

2. Early Bee-Hive Girls wore uniforms designed by each local association, and in 1922, the official colors of the Mutual Improvement Association became gold and green.<sup>13</sup>



3. The name Beehive came from the pioneers, who saw the beehive as a symbol of work and harmony. Mia Maid came from the Mutual Improvement Association acronym, MIA. The name Laurel referred to the laurel wreath, which means honor and achievement.<sup>14</sup>



4. Between the 1940s and 1960s, young women could earn emblems they sewed onto a felt band called a bandelo, which they wore across their chest. One requirement to earn an emblem was to “strive to get your full nine hours’ beauty sleep each night this month.”<sup>15</sup>



5. General Church membership increased from about 110,000 people in 1870<sup>16</sup> to more than 16 million people by 2020<sup>17</sup>—think of how many young women there are around the world now!

## Haven’s Helping Hand

Haven, a 14-year-old from Utah, USA, decided to celebrate being a young woman in the Church by serving others.

“It started as a small idea,” she says. “My uncle went to Bangladesh on a humanitarian trip and learned about difficult things the people there were experiencing. I wanted to help them—so I looked on the JustServe app and got the idea to make homemade kits for the refugees there.”

Haven collected donations at her school, created a GoFundMe page, and even took out neighbors’ garbage cans to help raise money for the kits. “I take out about 22 garbage cans and 11 recycle cans every Monday and Tuesday,” she says. “I normally use the money I earn for my choir program and to save for a mission, but I decided to use my funds that month to help buy supplies instead.”

Haven then went out and bought all the materials she needed for the kits, including socks, gloves, scarfs, and hats. She assembled each kit and also got in contact with the director of Lifting Hands International to coordinate the delivery of the kits in Bangladesh.

“Putting the kits together took up the most time in my project. But every time I put a piece into the kit, I knew that it would go to someone in need and that they would be blessed for a long time by it.”



By the end of her project, Haven felt her confidence build in her ability to serve. “I learned from this how much help I can be if I try my hardest. I also felt compassion for the people I was helping, which helped me feel closer to the Savior and feel some of what He feels for us.”

As we celebrate the anniversary of the Young Women organization, each of us can remember that we are examples of Christ. Like Haven, we can be a big help to others when we try our hardest to serve as He would. ■