

MORE FOR YOU!

You can find more articles specifically for young adults in the digital version of the February *Liahona* at **liahona.ChurchofJesusChrist.org** or in the Gospel Library.

This month, you'll find more articles about navigating life changes, from becoming a missionary to post-mission life, from adjusting to life as a student to learning how to handle grief and loss.

DIGITAL ARTICLES

Adjusting to Change after My Mission

By Milka Gajardo Flores, Antofagasta, Chile

Covenant Living: A Guide for Returned Missionaries

By Sadie Taylor-Jenks, Indiana, USA

5 Tips to Thrive as a University Student

By Marisa Hoover, Utah, USA

My Advice for Job-Seeking after College

By Goodluck Isioma Ugbah, Nigeria

Choosing Change Can Be Hard and Scary, but It's Worth It

By Chakell Wardleigh Herbert, Church Magazines

Being OK with Not Being OK: Navigating Seasons of Grief

By Jensen Parrish-Hall, Idaho, USA

Finding My New Normal

By Breanne Su'a, Utah, USA

Finding Strength in Christ to Finally Change My Life

By Ryan Ehrgood, Washington, USA

YA WEEKLY

You can also find new articles each week in YA Weekly, located in the Young Adults section of the Gospel Library app.

From the Mission Field:

Serving a Mission When My Parents Got Divorced

By Nathan Newell, Utah, USA

Life Skills:

Life Lessons from Building Our Tiny House

By Tanner Wright, Texas, USA



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