

## I Had Already Decided

By Madison Thompson

I once received a valuable lesson in a Young Women class on sexual purity—a topic that made a lot of the youth squirm in their seats. I don't remember everything I learned that day, but I do remember my leader talking about one of her personal standards—to always remain sexually pure. Her words stayed with me, and I then made the conscious decision to adopt it as one of my own personal values.

One day as I was riding home on a bus from a sporting event, someone on the bus started a game of truth or dare. Bored, some of the other kids and I joined in. When it came

to my turn, I was dared to do something that I knew wasn't right. This could've been a hard decision for me to make, but the words of my Young Women leader came to my head, and the choice was easy. I quickly declined. I had already made up my mind on what I would do in that situation.

I know that when we go to church and make room for the things we are taught there, we will be blessed with greater spiritual strength and protection from the temptations of the world.

*The author lives in Utah, USA.*

## CHILDREN

### Put on Your Armor

There are a lot of bad things in the world today. The gospel is like a shield that protects us. Here are 10 things President Eyring tells us to do to protect ourselves. For each one, find the number on the picture and draw a line between the dots. Color it in when you're done!

1. KEEP THE SABBATH DAY HOLY
2. HONOR THE PRIESTHOOD
3. MAKE AND KEEP COVENANTS
4. WORK ON FAMILY HISTORY
5. GO TO THE TEMPLE
6. REPENT
7. PRAY
8. SERVE OTHERS
9. SHARE YOUR TESTIMONY
10. READ THE SCRIPTURES

