

## BY LAUREL ROHLFING

here are many ways we can reverently remember Jesus Christ, especially while the sacrament is being passed. We can remember how He suffered for our sins and how He died and was resurrected. We can remember His life and teachings. We can think about how we can become more like Him.

We can remember the things we have done wrong and ask for forgiveness. And we can remember the many blessings He has given us. Jesus said, "If ye do always remember me ye shall have my Spirit to be with you" (3 Nephi 18:11). The sacrament is a great blessing in our lives.

## Instructions

Mount the two circles on heavy paper, and cut them out. Put the circle with the cutout wedge on top of the other circle. Fasten the two circles in the center with a

brass fastener. Turn the top circle so you can see each picture. Think about what it represents. You can also use the picture circles in a Primary talk or family home evening lesson. •

