



## MESSAGES

- 4 First Presidency Message:  
A Word for the Hesitant  
Missionary**  
By President Dieter F. Uchtdorf
- 8 Visiting Teaching Message:  
Converted unto the Lord**

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Front: Photograph of a mother caring for her baby after the 2010 earthquake in Haiti, by Jeffrey D. Allred © *Deseret News*.  
Back: Photograph by Howard Collett © IRI.  
Inside front: Photograph by Royce Bair © Flickr/Getty Images.



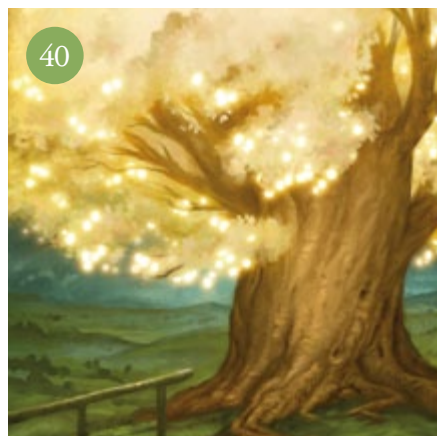
## FEATURE ARTICLES

- 16 Integrity: Foundation of a  
Christlike Life**  
By Elder Tad R. Callister  
*These seven principles will inspire us to make integrity a fundamental character trait in our personal lives.*
- 22 Discipleship at All Times,  
in All Things, in All Places**  
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*Six members share what they learned from a “discipleship experiment.”*
- 28 Balancing Truth and Tolerance**  
By Elder Dallin H. Oaks  
*We must stand up for truth, even while we practice tolerance and respect for beliefs and ideas different from our own.*

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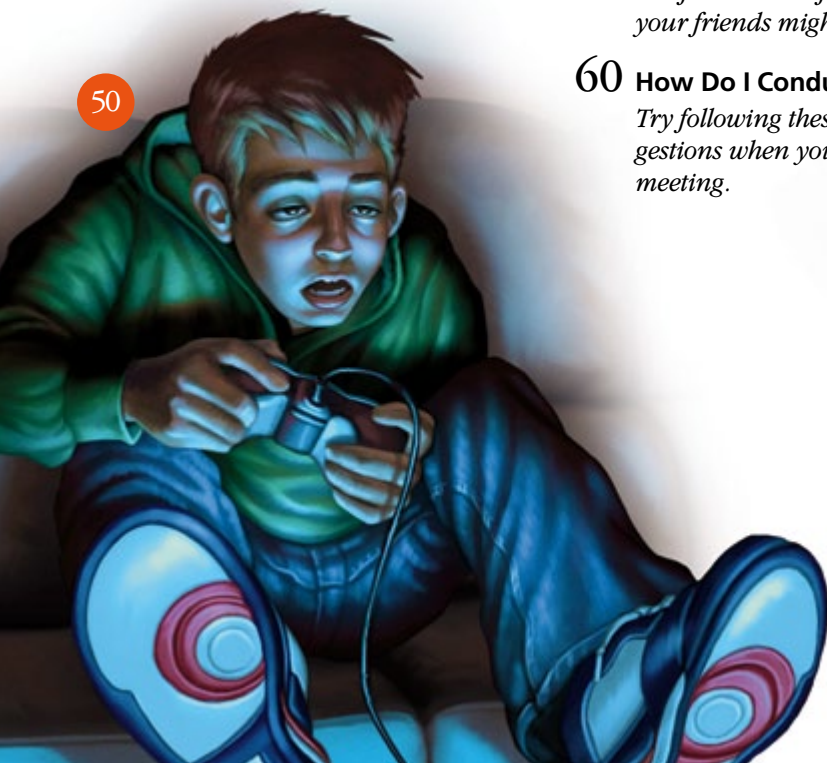
By Lori Fuller

*What do you do when faced with what seems to be a gray area between right and wrong? These five principles from the Book of Mormon can guide you.*



*See if you can find the Liahona hidden in this issue. Hint: Look in the sky.*

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## YOUTH

### 44 We Need Christ's Church

By David A. Edwards

*Some wonder why organized religion is needed. Here are five reasons.*

### 46 Questions and Answers

*One of my friends really offended me. I know I'm supposed to be forgiving, but how do I get over the hurt?*

### 48 For the Strength of Youth: Lights . . . Camera . . . Action!

By Adrián Ochoa

### 50 Addicted to Video Games

Name withheld

*When I began to skip church and scripture study so I could play video games, I realized I needed to find balance again.*

### 52 Focus on Values

By Elder Russell M. Nelson

*Developing these eight values in your life will help you become what Heavenly Father wants you to become.*

### 56 Our Space

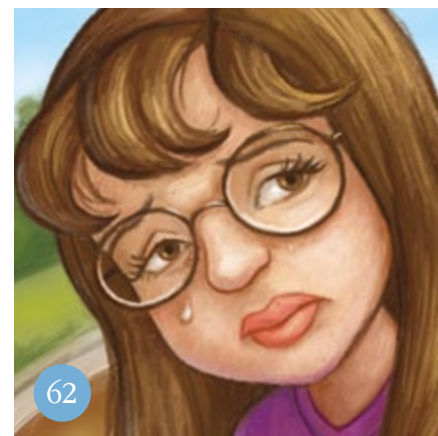
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*Brief answers to four questions your friends might have.*

### 60 How Do I Conduct a Meeting?

*Try following these seven suggestions when you conduct a meeting.*

## CHILDREN



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By Elder Richard G. Scott

### 62 What Really Matters

By Charlotte Wood Wilson

*When my school friends made fun of me, Mom taught me that only two opinions really matter.*

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By Marissa Widdison

*See art and woodcarvings that President Boyd K. Packer created as a boy.*

### 70 The Ratings Rule

By Jennifer Maddy

*What will Ethan do when Chase starts to play a video game that is not up to Ethan's family's standards?*

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## FOR ADULTS

What We Believe (page 14) teaches basic doctrines in simple language. Many other simple explanations of various doctrines and principles can be found online at [lds.org/topics](http://lds.org/topics).

## FOR YOUTH

On page 48, Adrián Ochoa, second counselor in the Young Men general presidency, teaches why it's important to choose wisely the media we look at and listen to. You can learn more about media and entertainment standards in *For the Strength of Youth* at [youth.lds.org](http://youth.lds.org).

On page 52, Elder Russell M. Nelson of the Quorum of the Twelve Apostles comments on all eight of the Young Women values. Young women can learn more about those values and work on Personal Progress online at [PersonalProgress.lds.org](http://PersonalProgress.lds.org).

## IN YOUR LANGUAGE

The *Liahona* and other Church materials are available in many languages at [languages.lds.org](http://languages.lds.org).

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