



What builds a strong foundation?

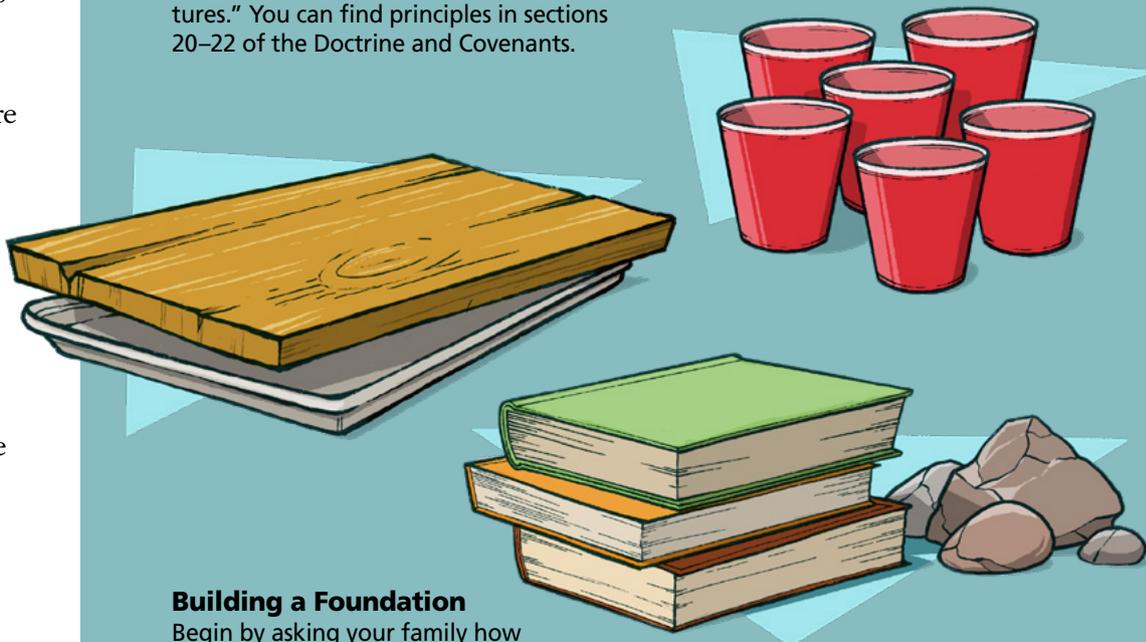
Joseph Smith was “inspired [by] the Holy Ghost to lay the foundation” for the Savior’s restored Church (Doctrine and Covenants 21:2). Through him, correct doctrines and priesthood authority were restored. This created a solid foundation for the reorganization of the Church in April 1830.

This object lesson will illustrate the importance of having a strong foundation for the Church.

Preparation

You will need:

- At least six plastic or paper cups
 - A flat surface (for example, a piece of cardboard, baking sheet, or wooden board)
 - Multiple heavy objects, such as books or rocks
- On each cup, write a principle that helped build the foundation of the Church, such as “priesthood” or “scriptures.” You can find principles in sections 20–22 of the Doctrine and Covenants.



Building a Foundation

Begin by asking your family how much weight they think a single cup can support. What about multiple cups?

Place the cups face down on the ground or a table. Arrange them in two lines, with three cups in each line. Place the flat surface on the cups and begin placing the heavy objects on top. How much can it hold?



DISCUSSION

What does this object lesson teach you about the structure of the Church? Read Doctrine and Covenants 21:1–6 and discuss your answers as a family.