

# What Plain and Precious Truths were Restored by the Book of Mormon?

In a vision, Nephi saw that many of the teachings in the Bible would be changed over time but that God would prepare a way for those truths to be restored (see 1 Nephi 13:26–40).

**2** We existed as spirits before this life, learning and preparing for mortality (see Alma 13:3).



**4** Baptism is not needed for infants because they are not yet accountable (see Moroni 8:10). ■

**1**

The Fall of Adam and Eve was a part of Heavenly Father's plan (see 2 Nephi 2:22–25).



**3**

Christ visited the people of the ancient Americas and established His Church there (see 3 Nephi 11–26).

