

# I Can Always Pray



## Prayer Questions

Check all the answers that you agree with.  
Add answers of your own. Then share what you know about prayer with someone else.

### 1. Why does Heavenly Father want you to pray?

- Because I'm His child, and He wants to hear from me
- Because He wants to help me

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### 2. When do you pray?

- Every night and morning
- When I'm afraid
- When I need to make a choice

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### 3. Where do you pray?

- In my room
- Outside under the stars

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### 4. What do you pray about?

- A problem I have
- What happened during the day

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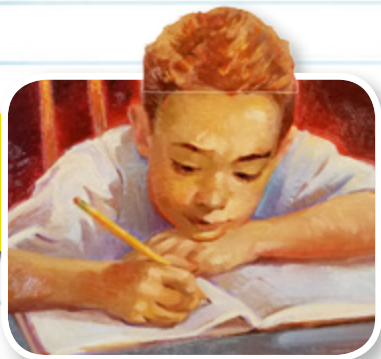
### 5. How do you hear Heavenly Father's answers?

- When I read the scriptures
- When I feel peaceful

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## MY PRAYER JOURNAL



- Write down what you're worried about or need help with.
- Talk to Heavenly Father about it in prayer.
- After you pray, quietly listen for the Holy Ghost.
- During the week, keep watching and listening for answers.
- Write down the answers you get.



## Prayer REMINDER Card



"The first, the middle, and the last thing to do is to pray."  
—President Henry B. Eyring

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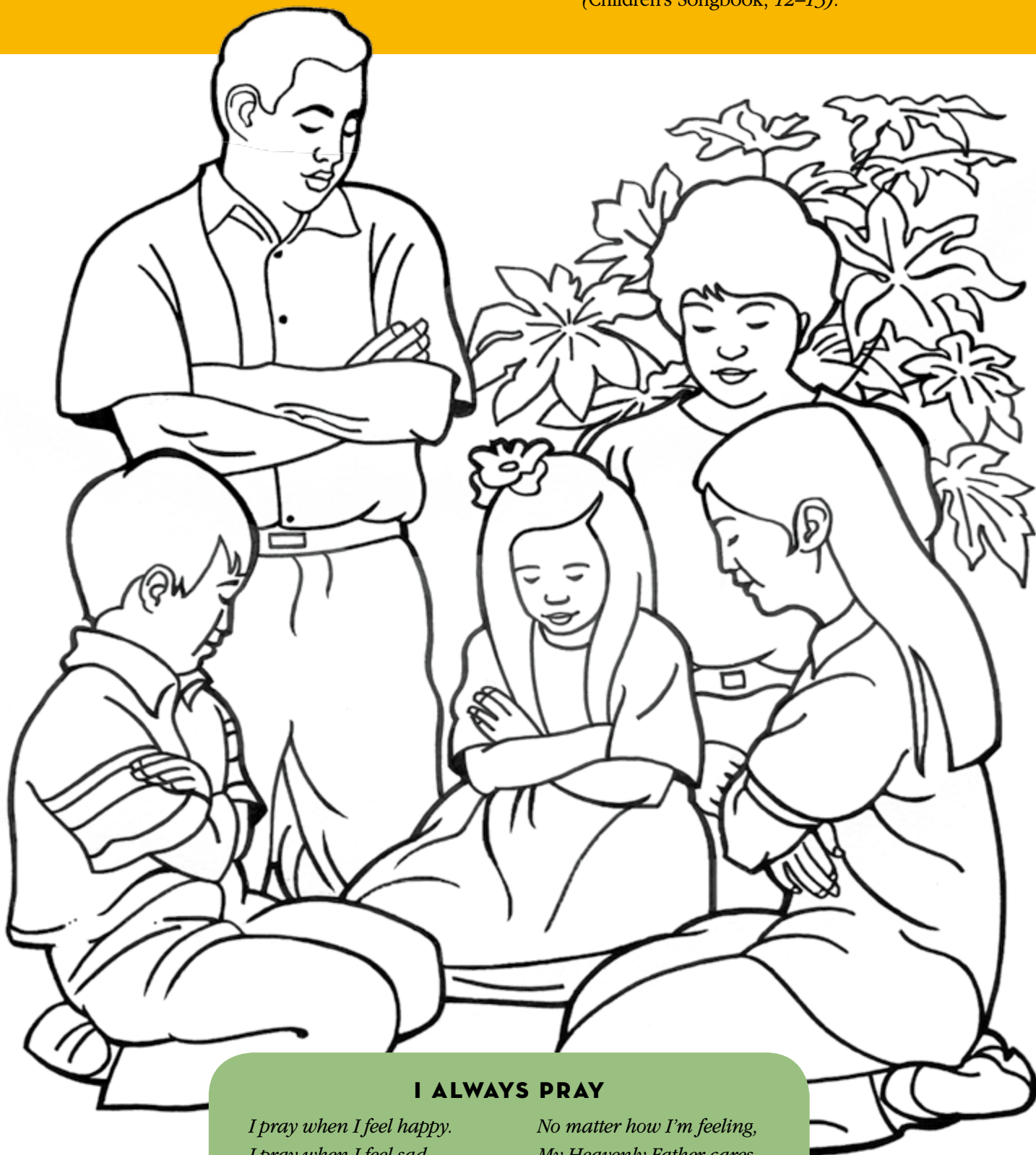
## Prayer REMINDER Card



"We can come to know the Lord and trust Him through prayer."  
—Sister Bonnie H. Cordon

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*"Pray, he is there; speak, he is list'ning.  
You are his child; His love now surrounds you"*  
(Children's Songbook, 12-13).



### **I ALWAYS PRAY**

*I pray when I feel happy.*

*I pray when I feel sad.*

*I pray when I am frightened*

*And when I'm hopping mad.*

*No matter how I'm feeling,*

*My Heavenly Father cares.*

*So if my day is bad or good,*

*I always say my prayers.*

By Teresa Weaver