

Lahona

Mekem Stadiblong YU ABAOT Buk blong Momon

I KAM GUD MOA
ol pej 5, 34, 38

Wok blong Givhan
I Moa Bitim
"Wan Moa Samting" pej 8

PRESIDEN BALLARD:

**Han blong Lod blong Stap
Mekem Wol I Rere from
Restoresen** pej 12

Ol Pikinini mo Ol Yut

Ol lida blong Jos Oli Ansarem
9 Kwestin pej 20
4 Wei blong Helpem Ol Yut blong Faenem
mo Kasem Gol blong Olgeta pej 26

JOS I
STAP LONG
PLES IA

Laeptig **Jemani**





FOTO / KAN LONG GETTY IMAGES

Long Laeptig, long 1519, Martin Luta i statem wan toktok we i bin mekem se Rifomesen blong Protestan Jos, i bin helpem wol ia blong kasem Restoresen.

Hemia i samfala tru samting abaat Jos la blong Jisas Kraes blong Ol Lata-dei Sent, tedei:

Stek (wan i senta
long Laeptig)



3

KIRCHE
JESU CHRISTI
DER HEILIGEN
DER LETZTEN TAG



14

Tempol

2



39,917

Ol memba blong Jos

152

Kongregesen



1843

Fas kongregesen oli oganaesem long Darmstad.

1961

Oli kriitem 3 stek.

1985

Dedikesen blong fribeg Tempol long wanem
i bin Is Jemani bifo, mo oli dediketem bakegen
long 2016.

2019

Frankfet Tempol we oli dediketem bakegen
long Oktoba.





Kam Tugeta blong Isrel
tru long Wok blong
Givhan

8



Ol Pikinini mo Ol Yut:
Stat Strong

20



Olsem Wanem Lod I Mekem Wol I Rere from
Restoresen

Presiden M. Russell Ballard

12

Mi Stap **Lukluk** long Fiuja From **Taem we** I Pas i Leftemap Mi



Long plante long wol, niufala yia i wan taem blong tingting i go long fiuja. Be tu, hem i wan taem blong lanem samting aot long wanem we i bin pas. Long krosrod ia, we yumi luk se yumi bin stap wea, mo weaples yumi stap go long hem, yumi faenem ol janis blong groap.

Wetem semfala spirit ia, namba ia i gat sam niu jenis we oli gud turmas blong fiuja, be tu, hem i lukluk long pas blong yumi blong save andastanem pat blong yumi long wanem we i stap kam.

Long yia ia yumi tingbaot 200 yia blong Fas Visen. Fas Presidensi mo ol narawan oli bin rere samfala atikol i stap, we oli lukluk long wanem i bin pas finis, mo i stap helpem yumi blong jenisim fiuja blong yumi. Long manis ia, Presiden M. Russell Ballard, Akting Presiden blong Kworom blong Olgeta Twelef Aposol, i helpem yumi blong andastanem ples blong yumi long wok ia, we i gogohed, blong putumbak kingdom blong God, mo ol hadwok blong Hem blong mekem yumi rere from Seken Kaming (luk long pej 12).

Taem hem i stap lukluk i go long fiuja, namba ia i givim tu samfala risos blong niufala wokrod blong Jos blong sapotem ol pikinini mo ol yut (luk long ol pej 20 mo 26); mo semtaem, i presentem stadi kos blong Buk blong Momon blong wanwan man, woman, mo famli (luk long ol pej 34 mo 38). Wanem i stap insaed blong ol yut, i presentem niufala stamba toktok blong ol yut (luk long ol pej 56 mo 60).

Yumi hop se *Liahona* i gohed blong i stap wan impoten risos blong stapt sapotem hom senta gospel stadi taem yumi stap muv fored tugeta, wetem progres blong pas we i stap pusum yumi long hem.

I Kam long Adam C. Olson
Manejing Daerekta:

Oi Samting we Oli Stap Insaed

5 Niu Laet Insaed long Buk blong Momon

?Huia I Jisas Kraes?

6 Oi Eksampl blong Fet

Rachel Lighthall—Kalifornia, YSA

Fet i bin helpem hem blong luksave han blong God long medel blong wan bigfala faea we i kakae evri samting.

8 Oi Prinsipol blong Wok blong Givhan

Kam Tugeta blong Isrel tru long Wok blong Givhan

Luk osem wanem wok blong givhan i go stret wetem kaonsel blong profet blong mekem Isrel i kam tugeta.

12 Olsem Wanem Lod I Mekem Wol I Rere from Restoresen

I Kam long Presiden M. Russell Ballard

Plante niu samting we i bin kamaot truaot long histri, oli bin pat blong plan blong Lod.

20 Oi Pikinini mo Oi Yut: Stat Strong

Oi lida blong Jos oli ansarem ol kwestin blong yufala.

26 Pusum Tingting blong Jeneresen we I Stap Kam Antap

I Kam long Wendy Ulrich

Tingting long ol fofala gaedlaen taem yu stap helpem ol pikinini blong yu blong oli setem mo oli kasem ol gol blong olgeta.

30 Oi Voes blong Oi Lata-dei Sent

Wan gel i faenem wan tank blong testemoni; ol baptaes blong tempol oli mekem wan famli i kam tugeta; advaes i kam blong tekem pis i go; wan nogud taem i tanem i kam wan niu janis.

34 Blong Save Hem I Gud be I No Inaf

I Kam long Steven C. Harper

Mitim olgeta we oli bin mitim ol witnes blong Buk blong Momon.

38 Kam Folem Mi: Buk blong Momon

Yu save yusum ol wik aktiviti ia blong sapotem stadi blong yu long Buk blong Momon long yia ia.

Ol Kwik Riding

Long Kova
Foto i kam long
Christina Smith



Oi Seksen

Oi Yang Adalt

42

Oi mistek oli pat blong laef, be oli no blong talemaot huia yumi. **Sevyä i lavem yumi** mo bae i helpem yumi blong jenis. Ridim ol stori we oli kam long ol yang adalt abaot wei we **fasin blong sakem sin i wan blesing.**



Yut

50

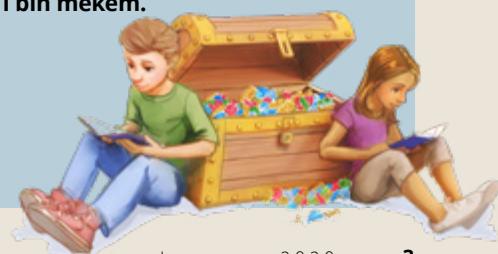
Lanem olsem wanem, **Oi Pikinini mo Oi Yut, i blong yu;** Oi Jeneral Presidensi blong Oi Yang Man mo blong Oi Yang Woman, oli serem samting **abaot stamba toktok blong ol yut blong yia ia;** wan misinari i openem doa blong **paoa blong Buk blong Momon.**



Oi Pikinini

Fren

Selebretem Gudfala Buk blong Momon. Rid abaot ol memba blong Jos long Mongolia. Lanem olsem wanem **yu save groap olsem we Jisas i bin mekem.**



OL JENUWARE ATIKOL WE BAE OLI KAMAOT LONG INTANET NOMO

**Olsem we Spirit i Lidim Mi, bifo Mi Iven Save***I Kam long Raissa Schreiter*

Wan yang adalt long Brasil i luksave se hem i bin filim Spirit i lidim hem blong joenem Jos.

**?Olsem Wanem Mi Kambak long Rod afta we Mi Gat Bel we Mi No Plan From?***I Kam long Jori Reid*

Wan yang adalt blong Delawea, YSA, i serem wokbaot blong hem i kambak long Kraes.

**Stap Jusum Laef we I No Save Finis***I Kam long Evita Alabodi*

Wan yang adalt blong Beljiom i serem stori blong hem abao fasin blong sakem sin mo fasin blong fogivim hemwan.

**Olsem Wanem Buk blong Momon I Openem Ol Heven long Mi***I Kam long Jessica Patterson Turner*

Wan yang adalt i serem olsem wanem Buk blong Momon: Wan Narafala Testeman blong Jisas Kraes i bin jenisim hem blong kam gud moa.

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- Sendem ol stori mo ol fidbak blong yu.
- Pem magasin blong i kam evri manis o givim olsem wan presen.
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- Serem ol atikol mo video we yu laekem bigwan.
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JISAS KRAES I . . .

TABU WAN BLONG ISREL

KRIETA

SEVYA

— SMOL SIP SIP BLONG GOD —

PIKININI BLONG GOD

*Wan Stret Pikinini Ja
Nomo blong God*

RIDIMA

MESA EA

GUDFALA MAN BLONG LUKAOT LONG SIP SIP

"Luk, rod blong man i no isi, be i slip long wan stret rod long fored blong hem, mo wajman blong get ia i TABU WAN BLONG ISREL; mo hem i no yusum wan wokman long ples ia" (2 Nifae 9:41).

"Mo bae oli singaotem hem Jisas Kraes, Pikinini blong God, Papa blong heven mo wol, KRIETA blong evri samting stat long stat" (Mosaea 3:8).

"Mo sapos i olsem se yufala i biliv long Kraes, mo i kasem baptaes, fastaem wetem wota, afta wetem faea mo wetem Tabu Spirit, mo stap folem eksampol blong SEVYA blong yumi, . . . bae i gud wetem yufala long dei blong jajmen" (Momon 7:10).

"SMOL SIP SIP BLONG GOD i Pikinini blong Papa we i no Save Finis, mo Sevya blong wol; mo . . . evri man i mas kam long hem, sapos no, hem i no save sevem olgeta" (1 Nifae 13:40).

"Mo from hem i stap laef long bodi blong mit mo bun, bae oli singaotem hem PIKININI BLONG GOD" (Mosaea 15:2).

"Eni man we i sakem sin, mo i no mekem hat blong hem i kam strong, bae hem i gat raet blong kasem sore tru long WAN STRET PIKININI IA NOMO blong mi, mekem se hem i save kam klin aot long ol sin blong hem" (Alma 12:34).

"Mi save se hem i pemaot yu, from RIDIMA blong yu i gat stret mo gud fasin; from yu bin luk se long en blong taem we evri wok blong God i kamtru, hem i kam blong karem fasin blong sevem man i kam long evri man" (2 Nifae 2:3).

"[Lihae] testifae se ol samting we hem i bin luk mo harem, mo tu, ol samting we hem i bin ridim insaed long buk ia, oli bin soemaot klia gud se MESA EA bae i kam" (1 Nifae 1:19).

"GUDFALA MAN BLONG LUKAOT LONG SIP SIP i singaotem yufala; yes, mo hem i singaotem yufala long nem blong hem bakegen, we i nem blong Kraes" (Alma 5:38).

Rachel Lighthall

Kalifonia, YSA



Wokbaot i go raon long ol asis mo doti blong faea long ples we Rachel i bin stap slip long hem, mo yes, bae yu luk se evri samting i go. Be iven afta long faea ia we i bin prapa spolem gud Paradaes, Kalifonia, bae yu tekem notis long fet blong Rachel, taem hem i stap storian long wei we hem i bin luk han blong God insaed long laef blong hem.

RICHARD M. ROMNEY, FOTOGRAFA

Evriwan we i stap biliv long God, i bin luk han blong Hem long faea ia. Maet yu no Save pruvum long wan se i gat wan God from se i no gat wan bigfala merikel, be God i mekem wan milian smol merikel i hapen long Paradaes. Sapos yu yu biliv long God, yu save luk han blong Hem long evri ples. Iven we i bin bigfala jalenj, hem i bin wan merikel tu. God i bin helpem mifala blong lanem stret wanem mifala i nidim blong lanem.

God i bin wok wetem mi blong planté yia blong mekem mi mi rere from situesen ia. Mi bin gat wan nara "disasta" long laef blong mi we i bin helpem mi blong save se God i stap lidim laef blong mi long wan gudfala wei.

I no gat wan samting i had blong gotru long hem we i no gat wan stamba tingting mo mining we i stret evriwan mo i gud. Mi bin luk se taem mi letem God i stap tijim mi, oltaem nomo, mi bin lan aot long ol jalenj blong mi. God i stap letem yumi gotru long olgeta jalenj ia blong mekem se yumi save kam blong trastem Hem mo lavem Hem. Mi save se taem ol samting oli kam had tumas, Hem i stap oltaem.



FAENEMAOT MOA

Blong luk moa abaat wokbaot blong fet blong Rachel, wetem sam moa foto, luk onlaen o long atikol ia long Gospel Laebri long ChurchofJesusChrist.org/go/1206.

Presiden Russell M. Nelson i serem eksperiens blong hem abaat taem we hem i mitim ol viktim blong faea long Paradaes, Kalifonia, mo i serem wanem i moa impoten long laef; luk long ChurchofJesusChrist.org/go/1207.



OI GIVHAN PRINSIPOL

KAM TUGETA BLONG ISREL TRU LONG WOK BLONG GIVHAN

Wok blong givhan i wan janis blong folem kaonsel blong profet blong mekem Isrel i kam tugeta.

Presiden Russel M. Nelson i bin invaetem yumi blong help blong mekem Isrel i kam tugeta—“samting ia we i moa impoten we i stap tekples long wol tedei.”¹

Blong olgeta we oli wantem kam pat blong wok ia blong mekem Isrel i kam tugeta, wok blong givhan i wan janis we i gud tumas. From se, wok blong Lod blong fasin blong sevem man i wan wok we evri samting i stap insaed, wok blong givhan i wan rod we i kamtru long insperesen, blong i jenism laef blong ol pipol. Sapos yu stap givhan long ol lesaktiv memba, o sapos yu stap invaetem olgeta blong helpem yumi taem yumi stap givim seves long olgeta aotsaed long jos blong yumi, wok blong givhan i givim ol janis blong mekem Isrel i kam tugeta.



Tekem Hevi Trabol blong Wanwan long Yumi

“Ol sipsip blong yumi, ating oli stap harem nogud, oli lus, o iven oli disaed blong go lus; osem man blong lukaot long sipsip, yumi save stap olsem ol faswan blong luk nid blong olgeta. Yumi save lisin mo soem lav we i no jajem man, mo givim hop mo help wetem gudfala jajmen blong Tabu Spirit.” —Bonnie H. Cordon²

“Kwaet nomo, mi stap lukluk woman ia we i sidaon long saed blong mi long flaet blong mi we i go hom, hemia long 7 klok moning. Hem i bin tekem wan strong dring bifo plen i aot, mo taem hem i askem mi sapos mi mared, ol **nogud jajmen** abaot hem, oli stap blong hipap.

“Yes. Mi mi gat fo pikinini mo fo apupikinini,’ mi ansa wetem sam hae tingting.

“Afta nao, hem i talem wan samting we i jenism evri samting. Hasban blong hem i ded, hemia wan dei bifo, afta we hem i stap long koma blong faef dei. Nomata we hem i wan imejensi dokta, hem i no bin save sevem hem afta we hem i foldaon taem tufala i stap holidei.

“Mi bin sem se ol kwik jajmen blong mi oli go longwe tumas. ?Wanem nao bae mi save talem long hem? Taem mi traem putum ol tingting blong mi i kambak long laen, mi bin filim Papa long Heven i **kapsaetem Spirit blong Hem** blong mi save givhan long woman ia, mo serem sam long ol gudfala trutok blong gospel.

“Mi **bin lanem** se, i nomata se hem i no stap go long jos, hem i bin biliv long Jisas Kraes mo hem i bin stap ridim Baebol. Taem mi askem hem sapos hem i save abaot Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent, hem i talem se hem i save smol nomo. Mi bin serem wetem hem wan mesej blong wan Jeneral Konfrens, we i kam long Elda Richard G. Scott (1928–2015), we taetol blong hem i: ‘The Eternal Blessings of Marriage,’ (Ol Blesing blong Mared we Oli No Save Finis,) mo afta, mi bin **testifae** abaot ol famli we oli no save finis, mo olsem wanem nao, Papa long Heven i save mo i lavem wanwan long yumi. Mi bin faenem se hem i bin stap go long Hawae, YSA; hem i bin groap long ples ia, mo mi bin **leftemap tingting** blong hem blong visitim Lae Hawae Tempol.

“Mitufala i go wanwan long Sol Lek Siti, Yuta capot. Mi mi glad tumas se Lod i bin save yusum mi, i nomata ol rong we mi gat, blong go toktok long wan sista we i nidim lav mo kamfot.”

John Tippetts, Yuta, YSA



OL PRINSIPOL BLONG TINGTING LONG OLGETA

“Ol nogud jajmen”

Stap kwik blong jajem man, i wan fasin we i save holemtaet yumi blong luk tabu paoa insaed long wanwan man o woman (luk long Matiu 7:1).

“Kapsaetem Spirit blong Hem”

Trastem promes ia blong God, se bae Hem i givim long yumi wanem blong talem long evri taem (luk long Doktrin mo Ol Kavenan 100:5–6).

“Bin Lanem”

Askem wanem ol narawan oli stap bili long hem, lisin wetem lav mo sore, mo tritim ol bilif blong olgeta wetem respek.

“Testifae”

Lukaot ol janis blong serem testemoni long wei we Lod i bin wok insaed long laef blong yu (luk long Mosaea 24:14).

“Leftemap Tingting”

Invaetem olgeta blong mekem samting folem trutok we i stap, blong mekem se Tabu Spirit i save testifae long olgeta (luk long Jon 7:17; Moronae 10:5).



OL PRINSIPOL BLONG TINGTING LONG OLGETA

"I bin visitim mi evri manis, nomata we hem i no save stap kolosap long ol dog"

?Olsem wanem yu save soem se yu kea abaoit olgeta we yu stap givhan long olgeta i moa bitim eni nara samting? (luk long Doktrin mo Ol Kavenan 121:44).

"Ol Kwestin"

Blong stap askem ol stret kwestin i save help blong pusum wan blong i skelembak hemwan bakegen. Tingbaot se wok blong givhan blong yumi i gat wan stamba tingting biaen long hem; mo stamba tingting ia i go bitim fasin ia blong stap mekem fren nomo.⁴

"I bin stap wet long mi"

Eviwan i sapos blong filim se oli welkam (luk long 3 Nifae 18:32).

"I bin stap ia long saed blong mi, taem mi bin stap wokbaot i gobak"

Sapot blong yumi i save mekem samting i kam defren long olgeta we oli bin stap folfoldaon mo oli wantem kambak long Sevya mo kasem hiling (luk long Hibrus 12:12-13).

Stap Sevem Ol Memba we Oli Stap Kambak

"Wetem lav we i pusum yumi, ol merikel bae oli hapen, mo bae yumi faenem ol wei blong karem ol sista mo brata we oli 'lus' oli kam pat fulwan long gospel blong Jisas Kraes." —Jean B. Bingham³

"Mi bin inaktiv blong sikis yia o moa taem we hasban blong mi mo mi i bin muv i go long wan niu taon. Niufala Rilif Sosaeti presiden blong mi i bin kam visitim mi, mo i askem sapos hem i save sendem wan sista blong kam visitim mi. Mi no wantem tumas, be mi talem se mi agri. Sista ia, **"I bin visitim mi evri manis, nomata we hem i no save stap kolosap long ol dog!"**—!mo mi gat wan dog we i naes tumas! Hem i givhan blong tu yia taem, mo hemia i tajem mi bigwan.

"I nomata we ol visit blong hem oli ol sosol visit nomo, wanwan taem bae hem i askem mi **ol kwestin** we oli lidim mitufala blong tokbaot ol samting long saed blong spirit. Hemia i mekem mi no filim gud tumas, be oli bin pusum mi blong disaed we mi wantem gohed blong folem rod blong gospel, o stap long ples ia we mi bin stap long hem. Desisen ia, i wan samting we mi gat hadtaem wetem, be mi bin jusum blong storian wetem ol sista misinari.

"Long dei ia we mi bin go long sakramen miting blong fas taem afta long sikis yia, mo bin fraet tumas blong go insaed. Taem mi wokbaot i go insaed long jos, givhan sista blong mi **i bin stap wet long mi**, mo hem i wokbaot wetem mi long japel. Afta long hemia, hem i wokbaot wetem mi i gobak long trak, i askem mi wanem i bes wei blong hem i save helpem mi taem mi stap kam antap blong kam kolosap moa long Sevya.

"Taem mo lav blong givhan sista blong mi i bin helpem mi blong kambak long jos, mo mi tekem se ol hadwok blong hem, oli wan long ol hae presen we wan i bin givim long mi. Mi talem tangkyu tumas se hem **i bin stap ia long saed blong mi, taem mi bin stap wokbaot i gobak** long Jos blong Sevya."

Oli holemaet nem, Britis Kolombia, Kanada

Wok blong Givhan mo Kam Tugeta blong Isrel

"Long wanem wei we i nomol long yu, serem wetem ol pipol from wanem Jisas Kraes mo Jos blong Hem i impoten long yu. . . .

" . . . Wok blong yu hem i blong serem wanem i stap long hat blong yu mo laeffolem ol bilif blong yu." —Elda Dieter F. Uchtdorf⁵

Wok blong givhan mo fasin blong serem gospel, tufala i wok wan. Hemia sam wei we yumi save mekem ol fren mo ol neba blong yumi oli kam tugeta taem yumi stap givhan—o blong stap givhan taem yumi stap pulum tugeta ol fren mo ol neba blong yumi:

- **Givim seves tugeta.** Lukaotem samfala janis blong invaetem wan fren o wan neba blong joenem yu blong givhan long nid blong wan narawan. Askem olgeta blong helpem yu blong rere long wan kaekae blong wan niu mama, klinim yad blong wan neba we i olfala, o klinim hom blong wan we i sik.
- **Tij tugeta.** Tingting blong invaetem wan fren o wan neba we i no stap kamoltaem blong i akseptem blong ol misinari oli tijim wan misinari lesen long wan narawan, insaed long hom blong hem; o blong i sapotem yu blong ol misinari oli tijim wan lesen insaed long hom blong yu, o blong go wetem yu, long wan lesen we oli stap tijim insaed long hom blong wan narawan.

- **Go aot mo toktok.** Antap blong stap givhan long olgeta we oli givim nem blong olgeta long yu, yu save go aot mo toktok tu long ol narawan taem yu luk se i gat wan nid i stap. Askem sapos yu save draevem olgeta i go long ol miting blong Jos. Invaetem ol pikinini blong olgeta blong kam long ol aktiviti blong Yut o Praemer. ?Wanem nao ol nara wei we yu save givhan o mekem man i kam tugeta?
- **Yusum ol risos we Jos i bin givim.** Jos i stap givim planete risos long ol memba; hemia i blong helpem olgeta blong stap serem gospel. Yu save gotru long "Misinari" sekseen insaed long Gospel Laebri ap, wajem ol vidio long "Come and See" (Kam mo Luk, (long Church ofJesusChrist.org/go/12011), mo visitim ComeUnto Christ.org blong gat ol aedia long wei blong pulum tugeta Isrel insaed long ol komuniti blong yumi. ■

OL NOT

1. Russell M. Nelson, "Hope of Israel" (wol yut divosen, 3 Jun 2018), HopeOfIsrael.ChurchofJesusChrist.org.
2. Bonnie H. Cordon, "Stap Kam Wan Man blong Lukaot long Sipsip," *Liahona*, Nov 2018, 75.
3. Jean B. Bingham, "Givhan Olsem we Sevya I Mekem," *Liahona*, May 2018, 104.
4. Luk long "Ol Givhan Prinsipol: Stamba Tingting we Bae I Jenisim Givhan blong Yumi," *Liahona*, Jen 2019, 9.
5. Dieter F. Uchtdorf, "Misinari Wok: Stap Serem Wanem I Stap long Hat blong Yu," *Liahona*, Mei 2019, 17.





OL PAOA BIONG LAET MO TUDAK | KAM LONG WARREN LUCH,
JOS HESTRI MUSIOM I GAD BIONG SEREM,
FOTO BIONG TABU BUST | KAM LONG TROY CORBETT



OLSEM WANEM LOD *IMekem Wol I Rere* FROM RESTORESEN

I Kam long
Presiden
M. Russell
Ballard

Akting Presiden
blong Kworom
blong Olgeta
Twelef Aposol

Long plante wei, Lod i bin mekem wol i rere from Restoresen blong gospel blong Hem, blong i blesem wanwan man, woman, famli, komuniti, nesen, mo wol ia.

Lod i bin mekem wol ia i rere from Restoresen blong Gospel blong Jisas Kraes longtaem bifo we Papa mo Pikinini, Tufala i kamaot long Josef Smit long 1820. Wanem we i tru, i we, fasin blong Lod, blong mekem rere ol samting blong putumbak ful gospel blong Hem long ol las dei, i stat bifo oli bin kriitem wol ia.

Long Oktoba 1918, wan revelesen, we oli save long hem olsem Doktrin mo Ol Kavenan seksen 138, we Presiden Joseph F. Smith (1838–1918) i bin kasem, yumi lanem se ol fas lida blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent mo plante long “*ol nara spirit we oli gud tumas . . .* God i bin holemtaet olgeta blong oli kam long taem we evri wok blong God i kamtru, blong oli kam blong tekpat long wok blong putum fandesen ia blong wan bigfala wok blong ol las dei” (Doktrin mo Ol Kavenan 138:53; oli ademap italicik).

Presiden Smit i bin luk se “oli bin stap tu long medel blong olgeta haeman mo olgeta bigfala man we Lod i bin jusum olgeta long stat” (Doktrin mo Ol Kavenan 138:55). Hem i ademap se “olgeta ia, *wetem plante narafala moa*, oli bin kasem ol fas lesen blong olgeta long wol blong ol spirit, mo oli bin rere blong oli kam long wol long stret taem blong Lod, blong wok long plantesen blong hem blong mekem wok blong sevem ol sol blong ol man” (Doktrin mo Ol Kavenan 138:56; oli ademap italicik).

Afta long kriesen blong wol ia, “ol profet stat long taem we wol i bin stat” oli bin toktok, singsing, drim, mo profesae abaot fiuja taem ia we “evri samting bae i kambak” (Ol Wok 3:21; luk tu long Luk 1:67–75).

*Wan long ol moa impoten
wei we Lod i bin mekem
wol ia i rere from Restoresen,
i bin wan taem blong
jenis blong stap raetem ol
samting; hemia i bin fol-
daon stret wetem taem ia
we oli kriitem mo yusum
papires mo pajmen.
Andanit ia: Papires pej
blong Buk we oli raetem
blong Niu Testamen.*

Taem hem i toktok stret abaot fas profet blong Restoresen blong Jos Ia blong Jisas Kraes, Presiden Brigham Yang (1801–77) i talem: “Ae blong Lod i stap long Josef Smit, mo long papa blong hem, mo long papa blong papa blong Josef, mo long olgeta long laen blong famli ia i gobak kasem Ebraham, mo stat long Ebraham i gobak long taem we bigfala wota i kavremap graon, stat long taem blong bigfala wota ia i gobak long Inok, mo stat long Inok i gobak long Adam. Hem i bin stap luklukgud long famli ia mo blad ia, taem blad ia i aot long spring blong hem i go kasem taem we man ia i bon i kam long wol. God i bin odenem finis Josef Smit long ol taem we oli no save finis blong hem i prisaed ova long las dispensesen ia.”¹

Taem yumi stap celebretem 200 yia aniveseri blong Fas Visen long yia ia, bae i stret blong save tingbaot plante long ol woman mo ol man ova long plante hundred yia, we oli bin kasem insperesen long Lod taem Lod i bin stap mekem wol ia i rere from Restoresen ia we i stat taem we, Papa mo Pikinini, Tufala i bin kamaot long yangfala Josef Smit, we i bin stap lukaotem fogivnes mo wan rod blong folem, long yia 1820.



Taem yumi lukluk i gobak long histri, bae yumi faenem plante niu samting we i bin hapen raon long wol, we oli stap mekem ol pipol oli rere, blong Jos Ia blong Lod i kambak long ol las dei.²

NIU TAEM IA BLONG BUK IA WE OLI RAETEM

Wan long ol moa impoten wei we Lod i bin mekem wol ia i rere from Restoresen ia blong gospel blong Hem, i bin wan niu taem blong yusum buk we oli raetem; hemia i kamaot aot long fasin blong kriitem mo yusum papires mo pajmen.³

Pajmen, oli mekem wetem skin blong animol, we oli bin stap yusum long taem bifo mo niu taem blong bifo, olsem wan samting blong stap raet long hem.⁴ Ol fasfala kopi blong Hibrus Baebol (OlTesteman) mo plante impoten kopi afta, blong Baebol, oli bin holemtaet long ol pajmen.⁵

Papires, oli mekem aot long insaed blong branj blong papires plant; hem i wan nara samting we oli bin stap yusum bifo blong stap raet long hem. Ol fasfala kopi blong ol buk blong Niu Testeman, oli bin holemtaet long ol papires pepa.

Ol tul blong raet ia, oli bin mekem samting i kam isi komperem blong stap raet long ston, o ston tablet, blong olgeta we oli stap raet, blong oli raetem ol toktok blong God we ol profet mo aposol oli bin stap kasem tru long insperesen. Plante man blong raet bifo, oli bin yusum ol raeting tul ia blong kopi, pasem, mo holemtaet ol tabu raeting long plante kopi blong mekem se faea blong fet bae i neva save ded.

Eksampl. I no longtaem i pas, mi bin lanem se i bin gat “ova wan hundred buk we oli raetem abaot Gospel blong Matiu; oli raetem long lanwis blong Ol Man Gris, mo i semmak wetem ol nara buk blong Baebol we oli bin raetem olgeta long ol taem bifo, long ol pajmen.⁶

NIU TAEM IA BLONG PRINTIM BUK

Olssem we mi bin tijim plante taem, Lod i bin givim insperesen blong wan niufala bigfala step blong mekem wol ia i rere from Restoresen blong gospel ia blong Hem we bae i sevem ol

Johannes Gutenberg i bin wan tul long han blong Lod blong mekem save, andastaning, mo religin fet i kam antap long wol. Raet evriwan: pej we oli raetem blong Baebol blong Gutenberg



man; hemia i hapen taem wan man blong wokem aean, blong Jemani, Johannes Gutenberg, i bin jenisim ol teknoloji blong printim buk we oli bin statem long Jaena, blong mekem wan stoa blong printim buk long 1439 i go kasem 1440.⁷

Gutenberg i bin wan tul long han blong Lod blong mekem fet, andastaning, mo fet blong religin i kam antap mo i go raon long wol.⁸ Wanem we hem i bin krietem, i statem wan niu taem blong printim samting we i jenisim wol blong oltaem; rod ia i mekem i isi blong serem ol aedia mo infomesen i go long plante ples, mo hemia i kam ol tul blong jenis i hapen.⁹

Ol man blong stadi oli ting se i gat samples 30,000 buk we oli bin stap long Yurop long taem we Gutenberg i bin pablism Baebol long printing stoa blong hem. Long ol 50 yia ia afta hem i bin krietem hemia, i bin gat ova long 12 milian buk we oli bin faenem olgeta long Yurop.

Rifomesen blong Protestan i bin yusum kriesen blong Gutenberg blong mekem ol tingting blong olgeta i go evri ples, mo blong tekem Baebol i go long ol pipol olbaot nomo, hemia, folem sam rod we i no gat wan, long wan eli jeneresen, bae i save tingting long hem.

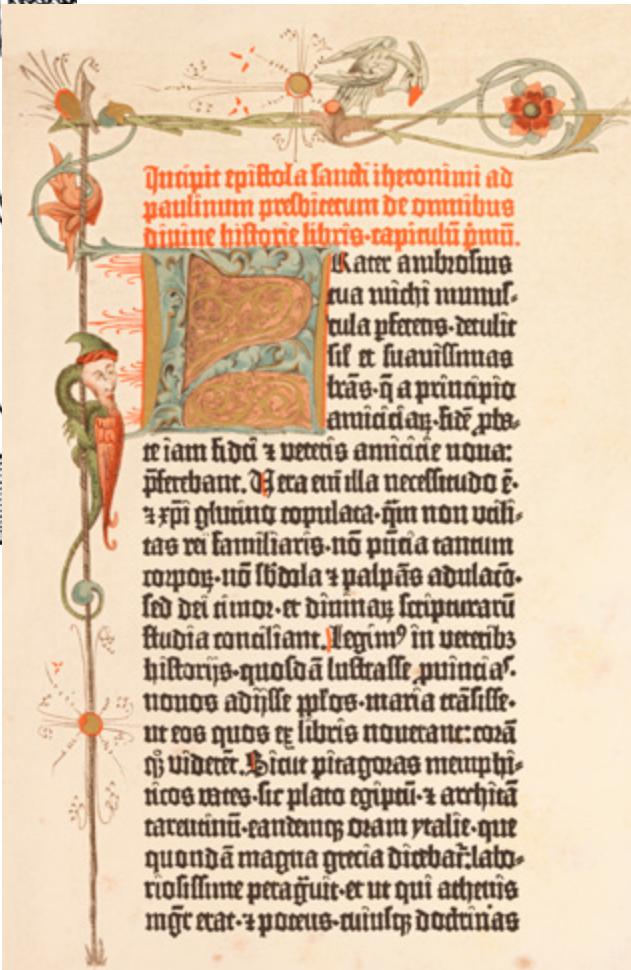
NIU TAEM BLONG RID MO RAET MO TRANSLESEN BLONG BAEBOL

Taem ia blong printim ol samting i kam antap bigwan; i kam antap tu from moa pipol i save rid mo raet, mo from ol pipol long Yurop oli tosta tumas blong wantem ridim ol tabu toktok blong ol skripja long stret lanwis blong olgeta.

Baebol long Latin lanwis, we oli transletem aot long lanwis blong Gris i go long lanwis Hibru long nambafaef senturi A.K.B., i bin ofisol Baebol blong Katolik Jos long Wes blong 1,000 yia.¹⁰ Blong plante handred yia, plante Man Yurop oli bin lanem abaot Baebol, tru long ol toktok we ol pris oli bin stap givim.

Be long namba 15 mo 16 senturi, olgeta we oli jenisim samting long religin, oli bin krietem ol niu Baebol translesen long ol bigfala lanwis blong Yurop, olsem lanwis blong Ol Man Jemani, Itali, Inglan, Spen, mo Franis. Olgeta translesen ia, oli folem orijinol toktok long lanwis Hibru mo blong Gris—be i no Latin Baebol. Hemia i mekem se plante taosen pipol we oli stap rid, oli save gat eksperiens long ol stori mo ol tijing blong Baebol long stret lanwis blong olgeta.

Martin Luther, we i bon long 1483, i bin wan long olgeta lida ia we i pablism Baebol long lanwis blong taem blong hem. Translesen blong hem,



long lanwis Jemani, oli bin pablism long 1534—wan yia we samting i jenis bigwan long histri blong Kristin fasin long Wes.¹¹ Bilif blong Luther long paoa blong ol skripja, i bin help blong fidim wanem oli singaotem Rifomesen, o jenis. Ol man we oli jenism ol samting, oli pus strong blong ful wol i mas gat edukesen blong mekem se evriwan i save gat janis blong ridim ol skripja olgetawan nomo.

Sam lida blong relijin, oli bin wari tumas se bae plante man tumas i ridim Baebol, mo bae i mekem olgeta oli gat ol krangke tingting, oli nomo ting hevi long atoriti blong Jos, mo bae i mekem ol faet i hapen insaem long ol sosaeti. Mekem se blong fesem hemia, oli sarem man long kalabus, oli kilim ol man, mo tu, oli kilimded plante we oli faenem olgeta oli stap transletem Baebol long mama lanwis blong olgeta, o oli stap talem se oli ona blong ol translesen ia blong ol skripja i go long ol mama lanwis ia.

William Tyndale, we i bon long 1494, i kamkamaot long taem blong bigfala wok blong Martin Luther long saed blong translesen blong Baebol long lanwis blong Jemani.¹² Taem hem i bin wan yang man yet, Tyndale



Long en, William Tyndale, semmak olsem plante nara man mo woman we oli bin wantem ol nomol pipol blong save kasem ol skripja long stet lanwis blong olgeta, oli bin kilim hem i ded from Jisas Kraes. Raet: Pej blong oriijnol King James Baebol.

i bin gat tingting ia blong mekem wan niu mo moa gud Inglis vesen blong Baebol we i folem ol oriijnol lanwis blong Hibru mo Ol Man Gris.

Samples long 1523, hem i askem help mo agrimen blong Katolik bisop blong London blong mekem wok ia, be oli sakemaot hem wantaem. From se oli bin pasem wan loa agensem fasin blong transletem Baebol long Oksford long 1408, Tyndale i mas askem wan ofisol rae blong gohed blong mekem translesen, mo bac oli no spolem hem.

From se hem i putum tingting mo taem blong hem blong stap transletem Baebol long Inglis lanwis, Tyndale i statem wok blong hem long sikret, mo i bin finis blong transletem Niu Testeman long 1525. Oli printim translesen ia blong Tyndale long Koloni, Jemani, mo afta oli stap karem haed i go long Ingla; oli bin stap salem long ples ia long stat blong yia 1526.

Long en, Tyndale, semmak olsem ol nara man mo woman we oli kilimded olgeta from oli wantem ol pipol evri ples blong save ridim ol skripja

THE GENERALL
Epistle of Iames.

CHAP. I.

1 For he Sunne is no sooner risen with a burning heat, but it withereth the grass; and the floure thereof falleth, and the grace of the fashion of it perishest: so also shall the rich man fade away in his wayes.

2 Blessed is the man that endureth temptation: for when he is tryed, he shall receive the crowne of life, which the Lord hath promised to them that loue him.

3 Let no man say when he is tempted, I am tempted of God: for God can not be tempted with any temptation.

4 But every man is tempted, when he is drawn away of his owne lust, and enticed.

5 Then when lust hath conceived, it bringeth forth sinne: and sinne, it is punished, bringeth death.

6 Doe not erre, my beloved brethen.

7 Every good gift, and every perfect gift is from above, and commeth downe from the Father of lights, with whom is no variablenesse, neither shadow of turning.

8 Of his owne will begathee he vs, with the word of Truth, that we shoulde be a kind of first fruits of his creatures.



Taem we Lod i stap resemap Profet blong Hem, Hem i bin givim insperesen long ol man mo ol woman blong kriitem ol niu teknoloji, blong mekem se gospel i save go raon long ful wol.

long stret lanwis blong olgeta, oli bin fasem hem mo hangem hem long wan pos, long eli manis blong Oktoba 1536.¹³ Be Inglis translesen blong hem i bin laef i stap from se oli bin putum ol toktok mo sentens blong hem mo ol ful sekSEN blong translesen blong hem, i go insaed long King James Vesen.¹⁴

King James Vesen, oli bin pablisim long 1611, mo Jos blong Inglan i bin akseptem fulwan, mo afta long hemia, i bin lidim wok blong Putumbak gospel blong Jisas Kraes long plante defren wei.¹⁵ Hem i bin Baebol ia we oli bin ridim plante long taem we Josef Smit i bon i kam long wol ia long 1805. Long tetaem ia, plante famli, wetem famli blong Josef mo Lusi Mak Smit, oli bin onem wan Baebol mo oli bin stap ridim oltaem. Wanem we i tru, i we, plante pipol oli bin lan blong rid taem oli harem narawan i ridim long hom, mo taem olgetawan oli bin stadi long hem.

OL NIU TAEM BLONG POLITIK MO KOMUNIKESEN

Ol niu jenis long saed blong printim ol buk, translesen mo fasin blong rid mo raet, i mekem rod i rere blong ol niu tingting long saed blong politik mo teknoloji i swip raon long Yurop mo Ol Amerika, hemia bitwin namba 17 mo 19 senturi. Niu jenis long saed blong politik long Yurop mo Amerika i givim ol pipol moa bigfala fridom blong jusum stret religijn rod blong olgeta. Fridom blong religijn i bin wan long plante risal blong politik revolusen (niu taem o jenis blong politik) we i bin hapen long taem ia.

Lod tu, i stat blong “kapsaetem Spirit blong [Hem] long evri pipol” (luk long Joel 2:28; D&K

95:4), wetem tu olgeta we oli bin rere blong drim long wan niu wei blong transpot mo komunikesen teknoloji we bae i muvum Restoresen ia blong Hem i go hariap long wan bigfala wei.

Taem we Lod i bin stap resemap Profet blong Hem, Hem i bin givim insperesen long ol man mo ol woman blong oli inventem ol teknoloji, olsem ol kanal, ol telegraf, mo rod blong tren, mo ol stim enjin, blong mekem se gospel i save go aot i go long ful wol.

Long plante nara wei, Lod i bin mekem wol i rere from Restoresen blong gospel blong Hem, blong i blesem wanwan man, woman, famli, komuniti, nesen, mo wol ia.

STAP LIDIM SMIT FAMLI

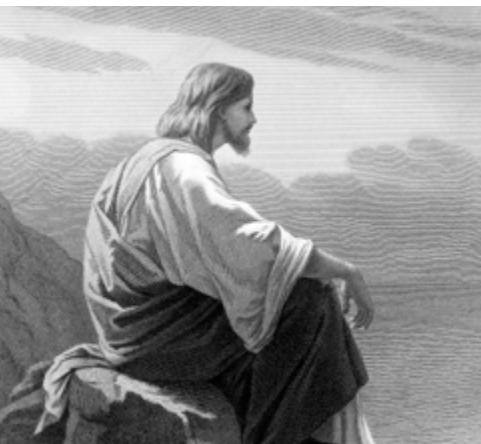
Taem yumi stap tingting long wei we Lod i bin mekem wol ia i rere from Restoresen, oltaem, yumi mas tingbaot se plante long wanem Hem i bin mekem i kamtru, hem i tru long laef blong wanwan—ol man mo ol woman we oli nomol, we, long sam kes, oli bin mekem ol bigfala samting oli hapen.

Plante man, woman mo famli long ol kantri raon long wol, oli bin rere blong kasem mesej ia blong Restoresen. Hemia i tekem papa mo mama blong Profet, Josef mo Lusi Mak Smit; tufala ia oli fulap long Spirit, mo tufala i bin groap long wan kalja we i bin tijim tufala blong lavem Jisas Kraes, mo blong stap stadi long Baebol.

Blong plante yia, Josef mo Lusi i bin gat ol hadtaem long saed blong mane, helt mo nara samting long Niu Inglan ia, long Not Is kona blong Yunaeted Stet. Taem 1816 i kam, taem Hil Tambora long Indonesia i facrap, mekem se i gat jenis long weta long ful wol, mo mekem se kaekae long garen blong tufala i lus evriwan, Josef mo Lusi, tufala i nomo gat tumas joes; tufala i mas givap blong stap long Niu Inglan, mo mekem bigfala desisen ia we i nidim strong paoa long tingting, blong aot long sefti net blong ol famli, ol fren mo komuniti blong tufala.

Olsem we Buk 1 blong niu Histri blong Jos i talem: “Josef Senia i lavem waef mo pikinini blong hem bigwan, be hem i no bin save faenem wan wei blong putum kaekae long tebol mo givim ol nara samting blong laef long famli blong hem. Badlak mo ol invesmen we oli no karem frut oli mekem se famli ia i stat pua mo i no gat rus blong hem. Mebi, bae Niu Yok i defren.”¹⁶

Long plante wei, ol samting we oli no go gud long famli Smit long Niu Inglan i bin pusum olgeta i go long Wes Niu Yok, long wan ples we i gat fulap samting i stap hapen long saed blong religin, mo i bin givim insperesen long Josef Smit Junia blong lukaotem Lod taem hem i bin stap



jenol blong wanwan, mo laef histri blong wanwan oli save stap olsem ol spaeglas blong save luk hao han blong Lod i stap kamkamaot insaed long laef blong yumi.

Insaed long wan revelesen we i kamaot long 1831, Lod i bin givim woning long wol: "Mo



Lod i save mekem yumi strong, i stap tijim yumi ol niu lesen, mo i save mekem yumi rere tru long ol samting we yumi mester, mo ol hadtaem we i mekem yumi slo; hemia from wan defren fiuja olgeta bitim hemia we yumi stap ting long hem.

lukaot blong kasem fogivnes mo faenem rod blong folem. Long ples ia nao, ol buk we oli wokem long gol oli bin stap haed long hem; oli wet long hem blong hem i faenem olgeta, transletem olgeta mo pablism olgeta.

STAP LUksave Han Blong Lod Long Laef Blong Yumi

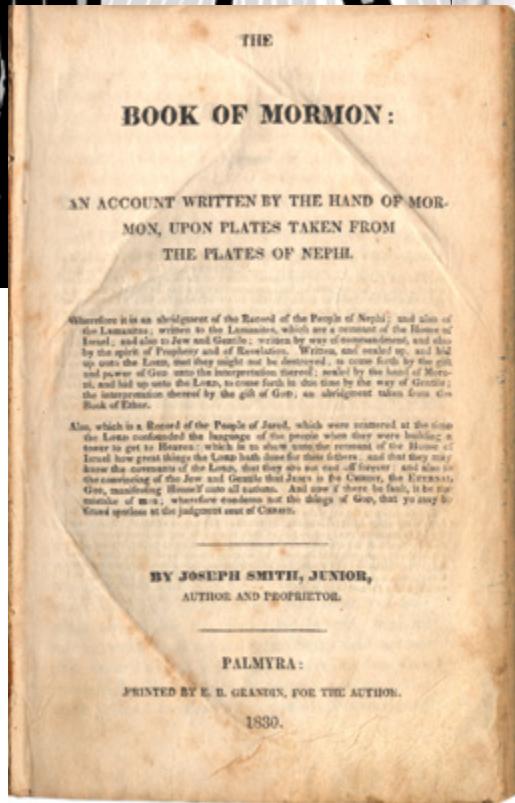
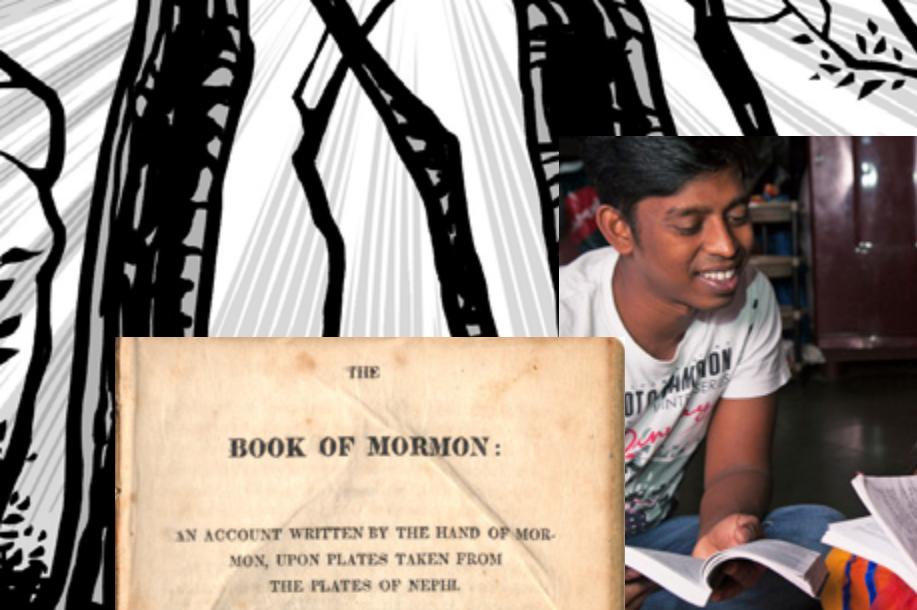
Oлем we Lod i bin mekem wetem ol taem ia we ol samting blong Smit famli i no bin go gud, Hem i save mekem kam strong, i save tijim yumi ol niu lesen, mo i save mekem yumi rere tru long ol samting we oli no stap go gud, mo oli slo, blong yumi kasem wan defren fiuja we yumi neva ting blong gat.

Taem yumi tingting long wei we han blong Lod i kamkamaot long laef blong Smit famli, yumi nid blong luksave se han blong Hem i stap kamkamaot tu long laef blong yumi wanwan. Blong stap lukaotem han blong Lod insaed long laef blong yumi, i nidim blong wan i save lisin long saed blong spirit, mo long plante taem, i nidim taem mo wan longfala lukluk long ol samting. Yumi glad tumas se, ol petriakel blesing, ol

man i no save mekem God i kros long wan samting, o God i no save mekem kros blong hem i girap agensem wan man, be nomo, olgeta we oli no luksave han blong God long evri samting, mo oli no obei long ol komanmen blong hem" (Doktrin mo Ol Kavenan 59:21).

Tingting mo hat blong yumi, blong wantem obei ol komanmen blong Lod Jisas Kraes, spe-seli tufala hae komanmen ia blong lavem God mo neba blong yumi semmak olsem yumi lavem yumiwan bakegen, bae i kam antap moa taem yumi stap lukaotem mo luksave han blong Lod insaed long laef blong yumi, mo yumi lukaotem mo luksave han blong Hem we i stap mekem wol ia i rere from Restoresen blong Jos blong Jisas Kraes. Hem i "wan gudfala wok mo wan sapraes" (2 Nifae 25:17).

Naoia, Lod i stap mekem wol ia i rere from Seken Kaming blong Hem, semmak nomo olsem we Hem i bin mekem wol ia i rere from Restoresen blong gospel blong Hem we i no save finis. Bakegen, yumi save luksave han blong Hem long ol impoten taem blong jenis long histri, be tu, insaed long laef blong wanwan man mo woman.



Naoia, Lod i stap mekem wol ia i rere from Seken Kaming blong Hem, semmak nomo olsem we Hem i bin mekem wol ia i rere from Restoresen blong gospel blong Hem we i no save finis. Lef: Taetol pej blong wan Buk blong Momon blong 1830

Wherefore it is an abridgment of the Record of the People of Nephi; and also of the Lemmities; written to the Lemmities, which are a remnant of the House of Israel; and also to Jew nation, written by way of commandment, and bid by the power of the Lord, and of Remon. Wherefore it was sealed up, and hid up unto the Lord, that they might not be destroyed; to come forth by the gift, and power of God, unto the interpretation thereof; sealed by the hand of Moroni, and hid up unto the Lord, to come forth in due time by the way of Gomor; the interpretation thereof by the gift of God; an abridgment taken from the Book of Ether.

Also, which is a Record of the People of Israel, which were scattered at the time the Lord commanded the Israelites to go into the land of promise, and to have a kingdom as Hebrews; which is an above named remnant of the House of Israel how great things the Lord hath done for their fathers; and that they may know the covenants of the Lord, that they are not cast off forever; and also to show the prophecies of the few that remain that are left in the Earth, concerning the Kingdom of God; and likewise unto all nations. And now if there be faults, it is the sinfulness of man; wherefore condense not the things of God, that ye may be tried sparingly at the judgment seat of Christ.

BY JOSEPH SMITH, JUNIOR,
AUTHOR AND PROPRIETOR.

PALMYRA:
PRINTED BY E. H. GRANTIN, FOR THE AUTHOR.
1830.

Taem we Josef Smit i bin go long bus blong ol tri ia we, tedei, yumi talem se i tabu, hem i bin stap lukaotem blong kasem fogivnes mo blong save wanem rod blong folem long laef blong hem.¹⁷ Long wan wei, hem i bin stap mekem folem insperesen invitesen blong Lod we oli raetem long Gospel blong Matiu:

“Yufala evriwan we yufala i stap hadwok tumas, mo we yufala i stap karem ol hevi samting, yufala i kam long mi, nao mi bambae mi tekemaot ol hevi samting ya, mi mekem we yufala i spel gud.

“Yufala i mas putum yok blong mi long solda blong yufala, blong yufala i wok wetem mi, from we mi mi wan kwaet man, mo tingting blong mi i stap daon. Mo yufala i mas lan long mi, nao bambae yufala i save faenem pis long laef blong yufala.

“Yufala i mas mekem olsem, from we yok ya we mi bambae mi putum long yufala, wok blong hem i isi nomo, mo ol samting we bambae mi givim long yufala blong yufala i karem, oli no hevi” (Matiu 11:28–30).

Mi testifae se, long stat evriwan, han blong Lod i bin mekem wol ia i rere from Restoresen blong “tru, klin, mo simpol gospel” blong Jisas Kraes, from “ol doktrin blong Kraes we bae i severem ol man” we oli stap naoia blong evriwan long ol pikinini blong God.¹⁸ Mi testifae tu se han blong Lod i stap long laef blong wanwan long yumi; Hem i stap invaetem yumi blong folem Hem, blong givim seves long ol narawan, mo blong lavem Hem taem Hem i stap mekem wol ia i rere from bigfala Seken Kaming blong Hem. ■

OL NOT

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OL PIKININI MO OL YUT: Stat Strong

Ol lida blong Jos oli serem olsem wanem ol papa mo mama, mo ol wod oli save helpem ol pikinini blong kam olsem Sevya.

nomata se yu yu glad tumas, o yu yu waris mol abaot ol niu wok blong Jos ia—Ol Pikinini mo Ol Yut—maet yu gat samfala kwestin: “?Olsem wanem bae hemia i helpem ol pikinini blong mi?” “?Olsem wanem nao yumi mekem hemia?” “?Wanem nao rol blong mi insaed long hemia?”

Ol lida blong Jos oli givim samfala ansa.

?From wanem Jos i stap mekem jenis ia?

Sista Bonnie H. Cordon: Olsem we Presiden Russell M. Nelson i bin tijim, yumi evriwan i nidim blong kam antap long paoa blong yumi blong kasem revelesen.¹ Oli setemap Ol Pikinini mo Ol Yut blong invaetem wanwan man, woman mo famli blong lukaotem insperesen we i kam long Spirit long hao blong progres mo faenem glad long kavenan rod ia. Hemia i wan rod we i ron folem sem saed blong wan profet we i bin gat visen long hem from wanwan long yumi.

Brata Stephen W. Owen: Presiden Nelson i stap tijim yumi tu se yumi wan Jos we hom i senta, i nomata se hom blong yumi i luk olsem wanem.² Yumi no wan Jos we program i senta long hem. Ol lida mo tija blong Jos oli save helpem ol pikinini blong yumi blong oli lan mo oli laef folet doktrin, be responsabiliti ia i stat insaed long hom, mo hem i wan evri dei responsabiliti.

Olsem we profet i bin tijim, yumi nid blong lukaotem revelesen mo folet Spirit, mo Ol Pikinini mo Ol Yut bae i helpem yumi blong mekem hemia—wan pat blong hemia i from evri samting i kam simpol nomo. Long taem bifo i kam, i bin gat plante handred samting we ol papa mo mama oli mas foletap mo andastanem insaed long Progres blong Miwan, Diuti long God, Fet long God, mo ol nara program blong Jos, hemia taem ol pikinini blong olgeta oli progres tru long ol yangfala yia blong olgeta. Niufala rod ia, i invaetem ol yut mo ol pikinini blong lukaotem insperesen taem oli



Bonnie H. Cordon
Yang Woman Jeneral
Presiden



Stephen W. Owen
Yang Man Jeneral
Presiden



Joy D. Jones
Praemeris Jeneral
Presiden

stap setem ol gol folem ol nid mo ol intres blong olgeta.

Sista Joy D. Jones: Hemia i wan gudfala janis blong ol pikinini mo ol yut blong yumi, we oli jeneresen ia we i stap kam antap, blong oli mekem fet blong olgeta long Jisas Kraes i mao dip. Taem oli stap lanem blong lukaotem mo mekem folem wanem we Tabu Spirit i talem long olgeta, bae oli andastanem gud moa aedentiti blong olgeta we i no save finis, mo stamba ting-ting blong olgeta, mo hao oli save progres mo filim lav ia we Papa long Heven i gat long olgeta. Ol Pikinini mo Ol Yut, i lukluk nomo blong blesem mo mekem ol yut mo ol famli blong olgeta oli kam strong moa blong stanemap mo fidim ol rilesensip insaad long hom blong olgeta, insaad long jos, mo wetem Papa blong olgeta long Heven.

?Wanem nao oli ol fas step we ol famli oli save tekem blong stat yusum Ol Pikinini mo Ol Yut?

Sista Jones: Prea tugeta blong Spirit i lidim yufala. Ol papa mo mama oli save stat blong toktok wetem famli blong olgeta abaat ol trifala eria blong stat praktisim Ol Pikinini mo Ol Yut: lanem gospel, seves mo aktiviti, mo developmen blong yuhan. ?Wanem nao oli stap mekem naoia? ?Olsem wanem nao oli stap groap olsem wanwan man, woman mo olsem wan famli long ol trifala eria ia? ?Olsem wanem nao we, taem bae oli lukluk nomo long Luk 2:52, bae i hel-pem olgeta blong lidim ol plan mo putum ol gol blong olgeta blong save tingbaot mo folem Sevy? Hem i wan gudfala janis blong mekem ol yut, hom mo famli i kam strong moa long sam wei we oli simpol, oli gogohed oltaem mo oli gat mining.

Sista Cordon: Yumi stat wetem smol pat long wan taem. Blong stap wokbaot long rod ia blong kavenan, i jes blong putum wan leg long fored blong narawan. Mekem wan gol. Stat simpol. Gaedbuk blong ol yut mo ol pikinini bae i givim yumi wan gudfala paten blong stap folem.

Brata Owen: Yumi no mas mekem hemia i fasfas tumas. Hemia i simpol nomo. Ridim Luk 2:52. Stat long ples ia. Wan papa o mama i save sidaon wetem pikinini blong olgeta, o yut long hom, mo tokbaot skripja ia. “?Olsem wanem nao bae yumi helpem yu blong groap long waes



tingting mo long bodi mo blong God mo man i lackem yu?" "?Wanem nao yumi save lanem o mekem tugeta? "?Wanem ol gol yu save putum blong wok from?" Mekem i simpol nomo.

Sapos i gat wan samting we yu wantem blong ol pikinini mo ol yut oli save taem program ia i stap gohed, ?bae hem i wanem?

Sista Cordon: !Hemia i wan gudfala janis tumas blong groap olsem we Sevya i bin mekem! Sapos yumi stap askem yumiwan: "?Bae mi lukluk long wanem nomo?" Bae yumi save tingbaot se yumi stap mekem finis sam samting blong save kam olsem Hem. Blong stap lanem gospel, hemia i stap hapan long plante hom mo long jos. Yumi save givim seves mo stap tekpat long ol aktiviti. Niufala rod ia, i wan wei nomo blong yumi, blong wantem mo blong yumi ansa from ol aksen we bae yumi stap tekem folem wanem yumi stap lanem—mo blong lukluk nomo se yumi stap groap long ol fofala eria ia we Sevya i bin stap groap long hem: long saed blong spirit, long saed blong sosol laef, long saed blong bodi, mo long saed blong waes (luk long Luk 2:52). !Hemia bae i tekem glad, pis, mo hapines we i stap, i kam long yumi evriwan taem yumi stap folem Sevya!

Sista Jones: Developmen, i lukluk nomo long Sevya, we i stap long senta blong famli, mo Jos i stap sapotem. Hemia i mekem samting i kam simpol mo i folem nid blong wanwan, mo semtaem, yumi stap aot long ol program blong bifo. Fasin blong groap, bae i hapan long wanwan. Mi hop se ol pikinini, ol yut, ol lida mo ol famli blong olgeta, bambae oli andastanem se hemia i wan wei we eniwan i save kasem, mo i wan wei we oli save stretem, blong evriwan long ol pikinini blong Papa long Heven raon long wol ia, oli save progres tugeta mo oli save gotru long glad ia folem kavenan rod ia. Hemia bae i no wan bigfala jenis, o bae i no wan had kona blong tekem. Hemia i jes blong mekem moa wanem we yumi stap mekem finis taem we Spirit i stap lidim yumi, blong mekem se ol tru hadwok blong yumi oli save givim yumi moa paoa blong wantem mo kam gud moa blong folem Sevya.

?From wanem hem i impoten blong ol yut mo ol pikinini oli developem olgeta olsem Sevya?

Sista Jones: Faswan mo moa impoten, oli bin mekem olgeta kavenan blong oltaem folem Hem. Oli bin mekem ol kavenan blong "stanap olsem ol witnes blong God long evri taem mo long evri samting, mo long evri ples" (Mosacea 18:9). Mekem se oli nidim blong developem olgeta semmak olsem we Hem i bin mekem: long saed blong spirit, long saed blong sosol laef, long saed blong bodi, mo long saed blong waes tingting. Kavenan blong olgeta oli no wan *risen* ia nomo from wanem oli mas mekem hemia, be tu, ol kavenan ia oli givim *janis* we i givim paoa ia blong helpem olgeta blong kasem ol gol blong olgeta.

Brata Owen: Ful stamba tingting blong yumi long laef, hem i blong holem mo kam olsem Papa long Heven mo Pikinini blong Hem, Jisas Kraes. Yumi wantem kam olsem Tufala. Yumi stat blong praktisim hemia taem yumi yangfala, mekem se yumi gat wan paten i stap blong ful laef blong yumi. Mo yumi rili stap folem Sevya taem yumi stap mekem olgeta samting we Hem i bin mekem.

Sista Cordon: Sevya i eksampol blong yumi long saed blong evri samting. Yumi stap stadi long laef mo misin, mo ol tijing blong Hem from se Hem i evri samting ia we yumi wantem kam olsem. Be, from se wanwan long yumi i defren, wanwan long yumi i gat ol fasin mo ol skil we yumi nidim blong developem blong kam olsem Hem. Niufala rod ia, i givim long ol pikinini mo ol yut, wan janis we oli save jusum wanem i stap long hem blong oli gro long ol spesel wei ia, blong developem ol presen we i blong olgeta wanwan, mo blong faenemaot olgeta samting ia we Spirit i talem olgeta blong mekem, blong oli save kam moa olsem Sevya. Hemia nao i mekem se rod ia, i blong wanwan. Hemia i no wan lis blong stap tikim i go. Olgeta gol ia, we wanwan long yumi i putum blong muv fored long kavenan rod ia, bae i defren; be tugeta, bambae yumi stap lanem mo stap groap mo stap go kolosap moa long Sevya.

?Wanem nao yu yu hop se ol pikinini mo ol yut oli filim taem bae oli tekpat?

Sista Cordon: Mi hop se oli kasem wan moa dip andastaning abaot aedentiti blong olgeta we i no save finis. Bae oli filim tu se oli pat blong wan samting. Taem yumi save huia yumi, mo yumi blong hu, nao bae yumi mekem samting i defren. Bae oli lan blong luksave se, wanem we sam sosol media oli talem, i no tru oltaem, from se oli bin gotru long wan eksperiens we i soem olgeta olsem wanem Spirit i stap toktok long olgeta. Bae oli gat moa tras long olgetawan mo long tabu paoa blong olgeta olsem ol gel mo ol boe blong God.

Sista Jones: Yumi wantem olgeta blong filim fet mo hop ia long Jisas Kraes, blong filim pis we i kam taem oli stap obej long ol komanmen, blong gat eksperiens blong ol helti rilesensip, blong lan blong girap bakegen afta wan hadtaem, blong filim glad ia blong givim seves long ol narawan, mo blong filim hapines, mo glad long hat taem oli stap tekpat long wok ia blong fasin blong sevem man.

Brata Owen: Mi hop se ol pikinini bae oli andastanem gospel long wan wei we bae i tekem gospel ia aot long hed blong olgeta i go daon insaed long hat blong olgeta. Hemia i no blong stap jekem ol samting i go. Hem i wan longfala rod blong stap lanem mo stap kam olsem Sevya.

Bae mi rili hop se ol pikinini blong yumi, mo olgeta we yumi stap givhan long olgeta, bae oli filim se oli gat tras inaf long olgeta long hamas oli andastanem gospel, blong oli save tijim gospel ia i go long ol narawan. Eksapol. Mi hop se bae yumi save askem wan kwestin long ol pikinini blong yumi, abaot gospel, mo bae yumi harem wan hevi ansa from se oli bin lanem hemia, mo i pat blong huia olgeta.

?Olsem wanem nao bae ol papa mo mama oli save sapos Ol Pikinini mo Ol Yut i gat sakes insaed long hom blong olgeta?

Brata Owen: Bae mi lukaotem ol frut blong Spirit we oli tokbaot insaed long Galesia 5, olsem moa pis long hom. Mi ting se bae ol pikinini blong olgeta bae oli moa kaen, mo gat moa lav. Bae ol pikinini blong olgeta bae oli wantem blong stap wetem famli. Bae oli wantem moa blong prea mo lukaotem ol ansa. Bae oli luk we oli kam antap, i no jes long saed blong spirit, be tu, long saed blong sosol laef blong olgeta, long saed blong bodi mo long saed blong waes blong olgeta.

Sista Jones: Bae oli save se program ia i wok taem ol rilesensip blong olgeta i kam strong moa, taem we, olsem ol memba blong famli oli gotru long sam ril progres, mo oli gogohed iven taem oli stap traehad; evri samting bae i hapen taem bae oli stap soem sapot long wanwan long olgeta, mo taem bae oli stap kea long wanwan long olgeta mo folem hamas oli stap strong blong lukaotem paoa blong Tabu Spirit mo folem hamas Tabu Spirit i stap insaed long hom blong olgeta. Maet bae ol memba blong famli oli luk klia, olsem wanem, wanem we oli stap mekem evri dei i joen wetem laef blong Kraes. Maet bae i gat moa dip tangkyu from fridom blong joes, mo fasin blong sakem sin; bae ol fasin oli kam gud moa, tras long olgetawan i kam antap, bae oli traehad moa blong go aot long ol narawan be i no blong sarem olgetawan; bae i gat wan moa bigfala tangkyu from Sevya, laef blong Hem, ol tijing blong Hem, eksapol blong Hem mo Atonmen mo Laef Bakegen long Ded blong Hem.

?Wanem kaonsel bae yu givim long ol papa mo mama we oli stap wari blong lego ol fasfala program blong Jos?

Sista Cordon: Yes i tru, yumi laekem ol fasfala program, from se wanwan long yumi i bin develop mo i bin gat wan janis blong luk ol narawan oli develop wetem ol program ia. Oli bin kamtru long insperesen, blong taem ia we oli kamaot long hem. ?Be yumi no glad blong ol revelesen ia we oli gogohed blong stap kam? Lod i nidim yumi blong gohed blong progres mo jenis, mo Hem i nidim blong ol program blong yumi oli mas jenis mo progres blong lukluk long ol nid blong ol memba raon long wol. Oltaem nomo yumi stap traehad blong kam antap, mo blong kam Jos ia mo ol pipol ia we Papa long Heven i save mo i nidim yumi blong kam olsem.

Sista Jones: Yumi bin gat plante blesing tru long ol program blong bifo, mo yumi save talem tangkyu from evri samting ia we yumi bin lanem mo gotru long hem. Hemia i wan gudfala niu taem; mo hem i wan janis blong lukaotem Lod blong Hem i lidim yumi blong yumi lan mo yumi groop long ol wei we oli niu mo oli kam tru long insperesen.

?Olsem wanem ol lida oli helpem ol pikinini mo ol yut blong oli groap blong developem olgetawan?

Brata Owen: Faswan evriwan. Mi ting se ol adalt lida oli nidim blong luk pikinini ia, o yang man o yang woman ia olsem we God i stap luk olgeta; long wei ia mi minim se blong luk huia hem i save kam, be i no jes huia hem naoia. Stat wetem en long maen. Lukluk i go longwe. Hemia bae i tekem taem. Luk huia ol pikinini mo ol yut oli save kam olsem. Developem wan rilesensip we i gud inaf blong mekem se, taem yu nid blong toktok long ol yut, bae oli gat inaf respek long yu blong lisin long yu.

Mo tu, kam blong save ol papa mo mama. Faenemaot long olgeta wanem yu save mekem blong help. Respektem rol blong olgeta olsem papa mo mama.

Sista Jones: Praemer i no gat kworom o klas presidensi insaed long hem, olsem we i gat insaed long ol yang man mo ol yang woman. Ol lida mo tija blong Praemer, mo tu ol givhan brata mo sista, oli givim help long ol pikinini we oli no gat gospel sapot insaed long hom blong olgeta. Be, hem i impoten blong yumi oltaem givim ona ia, long rilesensip bitwin ol pikinini, ol yut mo papa mo mama blong olgeta, i nomata wanem situsesen blong hom. Ol Pikinini mo Ol Yut oli givim wan rod blong invaetem ful famli blong kam mo luk, mo blong kam mo help. Hem i save kam wan rod blong mekem ful famli i kam strong moa; hemia nomata oli ol memba blong Jos Ia blong Jisas Kraes blong Ol Lata-dei Sent o no.

Sista Cordon: Yumi gat plante pikinini mo yut we oli no gat papa mo mama blong olgeta long Jos long Sandei, be oli gat ol papa mo mama we oli gat lav. Bae mi leftemap tingting blong ol lida blong kam blong save papa mo mama blong olgeta, mo faenemaot wanem drim mo tingting oli gat from ol pikinini blong olgeta. Yumi save help. Taem yumi wok wan wetem ol papa mo mama, bae yumi mekem wanwan i kam strong moa, mo bae yumi mekem hom blong olgeta i kam strong moa; mo tu, leftemap tingting blong ol pikinini mo ol yut blong oli mekem hom blong wanwan long olgeta i kam strong moa.



**?Bae yufala i talem wanem long ol papa mo mama we oli fraet
tumas se bae oli no save helpem ol pikinini blong olgeta blong
gotru long Ol Pikinini mo Ol Yut?**

Sista Cordon: Bigfala samting, i we, yumi stap mekem bigfala pat blong hem finis. Ol famli oli stap lanem gospel tugeta finis. Yumi stap mekem seves mo ol aktiviti finis. Oltaem nomo yumi gat wan wok blong stap developem yumiwan; naoia, yumi jes stap lukluk long ol wei ia we Kraes i bin groap long hem.

Taem yumi stap sidaon wetem ol pikinini blong yumi, mi ting se bae yumi laekem hemia. Yumi jes save lisin long hat blong ol pikinini blong yumi long wei we i nomol nomo. Papa blong yumi long Heven i wantem pikinini blong yu blong i groap, i faenem glad, mo i gobak laef wetem Hem. Bae yufala i filim Tabu Spirit i lidim yufala, taem we, *tugeta*, yufala i traehad blong mekem gospel mo Sevya Jisas Kraes i kam pat blong evri saed blong laef blong yufala.

Sista Jones: Statem wetem wei we i wok blong famli blong yu. Gat tras se bae yu kasem help we i kam long heven. Lukaotem blong Spirit i lidim yu. Ol Pikinini mo Ol Yut bae oli wan gudfala tul blong yusum blong stap olsem papa mo mama. I gat fulap samting i stap long solda blong papa mo mama tedei taem oli stap lidim mo fidim ol famli blong olgeta. Samtaem, hem i isi blong filim se ol samting i hevi tumas. Ol Pikinini mo Ol Yut bae i helpem ol papa mo mama blong tekem wanem i nid nomo aot long wanem we i impoten. Blong stap helpem ol famli blong yumi blong lan blong folem Sevya tru long insperesen blong Tabu Spirit i impoten long yumi evriwan, mo bae i tekem lav mo ol blesing blong Lod i kam.

Brata Owen: Mi ting se bae yu rili save helpem ol pikinini mo ol yut. Yu no nid blong mekem ol bigfala samting. I kam long simpol samting ia nomo blong stap fetful, stap prea mo stap krietem sam tabu evri dei fasin we oli stret mo gud, insaed long famli blong yu. Stat wetem sam evri dei fasin we oli besik, simpol, stret mo gud, mo bae yu luk ol merikel oli hapen insaed long laef blong ol pikinini blong yu. ■

OL NOT

1. Luk long Russell M. Nelson, “Revelesen blong Jos, Revelesen blong Laef blong Yumi,” *Liahona*, Mei 2018, 93–96.
2. Luk long Russell M. Nelson, “Ol Fas Toktok,” *Liahona*, Nov 2018, 6–8.

OL RISOS BLONG HELP

Insaed long *Liahona*:

- Wendy Ulrich, “Pusum Tingting blong Jeneresen la we I Stap Kam Antap,” *Liahona*, Jen 2020, 26.
- Heather Bergeson mo Amanda Dunn, “Ol Pikinini mo Ol Yut: Wan Lukluk blong Evri Dei Laef,” *Liahona*, Jen 2020, 52.
- Joy D. Jones, “Gud Smol Evri Dei,” *Fren*, Jen 2020, F8.
- Brittany Beattie, “Givhan long Ol Pikinini mo Ol Yut,” *Liahona*, Dis 2019, 36.

Onlaen: childrenandyouth.churchofjesuschrist.org





Pusum Tingting blong Jeneresen we I Stap Kam Antap

I gat fofala wei blong helpem ol pikinini blong yu blong oli putum mo kasem
ol gol we oli gat mining, blong oli save groap olsem we Sevya i bin mekem.

I Kam long Wendy Ulrich, PhD

Olsem ol papa mo mama, mo olsem ol lida, yumi wan tem helpem ol pikinini mo ol yut blong oli kam ol disaepol blong Jisas Kraes long ful laef blong olgeta; bae oli gat samting insaed long hat blong olgeta we bae i pusum olgeta blong givim seves long Lod mo mekem ol misin blong olgetawan i hapan.

Ol Pikinini mo Ol Yut i wan risos we i simpol be i gat paoa blong helpem ol pikinini mo ol yut blong groap long saed blong spirit, long saed blong sosol laef, long saed blong bodi, mo long saed blong waes blong olgeta, semmak olsem we Sevya i bin mekem (luk long Luk 2:52). Hemia i save hapan taem oli stap lanem mo laef folem gospel blong Jisas Kraes, taem oli tekpat long ol seves mo aktiviti we oli gat mining mo oli gud tumas, mo taem oli setem mo kasem ol gol blong olgetawan. Olsem papa mo mama long stori we i stap daon ia, maet bae yumi filim se i gat fulap hevi samting finis long yumi, mo i no nid blong ademap gol blong wan narawan i kam long lis blong yumi. O, yumi save wari se ol pikinini blong yumi bae oli no save groap sapos yumi no pusum olgeta smol.

Storian blong Setem Gol. Eksampol 1:

Alana, i gat 15 yia, i sidaon wetem mama blong hem, Rachel, tufala i gotru long wan lis we tufala i gat blong samfala gol se Alana i save wok long olgeta. Papa blong Alana, Jeff, i wokbaot i kam pas. "Papa. ?Yu ting se bae mi wok long wijwan?" Alana i askem.

Jeff i lukluk long hanwaj blong hem, i tanem fes smol, mo i sakem ae long lis. "Ah, mi luk hemia nao i isiwan. "Bae yu "Lanem wan hym baehat" Yu save tikim hemia hariap nomo. ?Wijwan bakegen yu luk se i isi?"

Rejel i toktok, i tingbaot se Alana i no bin wantem traem blong resis long skul. "Ating yu nidim blong mekem wan samting we i had smol! ?Bae yu mekem wan samting wetem eksaesa?" hem i talem.

"Ah no," Alana i talem, mo i karem fon blong hem i go. "Mi ting se mi oraet."

?Olsem Wanem Ol Papa mo Mama, mo Ol Lida Oli Save Help?

Ol papa mo mama oli save mekem plante samting blong helpem ol pikinini mo ol yut blong oli gat samting we i pusum olgeta blong stap praktisim ol gudfala valiu, mekem ol gudfala joes, mo stap glad long progres blong olgeta mo ol samting we oli mekem i kamtru.



Tingting long wan taem we yu bin gat tingting strong blong wok from wan gol. ?Wanem i bin pusum yu? Janis i stap se, yu bin luk wan janis o wan skil we yu rili wantem o yu bin luk wan problem we i nid blong stretem. Eksampol mo sapot blong ol narawan oli bin givim insperesen long yu blong traem.

Semmak, ol pikinini mo ol yut ia, bae samting i pusum hat mo tingting blong olgeta taem bae oli (1) prea blong disaed wanem we oli wantem (i no jes wanem ol narawan oli wantem blong olgeta), (2) bae oli kriitem wan plan blong kasem wanem oli wantem, (3) bae i no gat tumas praes o panismen we bae i pusum olgeta blong mekem samting, mo (4) bae oli filim se ol papa mo mama blong olgeta oli stap long saed blong olgeta.

1. Helpem olgeta blong oli faenemaot wanem nao oli wantem tumas

Evriwan i wantem wan samting: blong save pat blong wan tim, blong slip moa, blong filim se oli no stap olgetawan, blong stap kolosap moa long God. Lod mo ol mesenja blong Hem, fulap taem oli askem ol pipol: ?Yufala i wantem wanem?" (luk long Mak 11:24; 1 Nifae 11:1-2; Alma 18:15; 3 Nifae 27:1-2; Ita 2:23-25). Be, blong save wanem yumi wantem tumas, i no jes wanem yumi wantem naoia, i tekem praktis mo fasin blong tingtingbak long yuwan.

Taem yu stap tingting long wan pikinini o yut we yu wantem helpem, askem yuwan.

- ?Olsem wanem nao mi presentem ol niu eksperiens long olgeta, ol niu valiu, mo aedia long wan ples we i gat gudfala rilesensip mo gud taem?
- ?Bae mi letem olgeta oli fesem ol risal blong ol pua joes blong oli save mekem ol joes we oli moa gud?
- ?Wetaem nao mi save askem olgeta abaot wanem we oli biliv mo tekem se i impoten? (Luk lis we i kam wetem, "Ol Help Kwestin blong Faenem Samting.")
- ?Olsem wanem mi save poenemaot wanem oli strong long hem? (Traem: "Mi luk se yu yu rili gud long _____. ? Olsem wanem bae yu yusum hemia blong wok blong Lod?")

2. Helpem ol yut blong kriitem wan plan

Taem oli disaed gud long wan gol, plante taem ol yut ia oli gud blong mekem wan plan. Maet ol yang pikinini oli nidim

sam moa aedia. Givim tingting nomo taem tingting blong olgeta i fas. !Yu mas glad, be yu no harem nogud sapos oli no laekem ol aedia blong yu, be oli laekem blong olgeta!

Blong helpem ol narawan blong kriitem wan plan, yu save askem:

- ?Wanem nao gol blong yu? (Ol gol olsem “Gat naes fasin” oli had blong luk stret samting blong mekem sapos yu no yusum ol spesifik aksen olsem “Talem wan gud toktok long wan evri dei,” o “Talem sore taem mi kros.”)
- ?From wanem gol ia i impoten long yu? (?Olsem wanem bae i helpem olgeta blong laef folem ol valiu blong olgeta, o kam moa olsem Sevya?)
- ?Hemia i wan gud taem, o no, blong wok long gol ia? (?From wanem, yes; mo from wanem, no?)
- ?Wanem step nao, we bae i smol mo i isi, blong yu stat wetem? (Mekem olgeta oli tingbaot se, aksen i save pusum tingting blong man. Helpem olgeta blong stat, o stat bakegen, wetem wan samting we i smol mo simpol.)
- ?Olsem wanem nao yu save setemap ol samting blong sapotem plan blong yu? (Tingting blong mekem ol samting blong rimaenem yu, hangem sam toktok blong leftemap tingting blong yu, mekem wan jat o taemtebol blong foemap progres blong yu, karemaot ol temtesen, karem ol stret tul, o askem help.)
- ?Wanem ston o ol samting we oli save kam blokem rod blong yu? ?Olsem wanem bae yu handelem o fesem olgeta? (Helpem olgeta blong tingbaot plan blong olgeta, faenemaot stret se wanem nao i go rong, praktisim ol pat we oli moa had, traem wan niu teknik, o strettem gol.)

Blong helpem ol narawan taem samting i stap go slo, yu save serem ol eksperiens aot long laef blong yu, o aot long laef blong famli blong yu, abaot pipol we oli stap fesem ol tes mo oli strong blong stanap bakegen mo gogohed. Mo tu, traem blong askem:

- ?Wanem nao yu bin traem? ?Wanem nao sam nara samting we yu save traem?
- ?Huia i save help? ?Olsem wanem mi save help?
- ?Wanem aedia nao i kam long maen blong yu taem yu stap prea abaot hemia?



3. Lukaot taem yu yusum ol praes mo ol panismen

Ol smol praes i save helpem wan blong traem wan samting we i niu, mekem wan had samting i kam wan glad blong mekem, o i blong selebretem sakese. Be taem oli givim praes tumas, ol praes ia oli save mekem se wan i no tingting hevi long wanem hem i stap wok from. Ol pipol we oli stap mekem wan wok finis, bae oli nomo mekem hemia tumas sapos oli stap kasem praes from; bae oli no mekem moa; so, i minim se i no naf blong mekem samting jes blong kasem wan praes. Mo long semtaem we ol pikinini oli nid blong gotru long risal blong ol joes we oli no gudgud tumas, oli stap lan blong gat fraet mo stap longwe long ol pipol we oli stap pani sim olgeta, be oli no stap lanem blong tekem ol gud valiu insaed long hat blong olgeta.

I tru, pipol i wantem se bae oli mas pem olgeta from wok, be tu, oli save givim smol praes moa, o gud toktok blong givim wan fidbak we i gud. Be taem yumi kam blong tokbaot gospel mo fasin blong kasem wan gol blong yuhan, ol praes we oli kamaot insaed long yu, oli ol praes ia we bae oli givhan long tingting blong yu blong wan longfala taem moa. Ol praes we yumi kasem insaed long yumi, o oli givhan long tingting blong yumi oli:

- Stap filim Spirit.
- Filim se yumi joen long papa mo mama, wetem ol lida mo ol fren.
- Stap laef folem ol gud valiu.
- Stap lanem samting, stap traem ol niu samting, mo stap stretem ol problem.
- Gat gud hapi taem.
- Mekem wan samting i defren blong mekem gud.

Helpem ol yang pipol blong luksave mo tingting hevi long ol praes ia we i givhan long tingting, o yumi filim insaed long hat. Mo wanwan taem, !givim wan smol praes we i go wetem wan wok we oli mekem i gud tumas!

4. Helpem ol yut blong filim lav blong yu

Ol rilesensip we i gat lav insaed, oli wan long ol wei ia we oli moa impoten blong lidim tingting blong man blong wok from ol valiu, ol gol, mo pusum tingting blong mekem samting ?Olsem wanem nao ol pipol oli bin talemaot long yu se oli lavem yu tru, mo oli tekem yu impoten long olgeta? ?Olsem wanem nao yu disaed se huia nao i wan sef man o woman blong talem samting long hem long wan ones fasin; olsem blong talem ol mistek o ol samting we yu stap gat

hadtaem wetem? Sapos yu filim se oli no rili lavem yu long hom, ?tingting long wanem samting nao yu nidim, be yu no kasem insaed long hom?

Ol ansa blong yu oli save helpem yu blong save olsem wanem blong toktok long ol yang pipol se yu tekem olgeta oli impoten, mo oli save toktok open wetem yu.

Wetem praktis mo help blong heven, yumi save help blong pusum mo lidim tingting blong jeneresen ia we i stap kam antap.

Storian blong Setemap Gol: Eksampol 2:

Alana, 15 yia, i sidaon wetem mama blong hem, Rachel mo tufala i gotru long wan lis blong ol gol we Alana i save wok long olgeta; semtaem, papa blong Alana, i wokbaot i kam pas. "Papa. ?Yu ting se bae mi wok long wijwan?" Alana i askem.

Jeffi lukluk long hanwaj blong hem, i tanem fes smol, mo i sakem ae long lis. "Ah, mi luk hemia nao i isiwan. "Bae yu "Lanem wan hym baehat" Yu save wok long hemia kwik, mo tikim se i finis. ?Wijwan bakegen yu luk se i isi?"

Jeffi stop smol. Wan samting i no stret gud, mekem se hem i tekem taem blong tingting se wanem i rong.

Mi mi let, hem i tingting. Mi wantem hariap nomo wetem hemia. Mi mi no gud tumas blong wokem ol samting ia blong stap olsem wan papa. Ah. Hem i lukluk gel blong hem, mo afta, i luksave se hem i stap filim sam nara filing tu. Hop. Glad. Hemia i no blong jes tikim samting long lis. Hem i abaot gel blong hem i groap. Mo hemia i wan janis blong joen wetem



hem long saed blong evri samting. Wan smael i flasem fes blong hem.

"Okei. Yumi stop smol mo tingting se, ?hemia i wanem," hem i talem. "?Bae olsem wanem sapos wanwan long yumi i raetemdaon wanem hem i filim Spirit i pusum hem blong wok long hem?"

"Ah. Okei," Alana i talem. Rejel i faenem ol pensel mo pepa, mo oli spendem samfala minit blong tingting mo raet.

"Okei," Rachel i talem. "?Wanem nao?"

Alana i tingbaot: "Mi ting se yumi sapos blong prea from hemia, mo afta, jusum wan gol mo mekem wan plan. Be Papa, ?yu yu rili ting se Papa long Heven i kea abaot wijwan gol nao bae mi jusum?"

Jeffi tingting i go. "Yu gat plante gudfala aedia, so maet Papa long Heven i jes wantem yu blong jusum wan blong yu stat wetem. Be mi mi sua long wan samting. Papa long Heven i kea abaot yu."

"Mi save se yu wantem yusum ol presen blong yufala blong mekem samting i defren," Rejel i ademap, "mekem se, sapos wan long ol samting ia i moa impoten, nao mi sua se Papa long Heven bae i wantem yu blong yu filim hemia."

Alana i smael, mo afta, i tingbaot: "Presiden Nelson i bin askem ol yut blong skelem gud evri pat blong laef blong yumi. ?Mi save go karem wanem we mi bin raetem?"

"Yes! Jeffi talem, mo i smael. Hem i lukluk long hanwaj blong hem bakegen. "O lala, mi mas ron i go nao. Faenem wanem yufala i bin raetem mo bae yumi tokbaot tedei long naet, ?stret? Mi gat sam kwestin we bae i save helpem yufala."

"Tru ia!" Alana i talem mo i smael. "Mo, Papa, Mama, Tangkyu tumas." ■
Hem we i raet i stap long Yuta, YSA.

OL KWESTIN WE OLI HELP BLONG FAENEM SAMTING

Blong helpem ol pikinini mo ol yut blong faenem wanem we oli wantem tumas, toktok raon long sam long ol kwestin ia wetem olgeta:

?Huia nao yu laekem mo ting hae long hem? ?From wanem?

?Olsem wanem nao yu laekem blong oli tritim yu? ?Olsem wanem nao yu wantem tritim ol narafala man?

?Wanem promes nao, insaed long ol skripja, long ol tijing blong ol profet, o insaed long petriakel blesing blong yu, oli yu luk se oli impoten long yu?

?Wanem samting yu wantem i kam moa insaed, o i kamaot long laef blong yu?

?Wetaem nao yu yu hapi o yu wantem mekem samting wetem laef blong yu? ?Bae yu stap mekem wanem?

?Bae yu mekem wanem wetem laef blong yu sapos yu no stap fraet blong mesmestem samting?

?Wanem problem nao i stap wok long tingting blong yu naoia?

?Yu ting se Lod i wantem wanem blong yu? ?Mo wanem Hem i wantem yu blong mekem?

?Wanem nao bae yu wantem traem, o wantem lanem long yia ia? ?From wanem?

?Wanem nao oli ol gol blong yu long wok ia? ?From wanem oli impoten long Lod?

Taem yumi stap toktok, mi harem yu yu stap talem se yu wantem _____. ?I tru? ?Wanem moa?

Wan Tank blong Testemoni

Long ol senia yia blong mi long hae skul, papa mo mama blong mi, tufa-la i bin divos. Blong plante yia, mi bin stap wajem papa blong mi we i no stap tekem sakramen. Mi save se hem i gat hadtaem blong obei olgeta komanmen, be mi no save andastanem se hadtaem ia i stap longlongtaem. Taem we papa mo mama blong mi i talem se papa i eskomuniket, nao sista blong mi mo mi i jes lanem evri ditel.

!Mi no laekem yu nating!" Mi singaot long hem, plante, plante taem wetem wota i fulap long ae. Mi harem mi kros bigwan. *?Hao nao papa i save mekem hemia long famli blong mifala?* Mi tingting long hemia miwan. *?Olsem wanem nao hem i save giaman long mifala blong wan longfala taem?*

Filing blong mi blong sek long fas taem, mo kros ia, i no stap longtaem. Afta sam wik, kros blong mi i go lus we mi nomo filim wan samting. Fas taem, blong no filim wan samting i wan wei blong givhan long mi blong mi nomo filim kros mo harem nogud, be long en, harem gud ia i kam we tingting blong mi i lus evriwan, we mi nomo gat hop. Mi filim se laef blong mi i go brokbrok i folfoldaon raon long mi. Long tetaem ia, moa bitim bifo, mi filim se mi nid blong mi mas konek wetem heven. Mi nidim blong filim lav blong God; mi nidim blong filim se God i stap lidim mi, i givim pis mo i hilim mi.

I no longtaem afta, jeneral konfrens i kam. Long wan sesen, mi bin lisin mo stap wet blong filim kamfot blong God. Be hemia i no kam. Long ples ia, insaed long japel we i tudak, mi tingting se, *mi no save filim Tabu Spirit, be mi mi save stret se Hem i stap long ples ia. Hem i mas stap long ples ia.* Taem mi stap tingting long hemia, mi stat blong tingbaot evri smol witnes we mi bin kasem se ol skripja oli tru, se Josef Smit i wan profet, se Papa long Heven i bin blesem famli blong mi, mo we blong stap obei long ol komanmen, i tekem pis i kam. I olsen we mi bin gat wan tank blong testimoni.

Moa mi tingting i gobak long ol witnes blong bifo long saed blong spirit, moa mi luksave se, nomata mi wantem tumas blong filim Spirit, i no bin mata tumas se mi no bin save filim paoa blong Hem i lidim mi long stret taem ia. Mi bin gat wan stoa finis, we i fulap long kwaet witnes we Hem i stap givim se gospel ia i tru.

Save ia i sapotem mi, mo i bin givim long mi, filing ia blong wantem gohed blong obei long ol komanmen, iven we i luk se i no gat wan kwik ansa i kamaot. Sloslo, mi filim lav blong Papa long Heven mo Sevya moa insaed long laef blong mi. Blong stap kolosap long Tufala, iven we mi no save oltaem filim se Tufala i stap kolosap long mi, i tekem wan pis ia, we mi no save tanem baksaed long hem, mo i tekem wan moa strong testimoni abaot gospel blong Sevya. Hemia i gohed blong lidim mi naoia taem mi stap fesem wan bigfala hadtaem we mi no sua long wanem we i stap, o taem we mi harem nogud long wan samting long hat blong mi. Mi save se mi save trastem Papa long Heven mo Sevya, mo we bae Tufala i hilim, leftemap, mo mekem wanwan long yumi i kam strong moa. ■

Oli no talemaot nem, Yuta , YSA



|no bin rili mata se mi no bin save filim Spirit long tetaem ia. Mi bin gat wan stoa finis, we i fulap long kwaet witnes.

?Bae Hem i Andastan?

Long 2005, mi bone, bifo taem, trifala pikinini: Milena, Mateo mo Nelson. Milena i helti taem i bon, be tufala smol boe, tufala i no oraet gud. Mateo i bin ded from ol sik ia, afta tri manis we hem i bon.

Wan manis afta we Mateo i lus, oli faenem se Nelson i gat wan sik long bren, mekem se hem i no save toktok gud, mo sora blong hem i fas. Mitufala i harem nogud tumas. Ol dokta oli talem se bae hem i neva wokbaot. Long tetaem ia, mitufala i glad tumas from save we mitufala i gat from gospel blong Jisas Kraes. Hem i bin helpem mitufala blong andastanem from wanem yumi stap gotru long fasin blong agens long laef ia.

Tru long fet mo long hadwok, Nelson i bin lan blong wokbaot mo blong toktok tru long saen lanwis. Hem i mekem i gud moa bitim wanem we ol dokta oli bin talem. Hem i bin groap we hem i hapi insaed long famli blong mifala, mo insaed long gospel.

Nomata ol samting we hem i no save mekem, mifala i bin gat plante defren

gol blong Nelson: se bae hem i andastanem mining blong baptaes bifo hem i bin baptaes, se bae hem i kasem Aronik Prishud taem hem i kasem 12 yia, mo bae hem i go long tempol blong mekem baptaes blong olgeta we oli ded.

Long 2017, Nelson i bin kasem 12 yia. Mifala i bin helpem hem blong hem i rere blong mekem ol baptaes blong olgeta we oli ded. Hem i bin wan jaleni blong hem blong hem i andastanem se olgeta we oli bin ded mo oli no bin baptaes, bae oli nidim help blong yumi. I no longtaem afta long betdei blong Nelson, hem, Milena, mo bigfala brata mo sista blong hem, Franco mo Brenda, mo ol nara yut long wod blong mifala, oli bin go long Kordoba Ajentina Tempol. Tempol presiden i welkamem olgeta mo i toktok long olgeta abaot hamas nao baptaes blong bihaf blong olgeta we oli ded, i impoten tumas. Mi sidaon wetem Nelson, mo mi saen long bihaf blong hem. I no longtaem afta, i taem blong hem. Taem hem i go insaed long ples

blong baptaes, mitufala i askem mitufalawan, ?bae hem i rili andastanem?

Taem hem i go insaed long wota, Nelson i krae. Long tetaem ia, Tabu Spirit i soemaot long mitufala se hem i bin andastanem se hem i bin stap mekem wan samting long bihaf blong ol bubu blong hem we oli ded finis, from oli no save mekem samting ia long bihaf blong olgetawan. Mifala i bin andastanem se ol memba blong famli long nara saed blong vel oli bin hapi se hem i bin stap helpem olgeta. Spirit i bin talem tu long mifala se Mateo i bin stap ia, wetem brata mo sista blong hem. Taem we Nelson i kamaot long wota, hem i bin hapi tumas.

Stat long tetaem ia, Nelson i bin kasem baptaes mo konfemesen blong plante memba blong famli, wetem papa blong mi we i bin ded long 2016. Mifala i lavem tempol. Blong givim seves long ples ia i kam wan famli tradisen blong mifala. Evri taem we mifala i stap go, mi tingbaot spesel dei ia. ■

Miriam Rosana Galeano, Kordoba, Ajentina

Blong givim seves insaed long tempol, i kam wan long ol famli tradisen blong mifala. Evri taem mifala i stap go, mifala i tingbaot spesel dei ia blong Nelson.



"Evri Samting I Bin Hapen long Waes Tingting blong Hem we I Save Evri Samting"

Taem mi go long misinari trening senta olsem wan fultaem misinari, mi faenemaot se i gat fulap samting blong lanem. Mi mekem bes blong stadi, blong mekem testemoni blong mi i kam strong moa, mo blong bildimap fandesen ia we mi bin gat finis. Bae mi prea, mi askem wan kwestin long Papa long Heven, mo afta, bae mi lukaotem ol ansa. Praktis ia i bin jenisim laef blong mi.

Wan dei, taem mi bin stap olsem wan misinari long Peru, wan fren elda i kasem wan leta we i stap talem long hem se papa blong bes fren blong hem i bin ded, we i no gat man i ting se bae i olsem. Hem i stap krae. "From wanem bae Papa long Heven i letem hemia i happen?" hem i talem mo krae.

Kwestin ia i stikim hat blong mi. Long naet ia, mi bin nildaon mo mi askem semfala kwestin ia long Papa long Heven. Afta, taem mi stap lukluk-gud insaed long Buk blong Momon, ae

blong mi i foldaon long 2 Nifae 2:24, we i talem se: "Be luk, evri samting i bin hapen long waes tingting blong hem, we i save evri samting."

Skripja ia i draon insaed long hat blong mi mo i no livim mi. Mi bin raetem wan kad i go long elda ia, mo mi yusum skripja ia olsem pat blong testemoni blong mi. Mi talem gud long hem se evri samting bae i oraet from se Papa long Heven i mekem olgeta samting long waes tingting. Yumi save trastem Hem from se Hem i lavem yumi mo i save evri samting.

Abaot wan yia mo haf afta, mi bin stap givim seves long ol hil blong Peru mo mi kasem wan telefon kol we i kam long misin presiden blong mi. Hem i talem se papa blong mi i kasem wan strok, mo i stap long nogud situesen. I no longtaem afta, papa blong mi i pasawe. Mi harem nogud tumas, mo eni kaen kwestin i kam spolem mi: "?Olsem wanem bae mi winim hemia?"

Mi bin prea long Papa long Heven blong kasem wan ansa. Plante taem, mi bin wantem blong save se from wanem papa blong mi i go we mi no gat janis blong talem tata long hem. Mi karem Buk blong Momon, mi ope-nem, mo ridim olsem semfala toktok ia we mi bin serem wetem elda ia plante manis bifo: "Be luk, evri samting i bin hapen long waes tingting blong hem, we i save evri samting." Ol toktok ia, olsem wan blangket, oli kavremap mi wetem pis mo oli givim mi wan gladhat long wan taem we mi bin filim se mi lus.

Papa blong mi long wol ia i bin lus, be Papa blong mi long Heven bae i stap oltaem blong mi. Papa long Heven i mekem evri samting long waes tingting blong Hem, mo taem yumi stap lukluk-gud mo mekem bes blong yumi blong yumi rere, bae yumi faenem ol gudgud-fala ansa. ■

Christopher Deaver, Kalifornia, YSA

Taem mi bin stap givim seves long ol hil blong Peru, mi kasem wan telefon kol we i kam long misin presiden blong mi.



Niufala koling blong mi blong mi givim seves, i bin konfemem se Lod i bin tekem mi i go long raet ples long raet taem.



Wan Gudgudfala Niu Japta

Mi bin putum en long wan japta blong laef blong mi taem mi bin kam wan wido long Oktoba 2010. Long taem ia, mi bin wok olsem wan tija long Saot Franis. Wan aksiden long wok i mekem se mi no save muv raon tumas, mo mi no glad se mi no save karembak helt mo paoa blong mi. Mi bin glad long wan gudfala laef long wok blong kolosap 11 yia. Mi bin lavem wok blong mi. Mi bin gat fulap fren. Be mi nomo save mekem evri samting we wok blong mi i stap askem mi.

Mi mas admitim se, afta long moa long 33 yia blong stap praktisim Tok blong Waes, mi bin stap askem miwan se from wanem nao mi no bin save “ron mo no taet” o “wokbaot mo ae i no tudak” (luk long Doktrin mo Ol Kavenan 89:20). Nao, mi mas ritae eli bitim wanem we mi ting long hem, mo mi endem wan moa japta blong laef blong mi.

Mi bin stap laef wetem gel blong mi taem we hem i kasem notis se, wok blong hem, oli transferem i go long eria blong Paris. Mi disaed se bae mi go wetem hem mo bae mi openem wan niu japta long laef blong mi long wan niu ples.

I no longtaem afta we mitufala i kasem ples ia, oli bin singaotem mitufala blong go wok long Paris Franis Tempol. Koling blong mi insaed long tempol i bin konfemem long mi se mi bin stap long raet ples long wan raet taem, from se Lod i bin tekem mi, mi go long ples ia. Mi bin gat fulap glad blong stap givim seves oltaem insaed long haos blong Lod, mo hem i gud tumas blong serem ol kaen taem olsem insaed long tempol wetem gel blong mi. !Hemia i fulumap hat blong mi wetem glad!

Tedei, mi luk bigfala blesing ia we, long fas ples, i bin haed biae long

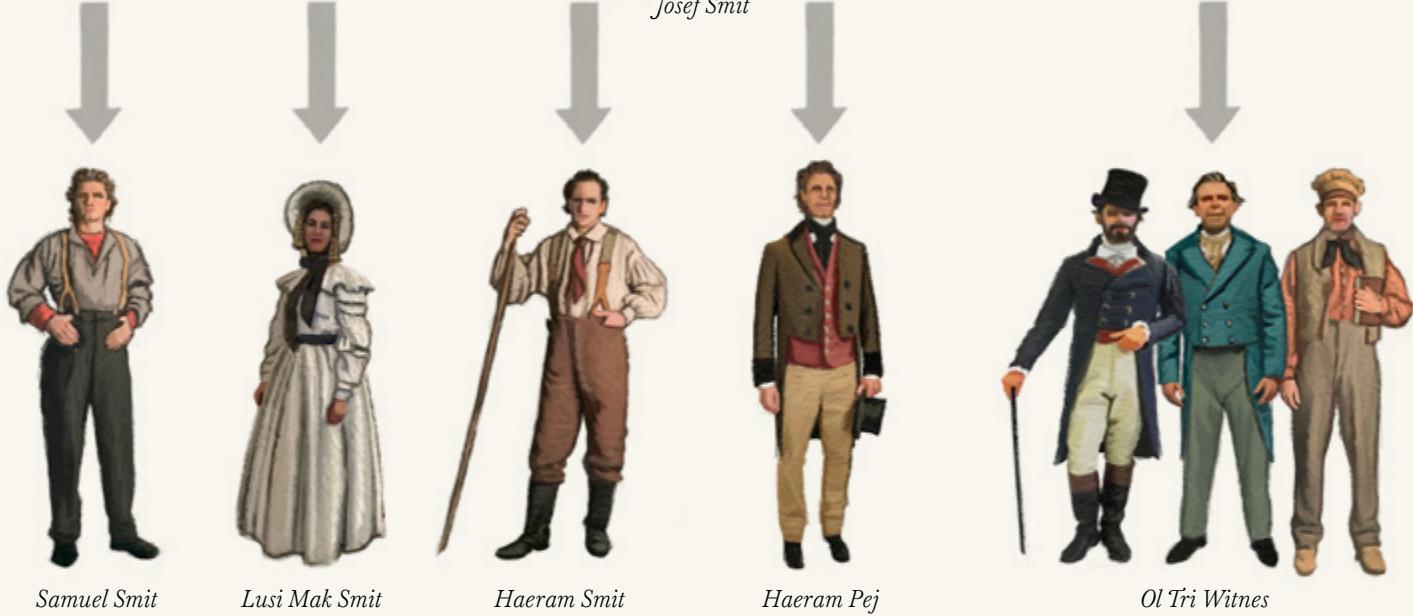
wan harem nogud. From se mi no save muv raon tumas, mi no save mekem wok blong mi, mo blong mi mas ritae eli, evri samting ia i bin had. Be mi save se Lod blong yumi, Jisas Kraes, i bin stap karem mi. Hem i bin helpem mi blong laef long wan slo laef, mo blong mi spel, mi gat hop, mo gat pis, we naoia, oli wan bigfala pat blong laef blong mi.

Evri taem mi stap wokbaot tru long ol doa blong tempol, mi filim Tabu Spirit. Long ol taem we i had, wetem hevi trabol blong wol antap long yumi, hem i gud tumas blong save se Lod i bin givim yumi ol tabu ples, we evri samting i stap long oda mo i naes insaed long olgeta. Mi filim bigfala tangkyu from niu japta ia blong tempol seves insaed long laef blong mi. !Hem i bigwan tumas! ■

Sylvie Cornette, Île-de-Frans, Franis



Josef Smit



Blong Save Hem I Gud be I No Inaf

Hemia sam stori blong ol fasfala memba blong Jos we oli bin harem ol testemoni blong ol witnes blong Buk blong Momon.

I Kam long Steven C. Harper

Profesa blong Jos Histri mo Jos Doktrin, Brigham Yang Yunivesiti

Ating saposyu no luk ol buk ia we oli wokem long gol, oyu no luk wan enjel, nekis samting we i gud moa i blong harem testemoni blong wan witnes we i luk Buk blong Momon. Plante long ol fasfala memba blong Jos oli bin gat janis ia.

Wanem i kam afta, oli ol stori blong sam memba we oli bin toktok wetem ol witnes ia we oli bin luk Buk blong Momon. Be, bae yumi luk, olsem we Presiden Russell M. Nelson i tijim, se blong kasem wan testemoni abaot Buk blong Momon, !hem i “naes, be hem i no inaf!”¹

Rebecca Williams: “Man I Stap Bilivim Toktok blong Olgeta”

Rebecca Swain Williams i bin harem samfala long ol witnes we oli bin luk Buk blong Momon; oli bin stap long Ohaoe long stat blong yia 1830. Hem i talem testemoni blong hem long papa mo ol brata blong hem: “Mi bin harem semfala stori long samfala memba blong Smit famli, mo stret aot long ol trifala witnes. Mi bin harem olgeta oli talemaot long wan pablik miting se oli bin luk wan Tabu Enjel i aot long heven i kam daon, mo i tekem ol buk ia, mo i putum olgeta buk ia long fored blong ae blong olgeta.”

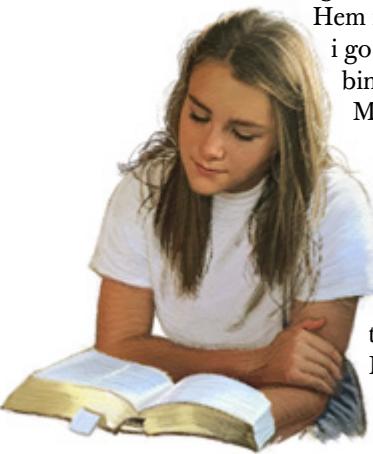
Taem ol memba blong famli blong olgeta oli bin sakemaot testemoni blong olgeta, Rebecca i no bin ronwe. Hem i bin gohed blong lavem olgeta, prea from olgeta, mo tekem gudfala kaonsel blong papa blong hem i impoten. Hem i bin gohed tu blong testifae long papa blong hem se ol witnes blong Buk blong Momon oli talem trutok: “Oli ol man we oli gat ol gud fasin mo man i stap bilivim toktok blong olgeta. . . . Oli bin luk wan enjel blong God mo oli bin toktok wetem enjel ia.”²

Kolosap long en blong ol yia 1830, wan bigfala taem we man i no stap agri insaed long Jos, Rebecca i bin gohed blong stap fetful, i jusum blong stap folem ol tijing blong Buk blong Momon.³

Wiliam MakLelin: “Gat Wok Ia . . . blong Talem se Hem I Luksave Trutok”

Wan moning, long yia 1831, wan yang skultija, nem blong hem Wiliam MakLelin, i bin harem se sam man oli stap wokbaot i go long Misuri blong prij abaot wan niu buk, we oli talem se hem i “wan Revelesen we i kam long God.” Hem i hariap blong harem olgeta. Hem i bin lisin long Deved Witma we i testifae se hem i bin “luk wan Tabu

Enjel we i bin talemaot trutok long hem long saed blong histri ia.” Hem i bin wantem tumas blong save se ol testemoni blong olgeta i tru o nogat.



Hem i bin folet olgeta blong samples 644 kilometra, i go long Indipendens, Misuri; long ples ia hem i bin mitim mo i bin intaviu ol nara witnes, wetem Martin Haris mo Haeram Smit.⁴

Wiliam i bin intaviu Haeram blong planteaoa. “Mi bin askem ol ditel long hao histri ia i bin kamaot,” Wiliam i raetem. Long nekis moning, afta we mi prea blong Lod i lidim mi long trutok, hem i bin luksave se “hem i gat wok ia, olsem wan ones man, blong talem se hem i luksave trutok mo Buk blong Momon i tru.”⁵

Long ol yia afta, fet blong Wiliam i bin gotru long tes mo i bin kam strong moa tru long ol joes blong hem, mo tru long ol agens

we ol Lata-dei Sent oli bin fesem. Taem we Ol Sent we oli bin stap long Jakson Kaonti, Misuri, man i atakem olgeta, fren blong Wiliam, Haeram Pej, wan long Olgeta Eit Witnes, oli bin kilim hem wetem wan klab mo oli bin wipim hem; ol man we oli mekem hemia oli bin talem long hem se bae oli lego hem i fri sapos hem i talem se Buk blong Momon i no tru. “?Olsem wanem bae mi tanem baksaed long wanem we mi save se hem i tru?” Haeram i talem. Mekem se oli kilim hem bakegen.

Wiliam i kam strong moa tru long testemoni blong Haeram—mo i tru, hem i bin fraet bigwan se bae oli kilim hem. Taem we Wiliam i harem se samfala man long eria oli bin givim bigfala mane blong oli kasem hem mo Oliva Kaodri, oli aot long taon blong oli haed long ol bus wetem Deved Witma. Longwe, Wiliam i bin intaviu tu long Olgeta Tri Witnes. Hem i talem: “Mi neva bin luk wan open visen long laef blong mi, be yufala, yufala i talem se yufala i luk, mo from hemia, yufala i save se i tru. Naoia, yufala i save se laef blong yufala i stap long denja long evri aoa, sapos ol rabis man ia oli kasem yumi. Sapos yufala i fraet long God, yufala i traem talem long mi se ?Buk blong Momon ia i tru o no?”

Oliva i talem: “Brata Wiliam. God i bin sendem tabu enjel blong hem blong talemaot long mifala se translesen blong buk ia i tru, mo from hemia, mifala i save se i tru. Mo nomata se ol rabis man ia bae oli kilimded mifala, yet, mifala i mas talemaot se hem i tru.”

Deved i ademap: “Oliva i bin talem tabu trutok long yu, from se bae oli no save giaman long mifala. !Mi talem tru long yu se buk ia i tru!”⁶

Deved, Martin, Haeram, Oliva, mo Wiliam, wanwan long olgeta ia oli bin kam blong save se Josef Smit i bin translatem Buk blong Momon tru long paoa blong God. Oli bin save se gospel we oli bin raetem long ol buk we oli wokem long gol ia, i tru. Be afta long hemia, oli lego ol kros blong olgeta wetem Josef

i gro bigwan kasem taem we oli stop blong stap laef folet ol tijing blong Buk blong Momon.

From se hem i bin witnesem joes blong olgeta, Profet Josef i bin testifae se Buk blong Momon i tru, be tu se—“i moa stret bitim eni narafala buk long wol, mo i ki ston blong religijn blong yumi, mo wan man bae i kam moa kolosap long God sapos hem i folet ol tijing blong hem, bitim eni narafala buk.”⁷

Sally Parker: “Strong long Fet”

Sally Parker i bin wan neba blong Lusi Mak Smit long Ketlan, Ohaeo. Sally i raetem: “[Lusi] i talem ful stori long mi. Taem hem i bin askem Lusi se hem i bin luk ol buk ia, “[Lusi] i talem se no, from se i no blong hem i luk olgeta, be hem i bin filim mo holem olgeta, mo mi bilivim evri samting we hem i bin talem, from se mi bin stap wetem hem eit manis, mo hem i wan long ol bes woman.”

Long 1838, Sally i bin harem Haeram Smit i serem witnes blong hem tu: “Haeram i talem se hem i bin luk ol buk ia long ae blong hem, mo i bin holem olgeta wetem ol han blong hem.”⁸

Long kolosap en blong ol yia 1830, taem planeteoli bin stap aot long Jos, Sally Parker i toktok from lus blong felo-

sip wetem olgeta
mo i mekem
bakegen strong
tingting blong
stap folet ol
tijing blong
Buk blong
Momon. Sally

i raetem: “Mi

minim se blong holemaet
fet ia we i olsem wan smol
sid blong masted, o sid blong
nambangga.” “Mi filim paoa
blong hem insaed long hat
blong mi naoia. Mi mi strong
long fet ia naoia semmak
olsem mi bin strong long
taem we mifala i bin bap
taes mo maen blong
mi i semmak i stap.
Mi minim blong
holemaet gospel
ia kasem we bae
mi ded.”⁹

Rhoda Greene: "Hem I Bin Gat Spirit blong God"

Lusi Mak Smit i bin toktok long jeneral konfrens long 1845, afta we evriwan long ol witnes ia blong Buk blong Momon insaed long famli blong hem oli bin ded from sik, o oli bin kilimded olgeta. Hem i tokbaot wan stori blong boe blong Samuel, long saed blong fas misin blong hem.

Samuel, wan long Olgeta Eit Witnes, i bin visitim hom blong Rhoda Greene, we hasban blong hem i bin stap long wan misin blong wan nara jos. Samuel i bin askem Rhoda sapos hem i wantem wan buk. Hem i eksplenem: "Hem i buk ia, Buk blong Momon, we Brata Josef i bin transletem aot long ol buk we oli bin stap insaed long graon."

Rhoda i bin akseptem wan kopi blong buk ia blong ridim mo blong soem long hasban blong hem. Taem Samuel i bin kambak afta, Rhoda i bin talem long hem se hasban blong hem i no intres, mo bae hem i no save pem buk ia. Samuel i harem nogud smol mo i tekem buk, mo i rere blong aot. Rhoda i bin talem afta long Lusi se, Samuel i bin stop smol mo i lukluk hem. "Hem i neva bin luk wan man i luk olsem," Lusi i talem long konfrens toktok blong hem. "Hem i bin save se hem i bin gat Spirit blong God."

"Spirit i talem long mi blong no karem buk ia," Samuel i talem long Rhoda, we i bin nildaon mo i bin askem Samuel blong prea wetem hem. Rohda i kipim buk, i ridim, mo i kasem wan testemoni abao buk ia. Long en, hasban blong hem tu i kasem wan. Tufala i bin jusum blong folem ol tijing blong buk ia truaot long laef blong tufala.

Lusi i testifae: "Mo olsem ia nao wok i stat, mo afta, i go raon olsem sid blong masted."¹⁰

Rhoda Greene i wan bubuwoman blong mi. Tingting blong mi i kam antap from testemoni blong hem abao buk blong Momon, mo from ol witnes we oli bin raetemdaon testemoni blong olgeta, mo tu, testemoni blong olgeta we oli bin harem olgeta. Tingting blong mi i kam strong moa from ol joes blong olgeta blong folem wanem we Buk blong Momon i stap tijim olgeta.

Wanwan long yumi i save kam ol witnes abao buk blong Momon, long taem blong



yumi tedei, taem we Tabu Spirit i konfemem long yumi, se buk ia i tru. I no longtaem afta we mi aot blong go long misin blong mi, mi bin finisim ridim Buk blong Momon, afta, mi bin nildaon mo mi talem wan simpol prea, wetem tru tingting mo wan tru hat, mo wetem fet long Jisas Kraes (luk long Moronae 10:3–4). Mi bin filim wan strong tingting mo filing we i talem: "Yu save finis se hem i tru." Hemia i kam wetem wan pis ia we mi neva wantem blong stopem. Mi bin save stat long tetaem ia se Buk blong Momon i tru.

Be, hemia i no inaf. Presiden Russel M. Nelson i tijim: "Taem mi stap 'harem eniwan, iven miwan, i talem: 'Mi save se Buk blong Momon i tru,' mi wantem singaot se: '!Hemia i gud, be hem i no inaf!' Yumi nid blong filim, dip 'insaed long' hat blong yumi, se Buk blong Momon i toktok blong God, mo i no gat samting i save talem se i no tru. Yumi mas filim hemia dip insaed we bae yumi neva wantem blong laef wan dei, we yumi no gat buk ia wetem yumi."¹¹ Ol tijing blong Presiden Nelson oli tru. Had-wok blong mi, we i gogohed nomo, blong stap laef folem ol tijing blong Buk blong Momon, i bin tekem mi i go kolosap moa long God bitim eni nara samting. ■

OL NOT

1. Russell M. Nelson, "Buk blong Momon: ?Bae I Olsem Wanem Sapos Yu No Gat? [Https://www.churchofjesuschrist.org/general-conference/2017/10?lang=bis](https://www.churchofjesuschrist.org/general-conference/2017/10?lang=bis), Okt 2017.
2. Rebecca Swain Williams to Isaac Swain, Youngstown, New York, June 12, 1834, oli jenism speling. Long ol toktok we oli raetem mo ol foto blong leta insaed long Janiece Johnson, "Give Up All and Follow Your Lord," *BYU Studies*, vol. 41, no. 1 (2002), 97–102.
3. Luk tu long Janiece Lyn Johnson, "Rebecca Swain Williams: Steadfast and Immovable," *Ensign*, Apr. 2011, 38–41.
4. Luk long *The Journals of William E. McLellin: 1831–1836*, ed. Jan Shipps and John W. Welch, (1994), 29–33.
5. *The Journals of William E. McLellin*, 33, oli yusum standet fasin blong raet.
6. Insaed long *William E. McLellin's Lost Manuscript*, ed. Mitchell K. Schaefer (2012), 165–67.
7. Josef Smit, long Fas toktok long Buk blong Momon. Blong lukluk gud long tijing ia, luk long Scott C. Esplin, "Getting 'Nearer to God': A History of Joseph Smith's Statement," in *Living the Book of Mormon: Abiding by Its Precepts*, ed. Gaye Strathearn and Charles Swift (2007), 40–54.
8. Insaed long Janiece L. Johnson, "'The Scriptures Is a Fulfilling': Sally Parker's Weave," *BYU Studies*, vol. 44, no. 2 (2005), 116, 115.
9. Insaed long Johnson, "'The Scriptures Is a Fulfilling,'" 117.
10. Lucy Mack Smith, "This Gospel of Glad Tidings to All People," in Jennifer Reeder and Kate Holbrook, eds., *At the Pulpit: 185 Years of Discourses by Latter-day Saint Women* (2017), 24.
11. Russell M. Nelson, "Buk blong Momon: ?Bae Laef blong Yu I Olsem Wanem Sapos Yu No Gat?" 61.

P lante profet blong bifo oli bin raetem Buk blong Momon; oli bin rae-temdaon ol toktok blong olgeta long ol buk we oli wokem long ol defren aean. Afta long hemia, ol rekod ia, oli bin raetem i kam sot blong kriitem wanem oli singaotem ol buk blong Momon, o ol buk we oli wokem long gol we Josef Smit i bin transletem.

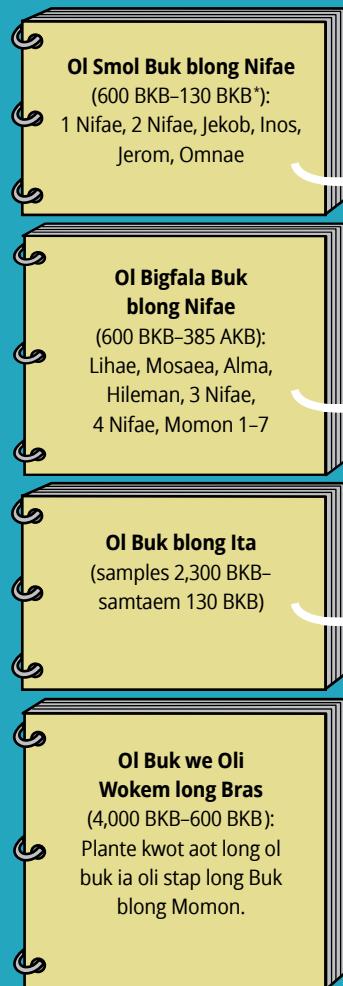
Toktok Raon

Komperem wetem evri samting we hem i bin save raetemdaon long ol buk ia we oli wokem long gol, Momon mo ol narawan oli bin kasem insperesen blong jusum wan smol pat nomo blong stap long Buk blong Momon (luk long Ol Toktok blong Momon 1:5 mo 3 Nifae 26:6). ?Olsem wanem nao hemia i lidim lukluk blong yu abaot ol japta ia we yumi gat tedei? ■

?Wijwan Kaen Buk Nao Buk blong Momon I Kamaot long Hem?

Ol buk blong Momon we oli bin givim long Profet Josef Smit

Samfala long ol buk we oli yusum blong mekem ol buk blong Momon



Buk blong Lihae

(pat blong raeting we Momon i bin raetem i kam sot; olgeta 116 pej we Martin Haris i bin lusum)

1 Nifae i go kasem Omnae

(oli no raetem sot; oli teke-maot long ol smol buk blong Nifae)

Ol Toktok blong Momon

Mosaea i go kasem Momon 7
(Momon i raetemsot ol bigfala buk blong Nifae)

Momon 8-9

Ita (Moronae i bin raetemsot ol buk blong Ita)

Moronae

Pat ia we i sil i stap



Eksplenesen blong Momon abaot risen from wanem hem i tekem ol smol buk blong Nifae

Moronae i kom-plitlim buk blong papa blong hem

Insaed long ol raeting blong Moronae, i gat taetol pej i stap

* Ol deit oli ripresentem wan taem we i no stret gud, be i wan taem we oli ting se wanwan set blong ol buk ia oli kavremap.



Kapitol taon blong king-dom blong Juda, i fulap wetem problem blong politik mo fasin nogud. Ol pas ten yia oli bin rabis evriwan. Oli bin kilimded ol king blong Juda; Ol Man Jiu oli mas maj i go long Babilon; ol profet olsem Jeremaea, ol man oli tok nogud long olgeta mo oli sarem olgeta long kalabus. I no wan sapraes we Lod i talem long Lihae blong ronwe (luk long 1 Nifae 2:1-2).

- POPULESEN:

25,000

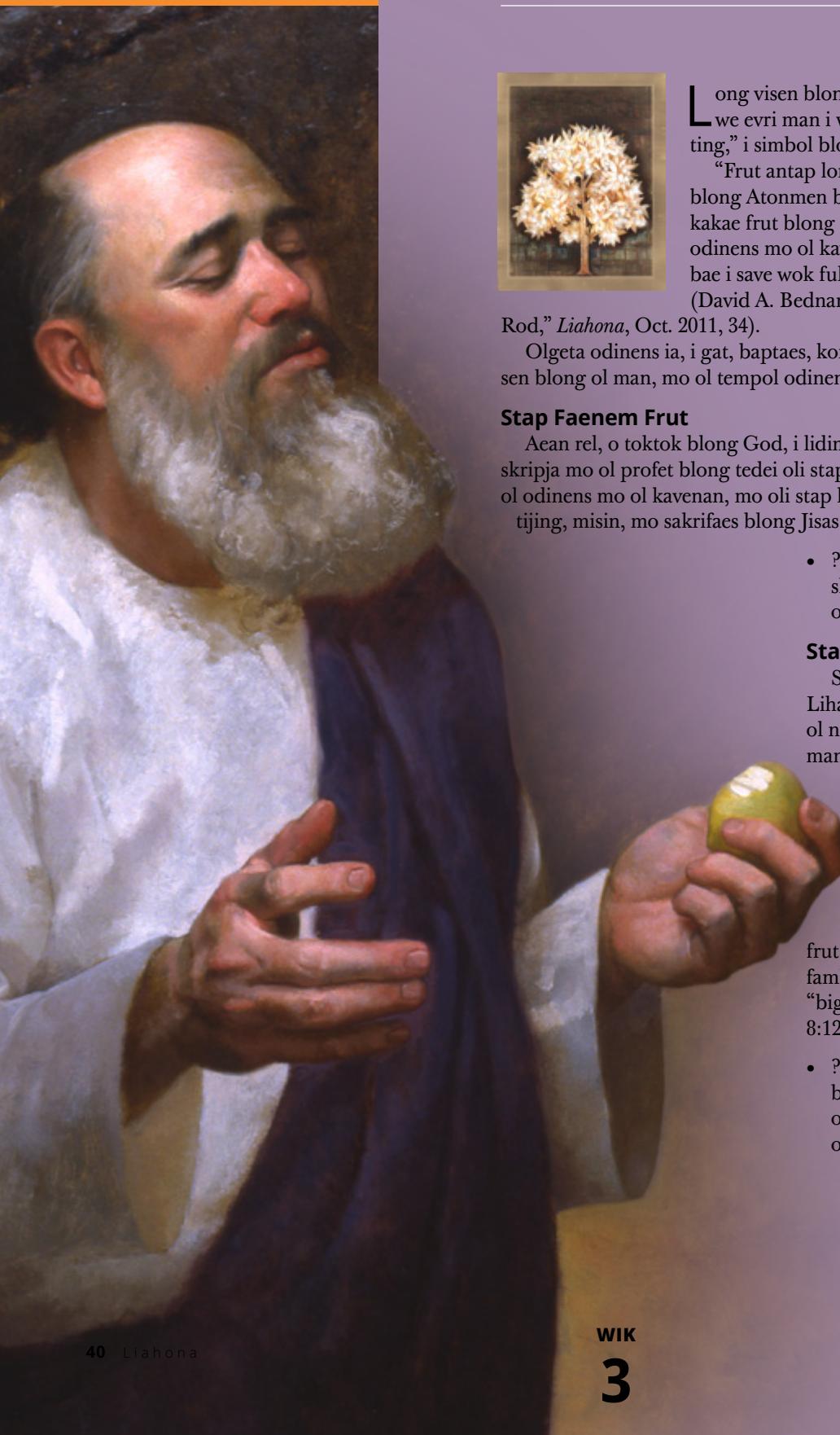
(WE I BIGWAN FOLEM OL STANDET BLONG BIFO)

- GRAON: draeples, ol vale wetem rij graon, mo ol hil we i no hae tumas
- MANE: **mane we oli skelem** (silva, kopa, gol; i no gat koen)
- LANWIS: **Hibru**
- MAN PAOA: ol man we oli wokem samting long han, ol smol bisnis man, ol slef (we oli tekem olsem ol memba blong famli); **plante oli mekem fam**
- KAEKAE: frut, bred, olif, fig, mit
- KLOS: **strong wul, sandel;** waet longfala klos blong ol pris
- RELIJIN: **i no stret, wosi-pim aedol;** ol giaman profet oli talemaot pis; wan bubu we oli wokem long hon blong sipsip i anaon-sem taem blong mekem prea, evri dei

?Jerusalem I Olsem Wanem long Taem blong Lihae?



- LAEF LONG SOSAETI: **i folem laen blong ol man**, we i gat ol elda blong taon, ol jif blong ol famli, mo olgeta we oli gud tumas, o "ol man we oli bon long gudfala laen"
- FAMLI: Wan ful haos i plante smol **hom we oli stap raon long wan emti spes long medel**, mo papa i lidim ful haos ia. Insaed i gat ol famli blong ol boe, ol gel mo ol anti we oli no mared yet, mo olgeta memba blong famli we oli stap kam olfala.
- AMI: **i no gat wan long tetaem ia.** Eni soldia blong Ol Man Babilon, we Juda i stap ona long olgeta. ■



?Frut ia long Visen blong Lihae I Simbol blong Wanem?



Long visen blong Lihae, frut ia, we “hem i samting we evri man i wantem moa i bitim evri narafala samting,” i simbol blong wanem? (1 Nifae 11:22).

“Frut antap long tri, i wan saen blong ol blesing blong Atonmen blong Jisas Kraes. Blong tekem mo kakae frut blong tri ia, i representem blong kasem ol odinens mo ol kavenan, we tru long olgeta, Atonmen bae i save wok fulwan insaed long laef blong yumi” (David A. Bednar, “Lehi’s Dream: Holding Fast to the Rod,” *Liahona*, Oct. 2011, 34).

Olgeta odinens ia, i gat, baptaes, konfemesen, sakramen, prishud odinen sen blong ol man, mo ol tempol odinens.

Stap Faenem Frut

Aean rel, o toktok blong God, i lidim yumi long Jisas Kraes from se ol skripja mo ol profet blong tedei oli stap invaetem yumi blong tekpat long ol odinens mo ol kavenan, mo oli stap helpem yumi blong andastanem ol tijing, misin, mo sakrifaces blong Jisas Kraes.

- ?Wanem toktok we i kamaot long ol skripja o long ol profet blong tedei we oli bin lidim yu i go long Jisas Kraes?

Stastap Wetem Frut

Sam pipol insaed long visen blong Lihae, oli bin lego frut from fasin blong ol narawan blong oli jikim mo daonem man. Blong gohed blong stap wetem frut ia, hem i blong stap tru long ol kavenan blong yumi, mo blong stap go long ol ples ia we oli stap mekem olgeta kavenan ia.

Stap Serem Frut ia

Afta we Lihae i bin kakae long frut ia, hem i bin wantem serem wetem famli blong hem blong oli save filim “bigfala glad we i bigwan tumas” (1 Nifae 8:12).

- ?Olsem wanem yu save serem lav blong yu long Jisas Kraes mo helpem ol narawan blong oli tekpat long ol odinens? ■

Long wan visen, Nifae i bin luk se plante long ol tijing insaed blong Baebol bae i jenis wetem taem, be God bae i rere long wan wei blong putumbak ol trutok ia (luk long 1 Nifae 13:26–40).

2 Yumi bin stap olsem ol spirit bifo long laef ia, we yumi bin stap lanem mo rere from laef long wol ia (luk long Alma 13:3).



4 I no nid blong gat baptaes blong ol smol pikinini from se oli no save ansa yet from ol aksen blong olgeta (luk long Moronae 8:10). ■

?Wanem Klia mo Gudfala Trutok Nao Buk blong Momon I Bin Putumbak?

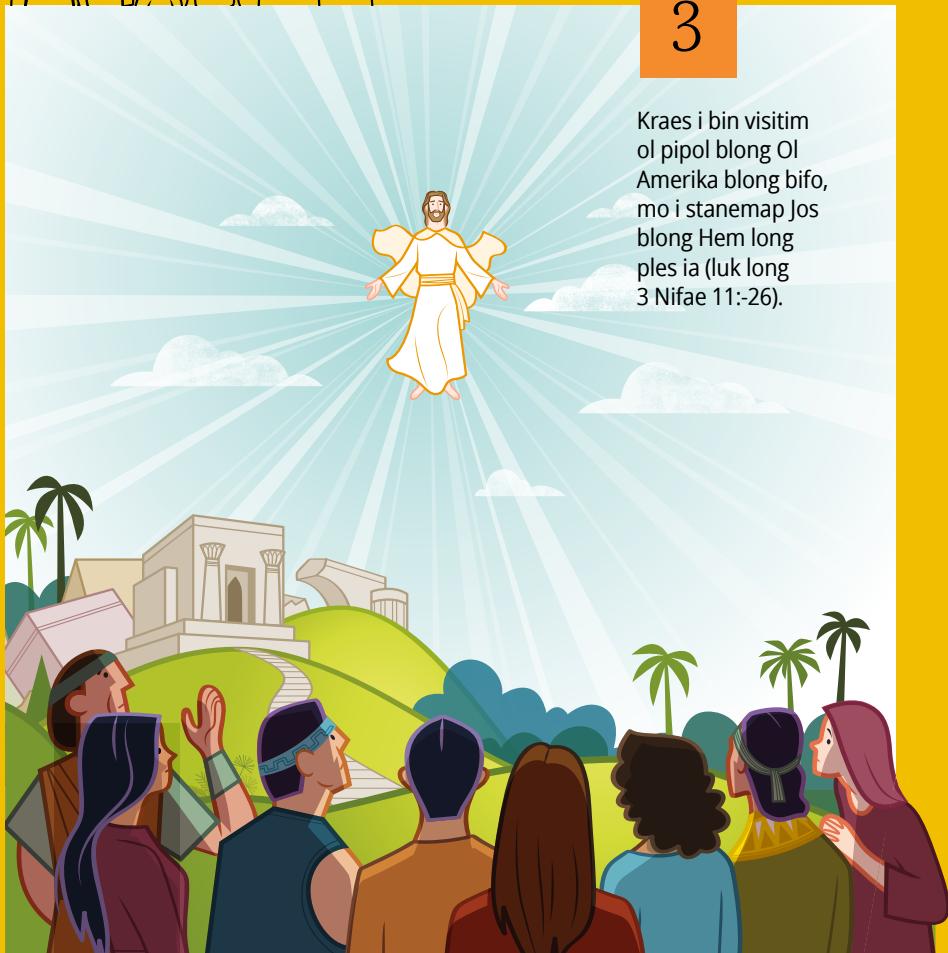
1

Foldaon blong Adam mo lv i bin wan stamba pat blong plan blong Papa long Heven (luk long 2 Nifae 2:22–25).



3

Kraes i bin visitim ol pipol blong Ol Amerika blong bifo, mo i stanemap Jos blong Hem long ples ia (luk long 3 Nifae 11:-26).



Ol Yang Adalt

Insaed long Seksen Ia

44 I Ples we Mi Stap Go long
Hem, I No Ples we Mi Bin
Stap long Hem
I Kam long Richard
Monson

Dijitol Nomo

Stap Jusum Laef we I No Save
Finis

I kam long Evita Alabodi

Yu No Save Pusum Man blong
Sakem Sin Hariap

I Kam long Leah Barton

?Olsem Wanem Mi Kambak
long Rod afta we Mi Gat Bel we
Mi No Plan From?

I Kam long Jori Reid

Faenem olgeta atikol ia mo sam moa:

- Long [liahona.ChurchofJesusChrist.org](#)
- Insaed long [YA long Wik](#) (anda long "Ol Yang Adalt" seksei insaed long Gospel Laebri)
- Long [facebook.com/liahona](#)

Serem Stori blong Yu

?Yu yu gat wan gudfala stori blong serem? ?O yu wantem luk sam atikol abaot sam spesel topik? !Sapos i olsem, mifala i wantem harem yufala! Sendem ol atikol blong yufala, o fidbak blong yufala long [liahona.ChurchofJesusChrist.org](#)

Fasin blong Sakem Sin I Wan Presen

Samtaem, mi ting se i isi blong ol yang adalt oli biliv se fasin blong sakem sin i wan samting we i mekem man i fraet. Hem i tru we i save mekem man i fraet blong admitim wanem yumi bin mekem, mo sapos yumi fraet; hem i minim blong lusum lav long ol pipol we yumi kea long olgeta, o lav blong Papa long Heven. Taem yumi lukluk olsem long fasin blong sakem sin, nao bae yumi gat temtesen ia blong jes konfesem "wanem i inaf" blong gotru long wanem we i stap olsem wan tes, i go blong muv i go long nekis level. Be, mi bin lan inaf tru long ol eksperiens blong mi se, **tru fasin blong sakem sin i no luk olsem**. Fasin blong sakem sin, oltaem i no mekem tingting blong man i stap gud, be, sapos yumi andastanem hamas **Lod i lavem yumi mo i wantem helpem yumi**, fraet ia bae i lus nomo taem yumi stap praktisim fet blong yumi long paoa blong Hem blong mekem yumi kam klin. Mi bin lanem se taem mi stap praktisim fet blong mi long Kraes tru long fasin blong sakem sin, **ol mistek blong mi we oli pas, oli nomo talemaot wanem bae i laef blong mi naoia, o long fiuja** (ridim moa long atikol blong mi long pej 44).

Long ol dijitol atikol nomo, Evita i poenemaot se, **tru fasin blong sakem sin i tekem i kam tangkyu long hat blong yumi from Sevyo mo Atonmen blong Hem** mo i givim yumi paoa blong stanap agensem ol temtesen long fiuja. Leah i ademap se yumi no iven nid blong wet from sakramen long Sandei—blong tanem yumi long Lod tru long fasin blong sakem sin, evri dei, i givim yumi paoa blong katemaot ol smol smol nogud fasin we oli tekemaot yumi long Hem. Mo sapos yumi mekem ol series mistek, Jori i serem se, rod ia blong **sakem sin i save tijim yumi abaot lav we Sevyo** i gat long wanwan long yumi.

Fasin blong sakem sin, hem i wan presen we mi mi taalem tangkyu se mi gat long laef blong mi. God i save se yumi ol man kaen, mo yumi mekem ol krangke joes samtaem. I nomata se yumi no stret evriwan, yet, **i gat hop i stap blong yumi**. Sapos yumi putum tras blong yumi long Sevyo, bambae Hem i wok-baot wetem yumi long rod ia we i gobak long Papa blong yumi we i stap long Heven—nomata se i tekem longtaem o no.

Wetem fulap lav,
Richard Monson





FOTO | KAM LONG GETTY IMAGES

OL YANG ADALT



Hem I Ples we Mi Stap Go long Hem, I No Ples we Mi Bin Stap long Hem

I Kam long Richard Monson

Laef blong mi, i no go long wei we mi bin ting long hem.
Taem mi gat 18 yia, mi bin ting se bae mi givim seves long wan fultaem misin, go mared stret afta, mo statem wan famli taem mi gat 25 yia. Naoia, mi gat 32 yia. Mi no go long wan misin, mo mi bin inaktiv long Jos blong wan bigfala pat blong adalt laef blong mi. Mi mared—mi divos—mi mared bakegen.

From se mi bin tekem wan rod we i bin aot long rod ia we i stret mo i no isi plante taem, mi no bin filim oltaem se mi mi pat blong Jos. Be, mi bin kam blong luksave se i gat wan ples blong mi i stap. Ol eksperiens blong mi oli bin tijim mi se paoa blong Sevya mo Atonmen blong Hem i ril, mo we, wanem i impoten, i no ples we mi bin stap long hem, be i wanem rod ia we mi stap go long hem naoia.

Mi ting se, long stat, mi bin gat kwestin long wanem mi bin stap biliv long hem, from se mi no bin gat tras se testimoni blong mi i

strong inaf blong mi go long wan misin. Mi tingbaot se, raon long taem ia we bae mi graduet long hae skul, mi bin stap tingting long wan samting olsem: ?Be olsem wanem sapos testimoni blong mi i no blong mi fulwan? ?Olsem wanem sapos mi mi stap dipen tumas long ol testimoni blong ol nara pipol?

Hemia i mekem tingting blong mi i no stret. Mi bin wantem go long wan misin, be mi stap askem miwan sapos ol eksperiens long saed blong spirit we mi bin gat kasem long taem ia oli bin inaf blong mekem wanem we mi ting se wan gudfala misinari i mas gat—wan we i gat inaf paoa long saed blong spirit, mo i bin save inaf abaat gospel blong hem i tijim i go long ol narafala pipol.

Taem mi lukluk i gobak, sapos nomo mi bin askem God blong helpem mi andastanem kaonsel we hem i bin stap givim long

Mi bin tekem wan rod we i stap aot long rod ia we i smol mo i no isi plante taem, be tru long evri rod ia, mi bin lanem se paoa blong Sevya, mo Atonmen blong Hem, i ril.



Mi go lus
taem mi bin
stap kom-
perem **ples**
we mi bin
stap long
hem long
saed blong
spirit wetem
ples we ol
narawan oli
bin stap long
hem.

Doktrin mo Ol Kavenan 124:97:
"hem i mas putum tingting blong
hem i stap daon long fored blong
mi, . . . mo bae hem i kasem
Spirit blong mi, we i Spirit blong
Givhan, we bae i soemaot long
hem trutok long saed blong evri
samting, mo bae i givim long
hem, long stret aoa, wanem nao
bae hem i talem."

Be mi no bin askem God, mo
mi go lus taem mi bin stap kom-
perem ples we mi stanap long
hem long saed blong spirit wetem
ol narawan,' mo mi bin fraet se ol
samting we mi no mekem i stret
bae oli holemaet ol pipol blong
akseptem gospel ia;

Miwan nomo, taem mi wan
yang adalt, mi bin gohed blong
traem faenemaot wanem we mi
bin biliv long hem. Mi no bin luk
ol nogud samting mi bin stap
mekem long miwan, from se mi
stap luk nomo se ol wanwan
desisen we mi stap tekem, oli no
stap soemaot se huia mi. Mi stat
blong kamaot long olgeta we mi
lavem olgeta from se mi bin save
se bae oli harem nogud long ol
joes we mi bin stap mekem. Be, mi
go raonem mi wetem ol pipol we
oli no kea tumas long wanem we
mi bin stap mekem. Wan dei, mi
traem dring wan strong dring,

from mi bin wantem traem nomo. Nao fasin blong
drong i kam pat blong laef blong mi, mo long en,
fasin blong dring blong pasem taem i kam olsem
wan samting blong haed biaen long hem long taem
blong ol hadtaem. Ol nogud jenis insaed long laef
blong mi long tetaem ia, oli no fas long wan joes
nomo; oli kam sloslo. I tekem mi tu (2) yia blong
luksave se ol smol joes we mi bin stap mekem ova
long taem ia, oli bin lidim mi long wan ples we mi
no bin wantem stap long hem.

Nao. Mi no stap talem se blong save lanem se
gospel i tru o no, bae wan i mas go traem oposi-
sen. Ol aksen blong mi oli no mekem mi nomo mi
harem i soa, be tu, i mekem ol pipol we mi lavem oli
harem nogud—mo plante long ol samting ia, i no
nid nomo. Mi mi glad se mi bin save putum tingting
blong mi i stap daon inaf blong luksave se (1) mi bin
stap harem nogud tumas, mo (2) mi bin hapi moa
taem mi bin stap folem ol komanmen blong God.
Hemia i bin wan samting we mi bin save miwan,
wan samting we mi bin save stanap mo serem wetem
ol narawan.

Mi go luk bisop blong mi blong stretem ol sam-
ting, mo mitufala i stap mit oltaem blong mi save
rere blong go long wan misin. Kolosap ol pepa wok
blong mi oli finis, taem Spirit i talem long mi se bae
mi meksua se mi bin andastanem gud samfala long
ol joes ia we mi bin mekem. Storian ia i no bin isi,
be moa bitim hemia, mi bin wantem go long wan
misin; mi bin wantem blong mi mas stret long fored
blong God. Mi bin wantem blong tekem long mi
wanem we mi bin mekem i rong, mo putum daon

evri samting long fored blong Hem blong mi save kam klin.

I no longtaem afta, mi stanap long fored blong wan disiplin kaonsel. Mi bin fraet bigwan blong save talem o admitim wanem mi bin mekem long fored blong ol pipol we oli bin ol lida mo ol tija blong tingting blong mi blong plante yia; be taem mi lukluk i go raon long rum, mi bin filim se mi stap long pis. Mi bin save luk se oli bin stap ia blong save andastanem mi, mo helpem mi. Taem mi aot, mi bin filim Spirit i talem gud long hat blong mi se, nomata wanem desisen bae i kamaot, mi mi stap mekem pat blong mi mo bae mi oraet. Bae God mo ol lida we oli lavem mi bae oli wok wetem mi blong kasem ples we mi nidim blong stap long hem. Mi wokbaot i go, we mi filim lav blong Sevya, mo wetem save ia se, mi tu, Hem i bin pemaot mi.

Wan Ples blong Oi Samting we Oli No Stret Evriwan

Nomata long pis ia we mi bin filim, i bin had blong fesem ol kwestin blong ol pipol we oli bin stap askem se from wanem mi no stap long wan misin. Taem mi bin gohed blong stap wok tru long fasin blong sakem sin blong mi wetem help blong bisop blong mi, mi bin luk se blong go long wan misin, bae i no pat blong fiuja blong mi. Mi faenemaot olsem wanem blong muv i go fored wetem laef blong mi. Mi gat 21 yia, mo mi no stap long grup blong ol fiuja misinari, riten misinari, o mared grup blong ol yang adalt, mo mi filim se mi no pat nating blong wan ples.

Blong deitem ol gel, i strong smol. Samtaem, ol gel bae oli mekem i defren long mi afta we mi talem long olgeta se mi no bin go long wan misin, mo mi bin inaktiv blong wan smol taem. From sam risen, bae mi gat wan fasfala deit nomo, afta i finis ia nao.

Mi hapi se, long en, mi bin save mared insaed long tempol, be samtaem, mi bin stap filim se mi mi no pat blong eni ples. Mi bin gat wan testemoni, be mi no save faenemaot olsem wanem blong serem,

mo ol klasrum blong Jos oli stap olsem ol ples blong tes we ol fren blong mi bae oli luk se mi mi no save mekem ol tes ia nating. Mi bin stap tingting se, from plante long olgeta oli gat wan laef ia we mi bin wantem, oli no bin foldaon plante olsem mi.

Wan dei, bisop i singaotem mi, mo i givim wan koling blong tij long kworom blong ol elda. Mi bin sapraes from se mi mi bin go long klas blong kworom blong ol elda, tu taem nomo long las yia. Mi filim se mi bin wari smol, be mi akseptem koling ia. Long fas Sandei we mi tij, mi statem ia wetem wan fas toktok we mi harem se i defren smol:

"Halo ol brata. Mi mi Richard Monson. Mi neva go long wan misin, mo mi bin inaktiv kolosap ful adalt laef blong mi. Mi no stap kam tumas long kworom blong ol elda from se mi no filim se mi mi pat blong grup ia. Bae mi no save ansarem evriwan long ol kwestin blong yufala, be mi hop se bae yufala i tekpat long klas blong yumi evriwan i save lan tugeta. Sapos i oraet long yufala wetem weaples mi mi stap kamaot long hem, nao bae yumi stat."

Mi bin luksave long dei ia, se mi mi save admitim samting long ol narawan—mo long miwan—se, i nomata we mi no bin save lukluk miwan olsem wan "aro we i stret" (wan we i go long misin, i aktiv

Mi luksave
se, i nomata
we mi no bin
save lukluk
miwan olsem
wan "aro we
i stret", **Spirit
i poenem
mi long sem
daereksem**
olsem olgeta,
mo hemia nao
i impoten.



ful laef, mo i no mekem ol bigfala mistek), Spirit i poenem mi long sem daereksem olsem olgeta, mo hemia nao i impoten. Long sapraes blong mi, mi faenem se, moa long wan long olgeta man ia we mi ting se oli gat ol laef we oli stret evriwan, olgeta tu, oli bin mekem sam mistek. Mi ting se i sapotem aedia ia long mifala evriwan se, blong stap stret evriwan i no wan samting we wan i nid blong gat blong mekem klas o Jos i impoten.

Oi Taem we Oli Had mo Wan Desisen

Sore tumas, mi no bin stap aktiv long Jos long-taem tumas. Mared laef blong mi i bin had, mo mi tanem mi i go long ol olfala rong fasin blong ronwe long harem nogud blong mi. Mi go stap pasem taem olbaot be mi nomo go long Jos.

Tri yia i pas, mo mi kasem daon long hol. Mi mas mekem wan joes. ?Bae mi save laef folem gospel i nomata wanem i stap hapen insaed long laef blong mi? ?O bae mi jes folem tudak ia nomo? Mi bin save se blong komitim mi blong folem rod ia we i stret mo i no isi, i minim tu se bae mi tekemaot fulwan ol nogud samting we oli stap lidim tingting blong mi long laef blong mi. Mo tu, ol tingting blong mi blong wantem gobak long Jos, i soemaot gud se waef blong mi mo mi, i bin stap long ol defren rod. Wetem ples we mared blong mitufala i bin stap long tetaem ia, mitufala i stap go blong divos finis.

Mi bin fraet. Mi no luk nating se, sapos mi had-wok, bae mi kasem ol gud samting we mi bin wantem long laef ia. Be desisen blong mi i kambak long wanem mi bin lanem plante yia bifo—se mi bin hapi moa taem mi bin stap laef folem gospel. Mi disaed blong komitim mi fulwan, mo putum mi long han blong God, i nomata wanem bae i kam. Stat long tetaem ia i go, hem i bin mi mo Hem nomo.

Wan moa taem, mi stat blong gobak long Jos mo goheda blong stretem laef blong mi. Wan long

dei we i moa hapi long laef blong mi, i taem mi kasem tempol rekomen bakegen. Mi bin faenem pis insaed long tempol, mo semtaem mared blong mi i gohed blong go brokbrok, kasem taem we mared laef i stop.

Stap Faenem Ples we Mi Filim se Mi Impoten

Bae yufala i harem se desisen ia, i mekem man i fraet smol. Be tru long eksperiens ia, mi bin lanem blong talem tangkyu from han blong God long rod blong mi. I nomata we mi bin folfoldaon, mi no lusum resis ia yet. Mi no bin stap kompit wetem wan narawan. Taem mi bin dipen long Sevya blong save se mi bin impoten, mi stopem evri hadwok blong mi blong traem jenism hao nao ol narawan oli bin stap lukluk mi.

Mi faenem se mi sidaon long Jos, mo i bin oraet nomo blong mi sidaon miwan, o long medel blong ol memba we oli stap long ol defren taem blong laef blong olgeta. Mi traem bes blong mi no go haed, mo mi stanap nomo i stap blong mi save toktok wetem ol pipol insaed long wod blong mi. Mi bin glad blong save go long ol miting blong mi.

From se mi bin gat pis ia, i bin helpem mi tu blong stap deit bakegen. Mi no stap deit tumas wetem sem woman tu taem, be naoia, mi bin save se mi no nid blong salem ol standet blong mi, from nomo mi bin mestem rod bifo. Mi bin stap laef folem gospel folem hamas paoa we mi bin gat, mo mi bin gud inaf blong deitem olgeta we oli bin stap laef folem gospel, long bes wei we oli bin save mekem tu.

Long en, mi bin faenem wan gudfala gel blong God, we mi bin maredem insaed long tempol. Rod blong hem i bin defren long hemia blong mi, be taem i kam long lav blong Sevya, mo blong andastanem Atonmen blong Hem, mitufala i stap long sem pej oltaem.

Ova long ol yia, mi bin lanem se bae mi no lego laef blong mi bifo, o bae mi no lego tingting blong ol nara man oli talemaot hamas mi mi impoten. Mi lego ol tingting ia se, sakses, i olsem wan set blong ol eksperiens blong laef. I no evriwan i glad long ples we mi stap long hem naoia, from rod ia we mi bin folem blong kasem ples ia, mo hemia i oraet tu. I no gol blong mi blong winim tingting blong olgeta. Hem i gol blong mi blong save sakem sin, mo kam kolosap long Sevya. Hem i from Hem we, olsem Yangfala Alma afta we hem i bin sakem sin, we bae "mi nomo tingbaot ol sin blong mi we oli bin givim hadtaem long mi" (Alma 36:19). Mi save stap long pis from se mi save weaples mi stap go long hem—long Sevya—mo hemia nomo mi kaontem. ■

I nomata we mi bin folfoldaon, mi no lusum resis ia yet. **Mi no bin stap kompit wetem wan narawan.**



Richard Monson i
stap laef long Yuta,
YSA, mo i wok olsem
kompiuta program
divolopmen projek maneja. Hem mo
waef blong hem, tufala i laekem blong
ron long moto, travel, mo kuk tugeta
long fri taem blong tufala.



Mi rili laekem blong tekpat long Pikinini mo Yut

from se mi stap setemap ol gol blong miwan we bae mi kasem.

Long wan long ol gol blong mi, mi jusum blong faenem ol famli nem, mo blong mekem ol baptaes blong ol dedman long bihaf blong olgeta. Hem i tekem plante wok blong lanem olsem wanem blong mekem famli histri, be mi harem mi hapi evri taem we mi faenem wan niu nem blong tekem i go long tempol.

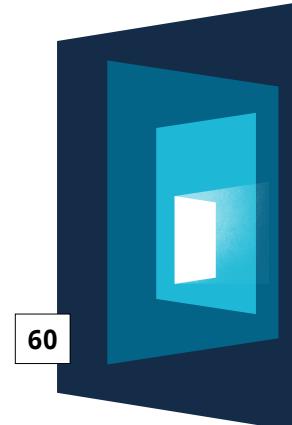
Taem tingting blong mi stap long hem, mi jes gogohed nomo from se i wan gud samting tumas. Afta, mi gat tumas nem blong miwan mi mekem wok blong olgeta miwan. Mekem se plante long ol kazen blong mi, mo mi, mifala evriwan i go long tempol wetem ol nem we mi bin faenem, mo tugeta, mifala i bin mekem ol baptaes mo ol konfemesen blong 172 pipol.

Papa mo mama blong mi oli stap wok blong finisim ol naraefala odinens blong olgeta famli ia; !hemia i taf tumas from se mi filim olsem se ful famli blong mi i wan tim! Gol blong mifala i blong helpem fulap moa bubu we mifala i save helpem.

Blong mekem famli histri i bin helpem mi blong kam kolosap moa long tugeta, famli blong mi we i laef i stap, mo ol bubu blong mi. Mi mi hapi se mi kasem gol blong mi, mo naoia, mi hop blong mekem wan gol we i givim moa jalenj, blong mekem se mi save kasem sam moa.

Eldon M., 13 yia, Ohaeo, YSA

INSAED LONG SEKSEN IA



go mo mekem

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OL PIKININI mo OL YUT:

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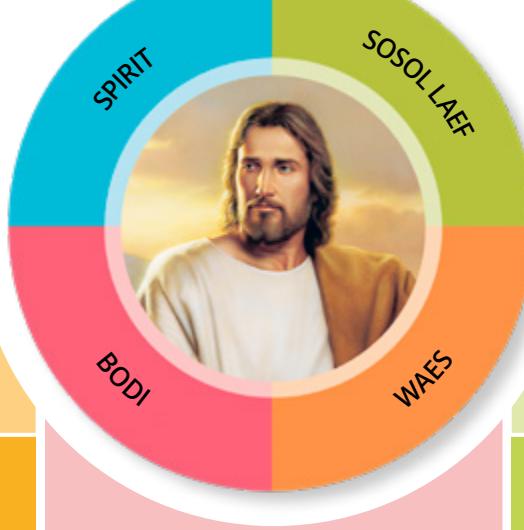
Ol Magasin blong Jos

Maet bae yu sapraes blong luk se, Ol Pikinini mo Ol Yut, oli no gat wan ditel lis blong tikim long saed blong ol evri dei gol we yu sapos blong mekem. !Yu stap mekem ol bigfala gud samting finis! Be, rod ia, blong wanwan, oli bin kriitem blong helpem yu blong kam kolosap moa long Sevya long sam wei we, ol nid mo ol intres blong yu, oli givim insperesen long yu.

Stamba tingting blong Ol Pikinini mo Ol Yut i blong helpem yu blong mekem fet blong yu long Jisas Kraes i kam strong moa. Luk 2:52 i stap tijim yumi se taem Jisas Kraes i bin yangfala, Hem i "stap groap moa long bodi blong hem mo long waes blong hem tu. Mo oltaem God i glad tumas long hem, mo ol man tu oli glad tumas long hem." Hem i bin laef long wan laef we i gat balens long hem, mo yu tu, yu save mekem. Taem yu lukluk nomo long ol defren pat blong laef blong yu long saed blong spirit, long saed blong sosol, long saed blong bodi, mo long saed blong waes, bae yu save kam moa olsem Sevya.

OLSEM WANEM PROGRAM IA I WOK

Ol Pikinini mo Ol Yut i leftemap tingting blong yu blong yu groap long saed blong spirit, sosol laef, long saed blong bodi mo long saed blong waes taem yu wok strong blong lanem gospel, gat seves mo aktiviti, mo developem yuwan.



STAP LANEM GOSPEL

Semmak olsem we Sevyia "i bin groap long waes blong hem" (Luk 2:52), yu tu, yu save groap o kam antap long save blong yu, mo long hamas yu andastanem gospel. Evri prinsipol blong gospel we yu stap lanem, bae i helpem yu blong save olsem wanem Sevyia i save mekem yu kam strong moa mo bae i blesem yu long evri pat blong laef blong yu.

Yumi gat plante risos we yumi save yusum blong lanem moa abaot ol prinsipol blong gospel mo kam moa olsem Sevyia. Eksampol: prea, skripja stadi, mo Spirit i stap olsem fandesen. Famli blong yu mo ol lida blong Jos oli save helpem yu blong lanem moa abaot Sevyia. Kurikulom ia, Kam Folem Mi mo seminari, oli save lidim yu long stadi blong yu. Taem yu stap yusum ol risos ia blong lan abaot Jisas Kraes mo gospel blong Hem, bae rilesensip blong yu wetem Hem bae i kam antap.

SEVES MO OL AKTIVITI

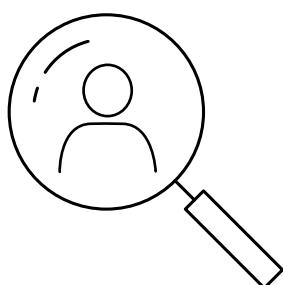
Blong stap givim seves long ol narawan, oli wan long ol stamba samting we Sevyia i bin mekem taem Hem i bin stap yet long wol ia. Taem yu faenem ol simpol mo gudfala wei blong helpem olgeta insaed long famli mo komuniti blong yu, yu stap folem eksampol blong Hem mo stap komitit yu blong kam moa olsem Hem.

Ol grup aktiviti we oli gat mining, oli save helpem yu mo ol nara yut blong faenem ol wei blong givim seves long ol narawan taem yu stap groap tugeta long saed blong spirit. Gud hapi aktiviti, mo ol aktiviti we i lefemap tingting oli helti blong gat. Taem yufala i stap kam tugeta olsem wan grup blong ol yang mo fetful Lata-dei Sent, plante taem yu save lan mo mekem plante moa bitim we yu save mekem yuwan nomo.

DIVELOPMEN BLONG YUWAN

Papa long Heven mo Jisas Kraes oli kea bigwan abaot yu mo abaot huia yu stap kam olsem. Taem yu stap mekem ol gol blong gro i kam huia we Papa long Heven i wantem yu blong kam, yu save kam kolosap moa long Hem mo long Pikinini blong Hem.

Evriwan i spesel, mekem se ol gol blong yu blong kam antap, bae oli folem nomo ol nid blong yu. Eksampol. Sapos yu wantem blong lan blong plei ol hym long piano, yu save putum wan gol blong stap praktis evri dei. Sapos yu wanem kam gud moa long skripja stadi, yu save putum wan stret taem long evri dei, blong yu rid. Lukaotem Spirit blong i lidim yu blong yu kam antap wetem wan plan we bae i wok gud moa long yu.



OL PIKININI MO OL YUT, I BLONG YU

!Yu nao bae yu tekem plante samting aot long hem! Taem yu stap putum ol gol blong yuwan blong stap stadi mo laef folem gospel, stap tekpat long ol seves mo ol aktiviti, mo stap developem yuwan, bambae yu lanem moa abaot yuwan mo huia i ril yu. Wok ia blong stap kam wan disaepol blong Jisas Kraes i save kam wan jalenj; be hem i wan gol we i save givim gud samting long yu.

OL TWIN SISTA OLI PUTUM OL PIKININI MO OL YUT LONG AKSEN

Ol yut olsem yu, oli stat finis blong luk ol blesing blong stap traehad blong kam moa olsem Jisas Kraes long evri dei laef blong olgeta. Danika mo Natasha R., we tufala i gat 15 yia mo tufala blong Ohaeo, YSA, tufala i twin sista we oli disaed blong mekem hemia. Papa blong tufala i blong Taelan, mo from se samtaem, oli stap go visitim ol famli longwe, Danika mo Natasha, tufala i disaed we tufala i wantem lanem moa abaot kaekae mo lanwis blong Taelan.

Danika i putum fol blong lan blong kukum sam sup blong Taelan. Hem i go pem ol samting blong kuk wetem mo i bin praktis wan niufala fasin blong kuk wetem papa blong tufala. Natasha i bin wantem blong lan blong toktok wetem famli blong hem long Taelan, mekem se hem i putum gol blong lanem wan niu toktok evri dei. Hem i yusum wan websaet blong helpem hem blong stadi long lanwis ia, mo praktis blong talem ol toktok wetem papa blong hem.



Taem Danika mo Natasha i bin wok long gol blong tufala, tufala i bin wantem blong serem wanem tufala i bin lanem wetem ol nara yang woman insaed long wod blong tufala. Ol lida blong tufala i bin helpem tufala blong oganaesem wan aktiviti blong lanem moa abaot Taelan. Long aktiviti ia, Danika i kukum sup blong evriwan, mo Natasha i bin tijim olgeta blong talem sam toktok long lanwis blong Taelan.

Ol sista ia, oli bin putum tu fren blong tufala, Grace, i stap long aktiviti ia. Grace i bin gat wan gol blong hemwan blong kam gud moa blong toktok long fored blong publik, mekem se hem i givim wan presentesen long hao blong yusum ol jopstik blong oli save kaekae sup blong olgeta.

Taem oli bin praktisim gol blong olgeta mo stap wok wetem ol lida blong olgeta, mo ol nara yang woman, Danika mo Natasha oli bin save mekem wan plan blong gat wan gud hapi naet blong stap glad wetem ol fren blong olgeta.



OL BLESING BLONG STAP TEKPAT LONG OL PIKININI MO OL YUT

Danika mo Natasha i bin serem se oli bin kasem plante blesing taem tufala i bin traehad blong lanem moa abaot famli histri blong olgeta, mo selebretem hemia wetem famli blong olgeta mo ol nara yang woman. Eksperiens blong tufala i kam wetem plante jalenj long hem. Natasha i eksplenem: "Taem mi bin stap long skul, mi bin stap lanem lanwis blong Taelan, mekem se i bin had samtaem blong faenem taem blong mekem hemia." Danika i ademap: "Long aktiviti, mi bin gat hadtaem smol blong mekem sup ia miwan, from se papa blong mi i no bin stap." Be tufala sista i bin agri long en se, i bin wan gud samting.

Danika i talem: "Mi laekem se mi bin spendem taem wetem papa blong mi, mo i bin helpem mi blong filim kolosap moa long famli blong mi." Hem i eksplenem tu se: "Blong mekem mo kipim ol gol blong miwan i bin helpem mi blong kam kolosap moa long Jisas Kraes taem Hem i givim wan klia rod blong mi helpem miwan, mo tu, blong mi helpem ol narawan. Mi nomo stap mekem nating, olsem mi bin mekem long sam naet, be mi mas putum wan standet blong mi folem mo kipim, mo hemia i givim mi moa taem blong tingting abaot Kraes."

Natasha i bin talem se, taem hem i bin mekem mo kipim gol blong hem, "i rili mekem mi tingting bigwan moa abaot wanem mi nidim mo wantem, blong kam kolosap moa long Kraes." Hem i tekem not tu se, nomata hem i tanem

ae blong hem blong lukluk long wan nara gol, hem i bin kasem insperesen blong gohed blong lanem lanwis blong Taelan: "Fas gol blong mi i blong lanem lanwis blong Taelan blong mi save toktok wetem famli blong mi long Taelan, mekem se mi wantem blong gohed blong stap lanem lanwis blong save toktok wetem olgeta."

Gudfala balens blong Danika mo Natasha long saed blong divelopmen blong tufala i bin helpem tufala blong lanem moa abaot kalja blong papa blong tufala, gat gud hapi taem wetem ol fren, mo kam kolosap moa long famli blong tufala, mo long Sevy—a mo hemia nao wanem hem i Ol Pikinini mo Ol Yut.

Taem yu tekpat long Ol Pikinini mo Ol Yut, i save helpem yu blong bildimap ol rilesensip blong yu wetem famli blong yu, ol nara yut mo ol nara memba blong wod, mo speseli Sevytaem yu stap lukluk long wei blong kam gudfala yu. ■

Sam Tingting blong Tekpat long Ol Pikinini mo Ol Yut

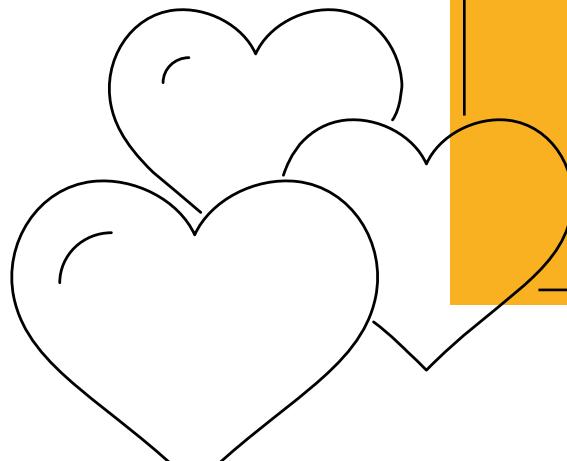
Bes wei blong lukluk long fasin blong yu stap groap, hem i blong prea, mo mekem ol gol ia oli blong yu nomo, blong mekem se oli wok blong yu, blong famli blong yu, mo ol situesen blong yu. Hemia samfala tingting:

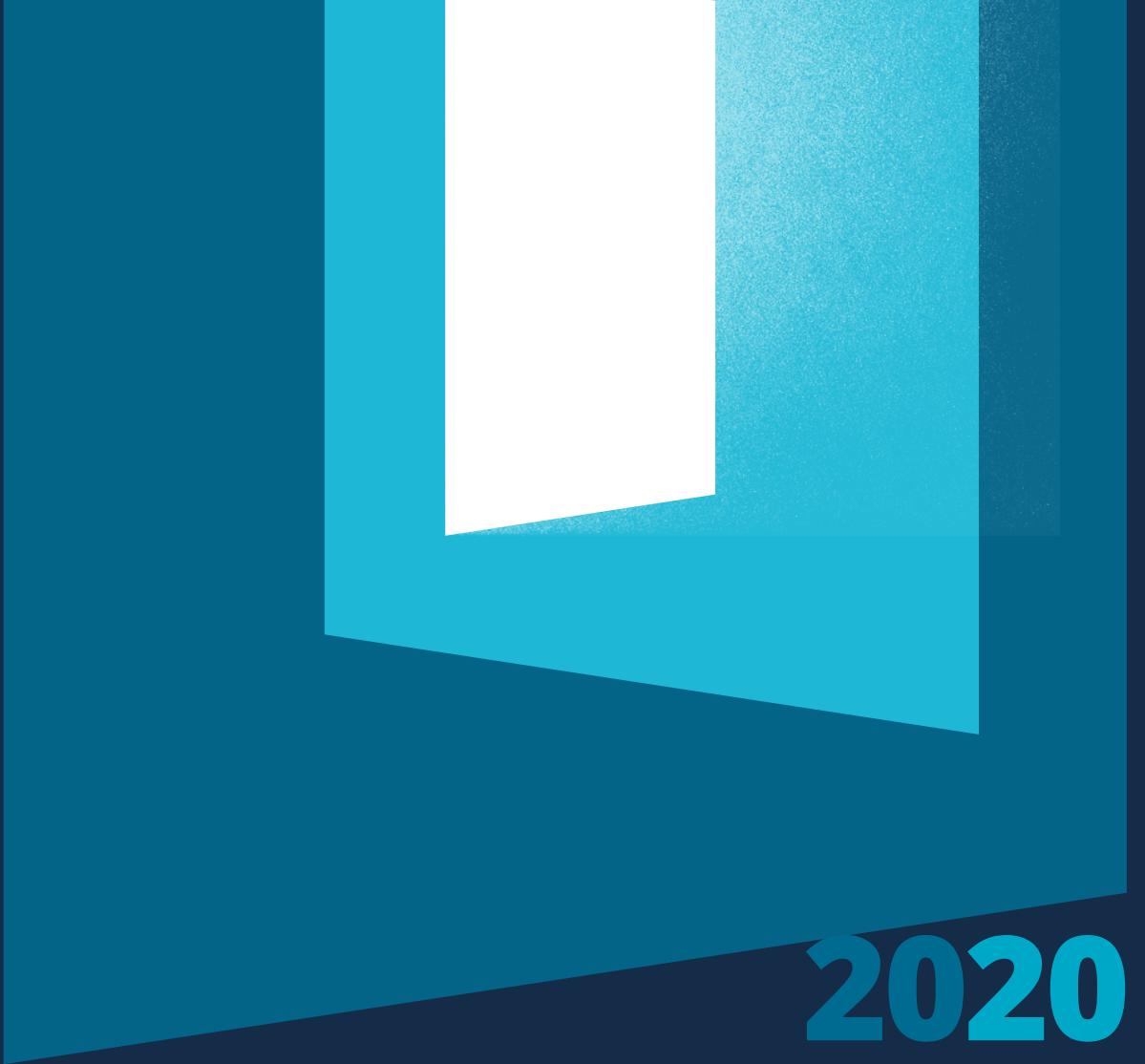
1. Lukaotem Revelesen blong Yuwan
Papa long Heven bae i lidim yu taem yu stap lukaotem mo stap folem insperesen we i kam long yu.

2. Hemia I No long Jos Nomo
Bae yu tekem fulap samting aot long Ol Pikinini mo Ol Yut sapos yu mekem ol plan blong kam antap long evri pat blong laef blong yu, i no jes long ol miting mo aktiviti blong jos nomo.

3. Yusum Famli blong Yu
Ol memba blong famli oli save helpem yu blong developem ol gol blong yu mo folemap progres blong yu.

4. Yusum mo Serem Wanem we Yu Bin Lanem
Taem yu stap serem wanem we yu stap lanem wetem ol famli, ol fren, mo ol narawan, yu stap help blong mekem komanmen ia blong Lod blong taltalemaot gospel, mo blong pulum tugeta Isrel ia we i seraot i go olbaot.





2020

go mo mekem



Mekem Samting Wetem Fet

I Kam long Yang Woman Jeneral Presidensi

Stamba toktok blong yumi long yia ia i lukluk nomo long tufala toktok ia, "go mo mekem;" wan toktok we i tok stret we fetful profet blong Buk blong Momon, Nifae, i bin givim long 1 Nifae 3:7. Maet, pat ia we i gud tumas insaed long ves ia, i kam taem we Nifae i stap tijim se, oltaem, bae Lod i "mekem rere wan rod" blong wok blong Hem i kamtru.

Bilif ia, se God bae i mekem rere wan rod fastaem, i kamaot long wan ples we fet i bigwan long hem. Nifae i bin save se, sapos God i askem hem blong mekem wan samting, God bae i helpem tu blong mekem wok ia i kamtru. Mo yumi save se, from fet blong Nifae mo from tras we hem i gat long Lod, hem i bin save karembak ol buk we oli wokem long bras.

Olsem Nifae, yumi save gat fet blong "go mo mekem." Maet bae yu no oltaem andastanem risen "from wanem" we i stap biaen long ol instraksen we i kam long ol lida blong Jos, o papa mo mama, o iven ol kwaet toktok we i kam long Tabu Spirit. Bae i no oltaem, we yu luk samting i foldaon stret, o bae i luk olsem se i no posibol nating blong mekem. Be "I no gat wan samting we i strong tumas, we God i no save mekem" (Luk 1:37) Taem yu tekem step i go fored wetem fet, bambae yu faenem se, oltaem, God i gat wan risen mo wan plan.

God bae i no save askem yu blong mekem wan samting we Hem i save se yu no save mekem. I simpol. Bae Hem i neva putum yu blong mekem samting we yu no save mekem. Be Hem i save askem yu blong mekem wan samting we i nidim wan strong fet, mo i nidim blong dipen long Spirit blong i lidim yu.

Ki ia, blong kasem fet ia blong "go mo mekem" i blong developem fasin blong gat tras. Taem yu gat tras long Lod, yu gat tras ia se bae Hem i mekem yu yu naf blong mekem evri wok ia. Tingting long hemia—Oli bin sendem yu i kam long wol ia, long tetaem ia, from se yu yu rere mo yu gat paoa blong mekem wok blong Lod long ples ia mo naoia. Lod i bin jusum yu blong yu laef long taem naoia, from se Hem i trastem yu.

Olgeta blesing we yu kasem blong stap mekem samting wetem fet mo tras, oli bigwan tumas. Bae yu kam blong save aedentiti blong yu, mo stamba tingting blong yu long wan lukluk we i moa hae mo i luk moa long wan samting nomo; bambae yu gat moa tras long Jisas Kraes mo long Atonmen blong Hem; mo bambae yu kam blong save se, wetem help blong Lod, yu yu naf blong mekem samting. ■





Stap Olsem Nifae

I Kam long Yang Man Jeneral Presidensi

Taem we Nifae i bin talem long papa blong hem: "Bae mi go mo mekem ol samting we Lod i bin talem" (1 Nifae 3:7), hem i givim yumi wan eksampol we i givim insperesen abaot fet mo strong tingting blong stap obei. Komitmen blong Nifae blong go mo mekem, i tekem rus insaed long tufala impoten kwaliti we yumi evriwan i save developem: testemoni blong hemwan abaot Lod mo ol profet blong Hem, mo strong spirit blong hem blong save goheda.

Stap Developem Wan Testemoni

Nifae i bin stap obei from se hem i bin askem mo kasem testemoni blong hemwan abaot ol komanmen we Lod i bin givim long papa blong hem (luk long 1 Nifae 2:16–20). Hem i bin save se wok ia, blong kasem ol buk we oli wokem long bras, bae i had. Be, hem i no bin olsem ol brata blong hem; hem i bin save se Lod bae i stap wetem hem, mo bae i mekem rere wan rod blong oli mekem wok ia i kamtru.

Fet ia, long God mo profet blong Hem, i bin blesem mo sapotem Nifae truaot long laef blong hem, mo i bin helpem hem blong mekem ol merikel i wok. Semmak olsem Nifae, yumi save mekem ol bigfala samting insaed long laef blong yumi taem yumi stap traehad blong stap obei long kaonsel we yumi kasem long ol profet we oli stap laef, long ol kwaet toktok blong Tabu Spirit, mo tru long ol skripja. Eksampol. Profet blong Lod tedei, Presiden Russell M. Nelson i bin askem yumi blong help blong karem Isrel i kam tugeta, mo rere blong kambak blong Sevya.¹

Taem yumi stap stadi long toktok blong God mo obei long hem, fet blong yumi bae i gro mo bae yumi filim, insaed long hat blong yumi, wan strong tingting blong goheda blong stap obei, iven taem yumi save se ol samting oli had.

Stap Developem Fasin blong Stanap Kwiktaem Afta Wan Hadtaem

Eksampol blong Nifae i stap tijim tu abaot ol fasin olsem—hemia blong Kraes, abaot fasin blong goheda afta wan hadtaem—blong wok tru long ol jalenj, be i no blong lukaotem wan isi wei blong aot. I gat ol taem long evri laef blong yumi, taem oli askem yumi blong mekem sam samting we oli had mo i bigwan. Long ol situesen olsem, sapos yumi dipen nomo long fet blong yumi long Kraes mo jusum "raet ia we i moa had, be i no rong ia we i moa isi,"² bambae yumi gat blesing.

Taem yu faenem se yu fesem wan desisen o wok we i had, blong gat fasin ia blong "go mo mekem" bae i helpem yu blong gogohed. Taem yu fetful blong mekem folem rod we oli soem long yu, i stap soem long Lod se Hem i save dipen long yu, mo yu save mekem fet blong yu long Jisas Kraes i kam antap moa.

Taem yu fetful blong stap wok blong developem testemoni blong yu, paoa blong yu blong gogohed long saed blong spirit, mo gat wan fasin blong "go mo mekem", bae Lod i blesem yu, i mekem yu kam strong moa, i sapotem yu long yia ia mo truaot long laef blong yu. ■

OL NOT

1. Luk long Russell M. Nelson, "Hope of Israel" (wol yut divosen, 3 Jun 2018), HopeOfIsrael.ChurchofJesusChrist.org.
2. Thomas S. Monson, "Ol Joes," April 2016 jeneral konfrens.

Openem Doa blong Paoa blong BUK blong MOMON

I Kam long Symmony Ann Park

Taem mi bin stap long misin long Filipin, kompanion blong mi mo mi, i bin tijim wan lesen we i gat paoa abaot hamas i impoten blong stap stadi long Buk blong Momon evri dei. Long en blong lesen, kompanion blong mi i talem wan long ol testemoni we i gat bigfala paoa abaot skripja stadi; hemia i wan testemoni we mi neva harem bifo. Hem i bin testifae se blong stap ridim Buk blong Momon i ademap wan niu paoa long laef blong hem, we i no posibol blong stap eksplenem.

I klia nomo se eksperiens blong hem wetem Buk blong Momon i bin jenisim laef blong hem, mo mi tu, mi bin wantem hemia insaed long laef blong mi.

Long naet ia, mi bin disaed se bae mi ridim Buk blong Momon bakegen. Stat long Stat.

Mi bin spendem plante taem long ni blong mi, blong stap eksplenem long God se mi bin wantem blong gotru long jenis long laef, mo paoa we i kam long Tabu Spirit.

Ansa we mi bin kasem hem i: Rid. Jes rid.

Mekem se mi bin mekem hemia nomo. Mi draonem mi long riding wetem niu strong tingting. Mi luklukgud long wanwan ves, japta, mo pej. Taem mi stap rid i go, mi bin faenem sam ves we oli bin givim ansa long ol kwestin blong mi, i mekem wari blong mi i isi, mo i help blong leftemap ol hevi trabol blong olgeta we mi bin stap tijim.

Samples wan manis afta, mi luksave se, insaed long mi, wan samting i stap jenis. Paoa blong mi blong lavem ol narafala man i kam antap; mi bin gat moa hop long fiuja; mi bin save wok had moa, mo longtaem moa, evri dei; mi bin lukluk moa long wok; mo mi bin stat blong filim plante moa glad.

Wan dei, long ol stadi blong mi, mi kam krosem wan kwot blong Presiden Ezra Taft Benson (1899–1994), foma presiden blong Jos: “I gat paoa insaed long Buk blong Momon, we bae i stat blong kam insaed long laef blong yufala stat long taem ia we yu rili series blong stadi long buk ia. . . . Taem yu stat blong hanggri, mo tosta from ol toktok ia, bae yu faenem laef i kam moa gud”¹.

Taem mi bin gohed blong stadi, mi bin stat blong rili andastanem wanem nao hem i bin minim. Mi bin stap faenem laef we i kam moa gud.

Taem mi lukluk i gobak, mi bin biliv strong se wan long ol risen we oli putum mi wetem kompanion ia, i blong mi save stap long naet ia blong save harem hem i serem testemoni blong hem. Mi bin filim olsem we, evri gudfala pat blong laef blong mi—lav, hop, tras, had wok, strong tingting, mo glad—oli kam strong moa.

I bin gat wan niu laet insaed long laef blong mi, mo mi bin save se i bin ril. ■
Hem we i raetem hemia i stap long Arisona, YSA.

**?Olsem Wanem Yu
Openem Doa blong Paoa
blong Buk blong Momon
Insaed long Laef blong Yu?**

1. Ridim evri dei.
2. Stadi folem topik.
3. Yusum stadi lesenbuk.
4. Toktok raon long wanem yu ridim wetem ol narafalawan.

“Mi promesem yufala se taem yufala i stap stadi long Buk blong Momon wetem prea, evri dei, bambae yufala i save mekem ol moa gud desisen—evri dei.”²

OL NOT

1. Ezra Taft Benson, “The Book of Mormon—Keystone of Our Religion,” *Ensign*, Nov. 1986, 7.
2. Russell M. Nelson, “Buk blong Momon: ?Bae I Olsem Wanem Sapos Yu No Gat? [Https://www.churchofjesuschrist.org/general-conference/2017/10?lang=bis](https://www.churchofjesuschrist.org/general-conference/2017/10?lang=bis), Okt 2017.

“Bae Mi Go mo Mekem”

2020 Singsing blong Stamba Toktok blong Oi Yut

Wetem Tingting ♩ = 78

A C♯m F♯m

Ol toktok mo miusik i kam long Nik Day

4
8
1. No - ma - ta wea mi go, O yes mi no mi wan.
2. Pa - oa blong mi i go Mo sam - ting i tu mas,

D A C♯m

7
8
Mi fi - lim Se - vya long saed blong mi. Hem mo mi tru long naet.
O e - vri taem Hem i ble - sem mi. *(Rod blong mi i long - we,)

F♯m D A

10
8
— Ol - taem Hem i tru gaed. I pro - mes blong ne - va le - go mi. Ol tra -
Hem bam - bae i te - kem mi— We - tem stret lav we i no - gat en. Hem i

C♯m F♯m D

13

bol i he vi, Hem bae i ble sem mi.
gi vim, gi'vm e vri pa oa mi ni dim
So, wa nem Hem i ta-
So wa nem Hem i ta-

Bm⁷ A E Bm⁷

16

lem, lem, Bae Mi Go__ Me - kem, Mi ho - lem tru - tok Wol bae i ron -

D A C[#]m

19

§

we long mi, Mi go - hed__ i__ go__ From sa - pos mi fo - lem Hem, fo - lem we - tem

F[#]m D A

22

To Coda ♪

fet, Tra - bol i no - mo__ he - vi, rod i stap__ fi - nis. Rod i stap__ fi -

C[#]m F[#]m D

25 1. 2.

nis. nis. Blong mi__ blong kro - sem drae - ples, Blong sel kro-sem__ sol-wo -

25 A E F#m

26 ta ____ Spos ples ia nao blong ____ go Mi fo - lem plan bl'Hem -

27 E7 A

28 — Mi me - kem wa - nem Hem ta - lem ____ mi, From mi sa - ve bae Hem te -

29 D E

30 —

31 kem mi long pro-mes graon. Bae mi go__ me - kem Mi ho - lem tru -

32 Bm7 D E A

36 D.S. al Coda

tok Wol bae i no wan - tem Hem Mi me - kem rum bl'Hem From sa - pos mi

CODA

39 nis Rod i stap fi - nis.

39 A C#m F#m

42 No - ma - ta we mi go,

42 D A

44 o yes mi no mi-wan. Mi fi - lim Se - vya long saed blong mi.

44 C#m F#m D

Go mo Mekem wetem Tras long God

I Kam long Presiden Henry B. Eyring
Seken Kaonsela long Fas Presidensi

Yangfala Nifae insaed long Buk blong Momon, i stap tantanem hat blong yumi, blong wan tem developem wan tras long Lod blong save obei long ol komanmen blong Hem. Nifae i bin fesem denja, mo kolosap i ded taem hem i bin talem ol toktok blong tras ia, we yumi save mo mas filim oltaem insaed long hat blong yumi: "Bae mi go mo mekem ol samting we Lod i bin talem, from mi save se Lod i no givim wan komanmen long ol pikinini blong ol man, sapos hem i no mekem rere wan rod blong olgeta, blong oli save mekem samting ia we hem i talem long olgeta" (1 Nifae 3:7).

Tras ia i kam taem yumi save God. Yumi, bitim eni nara pipol long wol ia, tru long ol bigfala taem blong Restoresen blong gospel, yumi bin filim bigfala tangkyu from wanem we God i bin talemaot abaot Hemwan blong yumi save trastem Hem.

Long mi, i stat long 1820, wetem wan yangfala boe insaed long wan bus blong ol tri, long wan fam long stet blong Niu Yok. Boe ia, Josef Smit Junia, i bin wokbaot i go long wan ples we i haed, mo i bin nildaon blong prea, wetem ful tras ia se God bae i ansa. Evri taem mi ridim stori ia, tras blong mi long God mo long ol wokman blong hem i gro bigwan moa:

"Mi bin luk wan laet, i saen antap i kamdaon, stret antap long hed blong mi, mo laet blong hem i saen bitim laet blong san, mo hem i saen i kamdaon gogo, i kasem mi.

"... Taem we laet ia i kasem mo stap saenem mi, mi bin luk tufala Man, we i no gat wan toktok we i save tokbaot laet mo glori blong Tufala, mo Tufala i stap flot nomo long ea antap long mi. Wan long Tufala i toktok long mi, i singaotem nem blong mi, mo talem wetem fingga blong Hem i poenem narawan—*Hem, Hem i Pikinini blong Mi we Mi Lavem Tumas. !Lisin gud long Hem!* (Josef Smit—Histri 1:16-17).

Papa i soemaot long yumi se Hem i stap laef, se Jisas Kraes i Pikinini blong Hem we Hem I Lavem Tumas, mo we Hem i lavem yumi inaf blong sendem Pikinini ia blong sevem yumi. Mo from se mi gat wan testemoni se, Hem i bin singaotem boe ia olsem profet, mi trastem ol aposol mo profet blong Hem tedei, mo mi trastem olsem ia we oli singaotem olgeta blong wok blong God.

Yu soem tras blong yu long God taem yu lisin long tingting ia blong wantem lanem samting mo sakem sin, mo afta, yu go mo mekem eni samting we Hem i askem. Sapos yu trastem God inaf blong lisin long ol mesej blong Hem we oli stap leftemap tingting, oli stretem yu, mo oli givim daereksem long yu, hemia tru long ol wokman blong Hem, bambae yu faenem olgeta. Mo sapos yu go mo mekem wanem we Hem i wantem yu blong mekem, paoa blong yu blong trastem Hem bae i gro i kam bigwan, mo bae i no tekem taem blong yu filim se yu fulap we yu fulap wetem tangkyu blong faenem se Hem tu, Hem i kam blong trastem yu. ■

I kamaot long wan toktok blong jeneral konfrens blong Oktoba 2010.



go mo mekem



"Mo i bin hapan se mi, Nifae, mi talem long papa blong mi: 'Bae mi go mo mekem ol samting we Lod i bin talem, from mi save se Lod i no givim wan komanmen long ol piki-nini blong ol man, sapos hem i no mekem rere wan rod blong olgeta, blong oli save mekem samting ia we hem i talem long olgeta."

1 NIFAE 3:7

JOS IA BLONG
JISAS KRAES
BLONG
OL LATA-DEI SENT

ChurchofJesusChrist.org/youth

OL YANG ADALT

**?RERE FROM WAN NIU
STAT?**

*Ol yang adalt oli serem ol stori
blong olgeta abaot fasin blong
sakem sin mo stap tanem olgeta
i go long Sevya.*

42

YUT

**2020 STAMBA
TOKTOK BLONG
OL YUT**

56, 60,
64

PAPA MO MAMA

**!YUSUM JAT IA
BLONG BUK BLONG
MOMON BLONG
RID FOLEM LONG
YIA I GO!**

F12



JOS IA BLONG
JISAS KRAES
BLONG
OL LATA-DEI SENT



Fren

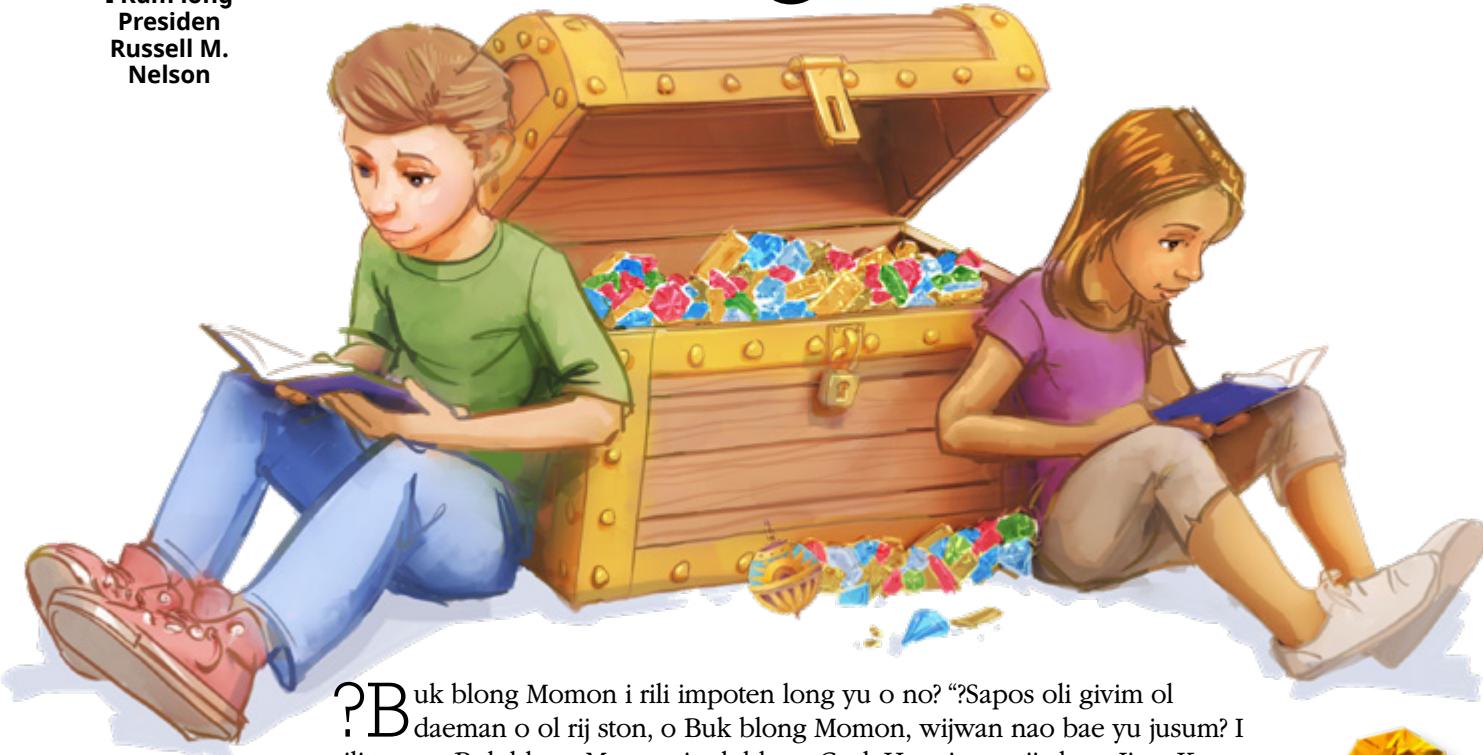
!Ridim
**Buk blong
Momon!**

Luk long pej F12



I Kam long
Presiden
Russell M.
Nelson

Impoten Buk blong Momon



?Buk blong Momon i rili impoten long yu o no? ?Sapos oli givim ol daeman o ol rij ston, o Buk blong Momon, wijwan nao bae yu jusum? I rili tru we Buk blong Momon i tok blong God. Hem i stap tij abaat Jisas Kraes.

Mi stap invaetem yu blong ridim Buk blong Momon evri dei. Prea mo tingting abaat wanem yu stap lanem.

Taem yu stap mekem olsem, mi promes se:



Oli stretem aot long “Ol Sista Oli Tekpat long Kam Tugeta blong Isrel,” Liahona, Nov 2018, 68–70; mo “Bae Laef blong Yu I Olsem Wanem Sapos Yu No Gat Buk Ia?” www.churchofjesuschrist.org/general-conference/conferences?lang=bis, Okt 2017.



Bae yu harem se yu stap kolosap moa long Sevya.



Bae yu mekem ol moa gud desisen—evri dei.



Papa long Heven bae i helpem mo givim insperesen long yu.



Bae yu gat paoa blong winim ol temtesen.



Bae i givim kamfot long yu, mekem yu strong, mo leftemap tingting blong yu.



!Ol jenis mo ol merikel bae oli stat blong happen!



?Buk blong Momon i rili impoten long yu o no?

Long yia ia, mifala i stap putum tugeta ol stori, ol foto, mo ol droing abaot hamas nao Buk blong Momon hem i impoten. !Bae mifala i soem sam long olgeta, mo samfala, bae mifala i publisim insaed long magasin!



Taem mi bin stap lan blong rid, mama blong mi i givim mi wan Buk blong Momon, mo i bin askem mi blong ridim blong stap rere from baptaes blong mi. Stat long tetaem ia, mi stap ridim evri dei. Stori we mi laekem tumas, i taem we Lihae i bin faenem Liahona.

Keyla S., 7 yia, Meksiko Siti, Meksiko



Mi bin givim wan Buk blong Momon long wan fren blong mi long skul.

Felipe M., 9 yia,
Sao Paolo, Brasil



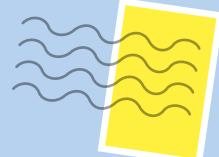
Ari K., 9 yia, Nuevo León, Meksiko



"Tree of Life,"
Russell K., 8 yia,
Not Karolina, YSA

!SENDEM ART, DROING O EKSPERIENS BLONG YU!

1. Droem wan pikja, tekem wan foto, o raet abaot Buk blong Momon.
2. !Afta yu sendem i kam long mifala! Luk long kova long bak blong faenemaot olsem wanem blong mekem.
3. Lukluk insaed long Fren evri manis blong luk olsem wanem ol pikinini oli stap folem invitesen blong Presiden Nelson blong ridim Buk blong Momon.



Batbayar wetem Buk

I kam long Richard M.

Romney

Ol Magasin blong Jos
(I folem wan tru stori)

I bin wan dei wetem big-fala win long Mongolia. Batbayar, we i gat naen yia, i stap wokbaot i go hom afta we hem i kamaot long bas long bas stop afta long skul. Hem i holem strong kot blong hem long win ia. Laki, hem i no stap longwe long haos blong ol bubu blong hem, ples we hem i stap long hem.

"!Halo!" Batbayar i talem taem hem i kam insaet.

"Welkam hom," Bubuwoman i talem. "Mi mekem sam *khuushuur* blong yu kakae."

"!Tangkyu!" Batbayar i pusum han blong wan long ol hot mitpae ia.

"Yu wet! Yu no kakae wan kasem taem ol misinari oli kam," Bubuman i talem. "Bae oli kam i no longtaem nao."

Batbayar i laekem tumas taem we ol misinari blong jos blong Bubuwoman mo Bubuman oli kam blong visit. Oltaem, hem i stap lanem plante samting aot long olgeta. Be i gat wan problem nomo.

"?Bae oli askem mi blong rid aot long Buk blong Momon bakegen?" Batbayar i askem.

"Riding i had long mi."

"Hemia nao oli stap tekem wan nara buk i kam tedei," Bubuwoman i talem.

"?Wanem buk?" Batbayar i askem.

"Bae yu luk," Bubuman i talem.

I no longtaem afta, ol misinari oli kam.



Tugeta, oli kakae gudfala mitpae blong Bubuwoman. Nao Batbayar i askem: "?Bubuwoman i talem se yu karem wan buk i kam blong mi?"

Sista Heitz i talem: "Mi ting se bae yu laekem buk ia. I gat fulap pikja insaet."

Batbayar i lukluk long kova blong hem. *Ol Stori long Buk blong Momon*, i stap long hem. Wan pikja long kova i soem ol pipol we oli stap bildimap wan sip.

Batbayar i talem: "Mi tingbaot stori ia. Man ia i no save olses wanem blong bildim wan sip. Mekem se hem i prea. Mo God i bin helpem hem."

"I stret," Sista Enkhtuya i talem. "?Bae yu traem ridim buk ia? Afta, yu save prea blong save sapos ol samting we hem i stap tijim oli tru."

"Bae mi mekem." Batbayar i promesem.

Long naet ia, hem i ridim buk ia wetem ol pikja. Hem i ridim stori ia abaot sip ia. Afta, hem i prea. Nao hem i slip, i stap tingting long man ia we i stap bildim sip mo olses wanem God i bin helpem hem.

we i gat Pikja



Stat long dei ia, evri naet Batbayar i ridim wan stori. Afta, hem i prea. Mo evri naet, hem i bin go slip i tingting long wanem hem i bin stap rid.

Taem ol sista misinari oli kam bakegen, oli bin tijim Batbayar moa abaot Jisas Kraes. Batbayar i bin lan abaot ol profet. Hem i bin lan abaot ol komanmen blong God. Hem i gogohed blong go long jos wetem Bubuwoman mo Bubuwoman. Mo hem i bin gohed blong stap rid mo stap prea.

Wan dei, Batbayar i gat wan impoten samting blong talem long tufala bubu blong hem. "Taem mi ridim ol stori insaed long buk ia wetem ol pikja, hat blong mi i harem gud," hem i talem. "Taem mi prea, mi filimsave se oli tru. Mi ting se mi mas baptaes."

Tedei, Batbayar i wan memba blong Jos. Hem i stap kam gud moa blong stap rid. !Mo hem i stap rid yet long Buk blong Momon evri naet! ●

?Olsem wanem nao
ol misinari oli helpem
Batbayar? ?Hu i stap
helpem yu?

**!Halo
i Kam
Mongolia!**



**Mitufala i
Margo mo
Paolo.**

**Mitufala i stap
travel i go raon
long wol blong lanem
abaot ol pikinini blong
God. !Joenem mifala
taem mifala i stap
visitim Mongolia!**



I gat samples 3 milian pipol long Mongolia, mo samples 12,000 memba blong Jos. ?Wanem nao yu luk long pikja ia we i semmak long famli blong yu? Wanem nao i defren?



Hemia i Mopmohpi Hom,
Buk blong Momon.

Mongolia i stap long Esia,
bitwin Jaena mo Rasia.

!Long Mongolia i gat moa
hos bitim ol man! Insaed
long bigfala lafet blong
Mongolia, i gat resis long
hos, spot blong sutum aro,
faet long han mo leg, danis
mo gudfala kaekae.



Plante famli long
Mongolia oli stap
long kapitol siti,
Ulanbatar.



Oi yak oli
olsem ol
buluk, !be oli gat
moa hea!



Ol nara famli oli stap nomo long rurol eria.
Oli stap slip long ol tenet we oli singaotem,
gers, mo oli gat ol grup blong ol animol
olsem ol yak, ol hos mo ol kamel.

!Mitim sam fren blong mifala blong Mongolia!

Mi save se Jisas Kraes i Pikinini
blong God mo Hem i lavem
mi mo evri pikinini long evri
ples. Mi laekem blong go long
Jos mo long Praemeri, from
se, taem mi go ia, mi save lan
aaboot Jisas.

Bilegt, 7 yia



Mi save se yumi gat wan
profet we i stap laef, Presi-
den Russel M. Nelson. Hem
i stap tijim ol samting we
oli tru.

Gerelchimeg, 4 yia



**Tangkyu blong
wokbaot long
Mongolia wetem
mifala. !Lukim yu
nekis taem!**



**?Yu yu blong Mongolia?
!Raet i kam long mifala! !Bae
mifala i laekem turmas blong
harem yufala!**



I Kam long Sista
Joy D. Jones

Praemerijeneral
Presiden

Moa Gud Smol Evri Dei

Taem mi smol, mi stap plei vaeolin. Mi wantem se i mas saon naes. Mi wantem plei blong papa mo mama i harem mo talem: "O Joy! Hemia i naes tumas!" Be i no saon naes. !I mekem sora i fas!

Samtaem, taem mi no praktis, tija bae i talem: "Joy, ?yu bin praktis long wik ia?" Hem i mekem mi wantem praktis blong mi save plei gud moa long nekis wik blong hem.

Taem mi lukluk i gobak, blong stap plei vaeolin i wan gud eksperiens from se i bin had. I nomata se mi no laekem blong stap praktis, mi bin lanem plante aot long fasin blong setem wan gol mo praktis from smol smol evri dei.

Hemia i wanem mi hop se bae yu mekem. Traem blong mekem gud smol evri dei. Papa long Heven i no wet blong luk se bae yu save mekem evri samting long wan taem. Laef, hem i blong stap lanem samting, mo stap groap smol smol i go. Hem i wantem yu blong stap gohed blong traem. !Mo Hem i wantem yu blong stap glad blong groap!

Samtaem, bae yumi had long yumiwan. Yumi stap tingting: "Mi mestem. Mi no save mekem," mo afta, yumi givap. Be Sevya i stap talem: "Yu gohed. !Mi mi stap ia blong helpem yu!" From Jisas Kraes, yumi no nid blong mekem samting yumiwan. Yumi save girap, mo traem bakegen wetem help blong Hem. Hemia nao laef.

Sapos i gat wan samting we mi wantem tumas blong yu yu mas save insaed long hat blong yu, hem i we, Papa long Heven i stap lavem yu. Maet yu stap fesem sam had samting, be oli bin mekem yu yu rere blong kam long wol long taem naoia. Jes gohed blong traem mo gohed blong stap serem laet blong yu. Papa long Heven bae i blesem mo bae i lidim yu taem yu stap folem kavenan rod ia. ●



Jos i gat wan niu
Gaedbuch blong Ol Piki-
nini blong ol pikinini we
oli gat seven yia i go
antap. !Hem i save
helpem yu blong
lanem samting mo
stap groap!



Stap Groap Olsem Jisas

Yu save yusum niufala *Divelopmen blong Yuwan: Gaedbuk blong Ol Pikinini* blong helpem yu blong groap long ol wei we Jisas i bin groap long hem taem Hem i bin gat sem yia olsem yu. !Hem i wan gudfala wei tu blong save traem ol niu samting!

Long saed blong spirit

Jisas i bin groap moa we God i laekem Hem.



Long saed blong sosol laef

Jisas i bin groap moa we ol man oli laekem Hem.



Long saed blong bodi

Jisas i bin groap moa long bodi.



Long saed blong waes

Jisas i bin groap moa long waes.

“Jisas i stap groap moa long bodi blong hem mo long waes blong hem tu. Mo oltaem God i glad tumas long hem, mo ol man tu oli glad tumas long hem” (Luk 2:52).

Talem Sore



**Minchan K., 11 ya, Gyeonggi-do,
Saot Koria**

Wan dei, long skul, sam long ol fren blong mi oli stap jikim wan nara studen mo oli stap singaot spolem hem wetem sam nem. Mi luk se i fani, mekem se mi joenem. Blong sam wik, mi joenem ol fren blong mi mo stap jikim hem.

Sam wik afta, boe ia i talem long mi filing blong hem taem we mifala stap jikim hem. Hem i harem nogud long ol toktok blong mifala, iven we hem i stap priten se hem i no wantem save se mifala i stap jikim hem. Hem i talem se hem i stap krae evri naet. Kolosap mi krai tu taem hem i stap talem long mi. Mi wantem helpem hem mo mi disaed blong talem sore long hem from wanem mi bin talem long hem.

Long nekis dei, mi go luk hem mo mi putum han blong mi raon long solda blong hem. Mi talem: "Mi sore tumas se mi mi stap mekem fani nogud long yu." Hem

i talem yes wetem hed blong hem, mo ae blong hem i fulap long krae. Be ol nara pikinini, oli stap jikim hem yet. Nao, mi tingbaot wanem mi bin lanem long Praemeru klas blong mi: jusum raet.

Mi talem strong long ol fren blong klas se: "Yufala i stop blong jikim hem! ?Yufala i no save se hem i harem nogud tumas long hemia? Plis yufala i talem se yufala i sore from samting we yufala i bin mekem, mo kam wan fren blong hem."

Be oli no wantem jenis isi olsem. Be, oli kros long mi, mo talem: "Ei, ?wanem i rong long yu? !Yu tu yu stap jikim hem!"

Mi stil harem nogud long wanem mi bin mekem bifo. Mekem se mi talem: "Mi mi talem sore finis long hem. Mi wantem yufala i save se hemia i mekem hem harem nogud tumas, mo yufala i stop tu blong stap jikim hem."

Wan long olgeta i talem sore, mo mifalatri i kam ol gudfala fren. Sam pipol oli stil stap jikim hem, be hem i harem gud nao from se hem i gat mifala i stap. Bae mi jusum raet taem mi helpem wan fren we i stap long nid. ●

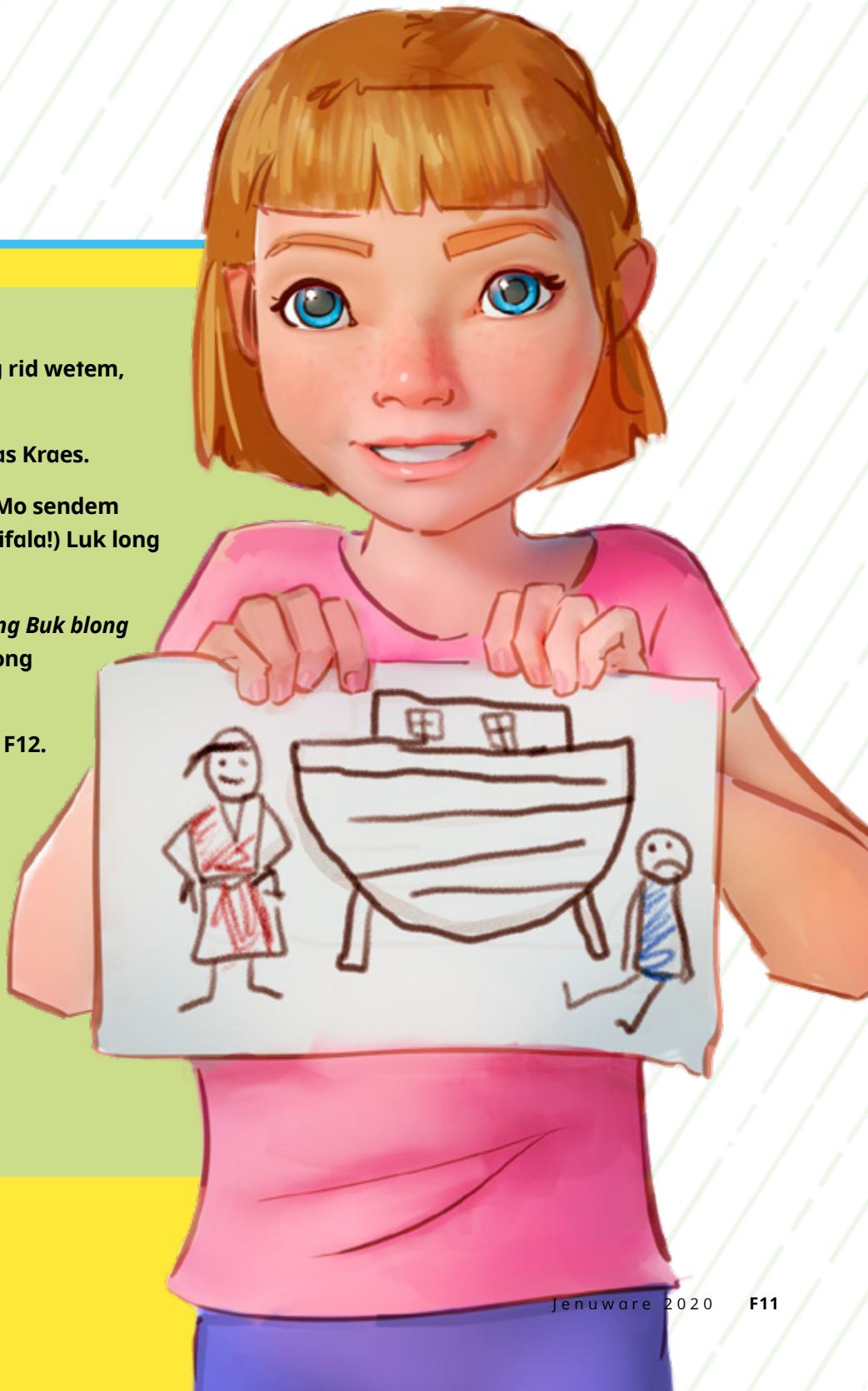


WAN JALENJ BLONG GAT FASIN WE I KAEN

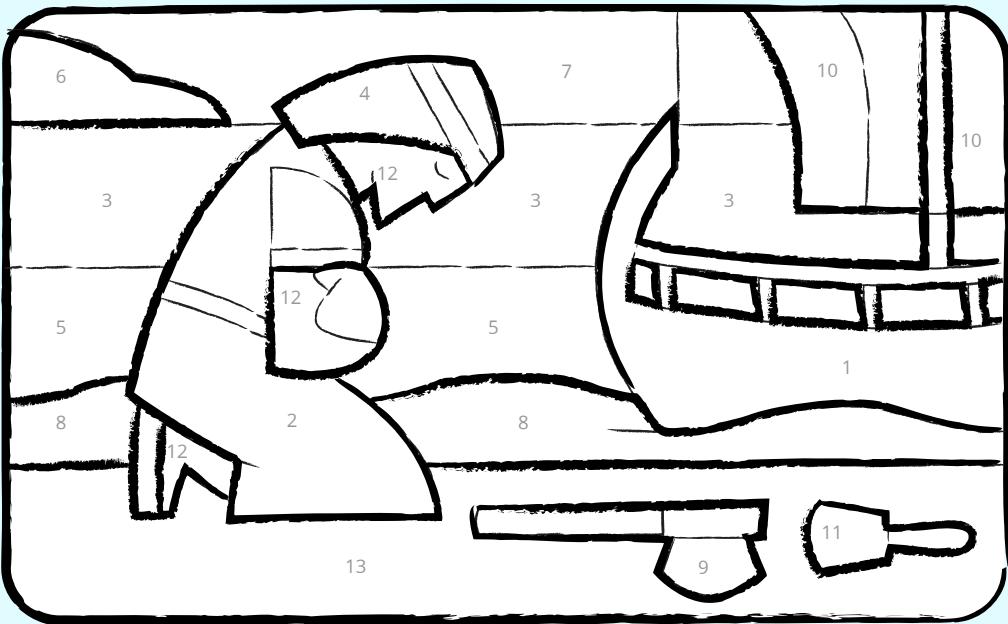
Sapos yu luk wan we i niu long skul o long Praemeru, smael mo talem halo long hem.

8 Aedia blong Stap Ridim Buk blong Momon

1. Faenem wan fren blong rid wetem, mo rid tugeta.
2. Makem ol ves abaot Jisas Kraes.
3. Droem ol fevret stori. (!Mo sendem wan pikja i kam long mifala!) Luk long pej F3.)
4. Ridim buk ia, *Oi Stori long Buk blong Momon*, we i gat pikja long hem.
5. Yusum kala jat long pej F12.
6. Lisin long ol skripja we oli stap long Gospel Laebri ap.
7. Aktem sam fevret stori.
8. Wajem ol video blong Buk blong Momon we oli stap onlaen.



Long yia ia, yu
 save folem hemia
 wetem ol lesen blong
Kam Folem Mi taem
 yu ridim ol ves, evri
 wik, we oli stap long
 pej F14. Afta, kalarem
 ol emti spes we oli
 semmak long ol pej ia.
 !Testemoni blong yu
 abaot Jisas Kraes bae i
 gro taem yu stap ridim
 Buk blong Momon!



Mi Save Ridim B



uk blong Momon

Buk blong Momon Riding Jat

Olgeta skripja ves ia oli go wetem ol lesen insaed long *Kam Folem Mi*, long evri wik long yia 2020.

- | | | |
|--|--------------------------|----------------------------|
| 1. Fas Toktok long Buk blong Momon, ol paragraf 1, 8-9 | 18. Mosaea 8:16-18 | 36. Hileman 13:2-3; 14:2-8 |
| 2. 1 Nifae 3:7; 4:1, 4-8, 17, 38 | 19. Mosaea 13:1-5 | 37. 3 Nifae 1:8-15 |
| 3. 1 Nifae 8:10-12, 19-22 | 20. Mosaea 18:1, 8-16 | 38. 3 Nifae 11:8-17 |
| 4. 1 Nifae 11:1-6, 24-27 | 21. Mosaea 27:23-26 | 39. 3 Nifae 12:13-16 |
| 5. 1 Nifae 16:18-20, 23-24, 28-31 | 22. Alma 2:27-31 | 40. 3 Nifae 17:6-10, 20-24 |
| 6. 2 Nifae 2:25-28 | 23. Alma 5:14-16 | 41. 3 Nifae 19:25-28 |
| 7. 2 Nifae 9:49-52 | 24. Alma 8:14-22 | 42. 3 Nifae 20:3-9 |
| 8. 2 Nifae 25:23, 26, 29 | 25. Alma 14:26-28 | 43. 3 Nifae 27:3-10 |
| 9. 2 Nifae 27:23-26 | 26. Alma 19:16-17, 28-30 | 44. Momon 1:2-5 |
| 10. 2 Nifae 31:4-12, 20 | 27. Alma 26:12-16 | 45. Momon 9:21-25 |
| 11. Jekob 4:6-8, 12-13 | 28. Alma 31:31-38 | 46. Ita 3:4-14 |
| 12. Jekob 5:71-75 | 29. Alma 32:26-31 | 47. Ita 6:3-9, 12 |
| 13. Inos 1:3-12 | 30. Alma 37:6-7, 33-37 | 48. Ita 12:27-29 |
| 14. 2 Nifae 9:6-8, 11 | 31. Alma 40: 9, 23-25 | 49. Moronae 4:1-3; 5:1-2 |
| 15. Alma 7:11-13 | 32. Alma 46:12-15 | 50. Moronae 7:45-48 |
| 16. Mosaea 2:5-7, 17-19 | 33. Alma 56:44-48, 56 | 51. Moronae 10:3-6, 32 |
| 17. Mosaea 4:9-12 | 34. Hileman 5:12-14 | 52. 1 Nifae 11:16-23 |
| | 35. Hileman 10:2-7 | |

Buk blong Momon I Tokbaot Kraes

I laef

$\text{♩} = 72$

Ol toktok mo miusik I kam long Nathan Howe

1. Taem Li - hae i li - sin long Lod
2. Ol man Li-hae i sa - ve Lod,
3. Se - vya i go long graon blong ol -
mo fam - li i le - go hom mo ma - ne
ol bras - plet i me-kem ol - i ting-baot
ge - ta, af - ta we i gi - rap long ded
Ol Taem Hem

boe blong hem i go - bak hom, blong sa - ve ka - rem skrip - ja
o - bei voes blong pro - fet, o - li kam an - tap tu - ge - ta
i ble - sem pi - ki - ni - ni, mi la - vem ri - dim sto - ri
Buk

blong Mo-mon i tok-baot Kraes hel - pem mi fi - lim Ta - bu Spi - rit Voes blong Pa -

pa i stap sing - aot mi, skrip - ja i hel - pem mi blong ha - rem.

© 2020 i kom long Nathan Howe. Oll holem evri raet.
Singsing ia oll save kopilong hem blong yusum long Jos o long hom he i no blongmekem mani wetem.
Notis ia i mas stap wetem wonwan kopi blong singsing ia.

Buk blong Momon Pikja blong Katemaot

Katemaot ol pikja ia blong aktemao ol stori blong famli blong Lihae mo Saraea. Yu save droem mo ademap moa samting mo pipol—!olsem ol sista mo yangfala brata blong Nifae!

Nifae i kasem ol buk we oli wokem long bras: 1 Nifae 4

Lihae i kasem Liahona: 1 Nifae 16:9-11, 16

Nifae i brekem bonara blong hem: 1 Nifae 16:17-24, 30-31

Nifae i bildim wan sip: 1 Nifae 17:7-11, 16-18, 52-55



Nifae

Saraea

Lihae



Sam



Leman

Lemyul



Mi laekem blong lanem aot long skripja long jos. ?Be
olsem wanem mi save stadi long hom sapos famli blong
mi i no stap ridim ol skripja?
—Kwestin Man long Salsbeg

Dia Kwestin Man,

Iven sapos famli blong yu i no
stadi long ol skripja, tingbaot
se !yu yu save stadi! Mekem
bes blong yu blong rid yuwan,
iven sapos yu rid smol nomo
evri dei. Yu save stat wetem
riding jat we i stap long ol pej
F12 kasem F14. !Ridim sam
moa aedia long pej F11!

I nomata se yu stap ridim ol
skripja wetem ol narawan
o yuwan, Tabu Spirit i stap
wetem yu.

!Yu no stap yuwan!

Fren

P.S. !Hemia wan skripja buk-
mak blong yu! Katemaot mo
skojem gud.



"I gat wan samting

WE I GAT PAOA

taem wan pikinini blong
God i lukaot blong save
moa abaot Hem mo
Pikinini blong Hem we
Hem i Lavem Tumas.
"I no gat eni nara ples
moa, we oli stap tijim ol
trutok ia oli klia moa mo
wetem moa paoa bitim
olsem we i stap long

BUK BLONG MOMON."

Presiden Russell M. Nelson, "Buk
blong Momon: ?Bae Laef blong
Yu I Olsem Wanem Sapos Yu No
Gat Buk Ia?" Oktoba 2017 Jeneral
Konfrens



OL FEVRET SKRIPJA BLONG MI





!Bes Hag!

I Kam long Lori Foote
(I folem wan tru stori)

Ellie i lavem ol hag. Ol hag blong Papa.
Ol hag blong Bubuwoman mo Bubuman.
Ol hag blong Mama. Ol hag i mekem
hem i harem gud. Mo sef. Mo hapi.

From hemia nao Ellie i haggem Mama
long taem blong jos. Hem i laekem blong
sidaon long leg blong Mama. Oltaem
Mama i holem hem taet.

Nao sakramen miting i finis. I taem
blong go long Praemer. Ellie i laekem
Praemer. Hem i wan bigfala gel nao.



!Hem i tri yia nao! !Hem i gat skripja blong hemwan!

Be tedei, Ellie i jes wantem blong haggem Mama blong hem olwe.

Mama i karem Ellie i go wokbaot aotsaed long klas. Insaed long Praemeris rum, Mama i mekem Ellie i sidaon long jea.

“?Mi save go wetem yu?”
Ellie i talem.

“No.” Mama i talem.
Voes blong hem i kaen.
“Yu nid blong stap long klas blong yu,” hem i talem. “Mo mi nid blong go long klas blong mi.”

Mama i kisim fes blong Ellie. Afta, hem i wokbaot i go aotsaed long doa.

Ellie i filim wota blong ae i ron long fes blong hem.

Hem i tingting long Mama we i stap holem hem. Oltaem Mama i holem hem taem oli stap ridim Buk blong Momon. Oli stap rid oltaem wetem famli. Be samtaem, Ellie mo Mama, tufala nomo i rid.

Ellie i pikimap Buk blong Momon blong hem. Insaed, i gat wan pikja blong Jisas.

Ellie i sarem buk mo i haggem buk. Hem i filim se hem i stap haggem Jisas. Hem i harem gud. Mo sef. Mo hapi. !Hem i bes hag! ●

Hem we i raet i stap long Yuta, YSA



?Wanem i helpem Ellie blong harem gud moa taem hem i bin stap harem nogud?

Nifae I Kasem Ol Buk we Oli Wokem long Bras



Famli blong Lihae mo Saraea oli bin stap travel i go long promes graon. God i talem long Lihae blong sendem ol boe blong hem oli gobak long Jerusalem blong tekem ol skripja. Oli bin raetem olgeta long ol buk we oli wokem long ol aean.

Leman mo Lemyul, tufala i talem se bae i had tumas. Be Nifae i bin talem se bae hem i go mo mekem wanem we God i talem. Sam i folem eksampol blong Nifae.



Spirit i talem long Nifae olsem wanem blong karem ol buk we oli wokem long bras aot long wan nogud man, we nem blong hem i Leban.



Nifae mo ol brata blong hem oli tekem ol buk we oli wokem long bras i gobak long famli blong olgeta. !Lihae mo Saraea, tufala i glad tumas! Oli bin stadi long ol skripja we oli bin raelem i stap long ol buk ia. Oli bin lanem abaot ol komanmen blong God.



Mi save helpem ol famli blong mi blong stadi long ol skripja. !Mi save gat strong tingting olsem Nifae mo “go mo mekem” wanem we God i talem! ●

Ridim abaot stori ia insaed long 1 Nifae 3–5.

Famli blong Lihae I Bin Stadi long Ol Skripja



?Wanem i fevret skripja stori blong yu?

Ol Dia Papa mo Mama,

!Mifala i glad blong statem wan niu yia wetem yufala! Bae yumi lanem abaot Buk blong Momon tugeta. ?Wanem stori blong Buk blong Momon nao famli blong yu i laekem? Plis, helpem ol pikinini blong yu blong oli droem wan pikja mo sendem i kam long mifala (luk long pej F3). !Bae yumi soem sam long ol droing ia insaed long magasin long yia ia! Hemia sam narafala pej abaot Buk blong Momon we oli stap long namba ia:

- Wan mesej we i kam long profet (pej F2)
- Wan riding jat (ol pej F12–F14)
- Wan skripja stori aktiviti (pej F16)
- Wan stori abaot famli blong Lihae mo Saraea (ol pej F20–F23)
- Wan stori abaot wan boe we i faenem wan niu wei blong ridim Buk blong Momon (ol pej F4–F5)

!Hapi Niu Yia!

Fren

HAO BLONG SENDEM OL WOK BLONG ART BLONG PIKININI BLONG YU, O EKSPE- RIENS BLONG YU I GO LONG LIAHONA

Go long liahona.ChurchofJesusChrist.org mo klikim "Submit an Article or Feedback." O sendem imel i go long liahona@ChurchofJesusChrist.org tugeta wetem nem blong pikinini blong yu, yia blong hem, siti we yu stap long hem, mo toktok ia we i givim raet: "Mi, [putum nem blong yu], givim raet long Jos la blong Jisas Kraes blong Ol Lata-dei Sent blong yusum wok blong pikinini blong mi long ol magasin blong Jos, long ol Websaet blong Jos, mo long ol sosol media." !Mifala i no save wet blong harem yufala!



**!Faenem Liahona we i haed
i stap insaed!**

I STAP LONG FREN KOVA
Pikja i kam long Andrew Bosley

OL SAMTING WE OLI STAP INSAED

- F2** I Kam long Fas Presidensi: Impoten Buk blong Momon
- F4** Batbayar wetem Buk we i gat Pikja
- F6** !Halo i Kam long Mongolia!
- F8** Moa Gud Smol Evri Dei
- F9** Stap Groap Olsem Jisas . . .
- F10** Fasin we I Kaen I Impoten: Talem Sore
- F11** 8 Aedia blong Stap Ridim Buk blong Momon
- F12** Mi Save Ridim Buk blong Momon
- F15** Miusik: Buk blong Momon I Stap Talem Abaot Kraes
- F16** Naes Pleiplei: Buk blong Momon Pikja blong Katemaot
- F17** ?Wanem Nao I Stap long Maen blong Yu?
- F18** !Bes Hag!
- F20** Skripja Stori: Nifae I Kasem Ol Buk we Oli Wokem long Bras
- F23** Pej blong Kala: Famli blong Lihae I Bin Stadi long Ol Skripja