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Living My Standards

"Stand as witnesses of God at all times" (Mosiah 18:9). My dad was in the army, so we moved a lot when I was young. One of the hardest things about moving was leaving my friends behind. I had trouble making new friends because I was shy. Thankfully, people were always friendly at school and Primary. At church it didn't matter how we were different.

We were just all friends.

One way I overcame my shyness was by helping at church. It started with Primary. I shared a scripture in sharing time. I read out loud in class. Little by little, I felt more confident. This helped me to stand up for my beliefs.

When I was in fourth or fifth grade, my family lived in Maryland, USA. There weren't many Church members at my school. I had friends who were members of the Church and friends who were not.

When I was a teenager, some of my friends did things that were against my standards. But they didn't try to get me to do them. I am grateful that my friends respected my beliefs. Sometimes I felt left out because I couldn't do everything my school friends did. But I always felt good about following my standards. I decided I would live the gospel, no matter what. My testimony had grown stronger in Primary and family home evening. I came to know that I am a child of God.

Years later, I found out that two of my school friends had joined the Church. I was so happy! They told me that watching me live the gospel when we were young helped them decide to listen to the missionaries.

> My dear young friends, you are children of our Heavenly Father. When you remember this important truth *every day*, living the gospel will be easier. ●