



What are resurrected bodies like?

According to the scriptures and modern prophets, resurrected bodies are:

Physical. A resurrected body has flesh and bones (see Luke 24:36–39).

Immortal. “This mortal body is raised to an immortal body, ... that they can die no more” (Alma 11:45).

Perfect. “The spirit and the body shall be reunited again in its perfect form” (Alma 11:43). “Deformity will be removed; defects will be eliminated, and men and women shall attain to the perfection of their spirits, to the perfection that God designed in the beginning” (Joseph F. Smith, *Gospel Doctrine*, 5th ed. [1939], 23).

Beautiful. “There is nothing more beautiful to look upon than a resurrected man or woman” (*The Teachings of Lorenzo Snow*, ed. Clyde J. Williams [1996], 99).

Beyond Satan’s power. Because Jesus Christ brought about the Resurrection, our spirits will not “become subject to . . . the devil, . . . to remain with the father of lies, in misery, like unto himself” (2 Nephi 9:8–9).*

Capable of receiving a fulness of joy. Without resurrection, the joy of celestial glory is not possible. “Spirit and element, inseparably connected, receive a fulness of joy” (Doctrine and Covenants 93:33).

* Except for sons of perdition (see Doctrine and Covenants 76:30–38).

What Do You Think?

“How do I know I’ve been forgiven?”

Submit your answer and, if desired, a high-resolution photograph by September 15, 2019, at liahona.ChurchofJesusChrist.org (click “Submit an Article or Feedback”).

Responses may be edited for length or clarity.