli histri, bae i openem ol heven long yufala.

Mi talem strong long yufala blong stadi wetem prea long *evri* trutok we yu save faenem abaot prishud paoa. Yu save stat wetem Doktrin mo Ol Kavenan, seksen 84 mo 107. Tufala seksen ia bae i lidim yu long ol nara ples. Ol skripja mo ol tijing we oli kam long ol profet, sia mo reveleta blong taem blong yumi, oli fulap wetem ol trutok ia. Taem we andastaning blong yu i kam antap, mo taem yu stap praktisim fet blong yu long Lod mo prishud paoa blong Hem, bae paoa blong yu blong kam blong save yusum moa rij samting ia long saed blong spirit we Lod i bin putum i stap, bae i kam strong moa. Taem bae yufala i mekem olsem, bae yufala i faenem se yufala i save help moa blong krietem ol famli we oli no save finis we oli stap wan, we oli sil insaed long tempol blong Lod, mo oli gat fulap lav long Papa long Heven mo Jisas Kraes.

Evri hadwok blong yumi blong stap givhan long wanwan long yumi, blong talemaot gospel, blong mekem ol Sent oli kam stret moa, mo blong pemaot ol dedman, evri hadwok ia i luk long tabu



tempol. Naoia, yumi gat 166 tempol raon long wol, mo moa i stap kam yet.

Olsem we yufala i save, Sol Lek Tempol, Tempol Skwea mo plas long saed kolosap long Jos Ofis Biding, bae oli mekem i kam niu long wan projek we bae i stat long en blong yia ia. Tabu tempol ia, oli mas holemtaet mo mekem i rere blong givim insperesen long ol fiuja jeneresen, semmak olsem i bin lidim tingting blong yumi long jeneresen ia.

Taem Jos i stap gro, bae oli bildim moa tempol blong mekem se i gat moa famli i save kasem ol blesing we oli hae olgeta, we oli blong laef we i no save finis.⁵ Yumi lukluk wan tempol olsem biding ia we i moa tabu insaed long Jos. Taem oli stap anaonsem ol plan blong bildim wan niu tempol, hem i kam wan impoten pat blong histri blong yumi. Olsem we yumi bin tokbaot long ples ia tedei, yufala, ol sista, i impoten tumas long wok blong tempol, mo tempol i ples we bae yufala i kasem ol rij samting we oli hae moa evriwan.

Plis, yufala i lisingud mo stap kwaet taem bae mi anaonsem ol plan blong bildim ol wit niu tempol. Sapos mi anaonsem wan tempol long wan ples we i spesel long yu, bae mi askem yu blong yu blong yu stap kwaet nomo wetem glad insaed long hat blong yu.

Mifala i glad blong anaonsem ol plan blong bildim ol niu tempol long ol ples ia: Fritaon long Siera Leone, Orem long Yuta; Port Moresbi long Papua Niu Gini; Bentonvil long Arkansas; Bakolod long Filipin; MakAlen long Teksas; Koban long Gwatemala; mo Telasvil long Yuta. Tangkyu ol dia sista. Mifala i talem tangkyu bigwan blong akseptem ol plan ia mo fasin blong stap revren.

Blong endem, mi wantem blong livim wan blesing i stap wetem yufala, se bae yufala i andastanem prishud paoa ia we yufala i bin kasem, mo we bae yufala i mekem paoa ia i kam bigwan taem yufala i stap praktisim fet blong yufala long Lod mo long paoa ia blong Hem.

Ol dia sista. Wetem bigfala respek mo tangkyu, mi talemaot lav we mi gat long yufala. !Wetem tingting i stap daon, mi talemaot se God i stap laef! Jisas Hem I Kraes. Hemia i Jos blong Hem. Mi testifae olsem long tabu nem blong Jisas Kraes, amen. ■

OL NOT

1. Luk long Doktrin mo Ol Kavenan 25:7–16.
2. Doktrin mo Ol Kavenan 107:18; oli ademap italik.
3. Doktrin mo Ol Kavenan 109:22.
4. Luk long Doktrin mo Ol Kavenan 131:2–4.
5. Luk long Doktrin mo Ol Kavenan 14:7.



I KAM LONG ELDA GERRIT W. GONG
Blong Kworom blong Olgeta Twelef Aposol

Yumi Pat blong Kavenan

Blong kam pat wetem God mo blong wokbaot tugeta long rod blong kavenan blong Hem, hem i blong gat blesing tru long fasin blong stap pat blong kavenan.

Ol dia brata mo sista, oli bin talem wan stori blong wan Praemerik pikinini i stap lan blong prea. “Tangkyu from leta A, from leta B, . . . from leta G.” Prea blong pikinini i gohed: “Tangkyu from ol leta V, W, Y. Dia Papa long Heven, tangkyu from namba 1, namba 2.” Praemerik tija i stap wari be i waes blong wet. Pikinini i talem: “Tangkyu from namba 5, namba 6—mo tangkyu from Praemerik tija blong mi. Hem nomo i stap lego mi finisim prea blong mi.”

Papa long Heven i harem evri prea blong wan pikinini. Wetem wan lav we i no gat en, Hem i singaotem yumi blong kam blong biliv mo kam pat tru long kavenan.

Wol ia i fulap long ol giaman lukluk, giaman pikja mo giaman trik. Plante samting i blong sot taem mo oli no ril. Taem yumi sakemaot ol giaman fes ia, ol priten, ol hip blong laekem mo no laekem, yumi wantem moa bitim samting we i flas gud, i blong sot taem, o fasin blong selfis resis from samting blong wol ia. Tangkyu tumas, i gat wan rod blong winim evri samting ia.

Taem yumi kam long tufala hae komanmen ia blong God blong lavem Hem mo olgeta raon long yumi tru long kavenan, yumi mekem hemia, i no olsem ol strenja o ol ges, be olsem pikinini

blong Hem we i stap long hom.¹ Olfala toktok ia i tru mo stanap yet tedei. Taem yumi fogetem yumi long wol ia mo pat blong kavenan, yumi faenem mo kam huia stret yumi² yumi fri, laef, mo ril—mo yumi save wijwan i rilesensip we i moa impoten. Blong pat blong kavenan i blong mekem, tru long ol odinens we God i givim, ol promes mo ol komitmen wetem God mo wanwan long yumi, we bae i invaetem paoa olsem hemia blong wan god insaed long laef blong yumi.³ Taem yumi kavenan long evri samting we i huia yumi, nao yumi kam moa bitim huia yumi. Blong pat blong kavenan i givim yumi wan ples, wan histri, wan paoa blong kam. I givim fet blong kasem laef mo fasin blong sevem man.⁴

Ol tabu kavenan oli kam wan ples blong gat lav long, mo kasem lav we i kam long God, mo long wei ia, gat lav long wanwan long yumi. God, Papa blong yumi long Heven i lavem yumi moa, mo i save yumi moa gud bitim we yumi lavem o save yumiwan bakegen. Fet long Jisas Kraes mo taem yumi jenis (sakem sin), yumi tekem sore, gladhat, mo fogivnes i kam. Hemia i givim kamfot long olgeta we oli mekem nogud olgeta, we oli stap olgetawan, we oli no gat jastis long laef ia. From se Hem i God, Papa blong yumi long Heven

i wantem yumi blong kasem presen blong Hem we i hae olgeta—glad blong Hem, laef blong Hem we i no save finis.⁵

God blong yumi, i wan God blong kavenan. Tru long fasin blong Hem, Hem i “stap kipim kavenan mo stap soem sore.”⁶ Ol kavenan blong Hem oli stap strong kasem en “sapos nomo taem bae i stap gohed, o wol bae i gohed blong stanap, o bae i gat wan man nomo i stap long fes blong wol blong God i sevem.”⁷ Yumi no blong laef nating long wan wol we i gat tu tingting oltaem, be yumi blong stap glad long ol kavenan rilesensip blong yumi we oli “moa strong bitim ol rop blong ded.”⁸

Ol odinens mo kavenan blong God, evriwan long wol i mas kasem, be janis i blong wanwan. From God i stret, wanwan man mo woman, noma-ta wanem yia o ples, i save kasem ol odinens we i sevem man. Fridom blong joes i stap—wanwan i jusum, yes o no, blong akseptem ol odinens we oli stap. Ol odinens blong God oli stap olsem ol gaed pos we oli stap long rod blong Hem blong ol kavenan. Yumi singaotem plan blong God blong tekem ol pikinini blong Hem i gobak hom se i plan blong pemaot man, plan blong fasin blong sevem man, mo plan blong hapines. Fasin blong pemaot man, sevem man, mo hapines long selestial laef oli posibol from se Jisas Kraes “i tekem i kam atonmen ia we i stret gud evriwan tru long blad blong hem we i ron.”⁹

Blong kam pat wetem God mo blong wokbaot tugeta long rod blong kavenan blong Hem, hem i blong gat blesing tru long fasin blong stap pat blong kavenan.

Faswan, blong pat blong kavenan i lukluk nomo long Jisas Kraes olsem “man blong stanemap niufala promes ia.”¹⁰ Evri samting i save wok tugeta blong gud blong yumi taem “oli mekem [yumi] i kam tabu long Kraes . . . we i

stap long kavenan blong Papa.”¹¹ Evri blesing we i gud mo oli promesem, i go long olgeta we oli stap fetful kasem en. “Hapi ples blong olgeta we oli obei ol komanmen blong God”—i blong “Lod i blesem olgeta long evri samting, ol samting blong laef ia tugeta wetem blong spirit,” mo blong “stap wetem God long wan ples blong hapi we i neva gat en.”¹²

Taem yumi stap ona long ol kavenan blong yumi, samtaem bae yumi filim se yumi stap wetem ol enjel. Mo bae yumi stap wetem—olgeta we yumi lavem mo oli stap blesem yumi long saed ia blong vel, mo olgeta ia we oli lavem mo blesem yumi long narasaed blong vel.

I no longtaem i pas, Sista Gong mo mi, i bin luk wok blong pat blong kavenan, long wan kaen wei long wan rum long hospital. Wan yang papa i nidim tumas wan niu kidni. Famli blong hem i bin krae, livim kakae, mo prea from hem blong kasem wan kidni. Taem nius i kam se i gat wan niu kidni i stap, kwaet nomo, waef blong hem i talem: “Mi hop se nara famli i oraet.” Blong stap pat tru long kavenan, long toktok blong Aposol Pol, hem i blong “bilif blong yufala i save givhan long mi, olsem we bilif blong mi tu i save givhan long yufala.”¹³

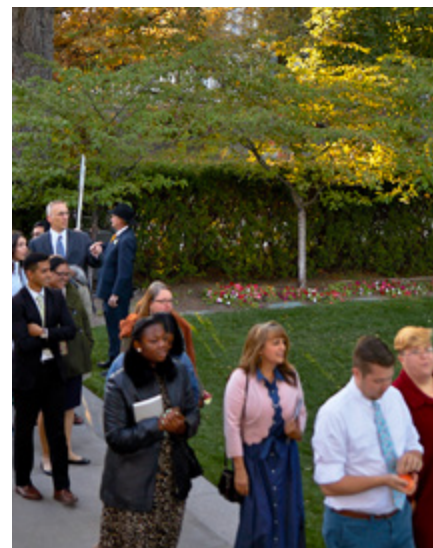
Folem rod blong laef, bae yumi save lusum fet long God, be Hem i neva lusum fet long yumi. Olsem bifo, laet long vranda blong Hem i laet oltaem. Hem i stap invaetem yumi blong kam mo gobak long ol kavenan we oli makem rod blong Hem. Hem i stap wet, i rere blong holem yumi, iven we yumi “stap longwe yet.”¹⁴ Taem yumi luk, wetem ae blong fet, blong faenem ol paten, ol raon kona, o poen afta poen blong eksperiens blong yumi, yumi save luk ol kaen sore mo taem we i leftemap tingting blong yumi, speseli long ol tes, ol harem nogud, mo ol jalenj, mo tu, long ol glad taem blong yumi. Nomata hamas bae yumi kikim ston o foldaon, sapos yumi gohed blong

muv i go from Hem, bae Hem i helpem yumi, wan step afta narawan.

Nambatu, Buk blong Momon i pruf we yumi save holem long han blong yumi we i soem se yumi pat blong kavenan. Buk blong Momon i tul ia we Hem i promesem blong kam tugeta blong ol pikinini blong God we i kam olsem profesi blong niu kavenan.¹⁵ Taem yumi stap ridim Buk blong Momon, yumi-wan o wetem ol narawan, nomata saelen o laod, yumi save askem samting long God “wetem wan tru hat, wetem wan tru tingting blong wantem save, wetem fet long Kraes,” mo bae yumi kasem tru long paoa blong Tabu Spirit, stret save se Buk blong Momon i tru.¹⁶ Mo hemia i tekem stret save ia se Jisas Kraes i Sevyia blong yumi, Josef Smit i profet blong Restoresen ia, mo Jos blong Lod i karem nem blong Hem—Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent.¹⁷

Buk blong Momon, tru long ol kavenan blong bifo mo tedei, i toktok long yufala we yufala i ol pikinini blong Lihae, “ol pikinini blong ol profet.”¹⁸ Ol papa blong yufala bifo, oli bin kasem kavenan promes ia we yufala, laen blong olgeta, bae i haremsave wan voes olsem se i kamaot long das, insaed long Buk blong Momon.¹⁹ Voes ia we yu stap filim taem yu stap rid, i stap testifae we yu wan “pikinini blong kavenan”²⁰ mo Jisas i Gudfala Man blong yu blong Lukaot long Sipsip.

Buk blong Momon i stap invaetem wanwan long yumi, wetem ol toktok blong Alma, blong “mekem wan kavenan wetem [Lod], se bae [yumi] wok blong hem mo obei ol komanmen blong hem, blong hem i save kapsaetem Spirit blong hem fulap moa long [yumi].”²¹ Taem yumi wantem jenis i kam gud moa—olsem wan i bin talem: “blong stop blong stap harem nogud mo stap hapi taem yumi hapi”—nao yumi open blong luk rod, kasem help mo paoa.



Taem yumi kam tru long kavenan blong pat wetem God mo wan komuniti blong ol fetful man blong biliv, yumi save kasem blesing ia long promes insaed long doktrin blong Kraes²²—naoia.

Prishud atoriti mo paoa ia we i kambak blong blesem evriwan long ol pikinini blong Hem, i wan nara level blong pat long kavenan. Long dispen-sesen ia, Jon Baptaes mo Ol Aposol ia, Pita, Jemes mo Jon, oli bin kam olsem ol mesenja we oli gat glori, we God i sendem olgeta blong putumbak prishud atoriti blong Hem.²³ Prishud blong God wetem ol odinens blong Hem oli switim ol rilesensip long wol ia, mo i givim raet blong ol kavenan rilesensip blong stap laef long heven.²⁴

Prishud i rili save blesem man stat long bebi bed i go kasem gref—stat long nem mo blesing blong pikinini i go kasem dedikesen blong gref. Ol blesing blong prishud oli hilim, kamfotem mo givim kaonsel long man. Wan papa i bin kros long boe blong hem, kasem lav ia we i fogiv i kam taem papa i givim boe blong hem wan kaen prishud blesing. Wan dia woman we hemwan nomo i memba insaed long famli blong hem, i no sua se God i lavem hem kasem taem hem i kasem wan prishud blesing tru long insperesen. Raon long wol, ol gudfala petriak oli rere long saed blong spirit blong givim ol petriakel blesing. Taem petriak i putum han blong hem antap long hed blong yu, hem i filim mo talemaot lav we God i gat long yu.

Hem i talemaot laen blong yu insaed long haos blong Isrel. Hem i talemaot ol blesing we oli kam long Lod. Wetem bigfala tingting, waef blong wan petriak i talem long mi olsem wanem, hem mo famli blong hem oli stap invaetem Spirit long ol dei we Papa blong olgeta i stap givim ol petriakel blesing.

Laswan, ol blesing blong pat blong kavenan long kavenan rod ia, oli kam taem yumi stap folem profet blong Lod mo stap glad blong laef folem kavenan we i tekem tu long kavenan mared. Kavenan mared i kam hae mo i no save finis taem we, evri dei, yumi jusum hapines blong waef o hasban blong yumi mo famli bifo hapines blong yumiwan. Taem we ol “mi” oli kam ol “yumi,” yumi kam strong moa tugeta. Yumi kam olfala tugeta, yumi kam yangfala tugeta. Taem yumi stap blesblesem yumi long wan ful laeftaem blong stap fogetem yumiwan, yumi faenem se ol hop mo ol glad oli kam tabu long taem naoia mo long taem we i no save finis.

Taem we ol situesen oli defren, mo yumi mekem evri samting we yumi save mekem, bes we yumi save mekem, mo askem help blong Hem folem rod ia, Lod bae i gaedem yumi, folem taem mo wei blong Hem, tru long Tabu Spirit.²⁵ Ol kavenan mared, olgeta we oli jusum blong mekem oli mas folem olgeta—i mekem yumi tingbaot respek blong God mo respek from fridom blong joes mo blesing blong

gat help blong hem taem yumi tugeta i lukaotem.

Ol frut blong kavenan we oli blong ol jeneresen blong ol famli, oli filim insaed long ol hom mo hat blong yumi. Plis, letem mi soem wetem sam eksampol blong miwan.

Taem Sista Gong mo mi i stap kam blong lavlavem mitufala mo go from mared, mi bin lanem abaot fridom blong joes mo ol desisen. Blong wan smol taem, mitufala i stap long skul long tu defren kantri long tu defren graon. Hemia nao from wanem mi ones blong talem se mi winim PhD blong mi long intanasonol rilesen.

Taem mi askem, “Papa long Heven, ?bae mi maredem Susan o no?” Mi bin filim pis. Be hem i afta we mi lanem blong prea wetem tru tingting, “Papa long Heven, mi lavem Susan mo wantem maredem hem. Mi promes bae mi kam olsem bes hasban mo papa we mi save mekem”—taem mi stap tekem aksen mo mekem bes desisen blong mi, long taem ia nao strong spirit konfemesen i bin kam.

Nao long tugeta famli blong Gong mo Lindsay, FamilySearch famli tri, ol stori mo foto oli helpem mifala blong faenemaot eksperiens blong ol jeneresen bifo we oli bin pat blong kavenan ia.²⁶ Long mifala, ol bubu we mifala i respektem oli:

Bigfala bubuwoman Alice Blauer Bangarter, we long wan dei nomo, tri man i bin askem blong maredem hem,

samtaem afta i bin askem hasban blong hem blong fiksime handel blong masin blong mekem bata, blong mekem se hem i save tanem bata wetem leg, somap mo rid long semtaem.

Bigfala bubuman Loy Kuei Char, we i bin karem ol pikinini blong hem long baksaed blong hem wetem sam propeti blong famli antap long wan dongki, mo oli bin krosem ol graon we i gat faea blong volkeno long hem long Bigfala Aelan blong Hawae. Komitmen mo sakrifikes blong plante jeneresen blong Char famli oli stap blesem famli blong mifala tedei.

Gram Mary Alice Powell Lindsay i stap wetem faef yang pikinini taem we hasban blong hem mo bigfala boe blong hem, tufala i ded olsem, we oli folfolem tufala. Wan wido blong 47 yia, Gram i lukaotem famli blong hem wetem gud givhan sapot blong ol lokol lida mo ol memba. Long plante long ol yia ia, Gram i bin promesem Lod se sapos Hem i helpem hem, bae hem i neva komplem. Lod i bin helpem hem. Hem i neva komplem.

Ol brata mo sista, olsem we Tabu Spirit i witnes long hemia, se evri samting we i gud mo i no save finis i stap laef nomo tru long God Papa we I No Save Finis mo Pikinini blong Hem, Jisas Kraes mo long Atonmen blong Hem. Lod blong yumi, Jisas Kraes, i Man ia blong niu kavenan. Blong stap testifae abaot Jisas Kraes, i wan kavenan stamba tingting blong Buk blong Momon.²⁷ Tru long tabu promes mo kavenan, prishud atoriti blong God, we i kambak, i stap blong blesem evriwan long ol pikinini blong God, mo hemia tu tru long kavenan mared, ol jeneresen blong ol famli, mo blesing blong wanwan man mo woman.

Sevya blong yumi i talem: “Mi ia, mi Alfa mo Omega, mi, mi Kraes we i Lod; yes, mi ia nao hem, hem we i stat mo i



Alice Blauer Bangarter



Loy Kuei Char



Mary Alice Powell Lindsay



CRISTINA B. FRANCO

Seken Kaonsela long Praemeri Jeneral Presidensi

en, Ridima ia nao hem, hem we i stat mo i en, Ridima ia blong wol.”²⁸

Wetem yumi long stat, Hem i bin stap wetem yumi, long evri taem we yumi pat blong kavenan, i go kasem en. Mi testifae olsem long tabu nem blong Jisas Kraes, amen. ■

OL NOT

1. Luk long Isaac Watts, “My Shepherd Will Supply My Need,” *Ensign*, Sept. 2015, 73.
2. Luk long Matiu 10:39.
3. Luk long Doktrin mo Ol Kavenan 84:20.
4. Luk long *Lectures on Faith* (1985), 69.
5. Luk long Doktrin mo Ol Kavenan 14:7.
6. Doktrin mo Ol Kavenan 109:1.
7. Moronae 7:36; luk tu long Moronae 7:32.
8. Doktrin mo Ol Kavenan 121:44.
9. Doktrin mo Ol Kavenan 76:69.
10. Hibrus 12:24; Doktrin mo Ol Kavenan 76:69; 107:19 luk tu long Josef Smit Translesen, Galesia 3:20 (insaed long Baebol Apendiks).
11. Moronae 10:33; luk tu Doktrin mo Ol Kavenan 90:24; 98:3
12. Mosaea 2:41.
13. Rom 1:12; luk tu long Mosaea 18:8–9.
14. Luk 15:20.
15. Luk long taelol pej blong Buk blong Momon; Doktrin mo Ol Kavenan 84:57.
16. Moronae 10:4.
17. Luk long 3 Nifae 27:7–8; Doktrin mo Ol Kavenan 115:3.
18. 3 Nifae 20:25.
19. Luk long 2 Nifae 26:16; 33:13.
20. 3 Nifae 20:26.
21. Mosaea 18:10.
22. Luk long 2 Nifae 31:2, 12–13.
23. Luk long Doktrin mo Ol Kavenan 13; 27:12; luk tu long fas toktok long Doktrin mo Ol Kavenan.
24. Luk long Doktrin mo Ol Kavenan 128:8; luk tu long Eksodas 19:5–6; Doktrin mo Ol Kavenan 84:40. Olgeta we oli stap klin inaf mo stap kipim ol kavenan oli kam ol rij samting, wan kingdom blong ol pris, wan tabu nesen. Ol kavenan oli mekem man i kam tabu. Olgeta we oli kipim ol kavenan, oli kam tabu long Lod.
25. Luk long Doktrin mo Ol Kavenan 8:2.
26. Ol jeneresen oli save lan aot long wanwan long olgeta, iven olsem we wanwan jeneresen i stap lan blong hemwan. Wan Kristin raeta Søren Kierkegaard i talem wetem fulap intres, “Wanem samting wan jeneresen i lan long narawan, hem we i no gat wan jeneresen i lan long wanem i stap gohed” (*Fear and Trembling*, trans. Vigilius Haufniens [2018], 117).
27. Luk long taelol pej blong Buk blong Momon.
28. Doktrin mo Ol Kavenan 19:1.

Stap Faenem Glad Taem Yumi Stap Serem Gospel

Yumi gat wan Papa long Heven, we i lavem yumi tumas we i stap wet long yumi blong go long Hem blong i blesem laef blong yumi mo laef blong olgeta raon long yumi.

Wan long ol fevret Praemeri singsing blong mi i stat wetem ol toktok ia:

Mi mi blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent.

Mi save huia mi.

Mi save plan blong God

Mi folem hem wetem fet.

Mi biliv long Sevyu, Jisas Kraes.¹

!Hem i wan simpel mo naesfala tok-tok long wanem yumi bilif long hem!

Olsem ol memba blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent, yumi save huia yumi. Yumi save se “God i Papa blong spirit blong yumi. Yumi . . . ol stret pikinini blong Hem, mo Hem i lavem yumi. Yumi bin laef [wetem Hem long Heven] bifo yumi [bin bon i kam long] wol ia.”

Yumi save plan blong God. Yumi stap wetem Hem taem Hem i presentem plan ia. “Ful stamba tingting blong Papa blong yumi long Heven—wok blong Hem mo glori blong Hem—i blong letem wanwan long yumi i kasem evri blesing blong Hem. Hem i . . . bin

givim wan stret plan blong mekem stamba tingting blong Hem i kamtru. Yumi bin andastanem mo akseptem plan ia . . . blong stap glad, . . . fasin blong pemaot man, . . . sevem man bifo yumi kam long wol ia.

Jisas Kraes i stamba blong plan blong God. Tru long Atonmen blong



Hem, Jisas Kraes i bin mekem stamba tingting blong Papa blong Hem i kam-tru, mo i bin mekem i posibol blong wanwan long yumi we i glad blong kasem wan bodi we i nomo save ded mo gat laef we i no save finis. Setan, o devel, i wan enemy blong plan blong God” mo hem i bin olsem long stat finis.

Fridom blong joes, o fasin blong save jusum samting, i wan long ol presen we i hae olgeta we God i givim long ol Pikinini blong Hem. . . . Yumi mas jusum blong folem Jisas Kraes o blong folem Setan.”²²

Hemia i ol simpol trutok we yumi save serem wetem ol narawan.

Letem mi talem long yu wan taem we mama blong mi i serem simpol trutok ia taem hem i statem wan storian mo luk janis ia blong save serem gospel.

Plante yia i pas, mama blong mi i stap kambak long Ajentina blong visitim brata blong mi. Mama blong mi i no laekem blong flae long plen, hem i askem wan long ol boe blong mi blong givim hem wan blesing blong kamfot mo proteksen. Hem i kasem insperesen tu blong blesem bubuwoman blong hem wetem wan spesel toktok mo

daereksen we i kam long Tabu Spirit blong wok strong moa mo tajem hat blong olgeta we oli wantem blong lanem moa abaot gospel.

Long eapot long Sol Lek, mama mo brata blong mi i mitim wan gel we i gat seven yia we hem i stap kambak long haos long wan trip blong ski wetem famli blong hem. Mama mo papa blong hem i luksave se hem i stori longtaem wetem mama mo brata blong mi mo tufala i disaed blong joenem tufala. Tufala i presentem tufala mo gel blong tufala olsem Edwado, Maria Susana mo Giada Pol. I gat wan gudfala mo naesfala koneksen wetem famli ia.

Tugeta famli i glad se bae oli travel tugeta long sem flae i go long Buenos Aeres, Ajentina. Taem storian blong olgeta i gohed, mama blong mi i luksave se, oli neva harem abaot Jos blong Jisas Kraes we i kambak bakegen.

Wan long fas kwestin we Susana i askem hem i, “?Bae yu save talem long mi abaot naesfala Miusiom we i gat statiu ia we oli wokem long gol i stap antap?

Mama blong mi i eksplenem se naesfala bilding i no wan miusiom be i wan tempol blong Lod we oli mekem

ol kavenan wetem God blong mekem se yumi save gobak mo stap wetem Hem wan dei. Susana i konfes long mama blong mi se, bifo trip blong hem i go long Sol Lek, hem i prea from wan samting we bae i mekem spirit blong hem i kam moa strong.

Long taem we oli stap flae long plen, be mama blong mi i serem testimoni blong hem we i simpol be i strong mo i invaetem Susana blong faenem ol misinari long homples blong hem. Susana i askem mama blong mi, “?Olsem wanem nao bae mi faenem olgeta?”

Mama blong mi i ansa, “Yu no save mestem olgeta, oli ol yang man we oli werem waet sot mo ol tae o ol yang woman we oli dresap i naes, mo oltaem werem tag we i soem nem blong olgeta mo ‘Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent.’”

Olgeta i serem fon namba mo talem tata long eapot long Buenos Aeres. Susana, we i kam wan gud fren blong mi stat long taem ia, hem i talem long mi fulap taem se hem i harem nogud se hem i lego mama blong mi long eapot. Hem i talem, “Fes blong mama blong yu i saen. Mi no save eksplenem, be hem i gat wan laet long hem we i saen tumas long hem we mi no wantem lego hem i stap.”

Taem Susana i gobak long homtaon blong hem, hem mo gel blong hem, Giada, i go blong serem eksperiens blong hem wetem mama blong Susana, we i stap kolosap nomo long haos blong olgeta. Taem oli stap draev, Susana i luk tu yangfala man i stap wokbaot long rod we oli jenis olsem we mama blong mi i talem. Hem i stopem trak blong hem long medel blong rod, mo i go aotsaed mo askem tufala yang man ia: “Yufala i blong Jos Ia blong Jisas Kraes?”

Oli talem, “Yes.”

“?Misinari?” hem i askem.

Tufala i ansa, “!Yes, mifala ol misinari!”





Hem i talem, “Kam insaed long trak blong mi, yutufala stap kam long haos blong mi blong tijim mi.”

Tu manis i pas. Maria Susana i baptaes. Gel blong hem Giada, i baptaes taem hem i kasem naen yia blong hem. Mifala i stap traem blong helpem wetem Edwado, we mifala i lavem nomata wanem i hapen.

Afta long hemia, Susana i kam wan long ol gudfala misinari we mi mitim. Hem i semmak olsem ol boe blong Mosaea, i karem ol man i kam long Kraes”

Long wan long ol storian blong mitufala, mi askem hem, “Wanem nao sikret blong yu? ?Hao nao yu serem gospel wetem ol narafala man?”

Hem i talem long mi, “Hem i simpol nomo. Evri dei, bifo mi lego haos, mi prea long Papa blong long Heven blong i daarektem mi i go long wan man we i nidim gospel long laef blong olgeta. Samtaem mi tekem Buk blong Momon wetem mi blong serem wetem olgeta o wan infomesen kad we i kam long ol misinari—mo taem mi stat blong toktok long wan, mi askem nomo sapos oli harem abaot Jos.

Susana i talem se, “Ol narafala taem mi jes smael nomo taem mi stap wet long tren. Wan dei wan man i luk

mi, mo i askem, “?Yu stap smael from wan samting?” Ol toktok blong hem i mekem mi sek.

“Mi ansa, !Mi stap smael from mi glad!”

“Hem i talem, ?Mo yu stap glad long wanem?”

“Mi ansa, Mi wan memba blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent, mo hemia nao i mekem mi hapi. ?Yu bin harem abaot Jos Ia?”

Taem hem i talem no, hem i givim wan kad we infomesen blong Jos i stap long hem mo invaetem hem i kam long jos long Sandei seves. Long Sandei afta, Susana i welkamem man ia long doa.

Presiden Dallin H. Oaks i tijim:

I gat tri samting we evri memba i save help blong serem gospel. . . .

“*Fastwan*, yumi evriwan i save prea blong tingting blong wantem help long impoten pat blong wok blong fasin blong sevem man. Evri hadwok i stat wetem hat we i wantem. . . .

Seken, yumi save obei ol komanmen. . . . Ol fetful memba bae oli gat Spirit blong Sevyia oltaem wetem olgeta, . . . blong lidim olgeta taem oli lukaot blong tekpat long bigfala wok blong serem gospel blong Jisas Kraes we i kambak.

Nambatri, yumi save prea blong kasem insperesen long wanem *yumi* save mekem . . . blong serem gospel wetem ol narafala man. . . . [mo] prea wetem komitmen blong mekem long wanem insperesen yu kasem.”³

Ol brata, ol sista, ol pikinini, mo yut, ?bae yumi save kam olsem fren blong mi Susana mo serem gospel wetem ol narafala man? ?Yumi save invaetem wan fren we i no memba blong jos blong yumi blong kam long jos long Sandei? ?O yumi save serem wan kopi blong Buk blong Momon wetem wan memba blong famli o wan fren? ?Yumi save helpem ol narafala man blong faenem ol bubu blong olgeta long FamilySearch o serem wetem ol narawan wanem yumi lanem long wik taem yumi stap stadi long *Kam, Folem Mi?* ?Bae yumi save kam moa olsem Sevyia, Jisas Kraes, mo serem wetem ol narawan wanem nao i karem bigfala glad long laef blong yumi? !Ansa hem blong evri kwestin hem i yes! !Yumi save mekem!

Long olgeta skripja we yumi “ol memba blong Jos Ia blong Jisas Kraes oli sendem olgeta blong wok long plantesen blong hem blong mekem wok blong sevem ol sol blong ol man. (Doktrin mo Ol Kavenan 138:56). Wok ia blong fasin blong sevem man i tekem memba misinari wok, holemtaet ol konvet, karembak ol lesaktiv memba, tempol mo famli histri wok, mo tijim gospel.”⁴

Ol sista mo brata, Lod i nidim yumi blong karem Isrel i kam tugeta. Long Doktrin mo Ol Kavenan, Hem i talem: “Yufala i no tingting fastaem long wanem we bambae yufala i talem; be oltaem holemtaet long maen blong yufala, ol toktok blong laef, mo bambae mi givim long yufala long stret aoa, pat ia we bae mi givim long evri man.”⁵

Antap long hemia, Hem i promesem yumi se:



I KAM LONG ELDA DIETER F. UCHTDORF
Blong Kworom blong Olgeta Twelef Aposol

“!Mo sapos yutufala stap wok evri dei long laef blong yutufala blong taltalemaot long ol pipol ia blong oli sakem si, mo tekem wan sol i kam long mi, bambae glad blong yutufala i bigwan wetem hem insaed long kingdom blong Papa blong mi!”

“Mo nao, !sapos glad blong yutufala bae i bigwan wetem wan sol we yutufala i bin tekem i kam long mi insaed long kingdom blong Papa blong mi, bambae glad blong yutufala i bigbigwan moa sapos yutufala i tekem plante sol i kam long mi!”⁶

Praemeris singsing we mi statem i en wetem ol toktok we i gat dip mining long hem:

*Mi biliv long Sevyia, Jisas Kraes.
Mi givim ona long nem blong hem.
Bae mi mekem wanem i stret,
Mi folem laet blong hem.
Trutok blong Hem bae mi talemaot.*⁷

Mi talem witnes blong mi se ol toktok ia oli tru mo yumi gat wan Papa long Heven, we i lavem yumi tumas we i stap wet long yumi blong go long Hem blong i blesem laef blong yumi mo laef blong olgeta raon long yumi. Bae yumi gat wan strong tingting blong karem ol brata mo sista blong yumi i kam long Kraes hemia i prea blong mi long nem blong Jisas Kraes, Amen. ■

OL NOT

1. “The Church of Jesus Christ,” *Children’s Songbook*, 77.
2. *Prijim Gospel blong Mi: Wan Gaed long Misinari*, rev. ed. (2018), 48.
3. Dallin H. Oaks, “Stap Serem Gospel we I Kambak,” <https://www.churchofjesuschrist.org/general-conference/2016/10?lang=bis> Okt 2016
4. *Hanbuk 2: Lukaotem mo Lidim Jos*, 5.0, Church of Jesus Christ; luk tu long L. Whitney Clayton, “The Work of Salvation: Then and Now,” *Liahona*, Sept. 2014, 23.
5. Doktrin mo Ol Kavenan 84:85.
6. Doktrin mo Ol Kavenan 18:15–16.
7. “The Church of Jesus Christ,” 77.

Bigfala Wokbaot blong Yu

Sevyia ia i stap invaetem yumi, evri dei, blong lego ol gud mo sef ples blong yumi mo joenem Hem long wokbaot blong stap wan disaepol.

Abaot Ol Gudfala Lisepep

Wan buk blong pikinini we oli raetem plante yia i pas, i stat wetem sentens ia: “Insaed long wan hol long graon, wan gudfala lisepep i stap ia.”¹

Stori blong Bilbo Baggins i abaot wan nomol gudfala lisepep we i kasem wan gudfala janis evriwan—janis blong wokbaot luk ples, mo promes blong wan bigfala praes.

Problem i we, ol gudfala lisepep we oli gat respek long olgetawan, oli no gat fasin blong wokbaot olbaot. Laef

blong olgeta i blong stap long gud ples nomo. Oli laekem blong kakae sikis taem long wan dei taem i posibol, mo oli laekem blong spendem dei long garen, talem stori wetem ol visita, singsing, plei miusik, mo mekem ol simpol samting blong laef.

Be, taem Bilbo i kasem wan janis ia blong wokbaot fulap, wan samting i kik dip insaed long hat blong hem. Hem i andastanem long stat se, wokbaot ia, bae i gat fulap jalenj long hem. Iven sam oli ol denja. I save hapen tu se bae hem i no save kambak.

Be yet, singaot ia blong go wokbaot i kasem dip insaed long hat blong hem. Mekem se, naes gud lisepep ia i aot long gud ples blong hem, mo i tekem rod ia blong longfala wokbaot blong hem we bae i tekem hem i go “kasem longwe mo kambak.”²

Longfala Wokbaot blong Yu

Maet wan long ol risen we stori ia i ringim sora blong plante long yumi, i from se i stori blong yumi tu.

Long, longtaem i pas, iven bifo yumi bin bon long wol ia, long wan taem we taem mo memori i haedem, yumi tu, oli bin invaetem yumi blong go long wan longfala wokbaot. God, i givim, we i Papa blong yumi long Heven. Blong





akseptem longfala wokbaot ia, bae i minim blong aot long gud ples mo sef ples kolosap long Hem. Bae i minim blong kam long wol ia blong mekem wan wokbaot we i fulap long denja mo tes we yumi no save.

Yumi bin save se bae i no isi.

Be tu, yumi bin save se bae yumi winim plante rij samting, we i gat wan bodi blong mit mo bun mo yumi gotru long ol bigfala glad mo harem nogud blong laef long wol ia. Bae yumi lan blong trachad, blong lukaotem, mo blong gat hadtaem wetem samting. Bae yumi faenem ol trutok abaot God mo yumiwan.

I tru, yumi bin save se bae yumi mekem ol mistek folem rod ia. Be tu, yumi bin kasem wan promes: se from bigfala sakrifaes blong Jisas Kraes, bae yumi kam klin long ol rong blong yumi, bae spirit blong yumi i kam gud mo klin evriwan, mo wan dei, bae yumi laef bakegen long ded mo yunaet bakegen wetem olgeta we yumi lavem.

Yumi bin lanem hamas God i lavem yumi. Hem i givim laef long yumi mo Hem i wantem yumi blong kasem samting. From hemia, Hem i bin rere wan Sevyia blong yumi. "Be," Papa we i stap long heven i talem: "yu save jusum yuwan wanem yu wantem, from se mi givim long yu."³

I mas gat ol pat blong wokbaot long laef ia we i bin mekem ol pikinini blong God oli fraet mo fraet bigwan, from se wan bigfala namba blong ol spirit brata mo sista blong yumi oli bin agensem.⁴

Tru long presen mo paoa blong fridom blong joes, yumi bin disaed se hamas bae yumi save lanem mo kam blong taem we i no save finis, bae i stret long mak blong denja ia.⁵

Mekem se, yumi bin trastem ol promes mo paoa blong God, mo Pikinini blong Hem we Hem i Lavem Tumas, mo yumi bin akseptem jalenj ia.

Mi bin mekem.

Mo yufala tu.

Yumi bin agri blong aot long sef ples blong fas gudfala laef mo go long wan longfala wokbaot blong go longwe mo kambak.

Singaot ia blong Longfala Wokbaot ia

Be yet, laef long wol ia i gat wan wei blong pulumaot tingting blong yumi, ?i tru? Yumi gat fasin blong nomo luk longfala wokbaot, mo yumi laekem gud ples mo isi laef, be i no blong groap mo progres.

Be yet, i gat wan samting we yumi no save tanem baksaed long hem, we i stap dip insaed long hat blong yumi, we i hanggri from wan ples we i hae moa mo gud moa. Hanggri ia i wan long risen from wanem ol pipol oli kam long gospel mo Jos Ia blong Jisas Kraes. Gospel ia we i kambak, long wan wei, i givim bakegen, singaot ia blong wan longfala wokbaot we yumi bin akseptem longtaem finis. Sevyia ia i invaetem yumi, evri dei, blong lego ol gud mo sef ples blong yumi mo joenem Hem long wokbaot blong stap wan disaepol.

I gat plante kona long rod ia. I gat ol hil, ol flat ples, ol rod we i go raon. I gat ol bigfala spaeda, ol smol man mo ol tolfala man, mo iven wan o tu dragon. Be sapos yu stap long rod ia mo trastem God, bae long en, yu faenem hae fiuja ples ia we i gobak long hom blong yu long heven.

?Yumi stat olsem wanem?

I simpol nomo.

Putum Hat blong Yu I Stap Wetem God

Faswan, yu nid blong jusum blong putum hat blong yu i stap wetem God. Traehad evri dei blong faenem Hem. Lan blong lavem Hem. Mo afta, letem lav ia i givim insperesen long yu blong lanem, andastanem, mo folem ol tijing blong Hem, mo lan blong obei long ol komanmen blong God. Gospel ia blong Jisas Kraes, we i kambak, i givim yumi wan kliia mo simpol rod we wan pikinini i save andastanem. Be yet, gospel blong Jisas Kraes i gat ansa long plante long ol bigbigfala kwestin long laef, mo i gat ol samting we oli dip mo oli bigwan, we, iven sapos yu stadi mo tingting hevi long olgeta blong laef taem, bae yu no save andastanem iven wan smol pat.

Sapos yu holembak yu long longfala wokbaot ia from se yu ting se yu no naf, tingbaot se fasin blong stap wan disaepol i no blong mekem samting i stret evriwan; i blong mekem samting wetem tingting. Ol joes blong yu nao i soem ril yu, be i no tumas ol samting we yu save mekem.⁶

Iven taem yu foldaon, yu save jusum blong no givap, be yu jusum blong faenem niu paoa long tingting, gohed, mo go antap moa. Hemia nao bigfala tes blong longfala wokbaot ia.

God i save se yu yu no stret evriwan, se bae yu mestem rod samtaem. God i lavem yu semmak nomo taem yu gat hadtaem o taem yu win.



Olsem Papa we i lavem yu, Hem i wantem yu blong yu minim blong stap traem. Blong stap olsem disaepol, i olsem blong lanem blong plei piano. Maet, wanem bae yu save mekem fas-wan i blong plei wan miusik ia, “jops-tik.” Be sapos yu gohed blong traem, ol simpol tiun we yu no save plei gud, bae wan dei, oli givim wan naes miusik, ol rapsodi, mo konset.

Nao, maet dei ia i no kam long laef ia, be bae i kam. Evri samting we God i askem i blong yu gohed blong trachad wetem ful tingting.

Go Help Wetem Lav long Ol Narawan

I gat wan intresting samting, abaot rod ia we yu bin jusum: wan wei ia nomo i stap blong yu progres long gospel wokbaot blong yu, i blong helpem ol narawan blong progres tu.

Blong helpem ol narawan, *hem* i rod ia blong stap wan disaepol. Fet, hop, lav, sore, mo seves oli smutum yumi olsem ol disaepol.

Tru long ol hadwok blong yu blong helpem olgeta we oli pua mo olgeta long nid, blong go helpem olgeta long had-taem, bae fasin blong yu i kam klin gud mo i kam smut, spirit blong yu i kasem moa, mo yu save stretem hed moa.

Be lav ia, i no save kam sapos yu ting se bae oli pembak yu. I no save kam kaen seves ia we wan i wet blong oli givimbak wan samting, o mekem wan samting i kambak.

Ol tru disaepol blong Jisas Kraes oli lavem God mo ol pikinini blong Hem mo oli no wet se bae oli kasembak

wan samting. Yumi lavem olgeta we oli no mekem gud long yumi, we oli no lackem yumi. Iven olgeta we oli stap daonem, abiusum, mo lukaot blong mekem nogud long yumi.

Taem yu fulumap hat blong yu wetem stret lav blong Kraes, yu no lego wan ples blong fasin blong givimbak, jajmen, mo mekem man i sem. Yu obei ol komanmen blong God from se yu lavem Hem. Long rod ia, sloslo yu kam moa olsem Kraes long ol tingting mo wok blong yu.⁷ ?I gat wan longfala wokbaot we i gud moa bitim hemia?

Serem Stori blong Yu

Nambatri samting we yu trachad blong mekem gud long longfala wokbaot ia, i blong tekem nem blong Jisas Kraes long yuwan, mo no stap sem long huia yu.

Yumi no haedem bilif blong yumi.

Yumi no berem tu.

Be, yumi tokbaot longfala wokbaot blong yumi wetem ol narawan long ol nomol fasin blong yumi. Hemia nao wanem ol fren oli stap mekem—oli tokbaot ol samting we oli impoten long olgeta. Ol samting we i stap insaed long hat blong olgeta mo i mekem samting i defren.

Hemia i wanem yu mekem. Yu stap talem ol stori mo ol eksperiens blong yu olsem wan memba blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent.

Samtaem, ol stori blong yu oli mekem ol pipol oli laf. Samtaem bae i mekem olgeta oli krae. Samtaem bae i helpem ol pipol blong gohed wetem

longfala tingting, fasin blong girap mo gohed bakegen, mo strong paoa long tingting blong fesem wan nara aoa, wan nara dei mo kam kolosap moa long God.

Serem ol eksperiens blong yu fes tu fes, long sosol media, long ol grup evri ples.

Wan las samting we Jisas i bin talem long ol disaepol blong Hem, i we, oli mas goraon long wol mo serem stori ia blong Kraes we i girap bakegen.⁸ Tedei, wetem glad, yumi akseptem bigfala wok ia we Hem i putum long solda blong yumi

Hem i wan mesej blong glori we yumi mas serem: from Jisas Kraes, evri man, woman, mo pikinini i save gobak sef long hom blong olgeta long heven, mo longwe, bae yumi !stap long glori mo stret mo gud fasin!

I gat plante moa gud nius blong serem.

!God i bin kamaot long man long taem blong yumi! Yumi gat wan profet we i stap laef tedei.

Mi wantem rimaenem yufala se God i no nidim yu blong “salem” gospel we i kambak, o Jos Ia blong Jisas Kraes.

Hem i wantem luk nomo se yu no haedem andanit long baket.

Mo sapos ol pipol oli disaed se Jos i no blong olgeta, hemia desisen blong ol.

I no minim se yu no win. Yu gohed blong mekem gud long olgeta. Mo i no minim se yu stop blong invaetem olgeta bakegen.

Wanem i defren bitwin ol wanwan sosol kontak mo strong paoa mo sore blong disaepol, hem i—!invitesen!

Yumi lavem mo respektem evriwan long ol pikinini blong God, i nomata weaples oli stap long laef, i nomata long kala blong skin o relijin, i nomata desisen blong laef blong olgeta.

Long saed blong yumi, bae yumi talem: “!Kam mo luk!” Faenemaot yuwan olsem wanem blong wokbaot long rod ia blong stap disaepol, i givim

blesing mo i mekem yu harem gud.”

Mifala i stap invaetem ol pipol blong
“kam mo help, taem yumi traem blong
mekem wol ia i wan moa gud ples.”

Mo yumi talem: “!Kam mo stap!
Mifala ol brata mo sista blong yufala.
Yumi no stret evriwan. Yumi trastem
God mo lukaot blong obei ol koman-
men blong Hem.

“Joenem mifala, mo bae yufala i
mekem yumi kam gud moa. Mo, long rod
ia, bae yufala tu i kam gud moa. Bae yumi
tekem wan longfala wokbaot tugeta.”

?Wetaem Bae Mi Stat?

Taem fren blong yumi, Bilbo Baggins
i bin filim singaot ia blong longfala
wokbaot i tantanem hem insaed, hem
i disaed blong go slip gud long naet, i
girap i kakae gud, mo i aot fas samting
long moning.

Taem Bilbo i wekap, hem i bin luk
se haos blong hem i olbaot, mo kolosap,
tingting blong hem i aot long gudfala
plan ia.

Be fren blong hem, Gandalf i kam,
i askem: “?Wetaem nao *bae* yu kam?”⁹
Blong hem i kasem ol fren blong hem,
Bilbol i mas disaed se bae hem i mekem
wanem.

Mekem se, nomol mo gud lisepep
ia i aot i pas tru long doa blong hem i
go long rod blong longfala wokbaot,
we i hariap, i fogetem hat, woking stik,

mo hankijif blong hem. Hem i no iven
seken moning kaekae blong hem.

Maet i gat wan lesen ia blong yumi
lanem tu.

Sapos yu mo mi, i filim se kat i tan-
tanem blong joenem longfala wokbaot
ia blong stap laef mo serem wanem we
Papa long Heven we i gat lav i rere blong
yumi longtaem finis i kam, mi save talem
stret long yufala se, tedei i dei blong
folem Pikinini blong God, mo Sevyia
blong yumi long rod ia blong Hem
blong givim seves mo stap disaepol.

Yumi save spendem wan laeftaem
blong wet from taem ia, taem we evri
samting i laen gud finis. Naoia i taem
blong yu komitim yu fulwan blong
lukaotem God, blong givhan long ol
narawan, blong serem eksperiens blong
yumi wetem ol narawan.

Lego hat, woking stik, hankijif mo
doti haos i stap.¹⁰

Long olgeta long yumi we i stap
wokbaot finis long rod ia, gat strong
paoa long tingting, lav mo sore, tras,
mo !gohed!

Long olgeta we oli aot long rod ia,
plis kambak, joenem mifala bakegen,
mekem yumi kam strong moa.

Mo, long olgeta we oli no stat yet,
?from wanem wet? Sapos yu wantem luk
ol sapraes blong bigfala longfala wok-
baot ia wetem spirit, !tekem step blong
yu from longfala wokbaot ia! Toktok

wetem ol misinari. Toktok wetem ol Lata-
dei Sent fren blong yu. Toktok wetem
olgeta abaot bigfala mo gudfala wok ia.¹¹

!I taem blong stat!

!Kam Joenem Mifala!

Sapos yu filim se laef blong yu i save
gat moa mining, wan moa hae stamba
tingting, strong famli, mo kam kolosap
moa long God; plis, kam joenem mifala.

Sapos yu stap lukaotem wan komu-
niti blong ol pipol we oli stap wok
blong bes blong olgeta, helpem olgeta
long nid, mo mekem wo ia i wan moa
gud ples, !kam joenem mifala!

Kam mo luk se bigfala, gudfala,
longfala wokbaot ia, i wanem stret.

Folem rod ia, bae yu faenem huia yu.

Bae faenem mining.

Bae yumi faenem God.

Bae yu faenem moa gud mo longfala
wokbaot blong glori ia blong laef
blong yu.

Long hemia, mi testifae, long nem
blong Ridima mo Sevyia, Jisas Kraes,
amen. ■

OL NOT

1. J. R. R. Tolkien, *The Hobbit or There and Back Again* (Boston: Houghton Mifflin, 2001), 3.
2. Subtitle of *The Hobbit*.
3. Moses 3:17.
4. Luk long Job 38:4–7 (ol boc blong God oli singaot wetem glad); Aesea 14:12–13 (“Yu stap tingbaot blong stanemap bigfala jea blong yu antap long ol sta ya we oli antap olgeta.”); Revelesen 12:7–11 (i bin gat wo long heven).
5. “Profet Josef Smit i tokbaot *fridom blong mekem joes* olsem fri indipendens blong maen we heven i bin givim, wetem glad hat, long famli blong man, olsem wan long ol bes presen blong hem’ [*Teachings of the Prophet Joseph Smith*, comp. Joseph Fielding Smith (1977), 49]. ‘Fri indipendens blong maen ia,’ o fridom blong mekem joes, i paoa we i letem wanwan man o woman blong “mekem samting olgetawan’ (D&K 58:28). Hem i mekem se yumi praktisim fasin blong jusum bitwin gud mo nogud, o ol defren level blong gud mo nogud, mo tu, janis ia blong gotru long ol risal we oli kamaot long joes ia. Papa





I KAM LONG ELDA WOLTA F. GONSALES
Blong Olgeta Seventi

Hiling Han blong Sevy

*Taem yumi kam long Hem, God bae i kam
blong sevem yumi, maet blong hilim yumi
o blong givim paoa blong fesem eni situesen.*

long Heven i lavem ol pikinini blong Hem plante, mekem se Hem i wantem yumi blong kasem ful paoa blong yumi—blong kam olsem Hem. Blong progres, olsem wan man o woman, yumi mas gat paoa, insaed long yumi, blong mekem joes ia we i gud. Fridom blong mekem joes i stamba long plan we Hem i gat long ol pikinini blong Hem, mekem se ‘iven God Hemwan, i no save mekem man i kam olsem Hem, sapos Hem i no mekem olgeta oli fri’ [David O. McKay, “Whither Shall We Go? Or Life’s Supreme Decision,” *Deseret News*, June 8, 1935, 1] (Byron R. Merrill, “Agency and Freedom in the Divine Plan,” insaed long Roy A. Prete, ed., *Window of Faith: Latter-day Saint Perspectives on World History* [2005], 162).

6. Insaed long buk blong hem, *Harry Potter and the Chamber of Secrets*, man blong raet, J. K. Rowling i mekem se Hodwarts hedmasta Dumbledore i talem wan samting we, kolosap i semmak long yangfala Harry Potter. Hemia i wan gudfala advaes long yumi tu. Mi bin yusum ol mesej ia bifo mo mi ting se i gud blong sap ripitim olgeta.
7. “Ol fren. Naoia yumi pikinini blong God finis, be i no klia yet se bambae yumi save kam olsem wanem. Be wan samting yumi save. Taem Kraes* i kamtru, *bambae yumi save kam olsem hem*, from we long taem ya, bambae yumi save luk hem stret long ae blong yumi” (1 Jon 3:2; oli ademap italik).
- Maet bae i had tumas, long yumi, blong andastanem kaen jenis olsem, be, “Spirit ya blong God i kam joen long tingting blong yumi, blong talemaat we yumi pikinini blong God:

“Nao from we yumi pikinini blong hem, bambae yumi save kasem ol gudgudfala samting we hem i putum olgeta oli tabu, se bambae oli blong ol man blong hem. Mo bambae yumi save joen long Kraes blong kasem haf long ol gudgudfala samting we God i putum olgeta oli tabu, se bambae oli blong Kraes. Mo from we yumi joen long Kraes blong harem nogud olsem we hem i harem nogud, be bambae yumi save joen long hem bakegen, blong kasem gudfala laef blong hem long heven.

“Long tingting blong mi, taem we yumi stap tingbaot gudfala laef ya blong heven we bambae i save kamtru long yumi, ol samting ya we naoia oli stap mekem yumi harem nogud tumas, oli olsem nating nomo” (Rom 8:16–18; oli ademap italik).

8. Luk long Matiu 28:16–20.
9. Tolkien, *The Hobbit*, 33.
10. Luk long Luk 9:59–62.
11. Luk long LeGrand Richards, *A Marvelous Work and a Wonder*, rev. ed. (1966).

Kolosap 2,000 yia i pas, Sevy Sevy we i stap antap long maonten, i kam daon afta we Hem i tijim abaot Ol Eit Gudfala Toktok mo ol narafala prinsipol blong gospel . Taem Hem i stap wokbaot i go, nao wan man we i gat leprosi i kam luk Hem. Man ia soem reveren mo respek taem hem i nildaon long fored blong Kraes, mo askem blong kam fri long bigfala harem nogud ia. Rikwes blong hem i simpol nomo: “Masta, sapos yu yu wantem, mi mi save se yu gat paoa blong mekem mi mi gud bakegen.”

Sevy i stretem han blong hem, i tajem hem, mo i talem, “Yes, mi mi wantem. !Yu klin!”¹

Yumi lanem se Sevy blong yumi oltaem i wantem blong blesem yumi. Sam blesing bae oli kam naoia nomo, ol narawan bae i tekem longtaem, mo sam bae kam afta long laef ia, be ol blesing bae oli kam long stret taem blong hem.

Semmak olsem man we i kasem rabis sik blong skin, yumi save faenem paoa mo kamfot long laef ia taem yumi akseptem tingting blong Hem mo save se Hem i wantem blong blesem yumi. Yumi save faenem paoa blong fesem eni jalenj, winim ol temtesen, mo blong andastanem mo go tru ol had samting blong yumi. I tru, long taem blong ol bigfala had taem blong laef blong

Hem, paoa blong Sevy blong gohed i kam moa dip taem Hem i talem long Papa blong Hem, “Tingting blong yu bae i hapen.”²

Man we i kasem rabis sik blong skin i no bin mekem rikwes blong hem long wan wei we i soem se hem i moa impoten o long fasin blong fos. Ol toktok blong hem i soem wan fasin blong tingting we i stap daon, wetem hae risal be tu wetem wan tru tingting se tingting blong Sevy bae i hapen. Hemia i wan eksampol blong fasin we yumi mas gat blong kam long Kraes. Yumi mas kam long Kraes wetem sua tingting se, tingting blong Sevy, naoia mo oltaem,





bae i bes blong laef blong yumi long wol ia mo laef we i no save finis. Hem i gat wan lukluk we i no save finis we yumi no gat. Yumi mas kam long Kraes wetem wan tru tingting se, tingting blong yumi bae i kam wan wetem tingting blong Papa, semmak olsem tingting blong Hem i joen long hemia blong yumi.³ Hemia bae i helpem yumi rere blong kasem laef we i no save finis.

Hem i had blong pikjarem hevi safaring long bodi mo tingting blong man ia we i kasem rabis sik blong skin we i kam long Sevyia. Rabis sik blong skin i afektem ol string mo skin, i mekem ol bodi oli no sep gud mo handikap. Antap long hemia, i lid i go long fasin blong sem long pablik. Wan we i trachad wetem rabis sik blong skin i mas lego olgeta we hem i lavem mo stap hemwan longwe long sosaeti. Ol man we oli sik long rabis sik blong skin, oli luk olgeta olsem oli toti, tugeta long saed blong bodi mo spirit. From hemia, loa blong Moses i talem se ol man we oli kasem rabis sik blong skin bae oli werem ol brokbrok klos mo oli singaotem, olgetawan “!Toti!” taem oli wokbaot.⁴ From oli sik mo ol man i no laekem olgeta nating, ol man wetem leprosi, oli laef long ol haos we i no gat man long hem o insaed long ol hol blong ston.⁵ Hem i no had blong pikjarem man ia we i kasem rabis sik blong skin we i go luk Sevyia i bin harem nogud tumas.

Samtaem—long wan wei o nara wei—yumi tu, i save filim harem nogud tumas, hemia from aksen blong yumiwan o blong ol narawan, o from ol situesen we yumi save o no save kontrolem. Long ol

taem olsem, yumi save putum tingting blong yumi long ol han blong Hem.

Sam yia i pas, Zulma—waef blong mi, bes haf blong mi, bes pat blong mi—i kasem sam had nius jes tu wik bifo mared blong wan long ol pikinini blong mitufala. Hem i gat wan kaen kansa i stap gro long fored blong ol sora blong hem, mo hem i stap gro hariap. Fes blong hem i stat blong solap, mo hem i mas hariap mo go tru long wan opere-sen we i gat fulap denja. Plante tingting i gotru long maen mo hat blong hem i hevi. ?Sik ia i save kilim ded man? ?Olsem wanem bae bodi i kambak gud long sik ia? ?Bae fes blong hem bae i nomo save muvmuv? ?Soa bae i bigwan olsem wanem? ?Bae fes blong hem bae i gat makmak long hem blong oltaem? ?Bae sik ia kambak bakegen afta we oli karemaot? ?Bambae hem i save go long mared blong boe blong mitufala? Taem hem i stap ledaon long operesen rum, hem i harem nogud tumas.

Stret long impoten taem ia, Spirit i toktok kwaet long hem se hem i nid blong akseptem tingting blong Papa. Hem i disaed blong putum tras blong hem long God. Hem i gat wan strong tingting wanem ansa, tingting blong Hem bae i moa gud blong hem. I no longtaem, hem i slip sloslo from paoa blong meresin.

Afta, hem i raetem ol naes toktok long jenol blong hem: “Long tebol blong dokta mi bodaon long fored blong Yu, Papa, mo sarena long tingting blong Yu. nao mi silip. Mi save se bae mi save trastem Yu, Papa, from mi save se i no gat wan nogud samting i kam long Yu, Papa.

Hem i faenem paoa mo kamfot from hem i sarena long tingting blong hem long hemia blong Papa. Long dei ia, God i bin blesem hem bigwan.

I nomata long wanem situesen yumi stap long hem, yumi save eksasaesem fet blong yumi blong kam long Kraes mo faenem wan God we yumi save trastem. Olsem wan long ol pikinini blong mi, Gabriel i raetem wan taem:

Folem toktok blong profet, fes blong God i saen moa bitim san

*mo hea blong Hem i waet bitim sno,
mo voes blong Hem i singaot olsem noes
blong reva we i brok long ston,
mo narasaed long Hem man i nating
nomo. . .*

*Mi mi sek taem mi kam blong luksave se
iven mi, mi nating.*

*Mo afta long hemia nomo, mi faenem rod
blong mi i go long wan god we mi save
trastem.*

*Mo afta long hemia nomo, mi faenem God
we mi save trastem.⁶*

Wan God we yumi save trastem, i mekem yumi save gat strong hop. Yumi save trastem Hem from se Hem i lavem yumi mo i wantem wanem i bes blong yumi long evri situesen.

Man we i kasem rabis sik blong skin i kam kolosap from paoa blong hop. Wol i no givim wan ansa, no iven wan kamfot long hem. Mekem se, simpol hiling han blong Sevyia, hem i bin filim olsem wan han blong lav long ful sol blong hem. Yumi save pikjarem nomo ol dip filing blong tangkyu blong man we i kasem rabis sik blong skin i bin gat long taem Sevyia i tajem hem, speseli taem hem i harem ol toktok: “Yes mi mi wantem. !Yu klin!”

Stori i talem se “wantaem nomo, rabis sik blong skin i kam klin.”⁷

Yumi tu yumi save filim han blong lav mo hiling blong Sevyia taem i tajem

yumi. !Bigfala glad, hop, mo tangkyu i save kam long ol sol blong yumi taem yumi save se Hem i wantem blong helpem yumi kam klin! Taem yumi kam long Hem, God bae i kam blong sevem yumi, maet blong hilim yumi o blong givim paoa blong fesem eni situesen.

Nomata long wanem, blong akseptem tingting blong Hem—be i no hemia blong yumi—bae i helpem yumi andastanem ol situesen blong yumi. Nogat wan samting nogud i kam long God. Hem i save wanem i bes blong yumi. Maet bambae Hem i no karemaot ol harem nogud blong yumi naoia nomo. Samtaem Hem i save mekem ol harem nogud ia oli no hevi tumas, olsem Hem i bin mekem wetem Alma mo ol pipol blong hem.⁸ Be, from ol kavenan, ol harem nogud bae hem i leftemap olgeta,⁹ maet long laef ia o long tabu Laef Bakegen long Ded.

Wan tru tingting se tingting blong Hem bae i hapen, we i go wetem wan save long saed tabu fasin blong Ridima, i helpem yumi developem kaen fet ia we man we i kasem leprosi i soem blong mekem se hem i kam klin. Jisas Kraes i wan God blong lav, wan God blong hop, wan God blong hiling, wan God we i wantem blong blesem yumi mo helpem yumi blong kam klin. Hemia i wanem Hem i wantem bifo yumi kam long wol ia taem Hem i volontia blong sevem yumi taem yumi foldaon long sin. Hemia i wanem Hem i wantem long Getsemane taem Hem i fesem wan soa we man i no save andastanem long taem blong harem nogud blong pem praes from ol sin. Hemia i wanem Hem i wantem naoia taem Hem i stap toktok long bihaf blong yumi long fored blong Papa.¹⁰ Hemia from wanem voes blong Hem i stap saon yet: “Yufala evriwan we i stap hadwok tumas, [mo] stap karem ol hevi samting, yufala i kam long mi, nao bambae mi mekem we yufala i spel gud.”¹¹

Hem i save hilim yumi mo leftemap yumi antap from se Hem i gat paoa blong mekem. Hem i karem long Hemwan evri so blong bodi mo spirit blong mekem se ol boel blong Hem i save fulap wetem sore blong hem i save helpem yumi long evri samting mo blong hilim yumi mo leftemap yumi.¹² Ol toktok blong Isaia, olsem Abinadae i talem, long wan naes mo gud wei:

“I tru se hem i bin tekem ol soa long hat blong yumi mo hem i bin tekem ol harem nogud blong yumi. . . .

“ . . . Be hem i bin kasem kil from ol fasin blong yumi blong brekem loa, skin blong bodi blong hem i bin kasem ol mak blong kil from ol rabis fasin blong yumi; mo fasin blong stretem yumi we i givim pis, i bin stap long hem; mo tru long ol mak blong kil blong hem, yumi kam oraet.”¹³

Semma tingting ia oli tokbaot long poem ia:

*“O kapenta blong Nasaret,
Hat ia we i brok ia i bitim taem blong ripea
blong hem,
Laef ia, we i brokbrok kolosap long ded,
O, ?Yu save somap olgeta, Kapenta?”*

*Mo tru long han blong Hem we i kaen
mo rere,
Swit laef blong Hem oli somap i go wetem
Ol laef blong yumi we i brokbrok, kasem
taem oli stanemap
Wan Niu Kriesen—“evri samting oli niu.”*

*“Ol brokbrok [tingting] blong hat,
Tingting blong hat, drim, hop, mo fet,
Sepem olgeta i kam long wan plan we i
stret evriwan,
!O, kapenta blong Nasaret!”¹⁴*

Sapos yu filim se long eni wei se yu no klin, sapos yu filim se yu nomo save go moa, plis save we yu save kam klin, oli save somap ples we i brok ia from se

Hem i lavem yu. Trastem se i no gat wan samting nogud i save kam long Hem.

From se Hem i “go daon moa bitim evri samting,”¹⁵ Hem i mekem i posibol blong evri samting we oli brokbrok long laef blong yumi, oli save somap bakegen, mo olsem ia nao yumi save kam wan wetem God. Tru long Hem evri samting i kam wan, tugeta ol samting we i stap long wol mo long heven, blong mekem pis tru long blad blong kros blong hem.”¹⁶

Letem yumi kam long Kraes, mo tekem evri step we i nid blong tekem. Taem yumi mekem, bae ol fasin blong yumi bae oli talem wan samting, “Masta, sapos yu yu wantem, mi mi save se yu yu gat paoa blong mekem mi gud bakegen.” Sapos yumi mekem olsem, yumi save kasem hiling han blong Masta, i go wetem swit saon blong voes blong Hem: “Yes, mi mi wantem, yu klin.”

Sevyia i wan God we yumi save trastem. Hem hem i Kraes, Hem we God i jusum, Mesaea ia, we mi testifae abaot Hem, long tabu nem blong Hem, we i Jisas Kraes, amen. ■

OL NOT

1. Matiu 8:2–3.
2. Matiu 26:42.
3. Luk long Mosaea 15:7.
4. Luk long Levitikas 13:45.
5. Luk long Bruce R. McConkie, *Doctrinal New Testament Commentary* (1973), 1:174.
6. Luk long Proveb 3:5–6; Doktrin mo Ol Kavenan 110:2–3; Moses 1:2–10.
7. Matiu 8:3.
8. Luk long Mosaea 24:8–15.
9. Luk long Mosaea 24:13–16.
10. Luk long Doktrin mo Ol kavenan 45 :3–5.
11. Matiu 11:28.
12. Luk long Alma 7:12.
13. Mosaea 14:4–5.
14. George Blair, “The Carpenter of Nazareth,” insaed long Obert C. Tanner, *Christ’s Ideals for Living* (Sunday School manual, 1955), 22; insaed long Jeffrey R. Holland, “Broken Things to Mend,” *Liahona*, May 2006, 71.
15. Doktrin mo Ol Kavenan 88:6.
16. Kolosi 1:20; luk tu long 2 Korin 5:18–20.



I KAM LONG ELDA GARY E. STEVENSON
Blong Kworom blong Olgeta Twelef Aposol

Yu No Trikim Mi

Taem yumi stap obei long ol komanmen blong God, oltaem bae Hem i lidim yumi long stret rod, mo bae oli no trikim yumi.

Tedei, mi givim ol toktok blong advaes long evriwan, be *speseli* long yufala blong jeneresen ia we i stap kam antap—ol Praemerik pikinini, ol yang man, mo ol yang woman. Profet blong



Lod blong tedei, Presiden Russell M. Nelson i lavem yufala bigwan—i bigwan we hem i bin toktok long plante long yufala long wan spesel wol yut divosen brodkas las yia long Jun 2018 mo i singaotem “Hop Ia blong Isrel.”¹ Plante taem, yumi harem Presiden Nelson i stap singaotem yufala hemia nao stret—“hop ia blong Isrel,” jeneresen ia we i stap kam antap mo fiuja blong Jos Ia blong Jisas Kraes we i kambak.

Ol yangfala fren blong mi, bae mi wantem stat blong serem tu famli stori.

Namba 102 Dalmasen

Sam yia i pas, mi aot long wok mi kasem haos, mo mi sek blong luk waet peint evri ples—long graon, doa blong garaj, mo red brikis haos blong mifala. Mi luk gud i go mo faenem se peint ia i wetwet yet. Wan trak blong peint i go kasem biae long haos mo mi folem i go. Long ples ia, mi faenem faef yia boe blong mi, i holem bras blong peint long han, i stap ronem dog blong mifala. !Naes blak Labrado, oli pentem haf waet!

“?Yu stap mekem wanem?” Mi askem wetem wan smat voes.

Boe i stop, i lukluk mi, i lukluk dog, i lukluk peintbras we waet peint i stap folfoldaon long hem, mo talem: “Mi

jes wantem hem i olsem ol blak mo waet dog ia long muvi—yu save, hemia wetem 101 Dalmasen.”

Mi laekem dog blong mifala. Mi ting se hem i stret finis, be boe blong mi i gat defren tingting.

Straep Smol Puskat

Seken stori blong mi i abaot Bigfala Bubu Grova we i stap long wan haos long rurol, longwe long taon. Bubu Grova i stap kam olfala. Mitufala i ting se i gud ol boe oli luk hem bifo hem i ded. So, wan aftenun, mifala i draev longtaem i go long naes haos ia. Mifala i sidaon tugeta blong storian mo presentem ol boe blong mitufala. I no longtaem afta we mifala i stat storian, tufala yang boe ia, ating 5 mo 6 yia, i wantem go aotsaed mo pleiplei.

Bubu Grova, we i harem hemia, i bendaon smol kolosap long fes blong tufala. Fes ia i olfala mo tufala i no save, mekem tufala boe i fraet smol long hem. Hem i talem long wan series voes: “Lukaot—i gat fulap skank aotsaed ia.” Taem mitufala i harem, Lesa mo mi i sek; !mitufala i wari se bae skank ia i spre long tufala! Ol boe oli go aotsaed blong pleiplei mo mifala i gohed storian.

Afta long hemia, taem mifala i go insaed long trak blong gohom, mi askem ol boe: “?Yutufala i luk wan skank?” Wan long olgeta i ansa: “No, mitufala i no luk wan, !be mitufala i luk wan blak smol puskat wetem waet straep long bak blong hem.”

Bigfala Man blong Trikim Man

Olgeta stori ia abaot ol pikinini we oli no save samting mo stap faenem samting abaot laef mo wanem i tru long laef, i mekem wanwan i smael, be tu, oli soem wan mo dip tingting.

Long fasfala stori, yang boe blong mitufala i gat naes dog we i lukaot long haos; nomata hemia, hem i hang long

wan galon peint, wetem bras long han, i gat strong tingting blong krietem wan ril samting we i stap long tingting blong hem.

Long seken stori, ol boe oli no save long denja we bae tufala i fesem sapos tufala i faenem wan skank. From tufala i no save luksave wanem tufala i fesem, tufala i stap long denja blong safa long wan nogud samting. Ol stori ia, blong mistek long aedentiti—i soem se ril samting i wan nara samting. Long wanwan stori, risal i no bigwan.

Be, tedei, plante i gat trabol wetem ol semfala problem, be oli bigwan moa. Oli no save luk ol samting olsem we oli rili stap, o, oli no glad inaf long trutok ia. Antap long hemia, i gat ol fos oli wok tedei, we oli minim blong lidim yumi longwe long ful trutok. Ol trik mo giaman ia, oli go i bitim mistek blong aedentiti, mo plante taem, i gat ol series, be i no smol risal we i no stret.

Setan, papa blong ol giaman, mo bigfala man blong trikim man, bae i mekem yumi kwestinim ol samting olsem we oli rili stap, mo mekem yumi no wantem save long ol trutok ia we oli no save finis, o i jenisim olgeta i kam wan samting we i moa gud long yumi. “Hem i mekem wo wetem olgeta sent blong God”² mo i bin spendem taosen yia blong kalkuletem mo praktisim paoa ia blong winim evriwan long ol pikinini blong God blong bilivim se *gud i nogud mo nogud i gud*.

Hem i mekem wan nem blong hem blong winim ol man long wol ia se ol skank oli ol smol puskat, o, sapos yu putum peint, !yu tanem wan Labrado i kam wan Dalmasen!

Bae yumi tanem yumi i go long wan eksampol blong stret prinsipol ia we i stap long ol skripja taem wan long ol profet blong Lod, Moses, i bin kam blong fesem semfala problem ia. “Wan taem . . . God i bin tekemaot Moses i



go antap long wan bigfala hil we i hae tumas, mo hem i bin luk God, i luk fes blong hem mo i bin toktok wetem hem.”³ God i tijim Moses abaot aedentiti blong hem we i no save finis. Hem i talem se nomata Moses i wan man we i save ded mo i no stret evriwan, God i bin tijim hem se hem “ripresentem Wan Stret Pikinini blong mi Ia Nomo; mo Wan Stret Pikinini Ia Nomo blong mi, bae hem i Sevya.”⁴

Moses, long bigfala visen ia, i bin luk God, mo hem i bin lanem tu wan impoten samting abaot hemwan: se nomata hem i save ded, hem i bin wan *pikinini blong God*.

Lisin gud long wanem i hapen taem gudfala visen ia i finis. “Mo i bin hapen se . . . Setan i bin kam, i stap temtem hem, i talem: Moses, pikinini blong *man*, yu wosipim mi.”⁵ Wetem strong paoa long tingting, Moses i ansa: “?Huia yu? From luk, mi mi wan pikinini *blong God*, we mi ripresentem Wan Stret Pikinini Ia Nomo blong hem; mo ?wea nao glori blong *yu*, blong mi stap wosipim yu?”⁶

Long nara toktok, Moses i talem: “Yu no save trikim mi, from mi save huia mi. Oli bin krietem mi folem fasin mo bodi blong God. Yu no gat laet mo glori blong Hem. ?So, from wanem bae

mi wosipim yu mo foldaon long giaman blong yu?”

Nao, luklukud long wei we Moses i ansa i go. Hem i talem: “Setan, !yu kamaot long ples ia! *Yu no trikim mi*.”⁷

I gat fulap samting we yumi save lanem aot long bigfala ansa ia blong fesem temtesen blong enem. Mi invaetem yufala blong ansa semmak taem temtesen i fosem yu. Givim oda long enem blong sol blong yu, mo talem: “!Yu go longwe! Yu *no* gat glori. !Yu no temtem mo giaman long mi! From mi save, mi mi pikinini blong God. Mo oltaem bae mi singaot long God blong mi blong i help.”

Be Setan, i no isi blong lego ol rabis tingting blong hem blong giaman mo daonem yumi. Hem i no bin mekem hemia wetem Moses, mo i wantem blong mekem hem i fogetem huia hem i blong taem we i no save finis.

Mo olsem se hem i sakem wan bigfala kros blong pikinini i kam, “Setan i bin krae long wan voes we i laod, mo i singsingaot, i tok strong long wol, mo i bin givim oda, i talem: “Mi nao, mi Wan Stret Pikinini Ia Nomo, yu wosipim mi.”⁸

Yumi luklukbak. ?Yu harem Setan i jes talem wanem? “Mi nao, mi Wan Stret Pikinini Ia Nomo. Yu wosipim mi!”

Bigfala man blong trikim man i talem stret: “Yu no wari, bae mi no spo-lem yu—mi no wan skank; mi jes wan kwaet blak mo waet smol puskat.”

Afta, Moses i prea long God mo i kasem paoa blong Hem long heven. Iven we Setan i bin seksek, mo wol i bin seksek, be Moses i *no bin folem hem*. Voes blong hem i bin strong mo klia. Hem i talem: “Setan, yu kamaot long mi, from se wan God ia nomo bae mi wosipim, we i God we i gat glori.”⁹

Long en, “Setan . . . i bin kamaot . . . long fes blong Moses.”¹⁰

Afta, Lod i bin kam mo i blesem Moses from hem i bin obei, mo Lod i se:

“Mi blesem yu, Moses, . . . mo mi mekem yu kam strong moa bitim plante narafala wota; . . .

“Mo luk gud, mi stap wetem yu, go kasem en blong laef blong yu.”¹¹

Taem Moses i stanap agensem Setan, i wan ditel eksampol we i givim laet long wanwan long yumi, nomata weaples yumi stap long laef. Hem i wan strong mesej we i go long yuwan—blong yu save wanem blong mekem taem Setan i traem blong trikim yu. From se yu, olsem Moses, God i blesem yu wetem presen ia blong kasem help blong heven.

Ol Komanmen mo Ol Blessing

?Olsem wanem nao yu save faenem help ia long heven, semmak olsem Moses, mo no foldaon long trik o long temtesen? Wan klia rod blong tabu help, Lod Hemwan i talem bakegen long dispensesen ia taem Hem i bin talem: “Taswe, Mi Lod, we mi save bigfala trabol we bae i kam long ol man we oli stap laef long wol, mi bin singaotem wokman blong mi, Josef Smit Junia, mo mi stap long heven mo toktok long hem, mo givim ol komanmen long hem.”¹² Blong yusum ol moa simpol toktok, bae yumi save talem se Lod, we i save “en stat long stat,”¹³ i save ol stret hadtaem blong taem blong yumi. From hemia, Hem i givim wan rod blong stanap agensem ol jalenj mo ol temtesen, we plante oli kam olsem wan stret risal blong ol paoa blong giaman blong enemi mo ol atak blong hem.

Wei ia i simpol nomo. Tru long ol wokman blong Hem, God i toktok long yumi, ol pikinini blong Hem, mo i givim ol komanmen long yumi. Yumi save talem ol ves ia long nara wei: “Mi, Lod mi . . . bin singaotem wokman



blong mi, [Presiden Russell M. Nelson,] mo mi stap long heven mi toktok i kam long hem, mo mi givim ol komanmen long hem.” ?Hemia i no wan trutok we i bigwan?

Mi talem tabu witnes blong mi se, i tru, Lod i rili stap long heven mo toktok i kam long Josef Smit, i stat long taem blong bigfala Fas Visen. Hem i stap toktok tu long Presiden Nelson long taem blong yumi. Mi testifae se God i bin toktok wetem ol profet long ol taem bifo mo i bin givim ol komanmen long olgeta we oli blong lidim ol pikinini blong Hem blong oli stap hapi long laef ia mo long nekis glori.

God i stap gohed blong givim ol komanmen long profet blong yumi we i stap laef tedei. Ol eksampol oli fulap—wan hom we i senta, we Jos i sapotem, i balens long gospel tijing; wok blong riplesem hom mo visiting tijing wetem wok blong givhan; ol jenis long ol polisi mo ol odinens blong tempol; mo niufala program blong Ol Pikinini mo Ol Yut we bae i stat long 2020. Mi sapraes long gud fasin mo lav mo sore blong wan Papa long Heven we i gat lav, mo long Pikinini blong Hem, Jisas Kraes, we i bin putumbak Jos blong Hem long wol ia bakegen mo i bin singaotem wan profet blong taem blong yumi. Restoresen blong gospel blong Jisas Kraes i

agensem *ol denja* taem wetem taem we *evri wok* i kamtru.

Fasin Nogud I Neva Bin Fasin blong Stap Glad

Fasin blong obei long ol komanmen we God i givim long profet, i wan ki blong stap longwe long paoa mo giaman blong enemi, be tu, blong gat glad mo hapines we i stap we i stap. Tabu rod ia i simpol nomo: stret mo gud fasin, o fasin blong stap obei long ol komanmen, i tekem ol blesing i kam, mo ol blesing oli tekem hapines, o glad, insaed long laef blong yumi.

Be, long semmak wei, Setan we i bin traem blong trikim Moses, nao i traem trikim yu. Oltaem i stap priten se hem i wan samting be i no tru. Oltaem i traem blong haedem huia ril hem. Hem i talem se fasin blong stap obei i mekem laef i nogud, mo bae i stilim hapines long yu.

?yu yu save ting long sam giaman plan blong hem blong trikim man? Olsem. Hem i priten se i no gat denja blong tekem rabis drag mo stap drong, mo i talem se i mekem man i glad. Hem i draonem yumi long ol nogud samting we i stap long ol sosol media, olsem fasin blong komperem yuwan mo gat wan defren lukluk long ril laef. Antap long hemia, hem i haedem ol nara dak, rabis samting onlaen we i spolem yumi, olsem ponografi, bigfala buli long intanet, o spredem giaman infomesen blong mekem man i gat tu tingting mo fraet long hat mo maen blong olgeta. Long nogud waes blong hem, i talem slo: “Jes folem mi, bae yu hapi tru.”

Ol toktok we blong plante handred yia bifo, wan profet blong Buk blong Momon i raetem, oli blong taem blong yumi tedei: “Fasin nogud i *neva* bin fasin blong stap glad.”¹⁴ Bae yumi luksave ol trik blong Setan olsem we oli stap. Bae yumi stanap agens mo luk tru long ol giaman mo fos blong wan ia



we i wantem prapa spolem sol blong yumi, mo stilim glad blong yumi tedei mo fiuja glori blong yumi.

Ol dia brata mo sista blong mi. Yumi mas gohed blong stap fetful mo lukaotgud, from hemia i wan wei ia nomo blong luksave trutok mo harem voes blong Lod tru long ol wokman blong Hem. “From Spirit i talem trutok mo i no giaman. . . . Taswe, ol samting ia oli soemaot long mifala long wan klia fasin, blong sevem sol blong yumi. . . . from God i bin talemaot tu, ol samting ia long ol profet blong bifo.”¹⁵ Yumi Ol Sent blong God we I Gat Olgeta Paoa, !hop ia blong Isrel! ?Bae yumi foldaon? ?Bae yumi ronwe o no go long faet? !No! . . . Folem oda blong God, wetem sol, hat mo han, yumi fetful mo tru mo stanap.¹⁶

Mi talemaot witnes blong mi, abaot *Tabu Wan Ia blong Isrel*—we nem blong Hem i Jisas Kraes. Mi testifae abaot lav, trutok, mo hapines blong Hem we i stap, we i posibol tru long sakrifae ia we i no gat en mo i no save finis. Taem yumi stap obei long ol komanmen blong Hem, oltaem bae Hem i lidim yumi long stret rod, mo bae oli no trikim yumi. Long tabu nem blong Sevyra blong yumi, Jisas Kraes. Amen. ■

OL NOT

1. Russell M. Nelson, “Hope of Israel” (wol yut divosen, 3 Jun 2018), HopeofIsrael.ChurchofJesusChrist.org.
2. Doktrin mo Ol Kavenan 76:29.
3. Moses 1:1–2.
4. Moses 1:6.
5. Moses 1:12; oli ademap italik.
6. Moses 1:13; oli ademap italik.
7. Moses 1:16; oli ademap italik.
8. Moses 1:19.
9. Moses 1:20.
10. Moses 1:22.
11. Moses 1:25–26.
12. Doktrin mo Ol Kavenan 1:17.
13. Ebrahim 2:8.
14. Alma 41:10; oli ademap italik.
15. Jakob 4:13.
16. “True to the Faith,” *Hymns*, no. 254.

Seken Hae Komanmen Ia

Glad we i bigwan olgeta, blong yumi, i kam taem yumi helpem ol brata mo ol sista blong yumi.

Ol dia brata mo sista blong mi. Tangkyu from evri samting we yufala i stap mekem blong help mekem Isrel i kam tugeta long tugeta saed blong vel, blong mekem ol famli blong yufala oli kam strong moa, mo blong blesem laef blong olgeta we oli stap long nid. Tangkyu blong stap laef olsem ol tru pipol we i stap folem Jisas Kraes.¹ Yufala i save mo lavem blong obei tufala bigfala komanmen ia—blong lavem God mo blong lavem ol neiba blong yufala.²

Long ol las sikis manis, Sista Nelson mo mi i bin mitim ol taosen blong Ol Sent taem mifala i bin travel i go long Sentrol mo Saot Amerika, ol aelan blong Pasifik, mo ol defren taon long

Yunaeted Stet. Taem mifala i stap travel, hop blong mifala i blong bildimap fet *blong yufala*. Be yet, oltaem mifala i kambak wetem fet *blong mitufala* i kam strong moa from ol memba mo ol fren we mifala i mitim. ?Bae mi save serem trifala bigfala taem blong ol las eksperiens blong mitufala?

Long manis Mei, Sista Nelson mo mi i bin travel wetem Elda Gerrit W. mo Sista Susan Gong i go long Saot Pasifik. Taem mifala i stap long Oklan, Niu Silan, mifala i gat ona blong mitim ol imam blong tufala moske long Kraesjos, Niu Silan, we tu manis bifo, oli bin sutum ded ol man we oli bin stap wosip.



Taem tufala i bin stap long Oklan, Niu Silan, Presiden mo Sista Nelson, tufala i bin mit wetem ol imam blong tufala moske long Kraesjos, long Niu Silan.

Mifala i sendem sore blong mifala i go long ol brata ia blong nara fet mo talemaot bakegen se mifala i gat komitmen long fridom blong relijin.

Mifala i bin givim fri wok mo smol help long mane blong bildimbak ol moske ia. Miting blong mifala wetem ol Muslim lida ia i fulap wetem ol kaen fasin blong talem se yumi ol brata nomo.

Long manis Ogis, wetem Elda Quentin L. mo Sista Mary Cook, Sista Nelson mo mi i bin mitim ol pipol long Buenos Aeres, long Ajentina—plante i no blong jos—we laef blong olgeta i jenis wetem ol wiljea we ol Lata-dei Sent Jariti blong yumi i givim long olgeta. Mifala i kasem insperesen taem oli bin talemaot glad mo tangkyu from niufala jea blong olgeta.

Wan nambatri taem i bin hapen jes sam wik i pas, long ples ia, long Sol Lek Siti. I kam long wan spesel leta we mi bin kasem long bon dei blong mi, we i kam long wan yang woman we bae mi singaotem Meri—14 yia.

Meri bin i raet abaot ol samting we, hem mo mi, i gat we i semmak: “Yu gat 10 pikinini. Mifala i gat 10 pikinini. Yu toktok Mandarin. Seven long ol pikinini long famli, wetem mi, oli adoptem mifala long Jaena, mekem se Mandarin i fas lanwis blong mifala. Yu yu dokta blong hat. Sista blong mi i gat tu open hat operesen. Yu laekem 2 aoa jos. Mifala i laekem 2 aoa jos. Yu singsing stret. Brata blong mi tu i singsing stret. Hem i blaen olsem mi.”

Toktok blong Meri i tajem bigwan hat blong mi, mo i soemaot gud se hem i gat strong spirit, be tu, i soem konsekre-sen blong mama mo papa blong hem.

Ol Lata-dei Sent, semmak olsem ol narawan we oli folem Jisas Kraes, oltaem oli lukaotem ol wei blong help, leftemap man, mo lavem ol narawan. Olgeta we oli glad blong oli singaotem olgeta ol pipol blong Lod, oli “glad



blong karem ol hevi samting blong wanwan long [olgeta]; . . . oli glad blong krae sore wetem olgeta we oli krae sore, . . . mo leftemap tingting blong olgeta we oli nidim.”³

Oli tru blong lukaotem blong laef folem fas mo seken bigfala komanmen. Taem yumi lavem *God* wetem ful hat blong yumi, Hem i tanem hat blong yumi long gudlaef blong *ol narawan* long wan sekol we i naes mo gat klin tingting.

Bae i no posibol blong kalkuletem hamas seves ol Lata-dei Sent oli stap givim raon long wol evri dei blong evri yia, be, hem i posibol blong kalkuletem gud, we Jos, olsem wan oganaesesen i mekem blong blesem ol man mo ol woman—ol boe mo ol gel—we oli nidim wan han blong help.

Yumaniterian wok blong Jos i stat long 1984. Afta, oli bin holem wan taem blong livim kakae raon long ful Jos,

blong help resemap mane blong helpem olgeta we wan drae taem i spolem olgeta long Is Afrika. Ol memba blong Jos oli givim 6.4 milien dola long *wan* dei ia nomo blong livim kakae.

Afta, oli sendem Elda M. Russell Ballard mo Brata Glenn L. Pace i go long Itiopia blong skelem bes wei blong yusum ol tabu mane ia. Hadwok ia i stat blong wanem we, afta, oli save olsem Ol Lata-dei Sent Jariti.

Stat long tetaem ia, Ol Lata-dei Sent Jariti oli givim moa long *tu bilian* dola olsem help, blong helpem olgeta long nid raon long wol. Help ia, i go long eniwan, i nomata se oli blong wanem Jos, wanem kantri, kala blong skin, seks, o tingting long saed blong seks, o politik oli stap long hem.

Be, i no hemia nomo. Blong helpem ol memba blong Jos blong Lod we oli stap long hadtaem, yumi lavem mo stap



laef folem olfala loa blong livim kakae.⁴ Yumi go hanggri blong helpem olgeta we oli stap hanggri. Wan dei long evri manis, yumi no kakae mo givim mane we bae yumi spendem long kakae (mo moa long hemia) i go blong helpem olgeta long nid.

Bae mi neva fogetem fas visit blong mi long Wes Afrika long 1986. Plante long ol Sent oli kam long ol miting blong yumi. I nomata we plante oli no gat fulap samting, plante oli dresap ful waet oli kam.

Mi bin askem stek presiden hao nao hem i kea long ol memba we oli no gat fulap samting. Hem i talem se ol bisop oli save gud ol pipol blong olgeta. Sapos ol memba oli save kakae tu taem long wan dei, oli no nidim help. Be, sapos oli save kakae wan taem nomo o nogat long wan dei—iven sapos oli gat help blong famli—ol bisop blong olgeta bae oli givim kakae, we mane i kamaot long fas ofring. Afta hem i ademap tru samting ia: fas ofring kontribusen blong olgeta, plante taem i ova long wanem oli stap spendem. Mane ia we i ova, bae oli sendem i go long ol pipol long *nara ples* we oli gat moa nid bitim olgeta. Ol strong Sent ia blong Afrika oli tijim mi wan bigfala lesen abaot paoa blong *loa* mo *spirit* blong livim kakae.

Olsem wan memba blong Jos, yumi filim se yumi andastanem olgeta we oli stap safa long eni wei.⁵ Olsem ol boe mo gel blong God, yumi evriwan i ol brata mo sista. Yumi folem wan tijing blong OITesteman: “[Bambae yufala i mas givhan, long gladhat blong yufala long olgeta laen blong yufala we oli puaman, oli no gat samting.”⁶

Yumi stap trachad tu blong laef folem ol tijing blong Lod Jisas Kraes olsem we oli raetem long Matiu 25:

“From we taem mi mi hanggri, yufala i givim kakae long mi, mo taem we mi mi tosta, yufala i givim wota long mi. Taem mi mi strenja, yufala i tekem mi mi go long haos blong yufala:

“Mo taem we mi mi noked, yufala i givim klos long mi. Taem we mi mi sik, . . . yufala i kam luk mi.”

“. . . Taem we yufala i mekem olsem long wan brata blong mi we i daon moa long ol narafala brata, be i olsem we yufala i mekem long mi nomo.”⁷

Bae mi talem sam eksampol long wei we Jos i stap folem ol tijing ia blong Sevyra.

Blong helpem fasin blong stap hanggri, Jos i stap lukaotem 124 stoahaos blong ol bisop, raon long wol. Tru long olgeta, i gat samples 400,000 oda blong kakae evri yia we oli givim long wanwan man o woman long nid. Long ol ples we i no gat stoahaos, ol bisop mo ol branj presiden oli karem mane blong fast ofring blong Jos blong givim kakae mo ol saplae blong ol memba blong olgeta long nid.

Be, jalenj blong fasin blong hanggri i go i bitim ol baondri blong Jos. I stap kam bigwan raon long wol ia. Wan las ripot blong Yunaeted Nesen i talem se namba blong ol pipol long wol we oli no kakae gud i ova long 820 milian—o kolosap wan aot long naen pipol we i stap laef long wol ia.⁸

!Namba ia i nogud tumas! Mifala i glad tumas from ol kontribusen blong yufala. Tangkyu long bigfala hat blong yufala, ol milian man raon long wol bae oli kasem kakae we oli nidim, klos, ples blong haed long hem, ol wiljea, meresin, klin wota, mo plante moa.

Plante sik raon long wol oli kamaot from wota we i no klin. Kasem tedei, yumaniterian Jos wok i blong help blong givim klin wota long ol handred komuniti long 76 kantri.

Wan projek long Luputa, long Demokratik Ripablik blong Kongo, i wan gudfala eksampol. Wetem wan populesen we i ova long 100,000, taon ia i no gat *wota we i ron*. Ol sitisen oli mas wokbaot longlongfala rod blong kasem ol ples blong sef wota. I nomata se oli faenem maonten spring blong wota samples 29 kilometa longwe, ol pipol long taon ia oli no save yusum wota ia oltaem.

Taem ol yumaniterian misinari oli lanem abaot jalenj ia, oli bin wok wetem ol lida blong Luputa blong givim ol tul blong wok mo trenem ol pipol blong pulum paep blong wota i kam long taon. Ol pipol blong Luputa oli spendem *tri yia* blong digim wan longfala hol blong 1 mita i go daon tru long ol ston mo dak bus. Taem oli bin wok tugeta, dei blong glad i bin kam, we fres klin wota i kam long evriwan insaed long vilej ia.

Jos i stap helpem tu ol rifuji, we oli kamaot long ples blong faet, ol disasta, o from agens from relijin. I gat moa long 70 milian pipol we oli stap olbaot, oli aot long hom blong olgeta.⁹

Long yia 2018 nomo, Jos i givim ol imejensi saplae i go long ol rifuji long 56 kantri. Antap long hemia, plante long ol memba blong Jos oli givim taem blong olgeta fri blong helpem ol rifuji blong gat niu laef insaed long ol niu komuniti. Mifala i talem tangkyu long wanwan long yufala we i stap

kamaot blong helpem olgeta we oli stap traem blong stanemap ol niu hom.

Tru long ol bigfala donesen we i go long Deseret Industri long Yunaeted Stet, oli stap tekem ol milian kilo blong klos we oli stap seraotem evri yia. Taem we ol lokol bisop oli stap yusum bigfala ples ia blong helpem ol memba long nid, *bigfala* pat, oli stap donetem i go long ol nara jareti oganaesesen we oli stap serem ol klos ia raon long wol.

Mo las yia nomo, Jos i givim kea long ae long moa long 300 taosen pipol long 35 kantri, ol niubon kea blong ol taosen mama mo pikinini long 39 kantri, mo ol wiljea blong moa long 50 taosen pipol we oli stap laef long plante nara kantri.

Oli save gud Jos from hem i faswan blong givhan long taem blong disasta. Iven *bifo* wan hariken i spolem wan ples, ol lida blong Jos mo ol wokman long ol ples ia oli stap mekem plan finis long wei we bae oli givhan mo givim help long olgeta we oli no stap gud.

Las yia nomo, Jos i kareaot moa long 100 disasta help projek raon long wol, i helpem ol viktim blong ol hariken, ol faea, ol wota we i ron, ol graon we i sek-sek, mo ol nara disasta. Taem i posibol, ol memba blong Jos wetem ol yelo klos blong Ol Han blong Help oli kam tugeta long bigfala namba blong helpem olgeta we disasta i spolem olgeta. Kaen seves ia, we plante long yufala i stap givim, i stret stamba blong wok blong givhan.

Ol dia brata mo sista. Ol aktiviti we mi tokbaot oli wan smol pat nomo blong wok blong gudlaef mo yumaniterian blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent.¹⁰ Mo, *yufala*, i yufala nao we i mekem evri samting ia i posibol. From eksampol blong laef blong yufala, ol bigfala hat blong yufala, mo ol han blong help, i no wan sapraes we plante komuniti mo lida blong gavman oli stap presem hadwok blong yufala.¹¹

Stat long taem we mi kam Presiden blong Jos, mi bin sapraes long hamas presiden, Praem minista, mo ambasada oli talem tangkyu tru long mi from yumaniterian help long pipol blong olgeta. Mo oli talemaot tangkyu blong olgeta from strong paoa we ol fetful memba oli givim long kantri blong olgeta olsem ol tru sitisen we oli tekpat.

Mi bin glad tu taem ol lida blong wol oli bin visitim Fas Presidensi, mo talemaot *hop blong olgeta* blong Jos i stap long kantri blong olgeta wan dei.

?From wanem? From se oli save se ol Lata-dei Sent bae oli help blong bildim ol strong famli mo komuniti, oli mekem laef i gud moa long ol narawan *long eni ples* we oli stap laef long hem.

I nomata long weaples nao oli singaotem hom, ol memba blong Jos oli filim strong se God i stap olsem Papa, mo yumi evriwan i brata. Long wei ia, glad we i bigwan olgeta, *blong yumi*, i kam taem yumi helpem ol brata mo ol sista, i nomata weaples yumi stap laef long hem long gudfala wol ia.





I KAM LONG PRESIDEN HENRY B. EYRING
Seken Kaonsela long Fas Presidensi

Stap givim help long ol narawan—blong hadwok moa wetem tingting blong kea long ol narawan semmak, o *moa* bitim we yumi stap kea long yumiwan—hemia nao glad blong yumi. Speseli, bae mi ademap, taem we i no stret long laef blong yumi, mo taem i tekem yumi aot long gud ples blong yumi. *Blong stap laef folem* nambatu big-fala komanmen ia, hem i *ki* blong stap kam wan tru disaepol blong Jisas Kraes.

Ol dia brata mo sista blong mi. Yufala i ol laef eksampol blong ol frut we oli kam taem wan i stap folem ol tijing blong Jisas Kraes. !Mi talem tangkyu! !Mi lavem yufala!

Mi save se God i stap laef. Jisas Hem i Kraes. Jos blong Hem i bin kambak long ol las dei ia blong mekem ol tabu stamba tingting blong hem i kamtru. Mi testifae long hemia, long nem blong Jisas Kraes, amen. ■

OL NOT

1. Luk long Moronae 7:48.
2. Luk long Matiu 22:37–39; Luk 10:27.
3. Mosaea 18:8–9.
4. Luk long Aesea 58:3–12.
5. Long eli histri blong Jos, ol paonia ia we oli gat strong paoa long tingting, olgeta tu oli bin hanggri, oli no gat hom, mo man i bin stap spolem olgeta.
6. Dutronome 15:11.
7. Matiu 25:35–36, 40.
8. Luk long Food and Agriculture Organization of the United Nations and others, *The State of Food Security and Nutrition in the World 2019*, 6, fao.org/3/ca5162en/ca5162en.pdf.
9. Luk long “Worldwide Displacement Tops 70 Million, UN Refugee Chief Urges Greater Solidarity in Response,” United Nations High Commissioner for Refugees website, June 19, 2019, unhcr.org/en-us.
10. blong gat moa infomesen long saed blong ol jareti wok, plis luk long ChurchofJesusChrist.org/topics/welfare; LatterDaySaintCharities.org; facebook.com/LatterDaySaintCharities; JustServe.org.
11. “Pepa we i moa gud we bae yumi tekem i go, i gud fasin blong laef mo eksampol blong yumi” (Gordon B. Hinckley, “Find the Lambs, Feed the Sheep,” *Liahona*, July 1999, 121).

Tabu Fasin mo Plan blong Stap Glad

Hapines we i moa bigwan, i kam taem yumi gat moa tabu fasin long yumiwan.

Ol dia brata mo sista. Mi bin prea from paoa blong helpem yufala blong lukao-tem hapines ia blong yufalawan. Sam, maet oli filim hapi finis, be yet, i no gat wan we bae i sakemaot wan janis blong stap hapi moa. Eniwan bae i wantem tumas blong akseptem wan tru janis blong gat hapines we i stap oltaem.

Hemia wanem Papa long Heven; Pikinini blong Hem we Hem i Lavem Tumas, Jisas Kraes, mo Tabu Spirit oli bin givim long evri spirit pikinini blong Papa long Heven we i stap laef naoia, bambae i laef yet, o i bin laef long wol ia. Janis ia, samtaem oli singaotem plan blong stap glad. Profet Alma i bin singaotem hemia olsem, taem hem i bin tijim boe blong hem we i bin stap harem nogud long trabol blong sin. Alma i bin save se fasin nogud i neva stap olsem wan glad, long boe blong hem—o long eni pikinini blong Papa long Heven.¹

Hem i bin tijim boe blong hem se, blong stap kam antap long tabu fasin i wan rod ia nomo blong kasem glad. Hem i bin mekem i klia se i posibol blong gat moa glad tru long Atonmen blong Jisas Kraes, we i stap klinim mo mekem yumi kam stret evriwan.² Tru long fet long Jisas Kraes nomo, taem yumi gogohed blong sakem sin, mo

stap kipim ol kavenan nomo, bae yumi save klemem glad ia we i stap we i stap we yumi wantem tumas mo holemtaet.

Prea blong mi tedei, i we bae mi save helpem yufala andastanem se moa glad i kam taem yumiwan i kam moa tabu, blong yufala i save tekem aksen folem bilif ia. Afta, bae mi serem wanem mi save abaot wanem yumi save mekem blong kwalifae from presen ia blong kam moa tabu.

Ol skripja oli tijim yumi se long medel blong ol nara samting, yumi save



kam tabu, o kam moa tabu taem yumi praktisim fet long Kraes,³ taem yumi soem se yumi obei,⁴ sakem sin,⁵ sakri-faes from Hem,⁶ kasem ol tabu odinens, mo kipim ol kavenan blong yumi wetem Hem.⁷ Blong kwalifae from presen ia blong stap tabu, i nidim blong gat tingting i stap daon,⁸ fasin blong no stap flas,⁹ mo fasin blong save wet.¹⁰

Wan eksperiens blong wantem kam moa tabu i kam long mi long Sol Lek Tempol. Mi go insaed blong fas taem we oli no talem tumas abaot wanem bae mi faenem insaed. Mi bin luk ol toktok long bilding: “Tabu Fasin long Lod” mo “Haos blong Lod.” Be yet, mi filim se i gat plante samting yet. Mo, mi stap askem miwan se rere blong go insaed o no.

Mama mo papa blong mi i wokbaot i go fastaem, taem mifala i go insaed long tempol. Oli askem mifala blong soem rekomen blong mifala, we i talem tru se mifala i klin inaf.

Papa mo mama blong mi i save man ia long kaonta. Mekem se oli stop smol blong storian wetem hem. Mi bin go insaed miwan insaed long wan bigfala spes we evri samting i waet nomo mo i saen. Mi lukluk i go antap long siling we i stap antap we antap long hed blong mi, i olsem mi stap luk open skae. Long tetaem ia, wan klia tingting i kam long mi se bin stap ia bifo.

Be afta, mi harem wan voes we i kwaet—be i no blong mi. Ol kwaet toktok ia oli talem: “Yu neva bin long ples ia bifo. Yu stap rimemba wan taem ia bifo yu bin bon. Yu bin stap long wan tabu ples olsem. Yu bin filim Sevyia we i stap rere blong kam long ples ia we yu stanap long hem. Mo yu bin filim hemia from se yu bin wantem tumas blong luk Hem.”

Eksperiens ia long Sol Lek Tempol i tekem sot taem nomo. Be memori blong hem, i stil tekem pis, glad, mo kwaet glad i kam.



Mi bin lanem plante lesen long dei ia. Tabu Spirit i toktok long wan voes we i kwaet, smol voes. Mi save harem Hem taem i gat pis long saed blong spirit long hat blong mi. Hem i tekem wan filing blong hapines mo stret save se mi mi stap kam moa tabu. Mo hemia, oltaem i tekem glad ia we mi bin filim long ol fas sot taem ia insaed long tempol blong God.

Yu bin luk, long laef blong yuwan, mo long laef blong ol narawan, merikel ia blong gat glad we i kam taem wan i groap i kam tabu, i kam moa olsem Sevyia. Long ol las wik, mi bin stap long saed bed blong ol pipol we oli save fesem ded wetem ful fet long Sevyia mo gat ol hapi fes.

Hem i wan man we i famli blong hem i raonem hem. Hem mo waef i bin stap toktok sloslo taem we boe blong mi i kam insaed. Mi bin save tufala blong plante yia. Mi bin luk Atonmen blong Jisas Kraes i wok long laef blong olgeta mo long laef blong ol memba blong famli blong olgeta.

Tugeta oli bin jusum blong stopem ol wok blong mekem laef blong hem i

longwan. I gat wan kwaet filing i stap taem hem i bin toktok long mifala. Hem i smael taem hem i stap talem tangkyu blong hem from gospel ia mo ol paoa blong mekem hem i klin, wetem famli we hem i lavem. Hem i tokbaot ol hapi yia blong seves insaed long tempol. From man ia i askem, boe i anoentem hed blong hem wetem tabu oel. Mi bin silim anoenting ia. Taem mi mekem hemia, mi gat klia tingting blong talem long hem se bae, i no longtaem, bae hem i save luk Sevyia blong hem, fes tu fes.

Mi bin promesem hem se bae hem i filim glad ia, lav mo raet blong Sevyia. Hem i bin smael bigwan taem mitufala i go. Ol las toktok blong hem long mi: “Talem Kathy se mi lavem hem. Waef blong mi, Kathleen, blong plante yia i bin leftemap tingting blong plante jeneresen blong famli blong hem blong akseptem invitesen blong Sevyia blong go long Hem, mo mekem mo kipim ol tabu kavenan, mo long wei ia, kwalifae from glad ia we i kam from moa bigfala tabu fasin ia.

Hem i ded sam aoa afta. Afta sam wik we hem i ded, wido blong hem i



tekem wan smol presen i kam long waef mo mi. Hem i smael taem mifala i stap toktok. Wetem glad, hem i talem: “Mi ting se bae mi harem nogud, mo stap miwan. Mi filim mi hapi tumas. ?Yu ting se i stret?”

From mi save se hem i lavem tumas hasban blong hem mo hao nao, tufala tugeta i kam blong save, blong lavem, mo wok blong Lod, mi talem hem se ol filing ia blong glad, i wan presen we God i promesem from se hem i bin, tru long fetful seves blong hem, kam moa tabu. Tabu fasin blong hem i mekem se hem i save gat glad ia.

Sam we oli stap lisin tedei, maet oli stap askem olgetawan: “?From wanem mi no filim pis mo glad ia we oli promesem long olgeta we oli bin fetful? Mi bin stap fetful tru long bigfala hadtaem, be mi no filim glad ia.”

Iven Profet Josef Smit i bin fesem tes ia. Hem i bin prea blong kasem help taem hem i prisena long kalabus long Libeti Misuri. Hem i bin fetful long Lod. Hem i bin groap long tabu fasin. Yet, hem i bin filim se oli no givim glad ia long hem.

Lod i bin tijim hem lesen blong save wet longtaem we yumi evriwan i nidim long sam taem, mo maet blong wan longfala taem, long tes blong yumi long wol ia. Hemia i mesej blong Lod i go long ol fetfulwan blong Hem mo profet we i safa:

“Mo sapos bae oli sakem yu insaed long wan bigfala hol, o long han blong

ol man blong kilimded man, mo oli jajem yu se yu mas ded; sapos bae oli sakem yu long dip ples; sapos bae wan bigfala wef i stap girap blong kam agensem yu; sapos ol wael win oli kam enemi blong yu; sapos ol heaven oli pulum tudak i kam wanples, mo evri samting oli joen blong blokem rod blong yu; mo antap long evri samting, sapos ol stret jo blong hel oli open bigwan blong solemdaon yu, nao yu mas save, boe blong mi, se evri samting ia bae i givim eksperiens long yu, mo bae i blong gud blong yu.

Pikinini blong Man i bin kamdaon mo fesem i bitim evri samting ia. ?Olsem wanem? ?Yu yu moa hae long hem?

“From hemia, yu mas stap long rod blong yu, mo prishud bae i stap wetem yu; from mi makem ples blong olgeta, mo oli no save pas. Mi save hamas dei blong yu i stap, mo bae mi no katemsot laef blong yu; from hemia, yu no fraet long wanem we man i save mekem, from we God bae i stap wetem yu blong oltaem mo oltaem.”¹¹

Hemia sem lesen we Lod i bin givim long Job,; mo Lod i bin pem hevi praes blong letem Atonmen ia i mekem hem i moa tabu. Yumi save se Job i bin tabu, hemia stat long stat we oli presentesen hem: “Bifo i gat wan man i stap we nem blong hem Job, mo hem i stap long kantri ya Uj. Hem i stap mekem wosip long God, mo oltaem i stap bilif strong long hem we tingting blong hem i no foldaon nating. Hem i wan gudfala man, mo oltaem i stap lukaot gud blong i no mekem wan samting we i nogud.”¹²

Nao Job i lusum ol rif samting blong hem, famli mo iven, helt blong hem. Bae yu tingbaot se Job i gat tu tingting se hae tabu fasin blong hem, we hem i bin kasem tru long bigfala agens, i bin mekem hem i save kasem moa glad. I luk se, long Job, tabu fasin ia i tekem nogud hadtaem i kam.

Yet, Lod i givim long Job semfala lesen ia blong stretem hem, i go long Josef Smit. Hem i letem Job, i luk situesen ia, we i brekem hat, wetem ol ae blong spirit. Hem i talem:

“Sapos yu yu wan man, yu stanap, yu ansa long ol kwestin blong mi.

“?Taem we mi mi mekem wol ya, yu yu stap wea? Sapos yu save, yu talem long mi.

“?Hu i makemaot wol ya, se bambae i bigwan olsem wanem? ?Hu i pulum teplaen antap long hem blong makem saes blong hem?

?Mo hu i putum fas ston long kona blong fandesen ya, we ol narafala ston blong hem oli stap laenap long hem?

“!Mo san, mun, mo ol sta blong moning oli mas singsing tugeta, mo evri pikinini blong God bae oli singaot from oli glad!”¹³

Afta, Job i bin sakem sin blong hem from i talem se God i no wan stret man, mo oli letem Job blong luk ol tes blong hem long wan wei we i moa hae mo i moa tabu. Hem i bin sakem sin.

“Nao Job i talem se,

“Hae God. Mi save we yu yu gat olgeta paoa, mo yu save mekem olgeta samting we yu wantem.

“Fastaem yu yu tok long mi se mi mi no gat hed nating. Mo yu talem se mi no naf blong talem se yu yu no waes.

“Be sore, mi mi stap tokbaot ol samting we mi no save. Mi stap talem ol bigbigfala samting, we i bitim save blong mi.

“Ol narafala man nomo oli stap tokbaot yu long mi, be naoia, mi mi luk yu stret long ae blong mi.

“From samting ya, mi mi sem tumas . . . mi tanem tingting blong mi, mi lego ol fasin ya finis, mo mi stap sidaon long asis blong graon, mo long asis faea.”¹⁴

Afta we Job i sakem sin mo i kam moa tabu, Lod i blesem hem we i bitim evri samting we hem i bin lusum. Be

maet blesing we i moa hae long Job, i blong kam antap long tabu fasin tru long fasin blong agens mo fasin blong sakem sin. Hem i bin inaf blong kasem moa glad long ol dei we i bin stap yet blong hem i laef long hem.

Moa tabu fasin bae i no kam nomo from se yu askem. Bae i kam taem yu mekem wanem i nid blong God i jenisim yu.

Presiden Russell M. Nelson i bin givim, wanem we long mi, i bes kaonsel long wei blong muv i go long kavenan rod ia i go kasem moa tabu fasin. Hem i poenem rod we hem i wantem yumi hariap long hem.

“Eksperiensem paoa we i mekem yu kam strong taem yu sakem sin evri dei—paoa blong mekem mo stap gud moa evri dei.

“Taem yumi jusum blong sakem sin, !yumi jusum blong jenis! Yumi letem Sevy a i jenisim yumi i kam wan moa gud vesen blong yumiwan. Yumi jusum blong groap long saed blong spirit mo blong kasem glad—glad ia blong fasin blong pemaot man, tru long Hem. Taem yumi jusum blong sakem sin, !yumi jusum blong kam moa olsem Jisas Kraes!”

Presiden Nelson i gohed i talem toktok ia blong leftemap tingting blong yumi long hadwok blong yumi kam moa tabu: “Lod i no askem yumi blong kam stret evriwan naeia. Be Hem i askem yumi blong kam klin evriwan sloslo. Blong sakem sin evri dei, i rod blong folem blong kam klin evriwan, mo fasin blong stap klin evriwan i tekem paoa i kam.”¹⁵

Presiden Dallin H. Oaks, long konfrens toktok, bifo i bin helpem mi moa klia long hao yumi stap groap long tabu fasin mo hao yumi save se yumi stap muv fored i go. Hem i talem: “?Hao yumi kasem ful paoa long spirit? ?Hao yumi kasem digri blong tabu fasin long mak we bae yumi gat tabu



fasin blong save gat Tabu Spirit olsem kampani blong Tabu Spirit? ?Hao nao yumi kam blong luk mo skelem ol samting blong wol ia wetem lukluk i stap long taem we i no save finis?”¹⁶

Ansa blong Presiden Oaks i stat wetem bigfala fet long Jisas Kraes olsem Sevy a we yumi lavem. Hemia i lidim yumi blong askem fogivnes evri dei mo blong tingbaot Hem taem yumi obei long ol komanmen blong Hem. Moa bigfala fet ia long Jisas Kraes, i kam taem yumi lafet evri dei long toktok blong Hem.

Hym ia “Givim Mi Moa Tabu Fasin” i talem wan wei blong prea from help blong kam moa tabu. Hem we i raet i waes mo talem se tabu fasin i blong lukaot wan presen we i kam long God we i gat lav, we Hem i givim sloslo, afta yumi mekem pat blong yumi. Yufala i save tingbaot gud las ves:

*Givim moa klin fasin,
Givim moa paoa i kam.
Givim moa freedom long mak blong wol ia,
Wantem moa blong gobak hom.
Moa fit from kingdom,
Bae mi save yet.
Moa blesing mo tabu—
Moa Sevy a olsem Yu.*¹⁷

Nomata wanem situesen blong yumi, sapos hem i long kavenan rod i gohom, bae prea blong yumi blong gat moa tabu fasin bae i gat ansa. Mi

save se taem bae Hem i letem petisen blong yumi, glad blong yumi bae i kam antap. Bae i kam sloslo, be bae i kam. Mi save stret se hemia i tru mo i kam long wan Papa blong yumi long Heven mo Pikinini blong Hem we Hem i lavem tumas, Jisas Kraes.

Mi testifae se Josef Smit i wan profet blong God, se Presiden Russell M. Nelson i profet blong yumi tedei we i stap laef. God Papa i stap laef mo i lavem yumi. Hem i wantem yumi blong gobak long Hem insaed long ol famli. Sevy a we i lavem yumi i stap invaetem yumi blong folem hem long wokbaot blong yumi i go longwe. Tufala i rere wan wei i stap. Long tabu nem blong Jisas Kraes, amen. ■

OL NOT

1. Luk long Alma 41:10.
2. Luk long Alma 42:4–16.
3. Luk long Ol Wok 26:18; Ita 4:7.
4. Luk long Doktrin mo Ol Kavenan 88:34.
5. Luk long 3 Nifae 27:19–20.
6. Luk long Doktrin mo Ol Kavenan 132:50.
7. Luk long Doktrin mo Ol Kavenan 97:8.
8. Luk long Hileman 3:35.
9. Luk long Doktrin mo Ol Kavenan 101:1–5.
10. luk long 1 Jon 3:2–3; Doktrin mo Ol Kavenan 112:13.
11. Doktrin mo Ol Kavenan 122:7–9.
12. Job 1:1.
13. Job 38:3–7.
14. Job 42:1–6.
15. Russell M. Nelson, “Yumi Save Mekem Gud Moa mo Stap Gud Moa,” *Liahona*, Mei 2019, 69.
16. Dallin H. Oaks, “Spirituality,” *Ensign*, Nov. 1985, 63.
17. “More Holiness Give Me,” *Hymns*, no. 131.



ELDA HANS T. BOOM
Blong Olgeta Seventi

Blong Save, Blong Lavem, mo Blong Gro

Bae yumi evriwan i kam blong andastanem pat blong yumi long bigfala givhan wok ia, blong yumi kam moa olsem Hem.

Long 2016, Tabenakol Kwaca long Tempol Skwea oli kam visitim Nedelan mo Beljiom. Mo from se mi bin tekem pat long naesfala program ia, mi bin gat janis blong enjoem miusik blong olgeta tu taem.

Long taem blong so, mi bin tingting abaot wan bigfala wok we i blong blong muvum wan kwaca blong wan bigfala saes olsem. Maen blong mi i bin gobak long bigfala gong plet we i bin had mo ating i sas tumas blong sendem i go mo bitim vaeolin, trampet, o nara tul blong miusik we yu save karem nomo andanit long han blong yu. Be taem mi lukluk long ril pat blong gong plet ia, mi luksave se oli kilim hem wanwan taem nomo, be ol nara smol tul blong miusik, oli tekpat moa long ful konset. Mi tingtingbak se, sapos i nogat noes blong gong plet ia, bae saon blong miusik ia bae i no semmak mo plante hadwok i mas hapen blong muvum bigfala gong plet ia i go krosem solwota.

Samtaem bae yumi filim olsem gong plet ia, yumi gud nomo blong plei wan smol pat long saon blong miusik. Be bae mi talem long yu se saon blong yu i mekem bigfala jenis.

Yumi nidim evri tul blong miusik. Sam long yumi oli lanem samting i isi nomo mo oli mekem gud long skul, be ol narawan oli gat ol talen long saed blong miusik. Sam oli krietem mo bil-dim samting o lukaot long ol narawan, protektem, o tijim ol narawan. Yumi nidim evriwan blong karem kala mo mining i kam long wol ia.



Long olgeta we oli filim se oli nogat eni samting blong kontribuit long hem, o biliv se oli no impoten, o oli ting se oli no gud inaf long eniwan, blong ol narawan we oli filim se oli stap long top blong wol, mo eniwan long medel, mi laekem blong tokbaot mesej ia.

Wea ples we yu stap wokbaot long rod blong laef, sam long yufala oli filim se yu fulap long ol harem nogud we i mekem se yu no save luk yuwan long rod ia. mi wantem blong invaetem yu blong kamaot long tudak i go long laet. Laet blong gospel bae i givim wom filing mo hiling mo bae i helpem yu blong andastanem stret huia yu mo wanem nao stamba tingting blong yu long laef ia.

Sam long yumi oli stap yet long rod we i no stret mo traem blong faenem hapines long ples ia.

Papa long Heven we i gat lav i stap invaetem yumi blong wokbaot long rod blong stap olsem wan disaepol mo blong gobak long Hem. Hem i lavem yu wetem wan lav we i stret evriwan.¹

?Wanem nao hem i rod? Rod ia i blong helpem wanwan long yumi blong andastanem huia nao yumi, tru long wok blong givhan long wanwan long yumi.

Long mi, fasin blong givhan i blong eksasaesem tabu lav.² Long wei ia yumi krietem envaeromen we tugeta, man we i givim mo man we i kasem, tufala i kasem wan tingting blong wantem blong sakem sin. Long nara toktok, yumi jenisim rod blong yumi mo kam kolosap long mo kam moa olsem Sevyra Jisas Kraes.

Eksampol, i no nid blong oltaem talem long woman o man blong yu o ol pikinini long wea ples oli save kam antap long hem; oli save hemia finis. Hem i taem yumi krietem envaeromen blong lav we bae oli kasem paoa blong mekem ol jenis we oli impoten long laef blong olgeta mo kam moa gud pipol.

Long wei ia, sakem sin i kam wan evri dei proses blong karemaot ol nogud fasin, we bae i tekem tu fasin blong talem sore from ol pua fasin. Mi tingbaot mo eksperiensem yet ol situesen we mi bin kwik blong jajem man o slo blong lisin. Mo long naet, taem mi mekem prea blong miwan, mi filim wan kaonsel we i kam wetem lav long heven blong sakem sin mo kam moa gud. Envaeromen we papa mo mama blong mi i krietem faswan, brata, mo sista mo afta tru long waef blong mi, ol pikinini, mo tu ol fren oli bin helpem mi blong kam wan moa gud man.

Yumi evriwan i save wea ples yumi save mekem moa gud long hem. I nogat nid blong ripripitit mo rimaenem wanwan long yumi, be i gat nid blong lavem mo givhan long wanwan long yumi mo taem yu mekem, i givim ples blong wan tru jenis.

Long semmak envaeromen yumi lanem stret huia nao yumi mo wanem nao wok blong yumi long las japta blong histri blong wol bifo Sevyia bae i kambak blong seken kaming.

Sapos yu stap lukaotem pat blong yu, mi laekem blong invaetem yu blong faenem wan ples we yu save stap yuwan mo askem Papa long Heven blong letem yu save wanem pat nao bae yu plei long hem. Ansa bae i kam sloslo mo afta bae i kam klia moa taem yumi putum leg blong yumi strong moa long rod blong kavenan mo givhan.

Yumi stap eksperiensem sam long ol semmak hadtaem we Josef Smit i bin fesem taem hem i stap “long medel blong wo ia blong ol toktok mo raorao blong ol tingting.” Taem yumi rid long stori blong hemwan, plante taem, hem bin askem hemwan: ?Wanem nao i nid blong mekem? ?Huia long ol grup ia i raet; o, ?olsem wanem? ?Ating evriwan long olgeta oli rong? Sapos i gat eniwan long olgeta we i raet, ?wijwan ia

nao long olgeta, mo olsem wanem nao bambae mi save?”³

Hem i mekem wanem i stap long Buk blong Jemes: “Sapos wan long yufala i no gat waes, hem i mas askem God blong i givim waes long hem, nao God bambae i save givim long hem from we fasin blong Hem i no save tok nogud long man we i askem samting, mo hem i stap givim long ol man long gladhat blong hem.”⁴ Josef “long en i mekem tingting blong ‘askem God.’”⁵

Yumi rid folem se i “bin fas taem long laef blong hem, blong traem mekem wan samting olsem, from long medel blong ol wari blong hem, hem i neva bin traem yet blong talem prea.”⁶

Mo hemia i save stap olsem fas taem blong yumi blong yumi toktok wetem Man we i Krietem yumi long wei we yumi neva mekem bifo.

From wanem Josef i traem, Papa long Heven mo Pikinini blong Hem, Jisas Kraes, oli bin kamaot long hem, singaotem hem long nem blong hem, mo olsem risal, yumi gat wan moa klia save long huia nao yumi stret mo wanem we yumi stap mekem oli impoten tumas.

Yumi rid folem se long yang yia blong hem, “olgeta we oli sapos stap



olsem ol fren blong [Josef.] oli bin tritit nogud hem mo oli no tekem gud kea long hem.⁷ Mo tu yumi save fesem fasin blong go agens taem yumi stap folem laef ia blong stap olsem wan disaepol.

Sapos yu stap filim naolia se yu no tekem pat long miusik ia o rod blong sakem sin i had tumas long yu, plis save se sapos yumi stap long hem, ol harem nogud bae oli karemaot long ol solda blong yumi mo bae i gat laet bakegen. Papa long Heven bambae i neva lego yumi taem yumi go long Hem. Yumi save foldaon mo girap mo bae Hem i helpem yumi brasem aot ol toti long ol ni blong yumi.

Sam long yumi oli kasem kil, be fas tul blong help blong Lod i gat bandej we i bigwan inaf blong kavremap evri kil ia blong yumi.

Hem i lav ia nao, lav ia we i nogat en we yumi singaotem bigfala lav o stret lav blong Kraes,⁸ we ol hom blong yumi oli nidim taem papa mo mama i givhan long ol pikinini blong tufala mo ol pikinini oli givhan long papa mo mama. Ol hat bae oli jenis mo ol samting we yumi wantem bae oli bon folem tingting blong Hem.

Hem i lav ia nao we yumi nidim long ol wok blong yumi wetem ol narawan olsem ol pikinini blong Papa long Heven mo ol memba blong Jos blong Hem we bae i letem yumi blong tekem evri tul blong miusik i kam insaed long



I KAM LONG PRESIDEN M. RUSSELL BALLARD
Akting Presiden blong Kworum blong Olgeta Twelef Aposol

miusik blong yumi blong mekem se bae yumi save tekempat wetem bigfala glad wetem kwaea blong ol enjel blong heven taem Sevy bae i kambak bakegen.

Hem i lav ia nao, laet ia we i nid blong i saen mo i laet moa raonem ol ples blong yumi taem yumi go aot long laef blong yumi blong evri dei. Ol pipol bae oli luk save laet ia mo bae oli kam kolosap long yu. Hemia i kaen misinari wok ia we bae pulum ol narawan blong “*kam mo luk, kam mo help, mo kam mo stap*.”⁹ Plis, taem yumi kasem witnes blong yumi abaot bigfala wok ia mo pat blong yumi insaed long hem, bae yumi stap glad tugeta wetem profet blong yumi Josef Smit we yumi lavem tumas taem hem i talem, “From mi bin luk wan visen, Mi save hemia, mo mi save se God i save hemia, mo mi no save talem se i no tru.”¹⁰

Mi testifae long yu se mi save huia mi mo mi save huia yu. Yumi ol stret pikinini blong Papa long Heven we i lavem yumi. Mo Hem i no sendem yumi kam long ples ia blong lus, be blong yumi gobak wetem bigfala glori long Hem. Se bae yumi kam blong save ol pat blong yumi long bigfala wok blong givhan blong mekem se yumi save kam moa olsem Hem taem Hem i kambak bakegen, hem i prea blong mi long nem blong Jisas Kraes, amen. ■

OL NOT

1. Luk long D. Todd Christofferson, “Abide in My Love,” *Liahona*, Nov. 2016, 48.
2. Luk long Russell M. Nelson, “Divine Love,” *Liahona*, Feb. 2003, 12–17.
3. Josef Smit—Histri 1:10.
4. Jemes 1:5; luk tu long Josef Smit—Histri 1:11.
5. Josef Smit—Histri 1:13.
6. Josef Smit—Histri 1:14.
7. Josef Smit—Histri 1:28.
8. Moronae 7:47.
9. Dieter F. Uchtdorf, “Misinari Wok: Stap Serem Wanem I Stap long Hat blong Yu,” *Liahona*, Mei 2019, 17.
10. Josef Smit—Histri 1:25.

Stap Mekem Spirit blong Yumi I Kontrolem Bodi blong Yumi

Wan long ol impoten samting we yumi save lanem long laef ia, i hao blong wok strong long wanem spirit i wantem, mo kontrolem ol devel samting we tingting i wantem.

Ol dia brata mo sista blong mi. Taem Oktoba jeneral konfrens i stap kam kolosap las yia, mi bin rere long konfrens toktok blong mi blong tokbaot namba 100 aniveseri blong visen blong

spirit wol we Lod i givim long Presiden Josef F. Smit long namba 3 Oktoba 1918.

Afta sam dei we mi sendem toktok blong mi i go long translesen, kompanion blong mi blong oltaem we mi lavem, Barbara, i finisim taem blong hem long wol ia mo i pas i go long spirit wol.

Taem ol dei oli pas i go long ol wik, afta ol manis, mo naoia wan yia we Barbara i lus, mi luk se mi kam blong laekem moa skripja ia: “Bae yufala i mas laef tugeta wetem lav, mekem se bae yu krae from olgeta we oli ded.”¹ Barbara mo mi i gat blesing blong “laef tugeta wetem lav” blong 67 yia. Be, mi bin lanem, long spesel wei blong mi, mining blong stap “krae from olgeta we oli ded,” we yumi lavem. !O yes, mi lavem mo misim hem!

Mi ting se plante long yumi i no stap talem tangkyu from ol samting we ol narawan oli stap mekem long yumi go kasem taem we oli go. Mi bin save



Barbara i bin bisi oltaem, be mi no bin andastanem fulwan se famli, Jos mo komuniti i askem fulap taem blong hem. I bin gat ol evri dei hadwok we hem i ripitim ol taosen taem truaot ol yia, we i bin mekem famli blong mifala i save mov. Mo tru long evri samting ia, i no gat wan insaed long famli i stap harem hem i leftemap voes blong hem, o talem wan toktok we i no kaen.

Plante memori oli kam wasem tingting blong mi long las yia i kam. Mi bin tingting abaot hadwok blong bodi blong hem, we hem i jusum, blong kam wan mama long seven pikinini. Blong stap wan hom meka, i wan wok ia nomo we hem i wantem, mo long evri saed, hem i bin wan top woman blong wok ia.

Plante taem, mi bin askem miwan olsem wanem hem i mekem wetem ol pikinini mo mi. Blong rere long kaekae nomo, i wan bigfala wok, mo mi no tokbaot ol aktiviti olsem blong wasem ol hip klos we famli i sakem evri wik, blong pem ol stret saes sus mo klos blong ol pikinini oltaem. Mifala evriwan i go luk hem blong plante nara kaen problem we oli bin impoten long mifala. Mo from se oli bin impoten long mifala, nao oli bin impoten long hem tu. Long wan toktok, hem i bin gudfala tumas—olsem wan waef, olsem wan mama, olsem wan fren, olsem wan neba, mo olsem wan gel blong God.

Naoia we hem i mov i go, mi hapi se mi bin jusum blong sidaon long saed blong hem taem mi bin aot long ofis mo gohom long ol las manis blong laef blong hem, blong holem han blong hem taem mitufala i stap wajem ol fevret miusik muvi blong hem—bakegen mo bakegen, from se Alsaema i no letem hem blong tingbaot se hem i jes luk olgeta muvi ia long aftenun long dei bifo. Ol memori blong ol spesel taem ia blong holem han ia, naoia mi holemtaet strong long hat blong mi.



Ol brata mo sista. Plis yufala i no mestem wan janis blong luk insaed long ae blong ol memba blong famli blong yufala wetem lav. Ol pikinini mo ol papa mo mama, go aot luk mo helpem wanwan long yufala, mo talemaot lav mo glad blong yufala. Olsem mi, sam long yufala i save wekap wan dei, blong faenem se taem blong ol impoten toktok o storian ia, i pas finis. Stap laef evri dei tugeta, wetem ol hat we i fulap long tangkyu, gudfala memori, seves mo plante lav.

Long las yia i kam, mi bin tingting hevi, wetem moa tingting bitim oltaem, abaot plan ia blong Papa blong yumi long Heven. Taem hem i bin tijim boe blong hem, Korianton, Alma i bin singaotem plan ia, “bigfala plan blong stap glad.”²

Toktok ia i stap wokem kam long maen blong mi taem mi tingting long plan ia olsem wan “kam tugeta

bakegen.” Hem i wan plan, we Papa we i stap long Heven i mekem, we long medel i gat bigbigfala janis blong glori ia blong famli i kam tugeta bakegen—blong i joenem bakegen blong oltaem, ol hasban mo ol waef, ol papa mo ol mama wetem ol pikinini, wan jenere-sen folem wan jenere-sen, insaed long bigfala haos blong God.

Tingting ia i mekem mi harem gud mo gat stret save ia we bae mi stap wetem Barbara bakegen. Nomata bodi mo maen blong hem i bin safa kolosap long en blong laef blong hem, spirit blong hem i strong, i tru mo i klin gud. Hem i bin mekem hemwan i rere long saed blong evri samting, blong mekem se taem dei ia i kam, hem i save stanap long fored blong “stret kot blong God,”³ wetem wan ful tras mo save we i gat pis. Be mi stap ia, bae mi gat 91 yia long tu dei taem, mo mi stil stap askem miwan: “?Mi mi rere? ?Mi mi stap mekem evri



ting we mi nidim blong mekem blong save holem han blong hem bakegen?"

Simpol, besik tru samting blong laef i hemia: Yumi evriwan bae i ded. Nomata yumi ded olfala, o yang, long isi o had wei, rij o no rij, wetem famli o yumiwan, i no gat wan i save ronwe long ded.

Sam yia i pas, Presiden Gordon B. Hinckley i bin talem wan samting we i gat mining lelebet abaot hemia: "Hem swit tumas blong save stret, i givim kamfot blong gat pis ia we i kam long save ia, se yumi save mared long stret fasin mo laef long stret fasin, mo rilesensip blong yumi bae i gohed, i nomata se yumi save se bae yumi mas ded, mo taem bae i pas i go."⁴

Mi bin mared long stret fasin. Hemia, i no gat tu tingting long hemia. Be hem i no inaf, folem toktok blong Presiden Hinckley. Mi mas laef long stret fasin.⁵

Tedei, "blong laef long stret fasin," i wan samting we i mekem man i konfius, speseli sapos yu spendem tumas taem long sosol media, ples we eniwan i save talem ol ril trutok, o ol giaman tingting abaot God mo plan blong Hem from ol pikinini blong Hem. Tangkyu tumas, ol memba blong Jos oli gat blong oltaem, ol tru prinsipol blong gospel, blong save hao blong laef blong yumi save rere gud moa from taem ia we bae yumi mas ded.

Jes sam manis bifo mi bon, Aposol bubuman blong mi, Elda Melvin J. Ballard, i bin givim wan toktok, we, long plante pipol, i kasem gud wanem i mining blong laef long stret fasin. Taetol blong hem i "Hadtaem we i blong Sol", mo toktok blong hem i lukluk plante long faet we i gohed oltaem bitwin bodi blong mit mo bun mo spirit we i no save finis, blong yumi.

Hem i talem: "Bigfala rao we eni man o woman bae i gat . . . bae i faet ia we hem i gat wetem hemwan," mo i eksplenem se, Setan, (enemi blong sol blong yumi), i atakem yumi tru long "ol rabis tingting, ol rabis samting we bodi i wantem, ol samting we bodi i wantem tumas."⁶ "Mekem se fasfala faet i bitwin tabu mo spirit fasin blong yumi mo fasin blong yumi we i wantem folem ol samting blong wol." Ol brata mo sista. Tingbaot. Yumi save kasem help long saed blong spirit tru long paoa blong Tabu Spirit we i "save tijim yumi evri samting."⁷ Help i save kam tu tru long paoa mo ol blesing blong prishud.

Nao mi askem, "Weswe? Faet blong ia i go olsem wanem, long wanwan long yumi?"

Presiden David O. McKay i bin talem: "Laef blong man long wol ia, i wan tes nomo, se bae hem i putum evri hadwok blong hem, maen blong

hem, sol blong hem long ol samting we oli givhan long kamfot mo samting we bodi blong hem i wantem, o bae i mekem se stamba tingting blong laef blong hem i blong kasem ol kwaliti long saed blong spirit."⁸

Faet ia, bitwin fasin blong yumi blong folem fasin blong wol mo hemia long saed blong spirit, i no wan niu samting. Long las toktok blong hem long ol pipol blong hem, King Benjamin i bin tijim se: "From man we i folem fasin blong wol i wan enemi blong God, mo i bin olsem stat long taem we Adam i bin foldaon mo bae i stap olsem, blong oltaem mo oltaem, be sapos nomo hem i mekem folem ol gudfala toktok blong Tabu Spirit, mo i tekemaot man we i folem fasin blong wol, mo kam wan sent tru long atomen blong Kraes we i Lod."⁹

Aposol Pol i tijim se "Olgeta we oli stap mekem ol rabis fasin we tingting blong olgeta nomo i wantem, tingting blong olgeta ya i fas gud long ol rabis fasin ya. Be olgeta ya we oli stap mekem ol gudfala fasin we Tabu Spirit i wantem, tingting blong olgeta ya i fas gud long ol gudfala fasin ia.

"Sapos tingting blong man i fas gud long ol rabis fasin ya we tingting blong hem nomo i wantem, bambae hem i ded from. Be sapos tingting blong man i fas gud long ol gudfala fasin ya we Tabu Spirit i wantem, bambae hem i gat laef mo pis from."¹⁰

Long mi, i klia se wan long ol impoten samting we yumi save lanem long laef ia, i hao blong wok strong long wanem spirit i wantem, mo kontrolem ol devel samting we tingting i wantem. Hemia i no had tumas. Long en, spirit blong yumi, we i bin laef i stap finis i longtaem moa bitim bodi blong mit mo bun blong yumi, i bin save jusum stret mo gud fasin ova long ivel long laef bifo finis. Bifo oli wokem wol ia,

yumi bin laef long spirit wol, olsem ol boe mo gel blong Papa mo Mama long Heven, we tufala i lavem mo gohed blong lavem yumi naoia.

Mo yes, bifo yumi mas mekem ol desisen mo joes we i jenisim laef, long taem blong laef bifo. Evriwan we i bin laef, o bae i laef yet long planet ia, i mekem wan stamba desisen blong jusum blong akseptem plan blong Papa long Heven blong Lod i sevem yumi. Mekem se, yumi evriwan i kam long wol ia wetem wan gud ripot blong gud spirit fasin blong yumi mo wan fiuja we i no save finis.

Tingbaot hemia blong wan smol taem. Hemia nao huia ril yu mo mi, mo huia yu bifo finis i kam kasem naoia: wan boe o gel blong God, wetem ol spirit rus long taem we i no save finis mo wan fiuja we oli fulap tumas long ol janis we oli no save finis. Yu—long fas ples, mo oltaem—yu wan spirit man o woman. Mo, taem yumi jusum blong putum fasin blong folem fasin blong wol i kam faswan long spirit fasin, yumi stap jusum wan samting we i agensem ril, tru, spesel man o woman ia, we i yu.

Be yet, i no gat kwestin se ol samting we bodi i wantem mo ol fos blong wol ia i mekem se i had blong mekem desisen. Wetem wan vel we i mekem yumi fogetem samting bitwin spirit wol blong bifo, mo wol ia, bae wan i lus tingting long rilesensip blong yumi long God mo spirit fasin blong yumi, mo fasin blong wantem samting blong wol ia, i save mekem *wanem yumi wantem naoia nomo*, i kam faswan. Blong stap lanem blong jusum ol samting blong Spirit be i no hemia blong bodi, i wan long ol fas lesen from wanem eksperiens long wol ia, i pat blong plan blong Papa long Heven. Hem i from wanem nao we, plan ia, oli bildimap antap long strong mo sua fandesen blong Atonmen blong Lod mo Sevyia blong yumi, Jisas Kraes,

blong mekem se ol sin blong yumi, wetem ol mistek we yumi mekem taem yumi folem tingting blong bodi, bae yumi winim tru long fasin blong sakem sin mo bae spirit tingting bae i stap stret oltaem. Naoia i taem blong kontrolem wanem bodi i wantem blong yumi folem gud doktrin blong Kraes long saed blong spirit. Hemia i from wanem, bae yumi no mas pusumbak dei blong yumi sakem sin.¹¹

Fasin blong sakem sin, long wei ia, i kam wan tul blong faet we yumi nidim tumas insaed long faet ia agensem yumiwan bakegen. Long las jeneral konfrens, Presiden Russell M. Nelson i bin tokbaot faet ia, mo i rimaenem yumi se, “taem yumi jusum blong sakem sin, !yumi jusum blong jenis!” Yumi letem Sevyia i jenisim yumi i kam wan moa gud vesen blong yumiwan. Yumi jusum blong groap long saed blong spirit mo blong kasem glad—glad ia blong fasin blong pemaot man, tru long Hem. Taem yumi jusum blong sakem sin, !yumi jusum blong kam moa olsem Jisas Kraes!”¹²



Evri naet, taem mi luklukbak long dei blong mi, tru long prea, wetem Papa we i stap long Heven, mi askem blong Hem i fogivim mi sapos mi mekem wan rong samting, mo promes blong traem gud moa tumoro. Mi biliv se evri dei fasin ia blong sakem sin, i helpem spirit blong mi blong rimaenem bodi blong mi se, huia nao i kontrolem mi.

Wan nara risos hem i, janis ia evri wik, we yumi gat blong mekem tingting blong yumi i niu bakegen taem yumi tekem mo kakae sakramen blong tingbaot Atonmen mo lav we i stret evriwan blong Lod mo Sevyia Jisas Kraes, long yumi.

Ol brata mo sista. Mi leftemap tingting blong yu blong slodaon smol, mo tingting long weaples yu stap long hem naoia, blong daonem fasin blong yu we i folem fasin blong wol ia, mo givim paoa long tabu spirit fasin blong yu, blong mekem se bae yu no fraet long dei taem bae yu pas i go long spirit wol, blong joen bakegen wetem olgeta we yu lavem—mo from hemia, mi testifae mo prea wetem tingting i stap daon long nem blong Jisas Kraes, amen. ■

OL NOT

1. Doktrin mo Ol Kavenan 42:45.
2. Alma 42:8.
3. Jekob 6:13.
4. *Teachings of Presidents of the Church: Gordon B. Hinckley* (2016), 157.
5. Lod i talemaot se yumi mas laef folem ol kavenan blong yumi blong save kasem ol blesing we Hem i promesem (luk long Doktrin mo Ol Kavenan 82:10; 132:5–7, 19).
6. Melvin J. Ballard, “Struggle for the Soul” (toktok we hem i bin givim long Sol Lek Tabenakol long 5 Mei 1928).
7. Jon 14:26.
8. *Teachings of Presidents of the Church: David O. McKay* (2003), 14.
9. Mosaea 3:19.
10. Rom 6:1–2.
11. Luk long Alma 34:33.
12. Russell M. Nelson, “Yumi Save Mekem Gud Moa mo Stap Gud Moa,” *Liahona*, Mei 2019, 69.



ELDA PETER M. JOHNSON
Blong Olgeta Seventi

Paoa blong Winim Enemi

?Olsem wanem nao yumi save faenem pis, tingbaot huia yumi, mo winim ol trifala toktok blong enemi?

Ol brata mo sista, tangkyu long evri samting we yu stap mekem blong kam olsem, mo blong helpem ol narawan oli kam, tru man blong folem Jisas Kraes mo glad long ol blesing blong holi tempol. Tangkyu long gudfala wok blong yufala. Yufala i gud tumas mo yufala i naes tumas.

Hem i prea blong mi se bae yumi luk save *paoa* blong Tabu Spirit taem yumi andastanem fulwan se yumi ol pikinini blong God. “Ofisol toktok i stat wetem”: “Evri famli blong man—man mo woman—oli mekem olgeta folem imej blong God. Wanwan long olgeta hem i wan spirit pikinini boe o spirit pikinini gel blong papa wetem mama long heven we oli laekem olgeta tumas, mo from we oli olsem wan spirit, wanwan long olgeta i gat gudfala fasin mo oli gat bigfala janis blong save kam olsem God.”¹ Yumi ol “nara spirit we oli gud tumas we Lod i holemtaet olgeta i stap blong oli kam long wol long en blong taem we evri wok blong God i kamtru, blong tekem pat long wok blong putum ol fandesen blong bigfala wok blong lata-dei.”² Presiden Russell M. Nelson i talem: “Oli bin tijim yufala long spirit wol blong priperem yufala from eni samting mo evri samting we bae yufala i fesem long ol las pat ia blong lata dei. (luk long D&K 138:56). Tijing ia i stap insaed long yu.”³

Yufala ol pikinini boe mo pikinini gel blong God. Yufala i gat paoa blong winim enemi. Be enemi, i save huia yu. Hem i save long saed blong tabu fasin blong yu mo lukaotem blong stopem yu long wanem yu save kasem long wol ia mo long heven taem hem i yusum ol trifala toktok ia:

- Giaman
- Pulumaot tingting
- Tingting i foldaon

Giaman

Enemi i yusum tul ia blong giaman long ol dei blong Moses. Lod i talemaot long Moses:

Mo luk, yu yu boe blong mi. . .

“Mo mi gat wan wok blong yu, . . . mo yu yu ripresentem Wan Stret Pikinini blong Mi ia Nomo.”⁴

I no longtaem afta long naesfala visen ia, Setan i traem blong giaman long Moses. Ol toktok we hem i yusum oli interesting: “Moses, pikinini blong man, yu wosipim mi.”⁵ Giaman ia i no nomo insaed long invitesen blong wosipim Setan, be giaman ia i bin stap tu long wei we hem i tokbaot Moses olsem wan pikinini blong man. Tingbaot se, Lod i jes talem long Moses se hem i wan pikinini blong God, we oli krietem hem olsem Wan Stret Pikinini ia Nomo blong hem;

Enemi hem i no stop blong traem blong giaman long Moses, be from hem i bin prea long God, hem i bin kasem paoa: “Setan, yu kamaot long mi, from se wan God ia nomo bae mi wosipim, we i God we i gat glori.”⁶ Moses i tingbaot huia hem—wan pikinini blong God.

Ol toktok blong Lod i go long Moses i kam tu long yu mo mi. Wanwan long yumi oli mekem olgeta folem imej blong God, mo Hem i gat wok blong yumi mekem. Enemi i traem blong giaman taem hem i mekem yumi fogetem huia nao yumi stret. Sapos yumi no andastanem huia yumi, bae i had blong luk save huia nao yumi save kam olsem.

Pulumaot tingting

Enemi i traem tu blong pulumaot tingting blong yumi long Kraes mo kavenan blong Hem. Elda Ronald A. Rasband i serem hemia: “Plan blong enemi, hem i blong pulumaot yumi long ol witnes blong spirit, be tingting



blong Lod i blong givim laet, mo blong yumi joenem wok blong Hem.”⁷

Long ol dei blong yumi, i gat plante samting blong pulumaot tingting, olsem Twita, Fesbuk, Instagram, ol gem, mo plante moa. Ol teknoloji ia oli gud, be sapos yumi no lukaot gud, oli save pulumaot tingting blong yumi blong mekem gud ol tabu samting blong yumi. taem yumi yusum gud ol samting ia i save karem i kam paoa blong heven mo letem yumi blong witnesem ol merikel taem yumi lukaot blong karem i kam tugeta Isrel we i go wanwan long tugeta saed blong vel.

Letem yumi lukaot mo no tingting nating long olsem wanem yumi yusum teknoloji.⁸ Gohed blong lukaotem ol rod we teknoloji i save karem yumi kam kolosap long Sevyia mo letem yumi finisim wok blong Hem taem yumi rere long seken kaming blong Hem.

Tingting i foldaon

Laswan, enemi i wantem se tingting blong yumi i foldaon. Tingting blong yumi i foldaon taem yumi komperem yumi wetem ol narawan o filim se yumi no laef folem wanem ol man oli wantem, mo tu wanem yumi wantem.

Taem we mi statem dokta program blong mi, mi filim se tingting blong mi foldaon. Program ia i akseptem fo studen nomo long yia ia, mo oli nara studen oli waes. Oli gat ol hae sko long tes blong olgeta mo gat moa eksperiens long senia manejen posisen, mo oli soem strong tingting long olgeta wan long wanem oli save mekem. Afta fes tu wik blong mi long program, ol filing blong tingting i foldaon mo tu tingting i stat blong tekem ples—i kolosap i kam ova long mi.

Mi disaet se sapos mi wantem blong finisim ol fofala yia program ia, mi sut ridim finisim Buk blong Momon evri semesta. Evri dei taem mi rid, Mi luk save toktok blong Sevyia we i talem

se Tabu Spirit bae i save “tijim [yumi] olgeta samting mo bambae hem i save mekem [yumi] tingbaot olgeta samting ia bakegen.”⁹ Hem i konfemem huia mi olsem wan pikinini blong God, mekem mi tingbaot blong no komperem mi wetem ol narawan, mo givim mi strong tingting long tabu rol blong win.¹⁰

Ol dia fren blong mi, plis no letem eni man i stilim hapines blong yu. No mas komperem yu wetem ol narawan. Plis tingbaot ol kaen toktok blong Sevyia: “*Pis Mi putum i stap wetem yufala, pis blong mi mo pis ya we mi mi givim: i no olsem pis we ol man blong wol oli save givim. Yufala i no letem tingting blong yufala i trabol, yufala i no fract.*”¹¹

?Olsem wanem nao bae yumi mekem? ?Olsem wanem nao yumi save faenem pis ia, tingbaot huia yumi, mo winim ol trifala toktok blong enemi?

Faswan, tingbaot se fas mo bigfala komanmen i blong lavem God wetem ol hat blong yumi, ful paoa blong tingting, ful maen, mo paoa blong yumi.¹² Evri samting we yumi wantem blong mekem, yumi sut mekem from lav blong yumi long Hem mo pikinini blong Hem. Taem yumi mekem lav blong yumi blong tufala i kam antap tru fasin blong folem ol komanmen, fasin blong lavem yumiwan mo blong lavem ol narawan i kam antap. Bae yumi stat blong givim seves long famli, ol fren, mo ol neiba from bae yumi luk olgeta olsem Sevyia i luk olgeta— olsem ol boe mo oli gel blong God.¹³

Seken, prea long Papa long nem blong Jisas Kraes evri dei, evri dei, evri dei.¹⁴ Hem i tru long prea we yumi save filim lav blong God mo soem lav blong yumi from Hem. Tru long Prea yumi soem tangkyu mo askem paoa mo strong tingting blong mekem wanem we yumi wantem i go folem hemia blong God mo bae Hem i gaedem mo lidim yu long evri samting.



Mi leftemap tingting blong yufala blong “*prea long Papa wetem evri paoa blong hat, blong [yumi] save fulap wetem lav ia, . . . blong [yumi] save kam ol boe mo [ol gel] blong God blong taem we bae hem i kamkamaot, bae yumi kam olsem hem.*”¹⁵

Nambatri, ridim mo stadi long Buk blong Momon evri dei, evri dei, evri dei.¹⁶ Stadi blong Buk blong Momon blong mi i stap kam moa gud taem mi rid wetem kwestin long maen blong mi. Taem yumi rid wetem wan kwestin, yumi save kasem revelesen mo luk save se Profet Josef Smit i bin talem trutok taem hem i talem: “Buk blong Momon i moa stret bitim eni narafala buk long wol, . . . mo wan man bae i kam moa [o wan woman bae] kam kolosap long God sapos hem i folem ol tijing blong hem, bitim eni narafala buk.”¹⁷ Buk blong Momon i holem ol toktok blong Kraes mo i helpem yumi tingbaot huia yumi.



Laswan, tekem sakramen wetem wan tru hat evri wik, evri wik, evri wik. Hem i tru long ol kavenan mo odinens blong prishud, we i tekem tu sakramen, we paoa blong God i kamtru long laef blong yumi.¹⁸ Elda David A. Bednar i tijim: “Odinens blong sakramen i tabu mo i wan invitesen blong sakem sin ful-wan we i stap ripit mo yumi riniu wetem spirit. Blong tekem pat long sakramen, insaed mo long hemwan, i no karemaot sin. Be taem yumi rere gud mo tekem pat long tabu odinens ia wetem wan hat we i fulap wetem sore mo wan spirit we i wantem blong sakem sin afta promes ia i we bae *oltaem* oli gat Spirit blong Lod i stap wetem olgeta.”¹⁹

Taem yumi tekem pat long sakramen wetem wetem tingting i stap daon, yumi tingbaot safaring blong Hem long tabu garen ia we oli singaotem Getsemane mo sakrifaes blong Hem long kros. Yumi talem tangkyu long Papa blong sendem stret pikinini ia nomo blong Hem, Ridima blong yumi, mo soem tru tingting blong yumi blong kipim ol komanmen mo blong *oltaem* tingbaot Hem.²⁰ I gat laet blong spirit we i go wetem sakramen—hem i blong yuwan, i gat paoa, mo yumi nidim.

Ol fren blong mi, mi promes se taem yumi trachad blong lavem God

wetem ful hat blong yumi, prea long nem blong Jisas Kraes, stadi long Buk blong Momon, mo wetem tru tingting tekem pat long sakramen, bae yumi save wetem paoa blong Lod, blong winim ol *giaman* praktis blong enemi, blong daonem *giaman tingting* we i limitim yumi blong kasem ol tabu samting, mo blokem *tingting we i foldaon* we



i stap putum daon wanem yumi save mekem blong filim lav blong Papa long Heven mo pikinini blong Hem. Bae yumi kam blong andastanem *fulwan* huia nao yumi olsem ol boe mo ol gel blong God.

Ol brata mo sista, mi serem wetem yu lav blong mi mo talemaot witnes blong mi long yu se mi save se Papa long Heven i stap laef mo Jisas hem i Kraes. Mi lavem Tufala. Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent i kingdom blong God long wol ia. Yumi gat wan *tabu wok* blong mekem rere wol ia blong seken kaming blong Mesaea. Long nem blong Jisas Kraes, amen. ■

OL NOT

1. Famli: Wan Ofisol Toktok I Go long Wol,” *Liahona*, May 2017, 145.
2. Doktrin mo Ol Kavenan 109:7; luk tu long Doktrin mo Ol Kavenan 138: 54–56.
3. Russell M. Nelson, “Stand as True Millennials,” *Liahona*, Oct. 2016, 48.
4. Moses 1:4, 6.
5. Moses 1:12.
6. Moses 1:20; luk tu long Moses 1:16–19:21.
7. Russel M. Nelson, “Nogud Yu Foget,” *Liahona*, Nov. 2016, 115.
8. Luk long Becky Craven, “Lukaotgud agens Lukaot Wanwan Taem,” *Liahona*, May 2019, 9–11.
9. Luk long Jon 14:26.
10. Tabu rol blong yumi blong win i blong kasem laef we i no save finis no mata long wanem lukluk blong wol long saed blong sakes long ol samting blong wol, Tabu Spirit i rimaenem yumi long tabu rol blong yumi mo long huia nao yumi save kam olsem taem yumi stap nomo long rod blong kavenan mo winim wetem paoa Lod, ol temtesen blong enemi.
11. Jon 1:46; oli ademap italik.
12. Luk long Matiu 22:37–38.
13. Luk long Jon 3:16; 1 Jon 4:19; Mosaea 2:17.
14. Luk long 3 Nifae 9:19–20.
15. Moronae 7:48; oli ademap italik.
16. Luk long Kevin W. Pearson, “Stay by the Tree,” *Liahona*, May 2015, 114–16.
17. Fas toktok long Buk blong Momon.
18. Luk long Doktrin mo Ol Kavenan 130:20–21.
19. David A. Bednar, “Always Retain a Remission of Your Sins,” *Liahona*, May 2016, 61–62.
20. Luk long Moronae 4:2–3; 5:1–2; Doktrin mo Ol Kavenan 20:76–79. Plis save se yumi stap laef long wan taem we yumi nidim bigwan Spirit blong stap wetem yumi *oltaem*.



I KAM LONG ELDA ULISSES SOARES
Blong Kworum blong Olgeta Twelef Aposol

Tekem Kros blong Yu

Blong stap tekem kros long yumiwan, mo stap folem Sevyia, i minim blong stap gohed wetem fet long rod ia blong Lod, mo i no blong stap draon insaed long ol fasin blong wol ia.

Ol dia brata mo sista. Yumi bin kasem ol gudfala tijing we oli kam long ol lida blong yumi long ol las tu dei ia. Mi testifae long yufala se sapos yumi trachad blong praktisim ol insperesen tijing ia blong tedei long laef blong yumi, bae Lod, tru long gladhat blong Hem, bae i helpem wanwan long yumi blong tekem kros blong yumi mo ol samting oli nomo hevi.¹

Taem oli bin stap kolosap long Sisaria Filipae, Sevyia i bin talemaot long ol disaepol blong Hem se bae Hem i safa long han blong ol elda, ol jif pris, mo ol man blong raetem loa long Jerusalem. Hem tij stret abaot ded mo Laef bakegen long ded blong Hem.² Long tetaem ia, ol disaepol blong Hem oli no andastanem fulwan tabu misin blong Hem long wol ia. Pita hemwan, taem hem i harem wanem Sevyia i bin talem, i Sevyia i go long saed, i tok strong i se: “Masta, God i mas blokem samting ia, Samting ia i no save kamtru olsem.”³

Blong helpem ol disaepol blong Hem blong andastanem se blong givim evri samting long wok blong Hem, i minim tu blong folem tingting mo safa, Sevyia i talem wetem sore:

“Man we i wantem kam biaen long mi, hem i mas blokem ol samting we hem nomo i wantem, nao i mas karem kros blong hem, i biaen long mi.

“Man we i wantem sevem laef blong hem, hem bambae i lusum laef blong hem, be man we i lusum laef blong hem from mi, hem bambae i kasem laef blong hem.



“?Sapos wan man i kasem olgeta samting wol, be i lusum laef blong hem, hem bambae i save winim wanem? Sapos laef blong man i lus, bambae hem i no save givim wan samting nating blong God blong pembak laef blong hem bakegen?”⁴

Tru long toktok ia, Sevyia i talemaot bigwan se evriwan we oli wantem blong biaen long Hem, oli nidim blong fogenem olgetawan mo kontrolem ol samting we oli wantem, we bodi i wantem, mo givim sakrifaes blong evri samting, iven laef sapos i nid, mo folem fulwan, tingting ia blong Papa—semmak olsem we Hem i bin mekem.⁵ I tru, hemia nao praes blong pem blong sevem wan sol. Jisas i minim mo i yusum ol simbol blong wan kros blong helpem ol disaepol blong Hem blong oli andastanem moa wanem i stret mining blong givim sakrifaes mo stret mining blong gat ful tingting i go long wok blong Lod. Pikja blong wan kros, ol disaepol, mo olgeta we oli stap long Gavman blong Rom oli save gud long hemia from Ol Man Rom oli fosem olgeta we bae oli hang long kros, blong tekem, long pablik, kros, o kros timba blong olgeta i go long ples we bae oli hangem olgeta long hem.⁶

Hem i bin afta long Laef bakegen long ded blong Hem, we maen blong olgeta i open blong oli andastanem evri samting we oli bin raetem abaot Hem⁷ mo wanem bae oli mas mekem stat long tetaem ia i go.⁸

Long sem fasin, yumi evriwan, ol brata mo sista, i nidim blong openem maen mo hat blong yumi blong andastanem moa fulwan mining ia blong tekem kros blong yumi long yumiwan, mo stap biaen long Hem. Yumi stap lanem, tru long ol skripja, se olgeta we oli wantem tekem kros blong olgeta, olgetawan, oli lavem Jisas Kraes long wan wei we oli nomo folem eni samting we i no blong God, mo oli sakemaot



evri rabis fasin blong wol ia mo oli stap obei ol komanmen blong Hem.⁹

Strong tingting blong yumi blong sakemaot evri samting we i agensem tingting blong God, mo blong sakrifae sem evri samting we Hem i askem yumi blong givim, mo blong trachad blong folem ol tijing blong Hem bae i helpem yumi blong stap strong long rod ia blong gospel blong Jisas Kraes—iven taem we hadtaem, wiknes blong sol, o fos blong sosol laef mo ol tingting blong man oli agensem ol tijing blong Hem.

Eksampol: long olgeta we oli faenem yet blong patna we i no save finis, mo oli filim se oli stap olgetawan mo no gat hop; o olgeta we oli bin divos o filim se oli lego mo fogetem olgeta, mi wantem talem stret se, blong akseptem invitesen blong Sevyia blong tekem kros blong yufala mo folem Hem, i minim blong stap gohed wetem fet blong stap long rod blong Lod, blong holem hed stret oltaem, mo no foldaon long rabis evri dei fasin we bae i tekemaot hop we yufala i gat long lav mo sore blong God.

Semfala prinsipol i go long olgeta we oli fesem fasin blong laekem wan we i sem seks, mo filim blong givap mo no gat help. Maet hem i risen ia nao we sam long yufala i stap filim se gospel blong Jisas Kraes i nomo blong yufala nao. Sapos i olsem, mi wantem talem gud long yufala se i gat hop oltaem long God Papa mo long plan blong hapines blong

Hem, long Jisas Kraes mo long sakrifae sem blong Hem we i pem praes from sin, mo long fasin blong stap laef folem ol komanmen blong Tufala. Long stret waes, paoa, jastis, mo sore blong Hem, Lod bae i silim yumi se yumi blong Hem, blong oli save tekem yumi i go long Hem mo i sevem yumi olwe, sapos yumi gogohed mo no stap muvmuv blong stap obei ol komanmen,¹⁰ mo oltaem stap mekem ol gudfala wok.¹¹

Long olgeta we oli mekem ol series sin, blong stap akseptem semfala invitesen ia, i minim, wetem sam moa samting, blong yufala i putum tingting blong yufala i stap daon long fored blong God, blong yufala i kaonsel wetem ol stret lida blong Jos, mo sakem sin mo lego ol sin blong yufala fogud. Rod ia bae i blesem tu evriwan ia we i stap faet agensem ol strong adiksen, opiohid, ol drag, alkohol, mo ponografi. Blong tekem ol step ia bae i tekem yufala i go kolosap moa long Sevyia, we long en, i save mekem yu fri long sem, harem nogud, mo fasin blong stap slef long spirit mo laef long wol ia. Antap long sapot we i kam long ol lida blong Jos, bae yufala i wantem sapot tu we i kam long famli, fren mo ol stret dokta mo kaonseling pipol.

Plis, neva givap taem yu mestem rod bakegen mo no luk se yu no save lego sin mo winim adiksen. !Yu no save stop nomo blong traem mo afta gohed nomo long wiknes mo sin! Oltaem,

trachad blong mekem bes we yu save mekem, mo soem, tru long ol wok blong yu, se yu wantem klinim insaed long yu, olsem Sevyia i bin tijim.¹² Samtaem, ol ansa blong samfala jalenj oli kam afta plante plante manis blong hadwok. Promes we i stap long Buk blong Momon, we i se: “hem i tru long gladhat blong God we Lod i sevem mifala, afta evri samting nomo we mifala i save mekem,”¹³ i blong ol situesen olsem. Plis, tingbaot se presen ia we i gladhat blong Sevyia, i no nomo “afta” we yumi mekem evri samting. Yumi save kasem gladhat blong Hem bifo, long taem, mo afta we yumi hadwok.¹⁴

Mi testifae se, taem yumi gogohed blong trachad blong winim ol jalenj blong yumi, bae God i blesem yumi wetem ol presen blong fet blong yumi kasem hiling mo wokem ol merikel.¹⁵ Bae Hem i bin mekem blong yumi wanem we yumi no save mekem blong yumiwan.

Antap long hemia, olgeta we oli harem nogud, oli kros, hat i stap nogud, o oli jenem olgeta long ol harem nogud from wan samting we oli filim se i no blong olgeta, nao, blong tekem kros blong yu mo biae long Sevyia i minim blong traem putum long saed ol filing, mo tanem yumi long Lod blong Hem i mekem yumi fri long kaen tingting ia mo i helpem yumi blong faenem pis. Sore tumas, sapos yumi stap holemtaet ol nogud filing mo tingting ia, bae yumi stap luk se yumi stap laef blong Spirit blong Lod i no mekem wok long laef blong yumi. Yumi no save sakem sin *long bihaf* blong ol nara pipol, be yumi save fogivim olgeta—taem yumi talem, no, se bae yumi no prisena blong olgeta we oli mekem nogud long yumi.¹⁶

Ol skripja oli tijim se i gat wan wei aot long ol situesen ia—taem yumi invaetem Sevyia blong yumi blong helpem yumi blong riplesem ol ston hat blong yumi wetem ol niu hat.¹⁷ Blong

hemia i hapen, yumi nid blong kam long Lod wetem ol wiknes blong yumi, yumi putum tingting i stap daon long fored blong Hem,¹⁸ mo yumi askem help mo fogivnes blong Hem,¹⁹ speseli long wan tabu taem olsem taem yumi tekem mo kakae long sakramen evri Sandei. Bae yumi jusum blong askem help blong Hem, mo tekem wan impoten mo had step blong fogivim olgeta we oli mekem nogud long yumi, blong ol soa oli save stat blong kam oraet. Mi promes se, taem yufala i mekem olsem, bae yufala i spel long ol naet blong yufala from maen blong yufala i stap long pis wetem Lod.

Taem hem i bin stap long Libeti Kalabus long 1839, Profet Josef Smit i bin raetem wan leta i go long ol memba blong Jos, we insaed, i gat ol profesi we yumi save yusum long evriwan long ol situesen ia. Hem i raetem: “Evri jea blong king mo ples we hem i rul, ol ples blong prins i rul mo ol paoa, bae mi soemaot mo givim long olgeta evriwan we oli bin stap strong wetem strong tingting from gospel blong Jisas Kraes.”²⁰ Taswe, olgeta we oli tekem long olgeta, nem blong Sevyia, mo stap trastem ol promes mo gohed strong kasem en, bae Lod i sevem olgeta²¹ mo bae oli save stastap wetem God long wan hapines we i no gat en.²²

Yumi evriwan i fesem ol situesen blong agens long laef blong yumi we i mekem yumi filim se yumi no hapi, no gat yus, no gat hop, mo samtaem, yumi kam slak. Sam long ol filing ia bae i save lidim yumi blong kwestinim Lod se: “From wanem mi gotru ol situesen ia? O ?From wanem tingting blong mi i no hapen? !Be mi mi stap mekem evri samting ia long paoa blong mi blong tekem kros blong mi mo folem Sevyia!”

Ol dia fren blong mi. Yumi mas ting-baot se blong tekem kros blong yumi long yumiwan i minim tu blong gat tingting i stap daon, mo stap trastem

God mo waes blong Hem we i no gat en. Yumi mas talemaot se Hem i save-gud wanwan long yumi mo nid blong yumi. Hem i nid tu blong akseptem se taem blong Lod i defren long hemia blong yumi. Samtaem, yumi askem wan blesing mo putum wan taem limit blong Lod i mekem i kamtru. Yumi no save putum se bae yumi stap tru long Hem taem yumi putum wan taem blong Hem i ansarem wanem yumi wantem. Taem yumi mekem olsem, yumi olsem Ol Man blong Nifae ia we oli tingting tu, we oli jikim ol brata blong olgeta se taem i pas finis blong ol toktok blong Samuel i kamtru, mo hemia i mekem tingting i konfus long medel blong olgeta we oli bin biliv.²³ Yumi nidim blong trastem Lod inaf blong yumi stap kwaet mo save se Hem i God, se Hem i save evri samting, mo Hem i save wari blong wanwan long yumi.²⁴

I no longtaem i pas, mi bin gat janis blong givhan long wan wido sista, Franca Calamassi, we i stap safa long sik blong bren mekem hem i no save mov. Sista Calamassi, i fas memba blong famli blong joenem Jos ia blong Jisas Kraes we i bin kambak long wol.



Sista Franca Calamassi wetem ol fofala pikinini blong hem, long tempol.

Nomata hasban blong hem i neva bap-taes, hem i bin agri blong mit wetem ol misinari, mo plante taem, i kam long ol miting blong Jos. I nomata ol situesen ia, Sista Calamassi i bin gohed blong stap fetful mo i lukaot fo pikinini insaed long gospel blong Jisas Kraes. Wan yia afta we hasban blong hem i ded, Sista Calamassi i tekem ol fofala pikinini blong hem i go long tempol mo oli tekpat long ol tabu odinens mo oli sil tugeta olsem wan famli. Ol promes we oli go wetem ol odinens ia, i givim hem plante hop, glad, mo hapines we i bin helpem hem blong gohed wetem laef.

Taem ol fas saen blong sik ia i stat blong kamaot, bisop i bin givim wan blesing long hem. Long tetaem ia, hem i talem long bisop blong hem se hem i rere blong akseptem tingting blong Lod, i talem fet blong hem se bae hem i kam oraet, mo blong stap strong tru long sik blong hem kasem en.

Long taem blong visit blong mi, mi holem han blong Sista Calamassi mo lukluk stret long ae blong hem, mi bin bin laet blong enjel i kamaot long fes blong hem—i soem tras blong hem long plan blong God mo stret hop blong hem long lav mo plan blong Papa.²⁵ Mi filim strong tingting blong hem blong stap strong long fet blong hem kasem en taem hem i tekem kros blong hem, i nomata ol jalenj we hem i bin stap fesem. Laef blong sista ia i wan testemo-ni abaot Kraes, wan pruf blong fet mo strong tingting blong hem long Kraes.

Ol dia brata mo sista. Mi testifae long yufala se, blong tekem long yumiwan, kros ia blong yumi, mo biae long Sevyia, i askem yumi blong folem eksampol blong Hem, mo trachad blong kam olsem Hem,²⁶ we yumi save wet long-taem mo fesem ol situesen blong laef, mo lego mo sakemaot ol fasin blong man blong wol, mo stap wet long Lod. Man blong raetem Ol Sam i raetem:



I KAM LONG ELDA NEIL L. ANDERSEN
Blong Kworom blong Olgeta Twelef Aposol

“Yumi mas trastem Hae God,
mo yumi mas bilif long hem. Yumi
no mas letem tingting blong yumi
i foldaon, oltaem yumi mas trastem
hem.”²⁷

“Hem i stap lukaot gud long yumi,
mo i stap givhan long yumi.”²⁸

Mi testifae long yufala se, taem
yufala i stap folem ol wokbaot blong
Masta mo stap wet long Hem we i
stamba dokta blong laef blong yumi,
bae Hem i givim spel long sol blong
yumi mo mekem ol trabol oli isi mo
i nomo hevi.²⁹ Long ol samting ia, mi
testifae long tabu nem blong Jisas
Kraes, amen. ■

OL NOT

1. Luk long Matiu 11:29–30; Jemes 2:24;
2 Nifae 25:23.
2. Luk long Matiu 16:21.
3. Matiu 16:22.
4. Matiu 16:24–26.
5. Luk long Jon 6:38.
6. Luk long Jon 19:16–17.
7. Luk long Mak 16:17–20; Luk 24:36–53.
8. Luk long Matiu 28:19–20.
9. Luk long Josef Smit Translesen, Matiu
16:25–29 (insaed long Bible appendix);
luk tu long Gaed long Ol Skripja, “Rabis
tingting”; “Man we I Folem Fasin blong
Wol”; “Rabis Filing”; “Nogud, Fasin
Nogud”; olskripja.ChurchofJesusChrist.org.
10. Luk long Alma 1:25.
11. Luk long Mosaea 5:15.
12. Luk long Alma 60:23.
13. 2 Nifae 25:23.
14. Luk long Bruce C. Hafen, *The Broken Heart:
Applying the Atonement to Life's Experiences*
(1989), 155–56.
15. Luk long Doktrin mo Ol Kavenan 46:19, 21.
16. Luk long Neal A. Maxwell, “Repentance,”
Ensign, Nov. 1991, 32.
17. Luk long Esikel 18:31; 36:26.
18. Luk long Ita 12:27.
19. Luk long 1 Nifae 7:21.
20. Doktrin mo Ol Kavenan 121:29.
21. Luk long 3 Nifae 27:6.
22. Luk long Mosaea 2:41.
23. Luk long 3 Nifae 1:4–7.
24. Luk long Doktrin mo Ol Kavenan 101:16.
25. Luk long 2 Nifae 31:20.
26. Luk long Matiu 5:48; 3 Nifae 12:48; 27:27.
27. Ol Sam 27:14.
28. Ol Sam 33:20.
29. Luk long Matiu 11:30; Mosaea 24:14.

Frut

*Kipim ae mo hat blong yu oltaem
i stap long Sevyia, Jisas Kraes, mo glad ia we
i no save finis we i kam tru long Hem nomo.*

!Mi save tingting blong yufala! Jes
wan moa spika nomo afta bae yumi
harem Presiden Nelson. Mi hop se
toktok blong mi i kipim yufala i wekap
blong sam minit blong wet long profet
we yumi lavem, mo mi jusum wan swit
topik: Hem i frut.

Wetem kala, tes, mo swit blong
ol beri, banana, wotamelen, mo ol
manggo, mo sam moa olsem yelo kiwi,
o Jaenis gwava, longtaem finis, frut,
longtaem finis i wan naes kaekae.

Long seves blong Hem long wol ia,
Sevyia i bin komperem ol gud frut long
ol samting we i impoten blong taem we
i no save finis. Hem i talem: “Bambae
yufala i save makem olgeta long frut
blong laef blong olgeta.”¹ “Gudfala tri,
hem i save karem gudfala frut nomo.”²
Hem i leftemap tingting blong yumi
blong hivimap “kaka ya [we i] blong
laef ya we i no save finis.”³

Long wan laef drim we yumi save gud
insaed long Buk blong Momon, profet



*Long taem blong seves blong Hem long wol ia, Sevyia i bin komperem ol gud frut long ol samting
we oli impoten blong taem we i no save finis.*

Lihae i stap long wan “wan dak mo sore waelples.” I gat doti wota, klaod blong tudak, ol strenj rod, ol rod blong no folem, mo tu, wan aean rel⁴ we i folem wan stret rod we i no isi we i lidim man i go long wan naesfala tri, we i fulap long “frut [we i mekem] man i hapi.” Taem hem i talembak drim ia, Lihae i talem: “Mi go, . . . mi bin tekem mo kakae frut ia; . . . i moa swit bitim evri frut we mi bin testem bifo. . . . Mo hem i fulumap sol blong mi wetem bigfala glad we i bigwan tumas;” Frut ia i “gud i bitim tes blong evri narafala frut.”⁵

Mining blong Tri mo blong Frut

?Tri ia we i gat frut ia we i tes gud evriwan, i simbol blong wanem? Hem i ripresentem “lav blong God”⁶ mo i taltalemaot gudfala plan blong pemaot man we i kam long Papa long Heven. “God i lavem tumas ol man long wol, nao hem i givim mi, mi stret Pikinini blong hem, mi wan nomo we hem i gat, blong olgeta man we oli bilif long mi bambae oli no save lus, oli gat laef we i no save finis.”⁷

Gudfala frut ia i simbol blong ol bigfala blesing blong Atonmen blong Sevyia we i no gat nara samting i semmak long hem. Bae yumi laef bakegen afta laef long wol ia, be tu, tru long fet blong yumi long Jisas Kraes, from yumi sakem sin, mo stap obei long ol komanmen, bae yumi save kasem fogivnes from ol sin blong yumi, mo wan dei, yumi stanap klin mo klin evriwan long fes blong Papa mo Pikinini blong Hem.

Blong stap tekem mo kakae frut blong tri ia, i simbol tu se yumi akseptem ol odinens mo ol kavenan blong gospel we i kambak—we yumi baptaes, yumi kasem presen we i Tabu Spirit, mo go insaed long kaos blong Lod blong Hem i kavremap yumi wetem paoa we i kam long heven. Tru long gladhat blong Jisas Kraes, mo tru long

fasin blong ona long ol kavenan blong yumi, yumi kasem promes ia we i no gat samting i save makem, blong stap laef wetem stret mo gud famli blong yumi blong ol taem we i no save finis.⁸

From hemia nao, enjel i talem se frut ia, “hem i wan glad we i bigwan olgeta long sol.”⁹ !I rili wan glad!

Jalenj ia blong Stap Tru

Olsem we yumi evriwan i lanem, iven afta we yumi kakae gud long gudfala frut blong gospel we i kambak, blong stap tru mo fetful long Lod Jisas Kraes, i stil i no isi blong mekem. Yumi gohed blong fesem samting we i pulumaot yumi mo trikim yumi, i mekem yumi konfius mo muvmuv olbaot, i switim yumi, mo ol temtesen we i traem blong pulum hat blong yumi longwe long Sevyia mo long ol glad mo naes samting we yumi gotru long ol taem yumi stap folem Hem.

From samting ia we i save kam agens, !drim blong Lihae i kam tu wetem wan woning! Long nara saed blong reva, i gat wan bigfala biding wetem plante rum, wetem ol pipol

blong eni kaen yia, we oli poenem fingga, oli jik, mo oli laf long ol stret mo gud man we oli folem Jisas Kraes.

Ol pipol insaed long biding ia oli daonem man, tok nogud, mo stap laf long olgeta we oli stap obei ol komanmen, mo ol pipol ia oli hop se bae ol narawan ia oli nomo gat ona mo respek long fet blong olgeta long Jisas Kraes mo long gospel blong Hem. Mo from ol rabis toktok, mo ol toktok nogud we ol man ia oli sakem i go long ol man we oli biliv, sam long olgeta we oli bin testem frut ia, oli stat blong sem long gospel ia we oli bin akseptem. Ol giaman samting ia blong wol oli switim olgeta; oli gowe long tri mo frut, mo olsem toktok blong Lod i talem: oli “foldaon i go long ol rod we i no blong folem, mo oli . . . lus.”¹⁰

Long wol tedei, enem i karem ol wokman we oli topman we oli wok ovataem, mo kwiktaem sendem man i go long bigfala biding ia wetem fulap rum. Ol niu rum oli go krosem reva, wetem hop blong go insaed long ol hom, mo ol man blong poenem fingga mo jik oli singaot dei mo naet wetem intanet hela blong olgeta.¹¹



Olsem we yumi evriwan i lanem, iven afta we yumi kakae gud long gudfala frut blong gospel we i kambak, blong stap tru mo fetful long Lod Jisas Kraes, i stil i no isi blong mekem.



Presiden Nelson i eksplenem: “Enemi i stap dabdabolem ol trachad blong hem blong spolem ol testimoni blong yumi, mo blong stopem wok blong Lod.”¹² Bae yumi tingbaot ol toktok blong Lihac: “Mifala i no lisen long olgeta.”¹³

Nomata yumi no nid blong stap fraet, be yumi mas lukaot gud. Samtaem, ol smol samting oli save mekem yumi nomo gat balens long saed blong spirit. Plis. No letem ol kwestin, ol swea blong ol narawan, ol fren we oli nomo gat fet, o ol mistek o ol harem nogud oli tanem yu blong lukluk longwe long swit, klin blesing we i stretem sol, we i kam long gudfala frut blong tri ia. Kipim ae mo hat blong yu oltaem i stap long Sevy, Jisas Kraes, mo glad ia we i no save finis we i kam tru long Hem nomo.

Fet blong Jason Hall

Long Jun, waef blong mi, Kathy mo mi i go long fenerol blong Jason Hall. Long taem we bae hem i ded, hem i 48 yia, mo i stap olsem wan presiden blong kworom blong ol elda.

Hemia ol toktok blong Jason abaot wan taem we i bin jenisim laef blong hem:

“Taem mi gat 15 yia, mi kasem aksiden taem mi bin daeva. . . . Mi brekem nek blong mo mi paralas stat long jes i go daon. Mi lusum kontrol fulwan blong leg mo sam kontrol blong ol han. Mi nomo save wokbaot, stanap, . . . o fidim miwan. Mi no save pulum gud win o toktok.”¹⁴

Mi plis: “Dia Papa we i stap long Heven, sapos mi save gat han blong mi nomo, bae mi oraet. Plis Papa, plis. . . .

“Yu tekem leg blong mi, Papa; mi jes prea blong mi save yusum han blong mi.”¹⁵

Jason i neva save yusum ol han blong hem bakegen. ?Yu yu save harem ol voes we oli kam long bigfala biding ia? “Jason Hall, !God i no stap harem prea blong yu! Sapos God i wan God blong lav, ?Hao nao bae i lego yu olsem? ?From wanem yumi mas gat fet long Kraes?” Jason Hall i bin harem ol voes ia be i no lisen long olgeta. Be hem i bin lafet long frut blong tri ia. Fet blong hem long Jisas Kraes, i nomo muvmuv. Hem i graduet long yunivesiti, mo i maredem Kolette Coleman long tempol, mo i talem se hemia lav blong laef blong hem.¹⁶ Afta long 16 yia blong mared, wan nara merikel, gudfala boe blong tufala, Coleman, i bon.

?Olsem wanem oli bin mekem fet i groap? Kolette i eksplenem: “Mifala i trastem plan blong God. Mo i givim

hop long mifala. Mifala i bin save se Jason, bae i oraet wan dei mo i kam gud evriwan. Mifala i bin save se God i givim wan Sevy, Jisas Kraes, we sakrifas blong hem we i pem praes, i mekem se yumi save luk fored taem yumi wantem blong givap.”¹⁷

Taem hem i toktok long fenerol blong Jason, Coleman we i gat 10 yia i talem se papa blong hem i tijim hem “se Papa long Heven i gat wan plan blong mifala, se laef long wol bae i gud tumas, mo mifala i laef insaed ol famli. . . . Be, bae mifala i go tru long sam had samting, mo bae mifala i mekem ol mistek.”

Coleman i gohed: “Papa long Heven i bin sendem Pikinini blong Hem, Jisas Kraes, blong kam long wol ia. Wok blong hem i blong hem i mas stret evriwan. Blong hilim ol man. Blong lavem olgeta. Mo afta, blong safa from evri sobodi, harem nogud, mo sin. Afta, Hem i bin ded from yumi.” Be Coleman i ademap: “From Hem i mekem hemia, Jisas i save olsem wanem mi filim naoia.”



Jason, Coleman, mo Kolette Hall

“Tri dei afta Jisas i ded, Hem i kam laef bakegen wetem wan bodi we i stret evriwan. Hemia i impoten long mi from mi save se bodi blong papa blong mi bae i stret evriwan, mo bae mifala i stap tugeta olsem wan famli.”

Coleman i endem: “Evri naet, taem mi smol bebi i kam,” Coleman i talem, “papa i talem long mi: ‘Papa i lavem yu, Papa long Heven i lavem yu, mo yu yu wan gud boe.’”¹⁸

Glad I Kam, From Jisas Kraes

Presiden Russell M. Nelson i tok-baot from wanem Hall famli i gat glad mo hop. Hem i talem:

Hem i talem: “Glad we yumi filim i no from situesen blong laef blong yumi, be hem i from samting we yumi lukluk faswan long laef blong yumi.

“Taem we, long laef blong yumi, yumi stap lukluk nomo long plan blong God blong fasin blong sevem man, mo Jisas Kraes mo gospel blong Hem, yumi save filim glad nomata wantem i stap hapen—o i no stap hapen—long laef blong yumi. Glad i kam long Hem mo from Hem. Hem i stamba blong evri glad. . . .

“Sapos yumi lukluk long wol ia, . . . bae yumi neva save wanem i glad. . . . [Glad] hem i presen we i kam taem wan i wantem mo minim blong traem laef long wan stret mo gud laef, olsem we Jisas Kraes i tijim.”¹⁹

Wan Promes Taem Yu Gobak

Sapos yu no kakae frut blong tri ia blong sam taem, plis save se ol han blong Sevyia oli open oltaem long yu. Wetem lav, Hem i singaot: “sakem sin mo kam long mi.”²⁰ Frut blong hem i plante i stap mo tri i karem frut oltaem. Oli no save pem wetem mane, mo i blong evriwan we i rili ones blong wantem frut ia.²¹

Long eniwan we i wantem blong kambak long tri ia mo testem frut ia

bakegen, stat blong prea long Papa long Heven. Biliv long Jisas Kraes mo paoa blong sakrifaes we i pem praes from sin. Mi promesem yufala se, taem yufala i luk long Sevyia, “long evri tingting,”²² frut blong tri ia bae i blong yu, i gat gud tes, i mekem sol i glad, i “presen we i hae moa long evri presen blong God.”²³

Tri wik i pas tedei, mi bin luk glad blong frut blong Sevyia i kamaot, taem we Kathy mo mi, mitufala i go long dedikesen blong Lisbon Potugal Tempol. Ol trutok blong gospel we i kambak oli open long Potugal long 1975 taem we oli kasem fridom blong relijin. I gat plante gudfala Sent ia we oli testem frut faswan taem i no gat kongregesen, i no gat japel, mo tempol we i kolosap moa bitim 1600 kilometa, naoia oli stap glad from se oli save faenem gudfala frut blong tri ia i plante we i plante insaed long haos blong Lod long Lisbon, Potugal. Mi givim ona mo respektem ol Lata-dei Sent ia we oli kipim hat blong olgeta i stap nomo long Sevyia.

Sevyia i talem: “Man we i joen gud long mi, mo mi . . . long hem, bambae hem i save karem plante frut long laef blong hem. Be sapos [no], yufala i no save mekem wan samting nating.”²⁴

Taem hem i stap toktok long moning ia long ol memba blong Jos raon long wol, Presiden Nelson i talem: “Ol dia brata mo sista blong mi. Yufala i ol laef eksampol blong ol frut we oli kam taem wan i stap folem ol tijing blong Jisas Kraes.” Afta, hem i ademap: “Mi talem tangkyu! Mi lavem yufala!”²⁵

Mifala i lavem yu, Presiden Nelson.

Mi mi wan ae witnes long paoa blong revelesen we i stap long dia Presiden. Hem i profet blong God. Olsem Lihae bifo, Presiden Russell M. Nelson i singaotem yumi, mo evri famli blong God, blong kam mo tekem mo kaekae frut blong tri ia. Bae yumi gat tingting i



stap daon mo paoa blong folem advaes blong hem.

Wetem tingting i stap daon mi mi wan witnes, se Jisas Kraes i Pikinini blong God. Lav, paoa mo gladhat blong Hem oli mekem evri samting we oli gud, i stap olwe. Mi testifae long hemia, long nem blong Jisas Kraes, amen. ■

OL NOT

1. Matiu 7:16.
2. Matiu 7:17.
3. Jon 4:36.
4. Eli long Jenuware 2007, taem hem i bin stap rere long wan toktok blong wan divosen blong Brigham Yang yunivesiti olsem wan memba blong Presiden blong Olgeta Seventi, we bae mi givim long namba 4 Maj 2007, mi bin askem Elda Deved A, Bednar se hem i stap rere wanem blong toktok blong hem blong namba 4 Febwari 2007, long fored blong semfala kongregesen nomo. Mi stop smol taem hem i talem long mi se toktok blong hem i abaot fasin blong hang strong long aean rel ia. Hemia i stret taetol we mi bin jusum blong toktok blong mi. Afta we mitufala i serserem toktok blong mitufala, mitufala i bin luksave se mitufala i lukluk samting long defren wei. Toktok blong hem, we taetol blong hem i “Wan Bigfala Wel blong Wota Ia we I Laef,” i tokbaot bigwan aean rel ia, o tok blong God, se i kavremap ol skripja. Long toktok blong hem, hem i stap askem: “Yu mo mi, i rili ridim, stadi, mo luklukgud insaed long ol skripja evri dei, long wan wei we i mekem yumi save hang strong long aean rel ia?” (speeches.byu.edu).

Afta, jes wan wik afta long storian blong mi wetem Elda Bednar, Presiden Boyd K. Packer i bin givim wan BYY divosen toktok



we taetol blong hem i “Drim blong Lihae mo Yu.” Presiden Packer i tokbaot bigwan se aean rel ia, i pesonol revelesen mo insperesen we i kam long yumi tru long Tabu Spirit. Hem i talem: “Sapos yu hang long rel ia, yu save *filim* rod blong yu i stap long fored wetem presen we i Tabu Spirit. . . . Holem aean rel, mo yu no lego nating. Tru long paoa blong Tabu Spirit, yu save *filim* save rod blong yu tru long laef ia” (Jan. 16, 2007, speeches.byu.edu).

Topik blong mi, “Hold Fast to the Words of the Prophets,” long Maj 2007, i aean rel ia we i stap ripresentem ol toktok blong ol profet we oli stap laef (Mar. 4, 2007, speeches.byu.edu).

Wanem i joenem ol trifala toktok ia, oli no hapen blong nating. Han blong Lod i bin wok taem we, ol trifala toktok ia, oli bin rere olgeta blong ol semfala grup blong pipol oli harem; oli soemaot trifala saed blong aean rel ia, o toktok blong God: (1) ol skripja, o ol toktok blong ol profet bifo; (2) ol toktok blong ol profet we oli stap laef; mo (3) paoa blong Tabu Spirit. Long mi, hemia i bin wan impoten eksperiens blong lanem samting.

5. Luk long 1 Nifae 8:4–12.
6. 1 Nifae 11:25.
7. Jon 3:16.
8. Luk long David A. Bednar, “Lehi’s Dream: Holding Fast to the Rod,” *Liahona*, Oct. 2011, 32–37.
9. 1 Nifae 11:23.
10. Fas Nifae 8:28.
11. Luk long Boyd K. Packer, “Lehi’s Dream and You” (Brigham Young University devotional, Jan. 16, 2007), speeches.byu.edu.
12. Russell M. Nelson, “Yumi Save Mekem Gud Moa mo Stap Gud Moa,” *Liahona*, Mei 2019, 69.
13. 1 Nifae 8:33.
14. Stephen Jason Hall, “The Gift of Home,” *New Era*, Dec. 1994, 12.
15. Stephen Jason Hall, “Helping Hands,” *New Era*, Oct. 1995, 46, 47.
16. Praevet leta i go long Elda Andersen we i kam long Kolette Hall.
17. Praevet leta i go long Elda Andersen we i kam long Kolette Hall.
18. Toktok blong fenerol we i kam long Coleman Hall, we Elda Andersen i serem tru long Kolette Hall.
19. Russell M. Nelson, “Joy and Spiritual Survival,” *Liahona*, Nov. 2016, 82, 84.
20. 3 Nifae 21:6.
21. Luk long 2 Nifae 26:25, 33.
22. Doktrin mo Ol Kavenan 6:36.
23. 1 Nifae 15:36.
24. Jon 15:5.
25. Russell M. Nelson, “Seken Hae Komanmen,” *Liahona*, Nov 2019, 96.

Las Toktok

Blong wanwan i stap klin inaf, i nidim blong wan i jenisim maen mo hat fulwan blong kam moa olsem Lod.

Oi brata mo sista we mi lavem. Taem yumi stap kam blong klosem histri konfrens ia, yumi talem tangkyu long Lod from ol mesej blong insperesen mo miusik we i bin leftemap yumi. I tru, yumi bin glad long lafet ia long saed blong spirit.

Yumi save se gospel blong Jisas Kraes bae i tekem hop mo glad i go long ol pipol we bae oli harem mo mekem folem doktrin blong Hem. Yumi save tu se, hom blong wanwan memba bae i wan sef haos blong fet, ples we pis, lav, mo Spirit blong Lod i save stastap long hem.

I tru, hae impoten samting blong Kambak blong gospel blong Jisas Kraes, hem i tabu tempol. Ol tabu odi-nens mo kavenan blong tempol oli plei bigfala pat blong mekem wan pipol i rere blong welkamem Sevyia long Seken Kaming blong Hem. Naoia i stap, yumi gat 166 tempol we i open, mo oli stap bildim moa yet.

Bae oli holem wan open haos bifo oli dediketem wanwan long ol niu tempol ia bakegen. Plante fren we oli no fet blong yumi, bae oli tekpat long ol tua ia insaed long ol tempol ia, mo bae oli lanem wan samting abaot ol blesing blong tempol. Mo sam long ol visita ia, bae oli wantem tumas blong save moa. Sam, bae oli gat

tru tingting mo askem hao oli kwalifae from ol blesing blong tempol.

Olsem ol memba blong Jos, yumi nid blong yumi mas rere blong ansarem ol kwestin blong olgeta. Yumi save eksplenem se ol blesing blong tempol oli



stap long eniwan mo evri pipol we bae oli mekem olgeta oli rere. Be bifo oli save go insaed long wan tempol we oli dediketem, oli nid blong kwalifae. Lod i wantem evriwan long ol pikinini blong Hem blong gat pat long ol blesing we oli no save finis we oli stap insaed long tempol blong Hem. Hem i bin talem finis wanem wanwan man o woman i mas mekem blong kwalifae blong go insaed long tabu haos blong Hem.

Wan gud ples blong statem wan janis olsem blong tij, hem i blong lukluk gud long ol toktok we oli raetem long ol wol aotsaed long tempol: "I Tabu I blong Hae God: Haos blong Lod." Mesej blong Presiden Eyring tedei, mo blong plante narawan, oli bin givim yumi insperesen blong kam moa tabu. Wanwan tempol i wan tabu ples; wanwan we i go long tempol i trachad blong kam moa tabu.

Evri samting we yu mas mekem blong go insaed long tempol, hem i abaot tabu fasin blong yuwan. Blong skelem hamas wan i rere o no, wanwan we i wantem glad long ol blesing blong tempol, bae i gotru long ol intaviu: fasan, wetem bisop, bisoprik kaonsela, o branj presiden; sekenwan, wetem stek o misin presiden, o wan kaonsela blong hem. Long ol intaviu ia, bae oli askem samfala kwestin.

Sam long ol kwestin ia, oli jes jenisim smol blong i klia moa. Mi wantem lukluk long olgeta wetem yufala naolia:

1. ?Yu yu gat fet long, mo yu yu gat wan testemoni abaot God, Papa we I No Save Finis; abaot Pikinini blong Hem, Jisas Kraes; mo abaot Tabu Spirit?
2. ?Yu yu gat wan testemoni abaot Atonmen blong Jisas Kraes mo wok blong Hem olsem Sevy mo Ridima?
3. ?Yu yu gat wan testemoni long saed blong Kambak blong gospel blong Jisas Kraes?



4. ?Yu yu sastenem Presiden blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent olsem profet, sia mo reveleta, mo olsem wan man ia nomo long wol ia we i gat atoriti mo i gat ract blong yusum evri prishud ki?

?Yu yu sastenem ol memba blong Fas Presidensi mo Kworom blong Olgeta Twelef Aposol olsem ol profet, sia, mo reveleta?

5. Lod i bin talem se evri samting, oli mas mekem "long klin fasin" long fored blong Hem (Doktrin mo Ol Kavenan 42:41).

?Yu yu trachad blong stap laef long klin fasin long ol tingting mo long ol aksen blong yu?

?Yu yu stap obei long loa blong jastiti?

6. ?Yu yu stap folem ol tijing blong Jos Ia blong Jisas Kraes long ol praevet mo pablik aksen blong yu wetem ol memba blong famli blong yu, mo wetem ol nara man?
7. ?Yu yu stap sapotem o promotem eni tijing, praktis, o doktrin we i agensem hemia blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent?
8. ?Yu yu stap trachad blong kipim Sabat dei i tabu, tugeta long hom mo long jos; yu stap go long ol miting blong yu; yu stap rere blong, mo yu stap klin inaf blong tekem mo kakae sakramen? ?Yu yu stap laef i stret wetem ol loa mo ol komanmen blong gospel?
9. ?Yu yu stap trachad blong stap ones long evri samting we yu stap mekem?

10. ?Yu yu stap pem ful taeting?

11. ?Yu yu stap andastanem mo stap obei long Tok blong Waes?

12. Yu yu gat sam mane o sam narafala samting we yu mas pem i go long hasban/waef blong yu blong fastaem, o yu yu gat eni mane blong pem long saed blong ol pikinini blong yu?

Sapos yes, yu yu stap pem gud ol mane ia, o yu yu stap mekem ol samting we yu mas mekem long olgeta?

13. ?Yu yu stap kipim ol kavenan we yu bin mekem insaed long tempol, olsem blong stap werem gamen blong tempol olsem we oli givim instraksen long yu long endaomen?
14. ?I gat eni series sin, o nogud fasin insaed long laef blong yu we yu nidim blong stretem wetem ol prishud atoriti olsem pat blong yu blong sakem sin?
15. ?Yu yu ting se yu yu klin inaf blong go insaed long haos blong Lod mo tekempat long ol odinens blong tempol?

Tumoro, bae oli serem ol niu kwestin blong tempol rekomen ia long ol lida blong Jos raon long wol.

Antap long fasin blong ansarem ol kwestin ia long ones fasin, andastaning i stap se wanwan adalt we i go long tempol, bae i werem tabu gamen ia blong prishud andanit long nomol klos blong olgeta. Hemia i wan saen blong wan komitmen we oli mekem insaed long olgeta, blong trachad evri dei blong kam moa olsem Lod. Hem i stap rimaenem yumi blong gohed blong stap fetful long ol kavenan we yumi stap mekem evri dei,

mo blong wokbaot long kavenan rod ia, evri dei, long wan moa hae mo tabu wei.

Bae mi tekem smol taem blong toktok long ol yut blong yumi. Mifala i leftemap tingting blong yufala blong kwalifae from wan limit yus tempol rekomen. Bae oli askem nomo ol kwestin ia taem yu stap rere blong tekpat long ol odinens blong proksi baptaes mo proksi konfemesen. Mifala i talem tangkyu tumas from yufala i stap klin inaf mo yufala i glad blong tekpat long tabu tempol wok ia. !Mifala i talem tangkyu!

Blong stap klin inaf blong go insaed long kaos blong Lod i askem blong yu rere plante long saed blong spirit. Be wetem help blong Lod, evri samting i posibol. Long sam wei, hem i moa isi blong bildim wan tempol bitim blong bildimap wan pipol we i rere blong go long tempol. Blong wanwan i stap klin inaf, i nidim blong wan i jenisim fulwan maen mo hat blong kam moa olsem Lod, blong i stap olsem wan ones sitisen, blong i stap olsem wan moa gud eksampol, mo i wan moa tabu man o woman.

Mi testifae se wok ia blong stap rere, i tekem plante blesing we yu no save kaontem long laef ia, mo ol blesing we yu no stap ting long hem long laef we bae i kam, mo wan i blong famli blong yu i gohed truaot long fultaem we i no save finis “long wan ples blong hapi we i neva gat en.”¹

Naoia, mi wantem tokbaot wan nara topik—ol plan blong yia we i stap kam. Long springtaem blong yia 2020, bae i 200 yia stret stat long taem we Josef Smit i bin gat taem we God i kamaot long hem, we yumi save olsem Fas Visen. God Papa mo Pikinini blong Hem we Hem i Lavem Tumas, Jisas Kraes, Tufala i bin kamaot long Josef, wan yut blong 14 yia. Taem ia i makem stat blong Restoresen blong gospel blong Jisas Kraes, fulwan, stret olsem we Tabu Baebol i tokbaot.²

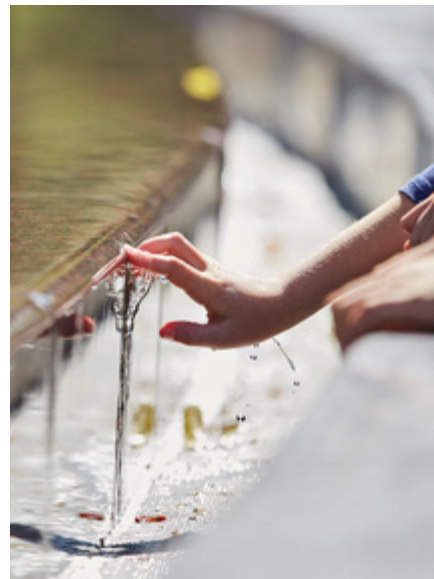
Afta long hemia, i bin gat sam nara-fala visit blong ol mesenja blong heven, olsem Moronae, Jon Baptaes, mo ol fas Aposol, Pita, Jemes mo Jon. Ol nara-wan oli kam afta, olsem Moses, Elaeas, mo Elaeja. Wanwan i tekem wan tabu atoriti i kam blong blesem ol pikinini blong God long wol ia, bakegen.

Olsem wan merikel, yumi bin kasem tu, Buk blong Momon: Wan Narafala Testeman blong Jisas Kraes, wan kampani skripja wetem Tabu Baebol. Ol revelesen ia, we oli pablisim insaed long Doktrin mo Ol Kavenan mo Perel we I Gat Bigfala Praes, oli mekem andastaning blong yumi i kam rij abaot ol komanmen blong God mo trutok we i no save finis.

Oli ki mo ol ofis blong prishud, oli bin putumbak, olsem ol ofis blong Aposol, Seventi, petriak, hae pris, elda, bisop, pris, tija mo dikon. Mo ol woman we oli lavem Lod, oli givim seves strong insaed long Rilif Sosaeti, Praemeri, Yang Woman, Sandei Skul, mo ol nara koling blong Jos—evriwan ia, oli ol stamba pat blong Restoresen blong gospel blong Jisas Kraes, we i fulwan.

Olsem ia nao, yia 2020 bae i stap olsem 200 yia. Jeneral Konfrens, long nekis Epril, bae i defren long eni konfrens bifo. Long ol nekis sikis manis, mi hop se evri memba mo evri famli bae i rere from wan spesel konfrens ia we bae i stap blong tingting long ol stamba fandesen blong gospel ia we i kambak.

Bae yufala i save stat blong rere taem yufala i ridim fulwan bakegen, stori blong Josef Smit abaot Fas Visen olsem we oli raetem insaed long Perel we I Gat Bigfala Praes. Stadi kos blong yumi, nekis yia, long *Kam Folem Mi*, i Buk blong Momon. Bae yufala i wantem blong tingting hevi long ol impoten kwestin ia olsem: “?Bae laef blong mi i defren long wanem wei sapos, save ia we i kamaot long Buk blong Momon, bae



oli tekemaot long mi?” o “Olsem wanem nao ol samting we oli hapen afta long Fas Visen oli mekem samting i defren long laef blong mi mo olgeta we mi lavem olgeta?” Mo tu, wetem ol vidio blong Buk blong Momon we oli stap naoia, bae yufala i wantem yusum olgeta long stadi blong yufalawan o wetem famli.

Jusum ol kwestin blong yuwan. Raetem plan blong yuwan. Draonem yuwan insaed long glori laet ia blong Restoresen. Taem yu stap mekem olsem, jeneral konfrens nekis Epril, bae i no jes wan gud taem, be bae yu neva fogetem.

Blong endem, mi livim wetem yufala lav mo blesing blong mi, se wanwan long yufala bae i moa hapi mo moa tabu long evri dei we bae i pas. Be, mi save talem stret long yufala se revelesen i gohed insaed long Jos mo bambae i gohed anda long daereksen blong Lod kasem taem we “ol stamba tingting blong God oli kamtru, mo Hae Jehova bae i talem se wok i finis.”³

Mi blesem yufala, mo talem tru se mi lavem yufala, mo testifae long yufala se !God i stap laef! !Jisas Hem I Kraes! Hemia Jos blong Hem, mo yumi ol pipol blong Hem. Long tabu nem blong Jisas Kraes, amen. ■

OL NOT

1. Mosaea 2:41.
2. Luk long Aesae 2:2; 29; Esikel 37:15–20, 26–28; Daniel 2:44; Amos 3:7; Ol Wok 3:21; Efesas 1:10; Revelesen 14:6.
3. *Teachings of Presidents of the Church: Joseph Smith* (2007), 142.

Ol Niu Rekomen Kwestin mo Ol Nara Tempol Nius

Ol niufala kwestin blong tempol rekomen intaviu, Presiden Russel M. Nelson nao i bin presentem long taem blong Oktoba 2019 Jeneral Konfrens (luk long pej 121). Ol standet blong tempol oli stap semmak, be sam long ol kwestin ia, oli jenisim toktok blong hem blong i kam klia moa. Ol stret lida blong Jos oli kasem finis wan leta blong Fas Presidensi we deit blong hem i 6 Oktoba 2019, we i tekem ol niufala kwestin ia.

Presiden Nelson i anaonsem tu ol plan blong gat eit niu tempol (luk long pej 79). Ol niu tempol ia bae oli stap long Fritaon, Siera Leone, Port Moresbi, Papua Niu Gini; Bentonvil, Akansas, YSA; Bakolod, Filipin; MakAlen, Teksas, YSA; Koban, Gwatemala; mo Orem mo Telasvil, Yuta, YSA.

Afta long Epril 2019 Jeneral Konfrens, oli bin dediketem long Kinsasa, Dimokratik Ripablik blong Kongo; Lisbon, Potugal, Poto Prins, Haiti; mo

Fotalesa, Brasil; mo oli bin dediketem bakegen tempol long Oklan, Kalifonia, YSA; Memfis, Tenesi, YSA; Frankfet, Jemani; Oklahoma Siti, Oklahoma, YSA; mo Raleit, Not Kalifonia, YSA.

Oli brekem graon blong ol tempol long Yigo, Guam; Praya, Kabo Verde; San Ruan, Pueto Riko; Lima, Peru (Los Olivos); mo Belem, Brasil, mo ol ples we oli bin jusum blong ol tempol long Oklan, Niu Silan, mo Leiton mo Saratoga Spring, Yuta, YSA.

Oli mekem i kam pablik ol plan blong mekem gud Sol Lek Tempol, we bae i klos long Disemba mo bae i open bakegen long 2024, mo Sent Joj Yuta Tempol, we bae i klos long Novemba 2019 mo bae i open bakegen long 2022. ■

Blong gat moa abaot ol tempol, go long temples.ChurchofJesusChrist.org.

Jos I Stretem Polisi long saed blong Fasin blong Witnesem Ol Odirins

Long wan jeneral konfrens lidasip miting, taem ia we ol Jeneral Ato-riti mo Ol Jeneral Ofisa blong Jos oli stap kasem ol instraksen we oli kam long Fas Presidensi, Presiden Russel M. Nelson i bin anaonsem ol niu jenis long polisi blong Jos long saed blong olgeta we oli save stap olsem ol witnes long ol baptaes mo ol siling.

Wan leta blong Fas Presidensi, we deit blong hem i 2 Oktoba 2019, i putum ditel blong ol niu jenis ia:

“Olsem we ol prisaeiding atoriti oli invaetem olgeta:

1. “Eni memba we i holem wan tempol rekomen we i laef, mo tu, wan limit yus rekomen, i save stap olsem wan witnes long wan proksi baptaes.
2. “Eni memba we i endao wetem wan tempol rekomen we i laef, i save stap olsem wan witnes blong siling blong wan we i laef, o wan proksi siling.
3. “Eni memba blong Jos we i baptaes, mo hemia i tekem tu ol pikinini mo ol yut, oli save stap olsem wan witnes blong baptaes blong wan we i laef i stap.” ■



Stat long lef: Fotalesa Brasil Tempol, Lisbon Potugal Tempol, Kinsasa Dimokratik Ripablik blong Kongo Tempol, mo Poto Prins Haiti Tempol

Ol Lida Oli Presentem Niufala Wok blong Ol Pikinini mo Ol Yut

Ol Pikinini mo Ol Yut, bae oli stat wok long hem long Jenuware 2020 blong helpem ol yang pipol blong folem Sevyta taem oli stap gro long saed blong spirit, long saed blong sosol laef, long saed blong bodi, mo long saed blong waes. Blong ridim ol toktok insaed long magasin ia we oli tokbaot Ol Pikinini mo Ol Yut, luk long ol pej 40 mo 53.

“Taem i kam blong yumi folem wan niu rod, we oli mekem i stap blong helpem ol pikinini mo ol yut blong tedei, raon long wol,” Presiden Russell M. Nelson i talem long wan spesel brodkas long 29 Septemba 2019.

Hem i talem long ol pikinini mo ol yut: “Bae yufala i nomo gat plante spesifik wok blong mekem, be mifala i stap invaetem yufala blong kaonsel wetem Lod abaot wei we yu save groap long wan wei we i gat balens. Bae i givim yufala fulap gud samting, mo bae yufala i gat gudtaem; be tu, bae i nidim sam hadwok we i kam long yufala. Bae yu nidim blong lukaotem revelesen blong yuwan. Bae yu nid blong jusum, blong yuwan, wei blong tekem aksen long revelesen ia. Samtaem, bae Spirit i pusum yu blong mekem ol samting we oli had. Mi ting se yu yu naf blong tekem jalenj ia. Yu save mekem ol samting we oli had.”

Presiden Nelson i talem tu se ol papa mo mama oli gat wan stamba rol blong mas mekem. “Plis. Bildim ol strong rilesensip wetem ol pikinini mo ol yut blong yufala,” hem i talem. “Ol lida long Jos oli save help, be olgeta ia, oli ol pikinini blong yufala. I no gat wan i save gat paoa blong lidim tingting blong olgeta blong oli save win long laef, bitim yufala. Givim lav long olgeta, leftemap tingting blong olgeta,

mo givim advaes, be no foldaon long temtesen ia blong tekova long olgeta. Bae oli mekem bes taem we bae oli praktisim fridom blong olgeta blong mekem joes.

“Advaes ia tu i blong ol gudfala lida mo tija blong ol pikinini mo ol yut blong yumi,” Presiden Nelson i gohed. “Yumi nidim blong letem ol yang pipol oli lidim rod, speseli olgeta ia we oli bin singaotem mo setem olgeta apat blong oli givim seves long ol klas mo kworom presidensi. Oli bin givim prishud atoriti ia long olgeta. Bae oli lanem olsem wanem blong kasem insperesen blong lidim ol klas o kworom blong olgeta.”

Long semfala presentesen ia, Presiden M. Russell Ballard, Akting Presiden blong Kworom blong Olgeta Twelef Aposol, i presentesen visen biae long Ol Pikinini mo Ol Yut: “Blong mekem jeneresen we i stap kam antap i kam strong moa long fet blong olgeta long Jisas Kraes, mo blong oli helpem ol pikinini, ol yut, mo famli blong olgeta, blong oli progres folem rod ia blong kavenan taem oli stap fesem ol jalenj blong laef.¹ Hem i talem: “Blong stap helpem ol pikinini mo ol yut blong oli kasem wan testimoni abaot Jisas Kraes, bae i blesem olgeta mo yumi evriwan, long ful laef blong yumi.”



Afta we ol yut we oli tekpat long brodkas ia oli kam tugeta long wan aktiviti we i soem olsem wanem blong yusum *Presentesen Gaed blong Ol Pikinini mo Ol Yut*, Presiden Ballard i talem: “Hemia i jes stat nomo. Tedei, yumi jes stat wetem aktiviti ia. Hemia i wan samting we bae i gogohed insaed long ol famli blong yufala, mo taem bae yufala i stap wok tugeta. Mifala i stap invaetem yufala tu blong gogohed long aktiviti ia. . . . Papa mo mama. Plis yufala i gohed long hemia long hom. Hem i tokbaot bigwan se “hemia i wan program blong hom we i senta mo Jos i sapotem,” mo we, “ol famli oli wok tugeta insaed long program ia. Hemia nao bae i mekem se program ia bae i gud tumas.”

Long plante eria blong wol, ol

papa, mama, mo ol lida oli kasem wan presentesen gaed. Ol nara eria, bae oli transletem Ol Pikinini mo Ol Yut long lanwis blong olgeta samtaem long 2020.

Blong stap lanem gospel, gat seves mo aktiviti, mo blong developem yuwan (wetem wok blong stap setem mo mekem ol gol), bae oli ol ki pat blong program blong Ol Pikinini mo Ol Yut, mo ol yut nao oli mas lid blong mekem ol plan blong hemia. Ol pikinini mo ol yut oli mas lukaotem revelesen blong olgetawan taem oli stap progres folem kavenan rod ia, wetem sapot blong ol famli, ol lida, mo ol narawan. Presiden Ballard i bin poenem se Ol Pikinini mo Ol Yut i wan wok we bae i hapen raon long wol, mo from hemia, oli save stretem folem “ples we yu stap laef long hem, mo folem famli situesen blong yu.”

Bae ol givim sam moa ditel mo risos long Fes tu Fes Brodkas blong ol pikinini mo ol yut long namba 17 Novemba 2019, we bae i soem Elda Gerrit W. Gong blong Kworum blong Olgeta Twelef Aposol. Ol pikinini mo ol yut we oli gat 8 kasem 18 yia long 2020, papa mo mama blong olgeta, Ol Yang Woman lida, ol Aronik Prishud advaesa, mo ol Praemer lida, oli mas kam long brodkas ia. Sendem ol kwestin blong yu abaot Ol Pikinini mo Ol Yut program long Elda Gong long **facetoface.ChurchofJesusChrist.org**. Afta long laef brodkas, we bae oli mekem long 18 lanwis, bae oli putum vidio i stap blong mekem se man i save wajem long Intanet o oli save daonlodem eni taem. ■

Luk long **ChildrenandYouth.ChurchofJesusChrist.org** mo tu, luk long **ChildrenandYouthLeaders.ChurchofJesusChrist.org** blong gat sam moa infomesen, olsem infomesen blong Ol Tru Samting abaot Fes Brodkas.

NOT

1. *Ol Pikinini mo Ol Yut blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent: Wan Presentesen Gaed blong Ol Papa, Ol Mama, mo Ol Lida* (2019), 1.



Ol BYKS Konfrens Oli Mas Sapotem Program blong Ol Pikinini mo Ol Yut

Olsem pat blong ol hadwok blong Jos blong mekem ol program blong hem blong ol pikinini mo ol yut oli wan nomo, stat long 2020, ol stek long Yunaeted Stet mo Kanada bae oli sponsarem ol konfrens Blong Ol Yut Oli Kam Strong (BYKS), evri 2 yia.

Oli bin stap holem ol BYKS konfrens aotsaed long Yunaeted Stet mo Kanada blong moa long ten yia finis, mo bae oli gohed olsem bifo.

Bae i gat sam moa infomesen we bae oli givim long taem blong Fes tu Fes brodkas long 17 Novemba 2019. ■



Ol Jenis long Ol Oganaesesen Oli Lukluk Nomo blong Mekem Ol Yut Oli Kam Strong Moa

Olsem pat blong hadwok blong mekem ol yut blong Jos oli gat moa paoa blong kasem ol tabu paoa we oli save gat, oli bin anaonsem ol jenis ia insaed long ol oganaesesen blong Ol Yang Man mo Ol Yang Woman long Oktoba 2019 Jeneral Konfrens; Presiden Russel M. Nelson nao i mekem ol anaonsmen ia (luk long pej 38) mo Elda Quentin L. Cook blong Kworom blong Olgeta Twelef Aposol (luk long pej 40) mo Sista Bonnie H. Cordon, Yang Woman Jeneral Presiden nao, tufala i eksplenem (luk long pej 67).

Ol jenis ia oli tokbaot bigwan se, “fas mo bigfala responsabiliti blong bisop, i blong kea long ol yang man mo ol yang woman blong wod blong hem,” Presiden Nelson i talem. Wan long ol jenis ia i blong i nomo gat ol presidensi blong Ol Yang Man. Bisoprik, hem i presidensi blong Aronik Prishud insaed long wod, bae i kasem help tru long ol kworom advaesa, mo long sam kes, ol speselis. Presiden blong Ol Yang Woman long wod bae i ripot i go daerek long bisop.

Ol kworom mo ol klas presidensi long wod, bae i lukluk nomo long wok blong fasin blong sevem man, wetem memba misinari wok, holemtaet ol konvet, mekem memba i aktiv, wok blong tempol mo famli histri, mo blong stap tijim gospel. Ol yut kworom mo ol klas presiden oli plan mo lidim ol Sandei miting, ol seves projek, mo ol nara aktiviti.

Ol aktiviti blong ol yut, oli nomo singaotem “Miutuol” be oli save singaotem “Ol Yang Woman aktiviti,”

Ol Aronik Prishud kworom aktiviti,” o “ol yut aktiviti.” Wod Bajet blong ol yut aktiviti, oli mas divaedem bitwin Ol Yang Man mo Ol Yang Woman oganaesesen i ikwol folem namba blong ol yut insaed long wanwan oganaesesen.

Oli luklukbak long stamba toktok blong Ol Yang Woman, mo namba blong ol klas blong Ol Yang Woman bae oli oganaesem folem namba mo ol nid blong ol yang woman. Ol klas ia, oli putum nem ia, “Ol Yang Woman,” folem yia blong olgeta we oli stap long klas, olsem: “Ol Yang Woman 12–14,” o simpol nomo: “Ol Yang Woman” sapos evriwan i mit tugeta. Ol nem ia, “Bihaev,” “Maea Med,” mo “Lorel” bae oli nomo yusum.

Wan memba blong stek hae kaonsel bae i stap olsem stek Yang Man presiden, mo stek Yang Man presidensi bae i mekem wok tu insaed long stek Aronik Prishud–Yang Woman Komiti wetem stek Yang Woman presidensi, hae kaonsela we i wok wetem Ol Yang Woman, mo hae kaonsela we i wok wetem Praemeri.

Long ol nara jenis, Rilif Sosaeti, Ol Yang Woman, Ol Yang Man, Praemeri, mo Sandei Skul, bae oli singaotem olgeta “ol oganaesesen” be i no “ol okse-leri,” mo ol lida, bae oli singaotem olgeta olsem “Ol Jeneral Ofisa” long level blong ful Jos, mo olsem “ol stek ofisa” mo “ol wod ofisa” long lokol level. ■



Fofala Wei blong Rere from Epril 2020

Yia 2020 i makem 200 yia aniveseri blong Fas Visen, we i bin hapen long spring blong yia 1820. Folem hemia, Presiden Russel M. Nelson i bin anaonsem se konfrens we i stap kam long Epril “bae i blong tingbaot ol stret fandesen blong gospel ia we i kambak” (luk long pej 122).

Hem i leftemap tingting blong evri memba mo famli blong rere from “wan spesel konfrens ia nomo,” mo i givim samfala wei blong mekem olsem:

1. Ridim bakegen stori blong Josef Smit abaot Fas Visen.
2. Taem yu kam blong stadi long *Kam Folem Mi* long 2020, tingting hevi long ol kwestin abaot ol save mo blesing we pipol i bin kasem from Buk blong Momon.
3. Tingting blong stap yusum ol niufala vidio blong Buk blong Momon insaed long skripja stadi blong yuwan o wetem famli.
4. Jusum ol kwestin blong yuwan mo raetem plan blong yuwan blong “draonem yuwan insaed long laet blong glori blong Restoresen.”

Presiden Nelson i talem se: “Taem yu stap mekem olsem, jeneral konfrens long nekis Epril, bae i no jes wan gud taem, be bae yu neva fogetem.” ■

Stap Lan Aot long Ol Jeneral Konfrens Mesej



Blong gat moa infomesen abaot ol miting blong kworom blong ol elda, mo ol Rilif Sosaeti, luk long *Hanbuk 2: Lukaotem mo Lidim Jos*, 7.8.1, 9.4.1, ChurchofJesusChrist.org.

Olgeta kwestin ia oli save helpem ol tija taem oli stap mekem plan blong yusum wan mesej blong jeneral konfrens blong tij wetem.

1. ?Wanem nao spika ia i wantem yumi blong andastanem?
?Wanem prinsipol blong gospel nao spika ia i stap tijim?
?Olsem wanem nao hemia i go wetem kworom o Rilif
Sosaeti blong yumi?
2. ?Wanem skripja nao spika ia i stap yusum blong sapotem
mesej blong hem? ?I gat eni nara skripja we yumi save
ridim we i save mekem andastaning, o save blong yumi i
go dip o bigwan moa? (Bae yu save faenem sam insaed
long not long en blong mesej, o insaed long Topik Gaed.)
3. ?Wanem kwestin nao mi save askem we bae i save hel-
pem ol memba blong tingting hevi moa long mesej ia?
?Wanem kwestin nao bae i helpem olgeta blong luk olsem
wanem mesej ia i stret long laef blong olgeta, insaed long
famli blong olgeta, mo insaed long wok blong Lod?
4. ?Wanem moa bae mi save mekem blong invaetem Spirit
i kam insaed long ol miting blong yumi? ?Wanem nao mi
save yusum blong mekem toktok insaed long klas i kam
antap moa, olsem ol stori, ol analoji, ol miusik mo pikja?
?Wanem nao spika i yusum?
5. ?Spika i givim eni invitesen blong yumi mekem? ?Olsem
wanem nao bae mi helpem ol memba blong filim se oli
wantem blong tekem aksen folem ol invitesen ia?

[illegible]

Sam Aktiviti Aedia

I gat fulap wei blong helpem ol memba blong oli lanem samting aot long ol mesej blong jeneral konfrens. Hemia samfala eksampol; maet yu gat sam nara aedia we bae i wok gud moa long kworom o Rilif Sosaeti blong yu.



- ***Mekem ol grup mo toktok raon.***

Serem ol memba oli go long ol grup, mo givim wan-wan defren pat blong mesej blong konfrens blong oli ridim mo toktok raon long hem. Afta, askem wanwan grup blong serem wan trutok we oli bin lanem. O yu save mekem ol grup wetem ol pipol we oli bin stadi long ol defren seksen, mo letem olgeta oli serem wanem oli bin lanem wetem ol narawan.

- ***Ansarem ol kwestin.***

Invaetem ol memba blong ansarem ol kwestin olsem olgeta kwestin ia abaot mesej blong konfrens: ?Wanem trutok blong gospel nao yumi faenem insaed long mesej ia? ?Olsem wanem nao yumi save praktisim ol trutok ia? ?Wanem invitesen nao, mo wanem blesing nao oli promesem? ?Wanem nao mesej ia i stap tijim yumi abaot wok we God i wantem yumi blong mekem?

- ***Serem sam toktok blong konfrens.***

Invaetem ol memba blong oli serem ol toktok we oli bin kamaot long ol mesej blong konfrens we i bin givim insperesen long olgeta blong mekem ol responsabiliti blong olgeta insaed long wok ia blong fasin blong sevem man. Leftemap tingting blong olgeta blong tingting long hao nao oli save serem ol toktok ia blong blesem wan, we i tekem tu olgeta we oli lavem olgeta, mo ol pipol we oli stap givhan long olgeta.

- ***Serem wan lesen we oli yusum samting long hem.***

Longtaem bifo klas, invaetem samfala memba blong oli tekem sam samting long hom we oli save yusum blong tij abaot mesej blong konfrens. Long taem blong miting ia, askem ol memba blong eksplenem hao nao ol samting ia i go wetem mesej ia.

- ***Stap rere wan lesen blong tij long hom.***

Askem ol memba blong wok tutu blong mekem plan blong wan famli haos naet folem wan mesej blong konfrens. ?Olsem wanem nao yumi mekem mesej ia i kamaot klia long famli blong yumi? ?Olsem wanem yumi save serem mesej ia wetem ol pipol we yumi stap givhan long olgeta?

- ***Serem sam eksperiens.***

Ridim tugeta samfala toktok we i kamaot long mesej blong konfrens. Askem ol memba blong serem ol eksampol we oli kamaot long ol skripja, mo long laef blong olgeta, we i soem gud, o i sapotem strong doktrin ia we oli tijim insaed long ol toktok ia.

- ***Lanem samting abaot wan skripja.***

Invaetem ol memba blong ridim wan skripja we oli putum refrens blong hem insaed long wan mesej blong konfrens. Askem olgeta blong toktok raon long hao ol tijing insaed long mesej ia i helpem olgeta blong andastanem skripja i gud moa.

- ***Faenem wan ansa.***

Bifo taem, krietem sam kwestin we oli save ansa wetem mesej blong konfrens. Lukluk moa long ol kwestin we i mekem memba blong klas i tingting dip moa o i praktisim moa ol prinsipol blong gospel (luk long *Teaching in the Savior's Way*, 31–32). Afta, letem ol memba blong oli jusum wan kwestin mo faenem ol ansa insaed long mesej. Invaetem olgeta blong toktok raon long ol ansa blong olgeta long ol smol grup.

- ***Faenem wan sentens.***

Invaetem ol memba blong luklukgud insaed long mesej blong konfrens blong lukaotem ol sentens o toktok we oli gat mining long olgeta. Askem olgeta blong serem ol sentens ia, mo wanem oli lanem aot long olgeta. ?Olsem wanem nao ol tijing ia oli helpem yumi blong mekem wok blong Lod?

- ***Krietem wan samting.***

Invaetem ol memba blong mekem wan posta, o wan bukmak we oli raetem sot insperesen toktok ia we i kamaot long mesej blong konfrens. Givim janis long olgeta blong oli serem wanem oli bin mekem. ■



*Kraes long rod blong Jerusalem,
i kam long Michael Coleman*

*Rij samting we i stap olsem hat blong king blong Kambak ia blong gospel blong Jisas Kraes, hem i tabu
tempol. Ol tabu odinens mo kavenan blong tempol oli plei bigfala pat blong mekem wan pipol i rere blong
welkamem Serya long Seken Kaming blong Hem. . . .*

“ . . . Wanwan tempol i wan tabu ples; wanwan we i go long tempol i trahad blong kam moa tabu.”

Presiden Russell M. Nelson, “Las Toktok,” 120, 121.



“Yia 2020 bae i stap olsem 200 yia. Jeneral Konfrens blong nekis Epril bae i defren long eni konfrens bifo,” Presiden Russel M. Nelson i talem long en blong namba 189 Medel Yia Jeneral Konfrens blong Jos. “Long ol nekis sikis manis, mi hop se evri memba mo evri famli bae i rere from wan spesel konfrens ia we bae i stap blong tingbaot ol stamba fandesen blong gospel ia we i bin kambak. . . .”

“ . . . Taem yu stap mekem olsem, jeneral konfrens, long nekis Epril, bae i no jes wan gud taem, be bae yu neva fogetem.”

Blong gat sam aedia long olsem wanem
blong rere from Epril 2020 Jeneral Konfrens,
luk long ol pej 122 mo 126.