

Adults

FIRST PRESIDENCY MESSAGE

- 2 **Sugar Beets and the Worth of a Soul**
By President Thomas S. Monson

VISITING TEACHING MESSAGE

- 25 **Qualify for and Partake of Temple Worship**

FEATURE ARTICLES

- 6 **The Joseph Smith Papers: The Manuscript Revelation Books** By Elder Marlin K. Jensen
This series in the Joseph Smith Papers Project reveals how the Prophet was tutored by new revelations.
- 12 **Pioneers in Ghana**
Paintings and stories of some of the pioneering Latter-day Saints in Ghana, Africa.
- 16 **Scripture Stories as Patterns for Our Lives**
By Elder Jay E. Jensen
Try this scripture study technique to bridge "they-there-then" with "I-here-now."
- 33 **Standards: One Size Fits All** By Debbie Twigger
Some adults discovered that you can never outgrow the counsel or blessings found in For the Strength of Youth.

DEPARTMENTS

- 43 **Latter-day Saint Voices**
Overcoming contention; making home a bit of heaven; helping children spiritually and temporally; inviting Dad to the temple; finding peace from financial worries.
- 48 **Using This Issue**
Family home evening ideas; a memorable family home evening; topics in this issue.

ON THE COVER

Front: *Esther Adu Asante*, by Richard Hull.
Back: *Young Women—Nova, Vera, Georgina, Karen, Rebecca*, by Richard Hull; map by Mountain High Maps © 1993 Digital Wisdom, Inc.

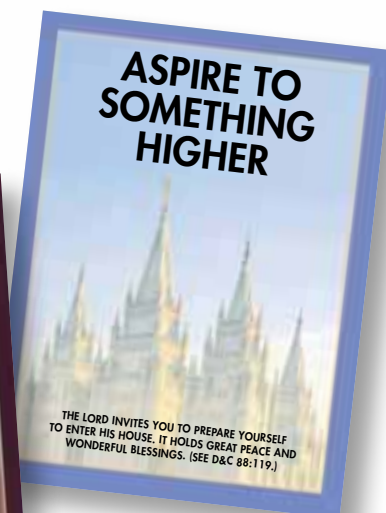
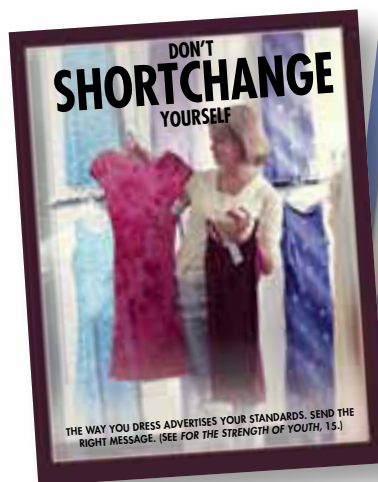
Youth

FEATURE ARTICLES

- 22 **From Bottom to Top** By Don L. Searle
A talented artist and musician, Joselén Cabrera is a young woman who is going places.
- 26 **An Honesty Test** By Patricia A. Jacobs and Francini Presença
Would my friend realize that her honesty was more important than a test grade?
- 28 **Modesty: A Timeless Principle for All**
By Silvia H. Allred
As modesty becomes the virtue that regulates and moderates our lives, we find an increased sense of self-worth.
- 38 **Always Make the Effort** By Elder Octaviano Tenorio
What is the secret to success? You just need to put forth the effort, the concentration, and be happy.

DEPARTMENTS

- 36 **Instant Messages**
A worried missionary prays for comfort; the Duty to God program helps a young man change his life for the better.
- 42 **Poster: Pull Together**



July 2009 Vol. 33 No. 7
LIAHONA 04287

Official international magazine of The Church of Jesus Christ
of Latter-day Saints

The First Presidency: Thomas S. Monson, Henry B. Eyring,
Dieter F. Uchtdorf

The Quorum of the Twelve Apostles: Boyd K. Packer,
L. Tom Perry, Russell M. Nelson, Dallin H. Oaks,
M. Russell Ballard, Richard G. Scott, Robert D. Hales,
Jeffrey R. Holland, David A. Bednar, Quentin L. Cook,
D. Todd Christofferson, Neil L. Andersen

Editor: Spencer J. Condie
Advisers: Gary J. Coleman, Kenneth Johnson,
Yoshihiko Kikuchi, W. Douglas Shumway
Managing Director: David L. Frischknecht
Editorial Director: Victor D. Cave
Senior Editor: Larry Hiller
Graphics Director: Allan R. Loyborg

Managing Editor: R. Val Johnson
Assistant Managing Editors: Jenifer L. Greenwood,
Adam C. Olson

Associate Editor: Ryan Carr
Assistant Editor: Susan Barrett
Editorial Staff: David A. Edwards, Matthew D. Flitton,
LaRene Porter Gaunt, Annie Jones, Carrie Kasten, Jennifer
Maddy, Melissa Merrill, Michael R. Morris, Sally J. Odekirik,
Judith M. Paller, Joshua J. Perkey, Chad E. Phares, Jan
Pinborough, Richard M. Romney, Don L. Searle, Janet
Thomas, Paul VanDenBerghe, Julie Wardell
Senior Secretary: Laurel Teuscher

Managing Art Director: M. M. Kawasaki
Art Director: Scott Van Kampen
Production Manager: Jane Ann Peters
Design and Production Staff: Cali R. Arroyo, Collette
Nebeker Aune, Howard G. Brown, Julie Burdett, Thomas S.
Child, Reginald J. Christensen, Kim Fenstermaker, Kathleen
Howard, Eric P. Johnsen, Denise Kirby, Scott M. Mooy,
Ginny J. Nilson
Prepress: Jeff L. Martin

Printing Director: Craig K. Sedgwick
Distribution Director: Randy J. Benson

For subscriptions and prices outside the United States and
Canada, contact your local Church distribution center or
ward or branch leader.

Send manuscripts and queries to *Liahona*, Rm. 2420,
50 E. North Temple St., Salt Lake City, UT 84150-0024,
USA; or e-mail: liahona@ldschurch.org.

The *Liahona* (a Book of Mormon term meaning "compass"
or "director") is published in Albanian, Armenian, Bislama,
Bulgarian, Cambodian, Cebuano, Chinese, Croatian,
Czech, Danish, Dutch, English, Estonian, Fijian, Finnish,
French, German, Greek, Haitian, Hindi, Hungarian,
Icelandic, Indonesian, Italian, Japanese, Kiribati, Korean,
Latvian, Lithuanian, Malagasy, Marshallese, Mongolian,
Norwegian, Polish, Portuguese, Romanian, Russian,
Samoan, Sinhala, Slovenian, Spanish, Swedish, Tagalog,
Tahitian, Tamil, Telugu, Thai, Tongan, Ukrainian, Urdu, and
Vietnamese. (Frequency varies by language.)

© 2009 by Intellectual Reserve, Inc. All rights reserved.
Printed in the United States of America.

Text and visual material in the *Liahona* may be copied
for incidental, noncommercial church or home use. Visual
material may not be copied if restrictions are indicated in
the credit line with the artwork. Copyright questions should
be addressed to Intellectual Property Office, 50 E. North
Temple St., Salt Lake City, UT 84150, USA; e-mail:
cor-intellectualproperty@ldschurch.org.

The *Liahona* can be found in many languages on the Internet
at www.liahona.lds.org.

For Readers in the United States and Canada:

July 2009 Vol. 33 No. 7. LIAHONA (USPS 311-480)
English (ISSN 1080-9554) is published monthly by The
Church of Jesus Christ of Latter-day Saints, 50 E. North
Temple St., Salt Lake City, UT 84150. USA subscription
price is \$10.00 per year; Canada, \$12.00 plus applicable
taxes. Periodicals Postage Paid at Salt Lake City, Utah. Sixty
days' notice required for change of address. Include address
label from a recent issue; old and new address must be
included. Send USA and Canadian subscriptions to Salt Lake
Distribution Center at address below. Subscription help line:
1-800-537-5971. Credit card orders (Visa, MasterCard,
American Express) may be taken by phone. (Canada Poste
Information: Publication Agreement #40017431)

POSTMASTER: Send address changes to Salt Lake
Distribution Center, Church Magazines, PO Box 26368,
Salt Lake City, UT 84126-0368.

Children

COME LISTEN TO A PROPHET'S VOICE

F2 Blessed Are the Peacemakers
By President Henry B. Eyring

FEATURE ARTICLES

F8 The Invisible Visitor By Heidi Pyper

F11 Going West

DEPARTMENTS

F4 Sharing Time: Our Family Will Be Strong
By Cheryl Esplin

F6 Trying to Be Like Jesus

**F12 From the Life of the Prophet
Joseph Smith: The Prophet's
Voice**

**F14 Friend to Friend: Praying and
Singing to Heavenly Father**
By Elder Michael John U. Teh

F16 Coloring Page



THE FRIEND COVER
Illustration by Jim
Madsen.



See if you can find
the Korean CTR
ring hidden in this
issue. Choose the
right page!

Comment

Closer to Heavenly Father

I am truly pleased to receive the *Liahona* each month. It brings important articles about how to live our lives. Thanks to the conference issues, which bring the messages from the prophet and other Church leaders, I have learned what Heavenly Father wants us to do and how we should do it. The issues have excellent messages to use in our family home evenings. The first things I look for in the *Liahona* are the articles for the youth, and each time I read them, I feel more secure and closer to Heavenly Father.
Karina Chavez, Nicaragua

Strength to Overcome

I use the *Liahona* as a guide in my life. It lets us observe modern people's lives and see ourselves in the same situations. I also use their experiences in my talks and in family home evening. The examples in the *Liahona* have also helped a friend understand that we are Christians and that while we face problems just as everyone does, the gospel gives us the strength to overcome.
Ana Perlini, England

Please send your feedback or suggestions to liahona@ldschurch.org. Letters that are printed may be edited for length or clarity.