The Many Faces of Happiness
What makes for a happy life?

Four Gifts from the Savior
By President Russell M. Nelson
Receiving the gifts offered by Jesus Christ will help us become more like Him.

Music
What Child Is This?
By William C. Dix

Ministering Principles
What the Christmas Story Teaches Us about Ministering
See how you can follow the example of those who loved the Savior at His birth.

Portraits of Faith
Fatu Gamanga—Eastern Province, Sierra Leone
Fatu has used the Church’s literacy and self-reliance programs to change her life. Her testimony gives her confidence.

Jesus Christ: The Source of Enduring Joy
By Elder David A. Bednar
What is joy, and how can we obtain it?

The Hunt for Happiness
By David Dickson
Nine strategies to help you live a happier life, even in times of trial.

Latter-day Saint Voices
Love fixes broken things; giving her mother an eternal gift; loneliness gives way to gratitude; service heals her heart.

Ministering to Children and Youth
By Brittany Beattie
Here’s how you can support and encourage the youth and children around you to fulfill their potential.

Teaching Teens and Younger Children
Navigating through Transitions
Here are seven things you can do to help your children through important transitions in their lives.

Quick Reads

On the Cover
Illustration by Chiara Riva.

Young Adults
Everyone has felt lonely, but God can give us strength to carry on. In this section, young adults share how they tackle loneliness, including how to make new friends.

Youth
Brothers progress together in the priesthood; youth from around the world share how they celebrate Christmas; the Lord expects love, not mockery; a blind date leads a young man to the gospel; and how to make the mission decision.

Children
Friend
Explore the places where Jesus walked. Read about members of the Church in Colombia. Celebrate the birth of Jesus, the Light of the World.