Dear Afraid,

All people who are really good at something started out as beginners! You won’t be an expert when you first try, and that’s OK. It’s all part of the adventure! When you mess up, just try again. Life is about learning and growing.

You can do it!

The Friend

Sometimes I’m afraid to try new things.

What if I fail?

—Afraid in Accra

Trace the lines to learn more about how these people kept trying.

President Dallin H. Oaks
Apostle and former Utah Supreme Court Justice

Bessie Coleman
famous pilot

Jean B. Bingham
Relief Society General President

Ludwig von Beethoven
world-famous composer

Was told by his first violin teacher that he would never be successful.

Was never a top student, popular in school, or the president of anything when she was younger.

Struggled in school, especially with long division.

Was rejected by every flight school she applied to in the United States.

Want to try something new? Your Children’s Guidebook can help you set a goal. Don’t give up if you don’t reach it right away!