

# Dear Parents,

This month's magazine tells the story of Enos. His parents taught him about the gospel many times. Finally, their words "sunk deep" into his heart (Enos 1:3). We should share our testimonies with our children often. We never know when our words will make a difference.

How many times can your family find the word "pray" in this issue?

God is happy when you talk with Him!

The *Friend*

## HOW TO SEND YOUR CHILD'S ARTWORK OR EXPERIENCE TO THE *FRIEND*

Go to [liahona.ChurchofJesusChrist.org](http://liahona.ChurchofJesusChrist.org) and click on "Submit an Article or Feedback." Or email it to us at [liahona@ChurchofJesusChrist.org](mailto:liahona@ChurchofJesusChrist.org) along with your child's name, age, city of residence, and this permission statement: "I, [insert your name], give permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission in the Church magazines, on Church websites and social media platforms, and possibly in Church reports, print products, videos, publications, and training materials." We can't wait to hear from you!

## CONTENTS

- F2** From the First Presidency: How Does Heavenly Father Speak to Us?
- F4** Anthony's Dream
- F6** Hello from Samoa!
- F8** Music for a Better Day
- F10** Hay Fields and Priesthood Blessings
- F12** I Can Pray Like Enos
- F14** Show and Tell
- F15** Funstuff: Find It!
- F16** Praying for Uncle Dan
- F18** Bright Idea
- F19** Jesus's Helping Hand
- F20** Scripture Stories: Enos Prayed
- F23** Coloring Page: Enos Prayed with Faith



**Find the Liahona hidden inside!**

**ON THE *FRIEND* COVER**  
Illustration by Ben Simonsen

