## **Thirsting for Greater Understanding**

ne time I went on a first date with a girl in my ward. The next morning, we were the only two who showed up for our ward's temple trip. We offered to help with whatever ordinance needed the most patrons . . . which turned out to be sealings.

I was so nervous, but to my surprise, doing vicarious sealings with a girl less than 12 hours after our first date wasn't nearly as awkward as I thought it would be. If anything, that experience gave me more

# perspective on how important each aspect of temple work

**is**—including sealings (read more in my digital article).

All of our situations are unique, but if we strive to better understand the covenants we make in the temple, those ordinances will be less like items to be crossed off our spiritual checklist and more like much-needed sources of "living water" that can give us spiritual strength (see Doctrine and Covenants 63:23). And in the hectic world we live in, we need all the

In this issue, young adults share their experiences with the temple. Kealohilani shares how faithfully

strength we can get!

wearing the temple garment has blessed her life (see page 44). In a digital-only article, Zariah shares her fears about not feeling good enough to enter the temple. If you're also preparing to attend the temple for the first time, we compiled a Q&A that you might find helpful (online only). And Mahesh talks about how he returned to the temple to better understand the covenants he

made there (see page 48). While I do try to make it to the temple as often as I can to fill my spiritual reservoir, what matters most is that I allow the Spirit in the temple to teach me and change me both within and outside its walls. Then the "living waters" that flow from the temple and through my covenants can help quench my thirst every day.

Cheers!

alex Higie



# BEST ADVICE . . .

Young adults share the best advice they've ever received about making the temple a part of their lives.

"My bishop told me that the temple would be as sacred of an experience as I wanted it to be. It is always up to me to decide how big of an impact the temple can have on my life."

-Jasmyn Nye, Utah, USA

"Having a temple nearby is great, but if members never attend the temple, then it will always be far away. We must stay close to the temple, no matter how far away it might be."

-Cole Murphy, California, USA

"Have a purpose. Go with a question, do work for an ancestor, seek peace, or listen for promptings."

-Sydney Orton, Utah, USA

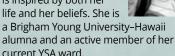
What's the best advice you've ever received about making mistakes and trying again? Send us your response at **liahona.lds.org** by March 31, 2019.

#### **SHARE YOUR STORY**

Do you have an amazing story to share? Or do you want to see articles about certain topics? If so, we want to hear from you! You can submit your articles or your feedback at **liahona.lds.org.** 

# ABOUT THE YOUNG ADULT AUTHORS

Kealohilani Wallace writes clean, mainstream young adult fiction that is inspired by both her life and her beliefs. She is a Brigham Young University



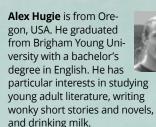
Mahesh Kumar Vedurupaka is from Andhra Pradesh, India. He is a husband and the father of two cute children. He



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Zariah Inniss is from
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old and the oldest of five
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member of the Church for
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playing music.



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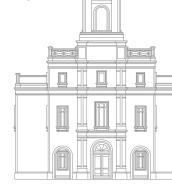
#### **DIGITAL ONLY**

**Temple Endowment Q&A** 

Good Enough for the Temple?
By Zariah Inniss

5 Reasons Singles Should Participate in Temple Sealings

By Alex Hugie



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