WHAT'S ON YOUR MIND?

Sometimes I'm afraid to try new things.

What if I fail?

—Afraid in Accra

Dear Afraid,

All people who are really good at something started out as beginners! You won't be an expert when you first try, and that's OK. It's all part of the adventure! When you mess up, just try again. Life is about learning and growing.

You can do it! The *Friend*

Trace the lines to learn more about how these people kept trying.

