

# Sacrament and Music

## Dear Parents,

Church magazines are made with you and your family in mind. This month, the magazines focus on themes such as the sacrament, inspiring music, the role of women in the Restoration, Easter, and preparation for general conference. See below for ideas on how you can make the most of this month's issues to strengthen your family's faith in Christ as well as your own faith.

## GOSPEL DISCUSSIONS

### *The Rise of the Church*

Read Elder De Hoyos's article on page 36 and discuss the blessings you receive by being a part of Christ's Church, such as having living prophets, true doctrine, and priesthood ordinances.

### *The Importance of Music*

Why is music special to the Lord? Listen to, sing, or play the new arrangement of the song "He Sent His Son" on page 34; then share your



thoughts about the music or lyrics. For more about the importance and blessings of music, read the article on page 30.

### *The Role of Women in the Restoration*

On page 25 read about how Emma Smith diligently safeguarded the Book of Mormon. How have women blessed the Church, and how do they continue to do so? You could also read

President Ballard's message on page 8, and thank the righteous women in your life with a written letter or kind deed.

### *Making the Sacrament Special*

Read the story of a family in Vietnam on page 18 and consider how your family could make the sacrament more special. Ideas might include listening to or singing hymns on the way to church, remembering scriptures describing Christ's character while you think of Him during the sacrament, or pondering the words of the sacramental prayers.

You can also use page 6 to teach your children about the sacrament.

### *Come, Follow Me Support*

See page 26 for a family-friendly object lesson, scripture chain, and other material to support your weekly *Come, Follow Me* study.



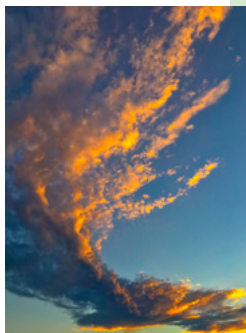
## FAMILY STUDY FUN

### Beautiful Creations of God

*Doctrine and Covenants 20:17–19*

Read Doctrine and Covenants 20:17–19 about how God created “heaven and earth, and all things which are in them.”

1. Take a moment to look out a window or go on a walk.
2. Point out the creations of God that you see.
3. Verse 18 tells us that God “created man, male and female, after his own image and in his own likeness, created he them.” We are some of God’s creations too! Take a moment to admire all the things your body can do. What are your talents?
4. In verse 19 we are commanded to “love and serve him, the only living and true God.” How can you use your talents to serve Him?



**Discussion:** How can we worship God?

*Idea contributed by Brenda Slade and Lisa Thomas*



### IN THIS MONTH'S FOR THE STRENGTH OF YOUTH MAGAZINE

#### The Heart of Easter—the Living Jesus Christ

Talk with your teens about this message from Elder Gerrit W. Gong celebrating how Christ lives for all of us.

#### Conference Notebook

This is a great way to prepare for and take notes during general conference!

#### Like a Window to Your Soul

Share this story about how an interfaith music group in Florida, USA, touched lives.

#### How to Always Have the Spirit

Elder Pieper shares great tips on how to invite the Spirit to be with us each day.

### IN THIS MONTH'S FRIEND MAGAZINE

#### Media Safety Support

Read about a girl who learns what it means to use technology wisely. Also find a bonus page with tips and ideas to help your children use media in safe, positive ways.

#### Getting to Know the Doctrine and Covenants

Use an activity page to help your children know what the Doctrine and Covenants is and where it came from.

#### Easter in Russia

Read about how one family celebrates the Savior's Resurrection during Easter time.

#### Scripture Time Fun

Find weekly activities to help your family study *Come, Follow Me*, including a section with ideas especially for toddlers.

#### Hope in Christ

Read an Easter message from President Henry B. Eyring and do an activity that tells the story of Easter.

