

I can **listen**
to the
Holy
Ghost.

I can be **KIND.**

I can do things
on the Sabbath
that help me
remember
Jesus Christ.

I can show
respect
for God, others,
and myself.

I can
dress
and act
modestly.

I can **REPENT** and try again
when I do something wrong.



I can be
honest.

I Can Choose the Right

I can talk
about
God
reverently.

I can use
good words.

I can prepare now to go to the temple.

I can
look for
GOOD
FRIENDS.

I can keep
my mind
and body
healthy.

I can **OBEY**
my parents and
HELP
my family.

I can read, watch, and
listen to good things.